



II MARATON RZEŹNIKA

B4SPORT

Wydarzenie: IX FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2023-06-08
Miejsce: Cisna
Dystans: 52 km

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	WRÓBLEWSKI Robert	1371		M30	1	01:23:11	02:33:36	03:57:24	05:13:58.55	05:13:58.55		6:02	9.9 (100%)
2	GARLIŃSKI Łukasz	1136	KB KROKUS KWIATKOWICE	M20	1	01:23:56	02:40:50	04:13:21	05:37:57.95	05:38:27.30	+00:24:28 (7.2%)	6:29	9.2 (92.9%)
3	STAWIŃSKI Michał	1042	NIGHT RUNNERS	M30	2	01:30:39	02:49:09	04:28:02	05:53:48.20	05:53:51.40	+00:39:52 (11.3%)	6:48	8.8 (88.9%)
4	HALSKA Anna	1272	ANNA HALSKA COACHING	K30	1	01:35:49	02:56:12	04:31:43	05:55:41.95	05:55:45.30	+00:41:46 (11.7%)	6:50	8.8 (88.9%)
5	SOKOŁOWSKI Marek	1360	ALPIN SPORT TEAM	M50	1	01:31:40	02:52:50	04:29:36	05:57:23.80	05:57:26.90	+00:43:28 (12.2%)	6:52	8.7 (87.9%)
6	KĄKOL Grzegorz	1023	BALLS OF STEEL	M30	3	01:30:18	02:52:06	04:32:09	06:05:40.70	06:05:45.00	+00:51:46 (14.2%)	7:01	8.5 (85.9%)
7	ZIĘBA Sabina	1473	FOREVER TEAM	K30	2	01:34:49	02:57:22	04:37:20	06:08:42.55	06:08:45.05	+00:54:46 (14.9%)	7:05	8.5 (85.9%)
8	ŻUŁAWSKI Dariusz	1266		M40	1	01:37:55	03:04:44	04:49:35	06:10:20.50	06:10:26.65	+00:56:28 (15.2%)	7:07	8.4 (84.8%)
9	BOYCE Aidan	1397		M40	2	01:35:51	02:57:52	04:42:06	06:10:08.70	06:10:40.55	+00:56:42 (15.3%)	7:07	8.4 (84.8%)
10	DOBROWOLSKI Szymek	1281		M30	4	01:35:01	02:56:38	04:40:09	06:17:12.65	06:17:53.05	+01:03:54 (16.9%)	7:15	8.3 (83.8%)
11	STACHURSKI Paweł	1453		M40	3	01:34:41	02:57:09	04:50:32	06:19:30.20	06:19:45.90	+01:05:47 (17.3%)	7:17	8.2 (82.8%)
12	ŁAGOŻNY Łukasz	1402	BRUBECK TEAM - GORYMARZEN.PL	M40	4	01:37:23	03:04:47	04:49:15	06:21:13.80	06:21:16.80	+01:07:18 (17.7%)	7:19	8.2 (82.8%)
13	PIETRYSZYN Mariusz	1367	TRIAL IS OUR WAY TEAM	M40	5	01:39:25	03:05:30	04:55:14	06:23:40.50	06:23:44.15	+01:09:45 (18.2%)	7:22	8.1 (81.8%)
14	FLĄDRO Daniel	1465		M40	6	01:30:55	02:51:19	04:45:36	06:25:04.55	06:25:06.35	+01:11:07 (18.5%)	7:24	8.1 (81.8%)
15	RUDNY Rafał	1468	RUDNYRUNNINGTEAM	M40	7	01:40:08	03:09:53	05:00:14	06:25:30.35	06:25:34.35	+01:11:35 (18.6%)	7:24	8.1 (81.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
16	ROSIK Robert	1425	LUMBERJUCKS	M30	5	01:36:22	02:58:08	04:47:45	06:27:09.40	06:27:13.05	+01:13:14 (18.9%)	7:26	8.1 (81.8%)
17	BIENIEK-UGNIEWSKA Joanna	1403	SUNFIT STUDIO	K40	1	01:38:41	03:11:01	04:57:02	06:30:36.85	06:30:42.40	+01:16:43 (19.6%)	7:30	8 (80.8%)
18	KOZARSKI Krzysztof	1353	RK LEGAL TEAM	M40	8	01:41:41	03:10:02	04:57:31	06:33:47.15	06:34:01.30	+01:20:02 (20.3%)	7:34	7.9 (79.8%)
19	WIELECHOWSKA Aleksandra	1227	TURYŚCI	K30	3	01:47:48	03:20:15	05:08:10	06:34:33.25	06:34:44.60	+01:20:46 (20.5%)	7:35	7.9 (79.8%)
20	RYMUT Michał	1292		M30	6	01:46:02	03:13:27	05:01:44	06:36:20.80	06:36:41.25	+01:22:42 (20.9%)	7:37	7.9 (79.8%)
21	NOWOSIELSKI Grzegorz	1182	ŻÓRAWSKI TEAM	M30	7	01:37:33	03:06:59	05:05:20	06:37:20.60	06:37:30.75	+01:23:32 (21.0%)	7:38	7.9 (79.8%)
22	BIESZCZAD Magdalena	1460	TRESERTEAM	K40	2	01:43:05	03:13:53	05:04:06	06:41:06.40	06:41:08.80	+01:27:10 (21.7%)	7:42	7.8 (78.8%)
23	MARUCHA Tomasz	1443	DRUŻYNA	M30	8	01:38:00	03:06:28	05:02:50	06:41:38.60	06:42:29.55	+01:28:31 (22.0%)	7:43	7.8 (78.8%)
24	ZARĘBA Bartłomiej	1043		M30	9	01:37:19	03:04:46	05:03:12	06:42:56.15	06:43:23.35	+01:29:24 (22.2%)	7:44	7.7 (77.8%)
25	ROMERO GARCIA Juan	1469	WITC	M30	10	01:35:22	02:55:23	05:00:33	06:44:08.85	06:44:26.75	+01:30:28 (22.4%)	7:46	7.7 (77.8%)
26	STRZĘPEK Dariusz	1015		M30	11	01:43:18	03:13:30	05:08:06	06:47:14.65	06:47:35.75	+01:33:37 (23.0%)	7:49	7.7 (77.8%)
27	ROKITA Paweł	20	RAKIETA_BIEGA_TEAM	M30	12	01:43:25	03:14:51	05:10:55	06:47:37.85	06:47:45.00	+01:33:46 (23.0%)	7:50	7.7 (77.8%)
28	HEJNAR Jakub	1438		M40	9	01:41:18	03:11:23	05:09:44	06:48:41.25	06:48:53.20	+01:34:54 (23.2%)	7:51	7.6 (76.8%)
29	FORGEL Paweł	1356	RONIN	M40	10	01:38:05	03:06:11	05:05:12	06:49:19.55	06:49:24.10	+01:35:25 (23.3%)	7:52	7.6 (76.8%)
30	RAJCHERT Joanna	1303		K40	3	01:51:38	03:24:05	05:13:20	06:50:24.75	06:50:34.50	+01:36:35 (23.5%)	7:53	7.6 (76.8%)
31	SUDACKI Sebastian	1298		M20	2	01:31:29	02:58:26	05:04:25	06:50:49.70	06:50:59.45	+01:37:00 (23.6%)	7:54	7.6 (76.8%)
32	CHMIELEWSKI Dominik	1470	KRISPOL ACTIV TEAM	M40	11	01:43:37	03:16:26	05:16:51	06:51:05.05	06:51:10.00	+01:37:11 (23.6%)	7:54	7.6 (76.8%)
33	WALCZUK Łukasz	1349		M20	3	01:37:57	03:12:45	05:20:54	06:54:13.60	06:54:21.50	+01:40:22 (24.2%)	7:57	7.5 (75.8%)
34	HOLONA Maciek	1442	FORMA WODZISŁAW	M50	2	01:43:01	03:17:09	05:13:57	06:55:45.00	06:55:48.85	+01:41:50 (24.5%)	7:59	7.5 (75.8%)
35	WANDYCZ Mariusz	1091	KOLKA TEAM LUBAŃ	M30	13	01:43:27	03:16:38	05:17:51	06:55:58.00	06:56:06.50	+01:42:07 (24.5%)	7:59	7.5 (75.8%)
36	KUSZTELAK Jacek	16	ZIEMO-WIT TEAM	M40	12	01:53:13	03:31:49	05:21:56	06:56:18.20	06:56:18.20	+01:42:19 (24.6%)	8:00	7.5 (75.8%)
37	KOLUCH Bartek	1418		M30	14	01:41:35	03:11:16	05:10:45	06:56:10.95	06:56:24.80	+01:42:26 (24.6%)	8:00	7.5 (75.8%)
38	MICHALSKI Mariusz	1286	#BIEGIEMNATRENING	M40	13	01:41:29	03:13:11	05:15:02	06:56:38.85	06:56:57.50	+01:42:58 (24.7%)	8:00	7.5 (75.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
39	JANOWICZ Rafał	1344	MIĘKKI ŻELEK	M40	14	01:44:39	03:29:36	05:23:05	06:58:38.20	06:58:53.05	+01:44:54 (25.0%)	8:03	7.5 (75.8%)
40	LORENZ Marcin	1461	GB GALOPUJĄCE ŚLIMAKI	M50	3	01:38:44	03:11:12	05:18:47	07:03:31.15	07:03:35.60	+01:49:37 (25.9%)	8:08	7.4 (74.7%)
41	WILK Krzysztof	12	SARNI TĘTENT	M30	15	01:44:19	03:18:45	05:14:52	07:04:09.90	07:04:23.30	+01:50:24 (26.0%)	8:09	7.4 (74.7%)
42	BIENIECKA Anna	1441	WATAHA	K40	4	01:46:38	03:21:34	05:18:56	07:04:51.40	07:04:55.95	+01:50:57 (26.1%)	8:10	7.3 (73.7%)
43	KURCEWICZ Paweł	1041		M30	16	01:43:03	03:20:00	05:22:32	07:06:14.75	07:06:17.50	+01:52:18 (26.3%)	8:11	7.3 (73.7%)
44	NANCKA Karol	1205		M30	17	01:45:08	03:23:21	05:28:26	07:06:11.60	07:06:24.80	+01:52:26 (26.4%)	8:11	7.3 (73.7%)
45	ASŁANOWICZ Marcin	1276	ŻÓRAWSKI TEAM	M40	15	01:46:52	03:20:35	05:19:19	07:06:27.75	07:06:34.35	+01:52:35 (26.4%)	8:12	7.3 (73.7%)
46	BARUD Artur	1400	PRZEMYTNIK	M50	4	01:42:58	03:16:17	05:20:54	07:08:03.80	07:08:13.05	+01:54:14 (26.7%)	8:13	7.3 (73.7%)
47	WOJNAROWSKA Weronika	1087		K30	4	01:52:49	03:29:04	05:23:15	07:08:09.70	07:08:29.25	+01:54:30 (26.7%)	8:14	7.3 (73.7%)
48	GRABARZ Artur	1462		M20	4	01:51:36	03:21:47	05:30:11	07:07:46.30	07:08:41.95	+01:54:43 (26.8%)	8:13	7.3 (73.7%)
49	KOZŁOWSKI Michał	1284	MATNER RUNNING TEAM	M30	18	01:37:26	03:05:26	05:17:48	07:09:13.15	07:09:23.65	+01:55:25 (26.9%)	8:15	7.3 (73.7%)
50	JASTRZĄB Piotr	17		M50	5	01:43:20	03:20:56	05:21:30	07:10:39.05	07:10:49.10	+01:56:50 (27.1%)	8:16	7.2 (72.7%)
51	JEZIERSKI Stanisław	1088		M30	19	01:46:54	03:21:16	05:22:07	07:10:38.15	07:11:21.95	+01:57:23 (27.2%)	8:16	7.2 (72.7%)
52	KRZUS Grzegorz	1232	WIEJSKIE PIJACZKI	M30	20	01:41:43	03:12:50	05:20:50	07:13:06.85	07:13:06.85	+01:59:08 (27.5%)	8:19	7.2 (72.7%)
53	WILK Wiktoria	11	SARNI TĘTENT	K30	5	01:47:17	03:22:59	05:24:21	07:13:04.00	07:13:15.80	+01:59:17 (27.5%)	8:19	7.2 (72.7%)
54	GMYREK Jacek	1174		M40	16	01:50:33	03:32:37	05:33:43	07:13:14.25	07:13:27.10	+01:59:28 (27.6%)	8:19	7.2 (72.7%)
55	MALIGRANDA Mariusz	1456		M30	21	01:51:20	03:24:27	05:23:24	07:13:37.10	07:13:53.70	+01:59:55 (27.6%)	8:20	7.2 (72.7%)
56	SZAROWICZ Fabian	1140	GORLICE BIKE	M40	17	01:51:14	03:33:03	05:35:12	07:14:35.10	07:15:23.10	+02:01:24 (27.9%)	8:21	7.2 (72.7%)
57	OGNIEWSKI Marcin	1181		M30	22	01:43:05	03:15:52	05:23:24	07:14:57.35	07:15:29.20	+02:01:30 (27.9%)	8:21	7.2 (72.7%)
58	KUBICZAK Jan	1180	PARUM CANIS DELTA	M40	18	01:54:56	03:22:01	05:16:59	07:07:58.10	07:16:16.10	+02:02:17 (28.0%)	8:13	7.3 (73.7%)
59	WOŁK Mariusz	1222	#ZALINIAMETYTEAM	M30	23	01:47:21	03:25:07	05:31:59	07:17:56.60	07:17:56.60	+02:03:58 (28.3%)	8:25	7.1 (71.7%)
60	ZAPIÓR Maciej	1294	ZET	M30	24	01:54:13	03:36:40	05:37:35	07:17:46.00	07:18:10.05	+02:04:11 (28.3%)	8:25	7.1 (71.7%)
61	WILAMOWSKI Bartłomiej	1148	RYKOWISKO TEAM	M30	25	01:50:39	03:31:12	05:37:21	07:17:57.80	07:18:13.70	+02:04:15 (28.4%)	8:25	7.1 (71.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
62	KRUKAR Adam	1464	FINISZ RYMANÓW	M50	6	01:49:07	03:25:46	05:29:37	07:18:28.55	07:18:37.90	+02:04:39 (28.4%)	8:25	7.1 (71.7%)
63	SUMOREK Mariusz	1190	TKKF "CHEMIK" PUŁAWY	M30	26	01:53:23	03:36:24	05:46:59	07:20:48.80	07:21:02.30	+02:07:03 (28.8%)	8:28	7.1 (71.7%)
64	OSTROWSKI Rafał	1267		M30	27	02:00:53	03:42:55	05:42:36	07:20:10.20	07:21:04.30	+02:07:05 (28.8%)	8:27	7.1 (71.7%)
65	MARCINIAK Tomasz	1203	RADOMNO BIEGA	M40	19	01:46:39	03:27:37	05:33:21	07:20:35.15	07:21:05.60	+02:07:07 (28.8%)	8:28	7.1 (71.7%)
66	SZYMAŃSKA Agnieszka	1009	BIEGOWY WARIAT RUNNING TEAM	K40	5	01:50:49	03:37:11	05:51:39	07:22:37.80	07:22:55.70	+02:08:57 (29.1%)	8:30	7 (70.7%)
67	WOJSZNIS Paweł	1145	PRZYSTOJNIACZKI	M30	28	01:55:20	03:34:46	05:37:01	07:22:22.80	07:23:19.05	+02:09:20 (29.2%)	8:30	7.1 (71.7%)
68	BARYŁA Natan	1331		M20	5	01:30:15	02:57:24	05:23:15	07:24:05.35	07:24:15.55	+02:10:17 (29.3%)	8:32	7 (70.7%)
69	DACHNO Marek	1398	KONIE WOJCIECHÓW	M30	29	01:55:15	03:32:18	05:38:46	07:24:04.70	07:24:51.05	+02:10:52 (29.4%)	8:32	7 (70.7%)
70	MUCKUS Filip	1334		M30	30	01:50:32	03:24:58	05:31:40	07:24:49.15	07:25:10.60	+02:11:12 (29.5%)	8:33	7 (70.7%)
71	WAWRUCH Piotr	1399	KONIE WOJCIECHÓW	M40	20	01:55:17	03:32:22	05:38:52	07:24:29.60	07:25:11.50	+02:11:12 (29.5%)	8:32	7 (70.7%)
72	STASIAK Jakub	1086	ORLEN RUNNING TEAM	M40	21	01:48:11	03:28:13	05:37:50	07:25:12.35	07:26:05.90	+02:12:07 (29.6%)	8:33	7 (70.7%)
73	SKIBA Andrzej	1233	SAMOTNY WILK	M50	7	01:41:39	03:18:55	05:39:08	07:26:32.35	07:26:35.55	+02:12:37 (29.7%)	8:35	7 (70.7%)
74	WOCHOWSKI Tomasz	10		M40	22	01:56:42	03:34:59	05:40:28	07:26:30.70	07:26:50.85	+02:12:52 (29.7%)	8:35	7 (70.7%)
75	ORYSZCZAK Bartłomiej	1204	MTB ROZTOCZE	M40	23	01:57:04	03:38:16	05:42:09	07:26:45.85	07:27:02.05	+02:13:03 (29.8%)	8:35	7 (70.7%)
76	BARTUŚ Monika	1420		K20	1	01:51:58	03:25:08	05:37:18	07:28:04.00	07:28:04.00	+02:14:05 (29.9%)	8:37	7 (70.7%)
77	STACHOWSKI Damian	1100	ZABIEGANI IMIELIN	M30	31	01:42:57	03:16:08	05:34:12	07:28:28.75	07:29:06.10	+02:15:07 (30.1%)	8:37	7 (70.7%)
78	WALKOWIAK Rafał	1447	KONIN RUN	M50	8	01:43:00	03:20:47	05:38:39	07:29:26.60	07:29:32.25	+02:15:33 (30.2%)	8:38	6.9 (69.7%)
79	KARDZASZ Bogdan	1109		M50	9	01:47:29	03:22:43	05:37:15	07:29:29.40	07:29:56.60	+02:15:58 (30.2%)	8:38	6.9 (69.7%)
80	OLEKSY Marcin	1378	BRYGADA BEZTLEN	M30	32	01:35:54	03:11:31	05:28:21	07:29:20.05	07:30:00.70	+02:16:02 (30.2%)	8:38	6.9 (69.7%)
81	BURY Jarosław	1078	TURYŚCI	M30	33	01:55:40	03:36:12	05:51:24	07:31:23.80	07:31:35.55	+02:17:37 (30.5%)	8:40	6.9 (69.7%)
82	MACHAJSKA Małgorzata	1385		K30	6	01:56:16	03:39:51	05:45:03	07:31:26.80	07:31:36.70	+02:17:38 (30.5%)	8:40	6.9 (69.7%)
83	FURTAK Krzysiek	1285	ZST CHEMIK PUŁAWY	M30	34	01:54:53	03:36:21	05:47:00	07:31:49.40	07:32:03.25	+02:18:04 (30.5%)	8:41	6.9 (69.7%)
84	RÓŻAŃSKI Mateusz	1431	VIZYBLE DATA	M40	24	01:52:55	03:32:08	05:39:33	07:32:28.00	07:33:05.15	+02:19:06 (30.7%)	8:42	6.9 (69.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
85	KOWALSKI Łukasz	1364	KODOFIT	M30	35	01:52:08	03:32:18	05:44:01	07:33:12.70	07:33:24.05	+02:19:25 (30.8%)	8:42	6.9 (69.7%)
86	KARCZMARCZYK Tomasz	1242		M40	25	01:51:08	03:28:50	05:38:04	07:35:01.25	07:35:26.00	+02:21:27 (31.1%)	8:45	6.9 (69.7%)
87	FABISIAK Andrzej	1221	STANWEX II	M50	10	01:49:47	03:30:09	05:44:16	07:35:49.80	07:35:57.40	+02:21:58 (31.1%)	8:45	6.8 (68.7%)
88	CEPIAK Kamil	1413		M30	36	01:46:17	03:24:36	06:01:33	07:37:01.70	07:37:10.85	+02:23:12 (31.3%)	8:47	6.8 (68.7%)
89	TRZEBIATOWSKA Kinga	1192		K20	2	01:54:43	03:39:18	05:54:36	07:37:15.55	07:37:58.50	+02:23:59 (31.4%)	8:47	6.8 (68.7%)
90	NIEPSUJ Maciej	1333		M40	26	02:02:02	03:42:45	05:49:25	07:37:19.30	07:37:58.80	+02:24:00 (31.4%)	8:47	6.8 (68.7%)
91	TUSZYŃSKI Mateusz	1235		M20	6	01:55:37	03:34:56	05:49:38	07:38:59.05	07:39:42.15	+02:25:43 (31.7%)	8:49	6.8 (68.7%)
92	HANISZEWSKI Mateusz	1336	ANDRZEJ WITEK - SZYBCIEJ	M30	37	01:44:55	03:21:14	05:43:06	07:39:54.15	07:40:13.50	+02:26:14 (31.8%)	8:50	6.8 (68.7%)
93	BUCIOR Łukasz	18	FUNDACJA EUROPEJSKIE FORUM NAUKI I BIZNESU	M20	7	01:56:45	03:39:32	05:49:22	07:40:04.55	07:40:40.60	+02:26:42 (31.8%)	8:50	6.8 (68.7%)
94	WIĘSEK Natalia	1273		K30	7	01:55:06	03:37:31	05:49:54	07:41:41.90	07:42:20.50	+02:28:21 (32.1%)	8:52	6.8 (68.7%)
95	KAJDEWICZ Artur	1206		M40	27	01:50:08	03:30:04	05:50:55	07:42:16.30	07:42:27.70	+02:28:29 (32.1%)	8:53	6.7 (67.7%)
96	LASKOWSKI Piotr	1329		M50	11	01:53:56	03:34:01	05:52:07	07:42:39.70	07:42:39.70	+02:28:41 (32.1%)	8:53	6.7 (67.7%)
97	KAPITSA Julia	1271	PROSWIM	K30	8	01:52:56	03:32:46	05:49:37	07:43:00.45	07:43:45.70	+02:29:47 (32.3%)	8:54	6.7 (67.7%)
98	GŁUSZEK Tomasz	1122		M30	38	01:50:40	03:32:28	05:52:12	07:44:48.55	07:45:09.30	+02:31:10 (32.5%)	8:56	6.7 (67.7%)
99	WIECZYŃSKI Patryk	1500	SWAWOLNE MŁODE KARTOFELKI	M20	8	01:53:13	03:37:51	05:50:34	07:45:49.00	07:46:12.90	+02:32:14 (32.7%)	8:57	6.7 (67.7%)
100	STECZEK Magdalena	1155	SKL SUCHA BESKIDZKA	K30	9	01:57:35	03:37:57	05:52:00	07:46:50.35	07:47:30.10	+02:33:31 (32.8%)	8:58	6.7 (67.7%)
101	STYPUŁA Paweł	1253	LUMBAGO	M40	28	01:57:44	03:43:34	06:08:56	07:47:48.35	07:48:33.90	+02:34:35 (33.0%)	8:59	6.7 (67.7%)
102	STYPUŁA Gabriel	1260	LUMBAGO	M30	39	01:57:43	03:43:35	06:08:55	07:47:48.65	07:48:33.95	+02:34:35 (33.0%)	8:59	6.7 (67.7%)
103	ALBRECHT Grzegorz	1025		M40	29	01:55:22	03:40:47	06:01:02	07:49:43.65	07:50:07.60	+02:36:09 (33.2%)	9:01	6.6 (66.7%)
104	DOLEGA-KOZIEROWSKI Jan	1022		M30	40	01:55:26	03:40:52	06:00:55	07:49:44.45	07:50:07.75	+02:36:09 (33.2%)	9:02	6.6 (66.7%)
105	AULEYTNER Janusz	1304	PKO BANK POLSKI	M40	30	01:53:55	03:39:35	05:51:58	07:50:28.65	07:50:51.75	+02:36:53 (33.3%)	9:02	6.6 (66.7%)
106	MICHALSKA-TRZASKA Joanna	1191	BIUROWE.COM.PL	K40	6	01:55:18	03:39:22	05:56:49	07:50:38.30	07:51:17.00	+02:37:18 (33.4%)	9:03	6.6 (66.7%)
107	ŚWIADERSKI Paweł	1302		M50	12	01:57:13	03:42:28	05:56:51	07:50:27.45	07:51:17.40	+02:37:18 (33.4%)	9:02	6.6 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
108	PISAREK Piotr	1354		M30	41	01:56:24	03:35:25	05:52:34	07:50:56.15	07:51:25.05	+02:37:26 (33.4%)	9:03	6.6 (66.7%)
109	SZYMAŃSKI Hubert	1108	BIEGOWY WARIAT RUNNING TEAM	M40	31	01:51:22	03:37:40	05:59:30	07:51:38.95	07:51:38.95	+02:37:40 (33.4%)	9:04	6.6 (66.7%)
110	PURCZYŃSKI Grzegorz	1020		M40	32	01:54:09	03:33:10	05:58:27	07:51:01.40	07:51:46.65	+02:37:48 (33.4%)	9:03	6.6 (66.7%)
111	KOT Wioleta	1186	ULTRA	K40	7	01:54:11	03:40:21	05:59:21	07:52:08.80	07:52:14.65	+02:38:16 (33.5%)	9:04	6.6 (66.7%)
112	FIEBIG Stefan	1249	WWW.FIEBIG.PL	M50	13	01:46:51	03:24:13	05:50:56	07:53:17.35	07:53:22.20	+02:39:23 (33.7%)	9:06	6.6 (66.7%)
113	LASZCZYK Anna Laszczyk	1046		K30	10	01:55:00	03:37:12	05:53:00	07:53:14.00	07:53:41.40	+02:39:42 (33.7%)	9:06	6.6 (66.7%)
114	SZEWCZYK Monika	1164	BRZYSKITRITEAM	K40	8	02:03:28	03:52:20	06:05:05	07:53:43.30	07:53:43.30	+02:39:44 (33.7%)	9:06	6.6 (66.7%)
115	MAJEWSKA Fabiana	1146	GOLDEN P	K30	11	02:03:20	03:47:08	06:01:35	07:53:20.60	07:54:06.45	+02:40:07 (33.8%)	9:06	6.6 (66.7%)
116	SZPUNAR Marek	1436		M40	33	01:51:09	03:31:35	05:57:19	07:54:21.05	07:54:27.30	+02:40:28 (33.8%)	9:07	6.6 (66.7%)
117	WESOŁOWSKI Robert	1245	DOBRA POLSKA CEBULA	M40	34	02:04:52	03:51:49	06:06:24	07:54:39.20	07:55:12.55	+02:41:14 (33.9%)	9:07	6.6 (66.7%)
118	MICHAŁOWSKI Piotr	1076		M30	42	01:56:22	03:39:31	05:51:29	07:54:44.65	07:55:18.30	+02:41:19 (33.9%)	9:07	6.6 (66.7%)
119	PLEWA Tomasz	1107		M40	35	01:49:18	03:28:11	05:52:54	07:55:14.55	07:55:26.75	+02:41:28 (34.0%)	9:08	6.6 (66.7%)
120	OLIŃSKI Paweł	1058		M30	43	01:58:57	03:43:42	06:00:29	07:55:08.50	07:55:45.50	+02:41:46 (34.0%)	9:08	6.6 (66.7%)
121	FALTYN Aneta	1422		K30	12	02:00:09	03:46:08	05:58:36	07:55:57.10	07:56:28.90	+02:42:30 (34.1%)	9:09	6.6 (66.7%)
122	APOSTOLIK Ewa	1423	SQUADRON 303 RACING TEAM	K40	9	02:00:03	03:46:03	05:58:36	07:55:58.00	07:56:29.05	+02:42:30 (34.1%)	9:09	6.6 (66.7%)
123	NOWAK Paweł	1379		M30	44	02:05:11	03:51:16	06:02:41	07:55:44.10	07:56:31.80	+02:42:33 (34.1%)	9:08	6.6 (66.7%)
124	WOŁOSZYN Czesław	1440	PIZUNY ROZTOCZE WSCHODNIE	M60	1	02:01:42	03:51:19	06:06:55	07:56:29.35	07:56:37.55	+02:42:39 (34.1%)	9:09	6.5 (65.7%)
125	JARUS Andrzej	7	POLISH_WINGS	M50	14	01:57:41	03:42:07	05:58:04	07:56:55.50	07:56:59.15	+02:43:00 (34.2%)	9:10	6.5 (65.7%)
126	DZIEDZIC Szymon	1019		M40	36	01:55:25	03:39:23	05:54:38	07:56:35.60	07:57:08.35	+02:43:09 (34.2%)	9:09	6.5 (65.7%)
127	NOWAK Michał	1119	KLUB LENIWYCH BIEGACZY	M30	45	02:15:35	04:02:58	06:13:15	07:56:47.55	07:57:23.80	+02:43:25 (34.2%)	9:10	6.5 (65.7%)
128	KIRYLAK Marcin	1074	OKS ZIMNE PIWO	M30	46	02:03:49	03:54:09	06:09:40	07:56:49.50	07:57:33.60	+02:43:35 (34.3%)	9:10	6.5 (65.7%)
129	SUCHORA Kacper	1072	***** ***	M20	9	01:47:24	03:39:04	06:02:52	07:57:29.15	07:57:41.05	+02:43:42 (34.3%)	9:10	6.5 (65.7%)
130	SKRZYPKO Adam	1194		M30	47	01:48:16	03:32:31	05:58:41	07:58:41.60	07:58:54.70	+02:44:56 (34.4%)	9:12	6.5 (65.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
131	MACHOWIAK Maciej	1196	#BIEGAJLESZNO	M30	48	01:47:58	03:32:31	05:58:42	07:58:50.20	07:59:03.00	+02:45:04 (34.5%)	9:12	6.5 (65.7%)
132	LOOSE Bartosz	1066	KS SOKÓŁ ZBLEWO	M40	37	01:53:43	03:43:54	05:58:27	07:59:35.65	08:00:19.20	+02:46:20 (34.6%)	9:13	6.5 (65.7%)
133	RZEPNIKOWSKI Michał	1357		M30	49	01:56:36	03:45:37	06:12:49	07:59:23.30	08:00:19.25	+02:46:20 (34.6%)	9:13	6.5 (65.7%)
134	GRABSKI Michał	14	KOMBO KURCZAKI	M30	50	02:02:00	03:52:54	06:06:26	07:59:56.35	08:00:29.75	+02:46:31 (34.7%)	9:13	6.5 (65.7%)
135	HACZ Marta	1386		K40	10	02:04:05	03:53:48	06:07:18	08:00:37.10	08:00:44.75	+02:46:46 (34.7%)	9:14	6.5 (65.7%)
136	KOWALIK Anna	1079	TURYŚCI	K30	13	01:59:21	03:46:21	06:01:29	08:00:49.50	08:01:01.15	+02:47:02 (34.7%)	9:14	6.5 (65.7%)
137	CIELEMĘCKA Anna	1137		K20	3	01:47:06	03:31:11	05:52:50	08:01:00.15	08:01:34.70	+02:47:36 (34.8%)	9:15	6.5 (65.7%)
138	ZAJĄC Maciej	1437	DREAM TRI TEAM	M40	38	01:54:55	03:39:49	06:01:40	08:01:30.05	08:01:38.25	+02:47:39 (34.8%)	9:15	6.5 (65.7%)
139	MAJOREK Krzysztof	1323	ASSECO ACTIVE TEAM	M30	51	01:50:39	03:28:55	05:43:12	08:02:32.20	08:02:54.95	+02:48:56 (35.0%)	9:16	6.5 (65.7%)
140	GAJ Krzysztof	1105		M20	10	02:08:00	04:00:21	06:10:37	08:02:38.85	08:03:24.60	+02:49:26 (35.0%)	9:16	6.5 (65.7%)
141	JADWIŃSKI Wojciech	1197	KS KANAŁEK/ NBRC	M40	39	01:54:37	03:42:23	06:07:46	08:05:42.10	08:06:01.40	+02:52:02 (35.4%)	9:20	6.4 (64.6%)
142	UCINSKI Grzegorz	1123		M40	40	01:55:16	03:46:33	06:12:32	08:06:04.30	08:06:14.85	+02:52:16 (35.4%)	9:20	6.4 (64.6%)
143	PSZONAK Damian	1326		M30	52	01:57:54	03:46:57	06:10:41	08:05:53.20	08:06:19.15	+02:52:20 (35.4%)	9:20	6.4 (64.6%)
144	GURBOWICZ Jarosław	1159	BIEGAJĄCY TCZEW	M50	15	01:49:44	03:34:47	05:59:42	08:07:11.95	08:07:44.95	+02:53:46 (35.6%)	9:22	6.4 (64.6%)
145	MIĄSKO Wojciech	1132	12TRI.PL	M50	16	01:58:16	03:42:36	06:10:46	08:07:09.55	08:08:04.60	+02:54:06 (35.7%)	9:22	6.4 (64.6%)
146	MICHNIAK Łukasz	1143		M30	53	02:02:38	03:53:00	06:16:58	08:07:47.05	08:08:06.05	+02:54:07 (35.7%)	9:22	6.4 (64.6%)
147	IRLA Arkadiusz	1142		M30	54	02:02:31	03:53:01	06:17:00	08:07:48.05	08:08:06.35	+02:54:07 (35.7%)	9:22	6.4 (64.6%)
148	BIAŁEK Jakub	1337	MIWO PRASZKA	M20	11				08:08:13.80	08:08:13.80	+02:54:15 (35.7%)	9:23	6.4 (64.6%)
149	KRĘGIELEWSKI Mirosław	1018	7 PBOT	M50	17	01:57:03	03:45:59	06:15:45	08:08:07.35	08:08:23.30	+02:54:24 (35.7%)	9:23	6.4 (64.6%)
150	MAJEWSKI Jarek	1226	KONIE WOJCIECHÓW	M40	41	01:57:32	03:37:51	05:58:38	08:08:16.80	08:09:01.30	+02:55:02 (35.8%)	9:23	6.4 (64.6%)
151	KOCHAJ Wojciech	15		M40	42	01:59:25	03:49:15	06:07:36	08:09:01.05	08:09:36.20	+02:55:37 (35.9%)	9:24	6.4 (64.6%)
152	WOJEWODA Tomasz	1188		M30	55	01:54:04	03:35:52	06:09:59	08:09:39.85	08:10:18.05	+02:56:19 (36.0%)	9:24	6.4 (64.6%)
153	LANGNER Damian	1244		M20	12	01:44:42	03:22:29	06:07:43	08:10:23.15	08:10:23.15	+02:56:24 (36.0%)	9:25	6.4 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
154	RUTKOWSKI Jarosław	1308		M30	56	01:48:21	03:31:09	05:59:03	08:10:17.65	08:10:39.05	+02:56:40 (36.0%)	9:25	6.4 (64.6%)
155	ORZECHOWSKA Julia	1077	MARKOWI BIEGACZE	K20	4	01:55:19	03:43:37	06:04:17	08:10:48.20	08:10:54.00	+02:56:55 (36.0%)	9:26	6.4 (64.6%)
156	LIPIŃSKI Hubert	1011	KS KANAŁEK	M30	57	01:54:48	03:42:24	06:07:47	08:11:27.85	08:11:47.50	+02:57:48 (36.2%)	9:27	6.3 (63.6%)
157	PRZYWARA Dominika	1097		K20	5	02:04:51	03:51:41	06:11:49	08:11:57.75	08:12:04.35	+02:58:05 (36.2%)	9:27	6.3 (63.6%)
158	ZOŃ Rafał	1309		M30	58	01:57:24	03:47:51	06:15:46	08:13:00.15	08:13:41.30	+02:59:42 (36.4%)	9:28	6.3 (63.6%)
159	PANKOWIECKI Adam	1144	PRZYSTOJNIACZKI	M30	59	01:55:31	03:38:48	06:06:22	08:12:46.80	08:13:43.50	+02:59:44 (36.4%)	9:28	6.3 (63.6%)
160	DZIEKOŃSKI Krzysztof	1368	ŁÓDŻRUNCREW/JAKOTEAM	M40	43	01:55:18	03:40:09	06:16:35	08:14:20.50	08:14:47.25	+03:00:48 (36.5%)	9:30	6.3 (63.6%)
161	GÓRECKA Agnieszka	1250		K30	14	02:04:34	03:52:01	06:22:04	08:14:31.05	08:15:14.50	+03:01:15 (36.6%)	9:30	6.3 (63.6%)
162	SEROKA Piotr	1330	WRZOS	M40	44	01:53:27	03:39:32	06:12:58	08:16:45.35	08:17:08.85	+03:03:10 (36.8%)	9:33	6.3 (63.6%)
163	HAŁASA Piotr	1283		M40	45	01:55:20	03:42:04	06:05:50	08:17:23.35	08:17:32.90	+03:03:34 (36.9%)	9:33	6.3 (63.6%)
164	FRANKOWSKA Katarzyna	1406	PRO366	K40	11	02:02:26	03:53:43	06:22:12	08:17:23.95	08:17:34.10	+03:03:35 (36.9%)	9:33	6.3 (63.6%)
165	MACHALSKI Mateusz	1114		M30	60	01:55:24	03:40:52	06:01:08	08:17:55.70	08:18:19.65	+03:04:21 (37.0%)	9:34	6.3 (63.6%)
166	FABISIAK Grzegorz	1377	RONIN CZERWIENSK	M40	46	01:53:22	03:42:31	06:09:56	08:18:37.95	08:18:43.00	+03:04:44 (37.0%)	9:35	6.3 (63.6%)
166	WASIAK Paweł	1295		M20	13	01:54:44	03:31:41	06:03:48	08:18:43.00	08:18:43.00	+03:04:44 (37.0%)	9:35	6.3 (63.6%)
168	ANTONIK Mariola	1478	ŻYJ ZDROWO NA SPORTOWO	K50	1	02:00:03	03:50:10	06:15:21	08:18:17.85	08:19:09.10	+03:05:10 (37.1%)	9:34	6.3 (63.6%)
169	JABŁOŃSKI Marcin	1082		M40	47	02:03:05	03:43:20	06:10:20	08:19:13.10	08:19:46.10	+03:05:47 (37.2%)	9:36	6.2 (62.6%)
170	PLESZ Wojciech	19	SILESIA MARATHON CLUB	M30	61	02:00:54	03:52:48	06:21:36	08:20:22.30	08:20:28.40	+03:06:29 (37.3%)	9:37	6.2 (62.6%)
171	PYRKOSZ Damian	1347	ENGLISH VITAE	M50	18	01:58:51	03:50:26	06:12:36	08:21:40.75	08:21:56.45	+03:07:57 (37.4%)	9:38	6.2 (62.6%)
172	KARPIŃSKI Robert	6	SPARTANIE DZIECIOM	M50	19	02:04:34	03:53:27	06:18:55	08:21:46.50	08:22:03.90	+03:08:05 (37.5%)	9:38	6.2 (62.6%)
173	STELMACH Paulina	1417		K30	15	02:08:28	03:58:16	06:25:43	08:23:38.95	08:24:07.70	+03:10:09 (37.7%)	9:41	6.2 (62.6%)
174	LULLA Michał	1154		M40	48	02:02:21	03:52:21	06:21:38	08:25:47.70	08:26:08.05	+03:12:09 (38.0%)	9:43	6.2 (62.6%)
175	NIEDZIELSKI Tomasz	1151	OKS ZIMNE PIWO	M40	49	02:04:46	03:55:30	06:09:59	08:27:44.35	08:28:29.40	+03:14:30 (38.3%)	9:45	6.1 (61.6%)
176	SZYMANIAK Jakub	1401		M20	14	01:49:10	03:31:16	06:01:35	08:28:49.50	08:28:57.10	+03:14:58 (38.3%)	9:47	6.1 (61.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
177	KOLCZYNSKI Michal	1372	TRUCHTACZ	M60	2	01:55:29	03:47:02	06:16:06	08:28:27.95	08:29:04.35	+03:15:05 (38.3%)	9:46	6.1 (61.6%)
178	RELICH Marek	1111	BRAK	M50	20	01:55:36	03:43:39	06:16:21	08:28:50.25	08:29:29.05	+03:15:30 (38.4%)	9:47	6.1 (61.6%)
179	KOWALCZYK Piotr	1366	FOR-REST-RUN	M40	50	02:06:31	04:01:04	06:34:10	08:28:47.70	08:29:34.35	+03:15:35 (38.4%)	9:47	6.1 (61.6%)
180	ZALACHOWSKI Antoni	1161	ZEFKA RUNNERS	M50	21	01:55:39	03:40:41	06:10:08	08:29:48.50	08:30:00.55	+03:16:02 (38.4%)	9:48	6.1 (61.6%)
181	MATYSIAK Łukasz	1160	ZEFKA RUNNERS	M30	62	01:55:50	03:39:50	06:10:09	08:29:49.80	08:30:00.85	+03:16:02 (38.4%)	9:48	6.1 (61.6%)
182	PODKOWSKA Karolina	1106	TEAM LUBIN RUNNERS	K20	6	02:06:14	04:01:22	06:27:18	08:29:35.70	08:30:04.60	+03:16:06 (38.4%)	9:47	6.1 (61.6%)
183	KISIELEWSKI Andrzej	1229		M50	22	02:13:07	04:03:49	06:25:28	08:29:19.10	08:30:05.75	+03:16:07 (38.4%)	9:47	6.1 (61.6%)
184	KOŁOTUSZA Andrzej	1265	ZASAPANI HYDRO	M50	23	06:21:51			08:30:32.70	08:30:32.70	+03:16:34 (38.5%)	9:49	6.1 (61.6%)
185	TRABAŁA Adam	1355	BIEGAMYSLOWICE	M50	24	01:59:26	03:57:16	06:25:08	08:31:51.05	08:32:11.05	+03:18:12 (38.7%)	9:50	6.1 (61.6%)
186	WÓJTOWICZ Piotr	1185	PODIUM	M40	51	01:53:29	03:38:53	06:16:24	08:32:18.55	08:32:44.60	+03:18:46 (38.8%)	9:51	6.1 (61.6%)
187	WIŚNIEWSKI Marek	1306	RED FISH	M50	25	02:00:56	03:53:44	06:26:20	08:32:23.45	08:33:12.35	+03:19:13 (38.8%)	9:51	6.1 (61.6%)
188	NOWAK Dominik	1316		M30	63	02:04:27	03:52:21	06:24:32	08:34:06.65	08:34:40.05	+03:20:41 (39.0%)	9:53	6.1 (61.6%)
189	SMIT Maciej	1299		M50	26	02:04:19	04:02:10	06:29:14	08:34:05.95	08:34:55.35	+03:20:56 (39.0%)	9:53	6.1 (61.6%)
190	WASAĞ Dawid	1332	OCR TEEM BIŁGORAJ	M40	52	01:56:02	03:46:35	06:23:30	08:35:08.65	08:35:14.00	+03:21:15 (39.1%)	9:54	6.1 (61.6%)
191	ŚLIWIŃSKI Andrzej	1376		M60	3	02:06:43	03:58:35	06:39:03	08:35:12.50	08:35:21.00	+03:21:22 (39.1%)	9:54	6.1 (61.6%)
192	KUMIEGA Sandra	1238		K20	7	02:00:50	03:55:32	06:24:42	08:34:59.70	08:35:42.50	+03:21:43 (39.1%)	9:54	6.1 (61.6%)
193	PYZARA Paweł	1002		M40	53	02:05:21	03:53:56	06:16:43	08:35:44.95	08:36:06.95	+03:22:08 (39.2%)	9:55	6 (60.6%)
194	SKÓRZAŃSKA Agnieszka	1243		K30	16	02:02:48	04:03:45	06:38:41	08:35:39.25	08:36:23.95	+03:22:25 (39.2%)	9:54	6.1 (61.6%)
195	PORĘBA Eugeniusz	1389		M60	4	02:09:18	04:01:47	06:34:28	08:36:15.00	08:36:24.55	+03:22:26 (39.2%)	9:55	6 (60.6%)
196	TKACZYK Jarosław	1218		M40	54	01:56:01	03:42:49	06:14:07	08:35:47.20	08:36:30.75	+03:22:32 (39.2%)	9:55	6 (60.6%)
197	KANTOR Marek	1138		M30	64	02:05:30	03:56:18	06:22:05	08:35:49.70	08:36:32.80	+03:22:34 (39.2%)	9:55	6 (60.6%)
198	BARANOWSKI Robert	1427		M50	27	02:02:17	03:50:45	06:37:27	08:35:55.45	08:36:50.05	+03:22:51 (39.3%)	9:55	6 (60.6%)
199	SUDAKOWSKI Tomasz	1454	RAWA TIM ZAWSZE SLIM	M50	28	02:16:21	04:11:45	06:29:23	08:36:54.50	08:37:11.80	+03:23:13 (39.3%)	9:56	6 (60.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
200	JEDRZEJEWSKA Anna	1348	OKNOPLAST RUNNING TEAM	K30	17	02:07:56	04:06:38	06:32:11	08:37:04.25	08:37:34.70	+03:23:36 (39.3%)	9:56	6 (60.6%)
201	OŻÓG Paweł	1320	DZIKITIM	M40	55	01:58:01	03:43:28	06:21:31	08:37:39.90	08:38:00.55	+03:24:02 (39.4%)	9:57	6 (60.6%)
202	MISIURA Adam	1432	SZAKALE BAŁUT ŁÓDŹ	M30	65	02:04:10	04:01:48	06:40:08	08:37:54.00	08:38:09.25	+03:24:10 (39.4%)	9:57	6 (60.6%)
203	PYTKO Jacek	1452	ION1 TEAM	M50	29	02:12:06	04:09:23	06:41:10	08:38:23.20	08:38:45.05	+03:24:46 (39.5%)	9:58	6 (60.6%)
204	ŚWIĄTEK Michał	1	SFORABMK	M40	56	02:02:01	03:50:26	06:23:11	08:38:15.20	08:38:49.75	+03:24:51 (39.5%)	9:57	6 (60.6%)
205	ŚWIERAD Paweł	1383	KOWALEWO BIEGA	M40	57	02:06:45	03:59:08	06:31:14	08:38:19.15	08:38:55.30	+03:24:56 (39.5%)	9:58	6 (60.6%)
206	KULCZYK Ewa	1421	DYNAFIT TRAIL HERO	K30	18	01:53:58	03:37:34	06:25:09	08:39:34.35	08:39:36.45	+03:25:37 (39.6%)	9:59	6 (60.6%)
207	LACHOWICZ Ryszard	1449		M50	30	02:08:06	04:04:40	06:32:43	08:39:00.40	08:39:38.60	+03:25:40 (39.6%)	9:58	6 (60.6%)
208	WIECZOREK Tomasz	1037	KB BIAŁA BIEGA	M50	31	02:01:02	03:52:40	06:23:22	08:39:31.05	08:39:39.90	+03:25:41 (39.6%)	9:59	6 (60.6%)
209	SPERNACKI Mateusz	1254		M20	15	01:44:42	03:37:40	06:21:46	08:39:38.25	08:39:44.80	+03:25:46 (39.6%)	9:59	6 (60.6%)
210	WALENDA Mateusz	1217	KS KANAŁEK	M30	66	01:52:13	03:41:28	06:10:41	08:40:23.60	08:40:42.30	+03:26:43 (39.7%)	10:00	6 (60.6%)
211	DERKOWSKA Ewelina	1358		K30	19	01:54:42	03:54:15	06:25:55	08:40:34.70	08:40:49.40	+03:26:50 (39.7%)	10:00	6 (60.6%)
212	ZACZYŃSKI Maciej	1131	ŻUBRY RACE TEAM	M40	58	02:03:22	03:56:36	06:33:32	08:40:32.30	08:40:51.45	+03:26:52 (39.7%)	10:00	6 (60.6%)
213	KARDASZ Jacek	1083	ATTYLA	M40	59	02:06:39	03:57:20	06:27:17	08:40:33.90	08:40:55.75	+03:26:57 (39.7%)	10:00	6 (60.6%)
214	HUSIŃSKI Zbigniew	1338	KB BIAŁA BIEGA	M50	32	02:05:48	04:06:34	06:37:49	08:40:58.30	08:41:06.30	+03:27:07 (39.7%)	10:01	6 (60.6%)
215	SOBCZAK Mikołaj	1189	WLKP MOUNTAINS ULTRA	M40	60	02:03:26	04:05:13	06:37:35	08:41:04.55	08:41:43.80	+03:27:45 (39.8%)	10:01	6 (60.6%)
216	KUCZBORSKI Jarosław	1031	HARPAGAN SOSNOWIEC	M40	61	02:05:57	03:57:16	06:25:38	08:41:03.30	08:41:45.30	+03:27:46 (39.8%)	10:01	6 (60.6%)
217	GRUSZCZYŃSKI Przemysław	1198	WLKP MOUNTAINS ULTRA	M40	62	02:03:32	04:05:13	06:37:31	08:41:08.75	08:41:48.15	+03:27:49 (39.8%)	10:01	6 (60.6%)
218	DERA Grażyna	1282		K40	12	02:04:03	04:03:46	06:38:41	08:41:34.70	08:42:19.20	+03:28:20 (39.9%)	10:01	6 (60.6%)
219	RĄB Agnieszka	1351	OBA Z GLIWIC	K40	13	02:08:12	04:11:49	06:43:22	08:42:40.95	08:42:54.65	+03:28:56 (40.0%)	10:03	6 (60.6%)
220	SEREDA Paweł	1450		M30	67	02:19:47	04:18:16	06:39:02	08:43:38.20	08:44:36.00	+03:30:37 (40.1%)	10:04	6 (60.6%)
221	BATORY Marek	1139	GORLICE BIKE	M40	63	01:51:41	04:06:40	06:36:44	08:44:22.00	08:45:10.00	+03:31:11 (40.2%)	10:05	6 (60.6%)
222	LALEWICZ Wojciech	1327	ASSECO ACTIVE TEAM	M50	33	02:03:39	04:02:49	06:38:19	08:44:35.60	08:45:27.25	+03:31:28 (40.2%)	10:05	5.9 (59.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
223	CHYĆKO Paulina	1110	2 OREL / MARATOŃCZYK POZNAŃ	K30	20	02:01:52	03:52:12	06:24:26	08:45:50.60	08:46:34.00	+03:32:35 (40.4%)	10:06	5.9 (59.6%)
224	CIEŚLA Patryk	1322	PŁONAŃCE RACICE	M30	68	01:58:51	03:47:37	06:32:51	08:46:07.95	08:46:36.10	+03:32:37 (40.4%)	10:07	5.9 (59.6%)
225	MADOŃ Wawrzyniec	1388		M60	5	02:17:38	04:13:24	06:39:56	08:46:04.75	08:46:39.70	+03:32:41 (40.4%)	10:07	5.9 (59.6%)
226	KRAUZE Tomasz	1352	WROCLAWSKIE MORSY	M50	34	02:14:29	04:12:50	06:36:42	08:46:05.45	08:46:58.05	+03:32:59 (40.4%)	10:07	5.9 (59.6%)
227	RĄB Łukasz	1350	OBA Z GLIWIC/DZIKIE ŻYCIE RUNTEAM	M50	35	02:08:07	04:11:50	06:43:29	08:47:13.95	08:47:28.00	+03:33:29 (40.5%)	10:08	5.9 (59.6%)
228	HERMAN Paweł	21	MLUKS TRZEBIATÓW	M40	64	02:16:23	04:23:01	06:47:53	08:46:36.25	08:47:32.10	+03:33:33 (40.5%)	10:07	5.9 (59.6%)
229	JAKUBOWSKI Paweł	1219		M50	36	02:01:55	03:56:12	06:35:08	08:48:10.15	08:48:59.75	+03:35:01 (40.6%)	10:09	5.9 (59.6%)
230	KREWSKI Piotr	1073		M30	69	02:10:20	04:05:40	06:34:13	08:50:13.40	08:50:58.40	+03:36:59 (40.9%)	10:11	5.9 (59.6%)
231	JUSZCZAK Marcin	13		M50	37	02:15:24	04:21:53	06:54:26	08:50:52.70	08:51:00.50	+03:37:01 (40.9%)	10:12	5.9 (59.6%)
232	MIELCAREK Konrad	1275		M40	65	01:57:44	03:50:34	06:40:51	08:50:54.55	08:51:23.60	+03:37:25 (40.9%)	10:12	5.9 (59.6%)
233	KRZESZEWSKA Dorota	1055		K40	14	02:09:22	04:12:30	06:38:30	08:51:03.80	08:51:28.35	+03:37:29 (40.9%)	10:12	5.9 (59.6%)
234	MANTERYS Michał	1170	KKM KALORYFER	M40	66	02:02:20	03:56:52	06:35:40	08:51:30.25	08:51:48.75	+03:37:50 (41.0%)	10:13	5.9 (59.6%)
235	WDOWIARSKI Maciej	1101		M30	70	02:02:45	03:55:42	06:34:41	08:51:51.95	08:52:03.35	+03:38:04 (41.0%)	10:13	5.9 (59.6%)
236	GRZESIK Michał	1451		M30	71	02:14:02	04:13:39	06:43:54	08:51:46.65	08:52:10.85	+03:38:12 (41.0%)	10:13	5.9 (59.6%)
237	PAJDOSZ Katarzyna	1228	KB BIAŁA BIEGA	K40	15	02:04:39	03:57:12	06:31:21	08:52:55.10	08:53:02.10	+03:39:03 (41.1%)	10:14	5.9 (59.6%)
238	WYSOCKA Iwona	1209	KS JANUSZE	K30	21	02:06:24	04:09:07	06:41:35	08:54:11.00	08:54:27.60	+03:40:29 (41.3%)	10:16	5.8 (58.6%)
238	WYSOCKI Bartosz	1210	KS JANUSZE	M40	67	02:06:22	04:09:07	06:41:37	08:54:11.25	08:54:27.60	+03:40:29 (41.3%)	10:16	5.8 (58.6%)
240	LUDWICZAK Mariusz	1028	#WKURW-TEAM	M50	38	02:05:59	03:59:57	06:40:54	08:54:50.80	08:55:38.30	+03:41:39 (41.4%)	10:17	5.8 (58.6%)
241	MATYJASZCZYK Patryk	1255		M20	16	01:59:30	03:51:29	06:27:09	08:56:49.55	08:56:49.55	+03:42:51 (41.5%)	10:19	5.8 (58.6%)
242	TROJNAR Daniel	1263		M30	72	02:05:43	04:06:46	06:38:28	08:57:02.30	08:57:27.80	+03:43:29 (41.6%)	10:19	5.8 (58.6%)
243	ŁASKI Radosław	1342	DRADURA & FOURTRISQUAD	M40	68	01:55:08	03:56:14	06:42:52	08:57:31.85	08:57:59.40	+03:44:00 (41.6%)	10:20	5.8 (58.6%)
244	GAŁECKA Dagmara	1014		K40	16	02:17:35	04:23:16	06:50:24	08:57:59.65	08:58:08.50	+03:44:09 (41.7%)	10:20	5.8 (58.6%)
244	NOWAK Karol	1199		M40	69	02:12:35	04:12:39	06:44:06	08:57:39.65	08:58:08.50	+03:44:09 (41.7%)	10:20	5.8 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
246	DEPTUŁA Marcin	1268	DCWRP	M50	39	02:07:29	04:06:37	06:41:58	08:57:47.25	08:58:24.55	+03:44:26 (41.7%)	10:20	5.8 (58.6%)
247	HOLYŚ Marcin	1455	BIEGANIE SZYDERCÓW	M30	73	02:10:51	04:05:31	06:52:33	08:58:12.50	08:58:27.35	+03:44:28 (41.7%)	10:21	5.8 (58.6%)
248	BIEL Sebastian	1434	BIEGANIE SZYDERCÓW	M30	74	02:10:59	04:05:34	06:52:36	08:58:14.20	08:58:28.00	+03:44:29 (41.7%)	10:21	5.8 (58.6%)
249	DYR Dorota	1340		K40	17	02:03:29	04:01:43	06:41:25	08:58:37.25	08:58:48.35	+03:44:49 (41.7%)	10:21	5.8 (58.6%)
250	KUCHAREWICZ Przemysław	1150		M40	70	02:08:59	04:07:22	06:48:06	08:58:57.30	08:59:33.35	+03:45:34 (41.8%)	10:21	5.8 (58.6%)
251	KOŁODZIEJEK Robert	1404		M40	71	02:05:01	03:52:50	06:31:49	08:59:25.65	09:00:22.65	+03:46:24 (41.9%)	10:22	5.8 (58.6%)
252	SOSZYŃSKA Katarzyna	1396	ULTRA WAY TEAM	K40	18	02:06:18	04:07:12	06:47:56	09:01:49.90	09:01:53.30	+03:47:54 (42.1%)	10:25	5.8 (58.6%)
253	GAWLIKOWSKA Agnieszka	1173		K30	22	02:04:56	04:00:21	06:41:21	09:01:57.65	09:02:00.55	+03:48:02 (42.1%)	10:25	5.8 (58.6%)
254	PAWELEC Krystyna	1040	DOGOŃ GRODZISK MAZOWIECKI	K60	1	02:16:34	04:17:38	06:45:48	09:02:03.70	09:02:57.20	+03:48:58 (42.2%)	10:25	5.8 (58.6%)
255	BIENIAS Joanna	1130	MIĘDZYRZECKIE GAZELE	K40	19	02:17:58	04:28:12	07:03:28	09:04:18.25	09:04:33.70	+03:50:35 (42.3%)	10:28	5.7 (57.6%)
256	HABA Konrad	1429		M30	75	02:06:28	04:08:50	06:54:01	09:04:02.90	09:04:36.95	+03:50:38 (42.3%)	10:27	5.7 (57.6%)
257	GRADOWSKI Piotrek	1448	BLUE GRADERS	M40	72	02:06:40	04:07:31	06:55:50	09:04:56.85	09:05:00.40	+03:51:01 (42.4%)	10:28	5.7 (57.6%)
258	TUORA Robert	2	AMBITNI AMATORZY	M40	73	02:18:14	04:18:12	06:54:21	09:05:11.60	09:05:42.00	+03:51:43 (42.5%)	10:29	5.7 (57.6%)
259	DAWID Franciszek	1318	MENDA MIEJSKA	M20	17	02:10:14	04:12:24	06:58:36	09:07:32.50	09:08:12.90	+03:54:14 (42.7%)	10:31	5.7 (57.6%)
260	JARZYŃSKI Janusz	1094	KONIN RUN	M50	40	02:08:56	04:13:44	06:59:40	09:08:17.20	09:08:24.05	+03:54:25 (42.7%)	10:32	5.7 (57.6%)
261	LARA Natalia	1278	WARRIORS ŁÓDŹ	K30	23	02:23:14	04:31:09	07:01:53	09:08:11.70	09:08:49.80	+03:54:51 (42.8%)	10:32	5.7 (57.6%)
262	JĘDRZEJAK Piotr	9		M50	41	02:16:30	04:24:30	06:56:17	09:10:29.95	09:10:54.80	+03:56:56 (43.0%)	10:35	5.7 (57.6%)
263	SZYMANIK Lidia	1408		K40	20	02:18:48	04:21:12	07:10:24	09:10:35.90	09:11:17.65	+03:57:19 (43.0%)	10:35	5.7 (57.6%)
264	KRYSZKIEWICZ Tomasz	1165		M50	42	01:59:05	03:51:35	06:47:23	09:11:06.40	09:11:32.75	+03:57:34 (43.1%)	10:35	5.7 (57.6%)
265	SZULECKA Kamila	1466		K40	21	02:20:59	04:27:46	06:58:16	09:11:16.00	09:11:35.25	+03:57:36 (43.1%)	10:36	5.7 (57.6%)
266	LEPIARZ Beata	1048	W KOBIECIE SIŁA	K50	2	02:12:21	04:12:35	06:49:35	09:14:43.90	09:15:08.85	+04:01:10 (43.4%)	10:40	5.6 (56.6%)
267	MĄCZKA Bronisław	1463	EXTREMALNI RZEŹNICY NA RELAKSIE	M60	6	02:11:17	04:16:44	06:57:22	09:14:35.00	09:15:33.10	+04:01:34 (43.5%)	10:39	5.6 (56.6%)
268	WITKA Piotr	1444		M50	43	02:10:13	04:12:39	06:51:47	09:15:44.95	09:16:19.30	+04:02:20 (43.6%)	10:41	5.6 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
269	COFALSKI Jakub	1361		M30	76	02:14:12	04:14:49	06:58:45	09:16:19.00	09:16:59.80	+04:03:01 (43.6%)	10:41	5.6 (56.6%)
269	MAJ Magdalena	1362		K30	24	02:14:19	04:14:49	06:58:46	09:16:19.45	09:16:59.80	+04:03:01 (43.6%)	10:41	5.6 (56.6%)
271	WARAS Wojciech	1057	SILESIA MARATHON CLUB	M40	74	02:14:25	04:23:34	07:03:01	09:16:22.75	09:17:12.95	+04:03:14 (43.7%)	10:41	5.6 (56.6%)
272	OLIWA Tomasz	1457		M40	75	02:07:36	04:07:40	06:51:24	09:17:24.60	09:17:47.05	+04:03:48 (43.7%)	10:43	5.6 (56.6%)
273	SZCZUR Iwona	1410		K40	22	02:18:05	04:21:49	07:05:23	09:19:18.70	09:19:34.60	+04:05:36 (43.9%)	10:45	5.6 (56.6%)
274	CHODAK Mateusz	1162		M20	18	02:04:10	04:12:44	06:51:55	09:19:35.40	09:19:50.75	+04:05:52 (43.9%)	10:45	5.6 (56.6%)
275	NOWOSIELSKA Magdalena	1311	ASICS FRONTRUNNER POLAND	K30	25	02:21:16	04:30:34	07:21:26	09:19:01.80	09:19:51.95	+04:05:53 (43.9%)	10:45	5.6 (56.6%)
276	PAWLAK Bartosz	1052	RUN AND FLY	M40	76	02:21:18	04:30:35	07:21:30	09:19:05.00	09:19:54.40	+04:05:55 (43.9%)	10:45	5.6 (56.6%)
277	PAWLAK Beata	1053	WYPIEKI BEATY	K40	23	02:21:30	04:30:36	07:21:28	09:19:05.55	09:19:54.50	+04:05:55 (43.9%)	10:45	5.6 (56.6%)
278	CZABAN Katarzyna	1084	KULAM SIĘ JAK GUMIKLYJZY	K30	26	02:18:00	04:23:06	07:04:13	09:20:09.25	09:20:34.60	+04:06:36 (44.0%)	10:46	5.6 (56.6%)
279	GODZIMIRSKA Eliza	1070	ADIDAS RUNNERS	K40	24	02:08:29	04:09:27	06:57:30	09:20:20.00	09:20:43.30	+04:06:44 (44.0%)	10:46	5.6 (56.6%)
280	SZCZYKUTOWICZ Maciej	1307		M30	77	02:02:42	04:07:04	06:57:48	09:20:33.00	09:20:55.30	+04:06:56 (44.0%)	10:46	5.6 (56.6%)
281	RUCIŃSKI Adam	1127		M50	44	02:13:49	04:13:28	06:56:07	09:20:17.65	09:20:58.20	+04:06:59 (44.0%)	10:46	5.6 (56.6%)
282	WRONKA Artur	1113	RADZYMIN RUN TEAM	M40	77	02:00:06	03:50:27	06:44:28	09:21:57.20	09:22:17.35	+04:08:18 (44.2%)	10:48	5.6 (56.6%)
283	LIPIŃSKI Bartosz	1012		M30	78	01:54:45	03:48:19	07:05:49	09:23:15.45	09:23:35.45	+04:09:36 (44.3%)	10:49	5.5 (55.6%)
284	MASŁOWSKI Marcin	8	KKM KOZIENICE	M40	78	02:09:22	04:06:37	06:49:43	09:23:17.75	09:23:53.60	+04:09:55 (44.3%)	10:49	5.5 (55.6%)
285	KWIATEK Mateusz	1230		M30	79	02:19:54	04:24:30		09:23:47.20	09:24:39.65	+04:10:41 (44.4%)	10:50	5.5 (55.6%)
286	SIKORA Mateusz	1149		M30	80	02:20:20	04:24:31	07:07:27	09:23:47.05	09:24:39.95	+04:10:41 (44.4%)	10:50	5.5 (55.6%)
287	MARKOWSKI Marcin	1035	SZAKALE BAŁUT ŁÓDŹ	M40	79	02:12:05	04:12:26	07:03:56	09:25:50.95	09:26:16.00	+04:12:17 (44.6%)	10:52	5.5 (55.6%)
288	BUJAK Łukasz	1121	#BIEGAMBOMAMŻONE	M30	81	02:13:46	04:18:44	07:04:26	09:25:41.15	09:26:31.60	+04:12:33 (44.6%)	10:52	5.5 (55.6%)
289	ŻUK Wiktoria	1247	HEŃTEAM	K20	8	02:14:09	04:18:18	07:02:07	09:27:09.30	09:27:32.70	+04:13:34 (44.7%)	10:54	5.5 (55.6%)
289	ŻUK Agata	1248	HEŃTEAM	K40	25	02:14:35	04:18:23	07:02:07	09:27:09.80	09:27:32.70	+04:13:34 (44.7%)	10:54	5.5 (55.6%)
291	MICHALCZYK Anna	1183		K20	9	02:09:31	04:15:48	07:07:18	09:27:25.20	09:27:53.90	+04:13:55 (44.7%)	10:54	5.5 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
292	KĘDRA Agnieszka	1016	CARPATHIAN RUNNERS	K30	27	02:17:24	04:25:00	07:06:51	09:27:52.15	09:28:27.20	+04:14:28 (44.8%)	10:55	5.5 (55.6%)
293	BOJEK Beata	1428	LEŚNE DZIKI PRZYJACIELSKA GRUPA BIEGOWA	K40	26	02:16:06	04:18:53	07:04:42	09:28:21.45	09:29:01.50	+04:15:02 (44.8%)	10:55	5.5 (55.6%)
294	JAKUBOWSKI Rafał	1305	LEŚNE DZIKI PRZYJACIELSKA GRUPA BIEGOWA	M40	80	02:16:07	04:18:52	07:04:43	09:28:21.95	09:29:02.05	+04:15:03 (44.8%)	10:55	5.5 (55.6%)
295	KADE Manuela	1343		K30	28	02:09:12	04:13:45	06:59:11	09:29:46.65	09:30:09.10	+04:16:10 (44.9%)	10:57	5.5 (55.6%)
296	KŁĘCZAR Igor	1339		M30	82	02:19:38	04:30:26	07:17:10	09:29:20.95	09:30:10.55	+04:16:12 (44.9%)	10:56	5.5 (55.6%)
297	PŁOTEK Tomasz	1414		M40	81	02:16:10	04:23:39	07:17:18	09:30:10.55	09:30:49.35	+04:16:50 (45.0%)	10:57	5.5 (55.6%)
298	SMORAWIŃSKI Marcin	1214		M50	45	02:17:28	04:30:21	07:13:20	09:31:40.05	09:31:54.20	+04:17:55 (45.1%)	10:59	5.5 (55.6%)
299	POGORZELEC Tomasz	1315		M40	82	02:08:14	04:16:21	07:04:48	09:31:43.45	09:32:06.70	+04:18:08 (45.1%)	10:59	5.5 (55.6%)
300	MIKRUT Angelika	1187		K30	29	02:13:50	04:23:46	07:08:42	09:31:37.85	09:32:08.20	+04:18:09 (45.1%)	10:59	5.5 (55.6%)
301	KOTOWICZ Iwona	1439	PODIUM	K40	27	02:13:48	04:23:53	07:08:39	09:31:38.00	09:32:08.25	+04:18:09 (45.1%)	10:59	5.5 (55.6%)
302	WITKA Grażyna	1445		K50	3	02:18:07	04:28:00	07:16:56	09:31:59.45	09:32:33.45	+04:18:34 (45.2%)	10:59	5.5 (55.6%)
303	CHABOWSKI Tomasz	1095		M40	83	01:51:44	04:23:05	07:15:31	09:32:35.15	09:32:40.60	+04:18:42 (45.2%)	11:00	5.4 (54.5%)
304	SROCZYNSKI Andrzej	1287		M50	46	02:15:58	04:23:05	07:03:12	09:32:54.00	09:33:32.70	+04:19:34 (45.3%)	11:01	5.4 (54.5%)
305	WILK Paweł	1212	WILKI	M40	84	02:07:44	04:20:25	07:05:22	09:33:22.50	09:33:35.95	+04:19:37 (45.3%)	11:01	5.4 (54.5%)
306	SZYMANIK Anna	1409		K20	10	02:12:16	04:18:54	07:11:48	09:33:14.15	09:33:56.15	+04:19:57 (45.3%)	11:01	5.4 (54.5%)
307	WAŁACHOWSKA Urszula	1381	SANOK BIEGA	K30	30	02:19:00	04:24:48	07:15:00	09:35:54.00	09:36:36.50	+04:22:37 (45.5%)	11:04	5.4 (54.5%)
308	WOJTCZAK Michał	1393		M30	83	02:01:35	04:11:31	07:03:36	09:36:36.80	09:36:47.55	+04:22:49 (45.6%)	11:05	5.4 (54.5%)
309	BIELIŃSKI Paweł	1067		M40	85	02:13:40	04:18:55	07:03:12	09:36:22.75	09:36:54.25	+04:22:55 (45.6%)	11:05	5.4 (54.5%)
310	BOGUSZ Konrad	1141		M30	84	02:02:41	04:00:25	06:59:17	09:36:39.95	09:36:58.05	+04:22:59 (45.6%)	11:05	5.4 (54.5%)
311	IMBIORSKI Dawid	1216		M30	85	02:09:45	04:12:55	07:07:20	09:37:00.50	09:37:00.50	+04:23:01 (45.6%)	11:05	5.4 (54.5%)
312	SZCZUKA Paweł	1411		M30	86	02:08:59	04:12:19	07:06:34	09:36:17.85	09:37:02.00	+04:23:03 (45.6%)	11:04	5.4 (54.5%)
313	SOCZYŃSKI Dawid	1069		M30	87	02:18:23	04:49:46	07:48:07	09:37:27.20	09:38:21.35	+04:24:22 (45.7%)	11:06	5.4 (54.5%)
314	SOĆKO Kamil	5		M30	88	02:19:37	04:30:33	07:15:37	09:38:21.80	09:38:29.30	+04:24:30 (45.7%)	11:07	5.4 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
315	SZKAMRUK Alicja	4	EXTREMALNI RZEŹNICY NA RELAKSIE	K30	31	02:19:20	04:30:33	07:15:36	09:38:23.05	09:38:29.45	+04:24:30 (45.7%)	11:07	5.4 (54.5%)
316	ZUBRZAK Jacek	1060		M40	86	02:06:54	04:03:22	06:53:39	09:38:26.85	09:39:03.90	+04:25:05 (45.8%)	11:07	5.4 (54.5%)
317	KAPICA Wojciech	1176	POWER TRAINING	M30	89	02:13:40	04:18:26	07:06:03	09:42:04.05	09:42:55.00	+04:28:56 (46.1%)	11:11	5.4 (54.5%)
318	HAŁASZYN Joanna	1328		K30	32	02:20:57	04:32:11	07:22:09	09:43:09.65	09:43:43.30	+04:29:44 (46.2%)	11:12	5.4 (54.5%)
319	WIŚNIEWSKA Joanna	1158	KOWARY BIEGAJĄ	K40	28	02:16:23	04:27:32	07:15:02	09:44:49.20	09:45:31.75	+04:31:33 (46.4%)	11:14	5.3 (53.5%)
320	ZAKRZEWSKI Maciej	1208	ULTRA WAY	M50	47	02:19:01	04:29:29	07:17:52	09:45:43.75	09:45:46.45	+04:31:47 (46.4%)	11:15	5.3 (53.5%)
321	BLADOWSKA Katarzyna	1207	ULTRA WAY TEAM	K40	29	02:19:05	04:29:28	07:17:51	09:45:43.65	09:45:46.50	+04:31:47 (46.4%)	11:15	5.3 (53.5%)
322	GANDECKA Beata	1426	MIĘDZYRZECKIE GAZELE	K40	30	02:19:03	04:33:21	07:23:11	09:46:51.30	09:47:07.60	+04:33:09 (46.5%)	11:17	5.3 (53.5%)
323	PŁONKA Bartosz	1472		M30	90	02:14:02	04:16:00	07:00:56	09:46:24.65	09:47:16.00	+04:33:17 (46.5%)	11:16	5.3 (53.5%)
324	SABATOWSKI Piotr	1005		M40	87	02:26:58	04:36:40	07:21:05	09:48:30.10	09:48:47.10	+04:34:48 (46.7%)	11:19	5.3 (53.5%)
325	PANUSCH Beata	1008		K40	31	02:27:20	04:36:41	07:21:08	09:48:32.05	09:48:47.70	+04:34:49 (46.7%)	11:19	5.3 (53.5%)
326	PAWLIK Mateusz	1251		M20	19	02:25:16	04:30:54	07:30:07	09:48:41.45	09:48:57.50	+04:34:58 (46.7%)	11:19	5.3 (53.5%)
327	SKWARSKI Piotr	1215		M20	20	02:25:21	04:30:52	07:30:05	09:48:40.30	09:48:57.70	+04:34:59 (46.7%)	11:19	5.3 (53.5%)
328	KUJAWIAK Magdalena	1405	NEED FOR SLEEP	K30	33	02:17:18	04:30:16	07:35:40	09:50:03.50	09:50:57.00	+04:36:58 (46.9%)	11:20	5.3 (53.5%)
329	DYMEK Paweł	1416	NEED FOR SLEEP	M30	91	02:17:13	04:30:19	07:35:44	09:50:03.75	09:50:57.10	+04:36:58 (46.9%)	11:20	5.3 (53.5%)
330	WĄGRODZKA Małgorzata	1171		K40	32	02:15:23	04:21:55	07:15:49	09:52:11.55	09:52:18.70	+04:38:20 (47.0%)	11:23	5.3 (53.5%)
331	MIKSA Sławomir	1435		M50	48	02:19:28	04:23:20	07:31:56	09:50:55.70	09:52:18.95	+04:38:20 (47.0%)	11:21	5.3 (53.5%)
332	SIUDA Adam	1062		M30	92	02:15:38	04:18:29	07:21:04	09:52:17.50	09:52:27.65	+04:38:29 (47.0%)	11:23	5.3 (53.5%)
333	GIENIEC-CZUBA Róża	1236	BIEGANIE ZBLIŻA	K40	33	02:18:38	04:26:33	07:19:09	09:51:53.65	09:52:29.40	+04:38:30 (47.0%)	11:22	5.3 (53.5%)
334	CZUBA Paweł	1237		M40	88	02:18:38	04:26:30	07:19:11	09:51:52.55	09:52:29.55	+04:38:31 (47.0%)	11:22	5.3 (53.5%)
335	GMAJ Daniel	1152		M40	89	02:20:37	04:30:44	07:34:54	09:51:41.30	09:52:33.40	+04:38:34 (47.0%)	11:22	5.3 (53.5%)
336	ZAWADA Damian	1387		M30	93	02:06:43	04:25:14	07:22:09	09:56:17.10	09:56:29.65	+04:42:31 (47.4%)	11:28	5.2 (52.5%)
337	GAJDA Michał	1033	GAJDA TEAM	M30	94	02:21:03	04:35:40	07:32:51	09:59:03.35	09:59:27.00	+04:45:28 (47.6%)	11:31	5.2 (52.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km	52km	52km			
337	DRZEWIECKA-GAJDA Iwona	1034	GAJDA TEAM	K30	34	02:21:03	04:35:39	07:32:51	09:59:03.65	09:59:27.00	+04:45:28 (47.6%)	11:31	5.2 (52.5%)
339	MIILLER Łukasz	1024	BALLS OF STEEL	M30	95	02:20:10	04:34:11	07:30:47	10:02:39.30	10:03:19.35	+04:49:20 (48.0%)	11:35	5.2 (52.5%)
340	PABIAN Agnieszka	1394	HUNTERS OCR TEM	K50	4	02:16:38	04:32:52	07:32:44	10:03:33.55	10:03:45.95	+04:49:47 (48.0%)	11:36	5.2 (52.5%)
340	NOWAK Ewelina	1346	SPARTAN TRAINING GROUP TARNÓW	K40	34	02:16:40	04:32:52	07:32:51	10:03:32.85	10:03:45.95	+04:49:47 (48.0%)	11:36	5.2 (52.5%)
342	PIETRUS Piotr	1045	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M50	49	02:09:37	04:23:08	07:26:33	10:03:13.60	10:04:05.10	+04:50:06 (48.0%)	11:36	5.2 (52.5%)
343	CIUK Piotr	1093	YULO RUN TEAM SIEDLCE/ FUJITSU POLAND	M40	90	02:18:55	04:30:34	07:26:40	10:03:23.55	10:04:15.35	+04:50:16 (48.0%)	11:36	5.2 (52.5%)
344	JAMBOR Michał	1006	ŻÓRAWSKI TEAM	M40	91	02:22:26	04:31:53	07:26:41	10:03:24.40	10:04:15.60	+04:50:17 (48.0%)	11:36	5.2 (52.5%)
345	PIASECZYŃSKA-JAMBOR Agata	1007	ŻÓRAWSKI TEAM / PKO BANK POLSKI	K40	35	02:23:04	04:31:52	07:26:38	10:03:24.40	10:04:15.75	+04:50:17 (48.0%)	11:36	5.2 (52.5%)
346	BAŁDYGA Mariusz	1133		M30	96	02:04:01	04:08:57	07:40:42	10:05:28.25	10:06:20.00	+04:52:21 (48.2%)	11:38	5.2 (52.5%)
347	BURY Marek	1380		M50	50	02:13:49	04:26:51	07:40:10	10:06:24.30	10:06:39.45	+04:52:40 (48.2%)	11:39	5.1 (51.5%)
348	ZAPIÓR Marek	1293	ZET	M60	7	02:30:27	04:49:35	07:46:11	10:09:17.60	10:09:41.95	+04:55:43 (48.5%)	11:43	5.1 (51.5%)
349	GRZESZCZAK Adam	1363		M50	51	02:24:36	04:39:54	07:43:27	10:11:20.35	10:12:03.45	+04:58:04 (48.7%)	11:45	5.1 (51.5%)
350	BILSKI Mchał	1201		M40	92	02:20:55	04:29:58	07:28:30	10:11:35.60	10:12:22.05	+04:58:23 (48.7%)	11:45	5.1 (51.5%)
351	CYRANA Monika	1365		K30	35	02:12:35	04:19:49	07:08:06	10:13:02.50	10:13:08.30	+04:59:09 (48.8%)	11:47	5.1 (51.5%)
352	KADECKI Marek	1172		M50	52	02:27:42	04:42:25	07:37:15	10:12:45.90	10:13:12.30	+04:59:13 (48.8%)	11:47	5.1 (51.5%)
353	KUBECKA Anna	1099		K30	36	02:28:01	04:51:49	07:46:06	10:12:53.15	10:13:21.00	+04:59:22 (48.8%)	11:47	5.1 (51.5%)
354	ZĄLUSKI Norbert	1261		M40	93	02:24:45	04:52:06	07:51:03	10:13:27.95	10:13:59.80	+05:00:01 (48.9%)	11:47	5.1 (51.5%)
355	JASTRZĘBSKI Krzysztof	1477		M30	97	02:03:00	04:01:05	07:02:19	10:14:03.55	10:14:06.55	+05:00:08 (48.9%)	11:48	5.1 (51.5%)
356	KOWALSKA Agnieszka	1476	KOMANDOSI	K20	11	02:11:45	04:25:25	07:01:23	10:13:42.25	10:14:07.80	+05:00:09 (48.9%)	11:48	5.1 (51.5%)
357	HAJDUK Anna	1317		K40	36	02:20:18	04:32:45	07:32:50	10:14:06.65	10:14:26.25	+05:00:27 (48.9%)	11:48	5.1 (51.5%)
358	ŚWIERCZEWSKI Krzysztof	1129	BIEGOWA KUŹNIA	M40	94	02:12:09	04:27:06	07:27:22	10:15:23.70	10:15:23.70	+05:01:25 (49.0%)	11:50	5.1 (51.5%)
359	RATAJCZAK Tomasz	1313		M40	95	02:13:44	04:21:27	07:10:41	10:14:53.00	10:15:34.90	+05:01:36 (49.0%)	11:49	5.1 (51.5%)
360	PASTWA Grzegorz	1259		M30	98	02:22:24	04:40:10	07:45:40	10:16:22.95	10:16:25.35	+05:02:26 (49.1%)	11:51	5.1 (51.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km	52km	52km			
361	WĘGLARZ Piotr	1407	NOWY SĄCZ	M30	99	02:08:30	04:12:03	07:07:57	10:16:39.45	10:16:50.20	+05:02:51 (49.1%)	11:51	5.1 (51.5%)
362	POPCZYK Piotr	1200	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	M40	96	02:16:29	04:29:20	07:29:52	10:18:28.95	10:18:58.90	+05:05:00 (49.3%)	11:53	5 (50.5%)
363	KRASUSKI Piotr	1166		M40	97	02:14:26	04:23:52	07:37:35	10:20:22.50	10:20:59.90	+05:07:01 (49.4%)	11:55	5 (50.5%)
364	DANOWSKI Jakub	1277		M30	100	02:12:15	04:19:14	07:29:32	10:21:18.40	10:21:50.80	+05:07:52 (49.5%)	11:56	5 (50.5%)
365	PORCZYK Mariusz	1157	WIKINGS TIME	M40	98	02:06:13	04:23:34	07:41:47	10:21:53.75	10:22:46.40	+05:08:47 (49.6%)	11:57	5 (50.5%)
366	DARSKI Rafał	1163	RECAMIERE	M60	8	02:08:59	04:23:59	07:28:07	10:24:10.35	10:24:53.50	+05:10:54 (49.8%)	12:00	5 (50.5%)
367	SKLEPOWICZ Jacek	1375		M50	53	02:18:50	04:33:02	07:35:03	10:24:51.10	10:25:01.45	+05:11:02 (49.8%)	12:00	5 (50.5%)
368	MICHALCZYK Mikołaj	1029		M30	101	02:18:25	04:49:49	07:47:53	10:27:19.70	10:28:13.20	+05:14:14 (50.0%)	12:03	5 (50.5%)
369	RYSIŃSKA Magda	1240		K40	37	02:24:26	04:59:02	08:00:10	10:27:58.55	10:28:15.80	+05:14:17 (50.0%)	12:04	5 (50.5%)
370	TRUCHAN Mariusz	1239	WILKI PUSZCZY ROMINCKIEJ	M40	99	02:21:11	04:29:22	07:22:03	10:27:28.95	10:28:16.50	+05:14:17 (50.0%)	12:04	5 (50.5%)
371	JASIK Justyna	1321		K20	12	02:11:19	04:27:00	07:37:16	10:29:49.55	10:29:59.00	+05:16:00 (50.2%)	12:06	5 (50.5%)
372	ZDROJKOWSKI Ireneusz	1325	BIEGIEM RADOM	M40	100	02:21:10	04:34:53	07:51:28	10:29:11.65	10:30:06.40	+05:16:07 (50.2%)	12:05	5 (50.5%)
373	PASTERNAK Robert	1310		M50	54	02:26:17	04:43:33	07:51:34	10:30:01.40	10:30:55.80	+05:16:57 (50.2%)	12:06	5 (50.5%)
374	PACIOREK Hubert	1147	COBRA TEAM	M30	102	02:22:51	04:39:51	07:49:02	10:34:05.20	10:34:26.30	+05:20:27 (50.5%)	12:11	4.9 (49.5%)
375	TRUCHAN Wiesław	1231	WILKI PUSZCZY ROMINCKIEJ ŻYTKIEJMY	M60	9	02:21:15	04:30:48	07:32:21	10:34:32.45	10:35:18.80	+05:21:20 (50.6%)	12:12	4.9 (49.5%)
376	GAŁECKA-ZIÓŁKOWSKA Kinga	1013		K30	37	02:29:16	04:54:01	07:50:35	10:35:11.95	10:35:21.80	+05:21:23 (50.6%)	12:12	4.9 (49.5%)
377	BRZUSZEK Katarzyna	1124		K40	38	02:23:58	04:42:51	07:53:04	10:34:57.05	10:35:27.00	+05:21:28 (50.6%)	12:12	4.9 (49.5%)
378	BRZUSZEK Mateusz	1125		M30	103	02:23:53	04:42:51	07:53:05	10:34:57.75	10:35:27.10	+05:21:28 (50.6%)	12:12	4.9 (49.5%)
379	PASTWA Monika	1103		K40	39	02:27:56	04:40:10	07:53:13	10:35:29.35	10:35:47.20	+05:21:48 (50.6%)	12:13	4.9 (49.5%)
380	PASTWA Janusz	1104		M40	101	02:25:23	04:40:09	07:53:13	10:35:29.10	10:35:47.25	+05:21:48 (50.6%)	12:13	4.9 (49.5%)
381	NOWAK Marcin	1038	SZAKALE BAŁUT ŁÓDŹ	M50	55	02:20:09	04:27:09	08:00:42	10:36:42.30	10:37:07.95	+05:23:09 (50.7%)	12:14	4.9 (49.5%)
382	PASZEK Krystyna	1039	DOGOŃ GRODZISK MAZOWIECKI	K60	2	02:35:00	04:59:51	07:59:30	10:45:25.80	10:46:19.60	+05:32:21 (51.4%)	12:24	4.8 (48.5%)
383	URBAŃSKA Katarzyna	1178		K40	40	02:30:48	05:00:10	08:15:07	10:49:07.15	10:49:35.15	+05:35:36 (51.7%)	12:28	4.8 (48.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
384	IWAN Bartłomiej	1324		M40	102	02:27:17	04:52:53	08:03:40	10:51:02.65	10:51:49.75	+05:37:51 (51.8%)	12:31	4.8 (48.5%)
385	CHRÓŚCIAK Paweł	1098		M40	103	02:23:11	04:54:06	08:04:22	10:51:17.30	10:51:51.85	+05:37:53 (51.8%)	12:31	4.8 (48.5%)
386	RADZIĘSKA Kamila	1003		K40	41	02:38:10	05:01:30	08:11:41	10:51:50.35	10:52:31.40	+05:38:32 (51.9%)	12:32	4.8 (48.5%)
387	JANOWICZ Maria	1004		K50	5	02:39:32	05:09:52	08:17:33	10:53:23.80	10:53:50.85	+05:39:52 (52.0%)	12:33	4.8 (48.5%)
388	ŁANDWIJT Marcin	1289		M50	56	02:07:08	04:24:56	07:50:48	10:55:57.15	10:56:45.15	+05:42:46 (52.2%)	12:36	4.8 (48.5%)
389	PENAR Arkadiusz	1128		M50	57	02:47:45	05:23:04	08:17:15	11:02:37.55	11:03:19.30	+05:49:20 (52.7%)	12:44	4.7 (47.5%)
390	GOLEBIEWSKA Małgorzata	1044	RUN TEAM RYDZYNA	K40	42	02:38:46	05:08:11	08:14:05	11:03:13.90	11:03:36.55	+05:49:38 (52.7%)	12:45	4.7 (47.5%)
391	MAŃKA Sylwester	1050		M50	58	02:03:05	05:26:47	08:21:30	11:06:11.20	11:06:16.80	+05:52:18 (52.9%)	12:48	4.7 (47.5%)
392	TWARDOWSKI Tomasz	1054	STOWARZYSZENIE PACZKA DLA BOHATERA	M40	104	02:45:20	05:16:49	08:28:56	11:06:57.65	11:07:33.10	+05:53:34 (53.0%)	12:49	4.7 (47.5%)
393	KOCHAN Grzegorz	1474		M40	105	02:44:28	05:12:23	08:21:33	11:07:37.80	11:08:02.55	+05:54:04 (53.0%)	12:50	4.7 (47.5%)
394	KRUSZEWSKA Emilia	1257		K30	38	02:31:56	05:05:35	08:17:46	11:10:23.50	11:10:36.70	+05:56:38 (53.2%)	12:53	4.7 (47.5%)
395	SZWEDOWICZ Bartosz	1211		M50	59	02:43:49	05:21:54	08:33:58	11:10:54.70	11:11:44.65	+05:57:46 (53.3%)	12:54	4.7 (47.5%)
396	KEMPISTY Anna	1300	OIL WARSZAWA/12TRI.PL	K50	6	02:33:50	05:04:25	08:20:19	11:17:41.25	11:18:16.45	+06:04:17 (53.7%)	13:01	4.6 (46.5%)
397	MICHALCZUK Zenon	1415		M60	10	02:46:19	05:27:30	08:33:41	11:20:16.35	11:20:43.75	+06:06:45 (53.9%)	13:04	4.6 (46.5%)
398	KAWA Adam	1075		M30	104	02:42:06	05:07:14	08:25:14	11:23:10.80	11:23:56.65	+06:09:58 (54.1%)	13:08	4.6 (46.5%)
399	OLSZEWSKI Błażej	1153		M40	106	02:31:05	05:04:42	08:35:56	11:26:57.70	11:27:44.45	+06:13:45 (54.3%)	13:12	4.5 (45.5%)
400	CZECHOWSKI Konrad	1065		M30	105	02:20:30	04:49:17	08:09:37	11:28:53.25	11:28:59.05	+06:15:00 (54.4%)	13:14	4.5 (45.5%)
401	BACHÓRZ Agnieszka	1382		K40	43	02:38:26	05:11:55	08:33:24	11:29:04.90	11:29:55.65	+06:15:57 (54.5%)	13:15	4.5 (45.5%)
402	VLADOIU Dagmara	1071		K40	44	03:00:43	05:27:39	08:39:11	11:30:24.80	11:30:47.25	+06:16:48 (54.5%)	13:16	4.5 (45.5%)
403	ZIÓŁKOWSKA Bożena	1225	BIEGUNY WALBA	K40	45	02:36:57	05:11:16	08:25:21	11:36:35.90	11:37:10.85	+06:23:12 (55.0%)	13:23	4.5 (45.5%)
404	BAŁABAN Waldemar	1241	BIEGUNY WALBA	M60	11	02:38:32	05:11:29	08:28:26	11:36:36.55	11:37:11.00	+06:23:12 (55.0%)	13:23	4.5 (45.5%)
405	PACYNA Marek	1092		M50	60	02:24:24	04:58:48	08:30:24	11:43:55.55	11:44:27.80	+06:30:29 (55.4%)	13:32	4.4 (44.4%)
406	KOLTERNIAK Monika	1036	QUEENS PARK HARRIERS	K40	46	02:51:37	05:36:30	09:03:50	11:48:39.50	11:48:54.15	+06:34:55 (55.7%)	13:37	4.4 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
407	BĘTKOWSKI Tomasz	1475	NIEZALEŻNY	M40	107	02:35:59	04:57:16	08:41:09	11:51:33.75	11:52:32.35	+06:38:33 (55.9%)	13:41	4.4 (44.4%)
408	ROSOWSKI Robert	1467	NIEZALEZNY 2	M40	108	02:36:02	04:59:10	08:38:04	11:51:36.95	11:52:35.40	+06:38:36 (55.9%)	13:41	4.4 (44.4%)
409	LISIK Justyna	1290		K40	47	02:42:16	05:16:46	08:46:06	11:53:03.15	11:53:32.85	+06:39:34 (56.0%)	13:42	4.4 (44.4%)
410	OBARSKI Norbert	1224		M60	12	02:47:07	05:30:00	08:40:30	11:57:20.35	11:57:58.30	+06:43:59 (56.3%)	13:47	4.3 (43.4%)
411	MAŃKA Magdalena	1049	ZRYW PARZYMICHY	K40	48	02:38:36	05:26:48	08:53:10	11:59:41.25	11:59:46.70	+06:45:48 (56.4%)	13:50	4.3 (43.4%)
412	MALARA Krzysztof	1390		M40	109	02:31:46	05:07:26	08:45:40	12:01:27.40	12:01:55.55	+06:47:57 (56.5%)	13:52	4.3 (43.4%)
413	JAFISZOW Michał	1168		M40	110	02:42:29	05:24:31	08:50:32	12:04:20.50	12:04:24.95	+06:50:26 (56.7%)	13:55	4.3 (43.4%)
414	BOCHEŃSKI Tomasz	1167		M50	61	02:39:41	05:21:50	08:51:02	12:04:20.80	12:04:25.35	+06:50:26 (56.7%)	13:55	4.3 (43.4%)
415	DAJNOWSKI Marek	1291		M40	111	02:50:48	05:32:14	09:03:32	12:04:32.05	12:05:28.80	+06:51:30 (56.7%)	13:56	4.3 (43.4%)
416	CICHOCKI Mariusz	1296		M50	62	02:50:47	05:32:15	09:03:31	12:04:34.05	12:05:30.30	+06:51:31 (56.7%)	13:56	4.3 (43.4%)
417	POŚNIK Michał	1193	HEARME.PL	M30	106	02:50:08	05:38:08	09:10:57	12:21:03.95	12:21:40.15	+07:07:41 (57.7%)	14:15	4.2 (42.4%)
418	GÓRKA Sebastian	1059		M30	107	02:47:33	05:15:35	08:58:46	12:27:40.35	12:28:01.10	+07:14:02 (58.0%)	14:22	4.2 (42.4%)
419	MIŁOSZ Maria	1056	KASZANKI	K30	39	02:53:43	05:46:32	09:30:28	12:31:35.60	12:32:22.70	+07:18:24 (58.3%)	14:27	4.2 (42.4%)
420	OLSZEWSKI Rafał	1374	T. G. SOKÓŁ GNIEWKOWO	M40	112	02:56:31	05:40:22	09:14:47	12:46:58.40	12:47:25.90	+07:33:27 (59.1%)	14:44	4.1 (41.4%)
421	OLSZEWSKA Ewa	1373	T. G. SOKÓŁ GNIEWKOWO	K40	49	02:56:30	05:40:28	09:14:49	12:46:59.45	12:47:26.20	+07:33:27 (59.1%)	14:44	4.1 (41.4%)
422	CHODZIAK Marcin	1085		M40	113	03:27:56	06:19:09	09:46:07	12:45:32.60	12:50:45.10	+07:36:46 (59.3%)	14:43	4.1 (41.4%)
423	MICHALCZYK Iwona	1184		K50	7	04:14:37	06:54:26	10:00:23	12:50:26.55	12:50:55.95	+07:36:57 (59.3%)	14:48	4 (40.4%)
424	OBARSKA Małgorzata	1223		K60	3	03:10:13	06:02:38	09:39:57	12:52:21.50	12:53:00.10	+07:39:01 (59.4%)	14:51	4 (40.4%)
425	WÓDZ Anna	1433	SZAKALE BAŁUT ŁÓDŹ	K30	40	02:50:48	05:43:17	09:54:28	12:54:31.50	12:55:19.85	+07:41:21 (59.5%)	14:53	4 (40.4%)
425	JAWORSKA Magdalena	1471	SZAKALE BAŁUT ŁÓDŹ	K30	40	02:50:52	05:43:18	09:54:32	12:54:30.65	12:55:19.85	+07:41:21 (59.5%)	14:53	4 (40.4%)
427	FABJAŃCZYK Agnieszka	1459	GRUPA JURA PL	K40	50	02:57:25	05:55:05	09:46:13	12:56:42.60	12:57:04.10	+07:43:05 (59.6%)	14:56	4 (40.4%)
428	MATERA Kinga	1458		K20	13	02:58:27	05:55:05	09:46:21	12:56:43.55	12:57:04.30	+07:43:05 (59.6%)	14:56	4 (40.4%)
Przekroczony limit czasu: 13:00:00													
429	BORKOWSKA Ewa	1179		K60	4	04:03:08	07:27:03		14:52:29.15	14:53:21.50	+09:39:22 (64.9%)	17:09	3.5 (35.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
	POPIEL Maurycy	1126	STANDOUT	M30		01:46:09 DNF	03:30:13 DNF	DNF	DNF	DNF	-	-	(0.0%)
	WOJTKOWIAK Paweł	1134	NSH RUNNERS	M50		01:50:16 DNF	03:41:56 DNF	DNF	DNF	DNF	-	-	(0.0%)
	SZWAJCA Tomasz	1115		M40		02:05:08 DNF	04:08:39 DNF	DNF	DNF	DNF	-	-	(0.0%)
	MAJEWSKI Marek	1068		M40		02:32:55 DNF	05:19:25 DNF	DNF	DNF	DNF	-	-	(0.0%)
	TROJANOWSKI Andrzej	1391		M60		02:45:55 DNF	05:45:29 DNF	DNF	DNF	DNF	-	-	(0.0%)
	FRYDRYCH Marcin	1246		M40		02:58:31 DNF	06:01:12 DNF	DNF	DNF	DNF	-	-	(0.0%)
	GÓRSKI Tomasz	1412		M20		01:44:38 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ALASZKIEWICZ Adam	1288		M20		04:14:29 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	LASKUS Paweł	1112		M40		05:06:47 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MALCZEWSKI Tomasz	1392	RAJSPORT ACTIVE	M30		06:32:47 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	TROJANOWSKI Bartosz	1384		M40		DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 440 wynik(ów)