



**Wydarzenie:** IX FESTIWAL BIEGU RZEŹNIKA  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2023-06-08  
**Miejsce:** Cisna  
**Dystans:** 52 km

## II MARATON RZEŹNIKA

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	<b>HALSKA Anna</b>	<b>1272</b>	ANNA HALSKA COACHING	K30	1	01:35:49	02:56:12	04:31:43	<b>05:55:41.95</b>	<b>05:55:45.30</b>		6:50	8.8 (100%)
2	<b>ZIĘBA Sabina</b>	<b>1473</b>	FOREVER TEAM	K30	2	01:34:49	02:57:22	04:37:20	<b>06:08:42.55</b>	<b>06:08:45.05</b>	+00:12:59 (3.5%)	7:05	8.5 (96.6%)
3	<b>WIELECHOWSKA Aleksandra</b>	<b>1227</b>	TURYŚCI	K30	3	01:47:48	03:20:15	05:08:10	<b>06:34:33.25</b>	<b>06:34:44.60</b>	+00:38:59 (9.9%)	7:35	7.9 (89.8%)
4	<b>WOJNAROWSKA Weronika</b>	<b>1087</b>		K30	4	01:52:49	03:29:04	05:23:15	<b>07:08:09.70</b>	<b>07:08:29.25</b>	+01:12:43 (17.0%)	8:14	7.3 (83.0%)
5	<b>WILK Wiktoria</b>	<b>11</b>	SARNI TĘTENT	K30	5	01:47:17	03:22:59	05:24:21	<b>07:13:04.00</b>	<b>07:13:15.80</b>	+01:17:30 (17.9%)	8:19	7.2 (81.8%)
6	<b>MACHAJSKA Małgorzata</b>	<b>1385</b>		K30	6	01:56:16	03:39:51	05:45:03	<b>07:31:26.80</b>	<b>07:31:36.70</b>	+01:35:51 (21.2%)	8:40	6.9 (78.4%)
7	<b>WIĘSEK Natalia</b>	<b>1273</b>		K30	7	01:55:06	03:37:31	05:49:54	<b>07:41:41.90</b>	<b>07:42:20.50</b>	+01:46:35 (23.1%)	8:52	6.8 (77.3%)
8	<b>KAPITSA Julia</b>	<b>1271</b>	PROSWIM	K30	8	01:52:56	03:32:46	05:49:37	<b>07:43:00.45</b>	<b>07:43:45.70</b>	+01:48:00 (23.3%)	8:54	6.7 (76.1%)
9	<b>STECZEK Magdalena</b>	<b>1155</b>	SKL SUCHA BESKIDZKA	K30	9	01:57:35	03:37:57	05:52:00	<b>07:46:50.35</b>	<b>07:47:30.10</b>	+01:51:44 (23.9%)	8:58	6.7 (76.1%)
10	<b>LASZCZYK Anna Laszczyk</b>	<b>1046</b>		K30	10	01:55:00	03:37:12	05:53:00	<b>07:53:14.00</b>	<b>07:53:41.40</b>	+01:57:56 (24.9%)	9:06	6.6 (75.0%)
11	<b>MAJEWSKA Fabiana</b>	<b>1146</b>	GOLDEN P	K30	11	02:03:20	03:47:08	06:01:35	<b>07:53:20.60</b>	<b>07:54:06.45</b>	+01:58:21 (25.0%)	9:06	6.6 (75.0%)
12	<b>FALTYN Aneta</b>	<b>1422</b>		K30	12	02:00:09	03:46:08	05:58:36	<b>07:55:57.10</b>	<b>07:56:28.90</b>	+02:00:43 (25.3%)	9:09	6.6 (75.0%)
13	<b>KOWALIK Anna</b>	<b>1079</b>	TURYŚCI	K30	13	01:59:21	03:46:21	06:01:29	<b>08:00:49.50</b>	<b>08:01:01.15</b>	+02:05:15 (26.0%)	9:14	6.5 (73.9%)
14	<b>GÓRECKA Agnieszka</b>	<b>1250</b>		K30	14	02:04:34	03:52:01	06:22:04	<b>08:14:31.05</b>	<b>08:15:14.50</b>	+02:19:29 (28.2%)	9:30	6.3 (71.6%)
15	<b>STELMACH Paulina</b>	<b>1417</b>		K30	15	02:08:28	03:58:16	06:25:43	<b>08:23:38.95</b>	<b>08:24:07.70</b>	+02:28:22 (29.4%)	9:41	6.2 (70.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						I 15km	Solinka 28km	II 41km					
16	<b>SKÓRZAŃSKA Agnieszka</b>	<b>1243</b>		K30	16	02:02:48	04:03:45	06:38:41	<b>08:35:39.25</b>	<b>08:36:23.95</b>	+02:40:38 (31.1%)	9:54	6.1 (69.3%)
17	<b>JEDRZEJEWSKA Anna</b>	<b>1348</b>	OKNOPLAST RUNNING TEAM	K30	17	02:07:56	04:06:38	06:32:11	<b>08:37:04.25</b>	<b>08:37:34.70</b>	+02:41:49 (31.3%)	9:56	6 (68.2%)
18	<b>KULCZYK Ewa</b>	<b>1421</b>	DYNAFIT TRAIL HERO	K30	18	01:53:58	03:37:34	06:25:09	<b>08:39:34.35</b>	<b>08:39:36.45</b>	+02:43:51 (31.5%)	9:59	6 (68.2%)
19	<b>DERKOWSKA Ewelina</b>	<b>1358</b>		K30	19	01:54:42	03:54:15	06:25:55	<b>08:40:34.70</b>	<b>08:40:49.40</b>	+02:45:04 (31.7%)	10:00	6 (68.2%)
20	<b>CHYĆKO Paulina</b>	<b>1110</b>	2 OREL / MARATOŃCZYK POZNAŃ	K30	20	02:01:52	03:52:12	06:24:26	<b>08:45:50.60</b>	<b>08:46:34.00</b>	+02:50:48 (32.4%)	10:06	5.9 (67.0%)
21	<b>WYSOCKA Iwona</b>	<b>1209</b>	KS JANUSZE	K30	21	02:06:24	04:09:07	06:41:35	<b>08:54:11.00</b>	<b>08:54:27.60</b>	+02:58:42 (33.4%)	10:16	5.8 (65.9%)
22	<b>GAWLIKOWSKA Agnieszka</b>	<b>1173</b>		K30	22	02:04:56	04:00:21	06:41:21	<b>09:01:57.65</b>	<b>09:02:00.55</b>	+03:06:15 (34.4%)	10:25	5.8 (65.9%)
23	<b>LARA Natalia</b>	<b>1278</b>	WARRIORS ŁÓDŹ	K30	23	02:23:14	04:31:09	07:01:53	<b>09:08:11.70</b>	<b>09:08:49.80</b>	+03:13:04 (35.2%)	10:32	5.7 (64.8%)
24	<b>MAJ Magdalena</b>	<b>1362</b>		K30	24	02:14:19	04:14:49	06:58:46	<b>09:16:19.45</b>	<b>09:16:59.80</b>	+03:21:14 (36.1%)	10:41	5.6 (63.6%)
25	<b>NOWOSIELSKA Magdalena</b>	<b>1311</b>	ASICS FRONTRUNNER POLAND	K30	25	02:21:16	04:30:34	07:21:26	<b>09:19:01.80</b>	<b>09:19:51.95</b>	+03:24:06 (36.5%)	10:45	5.6 (63.6%)
26	<b>CZABAN Katarzyna</b>	<b>1084</b>	KULAM SIĘ JAK GUMIKLYJZY	K30	26	02:18:00	04:23:06	07:04:13	<b>09:20:09.25</b>	<b>09:20:34.60</b>	+03:24:49 (36.5%)	10:46	5.6 (63.6%)
27	<b>KĘDRA Agnieszka</b>	<b>1016</b>	CARPATHIAN RUNNERS	K30	27	02:17:24	04:25:00	07:06:51	<b>09:27:52.15</b>	<b>09:28:27.20</b>	+03:32:41 (37.4%)	10:55	5.5 (62.5%)
28	<b>KADE Manuela</b>	<b>1343</b>		K30	28	02:09:12	04:13:45	06:59:11	<b>09:29:46.65</b>	<b>09:30:09.10</b>	+03:34:23 (37.6%)	10:57	5.5 (62.5%)
29	<b>MIKRUT Angelika</b>	<b>1187</b>		K30	29	02:13:50	04:23:46	07:08:42	<b>09:31:37.85</b>	<b>09:32:08.20</b>	+03:36:22 (37.8%)	10:59	5.5 (62.5%)
30	<b>WAŁACHOWSKA Urszula</b>	<b>1381</b>	SANOK BIEGA	K30	30	02:19:00	04:24:48	07:15:00	<b>09:35:54.00</b>	<b>09:36:36.50</b>	+03:40:51 (38.3%)	11:04	5.4 (61.4%)
31	<b>SZKAMRUK Alicja</b>	<b>4</b>	EXTREMALNI RZEŹNICY NA RELAKSIE	K30	31	02:19:20	04:30:33	07:15:36	<b>09:38:23.05</b>	<b>09:38:29.45</b>	+03:42:44 (38.5%)	11:07	5.4 (61.4%)
32	<b>HAŁASZYN Joanna</b>	<b>1328</b>		K30	32	02:20:57	04:32:11	07:22:09	<b>09:43:09.65</b>	<b>09:43:43.30</b>	+03:47:58 (39.1%)	11:12	5.4 (61.4%)
33	<b>KUJAWIAK Magdalena</b>	<b>1405</b>	NEED FOR SLEEP	K30	33	02:17:18	04:30:16	07:35:40	<b>09:50:03.50</b>	<b>09:50:57.00</b>	+03:55:11 (39.8%)	11:20	5.3 (60.2%)
34	<b>DRZEWIECKA-GAJDA Iwona</b>	<b>1034</b>	GAJDA TEAM	K30	34	02:21:03	04:35:39	07:32:51	<b>09:59:03.65</b>	<b>09:59:27.00</b>	+04:03:41 (40.7%)	11:31	5.2 (59.1%)
35	<b>CYRANA Monika</b>	<b>1365</b>		K30	35	02:12:35	04:19:49	07:08:06	<b>10:13:02.50</b>	<b>10:13:08.30</b>	+04:17:23 (42.0%)	11:47	5.1 (58.0%)
36	<b>KUBECKA Anna</b>	<b>1099</b>		K30	36	02:28:01	04:51:49	07:46:06	<b>10:12:53.15</b>	<b>10:13:21.00</b>	+04:17:35 (42.0%)	11:47	5.1 (58.0%)
37	<b>GAŁECKA-ZIÓŁKOWSKA Kinga</b>	<b>1013</b>		K30	37	02:29:16	04:54:01	07:50:35	<b>10:35:11.95</b>	<b>10:35:21.80</b>	+04:39:36 (44.0%)	12:12	4.9 (55.7%)
38	<b>KRUSZEWSKA Emilia</b>	<b>1257</b>		K30	38	02:31:56	05:05:35	08:17:46	<b>11:10:23.50</b>	<b>11:10:36.70</b>	+05:14:51 (47.0%)	12:53	4.7 (53.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
39	<b>MIŁOSZ Maria</b>	<b>1056</b>	KASZANKI	K30	39	02:53:43	05:46:32	09:30:28	<b>12:31:35.60</b>	<b>12:32:22.70</b>	+06:36:37 (52.7%)	14:27	4.2 (47.7%)
40	<b>WÓDZ Anna</b>	<b>1433</b>	SZAKALE BAŁUT ŁÓDŹ	K30	40	02:50:48	05:43:17	09:54:28	<b>12:54:31.50</b>	<b>12:55:19.85</b>	+06:59:34 (54.1%)	14:53	4 (45.5%)
40	<b>JAWORSKA Magdalena</b>	<b>1471</b>	SZAKALE BAŁUT ŁÓDŹ	K30	40	02:50:52	05:43:18	09:54:32	<b>12:54:30.65</b>	<b>12:55:19.85</b>	+06:59:34 (54.1%)	14:53	4 (45.5%)

Znaleziono 41 wynik(ów)