



II MIKOŁAJKOWY BIEG CHARYTATYWNY - BIEG DLA IZY

B4SPORT

Organizator: Zespół Szkół Ogólnokształcących nr 3 w Bydgoszczy
Data: 2017-12-03
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	JURCZYK Ewa	268		K-40	1	00:00:27	00:22:57.05	00:23:24.55		4:35	13.1 (100%)
2	SZYCZEWSKA Ewa	467		K-40	2	00:00:10	00:24:02.60	00:24:12.90	+00:01:05 (4.5%)	4:48	12.5 (95.4%)
3	KRUTUL Kasia	58	AMATOR	K-40	3	00:00:01	00:24:19.90	00:24:20.90	+00:01:22 (5.7%)	4:51	12.3 (93.9%)
4	DOLATA Magda	343		K-40	4	00:00:17	00:24:21.75	00:24:38.95	+00:01:24 (5.8%)	4:52	12.3 (93.9%)
5	JACKOWSKA Alicja	361		K-40	5	00:00:18	00:24:27.15	00:24:45.30	+00:01:30 (6.1%)	4:53	12.3 (93.9%)
6	WOJCIECHOWSKA Emilia	3		K-40	6	00:00:11	00:24:32.90	00:24:44.80	+00:01:35 (6.5%)	4:54	12.2 (93.1%)
7	GULSKA Barbara	328	GULAJE	K-40	7	00:00:01	00:25:12.75	00:25:13.90	+00:02:15 (9.0%)	5:02	11.9 (90.8%)
8	GROBELNA Angelika	383		K-40	8	00:00:17	00:25:12.90	00:25:30.40	+00:02:15 (9.0%)	5:02	11.9 (90.8%)
9	GADZIŃSKA Aleksandra	19		K-40	9	00:00:03	00:25:22.05	00:25:25.85	+00:02:25 (9.5%)	5:04	11.8 (90.1%)
10	GIERSEWSKA Grażyna	323		K-40	10	00:00:10	00:25:48.70	00:25:59.55	+00:02:51 (11.1%)	5:09	11.6 (88.5%)
11	MAZANOWSKA Ewa	87	RUN PASJA	K-40	11	00:00:00	00:26:01.40	00:26:01.40	+00:03:04 (11.8%)	5:12	11.5 (87.8%)
12	KALINOWSKA Kamila	337	RUN BYDGOSZCZ	K-40	12	00:00:35	00:26:12.45	00:26:48.25	+00:03:15 (12.4%)	5:14	11.4 (87.0%)
13	DURAŁEK Anna	376		K-40	13	00:00:26	00:26:36.00	00:27:02.45	+00:03:38 (13.7%)	5:19	11.3 (86.3%)
14	GRACZKOWSKA Mirosława	135		K-40	14	00:00:17	00:26:40.85	00:26:58.05	+00:03:43 (14.0%)	5:20	11.2 (85.5%)
15	TOMCZYK Agnieszka	173		K-40	15	00:00:09	00:27:17.95	00:27:27.65	+00:04:20 (15.9%)	5:27	11 (84.0%)
16	RYDELSKA Kinga	39		K-40	16	00:00:22	00:27:39.40	00:28:01.55	+00:04:42 (17.0%)	5:31	10.8 (82.4%)
17	JASKOWSKA-PAWSKA Danuta	524		K-40	17	00:00:24	00:27:55.50	00:28:20.40	+00:04:58 (17.8%)	5:35	10.7 (81.7%)
18	MINDYKOWSKA Anna	102	RUN BDG	K-40	18	00:00:36	00:27:59.75	00:28:36.60	+00:05:02 (18.0%)	5:36	10.7 (81.7%)
19	MINDYKOWSKA Beata	79	SZALONE INDIKI	K-40	19	00:00:36	00:28:12.50	00:28:48.50	+00:05:15 (18.6%)	5:38	10.6 (80.9%)
20	KRÓL Katarzyna	287		K-40	20	00:00:41	00:28:13.95	00:28:55.15	+00:05:16 (18.7%)	5:38	10.6 (80.9%)
21	MARIAŃSKA Emilia	286	SANIMAR	K-40	21	00:00:37	00:28:14.35	00:28:51.80	+00:05:17 (18.7%)	5:38	10.6 (80.9%)
22	NUNZEK Agnieszka	277		K-40	22	00:00:04	00:28:26.80	00:28:31.25	+00:05:29 (19.3%)	5:41	10.5 (80.2%)
23	BOROŃSKA Sylwia	592		K-40	23	00:00:32	00:28:55.05	00:29:27.30	+00:05:58 (20.6%)	5:47	10.4 (79.4%)
24	SZYMCZAK KLOSOWSKA Magdalena	249		K-40	24	00:00:43	00:29:04.75	00:29:48.50	+00:06:07 (21.1%)	5:49	10.3 (78.6%)
25	KAMZELEWSKA Beata	613		K-40	25	00:00:11	00:29:07.45	00:29:19.25	+00:06:10 (21.2%)	5:49	10.3 (78.6%)
26	TORZEWSKA Małgorzata	594		K-40	26	00:00:11	00:29:09.00	00:29:20.80	+00:06:11 (21.3%)	5:49	10.3 (78.6%)
27	ANDRZEJEWSKA Agata	296		K-40	27	00:00:37	00:29:22.30	00:30:00.20	+00:06:25 (21.9%)	5:52	10.2 (77.9%)

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28	WELGER Maria	558		K-40	28	00:00:51	00:29:28.20	00:30:19.50	+00:06:31 (22.1%)	5:53	10.2 (77.9%)
29	WESOŁOWSKA Daniela	172	SZURUSIE TEAM	K-40	29	00:00:35	00:29:35.60	00:30:10.90	+00:06:38 (22.4%)	5:55	10.1 (77.1%)
30	ROMIANOWSKA Agnieszka	412		K-40	30	00:00:30	00:29:38.80	00:30:09.20	+00:06:41 (22.6%)	5:55	10.1 (77.1%)
31	DUDZIŃSKA Małgorzata	214		K-40	31	00:00:24	00:30:18.30	00:30:42.40	+00:07:21 (24.3%)	6:03	9.9 (75.6%)
32	CHILEWSKA Lidia	427	CB163	K-40	32	00:00:59	00:30:36.70	00:31:36.50	+00:07:39 (25.0%)	6:07	9.8 (74.8%)
33	ZAMIATOWSKA Kinga	50	BELLA LINE BDG	K-40	33	00:00:30	00:30:46.75	00:31:17.65	+00:07:49 (25.4%)	6:09	9.7 (74.0%)
34	SKRZĄTEK Anna	587		K-40	34	00:00:30	00:30:47.45	00:31:18.00	+00:07:50 (25.5%)	6:09	9.7 (74.0%)
35	SZAJDA Magdalena	339		K-40	35	00:00:17	00:31:01.10	00:31:18.30	+00:08:04 (26.0%)	6:12	9.7 (74.0%)
36	PLUCIŃSKA-HUK Aleksandra	261	PACTUM	K-40	36	00:00:31	00:31:05.00	00:31:36.40	+00:08:07 (26.2%)	6:13	9.7 (74.0%)
37	STAFIEJ Barbara	480		K-40	37	00:00:18	00:31:08.20	00:31:26.50	+00:08:11 (26.3%)	6:13	9.6 (73.3%)
38	LEWANDOWSKA Beata	518		K-40	38	00:00:28	00:31:17.25	00:31:45.80	+00:08:20 (26.6%)	6:15	9.6 (73.3%)
39	BEDNACZEK Małgorzata	470		K-40	39	00:00:49	00:31:29.95	00:32:19.30	+00:08:32 (27.1%)	6:18	9.5 (72.5%)
40	GRALLA Aida	475		K-40	40	00:00:47	00:31:36.95	00:32:24.30	+00:08:39 (27.4%)	6:19	9.5 (72.5%)
41	SZULC Joanna	453		K-40	41	00:00:40	00:31:39.35	00:32:19.65	+00:08:42 (27.5%)	6:19	9.5 (72.5%)
42	PORAZIŃSKA Wiktoria	509		K-40	42	00:00:40	00:31:39.60	00:32:20.00	+00:08:42 (27.5%)	6:20	9.5 (72.5%)
43	JANUSZEWSKA Monika	631		K-40	43	00:00:25	00:32:05.25	00:32:31.05	+00:09:08 (28.5%)	6:25	9.3 (71.0%)
44	CHWIAŁKOWSKA Joanna	177		K-40	44	00:00:41	00:32:06.25	00:32:47.50	+00:09:09 (28.5%)	6:25	9.3 (71.0%)
45	PREWYSZ-KWINTO Joanna	551		K-40	45	00:00:44	00:32:07.85	00:32:52.45	+00:09:10 (28.6%)	6:25	9.3 (71.0%)
46	WESOŁOWSKA Ewa	549		K-40	46	00:00:44	00:32:08.10	00:32:52.65	+00:09:11 (28.6%)	6:25	9.3 (71.0%)
47	KOWALCZYK Violetta	460		K-40	47	00:00:39	00:32:25.70	00:33:05.40	+00:09:28 (29.2%)	6:29	9.2 (70.2%)
48	FERTYKOWSKA Magdalena	572		K-40	48	00:00:07	00:32:48.85	00:32:56.00	+00:09:51 (30.1%)	6:33	9.1 (69.5%)
49	DUDZIŃSKA Agnieszka	620		K-40	49	00:00:12	00:33:07.05	00:33:19.25	+00:10:10 (30.7%)	6:37	9.1 (69.5%)
50	ZELEK Aleksandra	169		K-40	50	00:00:56	00:33:40.50	00:34:36.60	+00:10:43 (31.8%)	6:44	8.9 (67.9%)
51	JAKUBOWSKA Beata	125	ELTRA W BIEGU	K-40	51	00:01:02	00:33:52.75	00:34:55.55	+00:10:55 (32.3%)	6:46	8.9 (67.9%)
52	MARECKA Sylwia	589		K-40	52	00:00:12	00:34:16.45	00:34:28.85	+00:11:19 (33.0%)	6:51	8.8 (67.2%)
53	KLABACHA Katarzyna	113		K-40	53	00:00:01	00:34:23.55	00:34:24.95	+00:11:26 (33.3%)	6:52	8.7 (66.4%)
54	FURGAL Maria	384		K-40	54	00:00:52	00:36:07.40	00:37:00.00	+00:13:10 (36.5%)	7:13	8.3 (63.4%)
55	CYBUL Anna	43		K-40	55	00:00:23	00:36:51.85	00:37:14.95	+00:13:54 (37.7%)	7:22	8.1 (61.8%)
56	FORDON Hanna	235		K-40	56	00:00:57	00:37:20.20	00:38:18.00	+00:14:23 (38.5%)	7:28	8 (61.1%)
57	KRZYWDZIŃSKA Alicja	66		K-40	57	00:00:30	00:37:28.15	00:37:59.00	+00:14:31 (38.7%)	7:29	8 (61.1%)

Znaleziono 57 wynik(ów)