



## II MIKOŁAJKOWY BIEG CHARYTATYWNY - BIEG DLA IZY

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

**Organizator:** Zespół Szkół Ogólnokształcących nr 3 w Bydgoszczy  
**Data:** 2017-12-03  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>WŁOCH Sylwester</b>	<b>539</b>		M-50	1	00:00:00	<b>00:20:34.05</b>	<b>00:20:34.05</b>		4:06	14.6 (100%)
2	<b>MUSIAŁ Marek</b>	<b>526</b>		M-50	2	00:00:02	<b>00:21:27.85</b>	<b>00:21:30.10</b>	+00:00:53 (4.2%)	4:17	14 (95.9%)
3	<b>MONDRY Waldemar</b>	<b>285</b>		M-50	3	00:00:05	<b>00:21:52.15</b>	<b>00:21:57.45</b>	+00:01:18 (6.0%)	4:22	13.7 (93.8%)
4	<b>KUFEL Dariusz</b>	<b>446</b>		M-50	4	00:00:04	<b>00:22:00.00</b>	<b>00:22:04.55</b>	+00:01:25 (6.5%)	4:24	13.6 (93.2%)
5	<b>MAŁECKI Janusz</b>	<b>398</b>	NZS	M-50	5	00:00:00	<b>00:22:03.65</b>	<b>00:22:03.65</b>	+00:01:29 (6.8%)	4:24	13.6 (93.2%)
6	<b>SZULC Edmund</b>	<b>199</b>		M-50	6	00:00:39	<b>00:22:31.20</b>	<b>00:23:10.20</b>	+00:01:57 (8.7%)	4:30	13.3 (91.1%)
7	<b>ĆWIKLIŃSKI Jarosław</b>	<b>541</b>		M-50	7	00:00:31	<b>00:22:39.35</b>	<b>00:23:10.50</b>	+00:02:05 (9.2%)	4:31	13.2 (90.4%)
8	<b>LUZAK Mirosław</b>	<b>33</b>	MWIK BYDGOSZCZ	M-50	8	00:00:07	<b>00:22:48.95</b>	<b>00:22:56.15</b>	+00:02:14 (9.9%)	4:33	13.1 (89.7%)
9	<b>ZIMNY Marek</b>	<b>124</b>	ELTRA W BIEGU	M-50	9	00:00:06	<b>00:23:02.15</b>	<b>00:23:08.45</b>	+00:02:28 (10.7%)	4:36	13 (89.0%)
10	<b>MARCINKOWSKI Jacek</b>	<b>385</b>	BYDZIO- ŁÓDŹ	M-50	10	00:00:07	<b>00:24:00.85</b>	<b>00:24:08.00</b>	+00:03:26 (14.4%)	4:48	12.5 (85.6%)
11	<b>CHMIELEWSKI Ireneusz</b>	<b>213</b>		M-50	11	00:00:12	<b>00:24:35.50</b>	<b>00:24:47.65</b>	+00:04:01 (16.4%)	4:55	12.2 (83.6%)
12	<b>RAKOWSKI Wiesław</b>	<b>114</b>	UKS KOPERNIK BYDGOSZCZ	M-50	12	00:00:18	<b>00:24:38.70</b>	<b>00:24:57.20</b>	+00:04:04 (16.5%)	4:55	12.2 (83.6%)
13	<b>WILIŃSKI Miłosz</b>	<b>49</b>	2. RWT SP	M-50	13	00:00:24	<b>00:24:43.25</b>	<b>00:25:07.60</b>	+00:04:09 (16.8%)	4:56	12.1 (82.9%)
14	<b>JAWORSKI Janusz</b>	<b>396</b>		M-50	14	00:00:01	<b>00:25:24.65</b>	<b>00:25:26.40</b>	+00:04:50 (19.1%)	5:05	11.8 (80.8%)
15	<b>ŚLIWA Andrzej</b>	<b>184</b>		M-50	15	00:00:26	<b>00:26:24.80</b>	<b>00:26:51.55</b>	+00:05:50 (22.1%)	5:17	11.4 (78.1%)
16	<b>KULCZYCKI Andrzej</b>	<b>237</b>		M-50	16	00:00:06	<b>00:26:40.30</b>	<b>00:26:46.35</b>	+00:06:06 (22.9%)	5:20	11.3 (77.4%)
17	<b>SROKA Dariusz</b>	<b>639</b>		M-50	17	00:00:00	<b>00:26:42.15</b>	<b>00:26:42.15</b>	+00:06:08 (23.0%)	5:20	11.2 (76.7%)
18	<b>LIWOCH Grzegorz</b>	<b>371</b>		M-50	18	00:00:21	<b>00:26:52.55</b>	<b>00:27:13.90</b>	+00:06:18 (23.5%)	5:22	11.2 (76.7%)
19	<b>LIGMAN Jerzy</b>	<b>246</b>		M-50	19	00:00:02	<b>00:26:58.25</b>	<b>00:27:00.85</b>	+00:06:24 (23.7%)	5:23	11.1 (76.0%)
20	<b>FIUT Kazimierz</b>	<b>74</b>		M-50	20	00:00:25	<b>00:27:28.65</b>	<b>00:27:53.65</b>	+00:06:54 (25.1%)	5:29	10.9 (74.7%)
21	<b>DROZ Krzysztof</b>	<b>208</b>	KD SERWIS	M-50	21	00:00:29	<b>00:29:13.40</b>	<b>00:29:43.30</b>	+00:08:39 (29.6%)	5:50	10.3 (70.5%)
22	<b>KUBOWICZ Piotr</b>	<b>89</b>	MAŁGOŚ .. TEAM	M-50	22	00:00:00	<b>00:29:48.60</b>	<b>00:29:49.30</b>	+00:09:14 (31.0%)	5:57	10.1 (69.2%)
23	<b>KAMBUŁ Waldemar</b>	<b>222</b>	NIEZRZESZONY	M-50	23	00:00:39	<b>00:30:52.95</b>	<b>00:31:32.70</b>	+00:10:18 (33.4%)	6:10	9.7 (66.4%)
24	<b>WOŹNIAK Jacek</b>	<b>183</b>	2. RWT SP	M-50	24	00:00:00	<b>00:36:51.50</b>	<b>00:36:51.50</b>	+00:16:17 (44.2%)	7:22	8.1 (55.5%)
25	<b>URBANOWICZ Dariusz</b>	<b>242</b>		M-50	25	00:00:54	<b>00:38:24.60</b>	<b>00:39:18.60</b>	+00:17:50 (46.5%)	7:40	7.8 (53.4%)

