



II MIKOŁAJKOWY KROSS GÓRSKI Z KOMANDORKIEM U KANTEGO

B4SPORT

Wydarzenie: II Mikołajkowy Kross Górski z Komandorkiem u Kantego
Organizator: Parafia pw. Św. Jana Kantego w Słupsku
Data: 2017-12-02
Miejsce: Słupsk
Dystans: 6 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
1	PELO Artur	102		M-OPEN	1	00:24:50.00		4:08	14.5 (100%)
2	KOZAK Arkadiusz	279	TKKF KOSZALIN	M-OPEN	2	00:26:58.05	+00:02:08 (7.9%)	4:29	13.3 (91.7%)
3	PACHOLCZYK Krzysztof	95	:)	M-OPEN	3	00:27:05.75	+00:02:15 (8.3%)	4:31	13.3 (91.7%)
4	MASŁOWSKI Mateusz	76	6. WOG USTKA/MASŁO_BIEGA	M-OPEN	4	00:27:18.50	+00:02:28 (9.1%)	4:33	13.2 (91.0%)
5	JURCZYSZYN Rafał	46	A&R	M-OPEN	5	00:27:45.55	+00:02:55 (10.5%)	4:37	13 (89.7%)
6	NAGÓREK Kamil	86	STOPA SLUPSK	M-OPEN	6	00:28:21.20	+00:03:31 (12.4%)	4:43	12.7 (87.6%)
7	DUDA Grzegorz	15	OSP BUKÓWKA	M-OPEN	7	00:29:02.40	+00:04:12 (14.5%)	4:50	12.4 (85.5%)
8	JAWORSKI Krzysztof	43		M-OPEN	8	00:30:55.45	+00:06:05 (19.7%)	5:09	11.6 (80.0%)
9	GIERLACH Jacek	238	STOPA SLUPSK	M-OPEN	9	00:31:10.65	+00:06:20 (20.3%)	5:11	11.6 (80.0%)
10	GRACHEL Przemek	27	NATRASIEAM	M-OPEN	10	00:31:27.65	+00:06:37 (21.1%)	5:14	11.4 (78.6%)
11	MEDWID Michał	78		M-OPEN	11	00:31:41.50	+00:06:51 (21.6%)	5:17	11.4 (78.6%)
12	ZIETARA Dawid	247		M-OPEN	12	00:31:45.40	+00:06:55 (21.8%)	5:17	11.3 (77.9%)
13	POLAŃSKI Błażej	103	LO REDZIKOWO	M-OPEN	13	00:31:54.00	+00:07:04 (22.2%)	5:19	11.3 (77.9%)
14	BANCEWICZ Tomasz	2	SALON KOSMETYCZNY DIAMENT	M-OPEN	14	00:32:08.10	+00:07:18 (22.7%)	5:21	11.2 (77.2%)
15	PIEKAC Karol	98		M-OPEN	15	00:32:19.95	+00:07:29 (23.2%)	5:23	11.1 (76.6%)
16	KOŁTONOWSKI Jakub	55		M-OPEN	16	00:32:33.55	+00:07:43 (23.7%)	5:25	11.1 (76.6%)
17	KRZACZKOWSKI Paweł	65	LYNXNET STĘŻYCA	M-OPEN	17	00:32:42.15	+00:07:52 (24.1%)	5:27	11 (75.9%)
18	KOSICKI Kajetan	276		M-OPEN	18	00:32:49.25	+00:07:59 (24.3%)	5:28	11 (75.9%)
19	PARUSZEWSKI Robert	87	BOJANO BIEGA	M-OPEN	19	00:32:50.45	+00:08:00 (24.4%)	5:28	11 (75.9%)
20	FABICH Adrian	277		M-OPEN	20	00:32:51.95	+00:08:01 (24.4%)	5:28	11 (75.9%)
21	STEFANIAK Marcin	125		M-OPEN	21	00:32:55.95	+00:08:05 (24.6%)	5:29	10.9 (75.2%)
22	WILMONT Krzysztof	239	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	Żołnierze M	1	00:33:00.05	+00:08:10 (24.7%)	5:30	10.9 (75.2%)
23	GAŁOWSKI Dariusz	261		M-OPEN	22	00:33:01.75	+00:08:11 (24.8%)	5:30	10.9 (75.2%)
24	BOGUMIŁOW Marcin	6		M-OPEN	23	00:33:17.25	+00:08:27 (25.4%)	5:33	10.8 (74.5%)
25	CIERAPIŃSKI Marek	246		M-OPEN	24	00:33:27.35	+00:08:37 (25.8%)	5:34	10.8 (74.5%)
26	JANKOWSKI Grzegorz	36	ŚWIAT PŁYTEK U KRYSPIŃSKA	M-OPEN	25	00:33:30.00	+00:08:40 (25.9%)	5:35	10.7 (73.8%)
27	ZIELIŃSKI Kacper	151		M-OPEN	26	00:33:34.65	+00:08:44 (26.0%)	5:35	10.7 (73.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
28	MEISSNER Bogusław	79	K.B. SPRINT ŚWIDWIN	M-OPEN	27	00:33:36.90	+00:08:46 (26.1%)	5:36	10.7 (73.8%)
29	OLESEK Jerzy	94	SZKOŁA PODOFICERSKA MARYNARKI WOJENNEJ	Żołnierze M	2	00:33:37.30	+00:08:47 (26.1%)	5:36	10.7 (73.8%)
30	ROLBIECKI Łukasz	181		M-OPEN	28	00:33:46.15	+00:08:56 (26.5%)	5:37	10.7 (73.8%)
31	PIOTROWSKI Mirosław	101	STOPA SŁUPSK	M-OPEN	29	00:33:47.30	+00:08:57 (26.5%)	5:37	10.7 (73.8%)
32	ŁUKASZEWSKI Dawid	72		M-OPEN	30	00:34:03.55	+00:09:13 (27.1%)	5:40	10.6 (73.1%)
33	BONDARENKO Jan	7	BIEGAJŁOSŁUPSK	M-OPEN	31	00:34:11.95	+00:09:21 (27.4%)	5:42	10.5 (72.4%)
34	BIKUN Łukasz	228		M-OPEN	32	00:34:13.00	+00:09:23 (27.4%)	5:42	10.5 (72.4%)
35	TRUSIAK Mateusz	140		M-OPEN	33	00:34:39.15	+00:09:49 (28.3%)	5:46	10.4 (71.7%)
36	KASPERSKI Dariusz	235		Żołnierze M	3	00:34:42.90	+00:09:52 (28.5%)	5:47	10.4 (71.7%)
37	OLECHNOWICZ Zbigniew	93	TUPOT USTKA	M-OPEN	34	00:34:45.00	+00:09:55 (28.5%)	5:47	10.4 (71.7%)
38	POPRAWSKI Patryk	105		M-OPEN	35	00:34:45.95	+00:09:55 (28.6%)	5:47	10.4 (71.7%)
39	PIETRASIK Przemysław	100		M-OPEN	36	00:34:50.55	+00:10:00 (28.7%)	5:48	10.3 (71.0%)
40	JAROSZ Dariusz	40	TKKF KOSZALIN	M-OPEN	37	00:34:53.25	+00:10:03 (28.8%)	5:48	10.3 (71.0%)
41	JAROSZ Jakub	39	TKKF KOSZALIN	M-OPEN	38	00:34:53.60	+00:10:03 (28.8%)	5:49	10.3 (71.0%)
42	KLINKUSZ Adrian	170	MARKOS RUNNING TEAM	M-OPEN	39	00:34:58.50	+00:10:08 (29.0%)	5:49	10.3 (71.0%)
43	CZERWIŃSKI Waldemar	221	MARKOS RUNNING TEAM	M-OPEN	40	00:34:58.80	+00:10:08 (29.0%)	5:49	10.3 (71.0%)
44	KACZMAROWSKI Andrzej	47		M-OPEN	41	00:34:59.55	+00:10:09 (29.0%)	5:50	10.3 (71.0%)
45	DYŚ Jarosław	234	MARKOS RUNNING TEAM	M-OPEN	42	00:35:02.45	+00:10:12 (29.1%)	5:50	10.3 (71.0%)
46	JĘCEK Krzysztof	44	MARKOS RUNNING TEAM	M-OPEN	43	00:35:02.60	+00:10:12 (29.1%)	5:50	10.3 (71.0%)
47	JAROS Adam	38		M-OPEN	44	00:35:17.20	+00:10:27 (29.6%)	5:52	10.2 (70.3%)
48	KWAŚNIAK Zdzisław	236	STOPA SLUPSK	M-OPEN	45	00:35:41.90	+00:10:51 (30.4%)	5:56	10.1 (69.7%)
49	TOMCZAK Dominik	233		M-OPEN	46	00:35:42.20	+00:10:52 (30.4%)	5:57	10.1 (69.7%)
50	CHODOROWKI Tomasz	232	PWSZ KOSZALIN	M-OPEN	47	00:36:03.85	+00:11:13 (31.1%)	6:00	10 (69.0%)
51	GRULKOWSKI Damian	30		M-OPEN	48	00:36:26.50	+00:11:36 (31.9%)	6:04	9.9 (68.3%)
52	SKUZA Dawid	121		M-OPEN	49	00:36:44.95	+00:11:54 (32.4%)	6:07	9.8 (67.6%)
53	KOZUB Tomasz	61	ŁOSOŚ T.E.A.M.:	M-OPEN	50	00:37:32.25	+00:12:42 (33.8%)	6:15	9.6 (66.2%)
54	DUBACKI Stanisław	14	NIGHTRUNNERS SŁUPSK.	M-OPEN	51	00:37:35.95	+00:12:45 (34.0%)	6:16	9.6 (66.2%)
55	DAWIDOWICZ Łukasz	258		M-OPEN	52	00:37:37.55	+00:12:47 (34.0%)	6:16	9.6 (66.2%)
56	GREBIENIK Andrzej	29	W.P.K SŁOŃ TEAM	M-OPEN	53	00:37:38.30	+00:12:48 (34.0%)	6:16	9.6 (66.2%)
57	ANDRZEJCZAK Sławomir	1	GRZESŁAW USTKA	M-OPEN	54	00:38:12.00	+00:13:22 (35.0%)	6:22	9.4 (64.8%)
58	ZBLEWSKI Patryk	135		M-OPEN	55	00:38:18.90	+00:13:28 (35.2%)	6:23	9.4 (64.8%)
59	ZANIEWSKI Grzegorz	149		M-OPEN	56	00:38:34.90	+00:13:44 (35.6%)	6:25	9.3 (64.1%)
60	SZAFIRSKI Marek	129	CAMINO SŁUPSK	M-OPEN	57	00:39:58.25	+00:15:08 (37.9%)	6:39	9 (62.1%)
61	KOWALSKI Krzysztof	59	STOPA- SŁUPSK	M-OPEN	58	00:40:08.15	+00:15:18 (38.1%)	6:41	9 (62.1%)
62	GIEŁAŻYN Łukasz	278		M-OPEN	59	00:40:26.10	+00:15:36 (38.6%)	6:44	8.9 (61.4%)
63	SZMIGIERO Arkadiusz	132	W.P.K. SŁOŃ TEAM	Żołnierze M	4	00:40:43.10	+00:15:53 (39.0%)	6:47	8.8 (60.7%)
64	STEVENOR Jason	126	NSF REDZIKOWO	M-OPEN	60	00:40:59.00	+00:16:09 (39.4%)	6:49	8.8 (60.7%)
65	BOŚ Sebastian	8		M-OPEN	61	00:41:01.65	+00:16:11 (39.5%)	6:50	8.8 (60.7%)
66	GILBERT Rick	25	NSF REDZIKOWO	M-OPEN	62	00:41:08.20	+00:16:18 (39.6%)	6:51	8.8 (60.7%)
67	MIELCZAREK Mateusz	209		M-OPEN	63	00:41:23.80	+00:16:33 (40.0%)	6:53	8.7 (60.0%)
68	KASZOWSKI Rafał	252		M-OPEN	64	00:41:27.45	+00:16:37 (40.1%)	6:54	8.7 (60.0%)
69	STANIASZEK Bogusaw	199		M-OPEN	65	00:41:46.00	+00:16:56 (40.5%)	6:57	8.6 (59.3%)
70	ŻAK Rafał	152		Żołnierze M	5	00:41:50.20	+00:17:00 (40.6%)	6:58	8.6 (59.3%)
71	KIELAR Robert	51		Żołnierze M	6	00:41:51.60	+00:17:01 (40.7%)	6:58	8.6 (59.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
72	MAJCHRZAK Dariusz	73	CENTRALNY POLIGON SIŁ POWIETRZNYCH	Żołnierze M	7	00:41:51.80	+00:17:01 (40.7%)	6:58	8.6 (59.3%)
73	ZBLEWSKI Radosław	150	CENTRALNY POLIGON SIŁ POWIETRZNYCH	Żołnierze M	8	00:41:52.90	+00:17:02 (40.7%)	6:58	8.6 (59.3%)
74	ZALEWSKI Grzegorz	148	GRZESŁAW USTKA IGMAR TEAM	M-OPEN	66	00:41:53.55	+00:17:03 (40.7%)	6:59	8.6 (59.3%)
75	MŁYNARCZYK Zbigniew	80	CPSP USTKA	Żołnierze M	9	00:41:54.60	+00:17:04 (40.7%)	6:59	8.6 (59.3%)
76	GAFFKE Krzysztof	163	W.P.K. SŁOŃ TEAM	M-OPEN	67	00:41:54.65	+00:17:04 (40.7%)	6:59	8.6 (59.3%)
77	RUCZAJ Krzysztof	112	CSMW USTKA	Żołnierze M	10	00:41:55.15	+00:17:05 (40.8%)	6:59	8.6 (59.3%)
78	KOZIEŁ Krzysztof	60	SZKOŁA PODOFICERSKA MARYNARKI WOJENNEJ W USTCE	Żołnierze M	11	00:41:55.75	+00:17:05 (40.8%)	6:59	8.6 (59.3%)
79	SIERADZKI Mariusz	115		Żołnierze M	12	00:41:55.90	+00:17:05 (40.8%)	6:59	8.6 (59.3%)
80	MAJCHRZAK Łukasz	74	CENTRALNY POLIGON SIŁ POWIETRZNYCH	Żołnierze M	13	00:41:56.95	+00:17:06 (40.8%)	6:59	8.6 (59.3%)
81	SZAFIRSKI Kacper	128	CAMINO SŁUPSK	M-OPEN	68	00:42:05.30	+00:17:15 (41.0%)	7:00	8.6 (59.3%)
82	BRZEZICKI Łukasz	10		M-OPEN	69	00:42:10.90	+00:17:20 (41.1%)	7:01	8.5 (58.6%)
83	JASKÓLSKI Piotr	41	NIGHT RUNNERS SŁUPSK	M-OPEN	70	00:42:29.20	+00:17:39 (41.6%)	7:04	8.5 (58.6%)
84	SŁOJKA Paweł	259		M-OPEN	71	00:42:32.15	+00:17:42 (41.6%)	7:05	8.5 (58.6%)
85	RYCHLIŃSKI Damian	113		M-OPEN	72	00:42:32.55	+00:17:42 (41.6%)	7:05	8.5 (58.6%)
86	SZEWCZUK Piotr	130		M-OPEN	73	00:42:33.05	+00:17:43 (41.6%)	7:05	8.5 (58.6%)
87	FORMELA Krzysztof	242		M-OPEN	74	00:42:42.60	+00:17:52 (41.9%)	7:07	8.4 (57.9%)
88	WENCŁAWSKI Michał	141	ARAGORTEAM\NIGHT RUNNERS SŁUPSK	M-OPEN	75	00:42:44.20	+00:17:54 (41.9%)	7:07	8.4 (57.9%)
89	HELINSKI Jakub	237		M-OPEN	76	00:42:58.65	+00:18:08 (42.2%)	7:09	8.4 (57.9%)
90	NOWICKI Mateusz	92	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	Żołnierze M	14	00:43:03.20	+00:18:13 (42.3%)	7:10	8.4 (57.9%)
91	FRUBA Andrzej	23		M-OPEN	77	00:43:13.50	+00:18:23 (42.5%)	7:12	8.3 (57.2%)
92	TRUBACZ Dariusz	138	CPSP USTKA	Żołnierze M	15	00:43:53.40	+00:19:03 (43.4%)	7:18	8.2 (56.6%)
93	SZYMAŃSKI Rafał	229		M-OPEN	78	00:44:01.30	+00:19:11 (43.6%)	7:20	8.2 (56.6%)
94	MURAWSKI Rafał	84	AŚNAEBAEM	Żołnierze M	16	00:44:08.45	+00:19:18 (43.7%)	7:21	8.2 (56.6%)
95	WIŚNIEWSKI Radosław	144	RADOSŁAW WIŚNIEWSKI	M-OPEN	79	00:44:10.95	+00:19:20 (43.8%)	7:21	8.1 (55.9%)
96	JONIK Maciej	45	MJR	Żołnierze M	17	00:44:18.35	+00:19:28 (44.0%)	7:23	8.1 (55.9%)
97	KARWASZ Krzysztof	49		M-OPEN	80	00:44:32.85	+00:19:42 (44.3%)	7:25	8.1 (55.9%)
98	DOMAROS Marcin	241		M-OPEN	81	00:45:09.05	+00:20:19 (45.0%)	7:31	8 (55.2%)
99	PIWOWARSKI Krzysztof	240		M-OPEN	82	00:45:10.65	+00:20:20 (45.0%)	7:31	8 (55.2%)
100	ADAMSKI Seweryn	272		M-OPEN	83	00:45:23.75	+00:20:33 (45.3%)	7:33	7.9 (54.5%)
101	KRYGIER Ireneusz	63	W.P.K. SŁOŃ TEAM USTKA	Żołnierze M	18	00:46:13.85	+00:21:23 (46.3%)	7:42	7.8 (53.8%)
102	KLEBAN Paweł	53	SZYBKIE ZIOMKI	M-OPEN	84	00:46:37.70	+00:21:47 (46.7%)	7:46	7.7 (53.1%)
103	KIJOWIEC Tomasz	52	BRAK	Żołnierze M	19	00:47:06.05	+00:22:16 (47.3%)	7:51	7.6 (52.4%)
104	SOWIŃSKI Maciej	123	CENTRALNY POLIGON SIŁ POWIETRZNYCH	Żołnierze M	20	00:47:06.95	+00:22:16 (47.3%)	7:51	7.6 (52.4%)
105	KOSICKI Piotr	208		M-OPEN	85	00:47:54.55	+00:23:04 (48.2%)	7:59	7.5 (51.7%)
106	PARZYBÓT Adam	154		M-OPEN	86	00:48:16.80	+00:23:26 (48.6%)	8:02	7.5 (51.7%)
107	ROGOZIŃSKI Henryk	202		Rodziny	1	00:48:21.90	+00:23:31 (48.7%)	8:03	7.4 (51.0%)
108	KWIATKOWSKI Mateusz	204		Rodziny	4	00:49:19.50	+00:24:29 (49.7%)	8:13	7.3 (50.3%)
109	FIRLONG Maciej	21	MARKOS RUNNING TEAM	M-OPEN	87	00:50:24.05	+00:25:34 (50.7%)	8:24	7.1 (49.0%)
110	JAKOSALEM Paul	35	NSF REDZIKOWO	M-OPEN	88	00:50:57.30	+00:26:07 (51.3%)	8:29	7.1 (49.0%)
111	SZMIGIERO Sebastian	134	W.P.K. SŁOŃ TEAM	M-OPEN	89	00:52:49.35	+00:27:59 (53.0%)	8:48	6.8 (46.9%)
112	JANKOWSKI Paweł	37		M-OPEN	90	00:53:05.05	+00:28:15 (53.2%)	8:50	6.8 (46.9%)
113	KOS Krystian	57	CPSP USTKA	Żołnierze M	21	00:55:16.45	+00:30:26 (55.1%)	9:12	6.5 (44.8%)
114	GZIK Seweryn	275	WPK SŁOŃ	M-OPEN	91	00:57:07.20	+00:32:17 (56.5%)	9:31	6.3 (43.4%)
115	GZIK Radosław	33	W.P.K. SŁOŃ TEAM USTKA	M-OPEN	92	00:57:07.95	+00:32:17 (56.5%)	9:31	6.3 (43.4%)

Znaleziono 115 wynik(ów)