



Ludowy Klub Sportowy  
OSTROMECKO

## II OSTROMECKI DUATHLON MTB

B4SPORT

**Wydarzenie:**

Weekend sportowy - Ostromecko, Dąbrowa  
Chełmińska

**Organizator:**

Ludowy Klub Sportowy Ostromecko

**Data:**

2022-10-01

**Miejsce:**

Ostromecko

**Dystans:**

27.5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

| Msc | Zawodnik              | Numer | Klub                   | Kategoria | Mkat | Mieszkaniec<br>Gminy Dąbrowa<br>Chełmińska | Bieg 5<br>5km | 5.05km   | Rower<br>20<br>25km | 25.05km  | Czas<br>netto<br>27.5km | Czas<br>brutto<br>27.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h   |
|-----|-----------------------|-------|------------------------|-----------|------|--------------------------------------------|---------------|----------|---------------------|----------|-------------------------|--------------------------|----------------------|-----------------|-----------------|
| 1   | KOTŁOWSKI<br>Bartosz  | 46    | LKS OSTROMECKO         | M30       | 1    | Tak                                        | 00:16:14      | 00:17:06 | 01:03:28            | 01:04:17 | 01:13:16.20             | 01:13:16.20              |                      | 2:39            | 22.5<br>(100%)  |
| 2   | RYMER Jakub           | 82    |                        | M30       | 2    |                                            | 00:18:34      | 00:19:10 | 01:04:22            | 01:04:57 | 01:14:39.80             | 01:14:39.80              | +00:01:23<br>(1.9%)  | 2:42            | 22.1<br>(98.2%) |
| 3   | ŚLIWIŃSKI<br>Łukasz   | 87    | LKS OSTROMECKO         | M30       | 3    | Tak                                        | 00:18:50      | 00:19:40 | 01:06:42            | 01:07:19 | 01:17:47.25             | 01:17:47.25              | +00:04:31<br>(5.8%)  | 2:49            | 21.2<br>(94.2%) |
| 4   | ZIÓŁKOWSKI<br>Włodek  | 101   |                        | M30       | 4    |                                            | 00:19:48      | 00:20:45 | 01:14:28            | 01:15:11 | 01:26:09.50             | 01:26:09.50              | +00:12:53<br>(15.0%) | 3:07            | 19.2<br>(85.3%) |
| 5   | KALOTA Tomasz         | 42    |                        | M30       | 5    |                                            | 00:19:17      | 00:20:02 | 01:17:33            | 01:18:04 | 01:28:27.70             | 01:28:27.70              | +00:15:11<br>(17.2%) | 3:12            | 18.7<br>(83.1%) |
| 6   | LICA Szymon           | 52    | SISU-OWB ROWERTOUR.COM | M30       | 6    |                                            | 00:21:19      | 00:22:16 | 01:18:13            | 01:18:51 | 01:30:27.85             | 01:30:27.85              | +00:17:11<br>(19.0%) | 3:17            | 18.2<br>(80.9%) |
| 7   | BOROWSKI<br>Radosław  | 6     | MLKS KRAJNA SĘPÓLNO    | M30       | 7    |                                            | 00:21:58      | 00:23:01 | 01:20:59            | 01:21:48 | 01:33:50.55             | 01:33:50.55              | +00:20:34<br>(21.9%) | 3:24            | 17.6<br>(78.2%) |
| 8   | RUCIŃSKI<br>Tymon     | 81    |                        | M30       | 8    |                                            | 00:22:56      | 00:23:36 | 01:21:06            | 01:21:42 | 01:34:12.00             | 01:34:12.00              | +00:20:55<br>(22.2%) | 3:25            | 17.5<br>(77.8%) |
| 9   | RENC Patryk           | 76    | SERCE TYBETU           | M30       | 9    |                                            | 00:22:28      | 00:23:48 | 01:23:34            | 01:24:30 | 01:35:52.95             | 01:35:52.95              | +00:22:36<br>(23.6%) | 3:29            | 17.2<br>(76.4%) |
| 10  | PUCHACZ<br>Marcin     | 75    |                        | M30       | 10   |                                            | 00:23:27      | 00:24:43 | 01:23:33            | 01:24:08 | 01:36:11.85             | 01:36:11.85              | +00:22:55<br>(23.8%) | 3:29            | 17.2<br>(76.4%) |
| 11  | WESTFALEWSKI<br>Tomek | 93    | LKS BOGMAR OSTROMECKO  | M30       | 11   | Tak                                        | 00:23:23      | 00:24:30 | 01:25:31            | 01:26:21 | 01:38:26.00             | 01:38:26.00              | +00:25:09<br>(25.6%) | 3:34            | 16.8<br>(74.7%) |
| 12  | ŚLIWIŃSKI<br>Mariusz  | 106   |                        | M30       | 12   | Tak                                        | 00:26:07      | 00:26:54 | 01:25:15            | 01:25:53 | 01:39:42.00             | 01:39:42.00              | +00:26:25<br>(26.5%) | 3:37            | 16.5<br>(73.3%) |
| 13  | ZIELIŃSKI<br>Radosław | 100   |                        | M30       | 13   |                                            | 00:27:38      | 00:28:51 | 01:29:18            | 01:30:51 | 01:45:37.65             | 01:45:37.65              | +00:32:21<br>(30.6%) | 3:50            | 15.6<br>(69.3%) |
| 14  | WINIECKI Paweł        | 105   |                        | M30       | 14   |                                            | 00:23:14      | 00:24:33 | 01:38:34            | 01:39:44 | 01:52:15.05             | 01:52:15.05              | +00:38:58<br>(34.7%) | 4:04            | 14.7<br>(65.3%) |
| 15  | KOLASSA Robert        | 102   |                        | M30       | 15   |                                            | 00:21:25      | 00:22:14 | 01:43:24            | 01:43:57 | 01:57:31.85             | 01:57:31.85              | +00:44:15<br>(37.7%) | 4:16            | 14<br>(62.2%)   |

Znaleziono 15 wynik(ów)