



## II OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING 2022- POLANICA-ZDRÓJ - 5KM - 10/4

B4SPORT

**Event:** II Otwarte Górskie Mistrzostwa Polski Nordic Walking 2022  
**Organiser:** Polskie Zrzeszenie Nordic Walking  
**Date:** 2022-07-02  
**Place:** Polanica-Zdrój  
**Distance:** 5 km



Classification: K65-69

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>NIEDŹWIECKA Małgorzata</b>	<b>232</b>	NORDIC TEAM CZĘSTOCHOWA	K65-69	1			<b>00:43:33.00</b>		8:42	6.9 (100%)
2	<b>WNEK Ewa</b>	<b>330</b>	KGHM METRACO	K65-69	2			<b>00:44:01.65</b>	+00:00:28 (1.1%)	8:48	6.8 (98.6%)
3	<b>GAŁKOWSKA Elżbieta</b>	<b>156</b>	KGHM METRACO	K65-69	3			<b>00:44:02.15</b>	+00:00:29 (1.1%)	8:48	6.8 (98.6%)
4	<b>ŁOPATKA Czesław</b>	<b>332</b>		K65-69	4			<b>00:50:09.10</b>	+00:06:36 (13.2%)	10:01	6 (87.0%)
5	<b>ARTYMICZ Maria</b>	<b>325</b>		K65-69	5			<b>00:51:55.90</b>	+00:08:22 (16.1%)	10:23	5.8 (84.1%)
6	<b>SZNAJDER Teresa</b>	<b>286</b>		K65-69	6			<b>00:52:26.25</b>	+00:08:53 (16.9%)	10:29	5.7 (82.6%)
7	<b>JAGIEŁŁA Danuta</b>	<b>178</b>	NORDICUS STRZYBNICA	K65-69	7			<b>00:52:29.95</b>	+00:08:56 (17.0%)	10:29	5.7 (82.6%)
8	<b>MĘDRAK Alicja</b>	<b>227</b>		K65-69	8			<b>00:53:19.40</b>	+00:09:46 (18.3%)	10:39	5.6 (81.2%)
9	<b>PONIATOWSKA Alina</b>	<b>259</b>	NORDICUS STRZYBNICA	K65-69	9			<b>00:58:47.40</b>	+00:15:14 (25.9%)	11:45	5.1 (73.9%)
10	<b>BRZozowska Urszula</b>	<b>129</b>	ŻBIKI NORDIC WALKING	K65-69	10			<b>00:58:51.35</b>	+00:15:18 (26.0%)	11:46	5.1 (73.9%)

Total 10 results.