



II OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING 2022- POLANICA-ZDRÓJ - 5KM - 10/4

B4SPORT

Wydarzenie: II Otwarte Górskie Mistrzostwa Polski Nordic Walking 2022
Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2022-07-02
Miejsce: Polanica-Zdrój
Dystans: 5 km



Klasyfikacja: M55-59

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|------------|--|-----------|------|----------------|-----------------|----------------------|----------------------|-----------------|----------------|
| 1 | ORDZOWIAŁY Piotr | 240 | NIWAOSIELEC | M55-59 | 1 | | | 00:33:15.10 | | 6:39 | 9 (100%) |
| 2 | ROŻYNEK Miron | 270 | KGHM METRACO | M55-59 | 2 | | | 00:35:31.20 | +00:02:16 (6.4%) | 7:06 | 8.4 (93.3%) |
| 3 | RE CZULSKI Mariusz | 266 | SMS EFEKT CZĘSTOCHOWA | M55-59 | 3 | | | 00:35:57.35 | +00:02:42 (7.5%) | 7:11 | 8.3 (92.2%) |
| 4 | BREWKA Joachim | 128 | NORDIC SPORT 2021 | M55-59 | 4 | | | 00:36:43.30 | +00:03:28 (9.4%) | 7:20 | 8.2 (91.1%) |
| 5 | GUDZIO Maciej | 170 | NORDIC WALKING KIEKRZ POLAND | M55-59 | 5 | | | 00:37:57.25 | +00:04:42 (12.4%) | 7:35 | 7.9 (87.8%) |
| 6 | CZŁAPSKI Krzysztof | 140 | NW CZŁAPSKI TEAM | M55-59 | 6 | | | 00:39:34.00 | +00:06:18 (16.0%) | 7:54 | 7.6 (84.4%) |
| 7 | KROMSKI Paweł | 199 | NORDIC WALKING KIEKRZ POLAND | M55-59 | 7 | | | 00:39:36.30 | +00:06:21 (16.0%) | 7:55 | 7.6 (84.4%) |
| 8 | MAJCHRZAK Dariusz | 220 | REGIONALNE CENTRUM KRWIODAWSTWA I KRWIOLECZNICTWA WROCŁAW- | M55-59 | 8 | | | 00:42:51.90 | +00:09:36 (22.4%) | 8:34 | 7 (77.8%) |
| 9 | STONCEK Mieczysław | 335 | | M55-59 | 9 | | | 00:45:28.60 | +00:12:13 (26.9%) | 9:05 | 6.6 (73.3%) |
| 10 | PRACKI Zbigniew | 261 | SERCE NORDICA WŁOCŁAWEK | M55-59 | 10 | 1 | | 00:46:24.40 | +00:13:09 (28.3%) | 9:16 | 6.5 (72.2%) |
| 11 | HASIAK Aleksander | 175 | | M55-59 | 11 | 1 | | 00:47:32.25 | +00:14:17 (30.1%) | 9:30 | 6.3 (70.0%) |
| 12 | KUMASZKA Jan | 207 | KLUB SPORTOWY NORDIC WALKING BEŁCHATÓW | M55-59 | 12 | | | 00:48:27.55 | +00:15:12 (31.4%) | 9:41 | 6.2 (68.9%) |

Znaleziono 12 wynik(ów)