



## II OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING 2022- POLANICA-ZDRÓJ - 5KM - 10/4

B4SPORT

**Event:** II Otwarte Górskie Mistrzostwa Polski Nordic Walking 2022  
**Organiser:** Polskie Zrzeszenie Nordic Walking  
**Date:** 2022-07-02  
**Place:** Polanica-Zdrój  
**Distance:** 5 km



Classification: M75-79

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>SZYMAŃSKI Stefan</b>	<b>292</b>	XV KOŁO PZERII W DYWITACH	M75-79	1			<b>00:41:05.30</b>		8:13	7.3 (100%)
2	<b>RYBAŁTOWSKI Paweł</b>	<b>272</b>	OBORYGENI	M75-79	2			<b>00:44:53.35</b>	+00:03:48 (8.5%)	8:58	6.7 (91.8%)
3	<b>ADAMOWICZ Andrzej</b>	<b>121</b>		M75-79	3			<b>00:48:03.50</b>	+00:06:58 (14.5%)	9:36	6.2 (84.9%)
4	<b>REMISZEWSKI Adam</b>	<b>267</b>	UTW OLEŚNICA	M75-79	4			<b>00:48:06.15</b>	+00:07:00 (14.6%)	9:37	6.2 (84.9%)
5	<b>GOGOLIN Jerzy</b>	<b>160</b>		M75-79	5	1		<b>00:48:53.05</b>	+00:07:47 (15.9%)	9:46	6.1 (83.6%)
6	<b>PIĄTKOWSKI Józef</b>	<b>245</b>	KGHM METRACO	M75-79	6			<b>00:51:21.30</b>	+00:10:16 (20.0%)	10:16	5.8 (79.5%)
7	<b>JEDYNAK Stanisław</b>	<b>184</b>	ŻBIKI NORDIC WALKING	M75-79	7			<b>00:51:29.50</b>	+00:10:24 (20.2%)	10:17	5.8 (79.5%)

Total 7 results.