



## II OTWARTE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE

B4SPORT

**Event:** II Otwarte Mistrzostwa Polski Nordic Walking w Półmaratonie  
**Organiser:** Polskie Zrzeszenie Nordic Walking, Urząd Miasta Tarnowskie Góry  
**Date:** 2022-05-29  
**Place:** Tarnowskie Góry / Strzybnica  
**Distance:** 21.1 km



Classification: K45-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	7.033km	14.066km	Net time 21.1km	Gap	Pace min/km	Pace km/h
1	JARUGA Beata	36		K45-49	1			00:51:49	01:44:03	<b>02:35:59.18</b>		7:23	8.1 (100%)
2	GUTOWSKA Magda	33	PAUL TEAM	K45-49	2			00:51:45	01:44:20	<b>02:38:43.05</b>	+00:02:43 (1.7%)	7:31	8 (98.8%)
3	JUZOF Iwona	38		K45-49	3			00:53:02	01:47:54	<b>02:43:52.79</b>	+00:07:53 (4.8%)	7:45	7.7 (95.1%)
4	KNAPCZYK-KANIA Gabriela	42	WŁÓCZYKIJKI	K45-49	4	1		00:53:42	01:48:56	<b>02:43:55.05</b>	+00:07:55 (4.8%)	7:46	7.7 (95.1%)
5	GARBUZ Agnieszka	28		K45-49	5			00:54:29	01:50:43	<b>02:48:20.65</b>	+00:12:21 (7.3%)	7:58	7.5 (92.6%)
6	NOVOTNÁ Renata	70		K45-49	6			00:55:22	01:52:02	<b>02:48:41.83</b>	+00:12:42 (7.5%)	7:59	7.5 (92.6%)
7	WOJDAT Kasia	111	HARPAGAN SOSNOWIEC	K45-49	7	1		00:55:47	01:53:21	<b>02:51:44.38</b>	+00:15:45 (9.2%)	8:08	7.4 (91.4%)
8	GRATKA Beata	31		K45-49	8			00:58:00	01:56:47	<b>02:57:37.48</b>	+00:21:38 (12.2%)	8:25	7.1 (87.7%)
9	ROPELEWSKA Edyta	84	KATOWICKI NORDIC WALKING	K45-49	9			01:00:14	02:01:25	<b>03:03:30.16</b>	+00:27:30 (15.0%)	8:41	6.9 (85.2%)
10	MATUSZEWSKA Dorota	64		K45-49	10			01:03:44	02:06:55	<b>03:10:19.63</b>	+00:34:20 (18.0%)	9:01	6.7 (82.7%)

Total 10 results.