



II OTWARTE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE

B4SPORT

Wydarzenie: II Otwarte Mistrzostwa Polski Nordic Walking w Półmaratonie
Organizator: Polskie Zrzeszenie Nordic Walking, Urząd Miasta Tarnowskie Góry
Data: 2022-05-29
Miejsce: Tarnowskie Góry / Strzybnica
Dystans: 21.1 km



Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	7.033km	14.066km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	ROSAK Marcin	85	KS TRENUJENORDICWALKING.PL	M45-49	1			00:43:14	01:26:51	02:09:41.75		6:08	9.8 (100%)
2	WOJTOWICZ Tomasz	112	LUKI TEAM POLSKA	M18-34	1	2		00:43:11	01:26:48	02:10:06.49	+00:00:24 (0.3%)	6:09	9.7 (99.0%)
3	MARCZAK Tomasz	59	NORDIC TEAM CZĘSTOCHOWA	M18-34	2			00:42:05	01:24:54	02:10:49.93	+00:01:08 (0.9%)	6:11	9.7 (99.0%)
4	ROMANOWSKI Daniel	83	KATOWICKI NORDIC WALKING	M18-34	3	2		00:43:13	01:27:13	02:12:27.27	+00:02:45 (2.1%)	6:16	9.6 (98.0%)
5	SKIBA Krzysztof	90	KGHM METRACO	M60-64	1	1		00:43:13	01:27:17	02:14:35.23	+00:04:53 (3.6%)	6:22	9.4 (95.9%)
6	WETOSZKA Piotr	105	TKKF KRZNA BIAŁA PODLASKA	M35-39	1			00:45:36	01:31:33	02:16:52.36	+00:07:10 (5.2%)	6:29	9.2 (93.9%)
7	POŁUBIAK Paweł	76		M35-39	2	1		00:45:30	01:31:18	02:18:03.49	+00:08:21 (6.1%)	6:32	9.2 (93.9%)
8	SŁUPIANEK Paweł	92	KATOWICKI NORDIC WALKING	M40-44	1	1		00:45:36	01:32:09	02:19:30.31	+00:09:48 (7.0%)	6:36	9.1 (92.9%)
9	WILCZEK Krzysztof	106	CIDRY LOTAJOM	M45-49	2	1		00:45:34	01:31:39	02:19:46.44	+00:10:04 (7.2%)	6:37	9.1 (92.9%)
10	BARCZYK Bogdan	7	NORDIC TEAM CZĘSTOCHOWA	M55-59	1	1		00:46:30	01:33:27	02:21:56.55	+00:12:14 (8.6%)	6:43	8.9 (90.8%)
11	JANOCHA Robert	68	MUKS PODKARPACIE JENICZE	M55-59	2	1		00:48:09	01:35:33	02:22:53.42	+00:13:11 (9.2%)	6:46	8.9 (90.8%)
12	ZYCH Witold	121		M50-54	1			00:48:26	01:36:53	02:24:37.71	+00:14:55 (10.3%)	6:51	8.8 (89.8%)
13	BIBKO Martin	9	SPEEDBAR	M45-49	3			00:48:46	01:36:12	02:24:42.14	+00:15:00 (10.4%)	6:51	8.7 (88.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	7.033km	14.066km	Czas netto		Tempo min/km	Tempo km/h
										21.1km	Różn		
14	FRAĆKOWIAK Roman	27	EKSPEDYCJA NORDIC TEAM SZCZECIN	M50-54	2			00:48:25	01:36:15	02:24:57.19	+00:15:15 (10.5%)	6:52	8.7 (88.8%)
15	GRATKA Mirosław	30		M45-49	4			00:48:16	01:36:21	02:25:06.02	+00:15:24 (10.6%)	6:52	8.7 (88.8%)
16	KABATA Jarosław	39	NORDIC SPORT 2021	M50-54	3			00:48:29	01:36:50	02:26:37.96	+00:16:56 (11.6%)	6:56	8.6 (87.8%)
17	MAGIERA Janusz	56	FORMA WODZISŁAW ŚLĄSKI	M55-59	3	1		00:47:10	01:35:36	02:26:58.82	+00:17:17 (11.8%)	6:57	8.6 (87.8%)
18	MĄDRY Grzegorz	65	KIJKOWE TRZEMESZNO	M60-64	2			00:48:03	01:37:48	02:28:49.79	+00:19:08 (12.9%)	7:03	8.5 (86.7%)
19	CHYRA Janusz	15	NORDIC SPORT 2021	M45-49	5			00:50:01	01:38:24	02:29:02.41	+00:19:20 (13.0%)	7:03	8.5 (86.7%)
20	POSTULKA Adam	78		M55-59	4			00:48:38	01:38:26	02:29:45.46	+00:20:03 (13.4%)	7:05	8.5 (86.7%)
21	MAKOWSKI Jan	57		M60-64	3			00:47:38	01:37:31	02:29:50.66	+00:20:08 (13.4%)	7:06	8.4 (85.7%)
22	MISZTAL Grzegorz	66	PRUSZYŃSKI SPORT TEAM-MASZYCANKA MASZYCE	M18-34	4	1		00:49:52	01:40:43	02:30:31.59	+00:20:49 (13.8%)	7:08	8.4 (85.7%)
23	PASIERB Marek	122	PTG SOKOŁÓW 1893 MIELEC	M65-69	1			00:49:32	01:40:17	02:30:53.07	+00:21:11 (14.0%)	7:09	8.4 (85.7%)
24	HRYCIUK Waldemar	34	TKKF KRZNA BIAŁA PODLASKA	M60-64	4	2		00:48:52	01:39:29	02:31:55.01	+00:22:13 (14.6%)	7:11	8.3 (84.7%)
25	KRAKOWSKI Jerzy	123	PTG SOKOŁÓW 1893 MIELEC	M55-59	5			00:49:51	01:41:11	02:32:59.40	+00:23:17 (15.2%)	7:15	8.3 (84.7%)
26	PÁLENÍK Emil	73	BK PYXIDA ČIERNE KLĀČANY	M50-54	4	1		00:50:10	01:41:11	02:33:00.80	+00:23:19 (15.2%)	7:15	8.3 (84.7%)
27	JAKSINA Dariusz	124	NA ROLKACH PRZEZ MAZURY	M50-54	5	2		00:50:45	01:42:13	02:35:05.99	+00:25:24 (16.4%)	7:20	8.2 (83.7%)
28	GRZYWA Bogdan	32	FORMA WODZISŁAW ŚLĄSKI	M55-59	6			00:50:15	01:42:52	02:35:16.40	+00:25:34 (16.5%)	7:21	8.2 (83.7%)
29	MAREK Petr	60	NW BRUNTÁL	M55-59	7			00:49:41	01:41:38	02:35:56.04	+00:26:14 (16.8%)	7:23	8.1 (82.7%)
30	ADAMSKI Krzysztof	3	BOBRY WALKING	M40-44	2	1		00:50:16	01:42:26	02:36:09.45	+00:26:27 (16.9%)	7:24	8.1 (82.7%)
31	KOWALCZYK Tadeusz	48	LUXTORPEDA MAŁOPOLSKA	M65-69	2			00:50:43	01:43:28	02:37:30.98	+00:27:49 (17.7%)	7:27	8 (81.6%)
32	ZAGAJA Janusz	116	WESOŁY BORSUK TEAM	M65-69	3			00:51:25	01:44:01	02:38:41.07	+00:28:59 (18.3%)	7:31	8 (81.6%)
33	KORDULIAK Dušan	45	NW PŘEROV	M50-54	6			00:52:12	01:44:57	02:39:16.52	+00:29:34 (18.6%)	7:32	7.9 (80.6%)
34	CZMOCH Marian	20	PUKS JEDYNKA	M70-74	1	1		00:52:27	01:45:33	02:39:16.88	+00:29:35 (18.6%)	7:32	7.9 (80.6%)
35	KUCZERA Tadeusz	51		M65-69	4	1		00:52:18	01:45:11	02:39:54.96	+00:30:13 (18.9%)	7:34	7.9 (80.6%)
36	KUBALIA Zbigniew	125		M60-64	5	2		00:51:03	01:44:00	02:40:50.57	+00:31:08 (19.4%)	7:37	7.9 (80.6%)

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										21.1km	Różn		
37	ABEL Karol	1	KALISIA NORDIC TEAM	M55-59	8			00:51:46	01:46:09	02:43:03.72	+00:33:21 (20.5%)	7:43	7.8 (79.6%)
38	ŚLUSARCZYK Jerzy	100	AZS AWF KRAKÓW MASTERS	M60-64	6			00:52:58	01:47:36	02:43:40.96	+00:33:59 (20.8%)	7:45	7.7 (78.6%)
39	SOMIAK Piotr	94	NORDICUS STRZYBNICA	M40-44	3			00:52:47	01:47:54	02:43:53.89	+00:34:12 (20.9%)	7:46	7.7 (78.6%)
40	RODZIK Przemysław	80		M18-34	5	1		00:55:33	01:48:57	02:44:43.59	+00:35:01 (21.3%)	7:48	7.7 (78.6%)
41	BALIŚ Andrzej	5		M18-34	6	1		00:55:30	01:50:10	02:44:55.77	+00:35:14 (21.4%)	7:48	7.7 (78.6%)
42	ZAWADZKI Zygmunt	118	CIDRY LOTAJOM	M65-69	5			00:53:33	01:48:13	02:45:45.88	+00:36:04 (21.8%)	7:51	7.6 (77.6%)
43	MARCHEWKA Andrzej	58		M60-64	7			00:53:36	01:50:34	02:48:23.74	+00:38:41 (23.0%)	7:58	7.5 (76.5%)
44	RZESZUT Marcin	87		M18-34	7			00:55:36	01:49:17	02:48:29.75	+00:38:47 (23.0%)	7:59	7.5 (76.5%)
45	RUSINOWICZ Andrzej	86	NIEZRZESZONY	M75-79	1			00:54:30	01:52:06	02:49:26.28	+00:39:44 (23.5%)	8:01	7.5 (76.5%)
46	SMAJDOR Leszek	93		M60-64	8			00:53:09	01:49:00	02:49:46.23	+00:40:04 (23.6%)	8:02	7.5 (76.5%)
47	MARKS Adrian	61	LECYMY DURŚ	M50-54	7			00:53:41	01:50:57	02:50:51.02	+00:41:09 (24.1%)	8:05	7.4 (75.5%)
48	TOŁAJ Andrzej	102	KATOWICKI NORDIC WALKING	M60-64	9	1		00:53:27	01:50:11	02:51:11.68	+00:41:29 (24.2%)	8:06	7.4 (75.5%)
49	ŁOPATKA Grzegorz	54		M55-59	9			00:56:27	01:53:28	02:51:31.36	+00:41:49 (24.4%)	8:07	7.4 (75.5%)
50	TOMCZYK Edward	103	MARSZ PO ZDROWIE	M70-74	2			00:52:55	01:52:37	02:52:46.34	+00:43:04 (24.9%)	8:11	7.3 (74.5%)
51	KASPRZAK Bronisław	40		M70-74	3			00:57:47	01:56:25	02:54:34.66	+00:44:52 (25.7%)	8:16	7.3 (74.5%)
52	CIEMNOŁOŃSKI Genadiusz	17	-	M65-69	6			00:58:19	01:56:40	02:55:24.29	+00:45:42 (26.1%)	8:18	7.2 (73.5%)
53	KUSZ Aleksander	53		M50-54	8	1		00:58:05	01:57:59	02:58:03.22	+00:48:21 (27.2%)	8:26	7.1 (72.4%)
54	CECERSKI Joachim	12		M18-34	8	1		01:00:00	01:59:13	02:59:04.74	+00:49:22 (27.6%)	8:29	7.1 (72.4%)
55	PALUCH Paweł	74	AVOCADO WELLNESS CLUB	M55-59	10			00:55:22	01:55:18	03:01:14.43	+00:51:32 (28.4%)	8:35	7 (71.4%)
56	BULA Szymon	10		M18-34	9	1		01:00:50	02:01:29	03:02:01.19	+00:52:19 (28.7%)	8:37	7 (71.4%)
57	POŁĄCARZ Adam	75	.	M40-44	4	1		00:56:12	01:57:38	03:03:50.84	+00:54:09 (29.5%)	8:42	6.9 (70.4%)
58	SKOWROŃSKI Mateusz	91		M18-34	10	2		01:00:54	02:01:33	03:05:13.86	+00:55:32 (30.0%)	8:46	6.8 (69.4%)
59	ŚLĘZAK Jakub	97		M18-34	11			01:00:01	02:03:06	03:08:53.56	+00:59:11 (31.3%)	8:57	6.7 (68.4%)

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60	PÁLENÍK Emil	72	BK PYXIDA ČIERNE KLAČANY	M75-79	2			00:56:55	01:57:40	03:10:09.27	+01:00:27 (31.8%)	9:00	6.7 (68.4%)
61	ADAMOWICZ Andrzej	2		M75-79	3			00:59:32	02:01:12	03:11:32.77	+01:01:51 (32.3%)	9:04	6.6 (67.3%)
62	DOMŻALSKI Zbigniew	24	ROWERY.RUDA.PL	M60-64	10			01:01:23	02:05:32	03:16:16.57	+01:06:34 (33.9%)	9:18	6.5 (66.3%)
63	ZIELIŃSKI Ryszard	120	MASZERUJEMYZNOGAMIWCHMURACH	M65-69	7			00:57:16	01:56:30	03:17:33.96	+01:07:52 (34.4%)	9:21	6.4 (65.3%)
64	ŁAPETA Sławomir - Bogdan	132		M55-59	11	1		01:02:39	02:07:39	03:27:51.86	+01:18:10 (37.6%)	9:51	6.1 (62.2%)
DQ	CIMPRICH Petr	19	NORDIC WALKING OLOMOUC	M35-39			1	00:48:32 DQ	01:36:43 DQ	02:26:05.92 DQ		0:00	8.7 (88.8%)
DQ	BEDNARZ Krzysztof	8		M18-34			1	00:55:34 DQ	01:48:59 DQ	02:48:32.85 DQ		0:00	7.5 (76.5%)
DQ	CHOJNA Wojciech	13		M18-34			1	DQ	DQ	DQ			(0.0%)
	WOJTUNIK Andrzej	126		M65-69				01:05:39 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 68 wynik(ów)