

II POLANICKI BIEG NIEDŹWIEDZIA - 15 KM

B4SPORT

Wydarzenie:
Organizator:

II Polanicki Bieg Niedźwiedzia
Teatr Zdrojowy Centrum Kultury i Promocji w
Polanicy Zdrój, Fundacja Herkules All Sports

Data:
Miejsce:
Dystans:

2020-07-11
Polanica Zdrój
15 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
1	WOJSŁAW Bartłomiej	74		M-Open	1	00:49:44.20		3:18	18.1 (100%)
2	ORŁOWSKI Łukasz	46		M-Open	2	00:49:46.60	+00:00:02 (0.1%)	3:19	18.1 (100%)
3	PAWŁOWSKI Marcin	50		M-Open	3	00:49:52.50	+00:00:08 (0.3%)	3:19	18 (99.4%)
4	ŚWIDA Adam	64	MFINANSE	M-Open	4	00:50:46.00	+00:01:01 (2.0%)	3:23	17.7 (97.8%)
5	KOWAL Tomasz	37	EBIEGI.PL	M-Open	5	00:52:33.90	+00:02:49 (5.4%)	3:30	17.1 (94.5%)
6	BIŁAN Paweł	5		M-Open	6	00:53:42.70	+00:03:58 (7.4%)	3:34	16.8 (92.8%)
7	CIECIUCH Maciej	11	RNB TEAM POLANICA ZDRÓJ	M-Open	7	00:55:20.85	+00:05:36 (10.1%)	3:41	16.3 (90.1%)
8	STOJANOWSKI Mariusz	58		M-Open	8	00:56:38.20	+00:06:54 (12.2%)	3:46	15.9 (87.8%)
9	FRYDLEWICZ Zbigniew	18	BIEGAMDŁAZDROWIA.PL	M-Open	9	01:00:31.80	+00:10:47 (17.8%)	4:02	14.9 (82.3%)
10	SWATOWSKI Tomasz	60	KLUB BIEGACZA KĄTY WROCŁAWSKIE	M-Open	10	01:13:04.35	+00:23:20 (31.9%)	4:52	12.3 (68.0%)
11	HOTOLEY Yaroslav	81		M-Open	11	01:13:49.75	+00:24:05 (32.6%)	4:55	12.2 (67.4%)
12	GRZEGOREK Grzegorz	22	KB KĄTY WROCŁAWSKIE	M-Open	12	01:14:04.20	+00:24:20 (32.9%)	4:56	12.2 (67.4%)
13	JARZĘBOWICZ Adam	28		M-Open	13	01:15:03.00	+00:25:18 (33.7%)	5:00	12 (66.3%)
14	KRUPA Grzegorz	39	DŻOANA TEAM	M-Open	14	01:15:33.85	+00:25:49 (34.2%)	5:02	11.9 (65.7%)
15	NIEKRAŚ Lilia	299		K-Open	1	01:16:17.40	+00:26:33 (34.8%)	5:05	11.8 (65.2%)
16	PAWLAK Daniel	49	LKS ISKRA JASZKOWA	M-Open	15	01:16:43.30	+00:26:59 (35.2%)	5:06	11.7 (64.6%)
17	CIRKO Arkadiusz	12	KGHM ZG RUN	M-Open	16	01:16:56.30	+00:27:12 (35.4%)	5:07	11.7 (64.6%)
18	BIERNACKI Jakub	4		M-Open	17	01:17:20.45	+00:27:36 (35.7%)	5:09	11.6 (64.1%)
19	BOSAKIEWICZ Tomasz	8	OLAWS	M-Open	18	01:17:21.15	+00:27:36 (35.7%)	5:09	11.6 (64.1%)
20	ZAJĄCZKOWSKI Sławomir	76	ABSOLUT RUNNING TEAM	M-Open	19	01:18:04.40	+00:28:20 (36.3%)	5:12	11.5 (63.5%)
21	NOWACKA Marlena	44		K-Open	2	01:18:16.90	+00:28:32 (36.5%)	5:13	11.5 (63.5%)
22	BOBOWSKI Marek	7	UNIA MŚCIWOJÓW / MUCHOBRONX	M-Open	20	01:18:45.30	+00:29:01 (36.8%)	5:15	11.4 (63.0%)
23	KOMISARCZYK Krzysztof	34		M-Open	21	01:18:55.25	+00:29:11 (37.0%)	5:15	11.4 (63.0%)
24	TRUSZCZYŃSKI Bartłomiej	67	MAD RUNNERS	M-Open	22	01:19:38.15	+00:29:53 (37.5%)	5:18	11.3 (62.4%)
25	CHWIŁKA Mariusz	10	KLUB BIEGACZA JYSK	M-Open	23	01:20:39.45	+00:30:55 (38.3%)	5:22	11.2 (61.9%)
26	TEKIELI Jerzy	65	TEKIELI FAMILY	M-Open	24	01:20:59.90	+00:31:15 (38.6%)	5:24	11.1 (61.3%)
27	MOKRZYŃSKI Marcin	290		M-Open	25	01:21:10.40	+00:31:26 (38.7%)	5:24	11.1 (61.3%)

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28	ULIASZ Jerzy	69	LKS ISKRA JASZKOWA	M-Open	26	01:21:15.25	+00:31:31 (38.8%)	5:25	11.1 (61.3%)
29	DRZEWIECKI Marcin	13	MAD RUNNERS	M-Open	27	01:22:37.40	+00:32:53 (39.8%)	5:30	10.9 (60.2%)
30	SAŁAPATEK Robert	53	BIEGOWA ŚWIDNICA	M-Open	28	01:23:34.10	+00:33:49 (40.5%)	5:34	10.8 (59.7%)
31	KLIMECKI Krzysztof	33		M-Open	29	01:23:43.65	+00:33:59 (40.6%)	5:34	10.7 (59.1%)
32	MARKOWSKI Zbigniew	42	BIEGAMDLAZDROWIA.PL	M-Open	30	01:25:32.85	+00:35:48 (41.9%)	5:42	10.5 (58.0%)
33	GAŚSIOROWSKI Krzysztof	19	OIRP WROCŁAW	M-Open	31	01:25:50.50	+00:36:06 (42.1%)	5:43	10.5 (58.0%)
34	WIŚNIEWSKI Jacek	73	NOWA RUDA BIEGA	M-Open	32	01:25:53.85	+00:36:09 (42.1%)	5:43	10.5 (58.0%)
35	MALIK Agnieszka	41		K-Open	3	01:25:54.10	+00:36:09 (42.1%)	5:43	10.5 (58.0%)
36	ŻUKOWSKI Paweł	77	GRUPA BIEGOWA DZIKOWIEC	M-Open	33	01:26:29.00	+00:36:44 (42.5%)	5:45	10.4 (57.5%)
37	WINNY Przemysław	72	BIELAWSKI AKADEMIA BIEGANIA	M-Open	34	01:27:09.15	+00:37:24 (42.9%)	5:48	10.3 (56.9%)
38	JARZĘBOWICZ Iwona	27		K-Open	4	01:27:13.90	+00:37:29 (43.0%)	5:48	10.3 (56.9%)
39	PODKOWSKA Beata	294	WKB PIAST	K-Open	5	01:27:36.60	+00:37:52 (43.2%)	5:50	10.3 (56.9%)
40	KADYS Łukasz	29	LKS ISKRA JASZKOWA	M-Open	35	01:27:43.75	+00:37:59 (43.3%)	5:50	10.3 (56.9%)
41	KURAWIAK Grzegorz	291		M-Open	36	01:27:49.55	+00:38:05 (43.4%)	5:51	10.2 (56.4%)
42	JANUSZ Ryszard	26	KUDOWIANKA RUN	M-Open	37	01:27:50.50	+00:38:06 (43.4%)	5:51	10.2 (56.4%)
43	FILIPEK Tomasz	17		M-Open	38	01:28:00.20	+00:38:16 (43.5%)	5:52	10.2 (56.4%)
44	BIELECKI Grzegorz	3	HAPPY SCHOOL	M-Open	39	01:28:01.30	+00:38:17 (43.5%)	5:52	10.2 (56.4%)
45	WIELGOCKA Joanna	71	DŻOANA TEAM	K-Open	6	01:28:09.75	+00:38:25 (43.6%)	5:52	10.2 (56.4%)
46	MELLER Daniel	43	DEVIL'S HOOVES	M-Open	40	01:28:19.75	+00:38:35 (43.7%)	5:53	10.2 (56.4%)
47	STELMACH Piotr	57	STELMACH TEAM	M-Open	41	01:28:56.00	+00:39:11 (44.1%)	5:55	10.1 (55.8%)
48	KOZAK Bartosz	38	KOZAKI	M-Open	42	01:29:15.25	+00:39:31 (44.3%)	5:57	10.1 (55.8%)
49	NOWAK Ireneusz	45		M-Open	43	01:29:27.45	+00:39:43 (44.4%)	5:57	10.1 (55.8%)
50	SZLUFCIK Zbigniew	63	GRUPA BIEGOWA DZIKOWIEC	M-Open	44	01:30:33.75	+00:40:49 (45.1%)	6:02	9.9 (54.7%)
51	RĘBIAŁKOWSKI Jakub	52	RNB TEAM POLANICA	M-Open	45	01:31:01.60	+00:41:17 (45.4%)	6:04	9.9 (54.7%)
52	DYJA Magdalena	16	RNB TEAM POLANICA	K-Open	7	01:31:01.80	+00:41:17 (45.4%)	6:04	9.9 (54.7%)
53	KAMIŃSKI Wiesław	30		M-Open	46	01:31:18.15	+00:41:33 (45.5%)	6:05	9.9 (54.7%)
54	PASTUSZEŃKO Ewa	48	TAPAS	K-Open	8	01:32:28.05	+00:42:43 (46.2%)	6:09	9.7 (53.6%)
55	CHORZĘPA Adam	9	KUDOWIANKA RUN	M-Open	47	01:33:55.40	+00:44:11 (47.0%)	6:15	9.6 (53.0%)
56	SZAL Małgorzata	61	TENIS CENTRUM AS	K-Open	9	01:34:50.20	+00:45:06 (47.6%)	6:19	9.5 (52.5%)
57	ZAGAŁA Piotr	75	WWW.MOJEMIASTO.SWIDNICA.PL	M-Open	48	01:35:02.50	+00:45:18 (47.7%)	6:20	9.5 (52.5%)
58	DUDZIK Jacek	15	LKSISKRA JASZKOWA	M-Open	49	01:35:02.55	+00:45:18 (47.7%)	6:20	9.5 (52.5%)
59	WARZECHA Teresa	70	RUNNERS TEAM NYSA	K-Open	10	01:35:07.40	+00:45:23 (47.7%)	6:20	9.5 (52.5%)
60	STACHOWIAK Wiesław	56	NIGHT RUNNERS WROCŁAW	M-Open	50	01:37:23.10	+00:47:38 (48.9%)	6:29	9.2 (50.8%)
61	HEHL Tomasz	24		M-Open	51	01:37:29.95	+00:47:45 (49.0%)	6:30	9.2 (50.8%)
62	TURSKI Damian	68		M-Open	52	01:38:42.85	+00:48:58 (49.6%)	6:34	9.1 (50.3%)
63	KOSTRZEWSKA Natalia	36		K-Open	11	01:38:42.90	+00:48:58 (49.6%)	6:34	9.1 (50.3%)
64	JANICKI Andrzej	25	LITWIN TRIATHLON TEAM	M-Open	53	01:39:07.70	+00:49:23 (49.8%)	6:36	9.1 (50.3%)
65	STOLARCZYK Justyna	59	GRUPA BIEGOWA DZIKOWIEC	K-Open	12	01:39:54.80	+00:50:10 (50.2%)	6:39	9 (49.7%)
66	SKRĘTEK Monika	55	BIEGAMDLAZDROWIA. PL	K-Open	13	01:40:36.65	+00:50:52 (50.6%)	6:42	8.9 (49.2%)
67	SZEW CZYK Marek	62	CYBINA TEAM	M-Open	54	01:42:50.50	+00:53:06 (51.6%)	6:51	8.8 (48.6%)
68	GUŁA Iwona	23		K-Open	14	01:42:57.45	+00:53:13 (51.7%)	6:51	8.7 (48.1%)
69	RĘBECKA Violetta	51	BIEGAMDLAZDROWIA. PL	K-Open	15	01:42:59.25	+00:53:15 (51.7%)	6:52	8.7 (48.1%)
70	KIRCUŃ Paweł	32		M-Open	55	01:45:18.55	+00:55:34 (52.8%)	7:01	8.5 (47.0%)
71	KIERSNOWSKA Agnieszka	31	CYBER ŁANIA	K-Open	16	01:50:19.95	+01:00:35 (54.9%)	7:21	8.2 (45.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
72	KORZHUN Aliaksandr	35		M-Open	56	01:50:43.80	+01:00:59 (55.1%)	7:22	8.1 (44.8%)
73	GÓRALSKI Krzysztof	21		M-Open	57	01:51:06.80	+01:01:22 (55.2%)	7:24	8.1 (44.8%)
74	JABŁOŃSKI Kazimierz	80		M-Open	58	01:51:09.20	+01:01:25 (55.3%)	7:24	8.1 (44.8%)
75	SIARKIEWICZ Jola	54	BIEGAMDLAZDROWIA.PL	K-Open	17	01:56:16.35	+01:06:32 (57.2%)	7:45	7.7 (42.5%)
DNC	AWRYCEWICZ Monika	1	RNB TEAM POLANICA ZDRÓJ	K-Open		00:55:40.65		0:00	16.2 (89.5%)

Znaleziono 76 wynik(ów)