



**Wydarzenie:**  
**Organizator:**

**Data:**  
**Miejsce:**  
**Dystans:**

## II POLANICKI BIEG NIEDŹWIEDZIA - 15 KM

II Polanicki Bieg Niedźwiedzia  
Teatr Zdrojowy Centrum Kultury i Promocji w  
Polanicy Zdrój, Fundacja Herkules All Sports  
2020-07-11  
Polanica Zdrój  
15 km

B4SPORT

 **HERKULES**  
[www.herkules.org.pl](http://www.herkules.org.pl)

Klasyfikacja: M-Open

| Msc | Zawodnik                | Numer | Klub                           | Kategoria | Mkat | Czas netto 15km | Różn              | Tempo min/km | Tempo km/h   |
|-----|-------------------------|-------|--------------------------------|-----------|------|-----------------|-------------------|--------------|--------------|
| 1   | WOJSŁAW Bartłomiej      | 74    |                                | M-Open    | 1    | 00:49:44.20     |                   | 3:18         | 18.1 (100%)  |
| 2   | ORŁOWSKI Łukasz         | 46    |                                | M-Open    | 2    | 00:49:46.60     | +00:00:02 (0.1%)  | 3:19         | 18.1 (100%)  |
| 3   | PAWŁOWSKI Marcin        | 50    |                                | M-Open    | 3    | 00:49:52.50     | +00:00:08 (0.3%)  | 3:19         | 18 (99.4%)   |
| 4   | ŚWIDA Adam              | 64    | MFINANSE                       | M-Open    | 4    | 00:50:46.00     | +00:01:01 (2.0%)  | 3:23         | 17.7 (97.8%) |
| 5   | KOWAL Tomasz            | 37    | EBIEGI.PL                      | M-Open    | 5    | 00:52:33.90     | +00:02:49 (5.4%)  | 3:30         | 17.1 (94.5%) |
| 6   | BIŁAN Paweł             | 5     |                                | M-Open    | 6    | 00:53:42.70     | +00:03:58 (7.4%)  | 3:34         | 16.8 (92.8%) |
| 7   | CIECIUCH Maciej         | 11    | RNB TEAM POLANICA ZDRÓJ        | M-Open    | 7    | 00:55:20.85     | +00:05:36 (10.1%) | 3:41         | 16.3 (90.1%) |
| 8   | STOJANOWSKI Mariusz     | 58    |                                | M-Open    | 8    | 00:56:38.20     | +00:06:54 (12.2%) | 3:46         | 15.9 (87.8%) |
| 9   | FRYDLEWICZ Zbigniew     | 18    | BIEGAMDŁAZDROWIA.PL            | M-Open    | 9    | 01:00:31.80     | +00:10:47 (17.8%) | 4:02         | 14.9 (82.3%) |
| 10  | SWATOWSKI Tomasz        | 60    | KLUB BIEGACZA KĄTY WROCŁAWSKIE | M-Open    | 10   | 01:13:04.35     | +00:23:20 (31.9%) | 4:52         | 12.3 (68.0%) |
| 11  | HOTOLEY Yaroslav        | 81    |                                | M-Open    | 11   | 01:13:49.75     | +00:24:05 (32.6%) | 4:55         | 12.2 (67.4%) |
| 12  | GRZEGOREK Grzegorz      | 22    | KB KĄTY WROCŁAWSKIE            | M-Open    | 12   | 01:14:04.20     | +00:24:20 (32.9%) | 4:56         | 12.2 (67.4%) |
| 13  | JARZĘBOWICZ Adam        | 28    |                                | M-Open    | 13   | 01:15:03.00     | +00:25:18 (33.7%) | 5:00         | 12 (66.3%)   |
| 14  | KRUPA Grzegorz          | 39    | DŻOANA TEAM                    | M-Open    | 14   | 01:15:33.85     | +00:25:49 (34.2%) | 5:02         | 11.9 (65.7%) |
| 15  | PAWLAK Daniel           | 49    | LKS ISKRA JASZKOWA             | M-Open    | 15   | 01:16:43.30     | +00:26:59 (35.2%) | 5:06         | 11.7 (64.6%) |
| 16  | CIRKO Arkadiusz         | 12    | KGHM ZG RUN                    | M-Open    | 16   | 01:16:56.30     | +00:27:12 (35.4%) | 5:07         | 11.7 (64.6%) |
| 17  | BIERNACKI Jakub         | 4     |                                | M-Open    | 17   | 01:17:20.45     | +00:27:36 (35.7%) | 5:09         | 11.6 (64.1%) |
| 18  | BOSAKIEWICZ Tomasz      | 8     | OLAWS                          | M-Open    | 18   | 01:17:21.15     | +00:27:36 (35.7%) | 5:09         | 11.6 (64.1%) |
| 19  | ZAJĄCZKOWSKI Sławomir   | 76    | ABSOLUT RUNNING TEAM           | M-Open    | 19   | 01:18:04.40     | +00:28:20 (36.3%) | 5:12         | 11.5 (63.5%) |
| 20  | BOBOWSKI Marek          | 7     | UNIA MŚCIWOJÓW / MUCHOBRONX    | M-Open    | 20   | 01:18:45.30     | +00:29:01 (36.8%) | 5:15         | 11.4 (63.0%) |
| 21  | KOMISARCZYK Krzysztof   | 34    |                                | M-Open    | 21   | 01:18:55.25     | +00:29:11 (37.0%) | 5:15         | 11.4 (63.0%) |
| 22  | TRUSZCZYŃSKI Bartłomiej | 67    | MAD RUNNERS                    | M-Open    | 22   | 01:19:38.15     | +00:29:53 (37.5%) | 5:18         | 11.3 (62.4%) |
| 23  | CHWIŁKA Mariusz         | 10    | KLUB BIEGACZA JYSK             | M-Open    | 23   | 01:20:39.45     | +00:30:55 (38.3%) | 5:22         | 11.2 (61.9%) |
| 24  | TEKIELI Jerzy           | 65    | TEKIELI FAMILY                 | M-Open    | 24   | 01:20:59.90     | +00:31:15 (38.6%) | 5:24         | 11.1 (61.3%) |
| 25  | MOKRZYŃSKI Marcin       | 290   |                                | M-Open    | 25   | 01:21:10.40     | +00:31:26 (38.7%) | 5:24         | 11.1 (61.3%) |
| 26  | ULIASZ Jerzy            | 69    | LKS ISKRA JASZKOWA             | M-Open    | 26   | 01:21:15.25     | +00:31:31 (38.8%) | 5:25         | 11.1 (61.3%) |
| 27  | DRZEWIECKI Marcin       | 13    | MAD RUNNERS                    | M-Open    | 27   | 01:22:37.40     | +00:32:53 (39.8%) | 5:30         | 10.9 (60.2%) |

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|-----|-----------------------|-------|-----------------------------|-----------|------|-----------------|-------------------|--------------|--------------|
| 28  | SAŁAPATEK Robert      | 53    | BIEGOWA ŚWIDNICA            | M-Open    | 28   | 01:23:34.10     | +00:33:49 (40.5%) | 5:34         | 10.8 (59.7%) |
| 29  | KLIMECKI Krzysztof    | 33    |                             | M-Open    | 29   | 01:23:43.65     | +00:33:59 (40.6%) | 5:34         | 10.7 (59.1%) |
| 30  | MARKOWSKI Zbigniew    | 42    | BIEGAMDŁAZDROWIA.PL         | M-Open    | 30   | 01:25:32.85     | +00:35:48 (41.9%) | 5:42         | 10.5 (58.0%) |
| 31  | GĄSIOROWSKI Krzysztof | 19    | OIRP WROCŁAW                | M-Open    | 31   | 01:25:50.50     | +00:36:06 (42.1%) | 5:43         | 10.5 (58.0%) |
| 32  | WIŚNIEWSKI Jacek      | 73    | NOWA RUDA BIEGA             | M-Open    | 32   | 01:25:53.85     | +00:36:09 (42.1%) | 5:43         | 10.5 (58.0%) |
| 33  | ŻUKOWSKI Paweł        | 77    | GRUPA BIEGOWA DZIKOWIEC     | M-Open    | 33   | 01:26:29.00     | +00:36:44 (42.5%) | 5:45         | 10.4 (57.5%) |
| 34  | WINNY Przemysław      | 72    | BIELAWSKI AKADEMIA BIEGANIA | M-Open    | 34   | 01:27:09.15     | +00:37:24 (42.9%) | 5:48         | 10.3 (56.9%) |
| 35  | KADYS Łukasz          | 29    | LKS ISKRA JASZKOWA          | M-Open    | 35   | 01:27:43.75     | +00:37:59 (43.3%) | 5:50         | 10.3 (56.9%) |
| 36  | KURAWIAK Grzegorz     | 291   |                             | M-Open    | 36   | 01:27:49.55     | +00:38:05 (43.4%) | 5:51         | 10.2 (56.4%) |
| 37  | JANUSZ Ryszard        | 26    | KUDOWIANKA RUN              | M-Open    | 37   | 01:27:50.50     | +00:38:06 (43.4%) | 5:51         | 10.2 (56.4%) |
| 38  | FILIPEK Tomasz        | 17    |                             | M-Open    | 38   | 01:28:00.20     | +00:38:16 (43.5%) | 5:52         | 10.2 (56.4%) |
| 39  | BIELECKI Grzegorz     | 3     | HAPPY SCHOOL                | M-Open    | 39   | 01:28:01.30     | +00:38:17 (43.5%) | 5:52         | 10.2 (56.4%) |
| 40  | MELLER Daniel         | 43    | DEVIL'S HOOVES              | M-Open    | 40   | 01:28:19.75     | +00:38:35 (43.7%) | 5:53         | 10.2 (56.4%) |
| 41  | STELMACH Piotr        | 57    | STELMACH TEAM               | M-Open    | 41   | 01:28:56.00     | +00:39:11 (44.1%) | 5:55         | 10.1 (55.8%) |
| 42  | KOZAK Bartosz         | 38    | KOZAKI                      | M-Open    | 42   | 01:29:15.25     | +00:39:31 (44.3%) | 5:57         | 10.1 (55.8%) |
| 43  | NOWAK Ireneusz        | 45    |                             | M-Open    | 43   | 01:29:27.45     | +00:39:43 (44.4%) | 5:57         | 10.1 (55.8%) |
| 44  | SZLUFCIK Zbigniew     | 63    | GRUPA BIEGOWA DZIKOWIEC     | M-Open    | 44   | 01:30:33.75     | +00:40:49 (45.1%) | 6:02         | 9.9 (54.7%)  |
| 45  | REBIAŁKOWSKI Jakub    | 52    | RNB TEAM POLANICA           | M-Open    | 45   | 01:31:01.60     | +00:41:17 (45.4%) | 6:04         | 9.9 (54.7%)  |
| 46  | KAMIŃSKI Wiesław      | 30    |                             | M-Open    | 46   | 01:31:18.15     | +00:41:33 (45.5%) | 6:05         | 9.9 (54.7%)  |
| 47  | CHORZĘPA Adam         | 9     | KUDOWIANKA RUN              | M-Open    | 47   | 01:33:55.40     | +00:44:11 (47.0%) | 6:15         | 9.6 (53.0%)  |
| 48  | ZAGAŁA Piotr          | 75    | WWW.MOJEMIASTO.SWIDNICA.PL  | M-Open    | 48   | 01:35:02.50     | +00:45:18 (47.7%) | 6:20         | 9.5 (52.5%)  |
| 49  | DUDZIK Jacek          | 15    | LKSISKRA JASZKOWA           | M-Open    | 49   | 01:35:02.55     | +00:45:18 (47.7%) | 6:20         | 9.5 (52.5%)  |
| 50  | STACHOWIAK Wiesław    | 56    | NIGHT RUNNERS WROCŁAW       | M-Open    | 50   | 01:37:23.10     | +00:47:38 (48.9%) | 6:29         | 9.2 (50.8%)  |
| 51  | HEHL Tomasz           | 24    |                             | M-Open    | 51   | 01:37:29.95     | +00:47:45 (49.0%) | 6:30         | 9.2 (50.8%)  |
| 52  | TURSKI Damian         | 68    |                             | M-Open    | 52   | 01:38:42.85     | +00:48:58 (49.6%) | 6:34         | 9.1 (50.3%)  |
| 53  | JANICKI Andrzej       | 25    | LITWIN TRIATHLON TEAM       | M-Open    | 53   | 01:39:07.70     | +00:49:23 (49.8%) | 6:36         | 9.1 (50.3%)  |
| 54  | SZEWCZYK Marek        | 62    | CYBINA TEAM                 | M-Open    | 54   | 01:42:50.50     | +00:53:06 (51.6%) | 6:51         | 8.8 (48.6%)  |
| 55  | KIRCUŃ Paweł          | 32    |                             | M-Open    | 55   | 01:45:18.55     | +00:55:34 (52.8%) | 7:01         | 8.5 (47.0%)  |
| 56  | KORZHUN Aliaksandr    | 35    |                             | M-Open    | 56   | 01:50:43.80     | +01:00:59 (55.1%) | 7:22         | 8.1 (44.8%)  |
| 57  | GÓRALSKI Krzysztof    | 21    |                             | M-Open    | 57   | 01:51:06.80     | +01:01:22 (55.2%) | 7:24         | 8.1 (44.8%)  |
| 58  | JABŁOŃSKI Kazimierz   | 80    |                             | M-Open    | 58   | 01:51:09.20     | +01:01:25 (55.3%) | 7:24         | 8.1 (44.8%)  |

Znaleziono 58 wynik(ów)