



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

II POLANICKI BIEG NIEDŹWIEDZIA - 5 KM

II Polanicki Bieg Niedźwiedzia
Teatr Zdrojowy Centrum Kultury i Promocji w
Polanicy Zdrój, Fundacja Herkules All Sports
2020-07-11
Polanica Zdrój
5 km

B4SPORT

HERKULES
www.herkules.org.pl

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	KOZŁOWSKI Łukasz	221	RONAL POLSKA RUN	M-Open	1	00:18:24.05		3:40	16.3 (100%)
2	KRUPA Marcin	224	AKTYWNA NOWA RUDA	M-Open	2	00:19:15.55	+00:00:51 (4.5%)	3:51	15.6 (95.7%)
3	BOGDAŁ Paweł	181	ULKS BYSTRZYCA KŁODZKA	M-Open	3	00:19:19.10	+00:00:55 (4.7%)	3:52	15.5 (95.1%)
4	GENOTROWSKI Anrzej	295	SKB GRAMITSTRZELIŃSKI KLUB BIEGACZY	M-Open	4	00:19:25.10	+00:01:01 (5.2%)	3:53	15.5 (95.1%)
5	ZAWODNI Jarosław	277		M-Open	5	00:19:34.45	+00:01:10 (6.0%)	3:54	15.3 (93.9%)
6	JANUSZEWICZ Dawid	208		M-Open	6	00:19:53.05	+00:01:29 (7.5%)	3:58	15.1 (92.6%)
7	PAWIŁOJĆ Jakub	243	FITNESSROAD ŚWIEBODZICE	M-Open	7	00:20:03.90	+00:01:39 (8.3%)	4:00	15 (92.0%)
8	GRABOWSKI Roman	200	RUNNERS TEAM NYSA	M-Open	8	00:20:06.50	+00:01:42 (8.5%)	4:01	14.9 (91.4%)
9	DARGACZ Dominik	186	MAD RUNNERS	M-Open	9	00:20:15.20	+00:01:51 (9.1%)	4:03	14.8 (90.8%)
10	SZCZEPAŃSKI Grzegorz	266	MAD RUNNERS	M-Open	10	00:20:25.30	+00:02:01 (9.9%)	4:05	14.7 (90.2%)
11	PAŁYS Marcin	242		M-Open	11	00:20:35.90	+00:02:11 (10.7%)	4:07	14.6 (89.6%)
12	KOZIOŁ Stefan	220		M-Open	12	00:20:37.70	+00:02:13 (10.8%)	4:07	14.5 (89.0%)
13	WOJNER Adrian	79		M-Open	13	00:20:43.35	+00:02:19 (11.2%)	4:08	14.5 (89.0%)
14	BIRECKI Maciej	180		M-Open	14	00:20:53.90	+00:02:29 (12.0%)	4:10	14.4 (88.3%)
15	MARCINOWSKI Paweł	237	ULKS BYSTRZYCA KŁODZKA	M-Open	15	00:21:06.70	+00:02:42 (12.8%)	4:13	14.2 (87.1%)
16	TOMKIEWICZ Bartek	273		M-Open	16	00:21:32.00	+00:03:07 (14.5%)	4:18	13.9 (85.3%)
17	KONIECZYŃSKI Mariusz	217	RNB TEAM POLANICA-ZDRÓJ	M-Open	17	00:22:57.50	+00:04:33 (19.9%)	4:35	13.1 (80.4%)
18	SMOLNICKI Marcin	259		M-Open	18	00:23:06.85	+00:04:42 (20.4%)	4:37	13 (79.8%)
19	JANUSZ Damian	207	KUDOWIANKA RUN	M-Open	19	00:23:14.05	+00:04:50 (20.8%)	4:38	12.9 (79.1%)
20	STRZELCZAK Henryk	264	MARATON NOWA RUDA	M-Open	20	00:23:20.10	+00:04:56 (21.1%)	4:40	12.9 (79.1%)
21	TEREK Jacek	272		M-Open	21	00:23:20.60	+00:04:56 (21.2%)	4:40	12.9 (79.1%)
22	ZBYRYT Marek	278	AKTYWNA NOWA RUDA	M-Open	22	00:23:28.40	+00:05:04 (21.6%)	4:41	12.8 (78.5%)
23	KUPIEC Mateusz	288		M-Open	23	00:24:21.00	+00:05:56 (24.4%)	4:52	12.3 (75.5%)
24	MALECKI Jacek	235		M-Open	24	00:25:00.80	+00:06:36 (26.4%)	5:00	12 (73.6%)
25	BOTÓR Remigiusz	184		M-Open	25	00:25:55.20	+00:07:31 (29.0%)	5:11	11.6 (71.2%)
26	KACZMARSKI Martin	112	KACZMARSKI GROUP	M-Open	26	00:26:28.05	+00:08:04 (30.5%)	5:17	11.3 (69.3%)
27	URBAŃSKI Tomasz	168	TYLKO RZETELNI SĄ WIARYGODNI	M-Open	27	00:26:28.75	+00:08:04 (30.5%)	5:17	11.3 (69.3%)

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28	BĘGOWSKI Jakub	179		M-Open	28	00:26:54.45	+00:08:30 (31.6%)	5:23	11.1 (68.1%)
29	PIOTROWSKI Marek	245	GOGGLE PAE TEAM	M-Open	29	00:27:10.55	+00:08:46 (32.3%)	5:26	11 (67.5%)
30	KILIAN Mateusz	213		M-Open	30	00:27:32.70	+00:09:08 (33.2%)	5:30	10.9 (66.9%)
31	JUREK Szymon	284		M-Open	31	00:27:51.05	+00:09:27 (33.9%)	5:34	10.8 (66.3%)
32	NOWAK Łukasz	241	PAWKO RUNNER TEAM HTTP://PAWKORUNNER.PL	M-Open	32	00:28:00.60	+00:09:36 (34.3%)	5:36	10.7 (65.6%)
33	WIKLUK Łukasz	275		M-Open	33	00:28:51.25	+00:10:27 (36.2%)	5:46	10.4 (63.8%)
34	SMOLIŃSKI Maciej	258		M-Open	34	00:28:52.55	+00:10:28 (36.3%)	5:46	10.4 (63.8%)
35	GÓŹDŹ Artur	198	KUKURAFY	M-Open	35	00:28:59.35	+00:10:35 (36.5%)	5:47	10.4 (63.8%)
36	BARNAŚ Maciej	176		M-Open	36	00:30:08.30	+00:11:44 (38.9%)	6:01	10 (61.3%)
37	KARBOWSKI Mateusz	212	NOWA RUDA BIEGA	M-Open	37	00:31:04.05	+00:12:40 (40.8%)	6:12	9.7 (59.5%)
38	KWIATKOWSKI Dominik	230		M-Open	38	00:31:11.35	+00:12:47 (41.0%)	6:14	9.6 (58.9%)
39	HAŁKA Jan	205	JACHU	M-Open	39	00:32:39.75	+00:14:15 (43.7%)	6:32	9.2 (56.4%)
40	WILK Marcin	292	OLAWS	M-Open	40	00:34:25.15	+00:16:01 (46.5%)	6:53	8.7 (53.4%)
41	DZIERŻAK Krzysztof	191	RUNNERS TEAM NYSA	M-Open	41	00:34:29.85	+00:16:05 (46.7%)	6:53	8.7 (53.4%)
42	KOZŁOWSKI Oskar	222		M-Open	42	00:36:22.55	+00:17:58 (49.4%)	7:16	8.2 (50.3%)
43	SLATAN Filip	256		M-Open	43	00:36:40.75	+00:18:16 (49.8%)	7:20	8.2 (50.3%)
44	FIGURA Zbigniew	192	RUNNERS TEAM NYSA	M-Open	44	00:39:16.45	+00:20:52 (53.1%)	7:51	7.6 (46.6%)
45	CHWALCZUK Jerzy	185	RUNNERS TEAM NYSA	M-Open	45	00:39:16.65	+00:20:52 (53.2%)	7:51	7.6 (46.6%)
46	BĘGOWSKI Marek	178	WŁOCHATE GRUBASKI	M-Open	46	00:39:20.70	+00:20:56 (53.2%)	7:52	7.6 (46.6%)
47	KOWALCZYK Sławomir	219	STRAŻAK NA SZLAKU	M-Open	47	00:42:10.60	+00:23:46 (56.4%)	8:26	7.1 (43.6%)
48	ROŚKOWSKI Tadeusz	252		M-Open	48	00:45:25.10	+00:27:01 (59.5%)	9:05	6.6 (40.5%)
49	ZAJĄC Michał	276		M-Open	49	00:47:12.10	+00:28:48 (61.0%)	9:26	6.4 (39.3%)
50	KULCZYCKI Jan	228		M-Open	50	01:02:21.00	+00:43:56 (70.5%)	12:28	4.8 (29.4%)

Znaleziono 50 wynik(ów)