

II PÓŁULTRAMARATON BIESZCZADZKI

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie: Maraton Bieszczadzki 2017
Organizator: Fundacja Bieg Rzeźnika
Data: 2017-10-07
Miejsce: Cisna
Dystans: 26 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Roztoki 11.9km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
1	SUKIENNIK Maciej	745	POWER TRAINING	M Open	1		01:02:35	02:23:19.80	02:23:19.80		5:30	10.9 (100%)
2	GIŻA Grzegorz	1042		M Open	2		01:04:40	02:25:44.45	02:25:44.45	+00:02:24 (1.7%)	5:36	10.7 (98.2%)
3	PIENIAŻEK Sławomir	1078		M Open	3		01:04:29	02:27:17.10	02:27:19.55	+00:03:59 (2.7%)	5:39	10.6 (97.2%)
4	KORZENIOWSKI Tomasz	978	YULO RUN TEAM SIEDLCE	M Open	4		01:06:48	02:27:37.30	02:27:37.35	+00:04:17 (2.9%)	5:40	10.6 (97.2%)
5	NOWAKOWSKI Tobiasz	765	MKB DREPTAK	M Open	5	MKB Dreptak	01:06:13	02:29:37.20	02:29:37.60	+00:06:17 (4.2%)	5:45	10.4 (95.4%)
6	KIEŁBOŃ Michał	838	PRZEWORSKA GRUPA BIEGOWA	M Open	6		01:04:53	02:34:19.85	02:34:19.85	+00:11:00 (7.1%)	5:56	10.1 (92.7%)
7	PRĘDKI Mirosław	1085		M Open	7		01:10:26	02:34:41.80	02:34:42.10	+00:11:22 (7.4%)	5:57	10.1 (92.7%)
8	HOROSZKO Ernest	746		M Open	8		01:09:07	02:34:45.60	02:34:57.50	+00:11:37 (7.5%)	5:57	10.1 (92.7%)
9	SNARSKI Bogdan	860	ALBATROSY	M Open	9		01:11:26	02:40:01.70	02:40:02.80	+00:16:43 (10.4%)	6:09	9.7 (89.0%)
10	FLĄDRO Daniel	1003		M Open	10		01:09:04	02:40:12.80	02:40:12.80	+00:16:53 (10.5%)	6:09	9.7 (89.0%)
11	LANGE Beata	1070	OTK RZEŹNIK BIŁGORAJ	K Open	1		01:14:06	02:43:08.60	02:43:08.60	+00:19:48 (12.1%)	6:16	9.6 (88.1%)
12	SZAPORÓW Łukasz	905	SPARTAN RACE TEAM GROUP PROSZOWICE	M Open	11		01:10:38	02:45:45.60	02:45:46.20	+00:22:26 (13.5%)	6:22	9.4 (86.2%)
13	KOPEĆ Paweł	1022	MODULESGARDEN	M Open	12		01:12:31	02:46:21.40	02:46:21.40	+00:23:01 (13.8%)	6:23	9.4 (86.2%)
14	WAŁCZYK Krzysztof	1021		M Open	13		01:13:27	02:46:24.15	02:46:27.50	+00:23:07 (13.9%)	6:24	9.4 (86.2%)
15	GAJOS Daniel	1024	MUAY RT/BIEGAORTOPEDA.PL	M Open	14		01:16:08	02:48:40.60	02:48:50.50	+00:25:30 (15.1%)	6:29	9.2 (84.4%)
16	TRZASKOWSKI Dariusz	1058	TRUCHT TARCHOMIN TEAM	M Open	15		01:14:59	02:50:15.00	02:50:17.00	+00:26:57 (15.8%)	6:32	9.2 (84.4%)

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17	PYRZAK Jacek	1049		M Open	16		01:15:13	02:50:19.35	02:50:21.95	+00:27:02 (15.9%)	6:33	9.2 (84.4%)
18	WAŚ Grzegorz	818	RUNNERS CLUB WARSZAWA	M Open	17		01:14:47	02:50:21.95	02:50:27.65	+00:27:07 (15.9%)	6:33	9.2 (84.4%)
19	KOŚCIAK Jan	997	DZIKIE MUSTANGI	M Open	18		01:18:38	02:53:48.75	02:53:54.25	+00:30:34 (17.6%)	6:41	9 (82.6%)
20	MAZURKIEWICZ Bartłomiej	930	ZAPOROWY MARATON TEAM	M Open	19		01:17:02	02:56:03.20	02:56:11.75	+00:32:51 (18.7%)	6:46	8.9 (81.7%)
21	KOWALIK Marcin	844	PGE RUN OBRÓT	M Open	20		01:17:54	02:55:49.65	02:56:12.65	+00:32:52 (18.7%)	6:45	8.9 (81.7%)
22	DOROTA Zbyszek	892	RUN RUN OLESZYCE/ SPARTANIE DZIECIOM	M Open	21		01:16:33	02:56:12.70	02:56:12.70	+00:32:52 (18.7%)	6:46	8.9 (81.7%)
23	BOROWSKI Roman	1073		M Open	22		01:15:14	02:56:16.00	02:56:16.00	+00:32:56 (18.7%)	6:46	8.9 (81.7%)
24	OCHYRA Konrad	893		M Open	23		01:18:19	02:56:30.50	02:56:36.00	+00:33:16 (18.8%)	6:47	8.8 (80.7%)
25	WRÓBEL Stanisław	965		M Open	24		01:16:47	02:56:38.10	02:56:43.70	+00:33:23 (18.9%)	6:47	8.8 (80.7%)
26	WYSOCKI Mariusz	826	FUNDACJA LATARNIA	M Open	25		01:14:00	02:58:10.85	02:58:10.85	+00:34:51 (19.6%)	6:51	8.8 (80.7%)
27	SZYMANIK Adam	827		M Open	26		01:19:52	03:00:41.85	03:00:43.75	+00:37:23 (20.7%)	6:57	8.6 (78.9%)
28	BIELA Łukasz	1019	SILESIA RUNNERS CLUB	M Open	27	Silesia Runners Club	01:21:31	03:02:39.55	03:02:49.15	+00:39:29 (21.6%)	7:01	8.5 (78.0%)
29	KOWALCZYK Mateusz	1015	PRZEWORSKA GRUPA BIEGOWA	M Open	28		01:22:20	03:05:27.35	03:05:49.75	+00:42:29 (22.9%)	7:07	8.4 (77.1%)
30	BEREZOWSKI Waldemar	840	PGE RUN OBRÓT	M Open	29		01:17:53	03:06:35.50	03:06:59.05	+00:43:39 (23.3%)	7:10	8.4 (77.1%)
31	GRODECKI Bartłomiej	783	PGE RUN OBRÓT	M Open	30		01:20:21	03:06:48.75	03:07:11.25	+00:43:51 (23.4%)	7:11	8.4 (77.1%)
32	KNOPEK Adam	1033	BIEG PO ZDRÓJ JAWORZE	M Open	31		01:25:56	03:07:14.85	03:07:34.40	+00:44:14 (23.6%)	7:12	8.3 (76.1%)
33	DZIEDZIC Krzysztof	742		M Open	32		01:16:59	03:07:19.95	03:07:37.45	+00:44:17 (23.6%)	7:12	8.3 (76.1%)
34	PEZA Dariusz	1059	TM TORUN	M Open	33		01:22:18	03:07:51.20	03:07:54.30	+00:44:34 (23.7%)	7:13	8.3 (76.1%)
35	KAJDROWICZ Grzegorz	1081		M Open	34		01:17:54	03:07:40.45	03:07:58.45	+00:44:38 (23.8%)	7:13	8.3 (76.1%)
36	SCHRAMM Rafał	1048		M Open	35		01:21:56	03:09:00.85	03:09:00.85	+00:45:41 (24.2%)	7:16	8.3 (76.1%)
37	BAROSZ Natalia	1043		K Open	2		01:21:56	03:09:00.90	03:09:00.90	+00:45:41 (24.2%)	7:16	8.3 (76.1%)
38	DULAK Robert	837		M Open	36		01:22:07	03:08:59.55	03:09:09.95	+00:45:50 (24.2%)	7:16	8.3 (76.1%)
39	NISZCZOT Dariusz	921		M Open	37		01:23:03	03:09:22.95	03:09:46.80	+00:46:27 (24.5%)	7:17	8.2 (75.2%)
40	JAROMIRSKA Elzbieta	828		K Open	3		01:24:41	03:10:04.20	03:10:05.00	+00:46:45 (24.6%)	7:18	8.2 (75.2%)

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41	MAJ Sławmoir	1075		M Open	38		01:22:28	03:09:56.30	03:10:08.80	+00:46:49 (24.6%)	7:18	8.2 (75.2%)
42	MIĄSKO Piotrek	740	MKB DREPTAK	M Open	39	MKB Dreptak	01:22:09	03:10:56.50	03:10:57.70	+00:47:37 (24.9%)	7:20	8.2 (75.2%)
43	KOŁACKA Martyna	915	DELPHI RUNNING TEAM	K Open	4		01:27:29	03:11:02.30	03:11:12.25	+00:47:52 (25.0%)	7:20	8.2 (75.2%)
44	LISICKI Marek	1007	KB ARTURÓWEK ŁÓDŹ	M Open	40		01:24:59	03:12:09.80	03:12:13.95	+00:48:54 (25.4%)	7:23	8.1 (74.3%)
45	STANIEK Anna	1067	PIERDZĄCE ZAJĄCE	K Open	5		01:26:01	03:12:40.00	03:12:40.65	+00:49:20 (25.6%)	7:24	8.1 (74.3%)
46	STOPA Michal	1009		M Open	41		01:27:41	03:12:47.75	03:13:22.80	+00:50:03 (25.9%)	7:24	8.1 (74.3%)
47	OCHAŁEK Piotr	861		M Open	42		01:21:58	03:13:33.30	03:13:33.50	+00:50:13 (25.9%)	7:26	8.1 (74.3%)
48	MAMALA Justyna	911		K Open	6		01:29:46	03:13:28.50	03:13:53.45	+00:50:33 (26.1%)	7:26	8.1 (74.3%)
49	CYNIAK Marek	975	EVERRUN	M Open	43		01:21:27	03:14:20.10	03:14:24.35	+00:51:04 (26.3%)	7:28	8 (73.4%)
50	SKRZESZEWSKI Henryk P	1055	FARTLEK GO	M Open	44	FARTLEK GO	01:22:50	03:14:40.15	03:14:49.30	+00:51:29 (26.4%)	7:29	8 (73.4%)
51	KASZYCKA Renata	1066		K Open	7		01:26:28	03:14:57.45	03:15:10.40	+00:51:50 (26.6%)	7:29	8 (73.4%)
52	ORONOWICZ Marta	1072	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	K Open	8		01:27:19	03:16:17.90	03:16:19.00	+00:52:59 (27.0%)	7:33	7.9 (72.5%)
53	CHWIEJ Marcin	990	MISIEK BIEGA	M Open	45		01:21:56	03:17:11.85	03:17:20.10	+00:54:00 (27.4%)	7:35	7.9 (72.5%)
54	BALICKI Zbigniew	721		M Open	46		01:26:55	03:17:18.80	03:17:30.50	+00:54:10 (27.4%)	7:35	7.9 (72.5%)
55	WILCZAK Janusz	1039		M Open	47		01:21:57	03:17:31.40	03:17:31.75	+00:54:11 (27.4%)	7:35	7.9 (72.5%)
56	CZAJKOWSKI Wojciech	1013	TEAM BIEGAJ POD OKIEM TRENERA	M Open	48		01:27:52	03:17:16.65	03:17:33.65	+00:54:13 (27.5%)	7:35	7.9 (72.5%)
57	TUSZYŃSKI Zygmunt	780	PGE RUN OBRÓT	M Open	49		01:27:12	03:17:19.80	03:17:39.10	+00:54:19 (27.5%)	7:35	7.9 (72.5%)
58	SIERADZKI Krzysiek	711		M Open	50		01:22:42	03:18:55.00	03:18:55.00	+00:55:35 (27.9%)	7:39	7.8 (71.6%)
59	PEŁDIAK Bogdan	979		M Open	51		01:26:29	03:19:12.30	03:19:25.90	+00:56:06 (28.1%)	7:39	7.8 (71.6%)
60	KACZMAREK Łukasz	815	DZIK KOMANDO	M Open	52	Dzik Komando	01:28:05	03:19:14.60	03:19:34.45	+00:56:14 (28.2%)	7:39	7.8 (71.6%)
61	SZYDŁOWSKI Adrian	960	PIERWSZYKILOMETR.BLOGSPOT.COM	M Open	53		01:26:04	03:19:14.10	03:19:35.85	+00:56:16 (28.2%)	7:39	7.8 (71.6%)
62	WALOSZEK Marcin	996	DZIKIE MUSTANGI	M Open	54		01:23:32	03:20:26.70	03:20:31.95	+00:57:12 (28.5%)	7:42	7.8 (71.6%)
63	PLUTA Sebastian	999	DZIKIE MUSTANGI	M Open	55		01:23:33	03:20:27.40	03:20:32.05	+00:57:12 (28.5%)	7:42	7.8 (71.6%)
64	SKALSKI Jarosław	984		M Open	56		01:25:30	03:20:39.70	03:20:43.35	+00:57:23 (28.6%)	7:43	7.8 (71.6%)

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65	RABCZEWSKI Andrzej	902		M Open	57		01:27:47	03:20:43.70	03:20:44.00	+00:57:24 (28.6%)	7:43	7.8 (71.6%)
66	DOMISZEWSKI Wojciech	1036	05:18:08	M Open	58		01:27:54	03:20:24.75	03:20:48.10	+00:57:28 (28.6%)	7:42	7.8 (71.6%)
67	KASZUBOWSKA Karolina	850	TEAM BIEGAJ POD OKIEM TRENERA	K Open	9		01:27:52	03:20:41.45	03:20:58.85	+00:57:39 (28.7%)	7:43	7.8 (71.6%)
68	WIERZBICKA Iwona	787	TRIATHLON SIEDLCE CLUB	K Open	10		01:27:31	03:21:52.30	03:21:56.45	+00:58:36 (29.0%)	7:45	7.7 (70.6%)
69	WIERZBICKI Grzegorz	788	TRIATHLON SIEDLCE CLUB	M Open	59		01:27:33	03:21:52.90	03:21:56.55	+00:58:36 (29.0%)	7:45	7.7 (70.6%)
70	SAWICKI Radek	885	DZIKIE GRUBASY SZATANA	M Open	60		01:28:23	03:21:48.90	03:21:59.90	+00:58:40 (29.0%)	7:45	7.7 (70.6%)
71	KRÓL Konrad	1028		M Open	61		01:27:27	03:22:00.55	03:22:06.05	+00:58:46 (29.1%)	7:46	7.7 (70.6%)
72	KŁOŚ Artur	728	PKO BANK POLSKI	M Open	62		01:28:44	03:22:14.40	03:22:25.40	+00:59:05 (29.2%)	7:46	7.7 (70.6%)
73	DĘBICKI Łukasz	932	CSWIICH	M Open	63		01:18:06	03:22:02.85	03:22:39.25	+00:59:19 (29.3%)	7:46	7.7 (70.6%)
74	MACH Paweł	1041		M Open	64		01:23:02	03:22:36.15	03:22:48.85	+00:59:29 (29.3%)	7:47	7.7 (70.6%)
75		1054					01:27:32	03:23:29.30	03:23:32.10	+01:00:12 (29.6%)	7:49	7.7 (70.6%)
76	CZARNOCKI Paweł	770	GRUPA BIEGACZY SKÓRZEC BIEGA	M Open	65		01:27:31	03:23:28.60	03:23:32.25	+01:00:12 (29.6%)	7:49	7.7 (70.6%)
77	WODYŃSKI Jacek	766	EQUIDO TEAM SCHODZI Z ASFALTU	M Open	66		01:27:21	03:23:41.55	03:23:46.25	+01:00:26 (29.7%)	7:50	7.7 (70.6%)
78	SZYBIAK Joanna	757	AGONA W&M	K Open	11		01:28:36	03:23:34.75	03:23:48.85	+01:00:29 (29.7%)	7:49	7.7 (70.6%)
79	PIÓRKOWSKI Jarosław	846	KOŁO BIEGA	M Open	67		01:29:13	03:24:14.75	03:24:35.55	+01:01:15 (29.9%)	7:51	7.6 (69.7%)
80	FRANCZAK Andrzej	986		M Open	68		01:28:36	03:25:06.10	03:25:12.90	+01:01:53 (30.2%)	7:53	7.6 (69.7%)
81	ADAMIAK Marcin	804	EVERRUN	M Open	69		01:32:40	03:25:14.95	03:25:20.00	+01:02:00 (30.2%)	7:53	7.6 (69.7%)
82	MALEK Dawid	1080		M Open	70		01:30:11	03:25:18.90	03:25:29.90	+01:02:10 (30.3%)	7:53	7.6 (69.7%)
83	BRUZGO Magdalena	989		K Open	12		01:28:26	03:25:45.30	03:25:51.20	+01:02:31 (30.4%)	7:54	7.6 (69.7%)
84	SUCHODOLSKI Jerzy	813		M Open	71		01:32:23	03:26:28.85	03:26:40.75	+01:03:20 (30.7%)	7:56	7.6 (69.7%)
85	ULICZNY Paweł	809	REMBERTÓW TEAM	M Open	72		01:26:42	03:27:23.35	03:27:31.60	+01:04:11 (30.9%)	7:58	7.5 (68.8%)
86	FOLTA Sławomir	1051	ORANGE POLSKA	M Open	73		01:30:20	03:27:28.25	03:27:51.25	+01:04:31 (31.0%)	7:58	7.5 (68.8%)
87	SUDZIŃSKA Inga	967		K Open	13		01:33:32	03:29:16.70	03:29:17.20	+01:05:57 (31.5%)	8:02	7.5 (68.8%)
88	DAWIDOWSKI Michał	773	ENDORFINA NOWOGARD	M Open	74		01:34:05	03:29:25.85	03:29:34.45	+01:06:14 (31.6%)	8:03	7.4 (67.9%)

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89	MATUSIAK Arkadiusz	1011		M Open	75		01:37:22	03:29:27.80	03:29:38.30	+01:06:18 (31.6%)	8:03	7.4 (67.9%)
90	CELEBUCKI Paweł	743		M Open	76		01:22:44	03:29:37.85	03:29:49.75	+01:06:29 (31.7%)	8:03	7.4 (67.9%)
91	WODYŃSKA Dagmara	764	EQUIDO TEAM SCHODZI Z ASFALTU	K Open	14		01:33:58	03:31:02.45	03:31:07.80	+01:07:48 (32.1%)	8:07	7.4 (67.9%)
92	KĘPKA Andrzej	987	PRZEWORSKA GRUPA BIEGOWA	M Open	77		01:33:39	03:30:56.90	03:31:24.90	+01:08:05 (32.2%)	8:06	7.4 (67.9%)
93	SZCZEPANEK Sylwester	1017	BOBOWSKA GRUPA BIEGOWA	M Open	78		01:37:14	03:31:38.10	03:31:59.85	+01:08:40 (32.4%)	8:08	7.4 (67.9%)
94	MICHALAK Natalia	801	WYŻSZA SZKOŁA POLICJI W SZCZYTNIE	K Open	15	WARMIŃSKO- MAZURSKIE DZIKI	01:33:32	03:31:48.55	03:32:11.65	+01:08:51 (32.5%)	8:08	7.4 (67.9%)
95	HANUS Michał	1032	BIEG PO ZDRÓJ JAWORZE	M Open	79		01:32:39	03:31:57.30	03:32:15.50	+01:08:55 (32.5%)	8:09	7.4 (67.9%)
96	MAZUR Marek	755		M Open	80		01:40:26	03:33:09.85	03:33:25.50	+01:10:05 (32.8%)	8:11	7.3 (67.0%)
97	MARKOCKI Paweł	781	PGE RUN OBRÓT	M Open	81		01:27:12	03:33:10.75	03:33:29.80	+01:10:10 (32.9%)	8:11	7.3 (67.0%)
98	JURECZKO Agnieszka	1030	DZIK KOMANDO	K Open	16	Dzik Komando	01:37:03	03:34:03.05	03:34:21.70	+01:11:01 (33.1%)	8:13	7.3 (67.0%)
99	ZAJĄC Piotr	1040		M Open	82		01:24:38	03:34:50.85	03:34:56.15	+01:11:36 (33.3%)	8:15	7.3 (67.0%)
100	JURKOWSKI Michał	1053		M Open	83		01:38:16	03:34:58.75	03:35:27.15	+01:12:07 (33.5%)	8:16	7.3 (67.0%)
101	POSŁUSZNA Anna	836		K Open	17		01:36:50	03:35:41.90	03:35:41.90	+01:12:22 (33.6%)	8:17	7.2 (66.1%)
102	LENART-KŁOŚ Katarzyna	727	PKO BANK POLSKI	K Open	18		01:36:40	03:35:33.15	03:35:45.65	+01:12:25 (33.6%)	8:17	7.2 (66.1%)
103	WIELECHOWSKA Natalia	1029	HUSARIA RACE TEAM	K Open	19		01:38:25	03:36:41.35	03:36:43.00	+01:13:23 (33.9%)	8:20	7.2 (66.1%)
104	GÓRSKI Emil	900	HUSARIA RACE TEAM	M Open	84		01:38:26	03:36:43.10	03:36:43.10	+01:13:23 (33.9%)	8:20	7.2 (66.1%)
105	SIPIERA Tomasz	1050	LACHO TEAM	M Open	85		01:30:11	03:36:52.10	03:36:58.20	+01:13:38 (33.9%)	8:20	7.2 (66.1%)
106	SOPEL Wiesław	839	PSP LUBACZÓW	M Open	86		01:34:59	03:36:35.25	03:37:02.75	+01:13:42 (34.0%)	8:19	7.2 (66.1%)
107	LIBUCKI Andrzej	944		M Open	87		01:38:37	03:37:27.95	03:37:41.90	+01:14:22 (34.2%)	8:21	7.2 (66.1%)
108	GAȚARCZYK Mariusz	941	DZIKIE GRUBASY SZATANA	M Open	88		01:37:59	03:37:36.25	03:37:48.65	+01:14:28 (34.2%)	8:22	7.2 (66.1%)
109	HEJNAR Jerzy	829	PGE RUN OBRÓT	M Open	89		01:31:14	03:38:42.90	03:38:52.10	+01:15:32 (34.5%)	8:24	7.1 (65.1%)
110	JAKUBAS Paweł	848	WPJ TEAM	M Open	90		01:39:39	03:38:37.15	03:38:57.40	+01:15:37 (34.5%)	8:24	7.1 (65.1%)
111	DĄBRÓWKA Radosław	824		M Open	91		01:28:34	03:39:07.40	03:39:14.85	+01:15:55 (34.6%)	8:25	7.1 (65.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Roztoki 11.9km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
112	AMROŹKIEWICZ Patrycja	1047	AMROŹKIEWICZ TEAM	K Open	20		01:41:55	03:39:58.00	03:40:20.60	+01:17:00 (35.0%)	8:27	7.1 (65.1%)
113	PAWLIKOWSKI Norbert	1016		M Open	92		01:34:46	03:40:22.90	03:40:29.50	+01:17:09 (35.0%)	8:28	7.1 (65.1%)
114	JASIŃSKI Miłosz	814	PASIU X-TREAM TEAM	M Open	93		01:39:39	03:41:50.05	03:42:19.25	+01:18:59 (35.5%)	8:31	7 (64.2%)
115	MOJZESS Rafał	800	DIX37	M Open	94		01:46:54	03:42:11.25	03:42:28.45	+01:19:08 (35.6%)	8:32	7 (64.2%)
116	RAFAŁ Eliza	1071	OTK RZEŹNIK BIŁGORAJ	K Open	21		01:38:37	03:42:51.90	03:43:06.15	+01:19:46 (35.8%)	8:34	7 (64.2%)
117	WOJTOWICZ Emil	940	PGE RUN OBRÓT	M Open	95		01:36:04	03:43:15.85	03:43:25.65	+01:20:05 (35.8%)	8:35	7 (64.2%)
118	WÓLKIEWICZ Paweł	1004	OX5	M Open	96		01:39:44	03:43:25.60	03:43:56.75	+01:20:36 (36.0%)	8:35	7 (64.2%)
119	ŚCISŁOWSKI Łukasz	763		M Open	97		01:34:27	03:43:49.25	03:43:57.80	+01:20:38 (36.0%)	8:36	7 (64.2%)
120	DOBIES Agnieszka	966		K Open	22	STAY INSANE	01:40:15	03:44:11.75	03:44:39.25	+01:21:19 (36.2%)	8:37	7 (64.2%)
121	PASIAK Przemysław	880	FIZJO-SPORT TEAM	M Open	98		01:37:27	03:44:28.30	03:44:54.95	+01:21:35 (36.3%)	8:38	6.9 (63.3%)
122	PETRYLAK Jakub	1076		M Open	99		01:38:42	03:45:08.35	03:45:14.95	+01:21:55 (36.4%)	8:39	6.9 (63.3%)
123	WARPECHOWSKI Paweł	790		M Open	100		01:38:29	03:45:09.85	03:45:43.75	+01:22:23 (36.5%)	8:39	6.9 (63.3%)
124	SZCZEPAŃSKI Marcin	805	EVERRUN	M Open	101		01:40:56	03:45:48.20	03:45:48.20	+01:22:28 (36.5%)	8:41	6.9 (63.3%)
125	KUBICKA Magdalena	1010		K Open	23		01:40:52	03:45:43.65	03:45:48.40	+01:22:28 (36.5%)	8:40	6.9 (63.3%)
126	KOZIŃSKI Piotr	904		M Open	102		01:37:07	03:45:51.50	03:46:12.90	+01:22:53 (36.6%)	8:41	6.9 (63.3%)
127	LUBAŃSKA Alicja	923		K Open	24		01:36:56	03:46:28.85	03:46:30.05	+01:23:10 (36.7%)	8:42	6.9 (63.3%)
128	ŚLĄCZKA Arkadiusz	1086	FINISZ RYMANÓW	M Open	103		01:41:04	03:46:17.15	03:46:33.15	+01:23:13 (36.7%)	8:42	6.9 (63.3%)
129	GŁUSZKO Przemysław	1035	SOLINA TEAM	M Open	104		01:34:21	03:46:28.95	03:46:37.55	+01:23:17 (36.8%)	8:42	6.9 (63.3%)
130	KAWALEC Bartłomiej	811	WWW.WEDKI.PL	M Open	105		01:31:39	03:46:35.65	03:46:43.60	+01:23:23 (36.8%)	8:42	6.9 (63.3%)
131	SAMUŚ Dariusz	981	SPARTAN RACE TRAINING GROUP	M Open	106		01:32:28	03:46:29.95	03:46:44.80	+01:23:25 (36.8%)	8:42	6.9 (63.3%)
132	DALIGA Władysław	873		M Open	107		01:39:57	03:46:48.45	03:47:20.00	+01:24:00 (37.0%)	8:43	6.9 (63.3%)
133	BOLDA Patrycja	872		K Open	25		01:39:57	03:46:52.30	03:47:23.95	+01:24:04 (37.0%)	8:43	6.9 (63.3%)
134	DYLEWSKI Paweł	945	FIZJO-SPORT ŁĘCZNA	M Open	108	STAY INSANE	01:34:56	03:47:05.60	03:47:32.20	+01:24:12 (37.0%)	8:44	6.9 (63.3%)
135	KOŁODZIEJCZYK Maciej	947	FIZJO-SPORT TEAM ŁĘCZNA	M Open	109		01:34:55	03:47:20.15	03:47:46.50	+01:24:26 (37.1%)	8:44	6.9 (63.3%)

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136	POKRYWICA Stefan	1057	NABUCIE	M Open	110		01:38:45	03:47:19.00	03:47:52.40	+01:24:32 (37.1%)	8:44	6.9 (63.3%)
137	PARTYKA Sebastian	912		M Open	111		01:37:24	03:47:41.05	03:48:11.20	+01:24:51 (37.2%)	8:45	6.9 (63.3%)
138	SKOCZEK Jakub	866		M Open	112		01:41:14	03:49:16.50	03:49:47.45	+01:26:27 (37.6%)	8:49	6.8 (62.4%)
139	LEWANDOWSKA Ewa	1001	KB ARTURÓWEK ŁÓDŹ	K Open	26		01:39:28	03:49:54.75	03:49:58.70	+01:26:38 (37.7%)	8:50	6.8 (62.4%)
140	WŁODYKA Sławomir	782	PGE RUN OBRÓT	M Open	113		01:32:18	03:49:49.95	03:50:11.95	+01:26:52 (37.7%)	8:50	6.8 (62.4%)
141	STACHYRA Andrzej	869	LSB	M Open	114		01:37:26	03:50:03.85	03:50:30.20	+01:27:10 (37.8%)	8:50	6.8 (62.4%)
142	GAJOS Anna	929	LUBELSKIE STOWARZYSZENIE BIEGOWE	K Open	27		01:41:39	03:50:44.60	03:50:50.50	+01:27:30 (37.9%)	8:52	6.8 (62.4%)
143	EL SOUSY Khaled	906		M Open	115		01:38:12	03:50:38.95	03:51:00.75	+01:27:40 (38.0%)	8:52	6.8 (62.4%)
144	MAZUREK Katarzyna	980	LUBELSKIE STOWARZYSZENIE BIEGOWE	K Open	28	Nonkonformiści	01:41:14	03:50:55.95	03:51:01.75	+01:27:41 (38.0%)	8:52	6.8 (62.4%)
145	TUREK Michal	1031		M Open	116		01:37:27	03:51:06.20	03:51:13.20	+01:27:53 (38.0%)	8:53	6.8 (62.4%)
146	ZARZYCKI Marcin	816		M Open	117		01:39:26	03:51:24.40	03:51:45.55	+01:28:25 (38.2%)	8:54	6.7 (61.5%)
147	KALICKI Irek	907		M Open	118		01:37:28	03:51:43.90	03:51:46.75	+01:28:26 (38.2%)	8:54	6.7 (61.5%)
148	KACZMARSKI Wojciech	926		M Open	119		01:40:27	03:51:45.50	03:51:52.10	+01:28:32 (38.2%)	8:54	6.7 (61.5%)
149	GIBAŁA Paweł	954		M Open	120		01:32:19	03:52:06.65	03:52:36.05	+01:29:16 (38.4%)	8:55	6.7 (61.5%)
150	GAWCZYŃSKA-BACZA Izabela	749		K Open	29		01:42:54	03:52:23.20	03:52:37.45	+01:29:17 (38.4%)	8:56	6.7 (61.5%)
151	TAŁANDA Jerzy	825	FUNDACJA LATARNIA	M Open	121		01:34:56	03:53:38.55	03:53:46.55	+01:30:26 (38.7%)	8:59	6.7 (61.5%)
152	SZMAJDOWICZ Paweł	868	FACHDOM TEAM	M Open	122		01:40:11	03:55:04.65	03:55:37.95	+01:32:18 (39.2%)	9:02	6.6 (60.6%)
153	WNOROWSKA Magdalena	713		K Open	30		01:49:53	03:55:53.55	03:56:21.20	+01:33:01 (39.4%)	9:04	6.6 (60.6%)
154	MAŚLAK Piotr	957		M Open	123		01:40:57	03:56:32.60	03:56:32.60	+01:33:12 (39.4%)	9:05	6.6 (60.6%)
155	DĄBROWSKA Edyta	803		K Open	31		01:43:02	03:56:24.75	03:56:34.05	+01:33:14 (39.4%)	9:05	6.6 (60.6%)
156	FRANKOWSKI Dariusz	810		M Open	124		01:38:11	03:56:31.85	03:56:34.95	+01:33:15 (39.4%)	9:05	6.6 (60.6%)
157	WASZYK Anita	1025	MUAY RUNNING TEAM	K Open	32		01:47:08	03:56:36.85	03:56:46.15	+01:33:26 (39.5%)	9:06	6.6 (60.6%)
158	NIEVIAROUSKI Kiryl	817	HUSARIA RACE TEAM	M Open	125		01:22:00	03:56:39.40	03:56:47.70	+01:33:27 (39.5%)	9:06	6.6 (60.6%)
159	BUŁAJ Bartosz	931	RUNFORDREAMS	M Open	126		01:39:58	03:56:13.15	03:56:50.85	+01:33:31 (39.5%)	9:05	6.6 (60.6%)

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160	BARTYŃSKI Wojciech	841	PGE RUN OBRÓT	M Open	127		01:38:39	03:56:46.30	03:57:07.90	+01:33:48 (39.6%)	9:06	6.6 (60.6%)
161	BACZA Piotr	750		M Open	128		01:42:52	03:57:00.25	03:57:15.30	+01:33:55 (39.6%)	9:06	6.6 (60.6%)
162	WALTERSKI Adam	964		M Open	129		01:38:15	03:57:18.80	03:57:32.60	+01:34:12 (39.7%)	9:07	6.6 (60.6%)
163	WIŚNIEWSKI Paweł	884	NIGHT RUNNERS GLIWICE	M Open	130		01:41:09	03:58:34.70	03:58:53.95	+01:35:34 (40.0%)	9:10	6.5 (59.6%)
164	ŻELEŚKIEWICZ Arkadiusz	1056	KB GEOTERMIA UNIEJÓW	M Open	131		01:36:36	03:58:35.15	03:58:57.75	+01:35:37 (40.0%)	9:10	6.5 (59.6%)
165	ZIELINSKI Bartek	976	EPRAKTYK	M Open	132		01:32:17	03:58:36.45	03:59:01.10	+01:35:41 (40.0%)	9:10	6.5 (59.6%)
166	WARZYCHA Dawid	863	PKP INTERCITY	M Open	133		01:41:43	03:58:53.40	03:59:01.65	+01:35:41 (40.0%)	9:11	6.5 (59.6%)
167	WARZYCHA Krzysztof	852		M Open	134		01:41:42	03:58:54.35	03:59:02.90	+01:35:43 (40.0%)	9:11	6.5 (59.6%)
168	KARDASZ Jacek	955	ATTYLA	M Open	135		01:41:18	03:58:52.85	03:59:24.20	+01:36:04 (40.1%)	9:11	6.5 (59.6%)
169	MIKOŁAJCZYK Klaudia	1046	DZIK KOMANDO	K Open	33	Dzik Komando	01:47:02	03:59:56.20	04:00:15.20	+01:36:55 (40.3%)	9:13	6.5 (59.6%)
170	BARTOSIEWICZ Daria	886	DZIKIE GRUBASY SZATANA	K Open	34		01:43:56	04:00:07.10	04:00:19.70	+01:36:59 (40.4%)	9:14	6.5 (59.6%)
170	NOWAK Katarzyna	887	DZIKIE GRUBASY SZATANA	K Open	35		01:49:13	04:00:08.05	04:00:19.70	+01:36:59 (40.4%)	9:14	6.5 (59.6%)
172	DUDA Ewelina	795		K Open	36		01:53:32	04:00:23.20	04:00:23.20	+01:37:03 (40.4%)	9:14	6.5 (59.6%)
173	SUKIENNIK Anna	747	POWER TRAINING	K Open	37		01:41:15	04:00:27.10	04:00:37.00	+01:37:17 (40.4%)	9:14	6.5 (59.6%)
174	ZAPOLSKA Aleksandra	968		K Open	38		01:41:19	04:00:22.95	04:00:49.00	+01:37:29 (40.5%)	9:14	6.5 (59.6%)
175	GOSEK Andrzej	891	KYOKUSHIN DOJO MŁODE LWY	M Open	136		01:39:21	04:01:21.05	04:01:23.15	+01:38:03 (40.6%)	9:16	6.5 (59.6%)
176	KLUSKA Joanna	1045	KBMARATON TUREK	K Open	39		01:49:35	04:01:11.55	04:01:26.10	+01:38:06 (40.6%)	9:16	6.5 (59.6%)
177	DRZEWUCKA Joanna	928		K Open	40		01:40:59	04:01:20.35	04:01:27.45	+01:38:07 (40.6%)	9:16	6.5 (59.6%)
177	MAŚLANKA Ireneusz	903	NIGHT RUNNERS GLIWICE	M Open	137		01:42:38	04:01:25.35	04:01:27.45	+01:38:07 (40.6%)	9:17	6.5 (59.6%)
179	SZURA Piotr	1095	SZKOŁA MISTRZOSTWA SPORTOWEGO RESOVIA	M Open	138		01:49:03	04:01:07.55	04:01:39.05	+01:38:19 (40.7%)	9:16	6.5 (59.6%)
180	PAWLIK Dawid	1052		M Open	139		01:31:13	04:01:56.50	04:01:56.50	+01:38:36 (40.8%)	9:18	6.4 (58.7%)
181	BLICHARZ Stanisław	1006	KEJM CIECIERZYN	M Open	140		01:45:47	04:01:50.80	04:02:20.00	+01:39:00 (40.9%)	9:18	6.5 (59.6%)
182	SZYMANIAK Bartosz	796		M Open	141		01:49:50	04:02:26.60	04:02:51.80	+01:39:32 (41.0%)	9:19	6.4 (58.7%)
183	ZIELIŃSKI Tomasz	1074		M Open	142		01:39:50	04:02:54.50	04:03:17.10	+01:39:57 (41.1%)	9:20	6.4 (58.7%)

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184	WIECZOREK Beata	889	DZIKIE GRUBASY SZATANA	K Open	41		01:51:23	04:03:26.80	04:03:37.60	+01:40:17 (41.2%)	9:21	6.4 (58.7%)
185	GUZEK Ewa	888	DZIKIE GRUBASY SZATANA	K Open	42		01:51:02	04:03:26.80	04:03:37.85	+01:40:18 (41.2%)	9:21	6.4 (58.7%)
186	BIEDRZYCKA Marta	963	DZIKIE GRUBASY SZATANA	K Open	43		01:47:11	04:03:27.45	04:03:37.90	+01:40:18 (41.2%)	9:21	6.4 (58.7%)
187	IWON Konrad	927	OMB	M Open	143		01:46:57	04:04:19.85	04:04:25.75	+01:41:05 (41.4%)	9:23	6.4 (58.7%)
188	HAJDUK Tomek	768	YULO RUN TEAM SIEDLCE	M Open	144		01:40:42	04:04:29.85	04:04:29.85	+01:41:10 (41.4%)	9:24	6.4 (58.7%)
189	SKOLIK Iwona	1087	GYM BOX OPOLE	K Open	44		01:53:02	04:04:23.10	04:04:53.35	+01:41:33 (41.5%)	9:23	6.4 (58.7%)
190	SOCHACKI Marek	961		M Open	145		01:47:48	04:04:41.30	04:04:55.50	+01:41:35 (41.5%)	9:24	6.4 (58.7%)
191	SOCHACKI Grzegorz	962		M Open	146		01:47:49	04:04:41.75	04:04:55.65	+01:41:35 (41.5%)	9:24	6.4 (58.7%)
192	WOJNAROWSKA Weronika	936		K Open	45		01:57:07	04:05:04.85	04:05:21.95	+01:42:02 (41.6%)	9:25	6.4 (58.7%)
193	MIKOŁAJEWSKA Justyna	914		K Open	46		01:49:42	04:04:47.10	04:05:23.90	+01:42:04 (41.6%)	9:24	6.4 (58.7%)
194	LEW Artur	933		M Open	147		01:49:00	04:05:07.95	04:05:40.10	+01:42:20 (41.7%)	9:25	6.4 (58.7%)
195	HANDERMANDER Agnieszka	865		K Open	47		01:48:34	04:05:20.55	04:05:41.75	+01:42:21 (41.7%)	9:26	6.4 (58.7%)
196	ZIELIŃSKI Jacek	771	BIEGNIJ Z PROSERVICE	M Open	148		01:53:07	04:06:21.65	04:06:27.15	+01:43:07 (41.8%)	9:28	6.3 (57.8%)
197	ZIELIŃSKA Beata	772	KP OŻARÓW MAZOWIECKI BIEGA	K Open	48		01:53:07	04:06:21.10	04:06:27.20	+01:43:07 (41.8%)	9:28	6.3 (57.8%)
198	DOLEGACZ Daniel	920		M Open	149		01:42:52	04:06:42.25	04:06:43.60	+01:43:23 (41.9%)	9:29	6.3 (57.8%)
199	HYZIAK Jakub	951	JJ.RUNNERS	M Open	150		01:50:58	04:06:53.60	04:07:08.85	+01:43:49 (42.0%)	9:29	6.3 (57.8%)
200	HYZIAK Joanna	950	JJ.RUNNERS	K Open	49		01:51:44	04:07:08.90	04:07:08.90	+01:43:49 (42.0%)	9:30	6.3 (57.8%)
201	ZABURKO Mateusz	725		M Open	151		01:46:18	04:07:13.35	04:07:15.00	+01:43:55 (42.0%)	9:30	6.3 (57.8%)
202	NOWICKA Małgorzata	843	FLOWERHEAD	K Open	50		01:44:22	04:07:40.85	04:07:40.85	+01:44:21 (42.1%)	9:31	6.3 (57.8%)
203	MIEDZINSKI Piotr	724	MSD RUNNING CLUB	M Open	152		01:48:06	04:07:50.25	04:07:55.25	+01:44:35 (42.2%)	9:31	6.3 (57.8%)
204	PASIECZNA Małgorzata	786	FARTLEK GO	K Open	51	FARTLEK GO	01:47:02	04:08:15.10	04:08:24.55	+01:45:04 (42.3%)	9:32	6.3 (57.8%)
205	MATYJASIK Tomasz	822	FUNDACJA LATARNIA	M Open	153		01:41:31	04:08:28.35	04:08:28.35	+01:45:08 (42.3%)	9:33	6.3 (57.8%)
206	WISZNIOWSKA Agata	917	NIGHT RUNNERS WROCŁAW	K Open	52		01:50:16	04:08:57.50	04:09:23.35	+01:46:03 (42.5%)	9:34	6.3 (57.8%)
207	ŁATA Katarzyna	1064		K Open	53		01:49:25	04:09:12.85	04:09:29.15	+01:46:09 (42.5%)	9:35	6.3 (57.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Roztoki 11.9km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
208	GRYGLICKA Justyna	793		K Open	54		01:53:20	04:09:11.85	04:09:29.25	+01:46:09 (42.6%)	9:35	6.3 (57.8%)
209	PAWLAK Jarosław	856	KOŁO BIEGA	M Open	154		02:01:10	04:10:51.95	04:11:12.50	+01:47:52 (42.9%)	9:38	6.2 (56.9%)
210	ZIELIŃSKA Mirona	922	NIGHT RUNNERS WROCŁAW	K Open	55		01:50:16	04:11:00.70	04:11:26.15	+01:48:06 (43.0%)	9:39	6.2 (56.9%)
211	BEŁCH Michał	785		M Open	155		01:45:34	04:10:48.60	04:11:26.90	+01:48:07 (43.0%)	9:38	6.2 (56.9%)
212	SKORCZYK Adrian	1062	SPEED FEET'16	M Open	156		01:51:49	04:11:29.65	04:11:36.80	+01:48:17 (43.0%)	9:40	6.2 (56.9%)
213	BINEK Katarzyna	821	NIGHT RUNNERS	K Open	56		01:56:42	04:11:28.55	04:11:46.45	+01:48:26 (43.1%)	9:40	6.2 (56.9%)
214	MAJER Andrzej	1089	GYM BOX	M Open	157		01:45:26	04:12:08.25	04:12:38.65	+01:49:18 (43.3%)	9:41	6.2 (56.9%)
215	TKACZ Dariusz	871	RUŚKI TEAM	M Open	158		01:43:16	04:12:14.95	04:12:39.90	+01:49:20 (43.3%)	9:42	6.2 (56.9%)
216	TKACZ Agnieszka	870	RUŚKI TEAM	K Open	57		01:46:06	04:12:13.35	04:12:40.05	+01:49:20 (43.3%)	9:42	6.2 (56.9%)
217	HRYŃ Agata	1079		K Open	58		01:51:27	04:13:04.25	04:13:18.35	+01:49:58 (43.4%)	9:44	6.2 (56.9%)
218	POTERA Krystyna	807		K Open	59		01:56:45	04:13:57.10	04:14:06.25	+01:50:46 (43.6%)	9:46	6.1 (56.0%)
219	DRABIK Jacek	988		M Open	159		01:52:53	04:13:52.70	04:14:06.90	+01:50:47 (43.6%)	9:45	6.1 (56.0%)
220	KOŁODZIEJCZYK Sylwia	1027		K Open	60		01:57:33	04:14:01.20	04:14:07.20	+01:50:47 (43.6%)	9:46	6.1 (56.0%)
221	SUJAK Małgorzata	741	MKB DREPTAK	K Open	61	MKB Dreptak	01:49:49	04:13:40.45	04:14:09.20	+01:50:49 (43.6%)	9:45	6.1 (56.0%)
222	OLEJNICZAK Agnieszka	970	EVERRUN	K Open	62		01:55:36	04:14:10.45	04:14:14.40	+01:50:54 (43.6%)	9:46	6.1 (56.0%)
223	ZYCH Anna	890		K Open	63	Nonkonformiści	01:53:16	04:14:25.35	04:14:40.60	+01:51:20 (43.7%)	9:47	6.1 (56.0%)
224	MAJONEK Artur	833		M Open	160		01:49:57	04:14:51.10	04:14:53.40	+01:51:33 (43.8%)	9:48	6.1 (56.0%)
225	KALEK Krzysztof	982	KOŁO BIEGA	M Open	161		01:48:00	04:14:49.05	04:15:02.30	+01:51:42 (43.8%)	9:48	6.1 (56.0%)
226	DUDA Katarzyna	808		K Open	64		01:54:22	04:14:54.40	04:15:18.25	+01:51:58 (43.9%)	9:48	6.1 (56.0%)
227	SEREDA Joanna	849	TEAM BIEGAJ POD OKIEM TRENERA	K Open	65		01:53:05	04:15:04.30	04:15:24.30	+01:52:04 (43.9%)	9:48	6.1 (56.0%)
228	KORS Justyna	874	TEAM BIEGAJ POD OKIEM TRENERA	K Open	66		01:53:05	04:15:03.75	04:15:24.40	+01:52:04 (43.9%)	9:48	6.1 (56.0%)
229	WÓLKIEWICZ Dorota	1005	OX5	K Open	67		01:50:32	04:17:24.65	04:17:55.10	+01:54:35 (44.4%)	9:54	6.1 (56.0%)
230	STRZĘPKA Krzysztof	1082	KROKODYLE KOLBUSZOWA	M Open	162		01:38:33	04:17:35.50	04:17:57.80	+01:54:38 (44.4%)	9:54	6.1 (56.0%)
231	DRAPAŁA Jan	1083	KROKODYLE KOLBUSZOWA	M Open	163		01:38:30	04:17:32.30	04:17:58.00	+01:54:38 (44.4%)	9:54	6.1 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Roztoki 11.9km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
232	LUSINA Gosiacek	806		K Open	68		02:00:33	04:18:38.60	04:18:40.10	+01:55:20 (44.6%)	9:56	6 (55.0%)
233	FUNKA Andrzej	714	NKB CHYŻY NOWY TOMYŚL	M Open	164		01:53:21	04:18:46.05	04:19:20.95	+01:56:01 (44.7%)	9:57	6 (55.0%)
234	BARSKA Barbara	769		K Open	69		01:52:15	04:20:21.80	04:20:34.95	+01:57:15 (45.0%)	10:00	6 (55.0%)
235	STEFANOWICZ Paweł	867		M Open	165		01:48:52	04:20:47.50	04:21:18.05	+01:57:58 (45.1%)	10:01	6 (55.0%)
236	SKRUDLIK Wojciech	794	NIGHT RUNNERS	M Open	166		01:54:34	04:21:50.55	04:22:10.10	+01:58:50 (45.3%)	10:04	6 (55.0%)
237	KRETOWICZ Małgorzata	760	MKB DREPTAK	K Open	70	MKB Dreptak	01:55:57	04:23:23.45	04:23:53.40	+02:00:33 (45.7%)	10:07	5.9 (54.1%)
238	WĘGLIŃSKI Sebastian	758	MKB DREPTAK / OS ŻW	M Open	167	MKB Dreptak	01:57:39	04:23:23.90	04:23:53.60	+02:00:33 (45.7%)	10:07	5.9 (54.1%)
239	WĘGLIŃSKA Joanna	759	MKB DREPTAK	K Open	71	MKB Dreptak	01:55:56	04:23:23.40	04:23:53.70	+02:00:33 (45.7%)	10:07	5.9 (54.1%)
240	RABKA Monika	909		K Open	72		01:53:20	04:24:22.45	04:24:30.10	+02:01:10 (45.8%)	10:10	5.9 (54.1%)
241	KACZMAREK Agnieszka	908		K Open	73		01:53:21	04:24:22.55	04:24:30.30	+02:01:10 (45.8%)	10:10	5.9 (54.1%)
242	ZATOŃSKA Anna	775		K Open	74		01:50:30	04:24:36.25	04:24:52.25	+02:01:32 (45.9%)	10:10	5.9 (54.1%)
243	MAJEWSKI Wiesław	1018		M Open	168		01:46:50	04:25:50.80	04:26:19.30	+02:02:59 (46.2%)	10:13	5.9 (54.1%)
244	BROŻ Krzysztof	894	HURAGAN POWIERCIE	M Open	169		01:56:43	04:26:06.60	04:26:25.90	+02:03:06 (46.2%)	10:14	5.9 (54.1%)
245	JURAŚ-KMIEĆ Marzena	832	SKLEP BIEGACZA	K Open	75		01:55:20	04:26:50.10	04:27:06.00	+02:03:46 (46.3%)	10:15	5.8 (53.2%)
246	COFALSKI Jakub	791		M Open	170		01:50:22	04:27:12.80	04:27:31.45	+02:04:11 (46.4%)	10:16	5.8 (53.2%)
247	PAPIERZ Juliusz	830		M Open	171		01:45:46	04:27:32.55	04:27:34.05	+02:04:14 (46.4%)	10:17	5.8 (53.2%)
248	LABA Kamila	956		K Open	76		01:53:42	04:29:22.45	04:29:22.45	+02:06:02 (46.8%)	10:21	5.8 (53.2%)
249	KAROLCZYK Sylwia	934	POWER TRAINING	K Open	77		01:55:27	04:29:52.95	04:30:03.35	+02:06:43 (46.9%)	10:22	5.8 (53.2%)
250	POMAGRUK Katarzyna	938	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	K Open	78		01:56:25	04:29:55.65	04:30:05.75	+02:06:45 (46.9%)	10:22	5.8 (53.2%)
251	POMAGRUK Piotr	939		M Open	172		01:56:24	04:29:55.30	04:30:06.40	+02:06:46 (46.9%)	10:22	5.8 (53.2%)
252	KOZIŃSKA Agata	998	RUN PASJA	K Open	79		02:03:24	04:30:03.05	04:30:32.10	+02:07:12 (47.0%)	10:23	5.8 (53.2%)
253	ZEMŁA Piotr	761		M Open	173		01:50:03	04:30:11.65	04:30:36.45	+02:07:16 (47.0%)	10:23	5.8 (53.2%)
254	MAMEJ Elżbieta	1088		K Open	80		01:57:14	04:30:36.40	04:30:52.10	+02:07:32 (47.1%)	10:24	5.8 (53.2%)
255	KORNIŁOW Agnieszka	1069		K Open	81		01:58:11	04:32:46.00	04:33:03.85	+02:09:44 (47.5%)	10:29	5.7 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Roztoki 11.9km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
256	LUZAR Monika	973	MIA	K Open	82		02:01:31	04:33:16.20	04:33:38.00	+02:10:18 (47.6%)	10:30	5.7 (52.3%)
257	LUZAR Andrzej	974	MIA	M Open	174		02:01:30	04:33:15.05	04:33:38.05	+02:10:18 (47.6%)	10:30	5.7 (52.3%)
258	CZEBOTAR Barbara	864	STOWARZYSZENIE AS KŁODZKO	K Open	83		01:56:28	04:33:20.15	04:33:51.10	+02:10:31 (47.7%)	10:30	5.7 (52.3%)
259	MATUSIAK Anna	1012		K Open	84		02:01:22	04:34:13.30	04:34:22.90	+02:11:03 (47.8%)	10:32	5.7 (52.3%)
260	JASTRZĄB - STANDERSKA Joanna	913		K Open	85		01:55:27	04:34:06.05	04:34:35.40	+02:11:15 (47.8%)	10:32	5.7 (52.3%)
261	OBARSKI Norbert	925		M Open	175		01:55:49	04:34:14.80	04:34:41.90	+02:11:22 (47.8%)	10:32	5.7 (52.3%)
262	KOWALIK Anna	730	UMCS BIEGA	K Open	86		02:13:30	04:34:54.95	04:35:05.75	+02:11:45 (47.9%)	10:34	5.7 (52.3%)
263	KACZMAREK Agata	777	SZAKAL RUNNERS	K Open	87		02:01:13	04:34:56.65	04:35:12.40	+02:11:52 (47.9%)	10:34	5.7 (52.3%)
264	ZDYBEL Przemysław	715		M Open	176		02:00:47	04:34:57.35	04:35:29.45	+02:12:09 (48.0%)	10:34	5.7 (52.3%)
265	BAJAK Mirosław	1014		M Open	177		02:01:38	04:36:03.65	04:36:08.90	+02:12:49 (48.1%)	10:37	5.7 (52.3%)
266	KACZMAREK Dominik	845		M Open	178		01:56:41	04:36:26.70	04:36:47.60	+02:13:27 (48.2%)	10:37	5.6 (51.4%)
267	KAPIAS Grzegorz	748	VILSONE TEAM	M Open	179		01:56:04	04:36:42.25	04:36:53.05	+02:13:33 (48.2%)	10:38	5.6 (51.4%)
268	KACZMAREK Magdalena	716	TKD SZAKAL JEŻYCE RUNNERS	K Open	88		02:00:16	04:41:09.50	04:41:23.05	+02:18:03 (49.1%)	10:48	5.5 (50.5%)
269	PERKOWSKI Tomasz	1065	EUROCASH	M Open	180		02:00:58	04:42:25.80	04:42:33.30	+02:19:13 (49.3%)	10:51	5.5 (50.5%)
270	PAWLAK Katarzyna	855	KOŁO BIEGA	K Open	89		02:01:09	04:42:32.75	04:42:54.20	+02:19:34 (49.3%)	10:52	5.5 (50.5%)
271	NAMYŚLAK Renata	842	KOŁO BIEGA	K Open	90		02:01:31	04:42:55.75	04:42:55.75	+02:19:35 (49.3%)	10:52	5.5 (50.5%)
272	KALINOWSKI Sławomir	952	GREENSKY	M Open	181		02:08:31	04:42:49.85	04:43:03.60	+02:19:43 (49.4%)	10:52	5.5 (50.5%)
273	WALENTOWSKI Maciej	994	WILD PIGS	M Open	182		02:04:43	04:43:21.05	04:43:59.25	+02:20:39 (49.5%)	10:53	5.5 (50.5%)
274	RUCIŃSKI Piotr	779		M Open	183		02:09:31	04:44:10.50	04:44:48.30	+02:21:28 (49.7%)	10:55	5.5 (50.5%)
275	KALICKI Piotr	969	BEŁŻYCE I OKOLICE BIEGAJĄ	M Open	184	Bełżyce i okolice biegają	01:42:26	04:44:30.05	04:45:02.05	+02:21:42 (49.7%)	10:56	5.5 (50.5%)
276	LEWANDOWSKA Anita	762	GT RAT	K Open	91		02:06:07	04:45:49.95	04:45:49.95	+02:22:30 (49.9%)	10:59	5.5 (50.5%)
277	WUJDA Magdalena	739		K Open	92		01:55:32	04:45:55.70	04:45:55.70	+02:22:35 (49.9%)	10:59	5.5 (50.5%)
278	NAWROT Waldek	738		M Open	185		01:54:59	04:45:27.85	04:45:55.80	+02:22:36 (49.9%)	10:58	5.5 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Roztoki 11.9km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
279	WOJCIECHOWSKI Paweł	737		M Open	186		01:54:56	04:45:24.25	04:45:57.05	+02:22:37 (49.9%)	10:58	5.5 (50.5%)
280	GMAJ Karolina	916		K Open	93		02:08:22	04:46:21.95	04:46:40.30	+02:23:20 (50.0%)	11:00	5.4 (49.5%)
281	ZIÓŁEK Teresa	1099		K Open	94	STAY INSANE	02:08:38	04:47:04.90	04:47:21.50	+02:24:01 (50.1%)	11:02	5.4 (49.5%)
282	WIEJAK Piotr	756	6. KILOMETR	M Open	187		02:07:25	04:47:28.85	04:48:01.25	+02:24:41 (50.2%)	11:03	5.4 (49.5%)
283	WOŁOSZCZAK Łukasz	754	6. KILOMETR	M Open	188		02:07:27	04:47:28.90	04:48:01.30	+02:24:41 (50.2%)	11:03	5.4 (49.5%)
284	KUJAWSKA Anna	935		K Open	95		01:59:07	04:48:41.80	04:48:44.55	+02:25:24 (50.4%)	11:06	5.4 (49.5%)
285	SIKORSKA Mariola	896	LECZO TEAM	K Open	96		02:12:32	04:49:52.50	04:50:00.25	+02:26:40 (50.6%)	11:08	5.4 (49.5%)
286	ROMANOWSKA Ewa	1060		K Open	97		02:09:37	04:50:04.45	04:50:05.25	+02:26:45 (50.6%)	11:09	5.4 (49.5%)
287	SITAREK Iwona	857	PKO BANK POLSKI	K Open	98		02:05:58	04:50:26.45	04:50:38.50	+02:27:18 (50.7%)	11:10	5.4 (49.5%)
288	OKORSKA-BOMBIŃSKA Basia	875	PKO BANK POLSKI	K Open	99		02:06:03	04:50:26.85	04:50:38.75	+02:27:18 (50.7%)	11:10	5.4 (49.5%)
289	CZORNAK Dominika	778		K Open	100		02:18:10	04:51:25.95	04:51:25.95	+02:28:06 (50.8%)	11:12	5.4 (49.5%)
290	BUCZKO Marek	1068		M Open	189		01:59:05	04:51:25.05	04:51:28.70	+02:28:08 (50.8%)	11:12	5.4 (49.5%)
291	DOROTA Jola	879	RUN RUN OLESZYCE, SPARTANIE DZIECIOM	K Open	101		01:59:06	04:51:26.45	04:51:28.90	+02:28:09 (50.8%)	11:12	5.4 (49.5%)
292	HACZKUR Marek	1038		M Open	190		02:18:00	04:51:16.55	04:51:33.85	+02:28:14 (50.8%)	11:12	5.4 (49.5%)
293	CZECHOWSKA Izabela	733	WW TEAM	K Open	102		02:01:26	04:51:52.20	04:51:58.75	+02:28:38 (50.9%)	11:13	5.3 (48.6%)
294	WIDOMSKA-MACIEJEWSKA Joanna	882		K Open	103		02:12:33	04:52:26.60	04:52:36.85	+02:29:17 (51.0%)	11:14	5.3 (48.6%)
295	WALENTOWSKI Jakub	991		M Open	191		02:05:09	04:53:20.05	04:53:58.40	+02:30:38 (51.2%)	11:16	5.3 (48.6%)
296	BEDNAREK Roman	792	NIGHT RUNNERS	M Open	192		02:12:28	04:54:32.65	04:54:52.65	+02:31:32 (51.4%)	11:19	5.3 (48.6%)
297	GARGAS-DZIEDZINA Joanna	972	NIGHT RUNNERS	K Open	104		02:08:57	04:54:43.05	04:54:57.10	+02:31:37 (51.4%)	11:20	5.3 (48.6%)
298	DZIEDZINA Tomasz	971	NIGHT RUNNERS	M Open	193		02:08:56	04:54:42.15	04:54:57.30	+02:31:37 (51.4%)	11:20	5.3 (48.6%)
299	SZOŁTYSEK Beata	983	OCHAJO RUN & FRIENDS	K Open	105		02:08:09	04:55:04.20	04:55:15.50	+02:31:55 (51.5%)	11:20	5.3 (48.6%)
300	MRÓZ Justyna	859		K Open	106		02:04:51	04:54:43.85	04:55:19.20	+02:31:59 (51.5%)	11:20	5.3 (48.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Roztoki 11.9km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
301	RAWSKI Krzysztof	858		M Open	194		02:04:50	04:54:42.70	04:55:19.55	+02:31:59 (51.5%)	11:20	5.3 (48.6%)
302	FURMAN Michał	802	OCHAJORUN&FRIENDS	M Open	195		02:06:10	04:56:03.60	04:56:16.20	+02:32:56 (51.6%)	11:23	5.3 (48.6%)
303	ZYGMUNT Robert	720	RUN PASJA	M Open	196		02:06:44	04:57:18.80	04:57:48.95	+02:34:29 (51.9%)	11:26	5.2 (47.7%)
304	FRANKOWSKA Anna	753	MIECHOWICKA GRUPA BIEGOWA	K Open	107		02:08:21	04:57:48.25	04:57:51.40	+02:34:31 (51.9%)	11:27	5.2 (47.7%)
305	BISKUPSKI Błażej	992	ŁÓDŹ RUNNING TEAM	M Open	197		02:10:12	04:57:45.55	04:57:54.30	+02:34:34 (51.9%)	11:27	5.2 (47.7%)
306	KACZMAREK Emilia	993	ŁÓDŹ RUNNING TEAM	K Open	108		02:10:12	04:57:45.50	04:57:54.50	+02:34:34 (51.9%)	11:27	5.2 (47.7%)
307	PRZYBYLSKA Magdalena	895		K Open	109		02:08:23	04:57:39.65	04:57:56.65	+02:34:36 (51.9%)	11:26	5.2 (47.7%)
308	MARSZAŁKIEWICZ Joanna	1002	NKB CHYŻY	K Open	110		02:14:44	04:57:25.90	04:58:01.25	+02:34:41 (51.9%)	11:26	5.2 (47.7%)
309	SZŁAPKA Katarzyna	1063	SPEED FEET'16	K Open	111		02:14:13	04:58:27.90	04:58:35.30	+02:35:15 (52.0%)	11:28	5.2 (47.7%)
310	SZŁAPKA Krystian	1077	SPEED FEET'16	M Open	198		02:14:13	04:59:12.10	04:59:20.35	+02:36:00 (52.1%)	11:30	5.2 (47.7%)
311	KORZENIOWSKA Joanna	729	UMCS BIEGA	K Open	112		02:13:40	05:00:42.65	05:00:42.65	+02:37:22 (52.3%)	11:33	5.2 (47.7%)
312	ZIELAK Aldona	1020		K Open	113		02:08:37	05:01:31.30	05:01:50.25	+02:38:30 (52.5%)	11:35	5.2 (47.7%)
313	ZIELAK Dariusz	1023		M Open	199		02:08:39	05:01:29.65	05:01:50.40	+02:38:30 (52.5%)	11:35	5.2 (47.7%)
314	LEW Elżbieta	924		K Open	114		02:13:34	05:11:15.15	05:11:49.20	+02:48:29 (54.0%)	11:58	5 (45.9%)
315	GOGÓŁ-IŻOWSKA Edyta	1034	SMASHING PĄPKINS	K Open	115		02:12:54	05:12:34.80	05:12:36.90	+02:49:17 (54.2%)	12:01	5 (45.9%)
316	WRZOSEK Justyna	819		K Open	116		02:13:59	05:12:47.60	05:13:13.25	+02:49:53 (54.2%)	12:01	5 (45.9%)
317	PAWELEC Justyna	820		K Open	117		02:14:00	05:12:47.80	05:13:13.35	+02:49:53 (54.2%)	12:01	5 (45.9%)
318	LESZCZYŃSKA Małgorzata	831		K Open	118		02:18:08	05:18:09.90	05:18:33.55	+02:55:13 (55.0%)	12:14	4.9 (45.0%)
319	MAZIEC Dariusz	977	NKB CHYŻY NOWY TOMYŚ / NIAGARA FITNESS KLUB RAKONIEWICE	M Open	200		02:17:31	05:28:18.35	05:28:52.95	+03:05:33 (56.4%)	12:37	4.8 (44.0%)
320	HERNAS Aneta	722	CENRTUM MEDYCZNE ORTO-OPTYMIST LUBLIN	K Open	119		02:11:19	05:29:42.20	05:29:49.40	+03:06:29 (56.5%)	12:40	4.7 (43.1%)
321	CZORNAK Agnieszka	949		K Open	120		02:18:03	05:34:57.70	05:35:14.00	+03:11:54 (57.2%)	12:53	4.7 (43.1%)
322	WOJNAROWSKA Marcelina	937		K Open	121		01:57:07	05:35:18.25	05:35:35.95	+03:12:16 (57.3%)	12:53	4.7 (43.1%)
323	OBRZUT-SZURA Katarzyna	901		K Open	122		02:12:08	05:35:59.65	05:36:33.10	+03:13:13 (57.4%)	12:55	4.6 (42.2%)
324	JAROCKA Agata	877		K Open	123		02:16:59	05:36:25.35	05:36:58.35	+03:13:38 (57.5%)	12:56	4.6 (42.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Roztoki 11.9km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
325	JAROCKI Leszek	878		M Open	201		02:16:57	05:36:23.90	05:36:58.80	+03:13:39 (57.5%)	12:56	4.6 (42.2%)
326	WAJMAN-GRASZA Katarzyna	958	STEP RUN	K Open	124		02:25:15	05:37:28.55	05:37:53.15	+03:14:33 (57.6%)	12:58	4.6 (42.2%)
327	PIĄTY Kamil	736	5IĄTKA	M Open	202		02:17:32	05:46:13.30	05:46:39.65	+03:23:19 (58.7%)	13:18	4.5 (41.3%)
328	WIŚNIEWSKA-PIĄTY Katarzyna	735	5IĄTKA	K Open	125		02:18:00	05:46:39.80	05:46:39.80	+03:23:20 (58.7%)	13:19	4.5 (41.3%)
329	SPOZ Magdalena	776	SZAKAL RUNNERS	K Open	126		02:16:17	05:51:41.65	05:51:56.75	+03:28:36 (59.3%)	13:31	4.4 (40.4%)
330	BARCZAK Sylwia	876	PERFECT RUNNER LUBLIN	K Open	127		02:35:39	06:11:58.00	06:12:14.90	+03:48:55 (61.5%)	14:18	4.2 (38.5%)
	OŻÓG Iwona	1061		K Open			02:33:37 DNF	DNF	DNF	-	-	- (0.0%)
	BARTELA Edyta	1084	DZIK KOMANDO	K Open			DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 332 wynik(ów)