



II ULTRA MARATON BIESZCZADZKI

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organiser: OTK Rzeźnik
Date: 2014-10-12
Place: Cisna
Distance: 52 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: K Open

Place	Participant	Number	Club	Category	MCat	Net time 52km	Czas brutto 52km	Gap	Pace min/km	Pace km/h
1	ŁĘCKA Agnieszka	600	JACEKBIEGA RUNNING TEAM	K20	1	05:30:17.00	05:30:17.00		6:21	9.4 (100%)
2	MAJER Ewa	121		K30	1	05:34:07.00	05:34:07.00	+00:03:50 (1.1%)	6:25	9.3 (98.9%)
3	DESSAUER Wioletta	461	LUBARTOWBIEGA.PL	K30	2	06:04:50.00	06:04:50.00	+00:34:33 (9.5%)	7:00	8.6 (91.5%)
4	TUROSZ Iwona	431		K20	2	06:06:09.00	06:06:09.00	+00:35:52 (9.8%)	7:02	8.5 (90.4%)
5	KĄCKA Anna	567	ZAKOPANE	K20	3	06:07:43.00	06:07:43.00	+00:37:26 (10.2%)	7:04	8.5 (90.4%)
6	JASKOWSKA Bożena	397	RUN BO! / SMASHING PĄPKINS	K30	3	06:14:24.00	06:14:24.00	+00:44:07 (11.8%)	7:12	8.3 (88.3%)
7	BIENIECKA Anna	616	OTK RZEŹNIK	K30	4	06:14:38.00	06:14:38.00	+00:44:21 (11.8%)	7:12	8.3 (88.3%)
8	GWIZDAK Justyna	484	WYŻNE	K30	5	06:15:38.00	06:15:38.00	+00:45:21 (12.1%)	7:13	8.3 (88.3%)
9	STEFANIAK Justyna	329	KB LUPUS OLEŚNICA	K30	6	06:19:25.00	06:19:25.00	+00:49:08 (12.9%)	7:17	8.2 (87.2%)
10	JÓŹWIAK Basia	566	YULO RUN TEAM SIEDLCE	K30	7	06:29:21.00	06:29:21.00	+00:59:04 (15.2%)	7:29	8 (85.1%)
11	KRAWCZYK Karolina	500	WARSZAWA	K30	8	06:30:14.00	06:30:14.00	+00:59:57 (15.4%)	7:30	8 (85.1%)
12	FOGIEL-PAWŁOWSKA Agnieszka	476	LOS BIEGANEROS	K30	9	06:32:41.00	06:32:41.00	+01:02:24 (15.9%)	7:33	7.9 (84.0%)
13	DETTLAFF Patrycja	512	JACEK BIEGA RUNNING TEAM	K30	10	06:36:26.00	06:36:26.00	+01:06:09 (16.7%)	7:37	7.9 (84.0%)
14	LEBDA Małgorzata	200		K20	4	06:44:57.00	06:44:57.00	+01:14:40 (18.4%)	7:47	7.7 (81.9%)
15	ZIELINSKA Beata	401	RUTKOW-SKI SPORTS CLUB	K30	11	06:46:46.00	06:46:46.00	+01:16:29 (18.8%)	7:49	7.7 (81.9%)
16	FARON Agnieszka	28	NORAFSPORT	K30	12	06:49:14.00	06:49:14.00	+01:18:57 (19.3%)	7:52	7.6 (80.9%)
17	KOWALSKA Katarzyna	533	NIGHT RUNNERS	K30	13	06:54:42.00	06:54:42.00	+01:24:25 (20.4%)	7:58	7.5 (79.8%)
18	GRABOWSKA Maria	13	PASJABIEGANIA.PL	K40	1	06:57:34.00	06:57:34.00	+01:27:17 (20.9%)	8:01	7.5 (79.8%)
19	JAKUBASZEK Monika	151	KS ALASKA	K30	14	07:00:21.00	07:00:21.00	+01:30:04 (21.4%)	8:05	7.4 (78.7%)
20	BONDARA Sylwia	307		K20	5	07:02:10.00	07:02:10.00	+01:31:53 (21.8%)	8:07	7.4 (78.7%)
21	CZEPIEL-RAK Katarzyna	347	JASŁO	K30	15	07:09:04.00	07:09:04.00	+01:38:47 (23.0%)	8:15	7.3 (77.7%)
22	WARDAK Ewa	432	PRUSZKÓW	K30	16	07:12:24.00	07:12:24.00	+01:42:07 (23.6%)	8:18	7.2 (76.6%)
23	SYPNIEWSKA Hanna	181	GOLDEN TEAM/ SPARTANIE DZIECIOM	K60	1	07:13:12.00	07:13:12.00	+01:42:55 (23.8%)	8:19	7.2 (76.6%)
24	PIWOWARCZYK Magdalena	186	SZKOLA WSPINANIA KLAMA	K30	17	07:13:13.00	07:13:13.00	+01:42:56 (23.8%)	8:19	7.2 (76.6%)
25	KALINOWSKA - MIKOŁAJCZUK Marta	545	NIGHT RUNNERS	K20	6	07:13:41.00	07:13:41.00	+01:43:24 (23.8%)	8:20	7.2 (76.6%)
26	PIETRUSZCZAK Agnieszka	126	TOMASZÓW MAZ.	K40	2	07:18:18.00	07:18:18.00	+01:48:01 (24.6%)	8:25	7.1 (75.5%)
27	PÓŁTORAK Katarzyna	324	WARSZAWA	K30	18	07:18:21.00	07:18:21.00	+01:48:04 (24.7%)	8:25	7.1 (75.5%)
28	GRYNKIEWICZ Magda	174	WARSZAWA	K30	19	07:19:50.00	07:19:50.00	+01:49:33 (24.9%)	8:27	7.1 (75.5%)
29	KOZŁOWSKA Marta	603	WARSZAWA	K30	20	07:25:11.00	07:25:11.00	+01:54:54 (25.8%)	8:33	7 (74.5%)
30	MATUSZEWICZ Ewa	160	KONDYCJA	K50	1	07:28:29.00	07:28:29.00	+01:58:12 (26.4%)	8:37	7 (74.5%)

Place	Participant	Number	Club	Category	MCat	Net time 52km	Czas brutto 52km	Gap	Pace min/km	Pace km/h
31	ŁACHUT Łucja	562	MODŁA	K20	7	07:28:52.00	07:28:52.00	+01:58:35 (26.4%)	8:37	7 (74.5%)
32	DĘBIEC Karina	450	RYMANÓW	K30	21	07:33:15.00	07:33:15.00	+02:02:58 (27.1%)	8:42	6.9 (73.4%)
33	JOSYPENKO Bożena	506	JACEKBIEGA RUNNING TEAM	K30	22	07:33:54.00	07:33:54.00	+02:03:37 (27.2%)	8:43	6.9 (73.4%)
34	MALINOWSKA Anna	193	GDAŃSK	K20	8	07:35:31.00	07:35:31.00	+02:05:14 (27.5%)	8:45	6.8 (72.3%)
35	RZESZÓTKO Marzena	615	POWERADE TEAM	K40	3	07:35:42.00	07:35:42.00	+02:05:25 (27.5%)	8:45	6.8 (72.3%)
36	ATWELL Tania	271	CBRE	K40	4	07:36:30.00	07:36:30.00	+02:06:13 (27.6%)	8:46	6.8 (72.3%)
37	KORDECKA Anna	526	BRZESKO	K30	23	07:36:49.00	07:36:49.00	+02:06:32 (27.7%)	8:47	6.8 (72.3%)
38	WACH Monika	430	JACEKBIEGA RUNNING TEAM	K30	24	07:37:32.00	07:37:32.00	+02:07:15 (27.8%)	8:47	6.8 (72.3%)
39	SOCHACKA Elwira	583	PRZEGLĄD SPORTOWY / CZASNABIEGANIE.PL	K30	25	07:39:54.00	07:39:54.00	+02:09:37 (28.2%)	8:50	6.8 (72.3%)
40	RÓŻANKOWSKA Aleksandra	152	GLIWICE	K40	5	07:41:37.00	07:41:37.00	+02:11:20 (28.5%)	8:52	6.8 (72.3%)
41	MALISZEWSKA Marta	60	ORTOREH TEAM	K30	26	07:43:15.00	07:43:15.00	+02:12:58 (28.7%)	8:54	6.7 (71.3%)
42	KORCZYŃSKA-ZDĄBŁARZ Marta	17	CHRZANÓW	K30	27	07:46:56.00	07:46:56.00	+02:16:39 (29.3%)	8:58	6.7 (71.3%)
43	SEREMET Bożena	66	BIEGAM BO LUBIĘ KRAKÓW	K40	6	07:48:37.00	07:48:37.00	+02:18:20 (29.5%)	9:00	6.7 (71.3%)
44	NABOŻNA Ewelina	528		K30	28	07:49:21.00	07:49:21.00	+02:19:04 (29.6%)	9:01	6.6 (70.2%)
45	SZPONAR ŻUROWSKA Anna	342	KICIN	K40	7	07:51:12.00	07:51:12.00	+02:20:55 (29.9%)	9:03	6.6 (70.2%)
46	MORAWSKA Anna	53		K60	2	07:55:46.00	07:55:46.00	+02:25:29 (30.6%)	9:08	6.6 (70.2%)
47	KLĘPKA Dominika	303		K20	9	07:57:13.00	07:57:13.00	+02:26:56 (30.8%)	9:10	6.5 (69.1%)
48	CISEK Agnieszka	69	VIZUM CLINIC	K30	29	08:01:03.00	08:01:03.00	+02:30:46 (31.3%)	9:15	6.5 (69.1%)
49	SZCZYPCZYŃSKA Anna	582	PANNA ANNA BIEGA	K30	30	08:04:46.00	08:04:46.00	+02:34:29 (31.9%)	9:19	6.4 (68.1%)
50	KUNCEWICZ Anna	494		K30	31	08:04:50.00	08:04:50.00	+02:34:33 (31.9%)	9:19	6.4 (68.1%)
51	DĄBROWSKA Anna	356	LUBLIN	K30	32	08:06:40.00	08:06:40.00	+02:36:23 (32.1%)	9:21	6.4 (68.1%)
52	DOMIAN Marta	32		K30	33	08:07:31.00	08:07:31.00	+02:37:14 (32.3%)	9:22	6.4 (68.1%)
53	WŁODARCZYK Teresa	355	BBL TORUŃ	K40	8	08:08:05.00	08:08:05.00	+02:37:48 (32.3%)	9:23	6.4 (68.1%)
54	FANSLAU Stefania	580	MARAS TEAM	K20	10	08:08:42.00	08:08:42.00	+02:38:25 (32.4%)	9:23	6.4 (68.1%)
55	KRZEMIEN Joanna	344	BYDGOSZCZ	K20	11	08:20:21.00	08:20:21.00	+02:50:04 (34.0%)	9:37	6.2 (66.0%)
56	GRABSKA Renata	67	AMBASADOR FESTIWALU BIEGOWEGO KRYNICA 2014	K60	3	08:22:23.00	08:22:23.00	+02:52:06 (34.3%)	9:39	6.2 (66.0%)
57	WĄSOWSKA Jagoda	584	KALIŃSKA TEAM	K40	9	08:26:31.00	08:26:31.00	+02:56:14 (34.8%)	9:44	6.2 (66.0%)
58	FILIPIAK Katarzyna	563	BIEGAM BO NIE LUBIĘ	K30	34	08:33:46.00	08:33:46.00	+03:03:29 (35.7%)	9:52	6.1 (64.9%)
59	RUTKOWSKA Małgorzata	7	GOLUB-DOBRZYŃ	K40	10	08:35:02.00	08:35:02.00	+03:04:45 (35.9%)	9:54	6.1 (64.9%)
60	ZBYSŁAW Beata	250	SSP ORKA IŁAWA	K40	11	08:36:43.00	08:36:43.00	+03:06:26 (36.1%)	9:56	6 (63.8%)
61	FRAŃCZYK Katarzyna	463	PARKER HANNIFIN RUNNERS	K30	35	08:40:35.00	08:40:35.00	+03:10:18 (36.6%)	10:00	6 (63.8%)
62	BOCUL Małgorzata	405	PRZEMYŚL	K40	12	08:44:30.00	08:44:30.00	+03:14:13 (37.0%)	10:05	5.9 (62.8%)
63	GŁADYSZ Agnieszka	371	SANOK	K20	12	08:45:27.00	08:45:27.00	+03:15:10 (37.1%)	10:06	5.9 (62.8%)
64	ANTOSZ Monika	72	BIEGAM BO LUBIĘ KRAKÓW	K40	13	08:45:34.00	08:45:34.00	+03:15:17 (37.2%)	10:06	5.9 (62.8%)
65	SIKORSKA Agnieszka	354	WARSZAWA	K30	36	08:50:04.00	08:50:04.00	+03:19:47 (37.7%)	10:11	5.9 (62.8%)
66	JACKOWSKA Ewa	529	JGB "SOKÓŁ"	K40	14	08:54:06.00	08:54:06.00	+03:23:49 (38.2%)	10:16	5.8 (61.7%)
67	PARUSZEWSKA Aleksandra	453	KITA TEAM	K30	37	09:13:52.00	09:13:52.00	+03:43:35 (40.4%)	10:39	5.6 (59.6%)
68	PODGÓRSKA Aga	510	WARSZAWA	K20	13	09:23:47.00	09:23:47.00	+03:53:30 (41.4%)	10:50	5.5 (58.5%)

Total 68 results.