



II ULTRA MARATON BIESZCZADZKI

B4SPORT

Organizator: OTK Rzeźnik
Data: 2014-10-12
Miejsce: Cisna
Dystans: 52 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	WĄSOWICZ Jan	122		M40	1	04:41:27.00	04:41:27.00		5:24	11.1 (100%)
2	MIKA Oskar	170	APTEKA MIKSTURA	M30	1	04:57:18.00	04:57:18.00	+00:15:51 (5.3%)	5:43	10.5 (94.6%)
3	FARON Robert	238	NORAFSPORTUKSWATRAKAMIENICA	M40	2	05:08:33.00	05:08:33.00	+00:27:06 (8.8%)	5:56	10.1 (91.0%)
4	ŁACHUT Wojtek	561	TEMPO MŁAWA/TRIATHLON SERIES TEAM	M30	2	05:13:57.00	05:13:57.00	+00:32:30 (10.4%)	6:02	9.9 (89.2%)
5	KRZYSZTOŃ Marcin	305	GIEEMPE LASY / KRAŚNIK	M30	3	05:15:28.00	05:15:28.00	+00:34:01 (10.8%)	6:04	9.9 (89.2%)
6	KOBRYŃ Dominik	497	BYLEDOBIEC ANIN	M30	4	05:15:29.00	05:15:29.00	+00:34:02 (10.8%)	6:04	9.9 (89.2%)
7	DUDZIK Robert	219	MSZANA DOLNA	M30	5	05:16:49.00	05:16:49.00	+00:35:22 (11.2%)	6:05	9.8 (88.3%)
8	PUZIA Krzysztof	388	KRAKÓW	M50	1	05:20:27.00	05:20:27.00	+00:39:00 (12.2%)	6:09	9.7 (87.4%)
9	WRÓBEL Łukasz	611	PGB SPORTOWA PACZKA	M30	6	05:23:31.00	05:23:31.00	+00:42:04 (13.0%)	6:13	9.6 (86.5%)
10	JAŁOCHA Mieczysław	63	PRZEMYSKI KLUB BIEGACZA	M40	3	05:23:43.00	05:23:43.00	+00:42:16 (13.1%)	6:13	9.6 (86.5%)
11	LISAK Krzysztof	599	OTK RZEŹNIK	M30	7	05:26:36.00	05:26:36.00	+00:45:09 (13.8%)	6:16	9.6 (86.5%)
12	BARANOW Tomasz	560		M30	8	05:27:46.00	05:27:46.00	+00:46:19 (14.1%)	6:18	9.5 (85.6%)
13	ROBEL Wojciech	202	SOKÓŁ SANOK	M30	9	05:28:13.00	05:28:13.00	+00:46:46 (14.2%)	6:18	9.5 (85.6%)
14	KOMISARZ Tomasz	437	RZESZOWSKIE GAZELE I GEPARDY	M30	10	05:28:42.00	05:28:42.00	+00:47:15 (14.4%)	6:19	9.5 (85.6%)
15	PREJZMAR Marcin	340	MTB MOSIR DUKLA	M30	11	05:30:36.00	05:30:36.00	+00:49:09 (14.9%)	6:21	9.4 (84.7%)
16	WIERNUSZ Krzysztof	98	FINISZ RYMANÓW	M30	12	05:33:40.00	05:33:40.00	+00:52:13 (15.6%)	6:25	9.4 (84.7%)
17	GARDENER Jacek	666	JACEKBIEGA RUNNING TEAM	M40	4	05:39:04.00	05:39:04.00	+00:57:37 (17.0%)	6:31	9.2 (82.9%)
18	CHODAKOWSKI Marcei	515	K.B.GEOTERMIA UNIEJÓW	M30	13	05:39:09.00	05:39:09.00	+00:57:42 (17.0%)	6:31	9.2 (82.9%)
19	JASTRZĄB Piotr	94	LESKO	M40	5	05:40:38.00	05:40:38.00	+00:59:11 (17.4%)	6:33	9.2 (82.9%)
20	TOPOLSKI Marcin	290	BKB VICTORIA BRZESKO	M30	14	05:40:50.00	05:40:50.00	+00:59:23 (17.4%)	6:33	9.2 (82.9%)
21	PASIECZNY Robert	157	SPRINT GORZYCE	M30	15	05:41:39.00	05:41:39.00	+01:00:12 (17.6%)	6:34	9.1 (82.0%)
22	DYBALSKI Mariusz	292	KB SPARTAKUS BEŁCHATÓW	M30	16	05:41:57.00	05:41:57.00	+01:00:30 (17.7%)	6:34	9.1 (82.0%)
23	PASEK Tomasz	245	EKO MOTEL NA WIERZYŃKA	M30	17	05:42:40.00	05:42:40.00	+01:01:13 (17.9%)	6:35	9.1 (82.0%)
24	ANDRZEJ Miedziejewski	216	PRUSZKÓW	M20	1	05:43:18.00	05:43:18.00	+01:01:51 (18.0%)	6:36	9.1 (82.0%)
25	ADAMETZ Rafał	589	NAVIGATORIA	M20	2	05:45:58.00	05:45:58.00	+01:04:31 (18.6%)	6:39	9 (81.1%)
26	IGNATOWICZ Marcin	77	MIELEC	M30	18	05:47:27.00	05:47:27.00	+01:06:00 (19.0%)	6:40	9 (81.1%)
27	ŁUCZKIEWICZ Jarosław	139	TS REGLE SZKLARSKA PORĘBA	M40	6	05:48:33.00	05:48:33.00	+01:07:06 (19.3%)	6:42	9 (81.1%)
28	NOWOSTAWSKI Mariusz	535	SUPERMARATON KALISZ	M40	7	05:49:48.00	05:49:48.00	+01:08:21 (19.5%)	6:43	8.9 (80.2%)
29	SZPUNAR Maciej	331	COMPLEXSPORTS-GDYŃSKIEMORSY	M40	8	05:50:07.00	05:50:07.00	+01:08:40 (19.6%)	6:43	8.9 (80.2%)
30	BARANIAK Radosław	178	LUBOŃ	M40	9	05:51:34.00	05:51:34.00	+01:10:07 (19.9%)	6:45	8.9 (80.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
31	KOCZWARA Tomek	477		M30	19	05:52:08.00	05:52:08.00	+01:10:41 (20.1%)	6:46	8.9 (80.2%)
32	BURZYŃSKI Mirosław	352	AKSU POLSKA / KB SOBÓTKA	M40	10	05:53:48.00	05:53:48.00	+01:12:21 (20.4%)	6:48	8.8 (79.3%)
33	BANASZEK Adam	466	BIEGUSIEM.PL	M30	20	05:54:50.00	05:54:50.00	+01:13:23 (20.7%)	6:49	8.8 (79.3%)
34	HERDZINA Przemysław	503	KRAKÓW	M30	21	05:55:03.00	05:55:03.00	+01:13:36 (20.7%)	6:49	8.8 (79.3%)
35	GAŁASZKIEWICZ Karol	90	INTERSPORT	M20	3	05:55:50.00	05:55:50.00	+01:14:23 (20.9%)	6:50	8.8 (79.3%)
36	PRĘDKI Mirosław	489	PRZYSIEKI K. JASŁA	M30	22	05:56:23.00	05:56:23.00	+01:14:56 (21.0%)	6:51	8.8 (79.3%)
37	MILER Marcin	173	KLEOFAS KATOWICE	M30	23	05:56:32.00	05:56:32.00	+01:15:05 (21.1%)	6:51	8.8 (79.3%)
38	JOSYPENKO Jędrzej	505	JACEKBIEGA RUNNING TEAM	M20	4	05:57:20.00	05:57:20.00	+01:15:53 (21.2%)	6:52	8.7 (78.4%)
39	MAJ Robert	538	TVP LUBLIN	M40	11	05:58:26.00	05:58:26.00	+01:16:59 (21.5%)	6:53	8.7 (78.4%)
40	ADAMCZUK Mariusz	40	NAPIERAMY! / SOPOT	M30	24	05:58:35.00	05:58:35.00	+01:17:08 (21.5%)	6:53	8.7 (78.4%)
41	FRANCZAK Łukasz	293	GDAŃSK	M30	25	05:58:47.00	05:58:47.00	+01:17:20 (21.6%)	6:53	8.7 (78.4%)
42	TUSCHER Kuba	264	OBİ BOKI RUNNING CREW	M30	26	06:02:57.00	06:02:57.00	+01:21:30 (22.5%)	6:58	8.6 (77.5%)
43	ŚLIWIŃSKI Paweł	51	MIECHÓW	M20	5	06:03:22.00	06:03:22.00	+01:21:55 (22.5%)	6:59	8.6 (77.5%)
44	DARSKI Rafał	179		M40	12	06:04:20.00	06:04:20.00	+01:22:53 (22.7%)	7:00	8.6 (77.5%)
45	POŻAK Grzegorz	314	LUBARTÓW	M30	27	06:04:44.00	06:04:44.00	+01:23:17 (22.8%)	7:00	8.6 (77.5%)
46	RZESZÓTKO Leszek	614	POWERADE TEAM	M50	2	06:04:57.00	06:04:57.00	+01:23:30 (22.9%)	7:01	8.5 (76.6%)
47	SAWA Jarosław	420	LUBLIN	M30	28	06:06:09.00	06:06:09.00	+01:24:42 (23.1%)	7:02	8.5 (76.6%)
48	OLEK Paweł	451	WARSZAWA	M30	29	06:07:00.00	06:07:00.00	+01:25:33 (23.3%)	7:03	8.5 (76.6%)
49	TKACZEWSKI Piotr	163	MIECHÓW	M40	13	06:07:40.00	06:07:40.00	+01:26:13 (23.4%)	7:04	8.5 (76.6%)
50	SKRZYSIŃSKI Gniewomir	127	GO-KRASNA UKU RUN	M30	30	06:07:58.00	06:07:58.00	+01:26:31 (23.5%)	7:04	8.5 (76.6%)
51	DRĄCZKOWSKI Piotr	240	KW LUBLIN / MKT	M30	31	06:08:56.00	06:08:56.00	+01:27:29 (23.7%)	7:05	8.5 (76.6%)
52	JANCZAK Waldemar	473	KIELCE	M30	32	06:09:20.00	06:09:20.00	+01:27:53 (23.8%)	7:06	8.4 (75.7%)
53	ZBOŻNIAK Łukasz	256		M30	33	06:09:38.00	06:09:38.00	+01:28:11 (23.9%)	7:06	8.4 (75.7%)
54	KORULCZYK Łukasz	95	LUBLIN	M30	34	06:09:40.00	06:09:40.00	+01:28:13 (23.9%)	7:06	8.4 (75.7%)
55	KUNACHOWICZ Paweł	532	PASSUS SPORT TEAM	M40	14	06:09:56.00	06:09:56.00	+01:28:29 (23.9%)	7:06	8.4 (75.7%)
56	WAHL Daniel	33	T.S. AKS CHORZÓW	M30	35	06:10:16.00	06:10:16.00	+01:28:49 (24.0%)	7:07	8.4 (75.7%)
57	KRZEMIŃSKI Marcin	155	SPRINT GORZYCE	M30	36	06:10:28.00	06:10:28.00	+01:29:01 (24.0%)	7:07	8.4 (75.7%)
58	SZCZEPANIAK Waldemar	521	POZNAŃ	M40	15	06:11:36.00	06:11:36.00	+01:30:09 (24.3%)	7:08	8.4 (75.7%)
59	HELOWICZ Stanisław	403	TUSZYMA	M30	37	06:11:52.00	06:11:52.00	+01:30:25 (24.3%)	7:09	8.4 (75.7%)
60	BERNADY Łukasz	298	RADOM	M30	38	06:12:36.00	06:12:36.00	+01:31:09 (24.5%)	7:09	8.4 (75.7%)
61	SOPEL Arkadiusz	578	OTK RZEŹNIK	M40	16	06:12:58.00	06:12:58.00	+01:31:31 (24.5%)	7:10	8.4 (75.7%)
62	OLEKSY Jarosław	191	KS LIMANOWA FORREST	M50	3	06:13:02.00	06:13:02.00	+01:31:35 (24.6%)	7:10	8.4 (75.7%)
63	KLIMCZEWSKI Andrzej	548	FOREVER YOUNG ŁÓDŹ	M50	4	06:14:11.00	06:14:11.00	+01:32:44 (24.8%)	7:11	8.3 (74.8%)
64	ŁUKASZEWICZ Bartosz	128	CHYBY	M20	6	06:14:38.00	06:14:38.00	+01:33:11 (24.9%)	7:12	8.3 (74.8%)
65	PIKUŁA Marcin	610	EULER HERMES RUNNERS TEAM	M30	39	06:14:44.00	06:14:44.00	+01:33:17 (24.9%)	7:12	8.3 (74.8%)
66	ŁUBIAN Michał	80	CTL LOGISTICS	M30	40	06:15:16.00	06:15:16.00	+01:33:49 (25.0%)	7:13	8.3 (74.8%)
67	KOEHLER Krzysztof	542	KD ZUKI	M50	5	06:15:30.00	06:15:30.00	+01:34:03 (25.0%)	7:13	8.3 (74.8%)
68	DANIEL Jarek	456	BIELSKO-BIAŁA	M30	41	06:15:42.00	06:15:42.00	+01:34:15 (25.1%)	7:13	8.3 (74.8%)
69	SZYMEL Michał	496	ŁAŃCUT	M20	7	06:15:49.00	06:15:49.00	+01:34:22 (25.1%)	7:13	8.3 (74.8%)
70	ZDĄBŁARZ Marcin	18	CHRZANÓW	M30	42	06:16:16.00	06:16:16.00	+01:34:49 (25.2%)	7:14	8.3 (74.8%)
71	WAJEROWSKI Krzysztof	140	KB LUPUS OLEŚNICA	M30	43	06:16:19.00	06:16:19.00	+01:34:52 (25.2%)	7:14	8.3 (74.8%)
72	OSTAPSKI Kamil	146	VEGE RUNNERS	M30	44	06:16:28.00	06:16:28.00	+01:35:01 (25.2%)	7:14	8.3 (74.8%)
73	PTAK Wojciech	105	ZĄBKOWICE ŚLĄSKIE	M20	8	06:17:35.00	06:17:35.00	+01:36:08 (25.5%)	7:15	8.3 (74.8%)
74	HADAM Jacek	21	LUBACZOWSKI KLUB BIEGACZA	M40	17	06:18:49.00	06:18:49.00	+01:37:22 (25.7%)	7:17	8.2 (73.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
75	STANOWSKI Grzegorz	565	FOREVER YOUNG ŁÓDŹ	M40	18	06:19:27.00	06:19:27.00	+01:38:00 (25.8%)	7:17	8.2 (73.9%)
76	JUCHA Michał	301	ŁÓDŹ RYSIOTEAM	M30	45	06:20:03.00	06:20:03.00	+01:38:36 (25.9%)	7:18	8.2 (73.9%)
77	ŚWIDEREK Jacek	585		M30	46	06:20:29.00	06:20:29.00	+01:39:02 (26.0%)	7:19	8.2 (73.9%)
78	SUCHOWIECKI Wojciech	357	OLSZTYŃSKIE USTAWKI BIEGOWE	M30	47	06:20:42.00	06:20:42.00	+01:39:15 (26.1%)	7:19	8.2 (73.9%)
79	DZIERKA Mariusz	516	TOMASZÓW MAZOWIECKI	M40	19	06:21:38.00	06:21:38.00	+01:40:11 (26.3%)	7:20	8.2 (73.9%)
80	KROPIWNICKI Tomasz	383	31-952	M30	48	06:22:05.00	06:22:05.00	+01:40:38 (26.3%)	7:20	8.2 (73.9%)
81	CYTACKI Dawid	197	NIGHT RUNNERS PŁOCK	M30	49	06:22:14.00	06:22:14.00	+01:40:47 (26.4%)	7:21	8.2 (73.9%)
82	KRAWCZYK Kamil	553	LOTOS RUNNING TEAM	M20	9	06:22:18.00	06:22:18.00	+01:40:51 (26.4%)	7:21	8.2 (73.9%)
83	FRYŚ Piotr	384	KW KRKÓW	M30	50	06:22:19.00	06:22:19.00	+01:40:52 (26.4%)	7:21	8.2 (73.9%)
84	ARNOLD Przemysław	395	NRT WARSZAWA	M20	10	06:22:56.00	06:22:56.00	+01:41:29 (26.5%)	7:21	8.1 (73.0%)
85	PIENIAŻEK Sławomir	156	KRAKÓW	M30	51	06:23:14.00	06:23:14.00	+01:41:47 (26.6%)	7:22	8.1 (73.0%)
86	WOŁOSZYN Czesław	595	PIZUNY ROZTOCZE WSCHODNIE	M50	6	06:24:50.00	06:24:50.00	+01:43:23 (26.9%)	7:24	8.1 (73.0%)
87	GORCZYCA Bartosz	592	ICEBUG TEAM	M20	11	06:25:09.00	06:25:09.00	+01:43:42 (26.9%)	7:24	8.1 (73.0%)
88	PROSZOWSKI Piotr	255	SKB STAŁOWA WOLA	M40	20	06:28:09.00	06:28:09.00	+01:46:42 (27.5%)	7:27	8 (72.1%)
89	PRZYGODA Michał	523	MALINIE	M30	52	06:28:10.00	06:28:10.00	+01:46:43 (27.5%)	7:27	8 (72.1%)
90	MADEJSKI Sławomir	332	SPELEOKLUB ŚWIĘTOKRZYSKI KIELCE	M30	53	06:29:20.00	06:29:20.00	+01:47:53 (27.7%)	7:29	8 (72.1%)
91	LEWANDOWSKI Paweł	227	CHARZYNO	M20	12	06:29:42.00	06:29:42.00	+01:48:15 (27.8%)	7:29	8 (72.1%)
92	GŁOWACKI Jacek	11	BIEGAMY Z OCHOTĄ	M50	7	06:29:54.00	06:29:54.00	+01:48:27 (27.8%)	7:29	8 (72.1%)
93	SADALSKI Łukasz	1	PRUSZKÓW	M40	21	06:31:11.00	06:31:11.00	+01:49:44 (28.1%)	7:31	8 (72.1%)
94	GROSSE Paweł	591	MIESIĘCZNIK HOME&MARKET	M40	22	06:31:50.00	06:31:50.00	+01:50:23 (28.2%)	7:32	8 (72.1%)
95	RZECZKOWSKI Aleksander	597	HARDCORE HOLIDAYS	M40	23	06:32:10.00	06:32:10.00	+01:50:43 (28.2%)	7:32	8 (72.1%)
96	ZAPŁATA Wojciech	111	GORLICE	M30	54	06:32:17.00	06:32:17.00	+01:50:50 (28.3%)	7:32	8 (72.1%)
97	ARKUSZ Marcin	501	KRAKÓW	M30	55	06:32:38.00	06:32:38.00	+01:51:11 (28.3%)	7:33	7.9 (71.2%)
98	KUBACKI Sebastian	372	OSIEDLE NIEWIADÓW	M30	56	06:32:50.00	06:32:50.00	+01:51:23 (28.4%)	7:33	7.9 (71.2%)
99	ZMYSŁOWSKI Igor	302	LEPSZY ŻBIK	M20	13	06:32:56.00	06:32:56.00	+01:51:29 (28.4%)	7:33	7.9 (71.2%)
100	STYKOWSKI Sławomir	485	ART PROFI WARSZAWA	M30	57	06:33:01.00	06:33:01.00	+01:51:34 (28.4%)	7:33	7.9 (71.2%)
101	PILECKI Maciej	57	WROCŁAW	M30	58	06:33:40.00	06:33:40.00	+01:52:13 (28.5%)	7:34	7.9 (71.2%)
102	ŚWIDEREK Tomasz	29		M30	59	06:33:58.00	06:33:58.00	+01:52:31 (28.6%)	7:34	7.9 (71.2%)
103	OLEWIŃSKI Marcin	472	OLKUSZ	M20	14	06:34:13.00	06:34:13.00	+01:52:46 (28.6%)	7:34	7.9 (71.2%)
104	ŻENCZAKOWSKI Daniel	304	FALISZÓWKA	M30	60	06:34:50.00	06:34:50.00	+01:53:23 (28.7%)	7:35	7.9 (71.2%)
105	KOŁODZIEJSKI Jarek	361	POZNAŃ	M30	61	06:36:06.00	06:36:06.00	+01:54:39 (28.9%)	7:37	7.9 (71.2%)
106	ŚLIWKA Cezary	50	KIELCE	M30	62	06:36:08.00	06:36:08.00	+01:54:41 (29.0%)	7:37	7.9 (71.2%)
107	SZYBIAK Waldemar	16	PRZEMYŚL	M40	24	06:36:15.00	06:36:15.00	+01:54:48 (29.0%)	7:37	7.9 (71.2%)
107	KONIECZNY Mariusz	14	ŁAŃCUT	M40	24	06:36:15.00	06:36:15.00	+01:54:48 (29.0%)	7:37	7.9 (71.2%)
107	OLESIAK Grzegorz	280	NIGHT RUNNERS	M50	8	06:36:15.00	06:36:15.00	+01:54:48 (29.0%)	7:37	7.9 (71.2%)
110	WÓJTOWICZ Grzegorz	310	AUTOMATIKA POLICE	M40	26	06:36:18.00	06:36:18.00	+01:54:51 (29.0%)	7:37	7.9 (71.2%)
110	BIĄŁAS Jarosław	312	AUTOMATIKA POLICE, SZCZECIN	M40	26	06:36:18.00	06:36:18.00	+01:54:51 (29.0%)	7:37	7.9 (71.2%)
112	POGORZELSKI Daniel	587	PGB SPORTOWA PACZKA	M30	63	06:36:19.00	06:36:19.00	+01:54:52 (29.0%)	7:37	7.9 (71.2%)
113	PANKOWSKI Michał	235	NIGHT RUNNERS PŁOCK	M40	28	06:37:02.00	06:37:02.00	+01:55:35 (29.1%)	7:38	7.9 (71.2%)
114	KURZYNA Krzysztof	362	WYŻNICA-KOLONIA	M40	29	06:37:58.00	06:37:58.00	+01:56:31 (29.3%)	7:39	7.8 (70.3%)
115	HERNIK Dariusz	411	BIEGIEM RADOM	M40	30	06:39:16.00	06:39:16.00	+01:57:49 (29.5%)	7:40	7.8 (70.3%)
116	CZEMPAS Artur	24	JEDZ BUDYŃ	M30	64	06:39:20.00	06:39:20.00	+01:57:53 (29.5%)	7:40	7.8 (70.3%)
117	FRANKIEWICZ Maciej	158	GRUPA MALBORK	M30	65	06:39:46.00	06:39:46.00	+01:58:19 (29.6%)	7:41	7.8 (70.3%)
118	NOWAK Piotr	145		M40	31	06:40:08.00	06:40:08.00	+01:58:41 (29.7%)	7:41	7.8 (70.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
119	RATAJEWICZ Maciek	513	SPELEOKLUB WARSZAWSKI	M30	66	06:40:41.00	06:40:41.00	+01:59:14 (29.8%)	7:42	7.8 (70.3%)
120	DOLCZEWSKI Dariusz	452	WARSZAWA	M30	67	06:41:05.00	06:41:05.00	+01:59:38 (29.8%)	7:42	7.8 (70.3%)
121	FIGURA Marcin	555	KWIDZYN RUN	M30	68	06:41:25.00	06:41:25.00	+01:59:58 (29.9%)	7:43	7.8 (70.3%)
122	GELBERG Maciej	81		M30	69	06:41:46.00	06:41:46.00	+02:00:19 (29.9%)	7:43	7.8 (70.3%)
123	ŚWIERCZEK Grzegorz	604		M40	32	06:41:59.00	06:41:59.00	+02:00:32 (30.0%)	7:43	7.8 (70.3%)
124	BAKIEWICZ Błażej	406	SMASHING PĄPKINS	M30	70	06:43:25.00	06:43:25.00	+02:01:58 (30.2%)	7:45	7.7 (69.4%)
125	WOŁOSZYN Ryszard	594	PIZUNY ROZTOCZE WSCHODNIE	M40	33	06:43:46.00	06:43:46.00	+02:02:19 (30.3%)	7:45	7.7 (69.4%)
125	KRUPA Tobiasz	370	RZESZÓW	M20	15	06:43:46.00	06:43:46.00	+02:02:19 (30.3%)	7:45	7.7 (69.4%)
127	PINKOWSKI Dariusz	550	KPP LUBLINIEC X-KINETIC	M40	34	06:43:53.00	06:43:53.00	+02:02:26 (30.3%)	7:46	7.7 (69.4%)
128	SKOKOWSKI Tomasz	313	SUTTON	M30	71	06:43:58.00	06:43:58.00	+02:02:31 (30.3%)	7:46	7.7 (69.4%)
129	SKROK Dariusz	5	HARDCORE HOLIDAYS	M40	35	06:44:18.00	06:44:18.00	+02:02:51 (30.4%)	7:46	7.7 (69.4%)
130	PIEKARZ Jarosław	182	KATOWICE	M30	72	06:46:02.00	06:46:02.00	+02:04:35 (30.7%)	7:48	7.7 (69.4%)
131	MAZURKIEWICZ Tomasz	37	APTEKA OMEGA	M40	36	06:46:30.00	06:46:30.00	+02:05:03 (30.8%)	7:49	7.7 (69.4%)
132	KORDECKI Łukasz	524	BRZESKO	M30	73	06:46:47.00	06:46:47.00	+02:05:20 (30.8%)	7:49	7.7 (69.4%)
133	KOKOTEK Maciej	247	KITA TEAM ŁÓDŹ	M30	74	06:47:16.00	06:47:16.00	+02:05:49 (30.9%)	7:49	7.7 (69.4%)
134	SIKORA Jacek	482	WYŻNE	M40	37	06:47:36.00	06:47:36.00	+02:06:09 (30.9%)	7:50	7.7 (69.4%)
135	BRONCEL Sebastian	199	TYCHY	M30	75	06:48:51.00	06:48:51.00	+02:07:24 (31.2%)	7:51	7.6 (68.5%)
136	MIKRUT Remigiusz	360	CHEŁMNO	M30	76	06:48:59.00	06:48:59.00	+02:07:32 (31.2%)	7:51	7.6 (68.5%)
137	MALISZEWSKI Jacek	460	ENERGOTEL.PL	M40	38	06:49:02.00	06:49:02.00	+02:07:35 (31.2%)	7:51	7.6 (68.5%)
138	JACHYM Marcin	44	LIBERTÓW	M40	39	06:50:57.00	06:50:57.00	+02:09:30 (31.5%)	7:54	7.6 (68.5%)
139	MURAK Robert	162		M30	77	06:51:01.00	06:51:01.00	+02:09:34 (31.5%)	7:54	7.6 (68.5%)
140	GRYGO Krzysztof	68	KS ŁOMŻANIE	M50	9	06:51:17.00	06:51:17.00	+02:09:50 (31.6%)	7:54	7.6 (68.5%)
141	JANOWSKI Bogdan	169	WARSZAWA	M40	40	06:51:21.00	06:51:21.00	+02:09:54 (31.6%)	7:54	7.6 (68.5%)
142	ŚMIECHOWICZ Filip	486	LUBLIN	M40	41	06:51:23.00	06:51:23.00	+02:09:56 (31.6%)	7:54	7.6 (68.5%)
143	PENAR Jarosław	46	FESTINA LENTE OTWOCK	M50	10	06:51:26.00	06:51:26.00	+02:09:59 (31.6%)	7:54	7.6 (68.5%)
144	ŁUKASZ Szczeszek	341	POZNAŃ I LOVE TOU TEAM	M30	78	06:52:12.00	06:52:12.00	+02:10:45 (31.7%)	7:55	7.6 (68.5%)
145	POSKROBKO Jarosław	212	WAARSZAWA	M30	79	06:52:33.00	06:52:33.00	+02:11:06 (31.8%)	7:56	7.6 (68.5%)
146	MOSSOP Andrew	539	WITC	M30	80	06:52:49.00	06:52:49.00	+02:11:22 (31.8%)	7:56	7.6 (68.5%)
147	TRUSZKOWSKI Damian	559		M20	16	06:52:55.00	06:52:55.00	+02:11:28 (31.8%)	7:56	7.6 (68.5%)
148	BARANOWSKI Jacek	541	JACEK BIEGA RUNNING TEAM	M30	81	06:53:18.00	06:53:18.00	+02:11:51 (31.9%)	7:56	7.5 (67.6%)
149	PÓŁTORAK Krzysztof	323	WARSZAWA	M30	82	06:53:20.00	06:53:20.00	+02:11:53 (31.9%)	7:56	7.5 (67.6%)
150	BRYGIER Jacek	518	TKKF PŁOCK	M40	42	06:54:13.00	06:54:13.00	+02:12:46 (32.1%)	7:57	7.5 (67.6%)
151	WIŚNIEWSKI Artur	267	INTRO	M30	83	06:54:19.00	06:54:19.00	+02:12:52 (32.1%)	7:58	7.5 (67.6%)
152	OCHAB Janusz	22	WARSZAWA	M40	43	06:54:55.00	06:54:55.00	+02:13:28 (32.2%)	7:58	7.5 (67.6%)
153	ULAS Maciej	196	BOCHNIA	M30	84	06:55:05.00	06:55:05.00	+02:13:38 (32.2%)	7:58	7.5 (67.6%)
154	ZWOLIŃSKI Łukasz	26	AKADEMIA BIEGANIA	M30	85	06:55:42.00	06:55:42.00	+02:14:15 (32.3%)	7:59	7.5 (67.6%)
155	PISZCZEK Szymon	308		M30	86	06:56:02.00	06:56:02.00	+02:14:35 (32.3%)	8:00	7.5 (67.6%)
156	WAŁCZYK Krzysztof	295	ŁOWCE	M20	17	06:56:03.00	06:56:03.00	+02:14:36 (32.4%)	8:00	7.5 (67.6%)
157	BÓBSKI Michał	282	LUBLIN	M20	18	06:56:06.00	06:56:06.00	+02:14:39 (32.4%)	8:00	7.5 (67.6%)
158	WITCZAK Przemysław	74	DREAMTIME TRAILS	M40	44	06:56:29.00	06:56:29.00	+02:15:02 (32.4%)	8:00	7.5 (67.6%)
159	GMITEREK Tomasz	468	LUBLIN	M40	45	06:56:46.00	06:56:46.00	+02:15:19 (32.5%)	8:00	7.5 (67.6%)
160	JEZIERSKI-KRUPA Marek	568	ZABRZE	M20	19	06:56:51.00	06:56:51.00	+02:15:24 (32.5%)	8:00	7.5 (67.6%)
161	BUSZ Jacek	398	RZESZÓW	M30	87	06:58:23.00	06:58:23.00	+02:16:56 (32.7%)	8:02	7.5 (67.6%)
162	KUŹNIAK Marcin	527	ENDORFINA	M30	88	06:58:26.00	06:58:26.00	+02:16:59 (32.7%)	8:02	7.5 (67.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
163	HADAŁA Ignacy	266	KINETIC TEAM GDAŃSK	M30	89	06:58:34.00	06:58:34.00	+02:17:07 (32.8%)	8:02	7.5 (67.6%)
164	MISZCZAK Szymon	601	REHABILITANCI.ORG.PL	M30	90	06:58:50.00	06:58:50.00	+02:17:23 (32.8%)	8:03	7.4 (66.7%)
165	KĘPIŃSKI Damian	558	BEŁCHATÓW	M20	20	06:58:51.00	06:58:51.00	+02:17:24 (32.8%)	8:03	7.4 (66.7%)
166	SOBOLEWSKI Sebastian	85	RZESZÓW	M20	21	06:59:00.00	06:59:00.00	+02:17:33 (32.8%)	8:03	7.4 (66.7%)
167	POBŁOCKI Jan	493	GRUPA TRÓJMIASTO	M50	11	06:59:01.00	06:59:01.00	+02:17:34 (32.8%)	8:03	7.4 (66.7%)
168	JAREMA Robert	20	LOKOMOTIV MAJDAN	M40	46	06:59:03.00	06:59:03.00	+02:17:36 (32.8%)	8:03	7.4 (66.7%)
169	KIELAK Daniel	150	WARSZAWA	M30	91	06:59:05.00	06:59:05.00	+02:17:38 (32.8%)	8:03	7.4 (66.7%)
170	CZERSKI Piotr	91	WARSZAWA	M30	92	06:59:06.00	06:59:06.00	+02:17:39 (32.8%)	8:03	7.4 (66.7%)
171	ROSIŃSKI Piotr	143	PRO-CARS WEJHEROWO	M50	12	06:59:59.00	06:59:59.00	+02:18:32 (33.0%)	8:04	7.4 (66.7%)
171	PIOTR Wiśiewski	575	LOFT SPORT	M40	47	06:59:59.00	06:59:59.00	+02:18:32 (33.0%)	8:04	7.4 (66.7%)
173	NIŻNIK Marcin	602	RT NSG	M30	93	07:00:19.00	07:00:19.00	+02:18:52 (33.0%)	8:04	7.4 (66.7%)
174	TUROSZ Zbigniew	386	LEŻAJSK	M50	13	07:00:23.00	07:00:23.00	+02:18:56 (33.0%)	8:05	7.4 (66.7%)
175	TIMOFIEJUK Paweł	598	NIGHT RUNNERS ALBATROS	M30	94	07:01:55.00	07:01:55.00	+02:20:28 (33.3%)	8:06	7.4 (66.7%)
176	KRYGIER Marcin	606	PGB SPORTOWA PACZKA	M30	95	07:01:59.00	07:01:59.00	+02:20:32 (33.3%)	8:06	7.4 (66.7%)
177	KOŁODZIEJSKI Michał	378	WARSZAWA	M40	48	07:02:01.00	07:02:01.00	+02:20:34 (33.3%)	8:06	7.4 (66.7%)
178	TURLEJ Dariusz	55	KONDYCJA	M50	14	07:02:04.00	07:02:04.00	+02:20:37 (33.3%)	8:07	7.4 (66.7%)
179	ZYGMUNT Mateusz	112	ŁUSZCZANOWICE	M30	96	07:02:19.00	07:02:19.00	+02:20:52 (33.4%)	8:07	7.4 (66.7%)
180	KONRAD Konstantynowicz	167		M30	97	07:02:41.00	07:02:41.00	+02:21:14 (33.4%)	8:07	7.4 (66.7%)
181	ŁOCHAŃSKI Grzegorz	274	BRYŚIE	M30	98	07:02:55.00	07:02:55.00	+02:21:28 (33.5%)	8:07	7.4 (66.7%)
182	PORĘBA Eugeniusz	52	MIECHÓW	M50	15	07:03:01.00	07:03:01.00	+02:21:34 (33.5%)	8:08	7.4 (66.7%)
183	NĘDZUSIAK Dariusz	171	APTEKA MIKSTURA	M50	16	07:03:11.00	07:03:11.00	+02:21:44 (33.5%)	8:08	7.4 (66.7%)
184	JARUS Tomasz	436	KOMORNIKI	M30	99	07:03:52.00	07:03:52.00	+02:22:25 (33.6%)	8:09	7.4 (66.7%)
185	STRZELECKI Jacek	117	SIŁOWNIA B-52 GDAŃSK	M30	100	07:03:58.00	07:03:58.00	+02:22:31 (33.6%)	8:09	7.4 (66.7%)
186	PIKOR Jacek	547	BIEGUSIEM.PL	M40	49	07:04:05.00	07:04:05.00	+02:22:38 (33.6%)	8:09	7.4 (66.7%)
187	ŚCIUBEŁ Michał	48	KIELCE	M30	101	07:04:20.00	07:04:20.00	+02:22:53 (33.7%)	8:09	7.4 (66.7%)
188	KRZYŻAK Edward	479	LOS BIEGANEROS	M40	50	07:04:21.00	07:04:21.00	+02:22:54 (33.7%)	8:09	7.4 (66.7%)
189	DADUŃ Tomasz	544		M40	51	07:04:42.00	07:04:42.00	+02:23:15 (33.7%)	8:10	7.3 (65.8%)
190	KUROWSKI Kuba	467	PUŁAWY	M30	102	07:05:36.00	07:05:36.00	+02:24:09 (33.9%)	8:11	7.3 (65.8%)
191	ZUBOWICZ Jakub	215	ŻWAWĘ ŻUBRY	M30	103	07:06:27.00	07:06:27.00	+02:25:00 (34.0%)	8:12	7.3 (65.8%)
192	SUCHODOLSKI Jerzy	291	RADLIN KWK MARCEL	M40	52	07:07:09.00	07:07:09.00	+02:25:42 (34.1%)	8:12	7.3 (65.8%)
193	CZUPTA Dawid	596		M30	104	07:07:58.00	07:07:58.00	+02:26:31 (34.2%)	8:13	7.3 (65.8%)
194	GWIZDAK Bartosz	483	WYŻNE	M30	105	07:08:20.00	07:08:20.00	+02:26:53 (34.3%)	8:14	7.3 (65.8%)
195	DZIENISZEWSKI Tomasz	230	WARSZAWA	M30	106	07:08:23.00	07:08:23.00	+02:26:56 (34.3%)	8:14	7.3 (65.8%)
196	BASIŃSKI Hubert	385	BIEGACZAMATOR	M30	107	07:08:25.00	07:08:25.00	+02:26:58 (34.3%)	8:14	7.3 (65.8%)
197	MAJEWSKI Piotr	399	JASŁO	M30	108	07:08:33.00	07:08:33.00	+02:27:06 (34.3%)	8:14	7.3 (65.8%)
197	CEBULA Leszek	423	KRAKÓW	M30	108	07:08:33.00	07:08:33.00	+02:27:06 (34.3%)	8:14	7.3 (65.8%)
197	NOWAKOWSKI Mateusz	438	CIECHOCINEK	M20	22	07:08:33.00	07:08:33.00	+02:27:06 (34.3%)	8:14	7.3 (65.8%)
200	PLACZEK Paweł	428	WETLINA	M30	110	07:08:56.00	07:08:56.00	+02:27:29 (34.4%)	8:14	7.3 (65.8%)
201	RAK Łukasz	348	JASŁO	M40	53	07:09:04.00	07:09:04.00	+02:27:37 (34.4%)	8:15	7.3 (65.8%)
202	GUT Mateusz	433	WARSZAWA	M Open	1	07:09:16.00	07:09:16.00	+02:27:49 (34.4%)	8:15	7.3 (65.8%)
203	ROŚ Lech	246	OLKUSZ	M40	54	07:09:19.00	07:09:19.00	+02:27:52 (34.4%)	8:15	7.3 (65.8%)
204	RAMM Aleksander	30		M30	111	07:10:29.00	07:10:29.00	+02:29:02 (34.6%)	8:16	7.2 (64.9%)
204	NOWAK Mariusz	422	ROWEROWANIE.PL	M30	111	07:10:29.00	07:10:29.00	+02:29:02 (34.6%)	8:16	7.2 (64.9%)
206	LAMPART Robert	311	10 WARSZAWSKI PUŁK SAMOCHODOWY	M40	55	07:10:37.00	07:10:37.00	+02:29:10 (34.6%)	8:16	7.2 (64.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
207	ŻERO Artur	297	ZEROACTIVE	M40	56	07:10:39.00	07:10:39.00	+02:29:12 (34.6%)	8:16	7.2 (64.9%)
208	SIERZPUTOWSKI Grzegorz	262	WARSZAWA	M30	113	07:10:41.00	07:10:41.00	+02:29:14 (34.7%)	8:16	7.2 (64.9%)
209	MICHAŁ Biniecki	133	CHORZÓW	M40	57	07:10:42.00	07:10:42.00	+02:29:15 (34.7%)	8:16	7.2 (64.9%)
210	MARCHEWKA Daniel	488	LUBIN	M30	114	07:10:50.00	07:10:50.00	+02:29:23 (34.7%)	8:17	7.2 (64.9%)
211	JAROSZYŃSKI Piotr	502	MTS DRUŻYNA SZPIKU KGHM	M30	115	07:10:51.00	07:10:51.00	+02:29:24 (34.7%)	8:17	7.2 (64.9%)
212	LASOCKI Dawid	552	CIECHANÓW	M30	116	07:11:39.00	07:11:39.00	+02:30:12 (34.8%)	8:18	7.2 (64.9%)
213	RYBAK Przemysław	367	RODOWITE PUŁAWY	M30	117	07:12:25.00	07:12:25.00	+02:30:58 (34.9%)	8:18	7.2 (64.9%)
214	JAREMA Marek	129	KRAKÓW	M40	58	07:12:32.00	07:12:32.00	+02:31:05 (34.9%)	8:19	7.2 (64.9%)
215	GÓROWSKI Mateusz	6	ZABRZE	M30	118	07:13:17.00	07:13:17.00	+02:31:50 (35.0%)	8:19	7.2 (64.9%)
216	KAWA Michał	365	PUŁAWY	M40	59	07:13:22.00	07:13:22.00	+02:31:55 (35.1%)	8:20	7.2 (64.9%)
217	KRZYSZCZAK Jaromir	427	CZCICIELE BOBRZEJ NORCY	M30	119	07:13:34.00	07:13:34.00	+02:32:07 (35.1%)	8:20	7.2 (64.9%)
218	CYRANKIEWICZ Paweł	316	LUBLIN	M40	60	07:13:35.00	07:13:35.00	+02:32:08 (35.1%)	8:20	7.2 (64.9%)
219	KOSTKA Janusz	92	38-457	M40	61	07:14:53.00	07:14:53.00	+02:33:26 (35.3%)	8:21	7.2 (64.9%)
220	KRUZEL Rafał	3	LEGNICA	M40	62	07:16:12.00	07:16:12.00	+02:34:45 (35.5%)	8:23	7.2 (64.9%)
221	TEKIELI Kacper	201		M30	120	07:16:52.00	07:16:52.00	+02:35:25 (35.6%)	8:24	7.1 (64.0%)
222	MOŁDAWA Wojciech	569	GDAŃSK	M30	121	07:17:21.00	07:17:21.00	+02:35:54 (35.6%)	8:24	7.1 (64.0%)
223	MISIUREWICZ Paweł	110	PASSUS SPORT TEAM	M40	63	07:17:52.00	07:17:52.00	+02:36:25 (35.7%)	8:25	7.1 (64.0%)
224	JAKUBIEC Bartłomiej	475	ROZPIERDOLSI	M20	23	07:17:57.00	07:17:57.00	+02:36:30 (35.7%)	8:25	7.1 (64.0%)
225	CHUDYBA Michał	318	GDAŃSK	M30	122	07:18:17.00	07:18:17.00	+02:36:50 (35.8%)	8:25	7.1 (64.0%)
226	JANISZEWSKI Łukasz	336	CZĘSTOCHOWA	M30	123	07:18:20.00	07:18:20.00	+02:36:53 (35.8%)	8:25	7.1 (64.0%)
227	APANASIEWICZ Bartosz	416	BYDGOSZCZ	M30	124	07:18:24.00	07:18:24.00	+02:36:57 (35.8%)	8:25	7.1 (64.0%)
228	KRUPCZYŃSKI Michał	414	KRUPOLS TEAM	M20	24	07:18:39.00	07:18:39.00	+02:37:12 (35.8%)	8:26	7.1 (64.0%)
229	KACPERSKI Olaf	470		M40	64	07:18:43.00	07:18:43.00	+02:37:16 (35.8%)	8:26	7.1 (64.0%)
230	KUKLA Marcin	168	WARSZAWA	M40	65	07:18:47.00	07:18:47.00	+02:37:20 (35.9%)	8:26	7.1 (64.0%)
230	KIRKIEWICZ Ireneusz	101	KOLEGA MAĆKA OŁAWA	M40	65	07:18:47.00	07:18:47.00	+02:37:20 (35.9%)	8:26	7.1 (64.0%)
232	STASZEWSKI Piotr	346	POTASZE	M40	67	07:19:48.00	07:19:48.00	+02:38:21 (36.0%)	8:27	7.1 (64.0%)
233	SOBULSKI Karol	9	KALIŃSKA TEAM	M30	125	07:20:22.00	07:20:22.00	+02:38:55 (36.1%)	8:28	7.1 (64.0%)
234	TROJNAR Damian	449	DĘBNO/LEŻAJSK	M20	25	07:21:01.00	07:21:01.00	+02:39:34 (36.2%)	8:28	7.1 (64.0%)
234	RZECZKOWSKI Maciej	418	OTWOCK	M40	68	07:21:01.00	07:21:01.00	+02:39:34 (36.2%)	8:28	7.1 (64.0%)
236	TUCZAPSKI Artur	369	RZESZÓW	M50	17	07:21:36.00	07:21:36.00	+02:40:09 (36.3%)	8:29	7.1 (64.0%)
237	TERLECKI Krzysztof	557	BOREK CHEŁM	M50	18	07:21:45.00	07:21:45.00	+02:40:18 (36.3%)	8:29	7.1 (64.0%)
238	KLARECKI Adrian	442	ASTMA TEAM	M30	126	07:22:05.00	07:22:05.00	+02:40:38 (36.3%)	8:30	7.1 (64.0%)
239	KRÓL Maciej	441	ASTMA TEAM	M30	127	07:22:06.00	07:22:06.00	+02:40:39 (36.3%)	8:30	7.1 (64.0%)
240	JAROSIK Daniel	573	TEAM ASA - BIEGIEM PO ZDROWIE	M40	69	07:23:26.00	07:23:26.00	+02:41:59 (36.5%)	8:31	7 (63.1%)
241	JEREMICZ Marcin	210	SPORTEVO	M30	128	07:23:43.00	07:23:43.00	+02:42:16 (36.6%)	8:31	7 (63.1%)
242	BAK Marek	439	TARNOWSKIE GÓRY	M40	70	07:23:46.00	07:23:46.00	+02:42:19 (36.6%)	8:32	7 (63.1%)
243	MISIEK Marek	588	GŁUCHOŁĄZY	M40	71	07:24:01.00	07:24:01.00	+02:42:34 (36.6%)	8:32	7 (63.1%)
244	OPOZDA Michał	474	KRAKÓW	M30	129	07:24:06.00	07:24:06.00	+02:42:39 (36.6%)	8:32	7 (63.1%)
245	OZDZIŃSKI Paweł	504	RYKI	M40	72	07:24:42.00	07:24:42.00	+02:43:15 (36.7%)	8:33	7 (63.1%)
246	CZAPLIŃSKI Mariusz	455	GNIEZNO	M40	73	07:25:02.00	07:25:02.00	+02:43:35 (36.8%)	8:33	7 (63.1%)
246	PACANOWSKI Robert	351	GNIEZNO	M40	73	07:25:02.00	07:25:02.00	+02:43:35 (36.8%)	8:33	7 (63.1%)
248	BENESZ Robert	519	RZESZOWSKIE GAZELE I GEPARDY	M40	75	07:25:17.00	07:25:17.00	+02:43:50 (36.8%)	8:33	7 (63.1%)
249	ŚWIDER Bartosz	109	KROGULCE	M30	130	07:25:23.00	07:25:23.00	+02:43:56 (36.8%)	8:33	7 (63.1%)
250	ZASINA Sebastian	540	RÜBEZAHL TEAM	M30	131	07:25:29.00	07:25:29.00	+02:44:02 (36.8%)	8:34	7 (63.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
251	JAREMA Maciek	19	LOKOMOTIV MAJDAN	M30	132	07:25:30.00	07:25:30.00	+02:44:03 (36.8%)	8:34	7 (63.1%)
252	KRZYWICKI Paweł	203		M40	76	07:25:32.00	07:25:32.00	+02:44:05 (36.8%)	8:34	7 (63.1%)
253	URBAŃSKI Józef	327	KKB MOSIR KROSNO	M50	19	07:25:54.00	07:25:54.00	+02:44:27 (36.9%)	8:34	7 (63.1%)
254	JEZIERSKI Marek	425	CHRZANOW	M30	133	07:27:16.00	07:27:16.00	+02:45:49 (37.1%)	8:36	7 (63.1%)
255	SZANECKI Jakub	220	RZESZÓW	M30	134	07:27:59.00	07:27:59.00	+02:46:32 (37.2%)	8:36	7 (63.1%)
256	MAJEWSKI Arkadiusz	204	WODZISŁAW ŚLĄSKI	M40	77	07:28:18.00	07:28:18.00	+02:46:51 (37.2%)	8:37	7 (63.1%)
257	GRONIECKI Mikołaj	281		M30	135	07:29:10.00	07:29:10.00	+02:47:43 (37.3%)	8:38	6.9 (62.2%)
258	PAŁASZYŃSKI Tomasz	175	CZERNIKOWO	M40	78	07:29:38.00	07:29:38.00	+02:48:11 (37.4%)	8:38	6.9 (62.2%)
259	KOWALSKI Dominik	409	LOFT SPORT TEAM	M20	26	07:31:29.00	07:31:29.00	+02:50:02 (37.7%)	8:40	6.9 (62.2%)
260	KUZIMSKI Aleksander	366	PADŁ NA RYJ TEAM	M30	136	07:31:50.00	07:31:50.00	+02:50:23 (37.7%)	8:41	6.9 (62.2%)
261	JÓZEFczyk Tomasz	434	KROSNO	M30	137	07:32:04.00	07:32:04.00	+02:50:37 (37.7%)	8:41	6.9 (62.2%)
262	DOBZAŃSKI Paweł	375	POSMAKUJ RUN TEAM	M30	138	07:32:05.00	07:32:05.00	+02:50:38 (37.7%)	8:41	6.9 (62.2%)
263	TODD Peter	507	LONDYN	M50	20	07:32:31.00	07:32:31.00	+02:51:04 (37.8%)	8:42	6.9 (62.2%)
264	KOWALSKI Hubert	408	LOFT SPORT TEAM	M30	139	07:32:37.00	07:32:37.00	+02:51:10 (37.8%)	8:42	6.9 (62.2%)
265	KURA Tomasz	144	KATOWICE	M40	79	07:32:41.00	07:32:41.00	+02:51:14 (37.8%)	8:42	6.9 (62.2%)
266	POSTUPALSKI Michał	471	XTRAINER.PL	M30	140	07:32:44.00	07:32:44.00	+02:51:17 (37.8%)	8:42	6.9 (62.2%)
267	STARZYŃSKI Stefan	10	PERFECT RUNNER LUBLIN	M40	80	07:32:47.00	07:32:47.00	+02:51:20 (37.8%)	8:42	6.9 (62.2%)
268	LESZCZYŃSKI Maciek	440	BIELSKO-BIAŁA	M40	81	07:32:50.00	07:32:50.00	+02:51:23 (37.8%)	8:42	6.9 (62.2%)
269	FYDA Piotr	419		M30	141	07:33:15.00	07:33:15.00	+02:51:48 (37.9%)	8:42	6.9 (62.2%)
270	PALCZAK Rafał	84	GŁOGÓW MAŁOPOLSKI	M40	82	07:33:19.00	07:33:19.00	+02:51:52 (37.9%)	8:43	6.9 (62.2%)
271	ŚLĄCZKA Arkadiusz	75	FINISZ RYMANÓW	M30	142	07:33:33.00	07:33:33.00	+02:52:06 (37.9%)	8:43	6.9 (62.2%)
272	DOLATOWSKI Łukasz	564	DOLAR TRAVEL	M30	143	07:34:10.00	07:34:10.00	+02:52:43 (38.0%)	8:44	6.9 (62.2%)
273	WIECZOREK Dariusz	613	PRZEGLĄD SPORTOWY/CZASNABIEGANIE.PL	M40	83	07:34:41.00	07:34:41.00	+02:53:14 (38.1%)	8:44	6.9 (62.2%)
274	GUTKOWSKI Tomek	443	RADOM	M30	144	07:35:04.00	07:35:04.00	+02:53:37 (38.2%)	8:45	6.9 (62.2%)
275	WASIAK Michał	299	RADOM	M20	27	07:35:15.00	07:35:15.00	+02:53:48 (38.2%)	8:45	6.9 (62.2%)
276	BUSZKO Sławomir	462	WARSZAWA	M30	145	07:36:43.00	07:36:43.00	+02:55:16 (38.4%)	8:46	6.8 (61.3%)
277	BARTOSIEWICZ Andrzej	287	POZNAŃ	M40	84	07:36:45.00	07:36:45.00	+02:55:18 (38.4%)	8:47	6.8 (61.3%)
278	WOJCIECHOWSKI Michał	631	SPARTANIE DZIECIOM	M30	146	07:36:49.00	07:36:49.00	+02:55:22 (38.4%)	8:47	6.8 (61.3%)
279	OSTROWSKI Ignacy	520		M30	147	07:36:58.00	07:36:58.00	+02:55:31 (38.4%)	8:47	6.8 (61.3%)
280	ZANIEWSKI Krzysztof	508	CHRISACTIVE	M30	148	07:37:28.00	07:37:28.00	+02:56:01 (38.5%)	8:47	6.8 (61.3%)
281	NIEMCZEWSKI Borys	244	RZESZÓW TIMEBANDIT CORPS	M30	149	07:37:43.00	07:37:43.00	+02:56:16 (38.5%)	8:48	6.8 (61.3%)
282	WOJTKOWIAK Łukasz	380	BIEGACZAMATOR	M30	150	07:38:23.00	07:38:23.00	+02:56:56 (38.6%)	8:48	6.8 (61.3%)
283	ŁUKASIK Andrzej	214	LUBLIN	M40	85	07:39:46.00	07:39:46.00	+02:58:19 (38.8%)	8:50	6.8 (61.3%)
284	NOWAK Łukasz	257	RUNNING SUCKS / TORUŃ	M30	151	07:40:01.00	07:40:01.00	+02:58:34 (38.8%)	8:50	6.8 (61.3%)
285	PIECH Adam	572	KRAKÓW	M40	86	07:40:32.00	07:40:32.00	+02:59:05 (38.9%)	8:51	6.8 (61.3%)
286	CIESLAK Marek	546	WARSZAWA	M40	87	07:40:42.00	07:40:42.00	+02:59:15 (38.9%)	8:51	6.8 (61.3%)
287	DZIEMBA Piotr	586	BIELSKO-BIAŁA	M30	152	07:41:09.00	07:41:09.00	+02:59:42 (39.0%)	8:52	6.8 (61.3%)
288	WITKOWICZ Tomasz	205	WODZISŁAW SL	M40	88	07:41:45.00	07:41:45.00	+03:00:18 (39.0%)	8:52	6.8 (61.3%)
289	SZAFRANIEC Artur	194	AT TEAM	M30	153	07:41:52.00	07:41:52.00	+03:00:25 (39.1%)	8:52	6.8 (61.3%)
290	ATWELL Mike	272	CBRE	M40	89	07:41:55.00	07:41:55.00	+03:00:28 (39.1%)	8:52	6.8 (61.3%)
291	GÓRALCZYK Andrzej	514	KW KRAKÓW	M30	154	07:41:58.00	07:41:58.00	+03:00:31 (39.1%)	8:53	6.8 (61.3%)
292	JEŻYNA Marcin	38	KRAKÓW	M30	155	07:42:38.00	07:42:38.00	+03:01:11 (39.2%)	8:53	6.7 (60.4%)
293	KRUPCZYŃSKI Mariusz	410	KRUPOLS TEAM	M50	21	07:43:13.00	07:43:13.00	+03:01:46 (39.2%)	8:54	6.7 (60.4%)
294	KRZYSZTOŃ Piotr	330	GIEEMPE LASY / KRAŚNIK	M30	156	07:43:27.00	07:43:27.00	+03:02:00 (39.3%)	8:54	6.7 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
295	PERCZYŃSKI Piotr	447	CZARNY DUNAJEC	M20	28	07:44:40.00	07:44:40.00	+03:03:13 (39.4%)	8:56	6.7 (60.4%)
295	GÓRECKI Rafał	241	SPELEOKLUB WARSZAWSKI	M30	157	07:44:40.00	07:44:40.00	+03:03:13 (39.4%)	8:56	6.7 (60.4%)
297	BŁASIAK Leszek	134	KĘTY	M40	90	07:44:44.00	07:44:44.00	+03:03:17 (39.4%)	8:56	6.7 (60.4%)
298	SENDECKI Rafał	457	BRUPA BIEGOWA WAŁBRZYCH	M30	158	07:44:48.00	07:44:48.00	+03:03:21 (39.4%)	8:56	6.7 (60.4%)
299	KUBAREK Łukasz	444	KRAKÓW	M30	159	07:45:26.00	07:45:26.00	+03:03:59 (39.5%)	8:57	6.7 (60.4%)
300	ROSIŃSKI Krzysztof	525	BYDGOSZCZ	M30	160	07:45:37.00	07:45:37.00	+03:04:10 (39.6%)	8:57	6.7 (60.4%)
301	MAĆZKA Bronisław	612	OTK RZEŹNIK	M60	1	07:46:58.00	07:46:58.00	+03:05:31 (39.7%)	8:58	6.7 (60.4%)
301	PIECH Krzysztof	620	OTK RZEŹNIK	M40	91	07:46:58.00	07:46:58.00	+03:05:31 (39.7%)	8:58	6.7 (60.4%)
303	KAMIŃSKI Bartosz	333	NYSA	M30	161	07:47:05.00	07:47:05.00	+03:05:38 (39.7%)	8:58	6.7 (60.4%)
304	KARDACH Kamil	554	FINISZ RYMANÓW	M20	29	07:47:21.00	07:47:21.00	+03:05:54 (39.8%)	8:59	6.7 (60.4%)
305	JULKE Sławomir	321	LOFT SPORT	M30	162	07:47:26.00	07:47:26.00	+03:05:59 (39.8%)	8:59	6.7 (60.4%)
306	ŻOCHOWSKI Krzysztof	392	WARSZAWA	M50	22	07:48:11.00	07:48:11.00	+03:06:44 (39.9%)	9:00	6.7 (60.4%)
307	DŁUŹNIEWSKI Jacek	114	KS ŁOMŻANIE	M30	163	07:48:21.00	07:48:21.00	+03:06:54 (39.9%)	9:00	6.7 (60.4%)
308	ŻÓŁTEK Piotr	609	POCZTOWA GRUPA BIEGOWA	M40	92	07:48:23.00	07:48:23.00	+03:06:56 (39.9%)	9:00	6.7 (60.4%)
308	BAŁAZY Patryk	607	PGB SPORTOWA PACZKA	M30	164	07:48:23.00	07:48:23.00	+03:06:56 (39.9%)	9:00	6.7 (60.4%)
310	PIĄTEK Roman	605	POCZTOWA GRUPA BIEGOWA	M40	93	07:48:24.00	07:48:24.00	+03:06:57 (39.9%)	9:00	6.7 (60.4%)
311	PUDŁO Marcin	379	AKSUPOLSKA/GOPR BIESZCZADY	M30	165	07:48:27.00	07:48:27.00	+03:07:00 (39.9%)	9:00	6.7 (60.4%)
312	TOMEČKO Jozef	581	MARAS TEAM PREŠOV	M60	2	07:48:43.00	07:48:43.00	+03:07:16 (40.0%)	9:00	6.7 (60.4%)
313	SZYSZKOWSKI Włodzimierz	132	WARSZAWA	M40	94	07:48:50.00	07:48:50.00	+03:07:23 (40.0%)	9:00	6.7 (60.4%)
314	PLASZCZYK Tomasz	218	SPORTEVO GDAŃSK	M30	166	07:49:08.00	07:49:08.00	+03:07:41 (40.0%)	9:01	6.7 (60.4%)
314	STUSIŃSKI Mariusz	402	MIŃSK MAZOWIECKI	M30	166	07:49:08.00	07:49:08.00	+03:07:41 (40.0%)	9:01	6.7 (60.4%)
316	WÓJCIK Julian	576	SZWLA	M60	3	07:49:15.00	07:49:15.00	+03:07:48 (40.0%)	9:01	6.6 (59.5%)
317	STARZYŃSKI Piotr	359	WARSZAWA	M40	95	07:49:16.00	07:49:16.00	+03:07:49 (40.0%)	9:01	6.6 (59.5%)
318	FUNKA Andrzej	159	NKB CHYŻY NOWY TOMYŚL	M50	23	07:49:18.00	07:49:18.00	+03:07:51 (40.0%)	9:01	6.6 (59.5%)
319	GÓRECKI Piotr	590	TRAIL FORCES	M40	96	07:49:21.00	07:49:21.00	+03:07:54 (40.0%)	9:01	6.6 (59.5%)
320	SIELICKI Krzysztof	234	WARSZAWA	M30	168	07:50:16.00	07:50:16.00	+03:08:49 (40.2%)	9:02	6.6 (59.5%)
321	BUŁKOWSKI Waldemar	260	BRZEG	M50	24	07:50:25.00	07:50:25.00	+03:08:58 (40.2%)	9:02	6.6 (59.5%)
322	ŻUROWSKI Marcin	343	KICIN	M40	97	07:51:13.00	07:51:13.00	+03:09:46 (40.3%)	9:03	6.6 (59.5%)
323	FIJAŁKOWSKI Radosław	185	COSTEKTEAM	M30	169	07:52:06.00	07:52:06.00	+03:10:39 (40.4%)	9:04	6.6 (59.5%)
324	NARTOWSKI Jan	172	APTEKA MIKSTURA CIECHOCINEK	M50	25	07:52:50.00	07:52:50.00	+03:11:23 (40.5%)	9:05	6.6 (59.5%)
325	LIPSKI Andrzej	229	PARCZEW	M50	26	07:54:58.00	07:54:58.00	+03:13:31 (40.7%)	9:08	6.6 (59.5%)
326	TAJAK Karol	435	KROSNO	M20	30	07:55:40.00	07:55:40.00	+03:14:13 (40.8%)	9:08	6.6 (59.5%)
327	BUŚ Mateusz	551	WĘGRZCE	M20	31	07:56:17.00	07:56:17.00	+03:14:50 (40.9%)	9:09	6.6 (59.5%)
328	MORYC Maciej	478	WARSZAWA	M30	170	07:56:32.00	07:56:32.00	+03:15:05 (40.9%)	9:09	6.5 (58.6%)
329	ZAGDAŃSKI Robert	536	MACHNÓWKA	M30	171	07:56:50.00	07:56:50.00	+03:15:23 (41.0%)	9:10	6.5 (58.6%)
330	ŁOKAS Andrzej	258	BĘDZIN	M40	98	07:57:04.00	07:57:04.00	+03:15:37 (41.0%)	9:10	6.5 (58.6%)
331	PLESKOT Adam	306	ŁĘGONICE	M30	172	07:57:22.00	07:57:22.00	+03:15:55 (41.0%)	9:10	6.5 (58.6%)
332	SMOLIŃSKI Robert	300		M40	99	07:57:23.00	07:57:23.00	+03:15:56 (41.0%)	9:10	6.5 (58.6%)
333	NITSCH Tomasz	358	UNTS WARSZAWA	M40	100	07:57:53.00	07:57:53.00	+03:16:26 (41.1%)	9:11	6.5 (58.6%)
334	MROZIK Jarosław	381	WARSZAWA	M20	32	07:57:59.00	07:57:59.00	+03:16:32 (41.1%)	9:11	6.5 (58.6%)
335	OLEJNICZAK Paweł	618	ŁAGÓW	M30	173	07:58:10.00	07:58:10.00	+03:16:43 (41.1%)	9:11	6.5 (58.6%)
336	PILECKI Adam	374	RADOMYŚL NAD SANEM	M20	33	07:58:59.00	07:58:59.00	+03:17:32 (41.2%)	9:12	6.5 (58.6%)
337	ŁUBIEŃSKI Wojciech	233	POZNAŃ	M30	174	07:59:19.00	07:59:19.00	+03:17:52 (41.3%)	9:13	6.5 (58.6%)
338	KOŁODZIEJ Grzegorz	421		M20	34	07:59:39.00	07:59:39.00	+03:18:12 (41.3%)	9:13	6.5 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
339	SŁOMIAK Marian	353	GRUDZIĄDZ	M50	27	08:01:02.00	08:01:02.00	+03:19:35 (41.5%)	9:15	6.5 (58.6%)
340	SOBCZAK Maciej	459	NIGHT RUNNERS ŁÓDŹ	M30	175	08:01:09.00	08:01:09.00	+03:19:42 (41.5%)	9:15	6.5 (58.6%)
341	HOŁODY Grzegorz	142	PKO BANK POLSKI	M20	35	08:02:37.00	08:02:37.00	+03:21:10 (41.7%)	9:16	6.5 (58.6%)
342	MLECZKO Marek	570		M40	101	08:02:43.00	08:02:43.00	+03:21:16 (41.7%)	9:16	6.5 (58.6%)
343	JAMA Rafał	492	NOWA WIEŚ	M30	176	08:03:41.00	08:03:41.00	+03:22:14 (41.8%)	9:18	6.5 (58.6%)
344	CHOJECKI Dariusz	509	KEREZA LUBLIN	M40	102	08:04:41.00	08:04:41.00	+03:23:14 (41.9%)	9:19	6.4 (57.7%)
345	SZABELAK Witek	61	ORTOREH TEAM	M30	177	08:05:15.00	08:05:15.00	+03:23:48 (42.0%)	9:19	6.4 (57.7%)
346	KUBALA Sylwester	593	KALISZ	M40	103	08:05:20.00	08:05:20.00	+03:23:53 (42.0%)	9:20	6.4 (57.7%)
347	FIGGA Ryszard	531	MARATON GORLICE FESTIWAL BIEGOWY KRYNICA	M50	28	08:05:37.00	08:05:37.00	+03:24:10 (42.0%)	9:20	6.4 (57.7%)
348	MADAJ Paweł	288	BIEGAM BO NIE LUBIĘ	M30	178	08:05:40.00	08:05:40.00	+03:24:13 (42.0%)	9:20	6.4 (57.7%)
349	SKRZYPCZAK Piotr	188	MARATON LUBELSKI	M30	179	08:06:40.00	08:06:40.00	+03:25:13 (42.2%)	9:21	6.4 (57.7%)
350	GOMUŁKA Andzrej	190	21BSP	M20	36	08:07:11.00	08:07:11.00	+03:25:44 (42.2%)	9:22	6.4 (57.7%)
351	ŁAWROWSKI Adolf	458	WITAR TARNOBRZEG	M60	4	08:08:26.00	08:08:26.00	+03:26:59 (42.4%)	9:23	6.4 (57.7%)
352	RICHTER Franciszek	543	ZAPIERDALACZE	M50	29	08:08:37.00	08:08:37.00	+03:27:10 (42.4%)	9:23	6.4 (57.7%)
353	PITAS Andrzej	339	ROGOŹNICCY ZAPIERDALACZE	M30	180	08:08:38.00	08:08:38.00	+03:27:11 (42.4%)	9:23	6.4 (57.7%)
354	KISZKA Paweł	208	ROZGARTY	M50	30	08:09:05.00	08:09:05.00	+03:27:38 (42.5%)	9:24	6.4 (57.7%)
355	KOTLARSKI Marcin	415	GOLDEN TEAM	M30	181	08:09:25.00	08:09:25.00	+03:27:58 (42.5%)	9:24	6.4 (57.7%)
356	KRUŻEL Rafał	619	RADOMYŚL WIELKI	M30	182	08:11:08.00	08:11:08.00	+03:29:41 (42.7%)	9:26	6.4 (57.7%)
357	SPYRA Mariusz	70	VIZUM CLINIC	M40	104	08:12:54.00	08:12:54.00	+03:31:27 (42.9%)	9:28	6.3 (56.8%)
358	LEŚNIEWICZ Tomasz	78	STARE WUJE	M40	105	08:13:00.00	08:13:00.00	+03:31:33 (42.9%)	9:28	6.3 (56.8%)
359	REJDYCH Aleksander	349	WARSZAWA	M20	37	08:16:09.00	08:16:09.00	+03:34:42 (43.3%)	9:32	6.3 (56.8%)
360	RUTKOWSKI Janusz	253	LESZNO	M50	31	08:16:28.00	08:16:28.00	+03:35:01 (43.3%)	9:32	6.3 (56.8%)
361	SŁONINA Ireneusz	108	KROGULCE	M30	183	08:16:56.00	08:16:56.00	+03:35:29 (43.4%)	9:33	6.3 (56.8%)
362	KREINDL Joerg	269	CBRE	M30	184	08:18:14.00	08:18:14.00	+03:36:47 (43.5%)	9:34	6.3 (56.8%)
363	MARTYNUSKA Mikołaj	556	CBRE	M30	185	08:20:21.00	08:20:21.00	+03:38:54 (43.7%)	9:37	6.2 (55.9%)
364	DUDEK Arkadiusz	499	4 PORY ROKU BRZOZÓW	M50	32	08:20:35.00	08:20:35.00	+03:39:08 (43.8%)	9:37	6.2 (55.9%)
365	GRZEGORCZYK Michał	62	SKB STAŁOWA WOLA	M20	38	08:20:37.00	08:20:37.00	+03:39:10 (43.8%)	9:37	6.2 (55.9%)
366	ZIENTARSKI Piotr	221	WARSZAWA	M30	186	08:22:18.00	08:22:18.00	+03:40:51 (44.0%)	9:39	6.2 (55.9%)
367	GROCHOWSKI Andrzej	294	KALIŃSKA TEAM	M50	33	08:26:32.00	08:26:32.00	+03:45:05 (44.4%)	9:44	6.2 (55.9%)
368	TUREK Michał	382	SMASHING PĄPKINS	M30	187	08:27:40.00	08:27:40.00	+03:46:13 (44.6%)	9:45	6.1 (55.0%)
369	SOPAŁA Jakub	389	RUDNIK NAD SANEM	M30	188	08:30:02.00	08:30:02.00	+03:48:35 (44.8%)	9:48	6.1 (55.0%)
370	PARYS Andrzej	549	SIEMENS	M60	5	08:31:22.00	08:31:22.00	+03:49:55 (45.0%)	9:50	6.1 (55.0%)
371	OZIMKOWICZ Dariusz	141	WARSZAWA	M50	34	08:33:22.00	08:33:22.00	+03:51:55 (45.2%)	9:52	6.1 (55.0%)
372	KAJETAŃCZYK Marek	391	BIEGAM BO NIE LUBIĘ	M40	106	08:34:54.00	08:34:54.00	+03:53:27 (45.3%)	9:54	6.1 (55.0%)
373	SUWALD Andrzej	522	JACEKBIEGA RUNNING TEAM	M50	35	08:36:11.00	08:36:11.00	+03:54:44 (45.5%)	9:55	6 (54.1%)
374	DZIEDZIC Artur	325	WAŁBRZYCH	M30	189	08:36:15.00	08:36:15.00	+03:54:48 (45.5%)	9:55	6 (54.1%)
375	J. ZBYSŁAW Robert	251	GWARDIA OLSZTYN S.JUDO	M40	107	08:36:44.00	08:36:44.00	+03:55:17 (45.5%)	9:56	6 (54.1%)
376	MIZIOŁEK Jakub	232	KIJANY	M20	39	08:37:14.00	08:37:14.00	+03:55:47 (45.6%)	9:56	6 (54.1%)
377	KUNCEWICZ Marek	495		M30	190	08:37:31.00	08:37:31.00	+03:56:04 (45.6%)	9:57	6 (54.1%)
378	PYSIEWICZ Krzysztof	207	NIEZRZESZONY	M50	36	08:38:21.00	08:38:21.00	+03:56:54 (45.7%)	9:58	6 (54.1%)
379	KOMOROWSKI Adam	429	PARKER HANNIFIN RUNNERS	M40	108	08:40:38.00	08:40:38.00	+03:59:11 (45.9%)	10:00	6 (54.1%)
380	DUDEK Jan	464	ZABRZE	M40	109	08:43:05.00	08:43:05.00	+04:01:38 (46.2%)	10:03	6 (54.1%)
381	SZARKOWSKI Robert	469	WARSZAWA	M40	110	08:43:39.00	08:43:39.00	+04:02:12 (46.3%)	10:04	6 (54.1%)
382	KĄKOL Marcin	334	WARSZAWA	M30	191	08:45:07.00	08:45:07.00	+04:03:40 (46.4%)	10:05	5.9 (53.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
383	LUBIŃSKI Mikołaj	309	BIEGAM BO NIE LUBIĘ	M30	192	08:45:22.00	08:45:22.00	+04:03:55 (46.4%)	10:06	5.9 (53.2%)
384	SETA Michał	364	PADŁ NA RYJ TEAM/GDYNIA	M30	193	08:45:27.00	08:45:27.00	+04:04:00 (46.4%)	10:06	5.9 (53.2%)
385	MARAS Ladislav	481	MARAS TEAM	M50	37	08:47:05.00	08:47:05.00	+04:05:38 (46.6%)	10:08	5.9 (53.2%)
386	PEJSKI Cezary	424	WIAZOWNA	M50	38	08:49:15.00	08:49:15.00	+04:07:48 (46.8%)	10:10	5.9 (53.2%)
387	JACKOWSKI Jacek	530	JGB "SOKÓŁ"	M40	111	08:54:07.00	08:54:07.00	+04:12:40 (47.3%)	10:16	5.8 (52.3%)
388	GLUCH Krzysztof	393	WOLOMIN	M30	194	08:57:56.00	08:57:56.00	+04:16:29 (47.7%)	10:20	5.8 (52.3%)
389	BATOR Marek	278	WARSZAWA	M40	112	08:58:01.00	08:58:01.00	+04:16:34 (47.7%)	10:20	5.8 (52.3%)
390	PIEKARSKI Andrzej	517	GRODZISK MAZOWIECKI	M30	195	08:59:33.00	08:59:33.00	+04:18:06 (47.8%)	10:22	5.8 (52.3%)
391	BUĆKO Artur	36	JELEŃ GÓRA	M50	39	09:13:52.00	09:13:52.00	+04:32:25 (49.2%)	10:39	5.6 (50.5%)
392	NOWICKI Jacek	131	REDA	M50	40	09:13:56.00	09:13:56.00	+04:32:29 (49.2%)	10:39	5.6 (50.5%)
393	DEJA Andrzej	394	OPOLE	M40	113	09:13:57.00	09:13:57.00	+04:32:30 (49.2%)	10:39	5.6 (50.5%)
394	BIENIAS Daniel	268	CBRE	M40	114	09:18:03.00	09:18:03.00	+04:36:36 (49.6%)	10:43	5.6 (50.5%)
395	SZWAJKOWSKI Tomasz	261	DZIKI SUKCESU	M30	196	09:23:47.00	09:23:47.00	+04:42:20 (50.1%)	10:50	5.5 (49.5%)
396	MACIESZ Marcin	373	WARSZAWA	M30	197	09:23:48.00	09:23:48.00	+04:42:21 (50.1%)	10:50	5.5 (49.5%)

Znaleziono 396 wynik(ów)