



II ULTRA MARATON BIESZCZADZKI

B4SPORT

Organizator: OTK Rzeźnik
Data: 2014-10-12
Miejsce: Cisna
Dystans: 52 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	MIKA Oskar	170	APTEKA MIKSTURA	M30	1	04:57:18.00	04:57:18.00		5:43	10.5 (100%)
2	ŁACHUT Wojtek	561	TEMPO MŁAWA/TRIATHLON SERIES TEAM	M30	2	05:13:57.00	05:13:57.00	+00:16:39 (5.3%)	6:02	9.9 (94.3%)
3	KRZYSZTOŃ Marcin	305	GIEEMPE LASY / KRAŚNIK	M30	3	05:15:28.00	05:15:28.00	+00:18:10 (5.8%)	6:04	9.9 (94.3%)
4	KOBRYŃ Dominik	497	BYLEDOBIEC ANIN	M30	4	05:15:29.00	05:15:29.00	+00:18:11 (5.8%)	6:04	9.9 (94.3%)
5	DUDZIK Robert	219	MSZANA DOLNA	M30	5	05:16:49.00	05:16:49.00	+00:19:31 (6.2%)	6:05	9.8 (93.3%)
6	WRÓBEL Łukasz	611	PGB SPORTOWA PACZKA	M30	6	05:23:31.00	05:23:31.00	+00:26:13 (8.1%)	6:13	9.6 (91.4%)
7	LISAK Krzysztof	599	OTK RZEŹNIK	M30	7	05:26:36.00	05:26:36.00	+00:29:18 (9.0%)	6:16	9.6 (91.4%)
8	BARANOW Tomasz	560		M30	8	05:27:46.00	05:27:46.00	+00:30:28 (9.3%)	6:18	9.5 (90.5%)
9	ROBEL Wojciech	202	SOKÓŁ SANOK	M30	9	05:28:13.00	05:28:13.00	+00:30:55 (9.4%)	6:18	9.5 (90.5%)
10	KOMISARZ Tomasz	437	RZESZOWSKIE GAZELE I GEPARDY	M30	10	05:28:42.00	05:28:42.00	+00:31:24 (9.6%)	6:19	9.5 (90.5%)
11	PREJZMAR Marcin	340	MTB MOSIR DUKLA	M30	11	05:30:36.00	05:30:36.00	+00:33:18 (10.1%)	6:21	9.4 (89.5%)
12	WIERNUSZ Krzysztof	98	FINISZ RYMANÓW	M30	12	05:33:40.00	05:33:40.00	+00:36:22 (10.9%)	6:25	9.4 (89.5%)
13	CHODAKOWSKI Marcei	515	K.B.GEOTERMIA UNIEJÓW	M30	13	05:39:09.00	05:39:09.00	+00:41:51 (12.3%)	6:31	9.2 (87.6%)
14	TOPOLSKI Marcin	290	BKB VICTORIA BRZESKO	M30	14	05:40:50.00	05:40:50.00	+00:43:32 (12.8%)	6:33	9.2 (87.6%)
15	PASIECZNY Robert	157	SPRINT GORZYCE	M30	15	05:41:39.00	05:41:39.00	+00:44:21 (13.0%)	6:34	9.1 (86.7%)
16	DYBALSKI Mariusz	292	KB SPARTAKUS BEŁCHATÓW	M30	16	05:41:57.00	05:41:57.00	+00:44:39 (13.1%)	6:34	9.1 (86.7%)
17	PASEK Tomasz	245	EKO MOTEL NA WIERZYNKA	M30	17	05:42:40.00	05:42:40.00	+00:45:22 (13.2%)	6:35	9.1 (86.7%)
18	IGNATOWICZ Marcin	77	MIELEC	M30	18	05:47:27.00	05:47:27.00	+00:50:09 (14.4%)	6:40	9 (85.7%)
19	KOCZWARA Tomek	477		M30	19	05:52:08.00	05:52:08.00	+00:54:50 (15.6%)	6:46	8.9 (84.8%)
20	BANASZEK Adam	466	BIEGUSIEM.PL	M30	20	05:54:50.00	05:54:50.00	+00:57:32 (16.2%)	6:49	8.8 (83.8%)
21	HERDZINA Przemysław	503	KRAKÓW	M30	21	05:55:03.00	05:55:03.00	+00:57:45 (16.3%)	6:49	8.8 (83.8%)
22	PRĘDKI Mirosław	489	PRZYSIEKI K. JASŁA	M30	22	05:56:23.00	05:56:23.00	+00:59:05 (16.6%)	6:51	8.8 (83.8%)
23	MILER Marcin	173	KLEOFAS KATOWICE	M30	23	05:56:32.00	05:56:32.00	+00:59:14 (16.6%)	6:51	8.8 (83.8%)
24	ADAMCZUK Mariusz	40	NAPIERAMY! / SOPOT	M30	24	05:58:35.00	05:58:35.00	+01:01:17 (17.1%)	6:53	8.7 (82.9%)
25	FRANCZAK Łukasz	293	GDAŃSK	M30	25	05:58:47.00	05:58:47.00	+01:01:29 (17.1%)	6:53	8.7 (82.9%)
26	TUSCHER Kuba	264	OBİ BOKI RUNNING CREW	M30	26	06:02:57.00	06:02:57.00	+01:05:39 (18.1%)	6:58	8.6 (81.9%)
27	POŻAK Grzegorz	314	LUBARTÓW	M30	27	06:04:44.00	06:04:44.00	+01:07:26 (18.5%)	7:00	8.6 (81.9%)
28	SAWA Jarosław	420	LUBLIN	M30	28	06:06:09.00	06:06:09.00	+01:08:51 (18.8%)	7:02	8.5 (81.0%)
29	OLEK Paweł	451	WARSZAWA	M30	29	06:07:00.00	06:07:00.00	+01:09:42 (19.0%)	7:03	8.5 (81.0%)
30	SKRZYSIŃSKI Gniewomir	127	GO-KRASNA UKU RUN	M30	30	06:07:58.00	06:07:58.00	+01:10:40 (19.2%)	7:04	8.5 (81.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
31	DRĄCZKOWSKI Piotr	240	KW LUBLIN / MKT	M30	31	06:08:56.00	06:08:56.00	+01:11:38 (19.4%)	7:05	8.5 (81.0%)
32	JANCZAK Waldemar	473	KIELCE	M30	32	06:09:20.00	06:09:20.00	+01:12:02 (19.5%)	7:06	8.4 (80.0%)
33	ZBOŻNIAK Łukasz	256		M30	33	06:09:38.00	06:09:38.00	+01:12:20 (19.6%)	7:06	8.4 (80.0%)
34	KORULCZYK Łukasz	95	LUBLIN	M30	34	06:09:40.00	06:09:40.00	+01:12:22 (19.6%)	7:06	8.4 (80.0%)
35	WAHL Daniel	33	T.S. AKS CHORZÓW	M30	35	06:10:16.00	06:10:16.00	+01:12:58 (19.7%)	7:07	8.4 (80.0%)
36	KRZEMIŃSKI Marcin	155	SPRINT GORZYCE	M30	36	06:10:28.00	06:10:28.00	+01:13:10 (19.7%)	7:07	8.4 (80.0%)
37	HELOWICZ Stanisław	403	TUSZYMA	M30	37	06:11:52.00	06:11:52.00	+01:14:34 (20.1%)	7:09	8.4 (80.0%)
38	BERNADY Łukasz	298	RADOM	M30	38	06:12:36.00	06:12:36.00	+01:15:18 (20.2%)	7:09	8.4 (80.0%)
39	PIKUŁA Marcin	610	EULER HERMES RUNNERS TEAM	M30	39	06:14:44.00	06:14:44.00	+01:17:26 (20.7%)	7:12	8.3 (79.0%)
40	ŁUBIAN Michał	80	CTL LOGISTICS	M30	40	06:15:16.00	06:15:16.00	+01:17:58 (20.8%)	7:13	8.3 (79.0%)
41	DANIEL Jarek	456	BIELSKO-BIAŁA	M30	41	06:15:42.00	06:15:42.00	+01:18:24 (20.9%)	7:13	8.3 (79.0%)
42	ZDĄBŁARZ Marcin	18	CHRZANÓW	M30	42	06:16:16.00	06:16:16.00	+01:18:58 (21.0%)	7:14	8.3 (79.0%)
43	WAJEROWSKI Krzysztof	140	KB LUPUS OLEŚNICA	M30	43	06:16:19.00	06:16:19.00	+01:19:01 (21.0%)	7:14	8.3 (79.0%)
44	OSTAPSKI Kamil	146	VEGE RUNNERS	M30	44	06:16:28.00	06:16:28.00	+01:19:10 (21.0%)	7:14	8.3 (79.0%)
45	JUCHA Michał	301	ŁÓDŹ RYSIOTEAM	M30	45	06:20:03.00	06:20:03.00	+01:22:45 (21.8%)	7:18	8.2 (78.1%)
46	ŚWIDEREK Jacek	585		M30	46	06:20:29.00	06:20:29.00	+01:23:11 (21.9%)	7:19	8.2 (78.1%)
47	SUCHOWIECKI Wojciech	357	OLSZTYŃSKIE USTAWKI BIEGOWE	M30	47	06:20:42.00	06:20:42.00	+01:23:24 (21.9%)	7:19	8.2 (78.1%)
48	KROPIWNICKI Tomasz	383	31-952	M30	48	06:22:05.00	06:22:05.00	+01:24:47 (22.2%)	7:20	8.2 (78.1%)
49	CYTACKI Dawid	197	NIGHT RUNNERS PŁOCK	M30	49	06:22:14.00	06:22:14.00	+01:24:56 (22.2%)	7:21	8.2 (78.1%)
50	FRYŚ Piotr	384	KW KRKÓW	M30	50	06:22:19.00	06:22:19.00	+01:25:01 (22.2%)	7:21	8.2 (78.1%)
51	PIENIAŻEK Sławomir	156	KRAKÓW	M30	51	06:23:14.00	06:23:14.00	+01:25:56 (22.4%)	7:22	8.1 (77.1%)
52	PRZYGODA Michał	523	MALINIE	M30	52	06:28:10.00	06:28:10.00	+01:30:52 (23.4%)	7:27	8 (76.2%)
53	MADEJSKI Sławomir	332	SPELEOKLUB ŚWIĘTOKRZYSKI KIELCE	M30	53	06:29:20.00	06:29:20.00	+01:32:02 (23.6%)	7:29	8 (76.2%)
54	ZAPŁATA Wojciech	111	GORLICE	M30	54	06:32:17.00	06:32:17.00	+01:34:59 (24.2%)	7:32	8 (76.2%)
55	ARKUSZ Marcin	501	KRAKÓW	M30	55	06:32:38.00	06:32:38.00	+01:35:20 (24.3%)	7:33	7.9 (75.2%)
56	KUBACKI Sebastian	372	OSIEDLE NIEWIADÓW	M30	56	06:32:50.00	06:32:50.00	+01:35:32 (24.3%)	7:33	7.9 (75.2%)
57	STYKOWSKI Sławomir	485	ART PROFI WARSZAWA	M30	57	06:33:01.00	06:33:01.00	+01:35:43 (24.4%)	7:33	7.9 (75.2%)
58	PILECKI Maciej	57	WROCŁAW	M30	58	06:33:40.00	06:33:40.00	+01:36:22 (24.5%)	7:34	7.9 (75.2%)
59	ŚWIDEREK Tomasz	29		M30	59	06:33:58.00	06:33:58.00	+01:36:40 (24.5%)	7:34	7.9 (75.2%)
60	ŻENCZAKOWSKI Daniel	304	FALISZÓWKA	M30	60	06:34:50.00	06:34:50.00	+01:37:32 (24.7%)	7:35	7.9 (75.2%)
61	KOŁODZIEJSKI Jarek	361	POZNAŃ	M30	61	06:36:06.00	06:36:06.00	+01:38:48 (24.9%)	7:37	7.9 (75.2%)
62	ŚLIWKA Cezary	50	KIELCE	M30	62	06:36:08.00	06:36:08.00	+01:38:50 (24.9%)	7:37	7.9 (75.2%)
63	POGORZELSKI Daniel	587	PGB SPORTOWA PACZKA	M30	63	06:36:19.00	06:36:19.00	+01:39:01 (25.0%)	7:37	7.9 (75.2%)
64	CZEMPAS Artur	24	JEDZ BUDYŃ	M30	64	06:39:20.00	06:39:20.00	+01:42:02 (25.6%)	7:40	7.8 (74.3%)
65	FRANKIEWICZ Maciej	158	GRUPA MALBORK	M30	65	06:39:46.00	06:39:46.00	+01:42:28 (25.6%)	7:41	7.8 (74.3%)
66	RATAJEWICZ Maciek	513	SPELEOKLUB WARSZAWSKI	M30	66	06:40:41.00	06:40:41.00	+01:43:23 (25.8%)	7:42	7.8 (74.3%)
67	DOLCZEWSKI Dariusz	452	WARSZAWA	M30	67	06:41:05.00	06:41:05.00	+01:43:47 (25.9%)	7:42	7.8 (74.3%)
68	FIGURA Marcin	555	KWIDZYN RUN	M30	68	06:41:25.00	06:41:25.00	+01:44:07 (25.9%)	7:43	7.8 (74.3%)
69	GELBERG Maciej	81		M30	69	06:41:46.00	06:41:46.00	+01:44:28 (26.0%)	7:43	7.8 (74.3%)
70	BAKIEWICZ Błażej	406	SMASHING PĄPKINS	M30	70	06:43:25.00	06:43:25.00	+01:46:07 (26.3%)	7:45	7.7 (73.3%)
71	SKOKOWSKI Tomasz	313	SUTTON	M30	71	06:43:58.00	06:43:58.00	+01:46:40 (26.4%)	7:46	7.7 (73.3%)
72	PIEKARZ Jarosław	182	KATOWICE	M30	72	06:46:02.00	06:46:02.00	+01:48:44 (26.8%)	7:48	7.7 (73.3%)
73	KORDECKI Łukasz	524	BRZESKO	M30	73	06:46:47.00	06:46:47.00	+01:49:29 (26.9%)	7:49	7.7 (73.3%)
74	KOKOTEK Maciej	247	KITA TEAM ŁÓDŹ	M30	74	06:47:16.00	06:47:16.00	+01:49:58 (27.0%)	7:49	7.7 (73.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
75	BRONCEL Sebastian	199	TYCHY	M30	75	06:48:51.00	06:48:51.00	+01:51:33 (27.3%)	7:51	7.6 (72.4%)
76	MIKRUT Remigiusz	360	CHEŁMNO	M30	76	06:48:59.00	06:48:59.00	+01:51:41 (27.3%)	7:51	7.6 (72.4%)
77	MURAK Robert	162		M30	77	06:51:01.00	06:51:01.00	+01:53:43 (27.7%)	7:54	7.6 (72.4%)
78	ŁUKASZ Szczeszek	341	POZNAŃ I LOVE TOU TEAM	M30	78	06:52:12.00	06:52:12.00	+01:54:54 (27.9%)	7:55	7.6 (72.4%)
79	POSKROBKO Jarosław	212	WAARSZAWA	M30	79	06:52:33.00	06:52:33.00	+01:55:15 (27.9%)	7:56	7.6 (72.4%)
80	MOSSOP Andrew	539	WITC	M30	80	06:52:49.00	06:52:49.00	+01:55:31 (28.0%)	7:56	7.6 (72.4%)
81	BARANOWSKI Jacek	541	JACEK BIEGA RUNNING TEAM	M30	81	06:53:18.00	06:53:18.00	+01:56:00 (28.1%)	7:56	7.5 (71.4%)
82	PÓŁTORAK Krzysztof	323	WARSZAWA	M30	82	06:53:20.00	06:53:20.00	+01:56:02 (28.1%)	7:56	7.5 (71.4%)
83	WIŚNIEWSKI Artur	267	INTRO	M30	83	06:54:19.00	06:54:19.00	+01:57:01 (28.2%)	7:58	7.5 (71.4%)
84	ULAS Maciej	196	BOCHNIA	M30	84	06:55:05.00	06:55:05.00	+01:57:47 (28.4%)	7:58	7.5 (71.4%)
85	ZWOLIŃSKI Łukasz	26	AKADEMIA BIEGANIA	M30	85	06:55:42.00	06:55:42.00	+01:58:24 (28.5%)	7:59	7.5 (71.4%)
86	PISZCZEK Szymon	308		M30	86	06:56:02.00	06:56:02.00	+01:58:44 (28.5%)	8:00	7.5 (71.4%)
87	BUSZ Jacek	398	RZESZÓW	M30	87	06:58:23.00	06:58:23.00	+02:01:05 (28.9%)	8:02	7.5 (71.4%)
88	KUŹNIAK Marcin	527	ENDORFINA	M30	88	06:58:26.00	06:58:26.00	+02:01:08 (28.9%)	8:02	7.5 (71.4%)
89	HADAŁA Ignacy	266	KINETIC TEAM GDAŃSK	M30	89	06:58:34.00	06:58:34.00	+02:01:16 (29.0%)	8:02	7.5 (71.4%)
90	MISZCZAK Szymon	601	REHABILITANCI.ORG.PL	M30	90	06:58:50.00	06:58:50.00	+02:01:32 (29.0%)	8:03	7.4 (70.5%)
91	KIELAK Daniel	150	WARSZAWA	M30	91	06:59:05.00	06:59:05.00	+02:01:47 (29.1%)	8:03	7.4 (70.5%)
92	CZERSKI Piotr	91	WARSZAWA	M30	92	06:59:06.00	06:59:06.00	+02:01:48 (29.1%)	8:03	7.4 (70.5%)
93	NIŻNIK Marcin	602	RT NSG	M30	93	07:00:19.00	07:00:19.00	+02:03:01 (29.3%)	8:04	7.4 (70.5%)
94	TIMOFIEJUK Paweł	598	NIGHT RUNNERS ALBATROS	M30	94	07:01:55.00	07:01:55.00	+02:04:37 (29.5%)	8:06	7.4 (70.5%)
95	KRYGIER Marcin	606	PGB SPORTOWA PACZKA	M30	95	07:01:59.00	07:01:59.00	+02:04:41 (29.5%)	8:06	7.4 (70.5%)
96	ZYGMUNT Mateusz	112	ŁUSZCZANOWICE	M30	96	07:02:19.00	07:02:19.00	+02:05:01 (29.6%)	8:07	7.4 (70.5%)
97	KONRAD Konstantynowicz	167		M30	97	07:02:41.00	07:02:41.00	+02:05:23 (29.7%)	8:07	7.4 (70.5%)
98	ŁOCHAŃSKI Grzegorz	274	BRYSIE	M30	98	07:02:55.00	07:02:55.00	+02:05:37 (29.7%)	8:07	7.4 (70.5%)
99	JARUS Tomasz	436	KOMORNIKI	M30	99	07:03:52.00	07:03:52.00	+02:06:34 (29.9%)	8:09	7.4 (70.5%)
100	STRZELECKI Jacek	117	SIŁOWNIA B-52 GDAŃSK	M30	100	07:03:58.00	07:03:58.00	+02:06:40 (29.9%)	8:09	7.4 (70.5%)
101	ŚCIUBEŁ Michał	48	KIELCE	M30	101	07:04:20.00	07:04:20.00	+02:07:02 (29.9%)	8:09	7.4 (70.5%)
102	KUROWSKI Kuba	467	PULAWY	M30	102	07:05:36.00	07:05:36.00	+02:08:18 (30.1%)	8:11	7.3 (69.5%)
103	ZUBOWICZ Jakub	215	ŻWAWĘ ŻUBRY	M30	103	07:06:27.00	07:06:27.00	+02:09:09 (30.3%)	8:12	7.3 (69.5%)
104	CZUPTA Dawid	596		M30	104	07:07:58.00	07:07:58.00	+02:10:40 (30.5%)	8:13	7.3 (69.5%)
105	GWIZDAK Bartosz	483	WYŻNE	M30	105	07:08:20.00	07:08:20.00	+02:11:02 (30.6%)	8:14	7.3 (69.5%)
106	DZIENISZEWSKI Tomasz	230	WARSZAWA	M30	106	07:08:23.00	07:08:23.00	+02:11:05 (30.6%)	8:14	7.3 (69.5%)
107	BASIŃSKI Hubert	385	BIEGACZAMATOR	M30	107	07:08:25.00	07:08:25.00	+02:11:07 (30.6%)	8:14	7.3 (69.5%)
108	MAJEWSKI Piotr	399	JASŁO	M30	108	07:08:33.00	07:08:33.00	+02:11:15 (30.6%)	8:14	7.3 (69.5%)
108	CEBULA Leszek	423	KRAKÓW	M30	108	07:08:33.00	07:08:33.00	+02:11:15 (30.6%)	8:14	7.3 (69.5%)
110	PLACZEK Paweł	428	WETLINA	M30	110	07:08:56.00	07:08:56.00	+02:11:38 (30.7%)	8:14	7.3 (69.5%)
111	RAMM Aleksander	30		M30	111	07:10:29.00	07:10:29.00	+02:13:11 (30.9%)	8:16	7.2 (68.6%)
111	NOWAK Mariusz	422	ROWEROWANIE.PL	M30	111	07:10:29.00	07:10:29.00	+02:13:11 (30.9%)	8:16	7.2 (68.6%)
113	SIERZPUTOWSKI Grzegorz	262	WARSZAWA	M30	113	07:10:41.00	07:10:41.00	+02:13:23 (31.0%)	8:16	7.2 (68.6%)
114	MARCHEWKA Daniel	488	LUBIN	M30	114	07:10:50.00	07:10:50.00	+02:13:32 (31.0%)	8:17	7.2 (68.6%)
115	JAROSZYŃSKI Piotr	502	MTS DRUŻYNA SZPIKU KGHM	M30	115	07:10:51.00	07:10:51.00	+02:13:33 (31.0%)	8:17	7.2 (68.6%)
116	LASOCKI Dawid	552	CIECHANÓW	M30	116	07:11:39.00	07:11:39.00	+02:14:21 (31.1%)	8:18	7.2 (68.6%)
117	RYBAK Przemysław	367	RODOWITE PULAWY	M30	117	07:12:25.00	07:12:25.00	+02:15:07 (31.2%)	8:18	7.2 (68.6%)
118	GÓROWSKI Mateusz	6	ZABRZE	M30	118	07:13:17.00	07:13:17.00	+02:15:59 (31.4%)	8:19	7.2 (68.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
119	KRZYSZCZAK Jaromir	427	CZCICIELE BOBRZEJ NORY	M30	119	07:13:34.00	07:13:34.00	+02:16:16 (31.4%)	8:20	7.2 (68.6%)
120	TEKIELI Kacper	201		M30	120	07:16:52.00	07:16:52.00	+02:19:34 (31.9%)	8:24	7.1 (67.6%)
121	MOŁDAWA Wojciech	569	GDAŃSK	M30	121	07:17:21.00	07:17:21.00	+02:20:03 (32.0%)	8:24	7.1 (67.6%)
122	CHUDYBA Michał	318	GDAŃSK	M30	122	07:18:17.00	07:18:17.00	+02:20:59 (32.2%)	8:25	7.1 (67.6%)
123	JANISZEWSKI Łukasz	336	CZĘSTOCHOWA	M30	123	07:18:20.00	07:18:20.00	+02:21:02 (32.2%)	8:25	7.1 (67.6%)
124	APANASIEWICZ Bartosz	416	BYDGOSZCZ	M30	124	07:18:24.00	07:18:24.00	+02:21:06 (32.2%)	8:25	7.1 (67.6%)
125	SOBULSKI Karol	9	KALIŃSKA TEAM	M30	125	07:20:22.00	07:20:22.00	+02:23:04 (32.5%)	8:28	7.1 (67.6%)
126	KLARECKI Adrian	442	ASTMA TEAM	M30	126	07:22:05.00	07:22:05.00	+02:24:47 (32.8%)	8:30	7.1 (67.6%)
127	KRÓL Maciej	441	ASTMA TEAM	M30	127	07:22:06.00	07:22:06.00	+02:24:48 (32.8%)	8:30	7.1 (67.6%)
128	JEREMICZ Marcin	210	SPORTEVO	M30	128	07:23:43.00	07:23:43.00	+02:26:25 (33.0%)	8:31	7 (66.7%)
129	OPOZDA Michał	474	KRAKÓW	M30	129	07:24:06.00	07:24:06.00	+02:26:48 (33.1%)	8:32	7 (66.7%)
130	ŚWIDER Bartosz	109	KROGULCE	M30	130	07:25:23.00	07:25:23.00	+02:28:05 (33.2%)	8:33	7 (66.7%)
131	ZASINA Sebastian	540	RÜBEZAHL TEAM	M30	131	07:25:29.00	07:25:29.00	+02:28:11 (33.3%)	8:34	7 (66.7%)
132	JAREMA Maciek	19	LOKOMOTIV MAJDAN	M30	132	07:25:30.00	07:25:30.00	+02:28:12 (33.3%)	8:34	7 (66.7%)
133	JEZIERSKI Marek	425	CHRZANOW	M30	133	07:27:16.00	07:27:16.00	+02:29:58 (33.5%)	8:36	7 (66.7%)
134	SZANECKI Jakub	220	RZESZÓW	M30	134	07:27:59.00	07:27:59.00	+02:30:41 (33.6%)	8:36	7 (66.7%)
135	GRONIECKI Mikołaj	281		M30	135	07:29:10.00	07:29:10.00	+02:31:52 (33.8%)	8:38	6.9 (65.7%)
136	KUZIMSKI Aleksander	366	PADŁ NA RYJ TEAM	M30	136	07:31:50.00	07:31:50.00	+02:34:32 (34.2%)	8:41	6.9 (65.7%)
137	JÓZEFczyk Tomasz	434	KROSNO	M30	137	07:32:04.00	07:32:04.00	+02:34:46 (34.2%)	8:41	6.9 (65.7%)
138	DOBZAŃSKI Paweł	375	POSMAKUJ RUN TEAM	M30	138	07:32:05.00	07:32:05.00	+02:34:47 (34.2%)	8:41	6.9 (65.7%)
139	KOWALSKI Hubert	408	LOFT SPORT TEAM	M30	139	07:32:37.00	07:32:37.00	+02:35:19 (34.3%)	8:42	6.9 (65.7%)
140	POSTUPALSKI Michał	471	XTRAINER.PL	M30	140	07:32:44.00	07:32:44.00	+02:35:26 (34.3%)	8:42	6.9 (65.7%)
141	FYDA Piotr	419		M30	141	07:33:15.00	07:33:15.00	+02:35:57 (34.4%)	8:42	6.9 (65.7%)
142	ŚLĄCZKA Arkadiusz	75	FINISZ RYMANÓW	M30	142	07:33:33.00	07:33:33.00	+02:36:15 (34.5%)	8:43	6.9 (65.7%)
143	DOLATOWSKI Łukasz	564	DOLAR TRAVEL	M30	143	07:34:10.00	07:34:10.00	+02:36:52 (34.5%)	8:44	6.9 (65.7%)
144	GUTKOWSKI Tomek	443	RADOM	M30	144	07:35:04.00	07:35:04.00	+02:37:46 (34.7%)	8:45	6.9 (65.7%)
145	BUSZKO Sławomir	462	WARSZAWA	M30	145	07:36:43.00	07:36:43.00	+02:39:25 (34.9%)	8:46	6.8 (64.8%)
146	WOJCIECHOWSKI Michał	631	SPARTANIE DZIECIOM	M30	146	07:36:49.00	07:36:49.00	+02:39:31 (34.9%)	8:47	6.8 (64.8%)
147	OSTROWSKI Ignacy	520		M30	147	07:36:58.00	07:36:58.00	+02:39:40 (34.9%)	8:47	6.8 (64.8%)
148	ZANIEWSKI Krzysztof	508	CHRISACTIVE	M30	148	07:37:28.00	07:37:28.00	+02:40:10 (35.0%)	8:47	6.8 (64.8%)
149	NIEMCZEWSKI Borys	244	RZESZÓW TIMEBANDIT CORPS	M30	149	07:37:43.00	07:37:43.00	+02:40:25 (35.0%)	8:48	6.8 (64.8%)
150	WOJTKOWIAK Łukasz	380	BIEGACZAMATOR	M30	150	07:38:23.00	07:38:23.00	+02:41:05 (35.1%)	8:48	6.8 (64.8%)
151	NOWAK Łukasz	257	RUNNING SUCKS / TORUŃ	M30	151	07:40:01.00	07:40:01.00	+02:42:43 (35.4%)	8:50	6.8 (64.8%)
152	DZIEMBA Piotr	586	BIELSKO-BIAŁA	M30	152	07:41:09.00	07:41:09.00	+02:43:51 (35.5%)	8:52	6.8 (64.8%)
153	SZAFRANIEC Artur	194	AT TEAM	M30	153	07:41:52.00	07:41:52.00	+02:44:34 (35.6%)	8:52	6.8 (64.8%)
154	GÓRALCZYK Andrzej	514	KW KRAKÓW	M30	154	07:41:58.00	07:41:58.00	+02:44:40 (35.6%)	8:53	6.8 (64.8%)
155	JEŻYNA Marcin	38	KRAKÓW	M30	155	07:42:38.00	07:42:38.00	+02:45:20 (35.7%)	8:53	6.7 (63.8%)
156	KRZYSZTOŃ Piotr	330	GIEEMPE LASY / KRAŚNIK	M30	156	07:43:27.00	07:43:27.00	+02:46:09 (35.9%)	8:54	6.7 (63.8%)
157	GÓRECKI Rafał	241	SPELEOKLUB WARSZAWSKI	M30	157	07:44:40.00	07:44:40.00	+02:47:22 (36.0%)	8:56	6.7 (63.8%)
158	SENDECKI Rafał	457	BRUPA BIEGOWA WAŁBRZYCH	M30	158	07:44:48.00	07:44:48.00	+02:47:30 (36.0%)	8:56	6.7 (63.8%)
159	KUBAREK Łukasz	444	KRAKÓW	M30	159	07:45:26.00	07:45:26.00	+02:48:08 (36.1%)	8:57	6.7 (63.8%)
160	ROSIŃSKI Krzysztof	525	BYDGOSZCZ	M30	160	07:45:37.00	07:45:37.00	+02:48:19 (36.1%)	8:57	6.7 (63.8%)
161	KAMIŃSKI Bartosz	333	NYSA	M30	161	07:47:05.00	07:47:05.00	+02:49:47 (36.3%)	8:58	6.7 (63.8%)
162	JULKE Sławomir	321	LOFT SPORT	M30	162	07:47:26.00	07:47:26.00	+02:50:08 (36.4%)	8:59	6.7 (63.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
163	DŁUŻNIEWSKI Jacek	114	KS ŁOMŻANIE	M30	163	07:48:21.00	07:48:21.00	+02:51:03 (36.5%)	9:00	6.7 (63.8%)
164	BAŁAZY Patryk	607	PGB SPORTOWA PACZKA	M30	164	07:48:23.00	07:48:23.00	+02:51:05 (36.5%)	9:00	6.7 (63.8%)
165	PUDŁO Marcin	379	AKSUPOLSKA/GOPR BIESZCZADY	M30	165	07:48:27.00	07:48:27.00	+02:51:09 (36.5%)	9:00	6.7 (63.8%)
166	PLASZCZYK Tomasz	218	SPORTEVO GDAŃSK	M30	166	07:49:08.00	07:49:08.00	+02:51:50 (36.6%)	9:01	6.7 (63.8%)
166	STUSIŃSKI Mariusz	402	MIŃSK MAZOWIECKI	M30	166	07:49:08.00	07:49:08.00	+02:51:50 (36.6%)	9:01	6.7 (63.8%)
168	SIELICKI Krzysztof	234	WARSZAWA	M30	168	07:50:16.00	07:50:16.00	+02:52:58 (36.8%)	9:02	6.6 (62.9%)
169	FIJAŁKOWSKI Radosław	185	COSTEKTEAM	M30	169	07:52:06.00	07:52:06.00	+02:54:48 (37.0%)	9:04	6.6 (62.9%)
170	MORYC Maciej	478	WARSZAWA	M30	170	07:56:32.00	07:56:32.00	+02:59:14 (37.6%)	9:09	6.5 (61.9%)
171	ZAGDAŃSKI Robert	536	MACHNÓWKA	M30	171	07:56:50.00	07:56:50.00	+02:59:32 (37.7%)	9:10	6.5 (61.9%)
172	PLESKOT Adam	306	ŁĘGONICE	M30	172	07:57:22.00	07:57:22.00	+03:00:04 (37.7%)	9:10	6.5 (61.9%)
173	OLEJNICZAK Paweł	618	ŁAGÓW	M30	173	07:58:10.00	07:58:10.00	+03:00:52 (37.8%)	9:11	6.5 (61.9%)
174	ŁUBIEŃSKI Wojciech	233	POZNAŃ	M30	174	07:59:19.00	07:59:19.00	+03:02:01 (38.0%)	9:13	6.5 (61.9%)
175	SOBCZAK Maciej	459	NIGHT RUNNERS ŁÓDŹ	M30	175	08:01:09.00	08:01:09.00	+03:03:51 (38.2%)	9:15	6.5 (61.9%)
176	JAMA Rafał	492	NOWA WIEŚ	M30	176	08:03:41.00	08:03:41.00	+03:06:23 (38.5%)	9:18	6.5 (61.9%)
177	SZABELAK Witek	61	ORTOREH TEAM	M30	177	08:05:15.00	08:05:15.00	+03:07:57 (38.7%)	9:19	6.4 (61.0%)
178	MADAJ Paweł	288	BIEGAM BO NIE LUBIĘ	M30	178	08:05:40.00	08:05:40.00	+03:08:22 (38.8%)	9:20	6.4 (61.0%)
179	SKRZYPCZAK Piotr	188	MARATON LUBELSKI	M30	179	08:06:40.00	08:06:40.00	+03:09:22 (38.9%)	9:21	6.4 (61.0%)
180	PITAS Andrzej	339	ROGOŻNICCY ZAPIERDALACZE	M30	180	08:08:38.00	08:08:38.00	+03:11:20 (39.2%)	9:23	6.4 (61.0%)
181	KOTLARSKI Marcin	415	GOLDEN TEAM	M30	181	08:09:25.00	08:09:25.00	+03:12:07 (39.3%)	9:24	6.4 (61.0%)
182	KRUŻEL Rafał	619	RADOMYŚL WIELKI	M30	182	08:11:08.00	08:11:08.00	+03:13:50 (39.5%)	9:26	6.4 (61.0%)
183	SŁONINA Ireneusz	108	KROGULCE	M30	183	08:16:56.00	08:16:56.00	+03:19:38 (40.2%)	9:33	6.3 (60.0%)
184	KREINDL Joerg	269	CBRE	M30	184	08:18:14.00	08:18:14.00	+03:20:56 (40.3%)	9:34	6.3 (60.0%)
185	MARTYNUSKA Mikołaj	556	CBRE	M30	185	08:20:21.00	08:20:21.00	+03:23:03 (40.6%)	9:37	6.2 (59.0%)
186	ZIENTARSKI Piotr	221	WARSZAWA	M30	186	08:22:18.00	08:22:18.00	+03:25:00 (40.8%)	9:39	6.2 (59.0%)
187	TUREK Michał	382	SMASHING PAPKINS	M30	187	08:27:40.00	08:27:40.00	+03:30:22 (41.4%)	9:45	6.1 (58.1%)
188	SOPAŁA Jakub	389	RUDNIK NAD SANEM	M30	188	08:30:02.00	08:30:02.00	+03:32:44 (41.7%)	9:48	6.1 (58.1%)
189	DZIEDZIC Artur	325	WAŁBRZYCH	M30	189	08:36:15.00	08:36:15.00	+03:38:57 (42.4%)	9:55	6 (57.1%)
190	KUNCEWICZ Marek	495		M30	190	08:37:31.00	08:37:31.00	+03:40:13 (42.6%)	9:57	6 (57.1%)
191	KĄKOL Marcin	334	WARSZAWA	M30	191	08:45:07.00	08:45:07.00	+03:47:49 (43.4%)	10:05	5.9 (56.2%)
192	LUBIŃSKI Mikołaj	309	BIEGAM BO NIE LUBIĘ	M30	192	08:45:22.00	08:45:22.00	+03:48:04 (43.4%)	10:06	5.9 (56.2%)
193	SETA Michał	364	PADŁ NA RYJ TEAM/GDYŃIA	M30	193	08:45:27.00	08:45:27.00	+03:48:09 (43.4%)	10:06	5.9 (56.2%)
194	GLUCH Krzysztof	393	WOLOMIN	M30	194	08:57:56.00	08:57:56.00	+04:00:38 (44.7%)	10:20	5.8 (55.2%)
195	PIEKARSKI Andrzej	517	GRODZISK MAZOWIECKI	M30	195	08:59:33.00	08:59:33.00	+04:02:15 (44.9%)	10:22	5.8 (55.2%)
196	SZWAJKOWSKI Tomasz	261	DZIKI SUKCESU	M30	196	09:23:47.00	09:23:47.00	+04:26:29 (47.3%)	10:50	5.5 (52.4%)
197	MACIESZ Marcin	373	WARSZAWA	M30	197	09:23:48.00	09:23:48.00	+04:26:30 (47.3%)	10:50	5.5 (52.4%)

Znaleziono 197 wynik(ów)