

II WYŚCIG O PUCHAR SIEMOWITA W GOSTYNINIE - ROLKI SZYBKIE - 22.4 KM

B4SPORT

Wydarzenie: II Wyścig o Puchar Siemowita Inauguracja
Długodystansowego Pucharu Polski 2019
Organizator: Miejski Ośrodek Sportu i Rekreacji w Gostyninie
Data: 2019-04-14
Miejsce: Gostynin
Dystans: 22.4 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rolki_All						Czas netto 22.4km	Różn	Tempo min/km	Tempo km/h
						3.2km	6.4km	9.6km	12.8km	16km	19.2km				
1	WARCHOŁ Łukasz	271	WSR POLSKATER	M30-39	1	00:06:23	00:12:51	00:19:28	00:26:18	00:33:08	00:39:58	00:46:42.95		2:05	28.8 (100%)
2	MACHOWSKI Michał	232	ROLLSCHOOL	M20-29	1	00:06:23	00:12:50	00:19:28	00:26:17	00:33:08	00:39:57	00:46:43.00	+00:00:00 (0.0%)	2:05	28.8 (100%)
3	CIBOROWSKI Sebastian	210	SEBASPORT PISZ	M40-49	1	00:06:24	00:12:50	00:19:27	00:26:18	00:33:08	00:39:59	00:46:47.15	+00:00:04 (0.1%)	2:05	28.7 (99.7%)
4	MARCINIAK Adam	234	PELETON	M40-49	2	00:07:01	00:13:46	00:20:36	00:27:38	00:34:44	00:41:51	00:48:31.10	+00:01:48 (3.7%)	2:09	27.7 (96.2%)
5	SKRZYPIEC Kamil	262	JABRA ROLLER TEAM FRIENDS	M13-19	1	00:07:05	00:13:46	00:20:36	00:27:37	00:34:44	00:41:51	00:48:40.75	+00:01:57 (4.0%)	2:10	27.6 (95.8%)
6	MOŃKA Maciej	239	CAFEMOBIL TEAM	M50-59	1	00:06:21	00:12:50	00:19:29	00:26:45	00:34:12	00:41:42	00:48:42.90	+00:01:59 (4.1%)	2:10	27.6 (95.8%)
7	KOSMAŁA Mateusz	226		M20-29	2	00:06:24	00:13:03	00:20:18	00:27:39	00:34:48	00:41:45	00:49:01.05	+00:02:18 (4.7%)	2:11	27.4 (95.1%)
8	PACZUSKI Jarosław	240	LEGIA WARSZAWA MASTERS	M60+	1	00:07:03	00:13:54	00:20:41	00:27:45	00:35:31	00:43:11	00:50:52.65	+00:04:09 (8.2%)	2:16	26.4 (91.7%)
9	SIERPOWSKI Zbigniew	260	PLICHWYSCIG.PL	M40-49	3	00:07:17	00:14:36	00:21:51	00:29:09	00:36:36	00:43:55	00:51:05.25	+00:04:22 (8.6%)	2:16	26.3 (91.3%)
10	KASPROWICZ Daniel	225	PLICHWYSCIG.PL	M40-49	4	00:07:25	00:14:37	00:21:51	00:29:10	00:36:36	00:43:55	00:51:07.75	+00:04:24 (8.6%)	2:16	26.3 (91.3%)
11	MENET Krystian	236	SKATE2CITY	M40-49	5	00:07:18	00:14:36	00:21:51	00:29:09	00:36:35	00:43:54	00:51:11.75	+00:04:28 (8.8%)	2:17	26.3 (91.3%)
12	TYSZKIEWICZ Klaudia	269	U.K.S. ZWOLEŃ-TEAM	K13-19	1	00:07:02	00:13:52	00:20:39	00:29:02	00:36:36	00:44:49	00:52:03.65	+00:05:20 (10.3%)	2:19	25.8 (89.6%)
13	SZYSZKA Hubert	267	1975	M40-49	6	00:07:27	00:14:57	00:22:38	00:30:18	00:37:53	00:45:29	00:53:00.55	+00:06:17 (11.9%)	2:21	25.4 (88.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rolki_All						Czas		Tempo min/km	Tempo km/h
						3.2km	6.4km	9.6km	12.8km	16km	19.2km	22.4km	Różn		
14	ZOREMBA Jan	274	AZS AWF KATOWICE RT	M60+	2	00:07:17	00:14:55	00:22:37	00:30:16	00:37:53	00:45:28	00:53:01.55	+00:06:18 (11.9%)	2:22	25.4 (88.2%)
15	URYZAJ Karolina	270	SKATE2CITY	K40-49	1	00:08:00	00:15:59	00:23:58	00:32:09	00:40:07	00:48:03	00:56:02.95	+00:09:20 (16.7%)	2:30	24 (83.3%)
15	MAJEWSKI Piotr	233	SKATE2CITY	M60+	3	00:07:59	00:15:59	00:23:58	00:32:09	00:40:08	00:48:04	00:56:02.95	+00:09:20 (16.7%)	2:30	24 (83.3%)
17	DROŹDŹEWSKI Robert	131		M50-59	2	00:07:07	00:14:55	00:23:26	00:32:12	00:40:10	00:48:16	00:56:10.90	+00:09:27 (16.8%)	2:30	23.9 (83.0%)
18	WRZESINSKI Marek	272	LEGEND SPORT	M60+	4	00:07:51	00:15:57	00:24:01	00:32:11	00:40:11	00:48:16	00:56:15.20	+00:09:32 (17.0%)	2:30	23.9 (83.0%)
19	CHOJNACKA Joanna	208	MEDIA CREATION-MAPEI-BLADEVILLE	K20-29	1	00:07:58	00:16:00	00:24:00	00:32:10	00:40:10	00:48:15	00:56:16.65	+00:09:33 (17.0%)	2:30	23.9 (83.0%)
20	SADOWSKI Wojciech	258	OFF SCHOOL	M50-59	3	00:07:29	00:15:37	00:23:24	00:32:01	00:40:07	00:48:14	00:56:18.05	+00:09:35 (17.0%)	2:30	23.9 (83.0%)
21	PIEJKO Paweł	246	DESTINATION UNKNOWN	M40-49	7	00:07:59	00:16:00	00:24:00	00:32:10	00:40:09	00:48:13	00:56:21.95	+00:09:39 (17.1%)	2:30	23.9 (83.0%)
22	JASIŃSKA Anna	220	SILESIA SKATING	K20-29	2	00:07:59	00:15:58	00:23:59	00:32:08	00:40:07	00:48:13	00:56:24.55	+00:09:41 (17.2%)	2:31	23.8 (82.6%)
23	RADOMSKI Radosław	253	PLICHWYŚCIG	M40-49	8	00:08:26	00:16:32	00:24:41	00:33:01	00:41:13	00:49:24	00:57:11.30	+00:10:28 (18.3%)	2:33	23.5 (81.6%)
24	DORSZYŃSKI Arkadiusz	212	SILESIA SKATING	M40-49	9	00:07:28	00:16:01	00:24:18	00:33:01	00:41:13	00:49:21	00:57:11.75	+00:10:28 (18.3%)	2:33	23.5 (81.6%)
25	PRIEBE Jacek	251		M50-59	4	00:08:27	00:16:31	00:24:40	00:33:01	00:41:14	00:49:28	00:57:59.90	+00:11:16 (19.5%)	2:35	23.2 (80.6%)
26	MAREK Sławek	235		M30-39	2	00:08:44	00:16:58	00:25:22	00:33:51	00:42:15	00:50:52	00:58:50.75	+00:12:07 (20.6%)	2:37	22.8 (79.2%)
27	PAWELEC Zbigniew	242		M60+	5	00:08:40	00:17:03	00:25:22	00:33:52	00:42:25	00:51:02	00:59:24.45	+00:12:41 (21.4%)	2:39	22.6 (78.5%)
28	KRAJNIK Agata	228	ROLLA SPEED TEAM	K13-19	2	00:07:57	00:16:00	00:24:34	00:33:20	00:42:09	00:51:07	00:59:48.70	+00:13:05 (21.9%)	2:40	22.5 (78.1%)
29	DEMICKI Piotr	211		M50-59	5	00:08:25	00:16:31	00:24:39	00:33:20	00:42:10	00:51:07	00:59:54.70	+00:13:11 (22.0%)	2:40	22.4 (77.8%)
30	BUTRYM Paweł	206		M50-59	6	00:09:08	00:17:12	00:25:42	00:34:19	00:42:42	00:51:52	01:00:41.05	+00:13:58 (23.0%)	2:42	22.1 (76.7%)
31	PAWIKOWSKI Marcin	243		M40-49	10	00:08:53	00:17:15	00:25:47	00:34:19	00:42:59	00:51:51	01:00:42.30	+00:13:59 (23.0%)	2:42	22.1 (76.7%)
32	KRYSTEK Dariusz	229		M30-39	3	00:07:58	00:16:01	00:24:41	00:33:59	00:43:07	00:52:29	01:00:56.15	+00:14:13 (23.3%)	2:43	22.1 (76.7%)
33	PRZEKURACKI Marcin	252		M20-29	3	00:08:24	00:16:48	00:25:39	00:34:23	00:43:36	00:52:57	01:01:59.10	+00:15:16 (24.6%)	2:46	21.7 (75.3%)
34	KOSZCZUK Henryk	227	JUNGHEINRICH	M60+	6	00:09:07	00:17:51	00:27:09	00:36:09	00:45:06	00:54:00	01:02:51.20	+00:16:08 (25.7%)	2:48	21.4 (74.3%)
35	JUNKA Małgorzata	222	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	K40-49	2	00:09:49	00:18:43	00:27:54	00:37:08	00:46:12	00:55:34	01:05:10.05	+00:18:27 (28.3%)	2:54	20.6 (71.5%)
36	BOGUCKA Barbara	203	SKATE2CITY	K40-49	3	00:09:30	00:18:44	00:28:10	00:37:25	00:46:44	00:56:11	01:05:29.15	+00:18:46 (28.7%)	2:55	20.5 (71.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rolki						Czas		Tempo min/km	Tempo km/h
						3.2km	6.4km	9.6km	12.8km	16km	19.2km	22.4km	Różn		
37	GÓRSKA Dorota	216	SILESIA SKATING	K30-39	1	00:09:30	00:18:45	00:28:16	00:37:25	00:46:44	00:56:10	01:05:30.20	+00:18:47 (28.7%)	2:55	20.5 (71.2%)
38	MACK Jacek	275		M40-49	11	00:10:00	00:19:04	00:28:24	00:37:46	00:47:00	00:56:42	01:05:40.15	+00:18:57 (28.9%)	2:55	20.5 (71.2%)
39	RUTKOWSKI Wojciech	256		M60+	7	00:09:31	00:18:25	00:27:47	00:37:11	00:46:44	00:56:15	01:06:21.55	+00:19:38 (29.6%)	2:57	20.3 (70.5%)
40	PRAJSNAR Paweł	249	SPEEDING TURTLES	M20-29	4	00:09:51	00:18:47	00:28:17	00:37:52	00:47:35	00:57:29	01:08:28.75	+00:21:45 (31.8%)	3:03	19.6 (68.1%)
41	BAJGROWICZ-BIEGUN Justyna	201	SILESIA SKATING	K30-39	2	00:09:50	00:19:26	00:29:51	00:40:08	00:50:15	01:00:05	01:09:49.00	+00:23:06 (33.1%)	3:07	19.3 (67.0%)
42	BUŚKA Piotr	205	BRAK	M40-49	12	00:09:48	00:19:21	00:29:24	00:39:31	00:49:49	00:59:36	01:09:56.10	+00:23:13 (33.2%)	3:07	19.2 (66.7%)
43	ŚCIBIOREK Alicja	268		K20-29	3	00:09:54	00:19:26	00:29:32	00:40:08	00:50:16	01:00:05	01:09:56.95	+00:23:14 (33.2%)	3:07	19.2 (66.7%)
44	PRAJSNAR Robert	248	SPEEDING TURTLES	M40-49	13	00:10:26	00:19:43	00:29:27	00:39:28	00:49:41	00:59:46	01:09:57.85	+00:23:14 (33.2%)	3:07	19.2 (66.7%)
45	PATORA Jerzy	241	SKATE2CITY	M60+	8	00:09:29	00:18:44	00:28:11	00:37:48	00:48:09	00:59:16	01:10:02.25	+00:23:19 (33.3%)	3:07	19.2 (66.7%)
46	PLOTKOWSKI Roman	247		M40-49	14	00:09:36	00:18:46	00:28:38	00:38:57	00:49:30	01:00:02	01:10:05.50	+00:23:22 (33.4%)	3:07	19.2 (66.7%)
47	MIKUŚ Grzegorz	238	KKSW KRAK ROLLERBLADE	M30-39	4	00:09:40	00:19:45	00:29:54	00:40:08	00:50:15	01:00:04	01:10:24.85	+00:23:41 (33.7%)	3:08	19.1 (66.3%)
48	JANKO - MIELCARSKA Ewa	219	KORONA WILANÓW	K60+	1	00:10:14	00:19:47	00:29:52	00:40:10	00:50:42	01:01:27	01:12:00.90	+00:25:17 (35.1%)	3:12	18.7 (64.9%)
49	STANKIEWICZ Krzysztof	263		M40-49	15	00:09:01	00:18:35	00:28:56	00:39:33	00:50:36	01:01:44	01:13:08.45	+00:26:25 (36.1%)	3:15	18.4 (63.9%)
50	FORMAŃSKI Andrzej	215		M60+	9	00:10:25	00:19:45	00:29:48	00:40:09	00:51:11	01:02:14	01:13:41.80	+00:26:58 (36.6%)	3:17	18.2 (63.2%)
51	BRUZDA Urszula	204	SIE JEDZIE	K30-39	3	00:10:25	00:20:36	00:30:55	00:41:43	00:52:40	01:03:48	01:15:04.35	+00:28:21 (37.8%)	3:21	17.9 (62.2%)
52	RYBKA Magdalena	257	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	K30-39	4	00:10:53	00:21:12	00:32:01	00:42:32	00:53:24	01:04:08	01:15:44.35	+00:29:01 (38.3%)	3:22	17.7 (61.5%)
53	CEREGRA Piotr	207	TN BIEGÓWKI	M40-49	16	00:12:11	00:23:18	00:34:08	00:44:38	00:55:20	01:06:05	01:17:09.25	+00:30:26 (39.5%)	3:26	17.4 (60.4%)
54	PAWLAK Tomasz	244		M30-39	5	00:10:07	00:20:10	00:30:48	00:41:49	00:52:37	01:05:42	01:18:10.10	+00:31:27 (40.2%)	3:29	17.2 (59.7%)
55	KARAŚ Dominika	224	LEGIA WARSZAWA MASTERS	K30-39	5	00:12:49	00:23:40	00:34:51	00:46:08	00:57:05	01:08:58	01:20:50.90	+00:34:07 (42.2%)	3:36	16.6 (57.6%)
56	PAWŁOWSKI Tomasz	245	U.K.S. ZWOLEŃ-TEAM	M40-49	17	00:10:24	00:21:22	00:33:27	00:45:18	00:57:06	01:09:31	01:21:57.95	+00:35:15 (43.0%)	3:39	16.4 (56.9%)
57	PRAJSNAR Agnieszka	250	SPEEDING TURTLES	K40-49	4	00:12:14	00:23:38	00:35:19	00:46:56	00:58:29	01:11:08	01:23:23.35	+00:36:40 (44.0%)	3:43	16.1 (55.9%)
58	JAKUBOWSKA Martyna	218	I LOVE ROLKI	K30-39	6	00:12:14	00:23:30	00:35:44	00:48:17	01:00:49	01:13:59	01:27:39.55	+00:40:56 (46.7%)	3:54	15.3 (53.1%)
59	IWAŃSKA Anna	217	U.K.S. ZWOLEŃ-TEAM	K20-29	4	00:12:13	00:24:07	00:38:31	00:51:23	01:04:17	01:17:32	01:36:56.15	+00:50:13 (51.8%)	4:19	13.9 (48.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rolki_All						Czas		Tempo min/km	Tempo km/h
						3.2km	6.4km	9.6km	12.8km	16km	19.2km	22.4km	Różn		
60	BŁACHNIO Katarzyna	202		K30-39	7	00:14:01	00:28:20	00:42:58	00:57:34	01:12:52	01:28:08	01:44:21.95	+00:57:39 (55.2%)	4:39	12.9 (44.8%)
61	SZCZEPAŃSKI Daniel	264	U.K.S. ZWOLEŃ-TEAM	M30-39	6	00:08:35	00:16:39	00:32:18	00:47:52	01:06:26	01:27:11	01:50:05.85	+01:03:22 (57.6%)	4:54	12.2 (42.4%)
62	MAKOWSKI Andrzej	276		M60+	10	00:10:03	00:19:53	00:30:48	00:42:48	00:55:43	01:10:21		+00:30:22	3:39	16.4 (56.9%)
	SZENBORN Małgorzata	265	ILOVE ROLKI	K30-39		00:12:13 DNF	00:25:46 DNF	00:41:32 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KAFARSKA Adrianna	223	UKS ZWOLEŃ-TEAM	K13-19		00:07:02 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	FABISIAK Agnieszka	214	U.K.S. ZWOLEŃ-TEAM	K30-39		00:12:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 65 wynik(ów)