



II WYŚCIG O PUCHAR SIEMOWITA W GOSTYNINIE - ROLKI SZYBKIE - 22.4 KM

B4SPORT

Wydarzenie: II Wyścig o Puchar Siemowita Inauguracja
Długodystansowego Pucharu Polski 2019
Organizator: Miejski Ośrodek Sportu i Rekreacji w Gostyninie
Data: 2019-04-14
Miejsce: Gostynin
Dystans: 22.4 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Rolki_All | | | | | | Czas netto 22.4km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|------------|---------------------------|-----------|------|-----------|----------|----------|----------|----------|----------|----------------------|----------------------|-----------------|-----------------|
| | | | | | | 3.2km | 6.4km | 9.6km | 12.8km | 16km | 19.2km | | | | |
| 1 | WARCHOŁ Łukasz | 271 | WSR POLSKATER | M30-39 | 1 | 00:06:23 | 00:12:51 | 00:19:28 | 00:26:18 | 00:33:08 | 00:39:58 | 00:46:42.95 | | 2:05 | 28.8 (100%) |
| 2 | MACHOWSKI Michał | 232 | ROLLSCHOOL | M20-29 | 1 | 00:06:23 | 00:12:50 | 00:19:28 | 00:26:17 | 00:33:08 | 00:39:57 | 00:46:43.00 | +00:00:00 (0.0%) | 2:05 | 28.8 (100%) |
| 3 | CIBOROWSKI Sebastian | 210 | SEBASPORT PISZ | M40-49 | 1 | 00:06:24 | 00:12:50 | 00:19:27 | 00:26:18 | 00:33:08 | 00:39:59 | 00:46:47.15 | +00:00:04 (0.1%) | 2:05 | 28.7 (99.7%) |
| 4 | MARCINIAK Adam | 234 | PELETON | M40-49 | 2 | 00:07:01 | 00:13:46 | 00:20:36 | 00:27:38 | 00:34:44 | 00:41:51 | 00:48:31.10 | +00:01:48 (3.7%) | 2:09 | 27.7 (96.2%) |
| 5 | SKRZYPIEC Kamil | 262 | JABRA ROLLER TEAM FRIENDS | M13-19 | 1 | 00:07:05 | 00:13:46 | 00:20:36 | 00:27:37 | 00:34:44 | 00:41:51 | 00:48:40.75 | +00:01:57 (4.0%) | 2:10 | 27.6 (95.8%) |
| 6 | MOŃKA Maciej | 239 | CAFEMOBIL TEAM | M50-59 | 1 | 00:06:21 | 00:12:50 | 00:19:29 | 00:26:45 | 00:34:12 | 00:41:42 | 00:48:42.90 | +00:01:59 (4.1%) | 2:10 | 27.6 (95.8%) |
| 7 | KOSMAŁA Mateusz | 226 | | M20-29 | 2 | 00:06:24 | 00:13:03 | 00:20:18 | 00:27:39 | 00:34:48 | 00:41:45 | 00:49:01.05 | +00:02:18 (4.7%) | 2:11 | 27.4 (95.1%) |
| 8 | PACZUSKI Jarosław | 240 | LEGIA WARSZAWA MASTERS | M60+ | 1 | 00:07:03 | 00:13:54 | 00:20:41 | 00:27:45 | 00:35:31 | 00:43:11 | 00:50:52.65 | +00:04:09 (8.2%) | 2:16 | 26.4 (91.7%) |
| 9 | SIERPOWSKI Zbigniew | 260 | PLICHWYSCIG.PL | M40-49 | 3 | 00:07:17 | 00:14:36 | 00:21:51 | 00:29:09 | 00:36:36 | 00:43:55 | 00:51:05.25 | +00:04:22 (8.6%) | 2:16 | 26.3 (91.3%) |
| 10 | KASPROWICZ Daniel | 225 | PLICHWYSCIG.PL | M40-49 | 4 | 00:07:25 | 00:14:37 | 00:21:51 | 00:29:10 | 00:36:36 | 00:43:55 | 00:51:07.75 | +00:04:24 (8.6%) | 2:16 | 26.3 (91.3%) |
| 11 | MENET Krystian | 236 | SKATE2CITY | M40-49 | 5 | 00:07:18 | 00:14:36 | 00:21:51 | 00:29:09 | 00:36:35 | 00:43:54 | 00:51:11.75 | +00:04:28 (8.8%) | 2:17 | 26.3 (91.3%) |
| 12 | TYSZKIEWICZ Klaudia | 269 | U.K.S. ZWOLEŃ-TEAM | K13-19 | 1 | 00:07:02 | 00:13:52 | 00:20:39 | 00:29:02 | 00:36:36 | 00:44:49 | 00:52:03.65 | +00:05:20 (10.3%) | 2:19 | 25.8 (89.6%) |
| 13 | SZYSZKA Hubert | 267 | 1975 | M40-49 | 6 | 00:07:27 | 00:14:57 | 00:22:38 | 00:30:18 | 00:37:53 | 00:45:29 | 00:53:00.55 | +00:06:17 (11.9%) | 2:21 | 25.4 (88.2%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Rolki_All | | | | | | Czas | | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|------------------------------------|-----------|------|-----------|----------|----------|----------|----------|----------|--------------------|----------------------|--------------|-----------------|
| | | | | | | 3.2km | 6.4km | 9.6km | 12.8km | 16km | 19.2km | 22.4km | Różn | | |
| 14 | ZOREMBA Jan | 274 | AZS AWF KATOWICE RT | M60+ | 2 | 00:07:17 | 00:14:55 | 00:22:37 | 00:30:16 | 00:37:53 | 00:45:28 | 00:53:01.55 | +00:06:18 (11.9%) | 2:22 | 25.4 (88.2%) |
| 15 | URYZAJ Karolina | 270 | SKATE2CITY | K40-49 | 1 | 00:08:00 | 00:15:59 | 00:23:58 | 00:32:09 | 00:40:07 | 00:48:03 | 00:56:02.95 | +00:09:20 (16.7%) | 2:30 | 24 (83.3%) |
| 15 | MAJEWSKI Piotr | 233 | SKATE2CITY | M60+ | 3 | 00:07:59 | 00:15:59 | 00:23:58 | 00:32:09 | 00:40:08 | 00:48:04 | 00:56:02.95 | +00:09:20 (16.7%) | 2:30 | 24 (83.3%) |
| 17 | DROŹDŹEWSKI Robert | 131 | | M50-59 | 2 | 00:07:07 | 00:14:55 | 00:23:26 | 00:32:12 | 00:40:10 | 00:48:16 | 00:56:10.90 | +00:09:27 (16.8%) | 2:30 | 23.9 (83.0%) |
| 18 | WRZESINSKI Marek | 272 | LEGEND SPORT | M60+ | 4 | 00:07:51 | 00:15:57 | 00:24:01 | 00:32:11 | 00:40:11 | 00:48:16 | 00:56:15.20 | +00:09:32 (17.0%) | 2:30 | 23.9 (83.0%) |
| 19 | CHOJNACKA Joanna | 208 | MEDIA CREATION-MAPEI-BLADEVILLE | K20-29 | 1 | 00:07:58 | 00:16:00 | 00:24:00 | 00:32:10 | 00:40:10 | 00:48:15 | 00:56:16.65 | +00:09:33 (17.0%) | 2:30 | 23.9 (83.0%) |
| 20 | SADOWSKI Wojciech | 258 | OFF SCHOOL | M50-59 | 3 | 00:07:29 | 00:15:37 | 00:23:24 | 00:32:01 | 00:40:07 | 00:48:14 | 00:56:18.05 | +00:09:35 (17.0%) | 2:30 | 23.9 (83.0%) |
| 21 | PIEJKO Paweł | 246 | DESTINATION UNKNOWN | M40-49 | 7 | 00:07:59 | 00:16:00 | 00:24:00 | 00:32:10 | 00:40:09 | 00:48:13 | 00:56:21.95 | +00:09:39 (17.1%) | 2:30 | 23.9 (83.0%) |
| 22 | JASIŃSKA Anna | 220 | SILESIA SKATING | K20-29 | 2 | 00:07:59 | 00:15:58 | 00:23:59 | 00:32:08 | 00:40:07 | 00:48:13 | 00:56:24.55 | +00:09:41 (17.2%) | 2:31 | 23.8 (82.6%) |
| 23 | RADOMSKI Radosław | 253 | PLICHWYŚCIG | M40-49 | 8 | 00:08:26 | 00:16:32 | 00:24:41 | 00:33:01 | 00:41:13 | 00:49:24 | 00:57:11.30 | +00:10:28 (18.3%) | 2:33 | 23.5 (81.6%) |
| 24 | DORSZYŃSKI Arkadiusz | 212 | SILESIA SKATING | M40-49 | 9 | 00:07:28 | 00:16:01 | 00:24:18 | 00:33:01 | 00:41:13 | 00:49:21 | 00:57:11.75 | +00:10:28 (18.3%) | 2:33 | 23.5 (81.6%) |
| 25 | PRIEBE Jacek | 251 | | M50-59 | 4 | 00:08:27 | 00:16:31 | 00:24:40 | 00:33:01 | 00:41:14 | 00:49:28 | 00:57:59.90 | +00:11:16 (19.5%) | 2:35 | 23.2 (80.6%) |
| 26 | MAREK Sławek | 235 | | M30-39 | 2 | 00:08:44 | 00:16:58 | 00:25:22 | 00:33:51 | 00:42:15 | 00:50:52 | 00:58:50.75 | +00:12:07 (20.6%) | 2:37 | 22.8 (79.2%) |
| 27 | PAWELEC Zbigniew | 242 | | M60+ | 5 | 00:08:40 | 00:17:03 | 00:25:22 | 00:33:52 | 00:42:25 | 00:51:02 | 00:59:24.45 | +00:12:41 (21.4%) | 2:39 | 22.6 (78.5%) |
| 28 | KRAJNIK Agata | 228 | ROLLA SPEED TEAM | K13-19 | 2 | 00:07:57 | 00:16:00 | 00:24:34 | 00:33:20 | 00:42:09 | 00:51:07 | 00:59:48.70 | +00:13:05 (21.9%) | 2:40 | 22.5 (78.1%) |
| 29 | DEMICKI Piotr | 211 | | M50-59 | 5 | 00:08:25 | 00:16:31 | 00:24:39 | 00:33:20 | 00:42:10 | 00:51:07 | 00:59:54.70 | +00:13:11 (22.0%) | 2:40 | 22.4 (77.8%) |
| 30 | BUTRYM Paweł | 206 | | M50-59 | 6 | 00:09:08 | 00:17:12 | 00:25:42 | 00:34:19 | 00:42:42 | 00:51:52 | 01:00:41.05 | +00:13:58 (23.0%) | 2:42 | 22.1 (76.7%) |
| 31 | PAWIKOWSKI Marcin | 243 | | M40-49 | 10 | 00:08:53 | 00:17:15 | 00:25:47 | 00:34:19 | 00:42:59 | 00:51:51 | 01:00:42.30 | +00:13:59 (23.0%) | 2:42 | 22.1 (76.7%) |
| 32 | KRYSTEK Dariusz | 229 | | M30-39 | 3 | 00:07:58 | 00:16:01 | 00:24:41 | 00:33:59 | 00:43:07 | 00:52:29 | 01:00:56.15 | +00:14:13 (23.3%) | 2:43 | 22.1 (76.7%) |
| 33 | PRZEKURACKI Marcin | 252 | | M20-29 | 3 | 00:08:24 | 00:16:48 | 00:25:39 | 00:34:23 | 00:43:36 | 00:52:57 | 01:01:59.10 | +00:15:16 (24.6%) | 2:46 | 21.7 (75.3%) |
| 34 | KOSZCZUK Henryk | 227 | JUNGHEINRICH | M60+ | 6 | 00:09:07 | 00:17:51 | 00:27:09 | 00:36:09 | 00:45:06 | 00:54:00 | 01:02:51.20 | +00:16:08 (25.7%) | 2:48 | 21.4 (74.3%) |
| 35 | JUNKA Małgorzata | 222 | KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ | K40-49 | 2 | 00:09:49 | 00:18:43 | 00:27:54 | 00:37:08 | 00:46:12 | 00:55:34 | 01:05:10.05 | +00:18:27 (28.3%) | 2:54 | 20.6 (71.5%) |
| 36 | BOGUCKA Barbara | 203 | SKATE2CITY | K40-49 | 3 | 00:09:30 | 00:18:44 | 00:28:10 | 00:37:25 | 00:46:44 | 00:56:11 | 01:05:29.15 | +00:18:46 (28.7%) | 2:55 | 20.5 (71.2%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Rolki | | | | | | Czas | | Tempo min/km | Tempo km/h |
|-----|----------------------------------|------------|------------------------------------|-----------|------|----------|----------|----------|----------|----------|----------|--------------------|----------------------|--------------|-----------------|
| | | | | | | 3.2km | 6.4km | 9.6km | 12.8km | 16km | 19.2km | 22.4km | Różn | | |
| 37 | GÓRSKA Dorota | 216 | SILESIA SKATING | K30-39 | 1 | 00:09:30 | 00:18:45 | 00:28:16 | 00:37:25 | 00:46:44 | 00:56:10 | 01:05:30.20 | +00:18:47 (28.7%) | 2:55 | 20.5 (71.2%) |
| 38 | MACK Jacek | 275 | | M40-49 | 11 | 00:10:00 | 00:19:04 | 00:28:24 | 00:37:46 | 00:47:00 | 00:56:42 | 01:05:40.15 | +00:18:57 (28.9%) | 2:55 | 20.5 (71.2%) |
| 39 | RUTKOWSKI Wojciech | 256 | | M60+ | 7 | 00:09:31 | 00:18:25 | 00:27:47 | 00:37:11 | 00:46:44 | 00:56:15 | 01:06:21.55 | +00:19:38 (29.6%) | 2:57 | 20.3 (70.5%) |
| 40 | PRAJSNAR Paweł | 249 | SPEEDING TURTLES | M20-29 | 4 | 00:09:51 | 00:18:47 | 00:28:17 | 00:37:52 | 00:47:35 | 00:57:29 | 01:08:28.75 | +00:21:45 (31.8%) | 3:03 | 19.6 (68.1%) |
| 41 | BAJGROWICZ-BIEGUN Justyna | 201 | SILESIA SKATING | K30-39 | 2 | 00:09:50 | 00:19:26 | 00:29:51 | 00:40:08 | 00:50:15 | 01:00:05 | 01:09:49.00 | +00:23:06 (33.1%) | 3:07 | 19.3 (67.0%) |
| 42 | BUŚKA Piotr | 205 | BRAK | M40-49 | 12 | 00:09:48 | 00:19:21 | 00:29:24 | 00:39:31 | 00:49:49 | 00:59:36 | 01:09:56.10 | +00:23:13 (33.2%) | 3:07 | 19.2 (66.7%) |
| 43 | ŚCIBIOREK Alicja | 268 | | K20-29 | 3 | 00:09:54 | 00:19:26 | 00:29:32 | 00:40:08 | 00:50:16 | 01:00:05 | 01:09:56.95 | +00:23:14 (33.2%) | 3:07 | 19.2 (66.7%) |
| 44 | PRAJSNAR Robert | 248 | SPEEDING TURTLES | M40-49 | 13 | 00:10:26 | 00:19:43 | 00:29:27 | 00:39:28 | 00:49:41 | 00:59:46 | 01:09:57.85 | +00:23:14 (33.2%) | 3:07 | 19.2 (66.7%) |
| 45 | PATORA Jerzy | 241 | SKATE2CITY | M60+ | 8 | 00:09:29 | 00:18:44 | 00:28:11 | 00:37:48 | 00:48:09 | 00:59:16 | 01:10:02.25 | +00:23:19 (33.3%) | 3:07 | 19.2 (66.7%) |
| 46 | PLOTKOWSKI Roman | 247 | | M40-49 | 14 | 00:09:36 | 00:18:46 | 00:28:38 | 00:38:57 | 00:49:30 | 01:00:02 | 01:10:05.50 | +00:23:22 (33.4%) | 3:07 | 19.2 (66.7%) |
| 47 | MIKUŚ Grzegorz | 238 | KKSW KRAK ROLLERBLADE | M30-39 | 4 | 00:09:40 | 00:19:45 | 00:29:54 | 00:40:08 | 00:50:15 | 01:00:04 | 01:10:24.85 | +00:23:41 (33.7%) | 3:08 | 19.1 (66.3%) |
| 48 | JANKO - MIELCARSKA Ewa | 219 | KORONA WILANÓW | K60+ | 1 | 00:10:14 | 00:19:47 | 00:29:52 | 00:40:10 | 00:50:42 | 01:01:27 | 01:12:00.90 | +00:25:17 (35.1%) | 3:12 | 18.7 (64.9%) |
| 49 | STANKIEWICZ Krzysztof | 263 | | M40-49 | 15 | 00:09:01 | 00:18:35 | 00:28:56 | 00:39:33 | 00:50:36 | 01:01:44 | 01:13:08.45 | +00:26:25 (36.1%) | 3:15 | 18.4 (63.9%) |
| 50 | FORMAŃSKI Andrzej | 215 | | M60+ | 9 | 00:10:25 | 00:19:45 | 00:29:48 | 00:40:09 | 00:51:11 | 01:02:14 | 01:13:41.80 | +00:26:58 (36.6%) | 3:17 | 18.2 (63.2%) |
| 51 | BRUZDA Urszula | 204 | SIE JEDZIE | K30-39 | 3 | 00:10:25 | 00:20:36 | 00:30:55 | 00:41:43 | 00:52:40 | 01:03:48 | 01:15:04.35 | +00:28:21 (37.8%) | 3:21 | 17.9 (62.2%) |
| 52 | RYBKA Magdalena | 257 | KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ | K30-39 | 4 | 00:10:53 | 00:21:12 | 00:32:01 | 00:42:32 | 00:53:24 | 01:04:08 | 01:15:44.35 | +00:29:01 (38.3%) | 3:22 | 17.7 (61.5%) |
| 53 | CEREGRA Piotr | 207 | TN BIEGÓWKI | M40-49 | 16 | 00:12:11 | 00:23:18 | 00:34:08 | 00:44:38 | 00:55:20 | 01:06:05 | 01:17:09.25 | +00:30:26 (39.5%) | 3:26 | 17.4 (60.4%) |
| 54 | PAWLAK Tomasz | 244 | | M30-39 | 5 | 00:10:07 | 00:20:10 | 00:30:48 | 00:41:49 | 00:52:37 | 01:05:42 | 01:18:10.10 | +00:31:27 (40.2%) | 3:29 | 17.2 (59.7%) |
| 55 | KARAŚ Dominika | 224 | LEGIA WARSZAWA MASTERS | K30-39 | 5 | 00:12:49 | 00:23:40 | 00:34:51 | 00:46:08 | 00:57:05 | 01:08:58 | 01:20:50.90 | +00:34:07 (42.2%) | 3:36 | 16.6 (57.6%) |
| 56 | PAWŁOWSKI Tomasz | 245 | U.K.S. ZWOLEŃ-TEAM | M40-49 | 17 | 00:10:24 | 00:21:22 | 00:33:27 | 00:45:18 | 00:57:06 | 01:09:31 | 01:21:57.95 | +00:35:15 (43.0%) | 3:39 | 16.4 (56.9%) |
| 57 | PRAJSNAR Agnieszka | 250 | SPEEDING TURTLES | K40-49 | 4 | 00:12:14 | 00:23:38 | 00:35:19 | 00:46:56 | 00:58:29 | 01:11:08 | 01:23:23.35 | +00:36:40 (44.0%) | 3:43 | 16.1 (55.9%) |
| 58 | JAKUBOWSKA Martyna | 218 | I LOVE ROLKI | K30-39 | 6 | 00:12:14 | 00:23:30 | 00:35:44 | 00:48:17 | 01:00:49 | 01:13:59 | 01:27:39.55 | +00:40:56 (46.7%) | 3:54 | 15.3 (53.1%) |
| 59 | IWAŃSKA Anna | 217 | U.K.S. ZWOLEŃ-TEAM | K20-29 | 4 | 00:12:13 | 00:24:07 | 00:38:31 | 00:51:23 | 01:04:17 | 01:17:32 | 01:36:56.15 | +00:50:13 (51.8%) | 4:19 | 13.9 (48.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Rolki_All | | | | | | Czas | | Tempo min/km | Tempo km/h |
|-----|----------------------------|------------|--------------------|-----------|------|-----------------|-----------------|-----------------|----------|----------|----------|--------------------|----------------------|--------------|-----------------|
| | | | | | | 3.2km | 6.4km | 9.6km | 12.8km | 16km | 19.2km | 22.4km | Różn | | |
| 60 | BŁACHNIO Katarzyna | 202 | | K30-39 | 7 | 00:14:01 | 00:28:20 | 00:42:58 | 00:57:34 | 01:12:52 | 01:28:08 | 01:44:21.95 | +00:57:39 (55.2%) | 4:39 | 12.9 (44.8%) |
| 61 | SZCZEPAŃSKI Daniel | 264 | U.K.S. ZWOLEŃ-TEAM | M30-39 | 6 | 00:08:35 | 00:16:39 | 00:32:18 | 00:47:52 | 01:06:26 | 01:27:11 | 01:50:05.85 | +01:03:22 (57.6%) | 4:54 | 12.2 (42.4%) |
| 62 | MAKOWSKI Andrzej | 276 | | M60+ | 10 | 00:10:03 | 00:19:53 | 00:30:48 | 00:42:48 | 00:55:43 | 01:10:21 | | +00:30:22 | 3:39 | 16.4 (56.9%) |
| | SZENBORN Małgorzata | 265 | ILOVE ROLKI | K30-39 | | 00:12:13 DNF | 00:25:46 DNF | 00:41:32 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | KAFARSKA Adrianna | 223 | UKS ZWOLEŃ-TEAM | K13-19 | | 00:07:02 DNF | DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | FABISIAK Agnieszka | 214 | U.K.S. ZWOLEŃ-TEAM | K30-39 | | 00:12:59 DNF | DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |

Znaleziono 65 wynik(ów)