



II WYŚCIG O PUCHAR SIEMOWITA W GOSTYNINIE - ROLKI SZYBKIE - 41.6 KM

B4SPORT

Wydarzenie:

II Wyścig o Puchar Siemowita Inauguracja
Długodystansowego Pucharu Polski 2019
Miejski Ośrodek Sportu i Rekreacji w Gostyninie
2019-04-14
Gostynin
41.6 km

Organizator:

Data:

Miejsce:

Dystans:



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rolki_All											Czas netto 41.6km	Różn	Tempo min/km	Tempo km/h	
						3.2km	6.4km	9.6km	12.8km	16km	19.2km	22.4km	25.6km	28.8km	32km	35.2km					38.4km
1	CIĘŻKI Paweł	290	MERCATEO.PL	M20-29	1	00:06:16	00:12:30	00:18:59	00:25:32	00:30:57	00:36:51	00:42:52	00:49:00	00:55:08	01:01:21	01:07:41	01:14:06	01:20:41.00		1:56	30.9 (100%)
2	CHOJNACKI Bartosz	288	MEDIA CREATION-MAPEI-BLADEVILLE	M20-29	2	00:06:17	00:12:30	00:18:58	00:25:31	00:30:56	00:36:51	00:42:52	00:48:59	00:55:08	01:01:21	01:07:41	01:14:06	01:20:42.40	+00:00:01 (0.0%)	1:56	30.9 (100%)
3	KANIA Marek	314	LEGIA WARSZAWA	M20-29	3	00:06:17	00:12:30	00:18:57	00:25:29	00:31:29	00:37:32	00:44:15	00:50:44	00:57:09	01:03:50	01:10:16	01:17:12	01:23:34.80	+00:02:53 (3.5%)	2:00	29.9 (96.8%)
4	MAZUREK Sebastian	330	JABRA ROLLER TEAM	M30-39	1	00:06:18	00:12:30	00:18:57	00:25:30	00:31:29	00:37:30	00:44:02	00:50:29	00:57:09	01:03:50	01:10:14	01:17:11	01:23:35.55	+00:02:54 (3.5%)	2:00	29.9 (96.8%)
5	KANIA Mateusz	313	LEGIA WARSZAWA	M20-29	4	00:06:18	00:12:30	00:18:58	00:25:31	00:31:27	00:37:32	00:44:16	00:50:45	00:57:09	01:03:50	01:10:16	01:17:12	01:23:35.65	+00:02:54 (3.5%)	2:00	29.9 (96.8%)
6	TATARATA Konrad	365	JABRA ROLLER TEAM	M20-29	5	00:06:18	00:12:30	00:18:58	00:25:31	00:31:23	00:37:32	00:44:15	00:50:44	00:57:08	01:03:50	01:10:13	01:17:11	01:23:35.85	+00:02:54 (3.5%)	2:00	29.9 (96.8%)
7	FLEJSZER Łukasz	295	U.K.S. ZWOLEŃ-TEAM	M30-39	2	00:06:17	00:12:29	00:18:57	00:25:29	00:31:29	00:37:31	00:44:15	00:50:44	00:57:16	01:03:54	01:10:17	01:17:16	01:23:36.65	+00:02:55 (3.5%)	2:00	29.9 (96.8%)
8	ŻÓŁKIEWSKI Jan	380	TUKS RST ROZTOCZE TOMASZÓW LUBELSKI	M15-19	1	00:06:17	00:12:29	00:18:58	00:25:31	00:31:30	00:37:31	00:44:16	00:50:44	00:57:08	01:03:50	01:10:16	01:17:08	01:23:37.85	+00:02:56 (3.5%)	2:00	29.9 (96.8%)
9	SOLGA Mateusz	354	AZS WAF KATOWICE	M30-39	3	00:06:17	00:12:29	00:18:58	00:25:29	00:31:27	00:37:31	00:44:17	00:50:44	00:57:08	01:03:49	01:10:17	01:17:09	01:23:38.35	+00:02:57 (3.5%)	2:00	29.8 (96.4%)
10	FERENC Jakub	294	TUKS RST ROZTOCZE TOMASZÓW LUBELSKI	M15-19	2	00:06:19	00:12:29	00:18:57	00:25:29	00:31:30	00:37:31	00:44:16	00:50:44	00:57:09	01:03:50	01:10:16	01:17:10	01:23:38.90	+00:02:57 (3.5%)	2:00	29.8 (96.4%)
11	PAWELEC Mirosław	338	JABRA ROLLER TEAM	M30-39	4	00:06:17	00:12:29	00:18:57	00:25:29	00:31:29	00:37:31	00:44:15	00:50:45	00:57:17	01:03:54	01:10:15	01:17:11	01:23:39.00	+00:02:58 (3.5%)	2:00	29.8 (96.4%)
12	GADEK Wojciech	299	SILESIA SKATING	M40-49	1	00:06:18	00:12:32	00:18:59	00:25:32	00:31:38	00:38:00	00:44:23	00:50:46	00:57:10	01:03:50	01:10:16	01:17:11	01:23:40.75	+00:02:59 (3.6%)	2:00	29.8 (96.4%)
13	BUKOWSKI Maciej	282	ROLLA SPEED TEAM	M30-39	5	00:06:19	00:12:31	00:18:59	00:25:33	00:31:31	00:37:33	00:44:17	00:50:46	00:57:10	01:03:51	01:10:17	01:17:12	01:23:40.95	+00:02:59 (3.6%)	2:00	29.8 (96.4%)
14	ZGRZYWA Marek	375	JABRA ROLLER TEAM	M15-19	3	00:06:18	00:12:31	00:18:59	00:25:32	00:31:37	00:38:01	00:44:24	00:50:46	00:57:10	01:03:51	01:10:17	01:17:12	01:23:41.25	+00:03:00 (3.6%)	2:00	29.8 (96.4%)
15	WALICH Maciej	366	PLICHWYSCIG.PL	M30-39	6	00:06:18	00:12:30	00:18:58	00:25:31	00:31:30	00:37:32	00:44:16	00:50:45	00:57:09	01:03:51	01:10:17	01:17:11	01:23:47.45	+00:03:06 (3.7%)	2:00	29.8 (96.4%)
16	OLSZOWSKI Henryk	335		M50-59	1	00:06:18	00:12:32	00:18:58	00:25:32	00:31:37	00:38:01	00:44:23	00:50:46	00:57:20	01:04:18	01:11:20	01:18:26	01:25:37.45	+00:04:56 (5.8%)	2:03	29.2 (94.5%)
17	CHOJECKI Dariusz	285		M50-59	2	00:06:24	00:12:35	00:19:00	00:25:34	00:31:58	00:38:38	00:45:14	00:52:02	00:58:51	01:05:42	01:12:48	01:20:07	01:26:49.70	+00:06:08 (7.1%)	2:05	28.8 (93.2%)
18	GLAMKOWSKA Aleksandra	300	UKS ORLICA DUSZNIKI ZDRÓJ/ POWERSLIDE POLSKA	K20-29	1	00:06:20	00:12:31	00:19:00	00:25:33	00:31:57	00:38:38	00:45:14	00:52:03	00:58:52	01:05:42	01:12:48	01:19:58	01:26:51.10	+00:06:10 (7.1%)	2:05	28.7 (92.9%)
19	DYMISZKIEWICZ Aniela	293	PLICHWYSCIG.PL	K20-29	2	00:06:19	00:12:32	00:19:00	00:25:33	00:31:57	00:38:38	00:45:14	00:52:03	00:58:51	01:05:42	01:12:47	01:20:02	01:26:51.90	+00:06:10 (7.1%)	2:05	28.7 (92.9%)
20	GAWEŁ Rafał	297	AZS AWF KATOWICE	M20-29	6	00:06:20	00:12:33	00:18:58	00:25:31	00:31:38	00:38:39	00:45:14	00:52:03	00:58:51	01:05:42	01:12:48	01:20:07	01:27:10.70	+00:06:29 (7.5%)	2:05	28.6 (92.6%)
21	SZUMLAS Arkadiusz	363	PROLUBE SPEED TEAM	M15-19	4	00:06:18	00:12:31	00:19:00	00:25:34	00:32:43	00:39:42	00:46:50	00:53:55	01:00:45	01:06:55	01:13:22	01:21:41	01:28:05.25	+00:07:24 (8.4%)	2:07	28.3 (91.6%)
22	KUŚMIERZ Magdalena	321	TUKS RST ROZTOCZETOMASZÓW LUBELSKI	K15-19	1	00:06:23	00:12:51	00:19:28	00:26:19	00:33:09	00:39:59	00:46:51	00:53:57	01:00:46	01:07:36	01:14:55	01:21:42	01:28:09.90	+00:07:28 (8.5%)	2:07	28.3 (91.6%)
23	CIEĆKO Dawid	289	TUKS RST ROZTOCZETOMASZÓW LUBELSKI	M15-19	5	00:06:23	00:12:50	00:19:27	00:26:17	00:33:09	00:39:58	00:46:51	00:53:57	01:00:45	01:07:36	01:14:54	01:21:42	01:28:10.00	+00:07:29 (8.5%)	2:07	28.3 (91.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rolki											Czas netto 41.6km	Różn	Tempo min/km	Tempo km/h	
						3.2km	6.4km	9.6km	12.8km	16km	19.2km	22.4km	25.6km	28.8km	32km	35.2km					38.4km
24	ROJ Janusz	346	SILESIA SKATING	M40-49	2	00:06:18	00:12:34	00:19:00	00:25:34	00:32:06	00:39:01	00:46:10	00:53:17	01:00:21	01:07:36	01:14:56	01:21:36	01:28:12.05	+00:07:31 (8.5%)	2:07	28.3 (91.6%)
25	CZUSZ Magdalena	291	ZEBRA3D/ ZICO RACING SPEED TEAM	K20-29	3	00:06:20	00:12:49	00:19:27	00:26:18	00:33:08	00:39:58	00:46:47	00:53:55	01:00:44	01:07:35	01:14:55	01:21:42	01:28:12.60	+00:07:31 (8.5%)	2:07	28.3 (91.6%)
26	PRONOBIS Mateusz	344	SILESIA SKATING	M30-39	7	00:06:19	00:12:34	00:19:00	00:25:32	00:31:58	00:39:00	00:46:10	00:53:16	01:00:21	01:07:36	01:14:55	01:21:37	01:28:12.61	+00:07:31 (8.5%)	2:07	28.3 (91.6%)
27	KSENIAK Tomasz	320	TWISTER TRÓJMIASTO	M40-49	3	00:06:26	00:12:50	00:19:27	00:26:16	00:33:08	00:39:58	00:46:50	00:53:56	01:00:46	01:07:38	01:14:55	01:21:42	01:28:12.65	+00:07:31 (8.5%)	2:07	28.3 (91.6%)
28	JARKIEWICZ Marcin	308	LEGIA WARSZAWA MASTERS	M50-59	3	00:06:25	00:12:49	00:19:27	00:26:18	00:33:07	00:39:58	00:46:51	00:53:56	01:00:44	01:07:37	01:14:57	01:21:43	01:28:12.80	+00:07:31 (8.5%)	2:07	28.3 (91.6%)
29	PIELECH Piotr	339	LEGIA WARSZAWA MASTERS	M40-49	4	00:06:23	00:12:31	00:19:29	00:26:18	00:33:08	00:39:58	00:46:49	00:53:56	01:00:44	01:07:37	01:14:56	01:21:41	01:28:12.95	+00:07:31 (8.5%)	2:07	28.3 (91.6%)
30	SZUMLAS Jacek	361	PROLUBE MASTERS	M40-49	5	00:06:19	00:12:29	00:18:59	00:25:32	00:31:58	00:39:57	00:45:41	00:51:39	00:59:42	01:07:36	01:14:56	01:21:43	01:28:14.00	+00:07:33 (8.6%)	2:07	28.3 (91.6%)
31	CHOJNACKI Mateusz	287	U.K.S. ZWOLEŃ-TEAM	M20-29	7	00:06:18	00:12:29	00:18:58	00:25:32	00:31:57	00:38:48	00:45:40	00:52:40	00:59:41	01:07:08	01:14:35	01:21:44	01:28:14.40	+00:07:33 (8.6%)	2:07	28.3 (91.6%)
32	NOWAK Tomasz	333	SILESIA SKATING	M50-59	4	00:06:20	00:12:34	00:19:00	00:25:33	00:31:58	00:39:01	00:46:11	00:53:17	01:00:22	01:07:36	01:14:56	01:21:43	01:28:14.60	+00:07:33 (8.6%)	2:07	28.3 (91.6%)
32	CHARUBIN Sławomir	284	PLICHWYŚCIGI.PL	M50-59	5	00:06:21	00:12:34	00:19:21	00:26:17	00:33:08	00:39:58	00:46:50	00:53:55	01:00:44	01:07:37	01:14:56	01:21:43	01:28:14.60	+00:07:33 (8.6%)	2:07	28.3 (91.6%)
34	MAZUREK Wiesław	331	PROLUBE MASTERS	M50-59	6	00:06:22	00:12:49	00:19:29	00:26:18	00:33:08	00:39:58	00:46:50	00:53:55	01:00:42	01:07:37	01:14:56	01:21:46	01:29:19.35	+00:08:38 (9.7%)	2:08	27.9 (90.3%)
35	GUMIENIAK Michał	304	TUKS RST ROZTOCZE TOMASZÓW LUBELSKI	M15-19	6	00:06:25	00:12:51	00:19:28	00:26:19	00:33:09	00:39:59	00:46:51	00:53:57	01:00:46	01:07:37	01:14:57	01:22:29	01:30:44.00	+00:10:03 (11.1%)	2:10	27.5 (89.0%)
36	SAPIJASZKO Łukasz	348	LEGIA WARSZAWA MASTERS	M40-49	6	00:06:25	00:13:51	00:20:39	00:27:42	00:34:47	00:41:52	00:48:45	00:55:56	01:02:59	01:10:13	01:17:20	01:24:31	01:31:15.30	+00:10:34 (11.6%)	2:11	27.4 (88.7%)
37	SENDECKA Katarzyna	350	TUKS RST ROZTOCZE TOMASZÓW LUBELSKI	K15-19	2	00:06:49	00:13:51	00:20:38	00:27:41	00:34:44	00:41:50	00:48:43	00:55:51	01:02:57	01:10:10	01:17:14	01:24:30	01:31:15.45	+00:10:34 (11.6%)	2:11	27.4 (88.7%)
38	JABŁOŃSKA Agata	306	LEGIA WARSZAWA	K20-29	4	00:07:04	00:13:53	00:20:37	00:27:41	00:34:44	00:41:50	00:48:43	00:55:54	01:02:57	01:10:09	01:17:15	01:24:30	01:31:15.60	+00:10:34 (11.6%)	2:11	27.4 (88.7%)
39	SOCZOMSKI Mirosław	301	EDI TEAM ZGORZELEC	M50-59	7	00:07:03	00:13:52	00:20:36	00:27:40	00:34:46	00:41:51	00:48:45	00:55:51	01:02:57	01:10:12	01:17:15	01:24:33	01:31:15.75	+00:10:34 (11.6%)	2:11	27.4 (88.7%)
40	SLIWINSKI Henryk	352	ROLLA SPEED TEAM	M60+	1	00:06:26	00:13:04	00:20:19	00:27:38	00:34:46	00:41:51	00:48:46	00:55:56	01:02:56	01:10:11	01:17:18	01:24:30	01:31:15.80	+00:10:34 (11.6%)	2:11	27.4 (88.7%)
41	STĘPIEN Magdalena	355	SKATE2CITY	K30-39	1	00:07:04	00:13:53	00:20:40	00:27:43	00:34:45	00:41:50	00:48:43	00:55:56	01:02:58	01:10:11	01:17:19	01:24:29	01:31:15.85	+00:10:34 (11.6%)	2:11	27.4 (88.7%)
42	ZDANCEWICZ Paweł	373	LEGIA WARSZAWA MASTERS	M40-49	7	00:07:02	00:13:53	00:20:41	00:27:44	00:34:47	00:41:52	00:48:44	00:55:55	01:02:58	01:10:10	01:17:19	01:24:30	01:31:15.95	+00:10:34 (11.6%)	2:11	27.4 (88.7%)
43	LEWICKI Krzysztof	325	KKSW KRAK ROLLERBLADE	M30-39	8	00:06:25	00:13:26	00:20:36	00:27:41	00:34:45	00:41:51	00:48:46	00:55:57	01:02:57	01:10:12	01:17:19	01:24:31	01:31:19.65	+00:10:38 (11.7%)	2:11	27.3 (88.3%)
44	ZOLADEK Jerzy	378	NIEZRZESZONY	M60+	2	00:07:02	00:13:53	00:20:40	00:27:42	00:34:46	00:41:51	00:48:43	00:55:54	01:02:57	01:10:09	01:17:18	01:24:32	01:31:20.60	+00:10:39 (11.7%)	2:11	27.3 (88.3%)
45	KWIATKOWSKI Łukasz	322	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M30-39	9	00:06:46	00:13:51	00:20:41	00:27:43	00:34:46	00:41:52	00:48:44	00:55:54	01:02:58	01:10:10	01:17:19	01:24:30	01:31:21.65	+00:10:40 (11.7%)	2:11	27.3 (88.3%)
46	KABZA Grzegorz	312	SKATE2CITY	M50-59	8	00:07:02	00:13:52	00:20:41	00:27:44	00:34:47	00:41:52	00:48:45	00:55:56	01:02:59	01:10:11	01:17:19	01:24:32	01:31:22.25	+00:10:41 (11.7%)	2:11	27.3 (88.3%)
47	BUJACZ Marcin	281	I LOVE ROLKI	M30-39	10	00:07:01	00:13:52	00:20:37	00:27:41	00:34:45	00:41:52	00:48:46	00:55:57	01:02:59	01:10:09	01:17:17	01:24:31	01:31:43.70	+00:11:02 (12.0%)	2:12	27.2 (88.0%)
48	PIETRZAK Adrian	340	UKS SPARTA GRODZISK MAZOWIECKI	M20-29	8	00:06:56	00:13:48	00:20:37	00:27:38	00:34:45	00:41:50	00:48:47	00:55:55	01:02:58	01:10:13	01:17:17	01:24:38	01:31:52.15	+00:11:11 (12.2%)	2:12	27.2 (88.0%)
49	BIJAK Anna	277	SILESIA SKATING	K40-49	1	00:07:04	00:13:54	00:20:38	00:27:42	00:34:45	00:41:50	00:48:44	00:55:56	01:02:59	01:10:10	01:17:18	01:24:32	01:31:54.95	+00:11:13 (12.2%)	2:12	27.2 (88.0%)
50	KARCZEWSKI Karol	382	LEGIA WARSZAWA	M15-19	7	00:06:22	00:12:49	00:19:28	00:26:17	00:33:08	00:39:58	00:46:50	00:53:56	01:00:45	01:07:43	01:16:12	01:23:58	01:32:14.65	+00:11:33 (12.5%)	2:13	27.1 (87.7%)
51	HACHAJ Piotr	305	LEGIA WARSZAWA MASTERS	M20-29	9	00:06:20	00:12:50	00:20:18	00:27:43	00:34:44	00:41:51	00:48:46	00:55:54	01:02:59	01:10:13	01:17:20	01:25:20	01:34:35.55	+00:13:54 (14.7%)	2:16	26.4 (85.4%)
52	WRÓBEL Antoni	370	TWISTERTRÓJMIASTO	M60+	3	00:07:01	00:13:52	00:20:39	00:27:42	00:34:48	00:42:37	00:50:52	00:58:29	01:06:03	01:14:11	01:21:58	01:30:00	01:37:57.25	+00:17:16 (17.6%)	2:21	25.5 (82.5%)
53	JĘDRZEJCZYK Mateusz	309		M20-29	10	00:07:06	00:13:54	00:20:42	00:29:10	00:36:34	00:43:54	00:51:15	00:58:30	01:06:02	01:14:11	01:21:58	01:30:01	01:37:57.45	+00:17:16 (17.6%)	2:21	25.5 (82.5%)
54	SAPIJASZKO Marta	349	LEGIA WARSZAWA MASTERS	K30-39	2	00:07:04	00:14:23	00:21:50	00:29:09	00:36:35	00:43:54	00:51:15	00:58:30	01:06:02	01:14:12	01:21:57	01:30:01	01:37:58.00	+00:17:17 (17.6%)	2:21	25.5 (82.5%)
55	SYKUT Piotr	360	SSW MALTA	M40-49	8	00:07:02	00:13:51	00:20:40	00:27:42	00:35:31	00:43:11	00:50:55	00:58:30	01:06:02	01:14:11	01:21:57	01:30:00	01:37:58.75	+00:17:17 (17.7%)	2:21	25.5 (82.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rolki											Czas		Tempo min/km	Tempo km/h	
						3.2km	6.4km	9.6km	12.8km	16km	19.2km	22.4km	25.6km	28.8km	32km	35.2km	38.4km	41.6km			Różn
56	ZIÓLKOWSKI Julian	377	STOWARZYSZENIE WROTKARSKIE GDAŃSKIE LWY	M50-59	9	00:06:46	00:13:52	00:20:40	00:27:44	00:35:31	00:43:11	00:50:55	00:58:30	01:06:02	01:14:11	01:22:20	01:31:10	01:39:54.05	+00:19:13 (19.2%)	2:24	25 (80.9%)
57	WÓJCIK Tomasz	369	MAKALU TEAM	M40-49	9	00:07:05	00:14:23	00:21:51	00:29:10	00:36:35	00:43:54	00:51:25	00:59:22	01:07:45	01:16:12	01:24:32	01:32:10	01:40:21.95	+00:19:40 (19.6%)	2:24	24.9 (80.6%)
58	SIURMICKI Marcin	351		M40-49	10	00:07:45	00:15:07	00:22:40	00:30:42	00:38:21	00:46:11	00:53:57	01:01:37	01:09:41	01:17:16	01:25:03	01:33:05	01:41:14.05	+00:20:33 (20.3%)	2:26	24.7 (79.9%)
59	WITEK Grzegorz	367		M50-59	10	00:07:16	00:14:36	00:21:56	00:29:32	00:37:22	00:45:16	00:53:05	01:00:56	01:08:52	01:16:49	01:24:52	01:33:11	01:41:16.10	+00:20:35 (20.3%)	2:26	24.6 (79.6%)
60	MAJORCZYK-NOREK Katarzyna	328	PLICHWYŚCIG	K20-29	5	00:07:04	00:14:24	00:22:29	00:30:18	00:37:52	00:45:29	00:53:06	01:00:56	01:08:53	01:17:06	01:25:05	01:33:21	01:41:19.55	+00:20:38 (20.4%)	2:26	24.6 (79.6%)
61	PARASZKA Łukasz	337	MINIONSSPEEDTEAM	M30-39	11	00:07:21	00:14:56	00:22:28	00:30:16	00:37:52	00:45:29	00:53:06	01:00:56	01:08:52	01:17:07	01:25:18	01:33:21	01:41:36.90	+00:20:55 (20.6%)	2:26	24.6 (79.6%)
62	PODCZASKI Stanisław	342	SPEEDSKATING ŁÓDŹ	M50-59	11	00:07:16	00:14:36	00:21:57	00:29:33	00:37:23	00:45:17	00:53:05	01:00:50	01:08:52	01:17:06	01:24:52	01:33:11	01:41:55.85	+00:21:14 (20.8%)	2:26	24.5 (79.3%)
63	WOŹNICKI Paweł	368		M50-59	12	00:07:17	00:14:56	00:22:38	00:30:17	00:37:52	00:45:29	00:53:06	01:00:52	01:08:52	01:17:07	01:25:21	01:33:47	01:42:57.65	+00:22:16 (21.6%)	2:28	24.2 (78.3%)
64	SULKOWSKI Tomasz	358	SIE JEDZIE	M40-49	11	00:07:36	00:15:11	00:22:59	00:30:59	00:38:42	00:46:34	00:54:25	01:02:23	01:10:16	01:18:13	01:26:29	01:34:36	01:43:03.15	+00:22:22 (21.7%)	2:28	24.2 (78.3%)
65	MORGALLA Jerzy	332		M40-49	12	00:07:45	00:15:36	00:23:24	00:31:22	00:39:04	00:46:47	00:54:43	01:02:44	01:10:14	01:18:09	01:26:27	01:34:53	01:43:22.95	+00:22:41 (22.0%)	2:29	24.1 (78.0%)
66	WYPYCH Sebastian	372		M40-49	13	00:07:43	00:15:36	00:23:25	00:31:21	00:39:04	00:46:49	00:54:43	01:02:44	01:10:29	01:18:56	01:27:26	01:36:03	01:44:20.65	+00:23:39 (22.7%)	2:30	23.9 (77.3%)
67	KARAŚ Tomasz	315	LEGIA WARSZAWA MASTERS	M30-39	12	00:07:44	00:15:37	00:23:24	00:31:20	00:39:02	00:46:34	00:54:42	01:02:44	01:10:14	01:18:28	01:27:16	01:36:04	01:45:21.50	+00:24:40 (23.4%)	2:31	23.7 (76.7%)
68	SURMA Balbina	359		K20-29	6	00:07:32	00:15:37	00:23:24	00:31:20	00:39:01	00:46:48	00:54:42	01:02:49	01:11:04	01:19:50	01:28:05	01:37:05	01:45:32.20	+00:24:51 (23.5%)	2:32	23.7 (76.7%)
69	KOWALSKI Krzysztof	316	UKS ZRYW SŁOMCZYN	M40-49	14	00:07:18	00:14:58	00:22:48	00:31:22	00:39:04	00:46:50	00:55:30	01:03:00	01:11:48	01:21:01	01:30:01	01:38:25	01:48:17.15	+00:27:36 (25.5%)	2:36	23.1 (74.8%)
70	KOZŁOWSKA Karolina	317	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	K40-49	2	00:07:57	00:16:00	00:23:59	00:32:09	00:40:09	00:48:13	00:56:22	01:05:08	01:13:47	01:22:18	01:31:11	01:39:56	01:48:26.25	+00:27:45 (25.6%)	2:36	23 (74.4%)
71	SZUMLAS Dorota	362	PROLUBE MASTERS	K40-49	3	00:07:57	00:15:58	00:23:58	00:32:07	00:40:08	00:48:14	00:56:21	01:05:07	01:13:48	01:22:19	01:31:10	01:39:55	01:48:27.00	+00:27:46 (25.6%)	2:36	23 (74.4%)
72	KRAJNIK Jacek	318	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M50-59	13	00:08:22	00:16:18	00:24:02	00:32:11	00:40:06	00:48:15	00:56:23	01:05:09	01:13:48	01:22:20	01:31:11	01:39:56	01:48:30.40	+00:27:49 (25.6%)	2:36	23 (74.4%)
73	PRZYBYŚLAWSKA Paulina	345	U.K.S. ZWOLEN-TEAM	K20-29	7	00:07:57	00:16:01	00:24:00	00:32:09	00:40:08	00:48:15	00:56:23	01:05:07	01:13:47	01:22:18	01:31:11	01:39:55	01:48:33.75	+00:27:52 (25.7%)	2:36	23 (74.4%)
74	GOŁECKA Bożena	302	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	K50-59	1	00:07:57	00:15:58	00:23:59	00:32:07	00:40:06	00:48:13	00:56:22	01:05:08	01:13:47	01:22:18	01:31:10	01:39:55	01:48:36.65	+00:27:55 (25.7%)	2:36	23 (74.4%)
75	CHOMIAK Mariusz	364		M50-59	14	00:07:17	00:14:55	00:22:38	00:30:17	00:37:52	00:45:28	00:53:05	01:00:52	01:08:52	01:17:07	01:26:28	01:34:52	01:49:36.55	+00:28:55 (26.4%)	2:38	22.8 (73.8%)
76	ZIEJEWSKI Henryk	376		M50-59	15	00:08:18	00:16:33	00:24:37	00:32:52	00:41:09	00:49:21	00:57:12	01:05:50	01:14:43	01:23:32	01:32:16	01:41:06	01:49:37.05	+00:28:56 (26.4%)	2:38	22.8 (73.8%)
77	FLIS Krzysztof	296		M50-59	16	00:08:30	00:16:31	00:24:39	00:33:00	00:41:13	00:49:24	00:57:37	01:06:21	01:15:18	01:24:14	01:32:56	01:41:36	01:50:04.35	+00:29:23 (26.7%)	2:38	22.7 (73.5%)
78	CHOJNACKA Maria	286	KKSW KRAK	K15-19	3	00:07:43	00:15:58	00:23:59	00:32:08	00:40:08	00:48:14	00:56:23	01:05:08	01:13:48	01:22:19	01:31:38	01:41:35	01:51:47.65	+00:31:06 (27.8%)	2:41	22.3 (72.2%)
79	BRYCHCY Artur	279	GRODZISK WIELKOPOLSKI	M40-49	15	00:07:47	00:15:57	00:24:18	00:33:03	00:41:54	00:51:02	00:59:34	01:08:54	01:18:00	01:27:31	01:37:04	01:46:21	01:56:22.65	+00:35:41 (30.7%)	2:47	21.4 (69.3%)
80	NOWAK Natalia	334		K20-29	8	00:09:35	00:18:44	00:28:15	00:37:50	00:46:58	00:56:05	01:05:09	01:13:48	01:22:18	01:31:10	01:39:56	01:48:46	01:59:08.55	+00:38:27 (32.3%)	2:51	21 (68.0%)
81	POTRZEBOWSKI Michał	343		M40-49	16	00:09:07	00:17:50	00:26:54	00:35:58	00:45:06	00:53:59	01:02:48	01:11:52	01:21:01	01:30:20	01:39:48	01:49:14	01:59:09.15	+00:38:28 (32.3%)	2:51	20.9 (67.6%)
82	ŁAKOMA Małgorzata	326	SIE JEDZIE	K40-49	4	00:09:32	00:18:24	00:27:31	00:36:30	00:45:32	00:54:25	01:03:35	01:13:04	01:22:20	01:31:24	01:40:55	01:50:23	01:59:37.95	+00:38:56 (32.6%)	2:52	20.9 (67.6%)
83	LEŚNIEWICZ Danuta	323	MINIONSSPEEDTEAM	K30-39	3	00:08:26	00:16:32	00:25:11	00:33:56	00:43:01	00:52:20	01:01:36	01:10:58	01:20:13	01:30:15	01:39:56	01:49:36	01:59:38.10	+00:38:57 (32.6%)	2:52	20.9 (67.6%)
84	ZGRZYWA Agnieszka	374	JABRA RT FRIENDS	K50-59	2	00:08:22	00:16:53	00:25:50	00:34:38	00:43:38	00:53:04	01:02:29	01:11:52	01:21:35	01:31:11	01:40:57	01:51:12	02:01:52.60	+00:41:11 (33.8%)	2:55	20.5 (66.3%)
85	CHABERSKI Michał	283	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M40-49	17	00:09:48	00:18:42	00:27:53	00:37:07	00:46:11	00:55:26	01:04:34	01:13:50	01:23:07	01:32:47	01:42:30	01:52:31	02:02:29.15	+00:41:48 (34.1%)	2:56	20.4 (66.0%)
86	MATUSIEWICZ Włodzimierz	329	L19:57 OBS-PRO BIS :)	M60+	4	00:08:27	00:17:02	00:25:50	00:34:39	00:43:37	00:53:04	01:02:30	01:11:51	01:21:34	01:31:13	01:41:32	01:51:50	02:03:55.55	+00:43:14 (34.9%)	2:58	20.1 (65.0%)
87	MACIEJEWSKI Marian	327		M60+	5	00:09:31	00:18:25	00:27:31	00:36:49	00:46:09	00:55:23	01:04:44	01:14:14	01:23:55	01:33:37	01:43:39	01:53:49	02:04:07.85	+00:43:26 (35.0%)	2:59	20.1 (65.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Rolki_All														Czas netto 41.6km	Różn	Tempo min/km	Tempo km/h
						3.2km	6.4km	9.6km	12.8km	16km	19.2km	22.4km	25.6km	28.8km	32km	35.2km	38.4km						
88	STOKFISZ Dorota	356	TUKS RST ROZTOCZE TOMASZÓW LUBELSKI	K40-49	5	00:09:12	00:17:52	00:27:10	00:36:46	00:46:12	00:55:35	01:05:11	01:14:52	01:25:08	01:35:23	01:45:56	01:56:22	02:05:48.30	+00:45:07 (35.9%)	3:01	19.8 (64.1%)		
89	JĘDRZEJEWSKA Monika	310		K50-59	3	00:08:27	00:16:32	00:24:40	00:33:14	00:42:12	00:51:08	01:00:12	01:10:48	01:21:42	01:32:46	01:44:13	01:56:19	02:08:23.50	+00:47:42 (37.2%)	3:05	19.4 (62.8%)		
90	OSZCZYK Grzegorz	336	AMATOR	M60+	6	00:08:57	00:17:52	00:27:34	00:37:08	00:46:12	00:55:34	01:05:11	01:15:39	01:26:24	01:37:38	01:49:16	02:01:17	02:13:49.95	+00:53:08 (39.7%)	3:13	18.7 (60.5%)		
91	JĘDRZEJEWSKI Krzysztof	311		M50-59	17	00:10:04	00:19:47	00:29:40	00:39:43	00:50:08	01:00:12	01:10:51	01:21:43	01:32:47	01:44:14	01:56:21	02:08:32	02:20:45.95	+01:00:04 (42.7%)	3:23	17.7 (57.3%)		
92	STRZAŁKOWSKI Andrzej	357	AMATOR	M50-59	18	00:08:25	00:16:53	00:25:51	00:34:39	00:43:38	00:53:05	01:02:30	01:12:17	01:22:48	01:33:43	01:45:11	01:57:05		+00:42:58	3:02	19.7 (63.8%)		
93	BUDEK Tomasz	280		M30-39	13	00:06:23	00:12:51	00:20:19	00:27:43	00:36:14	00:44:59	00:54:00	01:02:44	01:10:11	01:19:53				+00:18:32	2:29	24 (77.7%)		
94	GADEK Katarzyna	298	SILESIA SKATING	K40-49	6	00:09:32	00:18:44	00:28:31	00:38:37	00:48:54	00:59:23	01:10:38	01:22:38	01:35:17	01:46:55				+00:45:33	3:20	18 (58.3%)		
95	JANKOWSKI Ireneusz	307		M60+	7	00:10:26	00:19:43	00:29:53	00:40:08	00:51:25	01:02:33	01:15:39	01:27:52	01:40:51	01:55:19				+00:53:57	3:36	16.6 (53.7%)		
96	DUDA Marcin	292	ROLLA SPEED TEAM	M30-39	14	00:06:19	00:19:00	00:25:33	00:38:00	00:44:23	00:51:14	01:12:34	01:19:50	01:26:51					+00:31:42	3:00	19.9 (64.4%)		
97	JANIAK Karol	381		M60+	8	00:09:50	00:18:43	00:27:54	00:37:08	00:46:19	00:56:16	01:06:40	01:18:58						+00:29:57	3:05	19.5 (63.1%)		
98	PIOWCZYK Michał	341	SILESIA SKATING	M15-19	8	00:06:24	00:12:51	00:19:29	00:26:18	00:34:10	00:41:42	00:48:43							+00:05:51	2:10	27.6 (89.3%)		
99	RUDZIŃSKA Jadwiga	347	U.K.S. ZWOLEN-TEAM	K30-39	4	00:12:11	00:24:23	00:36:39	00:49:14										+00:23:42	3:50	15.6 (50.5%)		
100	ŻĄDŁO Martyna	379	SILESIA SKAITING	K30-39	5	00:07:04	00:14:23	00:22:05											+00:03:06	2:18	26.1 (84.5%)		

Znaleziono 100 wynik(ów)