



III ЭТАП КУБКА РБ. ФИНАЛ - 10КМ

B4SPORT

Wydarzenie: III этап кубка РБ. Финал
 Organizator: BFNW
 Data: 2018-10-06
 Miejsce: Grodno
 Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Herk_All 2.5km	Herk_All 5km	Herk_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	OLUWAGBEMI Melvin	10	PARIS / FRANCE ПАРИЖ / ФРАНЦИЯ	M18-29	1	00:15:36	00:31:34	00:47:00	01:02:50.16		6:17	9.5 (100%)
2	ГОРДЕЕВ Юрий	6	СИГАЕВСКИЕ МЕДВЕДИ	M50-59	1	00:15:36	00:31:35	00:47:05	01:04:03.29	+00:01:13 (1.9%)	6:24	9.4 (98.9%)
3	РОВДО Алексей	7	КРОКИ	M50-59	2	00:15:34	00:31:33	00:47:45	01:04:15.34	+00:01:25 (2.2%)	6:25	9.3 (97.9%)
4	ШАЙДУЛЛИН Денис	61	NORDICPRO	M30-39	1	00:16:12	00:33:19	00:50:18	01:07:16.84	+00:04:26 (6.6%)	6:43	8.9 (93.7%)
5	РАДКЕВИЧ Валерий	16	БГУ	M40-49	1	00:16:17	00:32:55	00:50:23	01:07:36.07	+00:04:45 (7.0%)	6:45	8.9 (93.7%)
6	МИНИАХМЕТОВ Виктор	55	ГИМНАЗИЯ № 10	M18-29	2	00:16:53	00:33:49	00:50:46	01:07:41.75	+00:04:51 (7.2%)	6:46	8.9 (93.7%)
7	ВОЛОХ Алексей	24	ГРОДНЕНСКОЕ ОБЛАСТНОЕ КАДЕТСКОЕ УЧИЛИЩЕ	M_Jun_15-17	1	00:16:45	00:33:49	00:50:49	01:07:46.26	+00:04:56 (7.3%)	6:46	8.9 (93.7%)
8	ДЕНИСОВИЧ Гордей	62		M_Jun_15-17	2	00:16:12	00:33:23	00:50:43	01:08:10.46	+00:05:20 (7.8%)	6:49	8.8 (92.6%)
9	СКОРБ Николай	33	HORDIC-START ПРОГРЕСС-ВЕРТЕЛИШКИ	M18-29	3	00:16:45	00:33:52	00:50:51	01:08:13.92	+00:05:23 (7.9%)	6:49	8.8 (92.6%)
10	ЖАБИН Дмитрий	15	СКАНДИВИТА	M50-59	3	00:17:17	00:34:43	00:51:55	01:09:28.42	+00:06:38 (9.6%)	6:56	8.6 (90.5%)
11	КУЦ Михаил	23	ГРОДНЕНСКОЕ ОБЛАСТНОЕ КАДЕТСКОЕ УЧИЛИЩЕ	M_Jun_15-17	3	00:16:16	00:34:02	00:51:25	01:10:07.40	+00:07:17 (10.4%)	7:00	8.6 (90.5%)
12	РУТКЕВИЧ Дмитрий	41	ЛОКОМОТИВ	M18-29	4	00:17:15	00:35:12	00:53:03	01:10:21.51	+00:07:31 (10.7%)	7:02	8.5 (89.5%)
13	KUZICH Ihar	46	БРЕСТСКИЙ ОБЛАСТНОЙ ЛИЦЕЙ	M40-49	2	00:17:13	00:35:02	00:52:56	01:10:55.02	+00:08:04 (11.4%)	7:05	8.5 (89.5%)
14	СТЕПУРА Илья	32	HORDIC-START ПРОГРЕСС-ВЕРТЕЛИШКИ	M18-29	5	00:17:51	00:35:41	00:53:20	01:10:57.59	+00:08:07 (11.4%)	7:05	8.5 (89.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Herk			Czas netto 10km	Różn	Tempo min/km	Tempo km/h
						2.5km	5km	7.5km				
15	ЯНКОВСКИЙ Александр	39	ЛОКОМОТИВ	M30-39	2	00:18:39	00:36:42	00:54:22	01:11:55.77	+00:09:05 (12.6%)	7:11	8.3 (87.4%)
16	ГУЛЯЙ Виталий	29	ГРОДНЕНСКОЕ ОБЛАСТНОЕ КАДЕТСКОЕ УЧИЛИЩЕ	M_Jun_15-17	4	00:16:58	00:33:57	00:51:41	01:12:12.13	+00:09:21 (13.0%)	7:13	8.3 (87.4%)
17	ЛУЧИНОВИЧ Людмила	1		Ж40-49	1	00:18:01	00:35:55	00:54:05	01:12:31.68	+00:09:41 (13.4%)	7:15	8.3 (87.4%)
18	ХАРИТОНЮК Михаил	31	HORDIC-START ПРОГРЕСС-ВЕРТЕЛИШКИ	M50-59	4	00:17:20	00:35:29	00:54:09	01:12:38.65	+00:09:48 (13.5%)	7:15	8.3 (87.4%)
19	СКОРБ Леонид	34	HORDIC-START ПРОГРЕСС-ВЕРТЕЛИШКИ	M30-39	3	00:17:47	00:36:12	00:54:33	01:12:45.78	+00:09:55 (13.6%)	7:16	8.2 (86.3%)
20	ВАЛЕЕВ Николай	9	СИГАЕВСКИЕ МЕДВЕДИ	M60-69	1	00:17:52	00:35:49	00:53:56	01:12:48.79	+00:09:58 (13.7%)	7:16	8.2 (86.3%)
21	ГУТНИК Алеся	45	СОКОЛ	Ж30-39	1	00:18:07	00:35:55	00:54:21	01:13:13.06	+00:10:22 (14.2%)	7:19	8.2 (86.3%)
22	ЧУПРЕТА Юрий	52	СОКОЛ	M40-49	3	00:18:08	00:36:34	00:55:15	01:14:21.65	+00:11:31 (15.5%)	7:26	8.1 (85.3%)
23	СТЕПАШИХИН Валерий	53	СОКОЛ	M30-39	4	00:18:44	00:36:46	00:55:50	01:15:07.96	+00:12:17 (16.4%)	7:30	8 (84.2%)
24	ЯНКОВСКИЙ Владимир	38	ЛОКОМОТИВ	M40-49	4	00:18:49	00:37:38	00:56:31	01:15:53.49	+00:13:03 (17.2%)	7:35	7.9 (83.2%)
25	PASINSKA-SKOWRON Sylwia	58	PRUSZYNSKI SPORT TEAM	Ж40-49	2	00:18:56	00:38:00	00:57:02	01:16:19.69	+00:13:29 (17.7%)	7:37	7.9 (83.2%)
26	ЖАБИНА Елена	14	СКАНДИВИТА	Ж50-59	1	00:19:00	00:38:06	00:57:12	01:16:33.13	+00:13:42 (17.9%)	7:39	7.8 (82.1%)
27	ПИУТА Вероника	44	СОКОЛ	Ж30-39	2	00:18:56	00:38:25	00:58:05	01:17:14.66	+00:14:24 (18.7%)	7:43	7.8 (82.1%)
28	СКОРБ Ирина	37	HORDIC-START ПРОГРЕСС-ВЕРТЕЛИШКИ	Ж30-39	3	00:19:06	00:38:38	00:58:08	01:17:22.02	+00:14:31 (18.8%)	7:44	7.8 (82.1%)
29	ШАБАНОВИЧ Александр	57	СШ№7 Г.НОВОГРУДКА	M50-59	5	00:19:09	00:38:04	00:57:42	01:17:54.49	+00:15:04 (19.3%)	7:47	7.7 (81.1%)
30	VALIUSHKA Dzimitry	50	СПК ИМ. ДЕНЩИКОВА	M40-49	5	00:19:33	00:39:14	00:58:45	01:18:10.34	+00:15:20 (19.6%)	7:49	7.7 (81.1%)
31	ТИХАНОВИЧ Иван	25	ГРОДНЕНСКОЕ ОБЛАСТНОЕ КАДЕТСКОЕ УЧИЛИЩЕ	M30-39	5	00:19:07	00:38:36	00:58:55	01:18:36.30	+00:15:46 (20.1%)	7:51	7.6 (80.0%)
32	ЖУКОВСКАЯ Агнесса	26	ГРОДНЕНСКОЕ ОБЛАСТНОЕ КАДЕТСКОЕ УЧИЛИЩЕ	Ж_Jun_15-17	1	00:19:45	00:39:21	00:58:51	01:18:44.69	+00:15:54 (20.2%)	7:52	7.6 (80.0%)
33	ОРЕШКОВ Кирилл	51	СПК ИМ. ДЕНЩИКОВА	M30-39	6	00:19:58	00:40:08	00:59:46	01:19:10.17	+00:16:20 (20.6%)	7:55	7.6 (80.0%)
34	КАЗАНЦЕВ Владимир	54	ЗВЕЗДА	M60-69	2	00:19:41	00:39:16	00:59:23	01:19:12.15	+00:16:21 (20.7%)	7:55	7.6 (80.0%)
35	ОБИДИЕНТОВ Сергей	3	ЗВЕЗДА	M60-69	3	00:19:40	00:39:17	00:59:23	01:19:32.19	+00:16:42 (21.0%)	7:57	7.5 (78.9%)
36	КРИВИЦКАЯ Алеся	30	ГРОДНЕНСКОЕ ОБЛАСТНОЕ КАДЕТСКОЕ УЧИЛИЩЕ	Ж_Jun_15-17	2	00:20:12	00:39:55	00:59:40	01:19:44.21	+00:16:54 (21.2%)	7:58	7.5 (78.9%)
37	КАШКЕВИЧ Екатерина	35	HORDIC-START ПРОГРЕСС-ВЕРТЕЛИШКИ	Ж30-39	4	00:19:29	00:39:17	00:59:09	01:19:47.33	+00:16:57 (21.2%)	7:58	7.5 (78.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Herk_All			Czas netto 10km	Różn	Tempo min/km	Tempo km/h
						2.5km	5km	7.5km				
38	МЕЛЬЧАКОВА Нелли	64	ШАГ ЗА ШАГОМ	Ж60-69	1	00:20:02	00:39:44	00:59:48	01:20:04.79	+00:17:14 (21.5%)	8:00	7.5 (78.9%)
39	ЕРЕМЕЕВА Ольга	21	КРОКИ	Ж50-59	2	00:20:06	00:39:52	00:59:51	01:20:07.99	+00:17:17 (21.6%)	8:00	7.5 (78.9%)
40	ПЕКАРСКАЯ Ксения	63	ГОКУ	Ж_Jun_15-17	3	00:20:21	00:39:53	00:59:45	01:20:32.87	+00:17:42 (22.0%)	8:03	7.4 (77.9%)
41	САПЕШКО Елена	40	ЛОКОМОТИВ	Ж50-59	3	00:20:06	00:39:52	00:59:50	01:20:36.02	+00:17:45 (22.0%)	8:03	7.4 (77.9%)
42	ТЁМНАЯ Анна	13	СКАНДИ НОСТРА БЕЛАРУСЬ	Ж40-49	3	00:20:09	00:40:24	01:01:01	01:21:27.65	+00:18:37 (22.9%)	8:08	7.4 (77.9%)
43	МАЛКОВА Валентина	20	ШАГ ЗА ШАГОМ	Ж60-69	2	00:20:02	00:40:16	01:00:55	01:21:28.16	+00:18:38 (22.9%)	8:08	7.4 (77.9%)
44	БУТЬКО Екатерина	18	КРОКИ	Ж40-49	4	00:20:11	00:40:26	01:01:03	01:21:33.15	+00:18:42 (23.0%)	8:09	7.4 (77.9%)
45	ДЯГИЛЕВА Мария	48	БРЕСТСКИЙ ОБЛАСТНОЙ ЛИЦЕЙ	Ж_Jun_15-17	4	00:19:44	00:39:55	01:00:18	01:21:41.85	+00:18:51 (23.1%)	8:10	7.3 (76.8%)
46	ЧУМАК Татьяна	12	ЗВЕЗДА	Ж18-29	1	00:19:50	00:40:04	01:00:19	01:21:44.22	+00:18:54 (23.1%)	8:10	7.3 (76.8%)
47	АЛЕКСАНДРОВА Елена	43		Ж50-59	4	00:20:05	00:40:18	01:01:20	01:22:41.94	+00:19:51 (24.0%)	8:16	7.3 (76.8%)
48	ЧЕРНЫШ Дмитрий	56	НЕСКУЧНЫЕ ХОДОКИ	M50-59	6	00:20:07	00:40:41	01:01:37	01:23:16.35	+00:20:26 (24.5%)	8:19	7.2 (75.8%)
49	MARCZYK Jerzy Paweł	4	FACE NORDIC WALKING TEAM	M60-69	4	00:20:30	00:41:15	01:02:15	01:23:18.30	+00:20:28 (24.6%)	8:19	7.2 (75.8%)
50	КИРИКОВИЧ Оксана	17	КРОКИ	Ж40-49	5	00:20:33	00:41:25	01:02:45	01:24:25.24	+00:21:35 (25.6%)	8:26	7.1 (74.7%)
51	ШЕПОВАЛЕНКО Юрий	60	КРОКИ	M70+	1	00:20:47	00:42:14	01:03:49	01:25:39.31	+00:22:49 (26.6%)	8:34	7 (73.7%)
52	ТАРАС Алена	36	NORDIC-START ПРОГРЕСС- ВЕРТЕЛИШКИ	Ж18-29	2	00:21:58	00:44:24	01:07:28	01:31:05.59	+00:28:15 (31.0%)	9:06	6.6 (69.5%)
53	БЛИЗНЕЦ Клавдия	11	ЗВЕЗДА	Ж60-69	3	00:23:48	00:47:36	01:11:52	01:36:00.45	+00:33:10 (34.6%)	9:36	6.2 (65.3%)
54	ДЛЮБАРСКАЯ Людмила	49	БРЕСТСКИЙ ОБЛАСТНОЙ ЛИЦЕЙ	Ж_Jun_15-17	5	00:24:31	00:49:36	01:15:14	01:41:13.02	+00:38:22 (37.9%)	10:07	5.9 (62.1%)
55	ХАРКО Анна	42	ЛОКОМОТИВ	Ж40-49	6	00:24:48	00:49:37	01:15:15	01:41:14.92	+00:38:24 (37.9%)	10:07	5.9 (62.1%)
56		96				00:20:41	00:41:03	01:03:38		+00:16:38	8:29	7.1 (74.7%)

Znaleziono 56 wynik(ów)