



III "BIEG AZOTOWY" - DZIEŃ CHEMIKA 2019 GRUPA AZOTY

B4SPORT

Organizator: Stowarzyszenie Klub Biegowy „Dzik”
Data: 2019-05-25
Miejsce: Trzebież
Dystans: 10 km

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Checkpoint 5.2km	Czas netto 10.4km	Czas brutto 10.4km	Różn	Tempo min/km	Tempo km/h
1	WILK Rafał	196	MODLITWA BIEGANIA GRYFINO	M-Open	1	00:20:16	00:40:04.50	00:40:05.50		3:51	15.6 (100%)
2	PAWLIŃSKI Piotr	148	GRUPA AZOTY POLICE	Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	1	00:20:14	00:40:44.95	00:40:46.25	+00:00:40 (1.7%)	3:55	15.3 (98.1%)
3	POKRZYWIŃSKI Krzysztof	218		Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	2	00:20:57	00:42:08.15	00:42:09.95	+00:02:04 (4.9%)	4:03	14.8 (94.9%)
4	APIECIONEK Mateusz	3	UKL ÓSEMKA POLICE	Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	3	00:20:59	00:42:57.45	00:42:58.55	+00:02:53 (6.7%)	4:07	14.5 (92.9%)
5	KISZ Przemysław	77	KB PIONIER	M-Open	2	00:21:30	00:43:17.75	00:43:19.85	+00:03:14 (7.5%)	4:09	14.4 (92.3%)
6	KAPŁANIAK Adrian	69	WIECZORNE BIEGANIE W SZCZECINIE	M-Open	3	00:21:08	00:43:23.15	00:43:24.10	+00:03:18 (7.6%)	4:10	14.4 (92.3%)
7	PAWEŁCZAK Damian	144	KB PIONIER SZCZECIN	M-Open	4	00:22:07	00:44:52.65	00:44:53.85	+00:04:48 (10.7%)	4:18	13.9 (89.1%)
8	SKALSKI Mateusz	222		M-Open	5	00:22:27	00:45:27.40	00:45:30.05	+00:05:24 (11.9%)	4:22	13.7 (87.8%)
9	GAŁAMAGA Radosław	38	GRUPA AZOTY/LOVELASY	Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	4	00:22:26	00:45:30.65	00:45:32.35	+00:05:26 (12.0%)	4:22	13.7 (87.8%)
10	FILIPCZAK Tomasz	37		Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	5	00:22:36	00:45:59.10	00:46:01.25	+00:05:55 (12.9%)	4:25	13.6 (87.2%)
11	GORSZKA Damian	47	PARKRUN SZCZECIN	M-Open	6	00:22:23	00:46:48.15	00:46:50.25	+00:06:44 (14.4%)	4:30	13.3 (85.3%)
12	KOTARSKI Wiesław	87	GRUPA AZOTY POLICE	Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	6	00:23:00	00:47:12.00	00:47:13.40	+00:07:07 (15.1%)	4:32	13.2 (84.6%)
13	GRABSZTUNOWICZ Robert	50	TTSZCZECIN	M-Open	7	00:24:16	00:48:56.80	00:49:00.25	+00:08:54 (18.2%)	4:42	12.7 (81.4%)
14	FAFEREK Piotr	36	TRIGYM	M-Open	8	00:24:26	00:49:07.00	00:49:10.85	+00:09:05 (18.5%)	4:43	12.7 (81.4%)
15	KĘDZIELEWSKI Łukasz	73	WIECZORNE BIEGANIE W SZCZECINIE	M-Open	9	00:24:16	00:49:31.20	00:49:33.55	+00:09:28 (19.1%)	4:45	12.6 (80.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Checkpoint 5.2km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10.4km	brutto 10.4km			
16	NIEMIRO Dominika	136	GRUPA AZOTY POLICE	K-Open	1	00:24:37	00:49:57.90	00:49:59.45	+00:09:53 (19.8%)	4:48	12.5 (80.1%)
17	MURAWSKA Wioletta	130		K-Open	2	00:24:39	00:50:01.95	00:50:04.40	+00:09:58 (19.9%)	4:48	12.5 (80.1%)
18	KWIT Jan	105	SŁONECZNE	M-Open	10	00:24:28	00:50:29.55	00:50:32.20	+00:10:26 (20.7%)	4:51	12.4 (79.5%)
19	ROJEWSKI Mateusz	159		M-Open	11	00:25:32	00:50:47.15	00:50:50.20	+00:10:44 (21.1%)	4:52	12.3 (78.8%)
20	DYDEK Edyta	33	SKB DZIK	K-Open	3	00:25:13	00:50:57.25	00:50:59.60	+00:10:54 (21.4%)	4:53	12.2 (78.2%)
21	SARAN Tomasz	231	SKB DZIK	M-Open	12	00:25:38	00:50:55.20	00:51:02.80	+00:10:57 (21.5%)	4:53	12.3 (78.8%)
22	GRONOWICZ Gabriel	235	MOW TRZEBIEŻ	M-Open	13	00:25:19	00:51:41.70	00:51:43.45	+00:11:37 (22.5%)	4:58	12.1 (77.6%)
23	MÓWIŃSKI Tomasz	129		M-Open	14	00:26:03	00:51:31.30	00:52:04.10	+00:11:58 (23.0%)	4:57	12.1 (77.6%)
24	KĘPKA Karol	74		M-Open	15	00:25:36	00:52:12.10	00:52:20.45	+00:12:14 (23.4%)	5:01	12 (76.9%)
25	PAWLAK Bartosz	146	HUSARIA RACE TEAM	M-Open	16	00:25:39	00:52:22.85	00:52:26.55	+00:12:21 (23.6%)	5:02	11.9 (76.3%)
26	ORŁOWSKI Paweł	139		M-Open	17	00:26:57	00:52:29.25	00:52:36.80	+00:12:31 (23.8%)	5:02	11.9 (76.3%)
27	TUROWSKA Katarzyna	191		K-Open	4	00:26:19	00:52:37.20	00:52:39.75	+00:12:34 (23.9%)	5:03	11.9 (76.3%)
28	DALKE Magdalena	26		K-Open	5	00:27:15	00:52:37.70	00:52:53.00	+00:12:47 (24.2%)	5:03	11.9 (76.3%)
29	CHLEWIŃSKI Łukasz	217		M-Open	18	00:25:22	00:52:47.80	00:52:54.40	+00:12:48 (24.2%)	5:04	11.8 (75.6%)
30	BALCERZAK Przemysław	4	UKL ÓSEMKA POLICE	Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	7	00:26:51	00:52:52.40	00:52:55.05	+00:12:49 (24.2%)	5:05	11.8 (75.6%)
31	ADAMCZYK Rafał	1	KSW POLICE	Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	8	00:26:36	00:52:59.25	00:53:02.20	+00:12:56 (24.4%)	5:05	11.8 (75.6%)
32	OSAK Adam	140		M-Open	19	00:26:04	00:53:14.90	00:53:21.80	+00:13:16 (24.9%)	5:07	11.7 (75.0%)
33	ŚLIPSKI Bartłomiej	186	JBK!!!	M-Open	20	00:27:14	00:53:18.50	00:53:29.40	+00:13:23 (25.0%)	5:07	11.7 (75.0%)
34	GRABSZTUNOWICZ Małgorzata	49		K-Open	6	00:26:28	00:53:34.90	00:53:37.15	+00:13:31 (25.2%)	5:09	11.6 (74.4%)
35	KROEHNKE Artur	90		M-Open	21	00:26:38	00:53:49.10	00:53:52.50	+00:13:47 (25.6%)	5:10	11.6 (74.4%)
36	ŻUNDO Roman	215	SPINER POLICE	Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	9	00:26:48	00:53:55.90	00:53:58.75	+00:13:53 (25.7%)	5:11	11.6 (74.4%)
37	HAWRYŁAK Marcin	56	SOSW NR 1 DNR / AMPIO TEAM	M-Open	22	00:26:55	00:54:17.65	00:54:24.10	+00:14:18 (26.3%)	5:13	11.5 (73.7%)
38	ŻMUDA Krzysztof	214	HUSARIA RACE TEAM	M-Open	23	00:27:02	00:54:27.15	00:54:30.85	+00:14:25 (26.5%)	5:14	11.5 (73.7%)

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							netto 10.4km	brutto 10.4km			
39	ALABRUDZIŃSKA Agnieszka	2	SZWLA STARGARD	K-Open	7	00:27:20	00:54:29.10	00:54:35.10	+00:14:29 (26.6%)	5:14	11.5 (73.7%)
40	SZYBIAK Marek	183	ŻYCIE DAJE WIELE CELÓW	Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	10	00:26:50	00:54:42.25	00:54:44.40	+00:14:38 (26.8%)	5:15	11.4 (73.1%)
41	KOPACZ Łukasz	81		M-Open	24	00:27:08	00:54:44.20	00:54:55.90	+00:14:50 (27.0%)	5:15	11.4 (73.1%)
42	ŁAWNICZAK Sebastian	111		Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	11	00:26:59	00:54:48.95	00:54:58.65	+00:14:53 (27.1%)	5:16	11.4 (73.1%)
43	LEGEC Jerzy	107		M-Open	25	00:27:26	00:55:18.30	00:55:21.35	+00:15:15 (27.6%)	5:19	11.3 (72.4%)
44	MARKIEWICZ Aleksandra	118	POŁCZYN BIEGA	K-Open	8	00:27:05	00:55:34.05	00:55:40.50	+00:15:35 (28.0%)	5:20	11.2 (71.8%)
45	GIERASIMOWICZ Szymon	41		M-Open	26	00:27:13	00:56:08.25	00:56:15.25	+00:16:09 (28.7%)	5:23	11.1 (71.2%)
46	GUZIKOWSKI Tomasz	224	GUZIK TEAM SZCZECIN	M-Open	27	00:28:02	00:56:20.70	00:56:24.90	+00:16:19 (28.9%)	5:25	11.1 (71.2%)
47	NIESTEROWICZ Karol	223		M-Open	28	00:28:03	00:56:20.95	00:56:25.15	+00:16:19 (28.9%)	5:25	11.1 (71.2%)
48	WALAS Patryk	256	MOW TRZEBIEŻ	M-Open	29	00:26:22	00:56:38.05	00:56:39.65	+00:16:34 (29.2%)	5:26	11 (70.5%)
49	WRĘBIAK Dariusz	207		M-Open	30	00:27:57	00:56:42.45	00:56:45.85	+00:16:40 (29.4%)	5:27	11 (70.5%)
50	NADOLNY Przemysław	133	PARKRUN SZCZECIN	M-Open	31	00:28:25	00:56:43.80	00:56:48.40	+00:16:42 (29.4%)	5:27	11 (70.5%)
51	KUCZYŃSKI Marcel	233	MOW TRZEBIEŻ	M-Open	32	00:28:43	00:56:54.00	00:56:55.00	+00:16:49 (29.6%)	5:28	11 (70.5%)
52	ŁYSONŃ Piotr	112		M-Open	33	00:28:40	00:56:50.75	00:56:55.75	+00:16:50 (29.6%)	5:27	11 (70.5%)
53	SZWARC Ewa	182		K-Open	9	00:28:09	00:56:57.60	00:57:02.15	+00:16:56 (29.7%)	5:28	11 (70.5%)
54	KRZYWIEC Marcin	95		M-Open	34	00:27:59	00:56:56.75	00:57:05.95	+00:17:00 (29.8%)	5:28	11 (70.5%)
55	KANAR Piotr	219	ZCH POLICE	Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	12	00:28:46	00:57:05.45	00:57:12.90	+00:17:07 (29.9%)	5:29	10.9 (69.9%)
56	KOPANIECKI Mariusz	84	BBL POLICE	Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	13	00:28:55	00:57:13.50	00:57:26.60	+00:17:21 (30.2%)	5:30	10.9 (69.9%)
57	PAWLAK Gracjan	145		M-Open	35	00:29:57	00:58:04.50	00:58:18.05	+00:18:12 (31.2%)	5:35	10.7 (68.6%)
58	BARANOWSKI Michał	7		M-Open	36	00:27:46	00:58:30.60	00:58:33.85	+00:18:28 (31.5%)	5:37	10.7 (68.6%)
59	WRÓBLEWSKI Emil	208		Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	14	00:29:08	00:58:30.40	00:58:37.30	+00:18:31 (31.6%)	5:37	10.7 (68.6%)
60	WOŹNIAK Piotr	206	WIECZORNE BIEGANIE W SZCZECINIE	M-Open	37	00:28:56	00:58:26.65	00:58:41.95	+00:18:36 (31.7%)	5:37	10.7 (68.6%)
61	WILKLISZ Wojciech	197		M-Open	38	00:28:42	00:58:45.15	00:58:48.85	+00:18:43 (31.8%)	5:38	10.6 (67.9%)

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62	SPŁAWSKI Daniel	176		M-Open	39	00:30:20	00:59:03.30	00:59:13.90	+00:19:08 (32.3%)	5:40	10.6 (67.9%)
63	PIWOWARSKI Darek	152	WIECZORNE BIEGANIE W SZCZECINIE	M-Open	40	00:29:38	00:59:11.85	00:59:14.90	+00:19:09 (32.3%)	5:41	10.5 (67.3%)
64	WITORZĘĆ Dariusz	199		M-Open	41	00:29:34	00:59:09.70	00:59:17.75	+00:19:12 (32.4%)	5:41	10.5 (67.3%)
65	SOWISZ Adrianna	175		K-Open	10	00:29:35	00:59:08.75	00:59:18.00	+00:19:12 (32.4%)	5:41	10.5 (67.3%)
66	DĘBCZYŃSKI Michał	28	WILD HORSE ZÜRICH	M-Open	42	00:29:40	00:59:16.10	00:59:19.80	+00:19:14 (32.4%)	5:41	10.5 (67.3%)
67	SOWISZ Cezary	174		M-Open	43	00:29:40	00:59:11.30	00:59:20.75	+00:19:15 (32.4%)	5:41	10.5 (67.3%)
68	ODROWSKI Piotr	138		M-Open	44	00:29:58	00:59:34.50	00:59:48.05	+00:19:42 (33.0%)	5:43	10.5 (67.3%)
69	JARCZEWSKI Damian	64		M-Open	45	00:29:10	00:59:35.00	00:59:49.65	+00:19:44 (33.0%)	5:43	10.5 (67.3%)
70	CHROBOCIŃSKI Jan	23		M-Open	46	00:31:09	00:59:38.65	00:59:51.10	+00:19:45 (33.0%)	5:44	10.5 (67.3%)
71	DOŁGANIUK Roman	229		M-Open	47	00:28:46	00:59:59.35	01:00:05.10	+00:19:59 (33.3%)	5:46	10.4 (66.7%)
72	LACHOWICZ Blanka	106	HUSARIA RACE TEAM	K-Open	11		01:00:49.00	01:00:49.00	+00:20:43 (34.1%)	5:50	10.3 (66.0%)
73	LEWANDOWSKA Dorota	108		K-Open	12	00:30:26	01:00:43.75	01:00:51.20	+00:20:45 (34.1%)	5:50	10.3 (66.0%)
74	SOLECKI Łukasz	172		M-Open	48	00:30:23	01:00:51.90	01:01:04.40	+00:20:58 (34.4%)	5:51	10.3 (66.0%)
75	KISIEL Łukasz	76		M-Open	49	00:30:23	01:00:51.80	01:01:04.65	+00:20:59 (34.4%)	5:51	10.3 (66.0%)
76	STANKIEWICZ Krzysztof	232		M-Open	50	00:29:29	01:01:03.15	01:01:11.05	+00:21:05 (34.5%)	5:52	10.2 (65.4%)
77	KORKUĆ Krzysztof	86		M-Open	51	00:29:29	01:01:03.45	01:01:11.30	+00:21:05 (34.5%)	5:52	10.2 (65.4%)
78	RYBICKI Janusz	163		M-Open	52	00:30:55	01:01:17.55	01:01:21.75	+00:21:16 (34.7%)	5:53	10.2 (65.4%)
79	KAMIONKA Andrzej	68	WIECZORNE BIEGANIE W SZCZECINIE	M-Open	53	00:30:37	01:01:19.50	01:01:27.40	+00:21:21 (34.8%)	5:53	10.2 (65.4%)
80	BUJNOWSKA Anita	16		K-Open	13	00:31:07	01:01:23.35	01:01:35.65	+00:21:30 (34.9%)	5:54	10.2 (65.4%)
81	BLEW Wojciech	221		Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	15	00:29:54	01:01:30.50	01:01:44.45	+00:21:38 (35.1%)	5:54	10.1 (64.7%)
82	WIKLAK Natalia	195		K-Open	14	00:31:11	01:01:33.10	01:01:46.15	+00:21:40 (35.1%)	5:55	10.1 (64.7%)
83	KRUPA Roksana	91		K-Open	15	00:30:56	01:01:56.85	01:02:01.75	+00:21:56 (35.4%)	5:57	10.1 (64.7%)
84	KONOPACKA Paulina	80	MAMY BIEGAMY	K-Open	16	00:30:55	01:01:56.90	01:02:02.15	+00:21:56 (35.4%)	5:57	10.1 (64.7%)

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85	KRYWAN Tomasz	94		M-Open	54	00:31:00	01:02:20.50	01:02:37.05	+00:22:31 (36.0%)	5:59	10 (64.1%)
86	WOJSZCZYK Michał	201		M-Open	55	00:30:57	01:02:41.20	01:02:50.40	+00:22:44 (36.2%)	6:01	10 (64.1%)
87	GRACZYK Grzegorz	51		M-Open	56	00:30:54	01:02:40.70	01:02:50.70	+00:22:45 (36.2%)	6:01	10 (64.1%)
88	CELARY Justyna	19	BBL POLICE	K-Open	17	00:32:11	01:02:36.05	01:02:52.80	+00:22:47 (36.2%)	6:01	10 (64.1%)
89	CHODAK Monika	21	HUSARIA RACE TEAM	K-Open	18		01:04:16.00	01:04:16.00	+00:24:10 (37.6%)	6:10	9.7 (62.2%)
90	SKAWIŃSKI Piotr	168		M-Open	57	00:30:52	01:04:07.90	01:04:16.65	+00:24:11 (37.6%)	6:10	9.7 (62.2%)
91	RADCZUK Karolina	158	KOMPAS TEAM	K-Open	19	00:31:05	01:04:15.50	01:04:24.65	+00:24:19 (37.8%)	6:10	9.7 (62.2%)
92	GUJSKA Joanna	54	BBKTS	K-Open	20	00:30:52	01:04:56.05	01:05:02.15	+00:24:56 (38.4%)	6:14	9.6 (61.5%)
93	JAKUBIK Anna	61	HUSARIA RACE TEAM	K-Open	21	00:31:59	01:05:03.25	01:05:07.30	+00:25:01 (38.4%)	6:15	9.6 (61.5%)
94	KRASNODĘBSKI Konrad	220	BBL POLICE	M-Open	58	00:32:12	01:05:21.25	01:05:35.50	+00:25:30 (38.9%)	6:17	9.5 (60.9%)
95	KUSTRA Paulina	228	BBL POLICE	K-Open	22	00:32:07	01:05:25.25	01:05:39.40	+00:25:33 (38.9%)	6:17	9.5 (60.9%)
96	ŁEMPKOWSKA Beata	226	BBL POLICE	K-Open	23	00:32:14	01:05:25.10	01:05:39.70	+00:25:34 (38.9%)	6:17	9.5 (60.9%)
97	ŁEMPKOWSKI Janusz	225	BBL POLICE	M-Open	59	00:32:13	01:05:27.70	01:05:41.35	+00:25:35 (39.0%)	6:17	9.5 (60.9%)
98	ŚWIDEREK Marcin	227	BBL POLICE	M-Open	60	00:32:08	01:05:27.30	01:05:41.40	+00:25:35 (39.0%)	6:17	9.5 (60.9%)
99	BEJSER Przemysław	216		M-Open	61	00:32:26	01:05:37.85	01:05:46.20	+00:25:40 (39.0%)	6:18	9.5 (60.9%)
100	KLIMEK Krzysztof	79		M-Open	62	00:31:43	01:04:39.10	01:05:49.35	+00:25:43 (39.1%)	6:12	9.7 (62.2%)
101	ŚWITALSKA Edyta	189		K-Open	24	00:32:37	01:05:52.55	01:06:01.00	+00:25:55 (39.3%)	6:20	9.5 (60.9%)
102	KALININA Diana	67		K-Open	25	00:32:22	01:06:25.10	01:06:33.95	+00:26:28 (39.8%)	6:23	9.4 (60.3%)
103	ZIEBAL Sławomir	212		M-Open	63	00:32:17	01:06:25.40	01:06:35.40	+00:26:29 (39.8%)	6:23	9.4 (60.3%)
104	BUJALSKA Anna	15		K-Open	26	00:32:20	01:06:46.80	01:06:51.95	+00:26:46 (40.0%)	6:25	9.3 (59.6%)
105	KUKUROWSKA Sylwia	99	BBL POLICE	K-Open	27	00:33:08	01:06:48.40	01:07:04.20	+00:26:58 (40.2%)	6:25	9.3 (59.6%)
106	KOWALIK Dawid	88		M-Open	64	00:34:25	01:07:23.65	01:07:40.65	+00:27:35 (40.8%)	6:28	9.3 (59.6%)
107	WIŚNIEWSKI Marian	198		M-Open	65	00:33:56	01:07:43.15	01:07:48.75	+00:27:43 (40.9%)	6:30	9.2 (59.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Checkpoint 5.2km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10.4km	brutto 10.4km			
108	PAWLIŃSKI Przemysław	147		M-Open	66	00:34:27	01:07:58.00	01:08:08.30	+00:28:02 (41.2%)	6:32	9.2 (59.0%)
109	CIEPIELA Dariusz	24	BIEGOHOLLICA	M-Open	67	00:34:15	01:07:56.25	01:08:14.70	+00:28:09 (41.3%)	6:31	9.2 (59.0%)
110	LIPSKI Łukasz	110	BIEGOHOLLICA	M-Open	68	00:34:15	01:07:56.40	01:08:14.75	+00:28:09 (41.3%)	6:31	9.2 (59.0%)
111	MÓWIŃSKA Katarzyna	128		K-Open	28	00:34:07	01:07:51.70	01:08:24.65	+00:28:19 (41.4%)	6:31	9.2 (59.0%)
112	MARCHIEL Lena	117		K-Open	29	00:34:23	01:08:50.85	01:09:04.20	+00:28:58 (42.0%)	6:37	9.1 (58.3%)
113	KAŻMIERSKI Andrzej	72		M-Open	69	00:34:23	01:08:50.95	01:09:04.80	+00:28:59 (42.0%)	6:37	9.1 (58.3%)
114	KOPANIECKI Sebastian	83	PARKRUN SZCZECIN	M-Open	70	00:33:10	01:09:11.90	01:09:17.05	+00:29:11 (42.1%)	6:39	9 (57.7%)
115	KOPANIECKA Izabela	82	PARKRUN SZCZECIN	K-Open	30	00:33:13	01:09:13.40	01:09:18.00	+00:29:12 (42.1%)	6:39	9 (57.7%)
116	MICHALCZYK Katarzyna	122	SKB DZIK	K-Open	31	00:33:59	01:09:18.75	01:09:26.00	+00:29:20 (42.3%)	6:39	9 (57.7%)
117	KACA Jarosław	66	SKB DZIK	M-Open	71	00:34:05	01:09:19.65	01:09:26.55	+00:29:21 (42.3%)	6:40	9 (57.7%)
118	SOWISZ Danuta	173		K-Open	32	00:33:43	01:09:19.50	01:09:29.35	+00:29:23 (42.3%)	6:40	9 (57.7%)
119	JANOWSKA-SZYBIAK Karolina	63	ŻYCIE DAJE WIELE CELÓW	K-Open	33	00:33:16	01:09:19.05	01:09:32.80	+00:29:27 (42.4%)	6:39	9 (57.7%)
120	KOPKA Elżbieta	85	WIECZORNE BIEGANIE W SZCZECINIE	K-Open	34	00:33:42	01:09:27.40	01:09:34.95	+00:29:29 (42.4%)	6:40	9 (57.7%)
121	JAKUBCZYK Paulina	60		K-Open	35	00:32:50	01:09:31.80	01:09:37.55	+00:29:32 (42.4%)	6:41	9 (57.7%)
122	DOMZALSKA Aneta	30		K-Open	36	00:32:51	01:09:33.85	01:09:39.10	+00:29:33 (42.4%)	6:41	9 (57.7%)
123	PIEKARSKI Kamil	151		M-Open	72	00:32:50	01:09:58.70	01:10:05.20	+00:29:59 (42.8%)	6:43	8.9 (57.1%)
124	IWANIUK Adam	59	WIECZORNE BIEGANIE W SZCZECINIE	M-Open	73	00:33:17	01:11:12.15	01:11:20.40	+00:31:14 (43.8%)	6:50	8.8 (56.4%)
125	RADACZYŃSKI Daniel	157		Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	16	00:37:38	01:11:51.70	01:12:05.95	+00:32:00 (44.4%)	6:54	8.7 (55.8%)
126	SIDORCZUK Tomasz	166	KLUB BIEGAJĄCYCH LEŚNIKÓW	M-Open	74	00:35:22	01:13:12.55	01:13:23.15	+00:33:17 (45.4%)	7:02	8.5 (54.5%)
127	KLICH Janek	78	BIEGOHOLLICA	M-Open	75	00:35:25	01:13:04.90	01:13:23.55	+00:33:18 (45.4%)	7:01	8.5 (54.5%)
128	KULEWSKA Joanna	100	SKB DZIK	K-Open	37	00:35:40	01:12:33.85	01:13:27.75	+00:33:22 (45.4%)	6:58	8.6 (55.1%)
129	GUMOWSKA Karolina	55	KOMPAS TEAM	K-Open	38	00:36:27	01:13:49.85	01:13:55.75	+00:33:50 (45.8%)	7:05	8.5 (54.5%)
130	ŚWIDER Marzena	188	KOMPAS TEAM	K-Open	39	00:36:27	01:13:53.30	01:13:59.95	+00:33:54 (45.8%)	7:06	8.4 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Checkpoint 5.2km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10.4km	brutto 10.4km			
131	MOLEND A Sabina	127	KOMPAS TEAM	K-Open	40	00:36:29	01:13:54.15	01:14:00.15	+00:33:54 (45.8%)	7:06	8.4 (53.8%)
132	PAWELKO Marcin	143		M-Open	76	00:36:45	01:14:33.30	01:14:41.90	+00:34:36 (46.3%)	7:10	8.4 (53.8%)
132	KUPNIEWSKA Aleksandra	102	KOMPAS TEAM	K-Open	41	00:38:11	01:14:31.90	01:14:41.90	+00:34:36 (46.3%)	7:09	8.4 (53.8%)
134	NIEZGODA Adam	137	KOMPAS TEAM	M-Open	77	00:38:09	01:15:25.30	01:15:36.65	+00:35:31 (47.0%)	7:15	8.3 (53.2%)
135	PELC Marek	150	12 BRYGADA ZMECHANIZOWANA	M-Open	78	00:37:04	01:15:41.80	01:15:57.90	+00:35:52 (47.2%)	7:16	8.2 (52.6%)
136	HRYNKIEWICZ-PAWŁASZEK Anna	57		K-Open	42	00:37:06	01:15:42.30	01:15:58.15	+00:35:52 (47.2%)	7:16	8.2 (52.6%)
137	KRYGIER-ROSIAK Monika	92	WIECZORNE BIEGANIE W SZCZECINIE	K-Open	43	00:38:18	01:15:51.10	01:16:03.25	+00:35:57 (47.3%)	7:17	8.2 (52.6%)
137	ŚWIĄTEK Joanna	230		K-Open	44	00:38:20	01:15:52.05	01:16:03.25	+00:35:57 (47.3%)	7:17	8.2 (52.6%)
139	SETA Krysia	165	MONIA GYM	K-Open	45	00:38:20	01:15:51.50	01:16:03.35	+00:35:57 (47.3%)	7:17	8.2 (52.6%)
140	CYBULSKI Grzegorz	25		Przełajowy Mistrz GRUPY AZOTY - Mężczyźni	17	00:37:10	01:16:09.15	01:16:24.35	+00:36:18 (47.5%)	7:19	8.2 (52.6%)
141	DROZDEK Joanna	31	KOMPAS TEAM	K-Open	46	00:38:59	01:17:05.20	01:17:16.85	+00:37:11 (48.1%)	7:24	8.1 (51.9%)
142	MAJEWSKA Justyna	116	BY ŻYŁO SIĘ LŻEJ	K-Open	47	00:38:57	01:17:05.15	01:17:17.15	+00:37:11 (48.1%)	7:24	8.1 (51.9%)
143	MICHALSKA Karolina	123	KOMPAS TEAM	K-Open	48	00:38:45	01:17:41.20	01:17:51.85	+00:37:46 (48.5%)	7:28	8 (51.3%)
144	IWANIUK Małgorzata	58	WIECZORNE BIEGANIE W SZCZECINIE	K-Open	49	00:36:52	01:18:28.75	01:18:36.70	+00:38:31 (49.0%)	7:32	8 (51.3%)
145	GIERCHOWSKA Monika	42	BBL POLICE	K-Open	50	00:37:09	01:18:21.65	01:18:37.00	+00:38:31 (49.0%)	7:32	8 (51.3%)
146	GÓRSKA Agnieszka	48	KLUB BIEGOWY DZIK	K-Open	51	00:38:43	01:18:17.35	01:19:11.75	+00:39:06 (49.4%)	7:31	8 (51.3%)
147	MAJDAN Helena	114		K-Open	52	00:38:59	01:19:44.25	01:19:51.15	+00:39:45 (49.8%)	7:40	7.8 (50.0%)
148	WIELGUS-ULATOWSKA Joanna	193	HUSARIA RACE TEAM	K-Open	53	00:39:47	01:20:50.40	01:20:55.00	+00:40:49 (50.5%)	7:46	7.7 (49.4%)
149	BOBROWICZ Jakub	14	SGO SZCZECIN	M-Open	79	00:38:40	01:19:46.85	01:20:55.10	+00:40:49 (50.5%)	7:40	7.8 (50.0%)
150	MURAWSKI Waldemar	132		M-Open	80	00:40:03	01:21:31.00	01:21:42.05	+00:41:36 (50.9%)	7:50	7.7 (49.4%)
151	KUŹMIŃSKA Weronika	104		K-Open	54	00:39:28	01:22:06.00	01:22:16.50	+00:42:11 (51.3%)	7:53	7.6 (48.7%)
152	PRABUCKA Karolina	154	UKL ÓSEMKA POLICE	K-Open	55	00:41:12	01:35:40.00	01:35:52.50	+00:55:47 (58.2%)	9:11	6.5 (41.7%)
153	GŁADZIK Anna	43	KOMPAS TEAM	K-Open	56	00:41:13	01:35:44.55	01:35:56.15	+00:55:50 (58.2%)	9:12	6.5 (41.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Checkpoint 5.2km	Czas netto 10.4km	Czas brutto 10.4km	Różn	Tempo min/km	Tempo km/h
154	WIKA Marta	194		K-Open	57	00:42:44	01:38:21.00	01:38:36.95	+00:58:31 (59.3%)	9:27	6.3 (40.4%)
155	KAROL Anna	70	WIECZORNE BIEGANIE W SZCZECINIE	K-Open	58	00:42:44	01:38:23.35	01:38:39.45	+00:58:33 (59.4%)	9:27	6.3 (40.4%)
	NAJMARK Małgorzata	134	SKB DZIK	K-Open		00:38:36 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 156 wynik(ów)