



Pałac Kultury i Nauki Warszawa

III BIEG IM. STANISŁAWA TYMA O PUCHAR PREZYDENTA MIASTA ST. WARSZAWY

B4SPORT

Wydarzenie: III BIEG IM. STANISŁAWA TYMA O PUCHAR PREZYDENTA MIASTA ST. WARSZAWY
Organizator: Zarząd Pałacu Kultury i Nauki sp. z o.o. oraz Miasto Stołeczne Warszawa
Data: 2017-07-01
Miejsce: Warszawa
Dystans: 0.4 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 0.5km	Różn	Tempo min/km	Tempo km/h
1	ŁOBODZIŃSKI Piotr	2	ADIDAS RUNNERS WARSAW	M-OPEN	1	00:03:16.65		6:34	9.1 (100%)
2	KARBOWY Arek	133		M-OPEN	2	00:03:30.55	+00:00:13 (6.6%)	7:00	8.6 (94.5%)
3	GALICZ Karol	35	BKS WATAHA WARSZAWA	M-OPEN	3	00:03:31.70	+00:00:15 (7.1%)	7:02	8.5 (93.4%)
4	PAWSKI Wawrzyniec	334	T.G. SOKÓŁ ZAKOPANE	M-OPEN	4	00:03:40.00	+00:00:23 (10.6%)	7:20	8.2 (90.1%)
5	ZAKOWICZ Paweł	138	RETRO BIKEACADEMY.PL	M-OPEN	5	00:03:42.60	+00:00:25 (11.7%)	7:24	8.1 (89.0%)
6	TUZEL Szymon	317	BANANA EATERZ	M-OPEN	6	00:03:46.35	+00:00:29 (13.1%)	7:34	7.9 (86.8%)
7	KAROLKIEWICZ Daniel	42	ENTRE.PL TEAM	M-OPEN	7	00:03:48.45	+00:00:31 (13.9%)	7:36	7.9 (86.8%)
8	MIKIELSKI Daniel	295		M-OPEN	8	00:03:50.40	+00:00:33 (14.6%)	7:42	7.8 (85.7%)
9	BURZYŃSKI Aleksander	214	STOPA SŁUPSK	M-OPEN	9	00:03:51.45	+00:00:34 (15.0%)	7:42	7.8 (85.7%)
10	JENDRYCH Marek	392	AKL	M-OPEN	10	00:03:55.10	+00:00:38 (16.4%)	7:52	7.6 (83.5%)
11	SZYMANIAK Kamil	356	RUN TEAM PEŁCH	M-OPEN	11	00:03:56.20	+00:00:39 (16.7%)	7:52	7.6 (83.5%)
12	MIKULSKI Tomasz	324		M-OPEN	12	00:03:56.75	+00:00:40 (16.9%)	7:54	7.6 (83.5%)
13	HAZAN Rafał	111	KLUB SYMPATYKÓW SIECI BAYESOWSKICH	M-OPEN	13	00:03:56.95	+00:00:40 (17.0%)	7:54	7.6 (83.5%)
14	WESOŁOWSKI Grzegorz	105	ESKADRA PILCZYCE	M-OPEN	14	00:03:58.40	+00:00:41 (17.5%)	7:56	7.6 (83.5%)
15	SZMULKOWSKI Adam	384	PUKS MŁODE ORŁY N.D.M	M-OPEN	15	00:04:00.95	+00:00:44 (18.4%)	8:02	7.5 (82.4%)
16	RYBKA Patryk	224		M-OPEN	16	00:04:01.35	+00:00:44 (18.5%)	8:02	7.5 (82.4%)
17	CHMIELEWSKI Artur	283		M-OPEN	17	00:04:04.40	+00:00:47 (19.5%)	8:08	7.4 (81.3%)
18	ZĄBCZYŃSKI Adam	326		M-OPEN	18	00:04:07.35	+00:00:50 (20.5%)	8:14	7.3 (80.2%)
19	WOŁOSZYN Piotr	152		M-OPEN	19	00:04:12.15	+00:00:55 (22.0%)	8:24	7.1 (78.0%)
20	GARDENER Jacek	299	JACEKBIEGA RUNNING TEAM	M-OPEN	20	00:04:13.75	+00:00:57 (22.5%)	8:28	7.1 (78.0%)
21	ŁUSZCZ Piotr	312	BRAVEHEARTS LEGIONOWO	M-OPEN	21	00:04:14.60	+00:00:57 (22.8%)	8:28	7.1 (78.0%)
22	SAŁAMACHA Jarosław	373	ŻÓRAWSKI TEAM	M-OPEN	22	00:04:15.40	+00:00:58 (23.0%)	8:32	7 (76.9%)
23	DZIERGA Tomasz	102	PKIN.ORG TEAM	M-OPEN	23	00:04:17.70	+00:01:01 (23.7%)	8:34	7 (76.9%)
24	BUKAŁA Marcin	320	VEGE RUNNERS	M-OPEN	24	00:04:18.80	+00:01:02 (24.0%)	8:38	6.9 (75.8%)
24	SZCZEPAŃSKI Paweł	337	KONDYCJA	M-OPEN	25	00:04:18.80	+00:01:02 (24.0%)	8:38	6.9 (75.8%)
26	PIETRZAK Wojciech	301	KLUB BOKSERSKI LEGIA	M-OPEN	26	00:04:19.15	+00:01:02 (24.1%)	8:38	6.9 (75.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						0.5km	Różn		
27	PIERZCHALSKI Sebastian	250	BIEGACZE W RADOMSKU	M-OPEN	27	00:04:20.25	+00:01:03 (24.4%)	8:40	6.9 (75.8%)
28	POLSAKOV Ilya	296		M-OPEN	28	00:04:22.45	+00:01:05 (25.1%)	8:44	6.9 (75.8%)
29	BONDARA Sylwia	300	JACEKBIEGA RUNNING TEAM	K-OPEN	1	00:04:22.80	+00:01:06 (25.2%)	8:46	6.8 (74.7%)
30	SMOGOROWSKI Łukasz	243	FUNDACJA ROZWOJU SYSTEMU EDUKACJI	M-OPEN	29	00:04:23.10	+00:01:06 (25.3%)	8:46	6.8 (74.7%)
31	WITKOWSKI Piotr	124	VEGE RUNNERS	M-OPEN	30	00:04:29.30	+00:01:12 (27.0%)	8:58	6.7 (73.6%)
32	PIĄTKOWSKI Piotr	328	KONDYCJA	M-OPEN	31	00:04:30.25	+00:01:13 (27.2%)	9:00	6.7 (73.6%)
33	MIODUSZEWSKI Paweł	178	JACEKBIEGA RUNNING TEAM	M-OPEN	32	00:04:33.40	+00:01:16 (28.1%)	9:06	6.6 (72.5%)
34	WICHA Iwona	8	OK! SPORT	K-OPEN	2	00:04:38.40	+00:01:21 (29.4%)	9:16	6.5 (71.4%)
35	OLCHOWIK Marcin	30	UM W-WA	M-OPEN	33	00:04:40.80	+00:01:24 (30.0%)	9:22	6.4 (70.3%)
36	MALUCHNIK Marek	197	NASIELSK BASZTA TEAM	M-OPEN	34	00:04:41.25	+00:01:24 (30.1%)	9:22	6.4 (70.3%)
37	ZGODA Mateusz	121	NAPRZÓD MŁOCINY	M-OPEN	35	00:04:41.55	+00:01:24 (30.2%)	9:22	6.4 (70.3%)
38	TROINSKI Jacek	394		M-OPEN	36	00:04:41.75	+00:01:25 (30.2%)	9:22	6.4 (70.3%)
39	GÓRSKI Jan	5		M-OPEN	37	00:04:42.30	+00:01:25 (30.3%)	9:24	6.4 (70.3%)
40	WRÓBEL Łukasz	41	KS 'WOLNI'	M-OPEN	38	00:04:43.60	+00:01:26 (30.7%)	9:26	6.4 (70.3%)
41	WOJEWÓDZKI Marcin	229	WOJEWÓDZCY TEAM	M-OPEN	39	00:04:43.95	+00:01:27 (30.7%)	9:26	6.4 (70.3%)
42	MICHALSKI Robert	191	12TRI.PL	M-OPEN	40	00:04:44.15	+00:01:27 (30.8%)	9:28	6.3 (69.2%)
43	ŁUKIANOW Artur	148		M-OPEN	41	00:04:44.35	+00:01:27 (30.8%)	9:30	6.3 (69.2%)
44	FILIPCZAK Arkadiusz	265		M-OPEN	42	00:04:44.90	+00:01:28 (31.0%)	9:30	6.3 (69.2%)
45	STUPNOWICZ Przemek	129	EPOKA NORDICA ŁÓDŹ	M-OPEN	43	00:04:44.95	+00:01:28 (31.0%)	9:30	6.3 (69.2%)
46	BADOWSKI Aleksander	353	MARCIN ŚWIERC TEAM	M-OPEN	44	00:04:46.95	+00:01:30 (31.5%)	9:32	6.3 (69.2%)
47	CIEPIAK Kamil	390		M-OPEN	45	00:04:49.45	+00:01:32 (32.1%)	9:38	6.2 (68.1%)
48	WRZESZCZ Łukasz	232		M-OPEN	46	00:04:52.20	+00:01:35 (32.7%)	9:44	6.2 (68.1%)
49	KIELAK Zuzanna	220		K-OPEN	3	00:04:53.10	+00:01:36 (32.9%)	9:46	6.1 (67.0%)
50	MARZEC Zbigniew	285	DREAM RUN	M-OPEN	47	00:04:53.45	+00:01:36 (33.0%)	9:46	6.1 (67.0%)
51	SZCZEKUTOWICZ Adrian	258	HUSARIA RACE TEAM	M-OPEN	48	00:04:53.75	+00:01:37 (33.1%)	9:48	6.1 (67.0%)
52	CHODNIEWICZ Michał	142		M-OPEN	49	00:04:54.10	+00:01:37 (33.1%)	9:48	6.1 (67.0%)
53	ZARODKIEWICZ Dawid	196	NAPRZÓD MŁOCINY	M-OPEN	50	00:04:54.45	+00:01:37 (33.2%)	9:48	6.1 (67.0%)
54	SIECHOWICZ Mariusz	388	WESTHILL	M-OPEN	51	00:04:55.20	+00:01:38 (33.4%)	9:50	6.1 (67.0%)
55	ZWIERZ Marcin	342		M-OPEN	52	00:04:55.40	+00:01:38 (33.4%)	9:52	6.1 (67.0%)
56	TULIBACKI Bartosz	335	STARE BEMOWO	M-OPEN	53	00:04:55.70	+00:01:39 (33.5%)	9:52	6.1 (67.0%)
57	MUNDZIK Mateusz	276	OSP KSRG WIERZBICA	M-OPEN	54	00:04:56.55	+00:01:39 (33.7%)	9:54	6.1 (67.0%)
58	JEDNOROWSKI Michał	192	JASIENICA TEAM	M-OPEN	55	00:04:56.70	+00:01:40 (33.7%)	9:54	6.1 (67.0%)
59	PIECHOTA Jarosław	284		M-OPEN	56	00:04:57.30	+00:01:40 (33.9%)	9:54	6.1 (67.0%)
60	KRAJNIK Jonatan	146	BRWINÓW BIEGA	M-OPEN	57	00:04:58.10	+00:01:41 (34.0%)	9:58	6 (65.9%)
61	GAJEWSKI Łukasz	6		M-OPEN	58	00:05:00.20	+00:01:43 (34.5%)	10:00	6 (65.9%)
61	STAJNIAK Michał	139	SMASHING PĄPKINS	M-OPEN	59	00:05:00.20	+00:01:43 (34.5%)	10:00	6 (65.9%)
63	MOLENDĄ Mateusz	135	TRENER24H.COM.PL	M-OPEN	60	00:05:02.20	+00:01:45 (34.9%)	10:04	6 (65.9%)
64	SKOLIMOWSKI Mateusz	226	PORADNIA DIETETYCZNA W DOBREJ FORMIE	M-OPEN	61	00:05:02.60	+00:01:45 (35.0%)	10:04	6 (65.9%)
65	LUBA Alicja	195		K-OPEN	4	00:05:02.80	+00:01:46 (35.1%)	10:06	5.9 (64.8%)
66	GIEBUŁTOWICZ Marek	161		M-OPEN	62	00:05:03.60	+00:01:46 (35.2%)	10:06	5.9 (64.8%)
67	JAKÓBCZYK Ireneusz	38	KS 'WOLNI'	M-OPEN	63	00:05:04.00	+00:01:47 (35.3%)	10:08	5.9 (64.8%)
68	GRADUS Ilona	109		K-OPEN	5	00:05:04.35	+00:01:47 (35.4%)	10:10	5.9 (64.8%)
69	JONAK Mateusz	242		M-OPEN	64	00:05:05.90	+00:01:49 (35.7%)	10:12	5.9 (64.8%)
70	WARDA Justyna	397	HARDCOROWE WYCHYLLUBIMY	K-OPEN	6	00:05:07.25	+00:01:50 (36.0%)	10:14	5.9 (64.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 0.5km	Różn	Tempo min/km	Tempo km/h
71	GRABOWSKI Michał	233		M-OPEN	65	00:05:08.85	+00:01:52 (36.3%)	10:18	5.8 (63.7%)
72	SZYMKIEWICZ Filip	365	PROJEKT ŚWIĘTOKRZYSKIE	M-OPEN	66	00:05:09.30	+00:01:52 (36.4%)	10:20	5.8 (63.7%)
73	ZWOLIŃSKI Piotr	126		M-OPEN	67	00:05:10.55	+00:01:53 (36.7%)	10:22	5.8 (63.7%)
74	ZARĘBA Marian	186		M-OPEN	68	00:05:11.20	+00:01:54 (36.8%)	10:24	5.8 (63.7%)
75	KĄDZIOŁA Mariusz	378		M-OPEN	69	00:05:12.40	+00:01:55 (37.1%)	10:24	5.8 (63.7%)
76	KIETLIŃSKI Maciej	185		M-OPEN	70	00:05:13.55	+00:01:56 (37.3%)	10:26	5.8 (63.7%)
77	PYRA Marcin	147		M-OPEN	71	00:05:14.15	+00:01:57 (37.4%)	10:28	5.7 (62.6%)
78	KOCZOROWSKI Marcin	23	ZPKIN	M-OPEN	72	00:05:14.35	+00:01:57 (37.4%)	10:28	5.7 (62.6%)
79	NIEMYJSKI Przemysław	391		M-OPEN	73	00:05:15.20	+00:01:58 (37.6%)	10:30	5.7 (62.6%)
80	KĘDZIORA Mariusz	216	PGB SPORTOWA PACZKA	M-OPEN	74	00:05:15.60	+00:01:58 (37.7%)	10:32	5.7 (62.6%)
81	PASZKOWSKA Marcelina	307		K-OPEN	7	00:05:16.50	+00:01:59 (37.9%)	10:32	5.7 (62.6%)
82	MIELOCH Tamara	387		K-OPEN	8	00:05:17.45	+00:02:00 (38.1%)	10:34	5.7 (62.6%)
83	ZBOJNA Mariusz	106	KIEDYŚ WYGRAMY	M-OPEN	75	00:05:17.70	+00:02:01 (38.1%)	10:34	5.7 (62.6%)
84	ANDRZEJEWSKI Piotr	168	FND	M-OPEN	76	00:05:17.85	+00:02:01 (38.1%)	10:34	5.7 (62.6%)
85	BARAŃSKI Krzysztof	231	MANHATTAN	M-OPEN	77	00:05:19.45	+00:02:02 (38.4%)	10:38	5.6 (61.5%)
86	ZBRZEŃNIAK Igor	270		M-OPEN	78	00:05:20.00	+00:02:03 (38.5%)	10:40	5.6 (61.5%)
87	SZYMKIEWICZ Tomasz	194	PROJEKT ŚWIĘTOKRZYSKIE	M-OPEN	79	00:05:20.05	+00:02:03 (38.6%)	10:40	5.6 (61.5%)
88	FARBISZEWSKI Marek	273	ORANGE POLSKA	M-OPEN	80	00:05:20.60	+00:02:03 (38.7%)	10:40	5.6 (61.5%)
89	KOLEŚNIK Roman	153		M-OPEN	81	00:05:21.70	+00:02:05 (38.9%)	10:44	5.6 (61.5%)
90	FORNALCZYK Łukasz	331		M-OPEN	82	00:05:23.15	+00:02:06 (39.1%)	10:46	5.6 (61.5%)
91	KOCIŃSKA Agnieszka	262		K-OPEN	9	00:05:23.95	+00:02:07 (39.3%)	10:48	5.6 (61.5%)
92	ŁACHETA Konrad	184	CSŁII	M-OPEN	83	00:05:24.50	+00:02:07 (39.4%)	10:50	5.5 (60.4%)
93	HERMAN Rafał	268		M-OPEN	84	00:05:24.80	+00:02:08 (39.5%)	10:50	5.5 (60.4%)
94	MAGIERA Dagmara	363		K-OPEN	10	00:05:25.85	+00:02:09 (39.7%)	10:50	5.5 (60.4%)
95	RUTKOWSKI Sławomir	113		M-OPEN	85	00:05:27.10	+00:02:10 (39.9%)	10:54	5.5 (60.4%)
96	MADEJEK Kamil	374	RUNNERSCLUB.PL WARSZAWA	M-OPEN	86	00:05:27.30	+00:02:10 (39.9%)	10:56	5.5 (60.4%)
97	GRZELAK Patryk	310		M-OPEN	87	00:05:27.55	+00:02:10 (40.0%)	10:56	5.5 (60.4%)
98	KOWALSKI Kuba	316		M-OPEN	88	00:05:31.45	+00:02:14 (40.7%)	11:02	5.4 (59.3%)
99	DANIEL Michał	323		M-OPEN	89	00:05:32.30	+00:02:15 (40.8%)	11:06	5.4 (59.3%)
100	KRZEWICKI Łukasz	377		M-OPEN	90	00:05:33.30	+00:02:16 (41.0%)	11:06	5.4 (59.3%)
101	MADEJ Marcin	368		M-OPEN	91	00:05:33.45	+00:02:16 (41.0%)	11:08	5.4 (59.3%)
102	MYŚLIŃSKI Zdzisław	322		M-OPEN	92	00:05:34.05	+00:02:17 (41.1%)	11:08	5.4 (59.3%)
103	SZYSZKOWSKI Włodzimierz	318		M-OPEN	93	00:05:34.75	+00:02:18 (41.3%)	11:08	5.4 (59.3%)
104	JELEŃ Tomasz	344		M-OPEN	94	00:05:34.80	+00:02:18 (41.3%)	11:10	5.4 (59.3%)
105	KOWALCZYK Zdzisław	383	JW 2189	M-OPEN	95	00:05:35.55	+00:02:18 (41.4%)	11:10	5.4 (59.3%)
106	WROŃSKI Wojciech	360	ORANGE POLSKA	M-OPEN	96	00:05:35.75	+00:02:19 (41.4%)	11:10	5.4 (59.3%)
107	KORKOSZ Andrzej	362		M-OPEN	97	00:05:35.95	+00:02:19 (41.5%)	11:10	5.4 (59.3%)
108	SYPEK Arkadiusz	118		M-OPEN	98	00:05:36.30	+00:02:19 (41.5%)	11:14	5.3 (58.2%)
109	SZYMAŃSKI Michał	257		M-OPEN	99	00:05:36.45	+00:02:19 (41.6%)	11:12	5.4 (59.3%)
110	PRZYBYSZ Andrzej	215		M-OPEN	100	00:05:36.60	+00:02:19 (41.6%)	11:12	5.4 (59.3%)
110	KACPURA Paweł	385		M-OPEN	101	00:05:36.60	+00:02:19 (41.6%)	11:12	5.4 (59.3%)
112	SOBOŃ Marcin	120		M-OPEN	102	00:05:36.95	+00:02:20 (41.6%)	11:14	5.3 (58.2%)
113	FARYŃSKI Piotr	389		M-OPEN	103	00:05:37.60	+00:02:20 (41.8%)	11:14	5.3 (58.2%)
114	STASIUK Arkadiusz	341	HUSARIA RACE TEAM	M-OPEN	104	00:05:37.85	+00:02:21 (41.8%)	11:16	5.3 (58.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 0.5km	Różn	Tempo min/km	Tempo km/h
115	ZDUNEK Michał	203		M-OPEN	105	00:05:38.05	+00:02:21 (41.8%)	11:16	5.3 (58.2%)
116	MAJEWSKI Sebastian	247	ODROBINĘ BLIŻEJ NIEBA - MAJKI RUNNER	M-OPEN	106	00:05:38.95	+00:02:22 (42.0%)	11:18	5.3 (58.2%)
117	GEMZAŁA Wojtek	386		M-OPEN	107	00:05:39.00	+00:02:22 (42.0%)	11:18	5.3 (58.2%)
118	SZCZYGIEL Michał	379		M-OPEN	108	00:05:40.05	+00:02:23 (42.2%)	11:20	5.3 (58.2%)
119	JASINA Anna	137		K-OPEN	11	00:05:40.75	+00:02:24 (42.3%)	11:22	5.3 (58.2%)
120	STAROŚCIAK Mariusz	123	AKS POLONIA WARSZAWA	M-OPEN	109	00:05:40.90	+00:02:24 (42.3%)	11:22	5.3 (58.2%)
120	SADOWSKA Marzena	263		K-OPEN	12	00:05:40.90	+00:02:24 (42.3%)	11:22	5.3 (58.2%)
122	GŁOWIŃSKI Adam	225		M-OPEN	110	00:05:41.05	+00:02:24 (42.3%)	11:22	5.3 (58.2%)
123	SOSNOWSKI Radosław	370		M-OPEN	111	00:05:41.15	+00:02:24 (42.4%)	11:22	5.3 (58.2%)
124	GRONCZEWSKI Artur	245	FMW RUNNERS	M-OPEN	112	00:05:42.65	+00:02:26 (42.6%)	11:26	5.2 (57.1%)
125	TYKHONOVA Anastasiia	261	ŁUGAŃSK	K-OPEN	13	00:05:43.10	+00:02:26 (42.7%)	11:26	5.2 (57.1%)
126	BRZUCHALSKA Weronika	304		K-OPEN	14	00:05:43.55	+00:02:26 (42.8%)	11:28	5.2 (57.1%)
127	KANIEWSKI Paweł	218		M-OPEN	113	00:05:45.00	+00:02:28 (43.0%)	11:30	5.2 (57.1%)
128	ZASŁONA Marek	333		M-OPEN	114	00:05:46.45	+00:02:29 (43.2%)	11:32	5.2 (57.1%)
129	JÓZWIAK Jarosław	1		M-OPEN	115	00:05:46.90	+00:02:30 (43.3%)	11:34	5.2 (57.1%)
130	BŁAŻEJEWSKI Bartosz	309		M-OPEN	116	00:05:46.95	+00:02:30 (43.3%)	11:34	5.2 (57.1%)
131	JĘDRZEJEWSKI Paweł	291	PGR BEMOWO	M-OPEN	117	00:05:47.80	+00:02:31 (43.5%)	11:36	5.2 (57.1%)
132	OBUCHOWICZ Wojciech	358		M-OPEN	118	00:05:48.10	+00:02:31 (43.5%)	11:36	5.2 (57.1%)
133	KOWARZYK Tomasz	171		M-OPEN	119	00:05:48.60	+00:02:31 (43.6%)	11:36	5.2 (57.1%)
134	ZALEWSKI Hubert	24	ZPKIN	M-OPEN	120	00:05:49.00	+00:02:32 (43.7%)	11:38	5.2 (57.1%)
135	MINKINA Mirosław	177		M-OPEN	121	00:05:50.35	+00:02:33 (43.9%)	11:40	5.1 (56.0%)
136	MALINOWSKI Konrad	228	TIME4RUNNING	M-OPEN	122	00:05:50.50	+00:02:33 (43.9%)	11:42	5.1 (56.0%)
137	GĄSIOR Łukasz	201	GREENPOWERTEAM	M-OPEN	123	00:05:50.55	+00:02:33 (43.9%)	11:40	5.1 (56.0%)
138	LENART Bernard	188		M-OPEN	124	00:05:50.75	+00:02:34 (43.9%)	11:42	5.1 (56.0%)
139	KACZYŃSKA Joanna	180		K-OPEN	15	00:05:50.80	+00:02:34 (43.9%)	11:42	5.1 (56.0%)
140	GÓRAL Tadeusz	396	KBB	M-OPEN	125	00:05:50.85	+00:02:34 (44.0%)	11:42	5.1 (56.0%)
141	KONDRACIUK Katarzyna	271	PIASECZYŃSKA FUNDACJA EKOLOGICZNA	K-OPEN	16	00:05:51.35	+00:02:34 (44.0%)	11:42	5.1 (56.0%)
142	STRYJEWSKI Krzysztof	40	KS 'WOLNI'	M-OPEN	126	00:05:51.70	+00:02:35 (44.1%)	11:44	5.1 (56.0%)
143	ZIÓŁEK Karolina	346	HUSARIA RACE TEAM	K-OPEN	17	00:05:51.95	+00:02:35 (44.1%)	11:44	5.1 (56.0%)
144	BIERNAT Michał	189	DMMM TEAM ŁÓDŹ	M-OPEN	127	00:05:53.85	+00:02:37 (44.4%)	11:46	5.1 (56.0%)
145	KOTAŃSKI Stefan	212		M-OPEN	128	00:05:56.00	+00:02:39 (44.8%)	11:52	5.1 (56.0%)
146	SZMITOWICZ Kamil	293	PGR BEMOWO	M-OPEN	129	00:05:56.70	+00:02:40 (44.9%)	11:52	5.1 (56.0%)
147	PODCZASKI Piotrek	349		M-OPEN	130	00:05:57.80	+00:02:41 (45.0%)	11:56	5 (54.9%)
148	ZARĘBA Beata	297	ORANGE POLSKA	K-OPEN	18	00:05:58.50	+00:02:41 (45.1%)	11:58	5 (54.9%)
149	KUPAJ Oktawia	175	VEGE RUNNERS	K-OPEN	19	00:05:59.00	+00:02:42 (45.2%)	11:58	5 (54.9%)
150	PĘSKO Marcin	240		M-OPEN	131	00:05:59.85	+00:02:43 (45.4%)	12:00	5 (54.9%)
151	JASTRZĘBSKA-MAJAK Marta	122	NAPRZÓD MŁOCINY	K-OPEN	20	00:06:00.95	+00:02:44 (45.5%)	12:02	5 (54.9%)
152	BUCZYŃSKI Rafał	395		M-OPEN	132	00:06:01.00	+00:02:44 (45.5%)	12:02	5 (54.9%)
153	DĄBROWSKI Andrzej	371		M-OPEN	133	00:06:01.20	+00:02:44 (45.6%)	12:04	5 (54.9%)
154	STĘPIEŃ Radosław	213		M-OPEN	134	00:06:02.10	+00:02:45 (45.7%)	12:04	5 (54.9%)
155	KOWALCZUK Michał	280	ROSOMAKI PUSTYNNO BAGIENNE	M-OPEN	135	00:06:03.05	+00:02:46 (45.8%)	12:06	5 (54.9%)
156	SOSZYŃSKI Mirosław	369	LEGIA	M-OPEN	136	00:06:06.60	+00:02:49 (46.4%)	12:14	4.9 (53.8%)
157	DYBIZBAŃSKI Mariusz	36	KS 'WOLNI'	M-OPEN	137	00:06:07.15	+00:02:50 (46.4%)	12:14	4.9 (53.8%)
158	WALAC Jacek	259		M-OPEN	138	00:06:07.90	+00:02:51 (46.5%)	12:16	4.9 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 0.5km	Różn	Tempo min/km	Tempo km/h
159	DOBKOWSKA Anna	372	KB GALERIA WARSZAWA	K-OPEN	21	00:06:08.60	+00:02:51 (46.6%)	12:16	4.9 (53.8%)
160	DOLIŃSKI Grzegorz	352	BKS WATAHA WARSZAWA	M-OPEN	139	00:06:08.90	+00:02:52 (46.7%)	12:18	4.9 (53.8%)
161	DĄBROWSKI Michał	101		M-OPEN	140	00:06:09.75	+00:02:53 (46.8%)	12:20	4.9 (53.8%)
162	MAZURKIEWICZ Adam	37	KS 'WOLNI'	M-OPEN	141	00:06:09.90	+00:02:53 (46.8%)	12:20	4.9 (53.8%)
163	SZYMAŃSKA Agnieszka	217		K-OPEN	22	00:06:10.65	+00:02:54 (46.9%)	12:20	4.9 (53.8%)
164	CEREGRA Piotr	151	TN BIEGÓWKI	M-OPEN	142	00:06:11.50	+00:02:54 (47.1%)	12:24	4.8 (52.7%)
165	OSSOLIŃSKA Marta	348		K-OPEN	23	00:06:12.00	+00:02:55 (47.1%)	12:24	4.8 (52.7%)
166	KŁOS Zbyszek	140		M-OPEN	143	00:06:12.10	+00:02:55 (47.2%)	12:24	4.8 (52.7%)
167	ŁUNIEWSKI Mateusz	305		M-OPEN	144	00:06:12.75	+00:02:56 (47.2%)	12:26	4.8 (52.7%)
168	SZNEJFUS Beata	336	KB OŻARÓW MAZOWIECKI BIEGA	K-OPEN	24	00:06:12.90	+00:02:56 (47.3%)	12:26	4.8 (52.7%)
169	MATEJAK Patryk	117		M-OPEN	145	00:06:13.20	+00:02:56 (47.3%)	12:26	4.8 (52.7%)
170	PIETRAK Mikołaj	340		M-OPEN	146	00:06:13.55	+00:02:56 (47.4%)	12:28	4.8 (52.7%)
171	ŻURAWSKI Arkadiusz	164		M-OPEN	147	00:06:13.65	+00:02:57 (47.4%)	12:28	4.8 (52.7%)
172	POPIS Patryk	112		M-OPEN	148	00:06:14.60	+00:02:57 (47.5%)	12:28	4.8 (52.7%)
173	ZAKRZEWSKI Marcin	125		M-OPEN	149	00:06:14.80	+00:02:58 (47.5%)	12:30	4.8 (52.7%)
174	GAJOWNICZEK Szymon	382		M-OPEN	150	00:06:16.15	+00:02:59 (47.7%)	12:32	4.8 (52.7%)
175	KUNC Oliver	145	WE RUN LX	M-OPEN	151	00:06:16.20	+00:02:59 (47.7%)	12:34	4.8 (52.7%)
176	KUCHARSKI Marcin	327	BRYGADA PORAJÓW	M-OPEN	152	00:06:17.00	+00:03:00 (47.8%)	12:34	4.8 (52.7%)
177	SEKŚCIŃSKA Magda	33	UM W-WA	K-OPEN	25	00:06:17.45	+00:03:00 (47.9%)	12:34	4.8 (52.7%)
178	GOSZCZYCKI Witold	165	STARZYŃSKIEGO BIEGA ŁOWICZ	M-OPEN	153	00:06:17.80	+00:03:01 (47.9%)	12:34	4.8 (52.7%)
179	IWASZKO Paweł	329		M-OPEN	154	00:06:17.95	+00:03:01 (48.0%)	12:36	4.8 (52.7%)
180	SZCZEPKOWSKI Damian	136		M-OPEN	155	00:06:18.20	+00:03:01 (48.0%)	12:36	4.8 (52.7%)
181	FOK Tomasz	100		M-OPEN	156	00:06:19.35	+00:03:02 (48.2%)	12:38	4.7 (51.6%)
182	FUJARCZUK Sławomir	238		M-OPEN	157	00:06:19.80	+00:03:03 (48.2%)	12:40	4.7 (51.6%)
183	DUDA Jacek	141		M-OPEN	158	00:06:21.00	+00:03:04 (48.4%)	12:42	4.7 (51.6%)
184	ŻOLINAS Maciej	230	DUSK WATCH	M-OPEN	159	00:06:21.10	+00:03:04 (48.4%)	12:42	4.7 (51.6%)
185	DOBAJ-ZEREK Magdalena	116	MAD-Z	K-OPEN	26	00:06:21.80	+00:03:05 (48.5%)	12:44	4.7 (51.6%)
186	REJ-WITT Marta	193		K-OPEN	27	00:06:24.00	+00:03:07 (48.8%)	12:48	4.7 (51.6%)
187	PAWIŃSKA Anna	211		K-OPEN	28	00:06:24.05	+00:03:07 (48.8%)	12:48	4.7 (51.6%)
188	WILEŃSKI Zbigniew	31	UM W-WA	M-OPEN	160	00:06:25.80	+00:03:09 (49.0%)	12:52	4.7 (51.6%)
189	SAWICKI Grzegorz	311	BRAVEHEARTS LEGIONOWO	M-OPEN	161	00:06:25.85	+00:03:09 (49.0%)	12:52	4.7 (51.6%)
190	MALINOWSKI Piotr	131		M-OPEN	162	00:06:26.35	+00:03:09 (49.1%)	12:52	4.7 (51.6%)
191	NOWAK Daniel	289	PROTEMPO	M-OPEN	163	00:06:27.25	+00:03:10 (49.2%)	12:54	4.7 (51.6%)
192	PAŃCZUK Maciej	160	CROSSFIT R99	M-OPEN	164	00:06:27.70	+00:03:11 (49.3%)	12:54	4.7 (51.6%)
193	DOBRUŚ Magdalena	294		K-OPEN	29	00:06:27.85	+00:03:11 (49.3%)	12:56	4.6 (50.5%)
194	PARZYŃSKI Łukasz	376	JW 2189	M-OPEN	165	00:06:28.70	+00:03:12 (49.4%)	12:56	4.6 (50.5%)
195	PELC Łukasz	367	MANHATTAN	M-OPEN	166	00:06:30.45	+00:03:13 (49.6%)	13:00	4.6 (50.5%)
196	NIKODYM Rafał	380	KOCHAM OLIWKĘ	M-OPEN	167	00:06:31.50	+00:03:14 (49.8%)	13:04	4.6 (50.5%)
197	STEFANOWICZ Piotr	398	HARDCOROWE WYCHYLLUBIMY	M-OPEN	168	00:06:31.75	+00:03:15 (49.8%)	13:04	4.6 (50.5%)
198	GILEWSKI Marcin	251		M-OPEN	169	00:06:33.30	+00:03:16 (50.0%)	13:06	4.6 (50.5%)
199	ŚLASKI-SAWICKI Dawid	364		M-OPEN	170	00:06:33.35	+00:03:16 (50.0%)	13:06	4.6 (50.5%)
200	TULA Renata	128	MYKMYK	K-OPEN	30	00:06:33.90	+00:03:17 (50.1%)	13:08	4.6 (50.5%)
201	SIELSKA Małgorzata	303		K-OPEN	31	00:06:34.40	+00:03:17 (50.1%)	13:10	4.6 (50.5%)
202	PRZYBYŚLAWSKA Ilona	134		K-OPEN	32	00:06:34.65	+00:03:18 (50.2%)	13:08	4.6 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 0.5km	Różn	Tempo min/km	Tempo km/h
203	SZCZERBICKI Rafał	154		M-OPEN	171	00:06:34.80	+00:03:18 (50.2%)	13:10	4.6 (50.5%)
204	KOWALCZUK Magda	281	ROSOMAKI PUSTYNNO BAGIENNE	K-OPEN	33	00:06:35.35	+00:03:18 (50.3%)	13:10	4.6 (50.5%)
205	SKELTON Sarah	260	VEGE RUNNERS	K-OPEN	34	00:06:35.50	+00:03:18 (50.3%)	13:12	4.5 (49.5%)
206	SZYMAŃSKA Karolina	319		K-OPEN	35	00:06:37.00	+00:03:20 (50.5%)	13:14	4.5 (49.5%)
207	GĘDEK Marzena	167	STARZYŃSKIEGO BIEGA ŁOWICZ	K-OPEN	36	00:06:37.50	+00:03:20 (50.5%)	13:14	4.5 (49.5%)
208	OSOWSKI Rafał	207		M-OPEN	172	00:06:37.55	+00:03:20 (50.5%)	13:14	4.5 (49.5%)
208	KRÓL Kamila	227		K-OPEN	37	00:06:37.55	+00:03:20 (50.5%)	13:14	4.5 (49.5%)
210	RABCZYŃSKA Anna	234	W DOBREJ FORMIE	K-OPEN	38	00:06:37.65	+00:03:21 (50.5%)	13:14	4.5 (49.5%)
210	JAŁTUSZYK Ewelina	338		K-OPEN	39	00:06:37.65	+00:03:21 (50.5%)	13:16	4.5 (49.5%)
212	GORCZYCA Krzysztof	292	PGR BEMOWO	M-OPEN	173	00:06:38.40	+00:03:21 (50.6%)	13:18	4.5 (49.5%)
213	SZCZAP Marcin	166		M-OPEN	174	00:06:40.15	+00:03:23 (50.9%)	13:20	4.5 (49.5%)
214	NIEMIADOMSKI Zdzisław	345		M-OPEN	175	00:06:40.75	+00:03:24 (50.9%)	13:22	4.5 (49.5%)
215	KRUŻEL Katarzyna	127		K-OPEN	40	00:06:41.75	+00:03:25 (51.1%)	13:24	4.5 (49.5%)
216	PABICH Agnieszka	361		K-OPEN	41	00:06:44.90	+00:03:28 (51.4%)	13:30	4.4 (48.4%)
217	BELZYT Basia	155		K-OPEN	42	00:06:45.05	+00:03:28 (51.5%)	13:30	4.4 (48.4%)
218	GROSZYK Jan	181	MAJA TEAM	M-OPEN	176	00:06:45.30	+00:03:28 (51.5%)	13:32	4.4 (48.4%)
219	NIEZGODA Tomasz	256		M-OPEN	177	00:06:47.50	+00:03:30 (51.7%)	13:34	4.4 (48.4%)
219	JAWOREK Justyna Youstka	355	GRUPA BIEGOWA CHTMO	K-OPEN	43	00:06:47.50	+00:03:30 (51.7%)	13:36	4.4 (48.4%)
221	NOWAK Paweł	339		M-OPEN	178	00:06:48.45	+00:03:31 (51.9%)	13:36	4.4 (48.4%)
222	KLIMCZAK Joanna	223		K-OPEN	44	00:06:49.40	+00:03:32 (52.0%)	13:40	4.4 (48.4%)
223	NOWICKI Maciej	278		M-OPEN	179	00:06:52.40	+00:03:35 (52.3%)	13:46	4.4 (48.4%)
224	WOLSZCZAK Ewelina	182		K-OPEN	45	00:06:53.75	+00:03:37 (52.5%)	13:48	4.3 (47.3%)
225	BUKOWSKI Janusz	62	STOWARZYSZENIE DAĆ SIEBIE INNYM	M-OPEN	180	00:06:54.10	+00:03:37 (52.5%)	13:48	4.3 (47.3%)
226	DEAVENPORT Michael	267		M-OPEN	181	00:06:55.75	+00:03:39 (52.7%)	13:50	4.3 (47.3%)
227	BELTER Michał	150		M-OPEN	182	00:06:55.90	+00:03:39 (52.7%)	13:52	4.3 (47.3%)
228	NAWROCKA Roma	350		K-OPEN	46	00:06:56.75	+00:03:40 (52.8%)	13:54	4.3 (47.3%)
229	KOCZOROWSKA Anna	20		K-OPEN	47	00:06:56.95	+00:03:40 (52.8%)	13:52	4.3 (47.3%)
230	KRYSZYŁOWICZ Jacek	366	AKB SZCZYTNO	M-OPEN	183	00:06:57.55	+00:03:40 (52.9%)	13:54	4.3 (47.3%)
231	ZDANOWICZ Paweł	174		M-OPEN	184	00:06:58.40	+00:03:41 (53.0%)	13:58	4.3 (47.3%)
232	LESZCZYŃSKI Paweł	315	WKURW_TEAM	M-OPEN	185	00:06:58.90	+00:03:42 (53.1%)	13:58	4.3 (47.3%)
233	TARCZYŃSKI Marcin	209	TARCZA BIEGA	M-OPEN	186	00:06:59.25	+00:03:42 (53.1%)	13:58	4.3 (47.3%)
234	SIEMIŃSKA Alicja	248		K-OPEN	48	00:06:59.35	+00:03:42 (53.1%)	13:58	4.3 (47.3%)
235	NASIEROWSKI Michał	236		M-OPEN	187	00:07:00.30	+00:03:43 (53.2%)	14:00	4.3 (47.3%)
236	KUBICKA Magdalena	306		K-OPEN	49	00:07:02.20	+00:03:45 (53.4%)	14:04	4.3 (47.3%)
237	BADZYŃSKI Paweł	239		M-OPEN	188	00:07:02.80	+00:03:46 (53.5%)	14:06	4.3 (47.3%)
238	KARŁOWICZ Anna	219	WOLNA WOLA WARSZAWA	K-OPEN	50	00:07:05.80	+00:03:49 (53.8%)	14:12	4.2 (46.2%)
239	MIKIELSKA Danuta	290		K-OPEN	51	00:07:07.60	+00:03:50 (54.0%)	14:14	4.2 (46.2%)
240	SZOSTEK Agnieszka	179	ORANGE POLSKA	K-OPEN	52	00:07:08.25	+00:03:51 (54.1%)	14:16	4.2 (46.2%)
241	ZIELINSKI Krzysztof	205	M42195	M-OPEN	189	00:07:09.20	+00:03:52 (54.2%)	14:18	4.2 (46.2%)
242	DOMAGAŁA Dominik	351	BKS WATAHA WARSZAWA	M-OPEN	190	00:07:13.15	+00:03:56 (54.6%)	14:26	4.2 (46.2%)
243	ŻOCHOWSKI Artur	275		M-OPEN	191	00:07:16.00	+00:03:59 (54.9%)	14:32	4.1 (45.1%)
244	KOLASA Magdalena	266		K-OPEN	53	00:07:16.15	+00:03:59 (54.9%)	14:32	4.1 (45.1%)
245	WOLSKI Adam	343	GREENPOWERTEAM	M-OPEN	192	00:07:16.25	+00:03:59 (54.9%)	14:32	4.1 (45.1%)
246	SUROWIAK Danuta	28	UM W-WA	K-OPEN	54	00:07:18.15	+00:04:01 (55.1%)	14:36	4.1 (45.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						0.5km	Różn		
247	LEONKIEWICZ Marta	308		K-OPEN	55	00:07:19.95	+00:04:03 (55.3%)	14:40	4.1 (45.1%)
248	KERNER Agnieszka	29	UM W-WA	K-OPEN	56	00:07:20.70	+00:04:04 (55.4%)	14:40	4.1 (45.1%)
249	NOWAK Joanna	187		K-OPEN	57	00:07:22.85	+00:04:06 (55.6%)	14:46	4.1 (45.1%)
250	MASTERNAK Izabela	244		K-OPEN	58	00:07:22.90	+00:04:06 (55.6%)	14:46	4.1 (45.1%)
251	DOMAŃSKI Jacek	190	WKB META LUBLINIEC	M-OPEN	193	00:07:23.15	+00:04:06 (55.6%)	14:46	4.1 (45.1%)
252	ZEMSKI Marek	249		M-OPEN	194	00:07:23.80	+00:04:07 (55.7%)	14:46	4.1 (45.1%)
253	DANIEL Damian	332		M-OPEN	195	00:07:27.65	+00:04:11 (56.1%)	14:54	4 (44.0%)
254	PIEKUT Robert	169		M-OPEN	196	00:07:28.25	+00:04:11 (56.1%)	14:56	4 (44.0%)
254	ZALEWSKA Anna	314	WKURW_TEAM	K-OPEN	59	00:07:28.25	+00:04:11 (56.1%)	14:56	4 (44.0%)
256	LASKOWSKA Izabela	347	NIE DOTYCZY	K-OPEN	60	00:07:28.60	+00:04:11 (56.2%)	14:58	4 (44.0%)
257	KRZYSIK Łukasz	149		M-OPEN	197	00:07:31.80	+00:04:15 (56.5%)	15:04	4 (44.0%)
258	MAGRYTA Anna	272		K-OPEN	61	00:07:34.75	+00:04:18 (56.8%)	15:10	4 (44.0%)
259	FIGZAŁ Paulina	302		K-OPEN	62	00:07:35.75	+00:04:19 (56.9%)	15:10	4 (44.0%)
260	KULESZA Agnieszka	246		K-OPEN	63	00:07:36.75	+00:04:20 (56.9%)	15:12	3.9 (42.9%)
261	KORNILUK Bartosz	298		M-OPEN	198	00:07:42.50	+00:04:25 (57.5%)	15:26	3.9 (42.9%)
262	POLIŃSKA Anna	114	PARKRUN	K-OPEN	64	00:07:47.65	+00:04:31 (57.9%)	15:36	3.8 (41.8%)
263	KACZMARSKI Michał	255		M-OPEN	199	00:07:48.30	+00:04:31 (58.0%)	15:36	3.8 (41.8%)
264	WAŚOWICZ-KISZCZAK Anna	21	ZPKIN	K-OPEN	65	00:07:49.30	+00:04:32 (58.1%)	15:38	3.8 (41.8%)
265	GAJ Bogna	359	CZARNE PANTERY	K-OPEN	66	00:07:49.85	+00:04:33 (58.1%)	15:40	3.8 (41.8%)
266	KORCZUCKI Dariusz	393	KS TĘCZA	M-OPEN	200	00:07:50.45	+00:04:33 (58.2%)	15:40	3.8 (41.8%)
267	CZARNY Mariusz	69	ZPKIN	M-OPEN	201	00:07:50.95	+00:04:34 (58.2%)	15:42	3.8 (41.8%)
268	USYDUS Natalia	202		K-OPEN	67	00:07:53.30	+00:04:36 (58.5%)	15:46	3.8 (41.8%)
269	MICHALAK Olga	282		K-OPEN	68	00:07:59.30	+00:04:42 (59.0%)	15:58	3.8 (41.8%)
270	DREWNIAK Marcin	274		M-OPEN	202	00:08:00.05	+00:04:43 (59.0%)	16:00	3.8 (41.8%)
271	NIEDBAŁKA Marcin	157	BIEGAM W JÓZEFOWIE	M-OPEN	203	00:08:00.45	+00:04:43 (59.1%)	16:02	3.7 (40.7%)
272	TRUSZKOWSKI Jacek	354		M-OPEN	204	00:08:05.10	+00:04:48 (59.5%)	16:10	3.7 (40.7%)
273	CZECHOWSKI Jerzy	277	MZA-WARSZAWA	M-OPEN	205	00:08:06.45	+00:04:49 (59.6%)	16:14	3.7 (40.7%)
274	DOLNA Karolina	7		K-OPEN	69	00:08:07.55	+00:04:50 (59.7%)	16:16	3.7 (40.7%)
275	DYMEL Andrzej	183	MARKOWI BIEGACZE	M-OPEN	206	00:08:18.95	+00:05:02 (60.6%)	16:38	3.6 (39.6%)
276	MŁYNARCZYK Ania	170		K-OPEN	70	00:08:19.15	+00:05:02 (60.6%)	16:38	3.6 (39.6%)
277	WALAC Anna	264		K-OPEN	71	00:08:19.30	+00:05:02 (60.6%)	16:40	3.6 (39.6%)
278	KOSIERADZKI Eryk	330	TOFINKOWO	M-OPEN	207	00:08:20.10	+00:05:03 (60.7%)	16:40	3.6 (39.6%)
279	BŁAŻEJEWSKA Anna	199		K-OPEN	72	00:08:27.95	+00:05:11 (61.3%)	16:56	3.5 (38.5%)
280	MICHON Marta	104		K-OPEN	73	00:08:28.30	+00:05:11 (61.3%)	16:56	3.5 (38.5%)
281	ADAMUS Kasia	172		K-OPEN	74	00:08:30.35	+00:05:13 (61.5%)	17:00	3.5 (38.5%)
282	RADKOWSKI Michał	325		M-OPEN	208	00:08:31.85	+00:05:15 (61.6%)	17:04	3.5 (38.5%)
283	SZOSTAKOWSKI Jarosław	3	BIEGAMY Z OCHOTĄ	M-OPEN	209	00:08:33.10	+00:05:16 (61.7%)	17:06	3.5 (38.5%)
284	ŻBIKOWSKA Karolina	26	UW W-WA	K-OPEN	75	00:08:37.05	+00:05:20 (62.0%)	17:16	3.5 (38.5%)
285	ADAMCZYK Aleksandra	235	SENSIRUNERS	K-OPEN	76	00:08:39.15	+00:05:22 (62.1%)	17:18	3.5 (38.5%)
286	KLICH Piotr	103		M-OPEN	210	00:08:41.70	+00:05:25 (62.3%)	17:24	3.4 (37.4%)
287	STARĘGA Paulina	288		K-OPEN	77	00:08:59.45	+00:05:42 (63.5%)	18:00	3.3 (36.3%)
288	TOMASZEWSKI Sławomir	200		M-OPEN	211	00:09:05.85	+00:05:49 (64.0%)	18:10	3.3 (36.3%)
289	MRÓZ Sylwia	4	BIEGAMY Z OCHOTĄ	K-OPEN	78	00:09:15.35	+00:05:58 (64.6%)	18:32	3.2 (35.2%)
290	WAWRZYŃCZYK-MALINOWSKA Ania	130		K-OPEN	79	00:09:18.00	+00:06:01 (64.8%)	18:36	3.2 (35.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 0.5km	Różn	Tempo min/km	Tempo km/h
291	GŁOWIŃSKA Kasia	221		K-OPEN	80	00:09:32.50	+00:06:15 (65.7%)	19:04	3.1 (34.1%)
292	FABISIAK Magdalena	252		K-OPEN	81	00:09:34.25	+00:06:17 (65.8%)	19:08	3.1 (34.1%)
293	KUŁAKOWSKA Kamila	357		K-OPEN	82	00:09:40.60	+00:06:23 (66.1%)	19:20	3.1 (34.1%)
294	MARCINIAK Anna	163	HUSARIA RACE TEAM	K-OPEN	83	00:12:02.80	+00:08:46 (72.8%)	24:06	2.5 (27.5%)
295	KOPYTOWSKI Jerzy	22	ZPKIN	M-OPEN	212	00:12:33.10	+00:09:16 (73.9%)	25:06	2.4 (26.4%)

Znaleziono 295 wynik(ów)