

Bieg
Instalatora

Eko-Instal
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Organiser: HVACR.pl
Date: 2017-05-14
Place: Bydgoszcz
Distance: 10 km

III BIEG INSTALATORA 2017

B4SPORT

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INTELIĞENTNE ZAWODY SPORTOWE

Classification: M-50

Place	Participant	Number	Club	Category	MCat	Firma	Start time	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	RACZYŃSKI Krzysztof	307		M-50	1	OMNIA Sp. J. K. i Z. Raczyńscy	00:00:08	00:43:01.60	00:43:10.10		4:18	13.9 (100%)
2	DAŃCZUK Jerzy	67		M-50	2		00:00:04	00:43:36.65	00:43:41.10	+00:00:35 (1.3%)	4:21	13.8 (99.3%)
3	MICKIEWICZ Jan	254	AKADEMIA BIEGANIA GRUDZIĄDZ	M-50	3	Inżbud	00:00:02	00:44:58.00	00:45:00.90	+00:01:56 (4.3%)	4:29	13.3 (95.7%)
4	TOKARSKI Krzysztof	388		M-50	4	AZART-SAT Krzysztof Tokarski	00:00:16	00:45:12.50	00:45:29.00	+00:02:10 (4.8%)	4:31	13.3 (95.7%)
5	PALIGA Antoni	282	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M-50	5		00:00:11	00:45:36.75	00:45:48.25	+00:02:35 (5.7%)	4:33	13.2 (95.0%)
6	MASALSKI Romuald	249		M-50	6		00:00:06	00:45:44.00	00:45:50.65	+00:02:42 (5.9%)	4:34	13.1 (94.2%)
7	WŁODARCZYK Wojciech	430		M-50	7		00:00:07	00:47:04.50	00:47:12.40	+00:04:02 (8.6%)	4:42	12.7 (91.4%)
8	BAGROWSKI Marek	7	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNE JANOWO BIEGA	M-50	8		00:00:16	00:47:37.25	00:47:53.75	+00:04:35 (9.6%)	4:45	12.6 (90.6%)
9	LUZAK Mirosław	230		M-50	9	MWiK Bydgoszcz	00:00:11	00:49:11.80	00:49:22.80	+00:06:10 (12.5%)	4:55	12.2 (87.8%)
10	KOCHAŃSKI Dariusz	169		M-50	10		00:00:07	00:50:24.10	00:50:31.80	+00:07:22 (14.6%)	5:02	11.9 (85.6%)
11	ŁOŚ Dariusz	234		M-50	11		00:00:30	00:50:31.30	00:51:02.10	+00:07:29 (14.8%)	5:03	11.9 (85.6%)
12	KUCHCZYŃSKI Adam	208	BÓL TO ŚCIEMA	M-50	12		00:00:35	00:51:19.20	00:51:55.00	+00:08:17 (16.2%)	5:08	11.7 (84.2%)
13	WŁOCH Sylwester	429		M-50	13		00:00:14	00:51:37.45	00:51:51.80	+00:08:35 (16.7%)	5:09	11.6 (83.5%)
14	MATUSZEWSKI Jarosław	250	ZWiK CHEŁMNO	M-50	14	ZWiK Chełmno	00:00:29	00:53:21.45	00:53:50.55	+00:10:19 (19.4%)	5:20	11.2 (80.6%)

Place	Participant	Number	Club	Category	MCat	Firma	Start time	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
15	BRZUSKIEWICZ Sławomir	38		M-50	15		00:00:17	00:53:22.70	00:53:40.30	+00:10:21 (19.4%)	5:20	11.2 (80.6%)
16	GODZIUK Roman	106		M-50	16		00:00:20	00:53:41.80	00:54:02.05	+00:10:40 (19.9%)	5:22	11.2 (80.6%)
17	KOLANOWSKI Wojciech	171		M-50	17		00:00:25	00:53:55.70	00:54:21.30	+00:10:54 (20.2%)	5:23	11.1 (79.9%)
18	GRUBA Jacek	125		M-50	18		00:00:38	00:54:23.95	00:55:02.75	+00:11:22 (20.9%)	5:26	11 (79.1%)
19	MUSZKOWSKI Andrzej	479		M-50	19	ATELBUD	00:00:23	00:54:27.50	00:54:51.10	+00:11:25 (21.0%)	5:26	11 (79.1%)
20	SZULC Edmund	374		M-50	20		00:00:33	00:54:32.45	00:55:06.15	+00:11:30 (21.1%)	5:27	11 (79.1%)
21	WIŚNIEWSKI Dariusz	423		M-50	21		00:00:27	00:54:32.60	00:55:00.55	+00:11:31 (21.1%)	5:27	11 (79.1%)
22	KUBIŃSKI Rafał	207	ALLIANZ RUNNING TEAM	M-50	22		00:00:26	00:54:51.95	00:55:18.60	+00:11:50 (21.6%)	5:29	10.9 (78.4%)
23	SIERANT Marian	341		M-50	23		00:00:22	00:55:02.60	00:55:25.20	+00:12:01 (21.8%)	5:30	10.9 (78.4%)
24	ANGLART Roman	4		M-50	24		00:00:35	00:55:20.90	00:55:56.40	+00:12:19 (22.3%)	5:32	10.8 (77.7%)
25	BRZOZOWSKI Jarosław	35	BRZOZA TRI TEAM	M-50	25		00:00:51	00:56:54.60	00:57:45.75	+00:13:53 (24.4%)	5:41	10.5 (75.5%)
26	SZCZEBLEWSKI Witold	367		M-50	26		00:00:04	00:57:10.35	00:57:14.90	+00:14:08 (24.7%)	5:43	10.5 (75.5%)
27	JELENIOWSKI Eugeniusz	143		M-50	27	Usługi Inżynieryjne Eugeniusz Jeleniewski	00:00:17	00:57:32.00	00:57:49.30	+00:14:30 (25.2%)	5:45	10.4 (74.8%)
28	ŚLIWIŃSKI Andrzej	382		M-50	28		00:00:43	00:58:17.15	00:59:00.95	+00:15:15 (26.2%)	5:49	10.3 (74.1%)
29	WIŚNIEWSKI Włodzimierz	422		M-50	29		00:00:44	00:58:40.10	00:59:24.95	+00:15:38 (26.7%)	5:52	10.2 (73.4%)
30	PRZYBYLSKI Mariusz	303		M-50	30		00:00:19	00:59:27.85	00:59:47.00	+00:16:26 (27.6%)	5:56	10.1 (72.7%)
31	JAWORSKI Janusz	142		M-50	31		00:00:41	00:59:57.10	01:00:38.50	+00:16:55 (28.2%)	5:59	10 (71.9%)
32	SZYGOWSKI Mariusz	377	H2O TEAM	M-50	32	MWiO sp. z o.o. Grudziądz	00:00:04	01:00:34.20	01:00:39.10	+00:17:32 (29.0%)	6:03	9.9 (71.2%)
33	STANKIEWICZ Dariusz	356		M-50	33		00:00:36	01:01:40.90	01:02:16.90	+00:18:39 (30.2%)	6:10	9.7 (69.8%)
34	WYPORKIEWICZ Jerzy	500		M-50	34		00:00:52	01:04:56.90	01:05:49.50	+00:21:55 (33.8%)	6:29	9.2 (66.2%)
35	CIACHERA Ireneusz	49		M-50	35		00:00:49	01:04:58.70	01:05:48.20	+00:21:57 (33.8%)	6:29	9.2 (66.2%)
36	BIERYT Arkadiusz	20		M-50	36		00:00:03	01:06:55.20	01:06:58.30	+00:23:53 (35.7%)	6:41	9 (64.7%)

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37	KAPELIŃSKI Stanisław	158		M-50	37		00:00:28	01:08:20.50	01:08:49.10	+00:25:18 (37.0%)	6:50	8.8 (63.3%)
38	DEJEWSKI Zbigniew	71	ALFACO RUNNING TEAM	M-50	38		00:00:18	01:09:46.85	01:10:04.95	+00:26:45 (38.3%)	6:58	8.6 (61.9%)

Total 38 results.