

III BIEG NIEDŹWIEDZIA - 10 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: III Bieg Niedźwiedzia
Organizator: Fundacja Herkules All Sports
Data: 2021-07-10
Miejsce: Polanica Zdrój
Dystans: 10 km



Klasyfikacja: M16-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Laps 5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	JAGODZIŃSKI Tomasz	51	DELOITTE ADVENTURE TEAM	M16-39	1	00:00:02	00:20:01	00:40:50.45	00:40:53.10		4:05	14.7 (100%)
2	SZPARGAŁA Bartłomiej	30	MAD RUNNERS	M16-39	2	00:00:01	00:20:56	00:41:46.70	00:41:48.65	+00:00:56 (2.2%)	4:10	14.4 (98.0%)
3	STOJANOWSKI Mariusz	127	RNB TEAM POLANICA ZDRÓJ	M16-39	3	00:00:01	00:21:10	00:42:31.15	00:42:33.00	+00:01:40 (3.9%)	4:15	14.1 (95.9%)
4	CENDROWSKI Andrzej	162	MAD RUNNERS	M16-39	4	00:00:03	00:21:28	00:44:23.45	00:44:26.50	+00:03:33 (8.0%)	4:26	13.5 (91.8%)
5	CABAJ Damian	8	ŚWIDNICA	M16-39	5	00:00:02	00:21:59	00:44:42.50	00:44:44.90	+00:03:52 (8.7%)	4:28	13.4 (91.2%)
6	WOJTKOWSKI Wojciech	150	MAD RUNNERS	M16-39	6	00:00:02	00:21:27	00:45:15.30	00:45:17.55	+00:04:24 (9.8%)	4:31	13.3 (90.5%)
7	GORCZYŃSKI Norbert	35	KUDOWIANKA RUN	M16-39	7	00:00:05	00:22:59	00:45:57.55	00:46:02.55	+00:05:07 (11.1%)	4:35	13.1 (89.1%)
8	SWATOWSKI Tomasz	130	KLUB BIEGACZA KĄTY WROCŁAWSKIE	M16-39	8	00:00:02	00:22:16	00:46:33.80	00:46:36.15	+00:05:43 (12.3%)	4:39	12.9 (87.8%)
9	RĘBIAŁKOWSKI Jakub	110	RNB TEAM POLANICA ZDRÓJ	M16-39	9	00:00:08	00:22:51	00:46:52.70	00:47:01.55	+00:06:02 (12.9%)	4:41	12.8 (87.1%)
10	NEBOHA Nikita	99		M16-39	10	00:00:05	00:22:58	00:47:06.35	00:47:11.75	+00:06:15 (13.3%)	4:42	12.7 (86.4%)
11	KURZAWIAK Grzegorz	81	KUDOWIANKA RUN	M16-39	11	00:00:04	00:23:48	00:48:49.35	00:48:54.10	+00:07:58 (16.3%)	4:52	12.3 (83.7%)
12	JANOSZEK Marcel	52	JULA MEBLE	M16-39	12	00:00:20	00:24:34	00:49:17.85	00:49:38.45	+00:08:27 (17.2%)	4:55	12.2 (83.0%)
13	ZAWIERTA Jarosław	169		M16-39	13	00:00:08	00:25:02	00:50:24.35	00:50:32.55	+00:09:33 (19.0%)	5:02	11.9 (81.0%)
14	AKUTKO Dawid	1		M16-39	14	00:00:08	00:25:17	00:50:50.70	00:50:59.45	+00:10:00 (19.7%)	5:05	11.8 (80.3%)
15	RAJCZAKOWSKI Jarosław	165		M16-39	15	00:00:09	00:25:29	00:52:38.50	00:52:48.40	+00:11:48 (22.4%)	5:15	11.4 (77.6%)
16	WINNY Przemysław	148	BIELAWSKA AKADEMIA BIEGANIA	M16-39	16	00:00:02	00:25:03	00:53:39.10	00:53:41.35	+00:12:48 (23.9%)	5:21	11.2 (76.2%)
17	DYJAK Leszek	23		M16-39	17	00:00:03	00:26:13	00:55:31.60	00:55:34.60	+00:14:41 (26.4%)	5:33	10.8 (73.5%)
18	BYKOWSKI Marek	7	AKTYWNA NOWA RUDA	M16-39	18	00:00:03	00:25:32	00:55:33.80	00:55:37.10	+00:14:43 (26.5%)	5:33	10.8 (73.5%)
19	KUBAŚ Dawid	164		M16-39	19	00:00:10	00:29:05	00:58:19.25	00:58:29.80	+00:17:28 (30.0%)	5:49	10.3 (70.1%)
20	FILIPEK Tomasz	29	PIESZCZOCHY & SPÓŁKA	M16-39	20	00:00:16	00:29:48	00:58:56.10	00:59:12.45	+00:18:05 (30.7%)	5:53	10.2 (69.4%)
21	STACHNIK Maciej	122	ŚLĄSK WROCŁAW	M16-39	21	00:00:10	00:29:21	01:00:49.85	01:01:00.35	+00:19:59 (32.9%)	6:04	9.9 (67.3%)
22	GABRYSZUK Kamil	33	ZWYCIĘZCÓW 6F	M16-39	22	00:00:19	00:29:18	01:01:07.80	01:01:26.95	+00:20:17 (33.2%)	6:06	9.8 (66.7%)
23	AKUTKO Paweł	2		M16-39	23	00:00:08	00:28:23	01:01:29.90	01:01:38.65	+00:20:39 (33.6%)	6:08	9.8 (66.7%)
24	STOBIŃSKI Michał	126	FC BIAŁKA	M16-39	24	00:00:11	00:32:12	01:01:55.05	01:02:06.20	+00:21:04 (34.0%)	6:11	9.7 (66.0%)
25	MARSZAŁKOWSKI Radosław	89		M16-39	25	00:00:21	00:34:18	01:08:38.15	01:09:00.00	+00:27:47 (40.5%)	6:51	8.7 (59.2%)
26	ZAYKOWSKI Bartosz	157		M16-39	26	00:00:02	00:32:27	01:10:01.90	01:10:04.25	+00:29:11 (41.7%)	7:00	8.6 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Laps_5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
27	DRZAZGA Jakub	19	AGILE COACHING JAKUB DRZAZGA	M16-39	27	00:00:15	00:41:13	01:25:20.90	01:25:36.35	+00:44:30 (52.1%)	8:32	7 (47.6%)

Znaleziono 27 wynik(ów)