

III BIEG NIEDŹWIEDZIA - 10 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: III Bieg Niedźwiedzia
Organizator: Fundacja Herkules All Sports
Data: 2021-07-10
Miejsce: Polanica Zdrój
Dystans: 10 km



Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Laps_5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	JAGNIĘTKOWSKI Jacek	163		M40-49	1	00:00:02	00:22:15	00:44:05.50	00:44:08.25		4:24	13.6 (100%)
2	FRYDLEWICZ Zbigniew	32	BIEGAMDLAZDROWIA	M40-49	2	00:00:03	00:21:57	00:44:23.55	00:44:26.90	+00:00:18 (0.7%)	4:26	13.5 (99.3%)
3	CIECIUCH Maciej	11	RNB TEAM POLANICA ZDRÓJ	M40-49	3	00:00:02	00:21:52	00:44:46.10	00:44:49.00	+00:00:40 (1.5%)	4:28	13.4 (98.5%)
4	KLIMCZAK Piotr	63	GIMPAS PASŁĘK	M40-49	4	00:00:04	00:22:24	00:45:14.35	00:45:19.05	+00:01:08 (2.5%)	4:31	13.3 (97.8%)
5	JARZĘBOWICZ Adam	56	PIESZCZOCHY&SPÓŁKA	M40-49	5	00:00:03	00:22:22	00:46:49.90	00:46:53.45	+00:02:44 (5.9%)	4:40	12.8 (94.1%)
6	FEICHTINGER Marek	27		M40-49	6	00:00:03	00:22:57	00:48:03.80	00:48:07.45	+00:03:58 (8.3%)	4:48	12.5 (91.9%)
7	RETECKI Tomasz	109	POLSKA BIEGA	M40-49	7	00:00:09	00:25:07	00:51:52.25	00:52:01.55	+00:07:46 (15.0%)	5:11	11.6 (85.3%)
8	TEKIELI Jerzy	142	PIESZCZOCHY&SPÓŁKA	M40-49	8	00:00:15	00:25:17	00:52:08.15	00:52:23.40	+00:08:02 (15.4%)	5:12	11.5 (84.6%)
9	CZAJKOWSKI Paweł	13	WIKI&MAKS	M40-49	9	00:00:12	00:26:25	00:52:41.80	00:52:54.45	+00:08:36 (16.3%)	5:16	11.4 (83.8%)
10	SAŁAPATEK Robert	114	BIEGOWA ŚWIDNICA	M40-49	10	00:00:10	00:25:29	00:52:52.95	00:53:03.85	+00:08:47 (16.6%)	5:17	11.3 (83.1%)
11	BORCZUCH Paweł	5	ABY DO METY	M40-49	11	00:00:21	00:26:49	00:56:03.95	00:56:25.05	+00:11:58 (21.4%)	5:36	10.7 (78.7%)
12	LĘGA Wiesław	84	KS TĘCZA	M40-49	12	00:00:03	00:26:42	00:56:16.95	00:56:20.15	+00:12:11 (21.7%)	5:37	10.7 (78.7%)
13	BIELECKI Grzegorz	3		M40-49	13	00:00:13	00:28:43	00:57:43.45	00:57:56.75	+00:13:37 (23.6%)	5:46	10.4 (76.5%)
14	NOWAK Ireneusz	101	PIESZCZOCHY & SPÓŁKA	M40-49	14	00:00:15	00:28:35	00:57:52.40	00:58:07.85	+00:13:46 (23.8%)	5:47	10.4 (76.5%)
15	SKOCZYŁAS Artur	118	PREDATORS WAŁBRZYCH	M40-49	15	00:00:03	00:29:15	00:59:15.00	00:59:18.00	+00:15:09 (25.6%)	5:55	10.1 (74.3%)
16	HEHL Tomasz	47	PIESZCZOCHY&SPÓŁKA	M40-49	16	00:00:16	00:28:35	00:59:21.50	00:59:37.65	+00:15:16 (25.7%)	5:56	10.1 (74.3%)
17	DRAB Paweł	17	LEAN TECH RUN	M40-49	17	00:00:16	00:31:07	01:03:21.25	01:03:37.35	+00:19:15 (30.4%)	6:20	9.5 (69.9%)
18	SZYMAŃSKI Grzegorz	137	ZWYCIĘZCÓW 6F	M40-49	18	00:00:13	00:31:57	01:04:11.05	01:04:25.00	+00:20:05 (31.3%)	6:25	9.3 (68.4%)
19	GRAJEK Tomasz	39	BROWAR KARCZEWSKI TEAM	M40-49	19	00:00:19	00:32:04	01:05:15.10	01:05:35.00	+00:21:09 (32.4%)	6:31	9.2 (67.6%)
20	CYBULSKI Grzegorz	12	NAJWIĘKSZA ARMIA ŚWIATA	M40-49	20	00:00:11	00:31:58	01:05:47.70	01:05:59.50	+00:21:42 (33.0%)	6:34	9.1 (66.9%)

Znaleziono 20 wynik(ów)