

III BIEG NIEDŹWIEDZIA - 10 KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie:

Organizator:

Data:

Miejsce:

Dystans:

III Bieg Niedźwiedzia

Fundacja Herkules All Sports

2021-07-10

Polanica Zdrój

10 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Laps_5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	GRZEGOREK Grzegorz	41	KLUB BIEGACZA KĄTY WROCŁAWSKIE	M50-59	1	00:00:03	00:22:45	00:46:15.70	00:46:18.70		4:37	13 (100%)
2	GRAF Remigiusz	38	TURBO RUN LESZNO	M50-59	2	00:00:04	00:22:48	00:46:18.95	00:46:23.65	+00:00:03 (0.1%)	4:37	13 (100%)
3	JANUSZ Ryszard	53	KUDOWIANKA RUN	M50-59	3	00:00:04	00:23:13	00:47:29.40	00:47:33.50	+00:01:13 (2.6%)	4:44	12.6 (96.9%)
4	HOLICKÝ Milan	48	PARDUBICE	M50-59	4	00:00:04	00:24:59	00:50:30.00	00:50:34.40	+00:04:14 (8.4%)	5:03	11.9 (91.5%)
5	TEREK Jacek	144		M50-59	5	00:00:02	00:26:23	00:52:38.65	00:52:41.20	+00:06:22 (12.1%)	5:15	11.4 (87.7%)
6	KOWALCZYK Bogdan	71	PHU BODEX BOGDAN KOWALCZYK	M50-59	6	00:00:04	00:32:01	00:54:01.00	00:54:05.00	+00:07:45 (14.4%)	5:24	11.1 (85.4%)
7	PAWŁOWSKI Piotr	104	BIEGOWA ŚWIDNICA	M50-59	7	00:00:11	00:26:33	00:55:26.30	00:55:37.45	+00:09:10 (16.6%)	5:32	10.8 (83.1%)
8	MAZURKIEWICZ Grzegorz	91		M50-59	8	00:00:02	00:28:26	00:55:50.00	00:55:52.00	+00:09:34 (17.1%)	5:35	10.7 (82.3%)
9	HASIAK Aleksander	46		M50-59	9	00:00:12	00:28:34	00:59:43.45	00:59:56.25	+00:13:27 (22.5%)	5:58	10 (76.9%)
10	KURNYTA Stanisław	79	TEMPO WAŁBRZYCH	M50-59	10	00:00:09	00:30:07	01:03:02.00	01:03:11.80	+00:16:46 (26.6%)	6:18	9.5 (73.1%)

Znaleziono 10 wynik(ów)