

III BIEG NIEDŹWIEDZIA - 5 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: III Bieg Niedźwiedzia
Organizator: Fundacja Herkules All Sports
Data: 2021-07-10
Miejsce: Polanica Zdrój
Dystans: 5 km



Klasyfikacja: M16-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	BIELAK Miłosz	167		M16-39	1	00:00:03	00:18:40.55	00:18:43.75		3:44	16.1 (100%)
2	FRELIK Karol	31	LKS OSUCHÓW	M16-39	2	00:00:01	00:18:51.15	00:18:52.95	+00:00:10 (0.9%)	3:46	15.9 (98.8%)
3	SIKORA Adam	116	MAD RUNNERS	M16-39	3	00:00:04	00:20:19.65	00:20:23.75	+00:01:39 (8.1%)	4:03	14.8 (91.9%)
4	LASKOWSKI Marcin	83	MAD RUNNERS	M16-39	4	00:00:03	00:21:05.40	00:21:08.95	+00:02:24 (11.4%)	4:13	14.2 (88.2%)
5	SZCZEPAŃSKI Grzegorz	132	MAD RUNNERS	M16-39	5	00:00:04	00:21:31.50	00:21:35.95	+00:02:50 (13.2%)	4:18	13.9 (86.3%)
6	JĘDRYCHOWSKI Bartłomiej	59	KUDOWIANKA RUN	M16-39	6	00:00:03	00:22:10.40	00:22:14.35	+00:03:29 (15.8%)	4:26	13.5 (83.9%)
7	MARCINOWSKI Paweł	88	ULKS BYSTRZYCA KŁODZKA	M16-39	7	00:00:07	00:22:29.20	00:22:36.25	+00:03:48 (16.9%)	4:29	13.3 (82.6%)
8	SMOLNICKI Marcin	120		M16-39	8	00:00:04	00:23:31.50	00:23:35.65	+00:04:50 (20.6%)	4:42	12.8 (79.5%)
9	DARGACZ Dominik	15	MAD RUNNERS	M16-39	9	00:00:06	00:23:40.80	00:23:47.35	+00:05:00 (21.1%)	4:44	12.7 (78.9%)
10	ZAREMBA Dawid	152	ZWYCIĘZCÓW 6F	M16-39	10	00:00:05	00:25:53.15	00:25:58.15	+00:07:12 (27.9%)	5:10	11.6 (72.0%)
11	DYKO Bartosz	24	MAD RUNNERS	M16-39	11	00:00:12	00:25:59.75	00:26:12.00	+00:07:19 (28.2%)	5:11	11.5 (71.4%)
12	EKALT Paweł	25		M16-39	12	00:00:09	00:26:38.90	00:26:48.25	+00:07:58 (29.9%)	5:19	11.3 (70.2%)
13	ŚLADCZYK Seweryn	139	MKST ITF	M16-39	13	00:00:11	00:27:21.20	00:27:32.75	+00:08:40 (31.7%)	5:28	11 (68.3%)

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14	ŚLADCZYK Dominik	138	MKST ITF	M16-39	14	00:00:11	00:27:22.45	00:27:33.65	+00:08:41 (31.8%)	5:28	11 (68.3%)
15	KARBOWSKI Mateusz	62	NOWA RUDA BIEGA	M16-39	15	00:00:02	00:31:01.45	00:31:04.15	+00:12:20 (39.8%)	6:12	9.7 (60.2%)
16	KURIATA Kamil	78	REGIONALNE CENTRUM KRWIODAWSTWA I KRWIOLECZNICTWA WROCŁAW	M16-39	16	00:00:13	00:31:12.15	00:31:25.75	+00:12:31 (40.1%)	6:14	9.6 (59.6%)
17	KWIATKOWSKI Dominik	82		M16-39	17	00:00:07	00:32:17.75	00:32:24.75	+00:13:37 (42.2%)	6:27	9.3 (57.8%)
18	NIEDŹWIEDŹ Szymon	100		M16-39	18	00:08:05	00:32:22.70	00:40:27.70	+00:13:42 (42.3%)	6:28	9.3 (57.8%)
19	KADŁUBICKI Krzyszof	61	RNB TEAM POLANICA-ZDRÓJ	M16-39	19	00:00:17	00:32:34.80	00:32:52.10	+00:13:54 (42.7%)	6:30	9.2 (57.1%)
20	GÓŹDŹ Artur	37		M16-39	20	00:00:09	00:38:07.60	00:38:17.25	+00:19:27 (51.0%)	7:37	7.9 (49.1%)
21	ZIELSKI Błażej	153		M16-39	21	00:00:09	00:41:44.10	00:41:54.05	+00:23:03 (55.3%)	8:20	7.2 (44.7%)
22	ZAJĄC Michał	40		M16-39	22	00:00:22	00:53:34.35	00:53:56.80	+00:34:53 (65.1%)	10:42	5.6 (34.8%)

Znaleziono 22 wynik(ów)