

# III BIEG PAPIESKI - 15KM

B4SPORT  
INTELEKTUJĄCE ZAWODY SPORTOWE

**Organizator:** Rowerowa Brzoza  
**Data:** 2015-05-01  
**Miejsce:** Brzoza  
**Dystans:** 15 km

**B4SPORT**  
INTELEKTUJĄCE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.5km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
1	<b>PIOTROWICZ Patryk</b>	<b>234</b>	GOGGLE TEAM	M1	1	00:22:02	<b>00:52:05</b>	<b>00:52:05</b>		3:28	17.3 (100%)
2	<b>TUCZYŃSKI Sylwester</b>	<b>184</b>	BYDGOSKIE OKONIE	M2	1	00:23:18	<b>00:54:24</b>	<b>00:54:24</b>	+00:02:19 (4.3%)	3:37	16.5 (95.4%)
3	<b>MACZYŃSKI Grzegorz</b>	<b>1</b>	TKKF KOLEJARZ BYDGOSZCZ	M4	1	00:23:32	<b>00:56:13</b>	<b>00:56:13</b>	+00:04:08 (7.4%)	3:44	16 (92.5%)
4	<b>KLOSKOWSKI Adam</b>	<b>83</b>	IWSP SZ BYDGOSZCZ	M2	2	00:24:03	<b>00:56:24</b>	<b>00:56:24</b>	+00:04:19 (7.7%)	3:45	16 (92.5%)
5	<b>DUCHIŃSKI Wojciech</b>	<b>40</b>	BRZOZA BIEGA	M4	2	00:23:19	<b>00:56:30</b>	<b>00:56:30</b>	+00:04:25 (7.8%)	3:46	15.9 (91.9%)
6	<b>WOLNY Piotr</b>	<b>5</b>	BRZOZA BIEGA	M5	1	00:24:00	<b>00:56:40</b>	<b>00:56:40</b>	+00:04:35 (8.1%)	3:46	15.9 (91.9%)
7	<b>STACHOWICZ Wiesław</b>	<b>10</b>	BRZOZA BIEGA	M4	3	00:24:06	<b>00:57:21</b>	<b>00:57:21</b>	+00:05:16 (9.2%)	3:49	15.7 (90.8%)
8	<b>HAPKE Tomasz</b>	<b>65</b>	NIEZRZESZONY	M3	1	00:24:21	<b>00:57:24</b>	<b>00:57:24</b>	+00:05:19 (9.3%)	3:49	15.7 (90.8%)
9	<b>DEPTUŁA Grzegorz</b>	<b>37</b>		M3	2	00:24:46	<b>00:57:37</b>	<b>00:57:37</b>	+00:05:32 (9.6%)	3:50	15.6 (90.2%)
10	<b>HORODYSKI Piotr</b>	<b>8</b>	TKKF KOLEJARZ BYDGOSZCZ	M3	3	00:24:42	<b>00:57:53</b>	<b>00:57:53</b>	+00:05:48 (10.0%)	3:51	15.5 (89.6%)
11	<b>TACZKOWSKI Jarosław</b>	<b>258</b>	ZESPÓŁ SZKÓŁ NR 5 MS W BYDGOSZCZY	M4	4	00:24:41	<b>00:58:03</b>	<b>00:58:03</b>	+00:05:58 (10.3%)	3:52	15.5 (89.6%)
12	<b>ZIĘTAK Andrzej</b>	<b>206</b>		M4	5	00:24:36	<b>00:59:04</b>	<b>00:59:04</b>	+00:06:59 (11.8%)	3:56	15.2 (87.9%)
13	<b>KWIATKOWSKI Damian</b>	<b>104</b>	RUN BYDGOSZCZ	M2	3	00:24:48	<b>00:59:15</b>	<b>00:59:15</b>	+00:07:10 (12.1%)	3:57	15.2 (87.9%)
14	<b>SIERACKI Leszek</b>	<b>4</b>	BRZOZA BIEGA	M5	2	00:25:41	<b>00:59:34</b>	<b>00:59:34</b>	+00:07:29 (12.6%)	3:58	15.1 (87.3%)
15	<b>WIWATOWSKI Michał</b>	<b>194</b>		M3	4	00:25:55	<b>01:01:21</b>	<b>01:01:21</b>	+00:09:16 (15.1%)	4:05	14.7 (85.0%)
16	<b>CICHOŃCZUK Antoni</b>	<b>6</b>	FLOTA GDYNIA	M6	1	00:26:09	<b>01:01:35</b>	<b>01:01:35</b>	+00:09:30 (15.4%)	4:06	14.6 (84.4%)
17	<b>MOROSZCZAK Bogumił</b>	<b>121</b>	PGB SPORTOWA PACZKA	M4	6	00:25:45	<b>01:01:52</b>	<b>01:01:52</b>	+00:09:47 (15.8%)	4:07	14.5 (83.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.5km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
18	<b>MROCZEK Adam</b>	<b>122</b>	NIEZRZESZONY	M2	4	00:26:44	<b>01:02:06</b>	<b>01:02:06</b>	+00:10:01 (16.1%)	4:08	14.5 (83.8%)
19	<b>WIŚNIEWSKI Zbigniew</b>	<b>193</b>	BRZOZA BIEGA	M4	7	00:26:28	<b>01:02:09</b>	<b>01:02:09</b>	+00:10:04 (16.2%)	4:08	14.5 (83.8%)
20	<b>LASKOWSKI Michał</b>	<b>105</b>		M2	5	00:26:05	<b>01:02:12</b>	<b>01:02:12</b>	+00:10:07 (16.3%)	4:08	14.5 (83.8%)
21	<b>PFAJFER Marek</b>	<b>130</b>	MARATONYPOLSKIE.PL TEAM	M3	5	00:26:53	<b>01:02:23</b>	<b>01:02:23</b>	+00:10:18 (16.5%)	4:09	14.4 (83.2%)
22	<b>GOLINOWSKI Darek</b>	<b>54</b>	KOBYLARNIA	M4	8	00:25:57	<b>01:02:32</b>	<b>01:02:32</b>	+00:10:27 (16.7%)	4:10	14.4 (83.2%)
23	<b>WIERZBOWSKI Krzysztof</b>	<b>188</b>	MOTOINTEGRATOR.PL - ZAWSZE DO PRZODU	M3	6	00:26:01	<b>01:02:42</b>	<b>01:02:42</b>	+00:10:37 (16.9%)	4:10	14.4 (83.2%)
24	<b>TOMCZYSKI Bartosz</b>	<b>182</b>		M3	7	00:25:58	<b>01:03:03</b>	<b>01:03:03</b>	+00:10:58 (17.4%)	4:12	14.3 (82.7%)
25	<b>WALKUSZ Marek</b>	<b>186</b>	BRZOZA BIEGA	M4	9	00:27:10	<b>01:03:05</b>	<b>01:03:05</b>	+00:11:00 (17.4%)	4:12	14.3 (82.7%)
26	<b>LEWICKI Artur</b>	<b>107</b>	ZĄŁOGA L.	M4	10	00:26:44	<b>01:03:23</b>	<b>01:03:23</b>	+00:11:18 (17.8%)	4:13	14.2 (82.1%)
27	<b>MATUŁA Ewelina</b>	<b>2</b>	NIGHT RUNNERS	K2	1	00:27:18	<b>01:03:55</b>	<b>01:03:55</b>	+00:11:50 (18.5%)	4:15	14.1 (81.5%)
28	<b>RUCIŃSKI Marcin</b>	<b>149</b>	TRIATHLON TEAM CIESIELSKI	M4	11	00:27:19	<b>01:04:17</b>	<b>01:04:17</b>	+00:12:12 (19.0%)	4:17	14 (80.9%)
29	<b>GRALIK Jędrzej</b>	<b>58</b>	BYDGOSKIE OKONIE	M2	6	00:27:12	<b>01:04:30</b>	<b>01:04:30</b>	+00:12:25 (19.3%)	4:18	14 (80.9%)
30	<b>STEFANIAK Dawid</b>	<b>161</b>	JW1515	M2	7	00:27:14	<b>01:05:11</b>	<b>01:05:11</b>	+00:13:06 (20.1%)	4:20	13.8 (79.8%)
31	<b>STYSIAK Grzegorz</b>	<b>166</b>		M4	12	00:27:18	<b>01:05:48</b>	<b>01:05:48</b>	+00:13:43 (20.8%)	4:23	13.7 (79.2%)
32	<b>GRALIK Kacper</b>	<b>59</b>	BYDGOSKIE OKONIE	M1	2	00:27:12	<b>01:05:50</b>	<b>01:05:50</b>	+00:13:45 (20.9%)	4:23	13.7 (79.2%)
33	<b>BAZELA Adrian</b>	<b>14</b>	BRZOZA BIEGA	M1	3	00:27:20	<b>01:05:56</b>	<b>01:05:56</b>	+00:13:51 (21.0%)	4:23	13.7 (79.2%)
34	<b>WIŚNIEWSKI Leszek</b>	<b>191</b>		M4	13	00:27:42	<b>01:05:59</b>	<b>01:05:59</b>	+00:13:54 (21.1%)	4:23	13.6 (78.6%)
35	<b>CZEPEK Aleksander</b>	<b>32</b>	BRZOZA BIEGA	M5	3	00:28:25	<b>01:06:05</b>	<b>01:06:05</b>	+00:14:00 (21.2%)	4:24	13.6 (78.6%)
36	<b>CZARNECKI Piotr</b>	<b>31</b>	BRZOZA BIEGA	M3	8	00:27:14	<b>01:06:35</b>	<b>01:06:35</b>	+00:14:30 (21.8%)	4:26	13.5 (78.0%)
37	<b>REPKA Oskar</b>	<b>144</b>	LUPUS TEAM	M1	4	00:29:13	<b>01:06:43</b>	<b>01:06:43</b>	+00:14:38 (21.9%)	4:26	13.5 (78.0%)
38	<b>MICHALIK Łukasz</b>	<b>118</b>	BRZOZA BIEGA	M3	9	00:28:00	<b>01:06:47</b>	<b>01:06:47</b>	+00:14:42 (22.0%)	4:27	13.5 (78.0%)
39	<b>ORCHOLSKI Witold</b>	<b>208</b>	TS OPATRUNKI	M4	14	00:28:49	<b>01:07:01</b>	<b>01:07:01</b>	+00:14:56 (22.3%)	4:28	13.4 (77.5%)
40	<b>ZIELONKA Michał</b>	<b>205</b>		M2	8	00:29:03	<b>01:07:02</b>	<b>01:07:02</b>	+00:14:57 (22.3%)	4:28	13.4 (77.5%)
41	<b>HERRMANN Grzegorz</b>	<b>66</b>		M1	5	00:29:18	<b>01:07:12</b>	<b>01:07:12</b>	+00:15:07 (22.5%)	4:28	13.4 (77.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.5km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
42	<b>KUPRACZ Andrzej</b>	<b>99</b>		M4	15	00:27:25	<b>01:07:15</b>	<b>01:07:15</b>	+00:15:10 (22.6%)	4:29	13.4 (77.5%)
43	<b>KOZICKA Aleksandra</b>	<b>256</b>	TEAMOCHAL	K2	2	00:28:50	<b>01:07:22</b>	<b>01:07:22</b>	+00:15:17 (22.7%)	4:29	13.4 (77.5%)
44	<b>MOTOCZYŃSKI Wojciech</b>	<b>221</b>	TKKF KOLEJARZ BYDGOSZCZ	M2	9	00:28:21	<b>01:08:04</b>	<b>01:08:04</b>	+00:15:59 (23.5%)	4:32	13.2 (76.3%)
45	<b>LUDOVIC Leprince</b>	<b>214</b>		M3	10	00:28:07	<b>01:08:18</b>	<b>01:08:18</b>	+00:16:13 (23.7%)	4:33	13.2 (76.3%)
46	<b>SZARMACH Stanisław</b>	<b>173</b>		M6	2	00:29:04	<b>01:08:21</b>	<b>01:08:21</b>	+00:16:16 (23.8%)	4:33	13.2 (76.3%)
47	<b>ŚPICA Leszek</b>	<b>179</b>		M4	16	00:29:32	<b>01:08:38</b>	<b>01:08:38</b>	+00:16:33 (24.1%)	4:34	13.1 (75.7%)
48	<b>WÓDKOWSKI Łukasz</b>	<b>199</b>		M3	11	00:29:34	<b>01:09:10</b>	<b>01:09:10</b>	+00:17:05 (24.7%)	4:36	13 (75.1%)
49	<b>KUBARSKI Julian</b>	<b>94</b>		M4	17	00:30:05	<b>01:09:20</b>	<b>01:09:20</b>	+00:17:15 (24.9%)	4:37	13 (75.1%)
50	<b>KUBIAK Paulina</b>	<b>95</b>	BRZOZA BIEGA	K2	3	00:28:52	<b>01:09:48</b>	<b>01:09:48</b>	+00:17:43 (25.4%)	4:39	12.9 (74.6%)
51	<b>GŁOWSKI Aleksander</b>	<b>53</b>	KOBYLARNIA	M4	18	00:29:34	<b>01:10:00</b>	<b>01:10:00</b>	+00:17:55 (25.6%)	4:40	12.9 (74.6%)
52	<b>RÓŻYCKI Sławomir</b>	<b>148</b>	TKKF KOLEJARZ BYDGOSZCZ	M5	4	00:30:11	<b>01:10:08</b>	<b>01:10:08</b>	+00:18:03 (25.7%)	4:40	12.8 (74.0%)
53	<b>BEJGIER Edmund</b>	<b>15</b>		M4	19	00:29:33	<b>01:10:29</b>	<b>01:10:29</b>	+00:18:24 (26.1%)	4:41	12.8 (74.0%)
54	<b>MEJGIER Paweł</b>	<b>117</b>	TKKF WODNIK WIĘCBORK	M4	20	00:30:35	<b>01:10:46</b>	<b>01:10:46</b>	+00:18:41 (26.4%)	4:43	12.7 (73.4%)
55	<b>JANIK Roman</b>	<b>70</b>	KWIDZYN BIEGA	M6	3	00:29:32	<b>01:10:50</b>	<b>01:10:50</b>	+00:18:45 (26.5%)	4:43	12.7 (73.4%)
56	<b>PAKULSKI Rafał</b>	<b>128</b>		M4	21	00:29:38	<b>01:10:59</b>	<b>01:10:59</b>	+00:18:54 (26.6%)	4:43	12.7 (73.4%)
57	<b>PRZYBYLSKA Katarzyna</b>	<b>243</b>	TKKF WODNIK WIĘCBORK	K4	1	00:30:18	<b>01:11:10</b>	<b>01:11:10</b>	+00:19:05 (26.8%)	4:44	12.6 (72.8%)
58	<b>LINDA Jan</b>	<b>109</b>	SBZZ ZŁOTÓW	M3	12	00:30:14	<b>01:11:30</b>	<b>01:11:30</b>	+00:19:25 (27.2%)	4:46	12.6 (72.8%)
59	<b>GAŁKOWSKI Krzysztof</b>	<b>47</b>	KTS SUPERMARATON KALISZ/KLUB RUGBY HUSARIA KALISZ	M3	13	00:30:51	<b>01:11:43</b>	<b>01:11:43</b>	+00:19:38 (27.4%)	4:46	12.5 (72.3%)
60	<b>PLICHT Tomasz</b>	<b>132</b>	ROWEROWCE	M1	6	00:29:41	<b>01:11:48</b>	<b>01:11:48</b>	+00:19:43 (27.5%)	4:47	12.5 (72.3%)
61	<b>WÓJCIK-DĄBROWSKA Marta</b>	<b>201</b>		K3	1	00:31:00	<b>01:11:51</b>	<b>01:11:51</b>	+00:19:46 (27.5%)	4:47	12.5 (72.3%)
62	<b>BADOWSKI Krzysztof</b>	<b>11</b>	STOWARZYSZENIE OCULUS	M5	5	00:29:42	<b>01:11:54</b>	<b>01:11:54</b>	+00:19:49 (27.6%)	4:47	12.5 (72.3%)
63	<b>KULKA Marek</b>	<b>98</b>		M5	6	00:30:26	<b>01:11:55</b>	<b>01:11:55</b>	+00:19:50 (27.6%)	4:47	12.5 (72.3%)
64	<b>KIECA Andrzej</b>	<b>79</b>	BRZOZA BIEGA	M4	22	00:30:19	<b>01:11:57</b>	<b>01:11:57</b>	+00:19:52 (27.6%)	4:47	12.5 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.5km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
65	<b>MAŁKIŃSKI Józef</b>	<b>113</b>	RWT W BYDGOSZCZY	M5	7	00:30:19	<b>01:12:02</b>	<b>01:12:02</b>	+00:19:57 (27.7%)	4:48	12.5 (72.3%)
66	<b>KOWALSKA Angelika</b>	<b>211</b>	BRZOZA BIEGA	K3	2	00:30:27	<b>01:12:05</b>	<b>01:12:05</b>	+00:20:00 (27.7%)	4:48	12.5 (72.3%)
67	<b>WIESE Grzegorz</b>	<b>189</b>	TKKF KOLEJARZ BYDGOSZCZ	M5	8	00:31:08	<b>01:12:08</b>	<b>01:12:08</b>	+00:20:03 (27.8%)	4:48	12.5 (72.3%)
68	<b>ŻYWICA Adam</b>	<b>213</b>	BRZOZA BIEGA	M3	14	00:30:50	<b>01:12:14</b>	<b>01:12:14</b>	+00:20:09 (27.9%)	4:48	12.5 (72.3%)
69	<b>STEFANKO Grzegorz</b>	<b>162</b>	BRZOZA BIEGA	M5	9	00:30:50	<b>01:12:15</b>	<b>01:12:15</b>	+00:20:10 (27.9%)	4:49	12.5 (72.3%)
69	<b>KUŹMIŃSKA Maryla</b>	<b>3</b>	BRZOZA BIEGA	K3	3	00:30:50	<b>01:12:15</b>	<b>01:12:15</b>	+00:20:10 (27.9%)	4:49	12.5 (72.3%)
71	<b>PIOTROWSKI Dariusz</b>	<b>131</b>		M4	23	00:30:30	<b>01:12:21</b>	<b>01:12:21</b>	+00:20:16 (28.0%)	4:49	12.4 (71.7%)
72	<b>KURS Jarosław</b>	<b>100</b>	TKKF KOLEJARZ BYDGOSZCZ	M4	24	00:30:12	<b>01:12:22</b>	<b>01:12:22</b>	+00:20:17 (28.0%)	4:49	12.4 (71.7%)
73	<b>ŁUKWIŃSKI Mariusz</b>	<b>253</b>		M3	15	00:30:41	<b>01:12:25</b>	<b>01:12:25</b>	+00:20:20 (28.1%)	4:49	12.4 (71.7%)
74	<b>SOBOCIŃSKI Grzegorz</b>	<b>218</b>		M3	16	00:31:06	<b>01:12:41</b>	<b>01:12:41</b>	+00:20:36 (28.3%)	4:50	12.4 (71.7%)
75	<b>CHOJECKI Dariusz</b>	<b>26</b>		M5	10	00:30:50	<b>01:12:45</b>	<b>01:12:45</b>	+00:20:40 (28.4%)	4:51	12.4 (71.7%)
76	<b>HOLICZKO Mirosław</b>	<b>68</b>	JW 1515 BYDGOSZCZ	M4	25	00:30:45	<b>01:12:48</b>	<b>01:12:48</b>	+00:20:43 (28.5%)	4:51	12.4 (71.7%)
77	<b>GRZEGORZEWSKI Rafał</b>	<b>63</b>	BRZOZA BIEGA	M4	26	00:31:13	<b>01:12:54</b>	<b>01:12:54</b>	+00:20:49 (28.6%)	4:51	12.3 (71.1%)
78	<b>RYCHTER Krystian</b>	<b>152</b>		M2	10	00:31:38	<b>01:13:24</b>	<b>01:13:24</b>	+00:21:19 (29.0%)	4:53	12.3 (71.1%)
79	<b>SŁODOWNIK Rafał</b>	<b>224</b>		M4	27	00:30:30	<b>01:13:31</b>	<b>01:13:31</b>	+00:21:26 (29.2%)	4:54	12.2 (70.5%)
80	<b>SAWICKI Michał</b>	<b>156</b>		M3	17	00:31:02	<b>01:13:33</b>	<b>01:13:33</b>	+00:21:28 (29.2%)	4:54	12.2 (70.5%)
81	<b>KONIECZKO Tomasz</b>	<b>254</b>		M4	28	00:30:47	<b>01:13:34</b>	<b>01:13:34</b>	+00:21:29 (29.2%)	4:54	12.2 (70.5%)
82	<b>HOŁOWNIA Wojciech</b>	<b>69</b>	TKKF KOLEJARZ BYDGOSZCZ	M5	11	00:30:44	<b>01:13:38</b>	<b>01:13:38</b>	+00:21:33 (29.3%)	4:54	12.2 (70.5%)
82	<b>BIAŁOUS Krzysztof</b>	<b>16</b>	BRAK	M5	12	00:30:51	<b>01:13:38</b>	<b>01:13:38</b>	+00:21:33 (29.3%)	4:54	12.2 (70.5%)
84	<b>STRABEL Bartek</b>	<b>165</b>		M2	11	00:30:52	<b>01:13:41</b>	<b>01:13:41</b>	+00:21:36 (29.3%)	4:54	12.2 (70.5%)
85	<b>JEDLIŃSKI Janusz</b>	<b>239</b>	BRZOZA BIEGA	M4	29	00:31:12	<b>01:13:46</b>	<b>01:13:46</b>	+00:21:41 (29.4%)	4:55	12.2 (70.5%)
86	<b>PRĄTNICKI Mariusz</b>	<b>133</b>	SNE JP2	M4	30	00:31:37	<b>01:14:17</b>	<b>01:14:17</b>	+00:22:12 (29.9%)	4:57	12.1 (69.9%)
87	<b>OSTROWSKI Piotr</b>	<b>126</b>	BIEGAJĄCY TCZEW	M4	31	00:30:32	<b>01:14:34</b>	<b>01:14:34</b>	+00:22:29 (30.2%)	4:58	12.1 (69.9%)
87	<b>MOSZYŃSKI Marek</b>	<b>231</b>	BIEGAJĄCY TCZEW	M5	13	00:30:32	<b>01:14:34</b>	<b>01:14:34</b>	+00:22:29 (30.2%)	4:58	12.1 (69.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.5km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
87	<b>SZARMACH Kacper</b>	<b>172</b>	BIEGAJ Z WSL	M2	12	00:32:46	<b>01:14:34</b>	<b>01:14:34</b>	+00:22:29 (30.2%)	4:58	12.1 (69.9%)
90	<b>POPIELA Maksymilian</b>	<b>222</b>	BS NAKŁO	M3	18	00:31:17	<b>01:14:39</b>	<b>01:14:39</b>	+00:22:34 (30.2%)	4:58	12.1 (69.9%)
91	<b>GRYCZKA Piotr</b>	<b>62</b>		M5	14	00:31:41	<b>01:14:53</b>	<b>01:14:53</b>	+00:22:48 (30.4%)	4:59	12 (69.4%)
92	<b>DĄBEK Barbara</b>	<b>35</b>		K2	4	00:31:33	<b>01:15:01</b>	<b>01:15:01</b>	+00:22:56 (30.6%)	5:00	12 (69.4%)
92	<b>UGOREK Mirosław</b>	<b>259</b>		M3	19	00:31:39	<b>01:15:01</b>	<b>01:15:01</b>	+00:22:56 (30.6%)	5:00	12 (69.4%)
94	<b>GORGOL Tomasz</b>	<b>56</b>	RUN BYDGOSZCZ	M3	20	00:31:40	<b>01:15:02</b>	<b>01:15:02</b>	+00:22:57 (30.6%)	5:00	12 (69.4%)
95	<b>KONOPIŃSKA Agnieszka</b>	<b>85</b>	RUN BYDGOSZCZ	K3	4	00:31:41	<b>01:15:03</b>	<b>01:15:03</b>	+00:22:58 (30.6%)	5:00	12 (69.4%)
96	<b>CEJKO Sławomir</b>	<b>245</b>	DRUŻYNA JEZUSA	M3	21	00:30:51	<b>01:15:05</b>	<b>01:15:05</b>	+00:23:00 (30.6%)	5:00	12 (69.4%)
97	<b>KUCZKO Daniel</b>	<b>229</b>	1 GRUPA POSZUKIWAWCZO- RATOWNICZA	M3	22	00:32:44	<b>01:15:17</b>	<b>01:15:17</b>	+00:23:12 (30.8%)	5:01	12 (69.4%)
98	<b>ROJTEK Mikołaj</b>	<b>146</b>	BKS BYDGOSZCZ	M2	13	00:32:16	<b>01:15:21</b>	<b>01:15:21</b>	+00:23:16 (30.9%)	5:01	11.9 (68.8%)
99	<b>KRÓL Rafał</b>	<b>89</b>	EBUD	M3	23	00:32:07	<b>01:15:26</b>	<b>01:15:26</b>	+00:23:21 (31.0%)	5:01	11.9 (68.8%)
99	<b>BOŻEK Mariusz</b>	<b>225</b>		M5	15	00:32:45	<b>01:15:26</b>	<b>01:15:26</b>	+00:23:21 (31.0%)	5:01	11.9 (68.8%)
101	<b>DAWIDOWICZ Maciej</b>	<b>34</b>	POGRANICZNIK.PL	M3	24	00:31:36	<b>01:15:33</b>	<b>01:15:33</b>	+00:23:28 (31.1%)	5:02	11.9 (68.8%)
102	<b>BRZYKCY Karolina</b>	<b>23</b>		K2	5	00:32:17	<b>01:15:35</b>	<b>01:15:35</b>	+00:23:30 (31.1%)	5:02	11.9 (68.8%)
103	<b>BRATEK Andrzej</b>	<b>20</b>	TKKF KOLEJARZ BYDGOSZCZ	M5	16	00:30:39	<b>01:15:41</b>	<b>01:15:41</b>	+00:23:36 (31.2%)	5:02	11.9 (68.8%)
104	<b>BRZOWSKI Marcin</b>	<b>21</b>	BRZOZA TRI TEAM	M2	14	00:32:50	<b>01:15:45</b>	<b>01:15:45</b>	+00:23:40 (31.2%)	5:03	11.9 (68.8%)
105	<b>KĘPIŃSKA Katarzyna</b>	<b>210</b>	BRZOZA BIEGA	K3	5	00:30:39	<b>01:15:51</b>	<b>01:15:51</b>	+00:23:46 (31.3%)	5:03	11.9 (68.8%)
106	<b>LEŚNIEWSKI Kazimierz</b>	<b>106</b>		M7+	1	00:32:52	<b>01:16:10</b>	<b>01:16:10</b>	+00:24:05 (31.6%)	5:04	11.8 (68.2%)
107	<b>MARCHLEWICZ Przemysław</b>	<b>115</b>		M2	15	00:31:45	<b>01:16:15</b>	<b>01:16:15</b>	+00:24:10 (31.7%)	5:05	11.8 (68.2%)
108	<b>SAWICKA Agnieszka</b>	<b>155</b>		K2	6	00:32:01	<b>01:16:17</b>	<b>01:16:17</b>	+00:24:12 (31.7%)	5:05	11.8 (68.2%)
108	<b>WÓDKOWSKI Marcin</b>	<b>250</b>		M1	7	00:32:48	<b>01:16:17</b>	<b>01:16:17</b>	+00:24:12 (31.7%)	5:05	11.8 (68.2%)
110	<b>WRZESIŃSKI Wojciech</b>	<b>230</b>		M4	32	00:33:31	<b>01:16:21</b>	<b>01:16:21</b>	+00:24:16 (31.8%)	5:05	11.8 (68.2%)
111	<b>PRZYBYLSKI Maciej</b>	<b>136</b>		M4	33	00:32:41	<b>01:16:24</b>	<b>01:16:24</b>	+00:24:19 (31.8%)	5:05	11.8 (68.2%)
111	<b>KALISZEWSKI Daniel</b>	<b>74</b>		M4	34	00:32:41	<b>01:16:24</b>	<b>01:16:24</b>	+00:24:19 (31.8%)	5:05	11.8 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.5km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
113	<b>NAPIERAŁA Leszek</b>	<b>123</b>		M4	35	00:32:03	<b>01:16:31</b>	<b>01:16:31</b>	+00:24:26 (31.9%)	5:06	11.8 (68.2%)
114	<b>KAMIŃSKI Paweł</b>	<b>76</b>		M4	36	00:32:19	<b>01:16:33</b>	<b>01:16:33</b>	+00:24:28 (32.0%)	5:06	11.8 (68.2%)
115	<b>LUZAK Mirosław</b>	<b>111</b>	MWIK BYDGOSZCZ	M5	17	00:31:51	<b>01:17:00</b>	<b>01:17:00</b>	+00:24:55 (32.4%)	5:08	11.7 (67.6%)
116	<b>LEWICKI Rafał</b>	<b>108</b>		M3	25	00:31:20	<b>01:17:02</b>	<b>01:17:02</b>	+00:24:57 (32.4%)	5:08	11.7 (67.6%)
117	<b>DACH Łukasz</b>	<b>33</b>		M3	26	00:33:23	<b>01:17:05</b>	<b>01:17:05</b>	+00:25:00 (32.4%)	5:08	11.7 (67.6%)
118	<b>OSIECKI Grzegorz</b>	<b>251</b>		M6	4	00:32:07	<b>01:17:07</b>	<b>01:17:07</b>	+00:25:02 (32.5%)	5:08	11.7 (67.6%)
119	<b>DERESZYŃSKI Piotr</b>	<b>38</b>	LUPUS TEAM	M4	37	00:33:31	<b>01:17:11</b>	<b>01:17:11</b>	+00:25:06 (32.5%)	5:08	11.7 (67.6%)
120	<b>KUTYŁA Krzysztof</b>	<b>101</b>	KRISKUTI TEAM	M4	38	00:31:59	<b>01:17:15</b>	<b>01:17:15</b>	+00:25:10 (32.6%)	5:09	11.7 (67.6%)
121	<b>SUCHOMSKA Beata</b>	<b>167</b>	OPENTAX24.PL	K3	6	00:31:53	<b>01:17:19</b>	<b>01:17:19</b>	+00:25:14 (32.6%)	5:09	11.6 (67.1%)
122	<b>KLAWCZYŃSKI Zbigniew</b>	<b>80</b>	KLUB HDK "LOGISTYCY" BYDGOSZCZ	M5	18	00:31:40	<b>01:17:31</b>	<b>01:17:31</b>	+00:25:26 (32.8%)	5:10	11.6 (67.1%)
123	<b>MIELCAREK Zdzisław</b>	<b>240</b>	BRZOZA BIEGA	M7+	2	00:32:18	<b>01:17:42</b>	<b>01:17:42</b>	+00:25:37 (33.0%)	5:10	11.6 (67.1%)
123	<b>KŁUSEWICZ Ryszard</b>	<b>84</b>	NIEZRZESZONY	M4	39	00:33:32	<b>01:17:42</b>	<b>01:17:42</b>	+00:25:37 (33.0%)	5:10	11.6 (67.1%)
125	<b>KARPIŃSKI Daniel</b>	<b>77</b>	KOBYLARNIA	M3	27	00:33:08	<b>01:17:46</b>	<b>01:17:46</b>	+00:25:41 (33.0%)	5:11	11.6 (67.1%)
126	<b>RYBAK Daniel</b>	<b>151</b>		M3	28	00:33:47	<b>01:17:49</b>	<b>01:17:49</b>	+00:25:44 (33.1%)	5:11	11.6 (67.1%)
126	<b>KLIMKIEWICZ Tomasz</b>	<b>232</b>	ŻANDARMI Z BYDGOSZCZY	M3	29	00:33:47	<b>01:17:49</b>	<b>01:17:49</b>	+00:25:44 (33.1%)	5:11	11.6 (67.1%)
128	<b>KAMINSKI Mariusz</b>	<b>75</b>		M4	40	00:32:24	<b>01:18:00</b>	<b>01:18:00</b>	+00:25:55 (33.2%)	5:12	11.5 (66.5%)
129	<b>GROCHOWSKI Jakub</b>	<b>60</b>		M2	16	00:32:49	<b>01:18:16</b>	<b>01:18:16</b>	+00:26:11 (33.5%)	5:13	11.5 (66.5%)
130	<b>POLANSKA Beata</b>	<b>238</b>	CIEPLOBUD	K4	2	00:33:36	<b>01:18:39</b>	<b>01:18:39</b>	+00:26:34 (33.8%)	5:14	11.4 (65.9%)
131	<b>FAC Daria</b>	<b>228</b>		K2	7	00:34:14	<b>01:18:48</b>	<b>01:18:48</b>	+00:26:43 (33.9%)	5:15	11.4 (65.9%)
132	<b>DĄBROWSKI Wiktor</b>	<b>36</b>		M2	17	00:34:19	<b>01:19:00</b>	<b>01:19:00</b>	+00:26:55 (34.1%)	5:16	11.4 (65.9%)
133	<b>GAWRYCH Andrzej</b>	<b>244</b>		M7+	3	00:33:53	<b>01:19:05</b>	<b>01:19:05</b>	+00:27:00 (34.1%)	5:16	11.4 (65.9%)
134	<b>TOCZKIEWICZ Piotr</b>	<b>181</b>		M3	30	00:32:54	<b>01:19:08</b>	<b>01:19:08</b>	+00:27:03 (34.2%)	5:16	11.4 (65.9%)
134	<b>KRÓLIKOWSKI Andrzej</b>	<b>88</b>	SBZZ ZŁOTÓW	M5	19	00:33:31	<b>01:19:08</b>	<b>01:19:08</b>	+00:27:03 (34.2%)	5:16	11.4 (65.9%)
136	<b>LENC Janusz</b>	<b>13</b>	TKKF KOLEJARZ BYDGOSZCZ	M6	5	00:34:19	<b>01:19:12</b>	<b>01:19:12</b>	+00:27:07 (34.2%)	5:16	11.4 (65.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.5km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
136	<b>PRUS Karolina</b>	<b>134</b>		K4	3	00:34:19	<b>01:19:12</b>	<b>01:19:12</b>	+00:27:07 (34.2%)	5:16	11.4 (65.9%)
138	<b>ZAGOŹDŹON Wioleta</b>	<b>203</b>	RUN BYDGOSZCZ	K3	7	00:33:51	<b>01:19:31</b>	<b>01:19:31</b>	+00:27:26 (34.5%)	5:18	11.3 (65.3%)
139	<b>GAPA Wiesław</b>	<b>48</b>	TKKF WODNIK WIĘCBORK	M4	41	00:32:57	<b>01:19:59</b>	<b>01:19:59</b>	+00:27:54 (34.9%)	5:19	11.3 (65.3%)
140	<b>REPKA Marek</b>	<b>143</b>	LUPUS TEAM	M4	42	00:32:47	<b>01:20:02</b>	<b>01:20:02</b>	+00:27:57 (34.9%)	5:20	11.2 (64.7%)
141	<b>SERKOWSKI Paweł</b>	<b>158</b>		M2	18	00:33:06	<b>01:20:05</b>	<b>01:20:05</b>	+00:28:00 (35.0%)	5:20	11.2 (64.7%)
142	<b>KOWALCZYK Tomasz</b>	<b>86</b>		M4	43	00:33:08	<b>01:20:09</b>	<b>01:20:09</b>	+00:28:04 (35.0%)	5:20	11.2 (64.7%)
143	<b>FARBICKA-ŻYWICA Paulina</b>	<b>212</b>	BRZOZA BIEGA	K3	8	00:34:14	<b>01:20:22</b>	<b>01:20:22</b>	+00:28:17 (35.2%)	5:21	11.2 (64.7%)
143	<b>WOJCIECHOWSKI Eugeniusz</b>	<b>196</b>	BRZOZA BIEGA	M5	20	00:34:14	<b>01:20:22</b>	<b>01:20:22</b>	+00:28:17 (35.2%)	5:21	11.2 (64.7%)
145	<b>RAKOWSKI Paweł</b>	<b>139</b>	ŻANDARMI Z BYDGOSZCZY	M3	31	00:34:42	<b>01:20:37</b>	<b>01:20:37</b>	+00:28:32 (35.4%)	5:22	11.2 (64.7%)
146	<b>SADOWSKI Rafał</b>	<b>153</b>		M3	32	00:35:18	<b>01:20:58</b>	<b>01:20:58</b>	+00:28:53 (35.7%)	5:23	11.1 (64.2%)
147	<b>BRZozowski Piotr</b>	<b>22</b>	BRZOZA TRI TEAM	M2	19	00:34:25	<b>01:21:05</b>	<b>01:21:05</b>	+00:29:00 (35.8%)	5:24	11.1 (64.2%)
147	<b>GAZARKIEWICZ Antoni</b>	<b>216</b>	BHMW GDYNIA	M6	6	00:34:48	<b>01:21:05</b>	<b>01:21:05</b>	+00:29:00 (35.8%)	5:24	11.1 (64.2%)
147	<b>KLINIEWSKI Piotr</b>	<b>82</b>	BRZOZA BIEGA	M4	44	00:35:07	<b>01:21:05</b>	<b>01:21:05</b>	+00:29:00 (35.8%)	5:24	11.1 (64.2%)
150	<b>HETEL Adam</b>	<b>67</b>	KLUB BIEGACZA RTV EURO AGD	M3	33	00:36:46	<b>01:21:13</b>	<b>01:21:13</b>	+00:29:08 (35.9%)	5:24	11.1 (64.2%)
151	<b>ROMEL Zbigniew</b>	<b>147</b>	NIEZRZESZONY	M6	7	00:34:05	<b>01:21:14</b>	<b>01:21:14</b>	+00:29:09 (35.9%)	5:24	11.1 (64.2%)
152	<b>MAZANY Marek</b>	<b>116</b>		M4	45	00:33:19	<b>01:21:24</b>	<b>01:21:24</b>	+00:29:19 (36.0%)	5:25	11.1 (64.2%)
153	<b>WIŚNIEWSKI Włodzimierz</b>	<b>192</b>		M5	21	00:33:13	<b>01:21:27</b>	<b>01:21:27</b>	+00:29:22 (36.1%)	5:25	11 (63.6%)
154	<b>MOTYLSKA Aleksa</b>	<b>233</b>	DRUŻYNA SZPIKU	K1	1	00:34:42	<b>01:21:35</b>	<b>01:21:35</b>	+00:29:30 (36.2%)	5:26	11 (63.6%)
155	<b>PRUS Marcin</b>	<b>135</b>		M3	34	00:35:48	<b>01:21:50</b>	<b>01:21:50</b>	+00:29:45 (36.4%)	5:27	11 (63.6%)
156	<b>PYDYN Andrzej</b>	<b>137</b>	SBZZ ZŁOTÓW	M5	22	00:34:18	<b>01:22:11</b>	<b>01:22:11</b>	+00:30:06 (36.6%)	5:28	11 (63.6%)
156	<b>PYDYN Regina</b>	<b>138</b>	SBZZ ZŁOTÓW	K5+	1	00:34:18	<b>01:22:11</b>	<b>01:22:11</b>	+00:30:06 (36.6%)	5:28	11 (63.6%)
158	<b>SUCHOMSKI Marek</b>	<b>168</b>	OPENTAX24.PL	M4	46	00:35:19	<b>01:22:12</b>	<b>01:22:12</b>	+00:30:07 (36.6%)	5:28	10.9 (63.0%)
159	<b>ZWIERSKI Jacek</b>	<b>207</b>	NIEZRZESZONY	M3	35	00:33:23	<b>01:22:20</b>	<b>01:22:20</b>	+00:30:15 (36.7%)	5:29	10.9 (63.0%)
160	<b>DORSZ Beata</b>	<b>39</b>		K4	4	00:34:12	<b>01:22:28</b>	<b>01:22:28</b>	+00:30:23 (36.8%)	5:29	10.9 (63.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.5km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
161	<b>WÓDKOWSKI Zbigniew</b>	<b>200</b>		M6	8	00:34:05	<b>01:23:20</b>	<b>01:23:20</b>	+00:31:15 (37.5%)	5:33	10.8 (62.4%)
162	<b>KOZŁOWSKI Stanisław</b>	<b>242</b>	BRZOZA BIEGA	M6	9	00:34:17	<b>01:23:40</b>	<b>01:23:40</b>	+00:31:35 (37.7%)	5:34	10.8 (62.4%)
163	<b>MAŃCZAK Ilona</b>	<b>114</b>	PROC RUNNERS TEAM	K2	8	00:35:00	<b>01:24:21</b>	<b>01:24:21</b>	+00:32:16 (38.3%)	5:37	10.7 (61.8%)
164	<b>GRYLEWICZ Tomasz</b>	<b>249</b>		M3	36	00:35:28	<b>01:24:27</b>	<b>01:24:27</b>	+00:32:22 (38.3%)	5:37	10.7 (61.8%)
165	<b>GAJZLER Jerzy</b>	<b>46</b>	BARTODZIEJE	M6	10	00:34:44	<b>01:24:46</b>	<b>01:24:46</b>	+00:32:41 (38.6%)	5:39	10.6 (61.3%)
166	<b>GRYCZKA Andrzej</b>	<b>61</b>		M5	23	00:34:03	<b>01:24:48</b>	<b>01:24:48</b>	+00:32:43 (38.6%)	5:39	10.6 (61.3%)
167	<b>KLIMEK Przemysław</b>	<b>81</b>		M2	20	00:35:21	<b>01:24:49</b>	<b>01:24:49</b>	+00:32:44 (38.6%)	5:39	10.6 (61.3%)
168	<b>WOJTYSIAK Szymon</b>	<b>197</b>	BYDGOSKIE OKONIE	M2	21	00:35:20	<b>01:25:07</b>	<b>01:25:07</b>	+00:33:02 (38.8%)	5:40	10.6 (61.3%)
169	<b>SCIGOCKI Waldemar</b>	<b>157</b>		M4	47	00:35:10	<b>01:25:09</b>	<b>01:25:09</b>	+00:33:04 (38.8%)	5:40	10.6 (61.3%)
170	<b>DUDEK Joanna</b>	<b>236</b>	RUN BYDGOSZCZ	K3	9	00:34:58	<b>01:25:12</b>	<b>01:25:12</b>	+00:33:07 (38.9%)	5:40	10.6 (61.3%)
170	<b>BORYSKIN Andrzej</b>	<b>241</b>	BRZOZA BIEGA	M6	11	00:36:31	<b>01:25:12</b>	<b>01:25:12</b>	+00:33:07 (38.9%)	5:40	10.6 (61.3%)
172	<b>MIROWSKI Mariusz</b>	<b>120</b>		M4	48	00:36:31	<b>01:25:31</b>	<b>01:25:31</b>	+00:33:26 (39.1%)	5:42	10.5 (60.7%)
173	<b>RAKOWSKI Piotr</b>	<b>140</b>	STOWARZYSZENIE ŻANDARMERII WOJSKOWEJ "ŻANDARM" KOŁO REGIONALNE W BYDGOSZCZY	M6	12	00:34:51	<b>01:26:10</b>	<b>01:26:10</b>	+00:34:05 (39.6%)	5:44	10.4 (60.1%)
174	<b>REPKA Anna</b>	<b>142</b>	LUPUS TEAM	K4	5	00:37:37	<b>01:26:15</b>	<b>01:26:15</b>	+00:34:10 (39.6%)	5:45	10.4 (60.1%)
175	<b>FAC Dorota</b>	<b>227</b>		K3	10	00:35:23	<b>01:26:27</b>	<b>01:26:27</b>	+00:34:22 (39.8%)	5:45	10.4 (60.1%)
176	<b>GLASNER Rafał</b>	<b>52</b>	WEEKENDOWY BIEGACZ	M3	37	00:35:05	<b>01:26:31</b>	<b>01:26:31</b>	+00:34:26 (39.8%)	5:46	10.4 (60.1%)
176	<b>KALINOWSKI Wojciech</b>	<b>235</b>		M5	24	00:37:26	<b>01:26:31</b>	<b>01:26:31</b>	+00:34:26 (39.8%)	5:46	10.4 (60.1%)
178	<b>NOWAK Wiesław</b>	<b>124</b>	SZCZECIN	M6	13	00:36:46	<b>01:27:07</b>	<b>01:27:07</b>	+00:35:02 (40.2%)	5:48	10.3 (59.5%)
179	<b>GÓRSKA Danuta</b>	<b>57</b>	-	K4	6	00:36:19	<b>01:27:08</b>	<b>01:27:08</b>	+00:35:03 (40.2%)	5:48	10.3 (59.5%)
180	<b>STRABEL Piotr</b>	<b>163</b>	HARPAGAN KUYAVIA	M6	14	00:38:00	<b>01:27:59</b>	<b>01:27:59</b>	+00:35:54 (40.8%)	5:51	10.2 (59.0%)
181	<b>ŚPICA Dorota</b>	<b>178</b>		K4	7	00:37:00	<b>01:28:06</b>	<b>01:28:06</b>	+00:36:01 (40.9%)	5:52	10.2 (59.0%)
182	<b>LEWICKA Marta</b>	<b>255</b>		K4	8	00:37:00	<b>01:28:10</b>	<b>01:28:10</b>	+00:36:05 (40.9%)	5:52	10.2 (59.0%)
183	<b>REMUS Sandra</b>	<b>141</b>		K1	2	00:36:31	<b>01:28:22</b>	<b>01:28:22</b>	+00:36:17 (41.1%)	5:53	10.2 (59.0%)
184	<b>BANASZAK Monika</b>	<b>12</b>		K3	11	00:37:46	<b>01:28:24</b>	<b>01:28:24</b>	+00:36:19 (41.1%)	5:53	10.2 (59.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.5km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
185	<b>BOJAKOWSKA Małgorzata</b>	<b>19</b>		K4	9	00:37:53	<b>01:28:27</b>	<b>01:28:27</b>	+00:36:22 (41.1%)	5:53	10.2 (59.0%)
186	<b>GADZINOWSKI Ignacy</b>	<b>45</b>		M6	15	00:36:39	<b>01:28:28</b>	<b>01:28:28</b>	+00:36:23 (41.1%)	5:53	10.2 (59.0%)
186	<b>WODEJKO Artur</b>	<b>195</b>	TURBOBOY	M3	38	00:37:51	<b>01:28:28</b>	<b>01:28:28</b>	+00:36:23 (41.1%)	5:53	10.2 (59.0%)
186	<b>KUBIAK Rafał</b>	<b>248</b>		M4	49	00:37:53	<b>01:28:28</b>	<b>01:28:28</b>	+00:36:23 (41.1%)	5:53	10.2 (59.0%)
189	<b>JURCZYK Anna</b>	<b>71</b>	RUN BYDGOSZCZ	K4	10	00:38:27	<b>01:29:07</b>	<b>01:29:07</b>	+00:37:02 (41.6%)	5:56	10.1 (58.4%)
189	<b>JURCZYK Artur</b>	<b>72</b>	RUN BYDGOSZCZ	M4	50	00:38:28	<b>01:29:07</b>	<b>01:29:07</b>	+00:37:02 (41.6%)	5:56	10.1 (58.4%)
191	<b>SZWARC Paweł</b>	<b>176</b>	RUN BYDGOSZCZ	M3	39	00:37:32	<b>01:29:36</b>	<b>01:29:36</b>	+00:37:31 (41.9%)	5:58	10 (57.8%)
192	<b>ZAKRZEWSKA Agnieszka</b>	<b>204</b>		K2	9	00:38:05	<b>01:29:47</b>	<b>01:29:47</b>	+00:37:42 (42.0%)	5:59	10 (57.8%)
192	<b>RODA Sławomir</b>	<b>145</b>		M2	22	00:38:05	<b>01:29:47</b>	<b>01:29:47</b>	+00:37:42 (42.0%)	5:59	10 (57.8%)
194	<b>PERESIAK Anna`</b>	<b>129</b>	BBL	K5+	2	00:38:09	<b>01:30:29</b>	<b>01:30:29</b>	+00:38:24 (42.4%)	6:01	9.9 (57.2%)
195	<b>KOZŁOWSKI Mirek</b>	<b>87</b>		M5	25	00:37:19	<b>01:30:33</b>	<b>01:30:33</b>	+00:38:28 (42.5%)	6:02	9.9 (57.2%)
196	<b>ŚMIGAJ Mirosław</b>	<b>177</b>		M6	16	00:38:55	<b>01:30:43</b>	<b>01:30:43</b>	+00:38:38 (42.6%)	6:02	9.9 (57.2%)
197	<b>KWARCZEWSKI Mirosław</b>	<b>102</b>		M3	40	00:35:56	<b>01:31:42</b>	<b>01:31:42</b>	+00:39:37 (43.2%)	6:06	9.8 (56.6%)
198	<b>MICHTA Iwona</b>	<b>119</b>		K3	12	00:38:05	<b>01:32:29</b>	<b>01:32:29</b>	+00:40:24 (43.7%)	6:09	9.7 (56.1%)
199	<b>DOMAŃSKI Jacek Expedyt</b>	<b>260</b>	WKB META W LUBLINIE	M7+	4	00:39:01	<b>01:32:50</b>	<b>01:32:50</b>	+00:40:45 (43.9%)	6:11	9.7 (56.1%)
200	<b>GACKA Anna</b>	<b>43</b>	LUPUS TEAM	K3	13	00:38:41	<b>01:34:11</b>	<b>01:34:11</b>	+00:42:06 (44.7%)	6:16	9.6 (55.5%)
200	<b>GACKA Rafał</b>	<b>44</b>	LUPUS TEAM	M3	41	00:38:41	<b>01:34:11</b>	<b>01:34:11</b>	+00:42:06 (44.7%)	6:16	9.6 (55.5%)
202	<b>RATAJ Maciej</b>	<b>217</b>		M4	51	00:40:05	<b>01:35:21</b>	<b>01:35:21</b>	+00:43:16 (45.4%)	6:21	9.4 (54.3%)
203	<b>SYNAKIEWICZ Marcin</b>	<b>171</b>		M3	42	00:38:12	<b>01:35:49</b>	<b>01:35:49</b>	+00:43:44 (45.6%)	6:23	9.4 (54.3%)
204	<b>KUCHARSKI Marek</b>	<b>96</b>		M6	17	00:41:29	<b>01:36:19</b>	<b>01:36:19</b>	+00:44:14 (45.9%)	6:25	9.3 (53.8%)
205	<b>SUŁKOWSKI Mariusz</b>	<b>169</b>	KS BRZOZA	M3	43	00:40:08	<b>01:37:00</b>	<b>01:37:00</b>	+00:44:55 (46.3%)	6:28	9.3 (53.8%)
206	<b>GARDYZA Lidia</b>	<b>51</b>	NAKIELSKI KB	K4	11	00:41:29	<b>01:40:03</b>	<b>01:40:03</b>	+00:47:58 (47.9%)	6:40	9 (52.0%)
206	<b>GARDYZA Jacek</b>	<b>50</b>	IPA BYDGOSZCZ/NAKIELSKI KB	M4	52	00:41:30	<b>01:40:03</b>	<b>01:40:03</b>	+00:47:58 (47.9%)	6:40	9 (52.0%)
208	<b>BOGACZ Michał</b>	<b>18</b>		M2	23	00:43:49	<b>01:40:05</b>	<b>01:40:05</b>	+00:48:00 (48.0%)	6:40	9 (52.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.5km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
209	<b>GORGOL Renata</b>	<b>55</b>	RUN BYDGOSZCZ	K3	14	00:42:10	<b>01:40:44</b>	<b>01:40:44</b>	+00:48:39 (48.3%)	6:42	8.9 (51.4%)
210	<b>GRABOWSKA Lucyna</b>	<b>237</b>	BRZOZA BIEGA	K4	12	00:41:34	<b>01:41:44</b>	<b>01:41:44</b>	+00:49:39 (48.8%)	6:46	8.8 (50.9%)
211	<b>WIERZBICKA Anna</b>	<b>215</b>		K3	15	00:39:44	<b>01:42:06</b>	<b>01:42:06</b>	+00:50:01 (49.0%)	6:48	8.8 (50.9%)
212	<b>PACZKOWSKA Ewa</b>	<b>127</b>		K4	13	00:45:11	<b>01:46:24</b>	<b>01:46:24</b>	+00:54:19 (51.0%)	7:05	8.5 (49.1%)
213	<b>ANGIEL Władysław</b>	<b>252</b>	TKKF KOLEJARZ BYDGOSZCZ	M7+	5	00:45:14	<b>01:47:27</b>	<b>01:47:27</b>	+00:55:22 (51.5%)	7:09	8.4 (48.6%)
214	<b>WIŚNIEWSKA Elżbieta</b>	<b>220</b>	BRZOZA BIEGA	K4	14	00:45:40	<b>01:48:22</b>	<b>01:48:22</b>	+00:56:17 (51.9%)	7:13	8.3 (48.0%)
215	<b>SWJATECKI Jerzy</b>	<b>170</b>	SZCZECIN	M7+	6	00:40:57	<b>01:49:06</b>	<b>01:49:06</b>	+00:57:01 (52.3%)	7:16	8.2 (47.4%)
216	<b>STRABEL Marek</b>	<b>164</b>		M5	26	00:42:42	<b>01:49:55</b>	<b>01:49:55</b>	+00:57:50 (52.6%)	7:19	8.2 (47.4%)
217	<b>CHWIAŁKOWSKI Wiesław</b>	<b>28</b>		M5	27	00:46:07	<b>01:50:17</b>	<b>01:50:17</b>	+00:58:12 (52.8%)	7:21	8.2 (47.4%)
217	<b>CHWIAŁKOWSKA Ewa</b>	<b>27</b>		K5+	3	00:46:08	<b>01:50:17</b>	<b>01:50:17</b>	+00:58:12 (52.8%)	7:21	8.2 (47.4%)

Znaleziono 218 wynik(ów)