

III BIEG PAPIESKI - NORDIC WALKING 8KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Organizator: Rowerowa Brzoza
Data: 2015-05-01
Miejsce: Brzoza
Dystans: 8 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 8km | Czas brutto 8km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|------------|--|-----------|------|-----------------|-----------------|-------------------|--------------|-------------|
| 1 | WEŁNICKI Waldemar | 421 | GOSIR OSIELSKO | M4 | 1 | 00:57:52 | 00:57:55 | | 7:14 | 8.3 (100%) |
| 2 | KRYCH Włodzimierz | 382 | GOSIR OSIELSKO | M5 | 1 | 00:57:54 | 00:57:56 | +00:00:01 (0.0%) | 7:14 | 8.3 (100%) |
| 3 | NIEWOLSKI Marcin | 475 | | M3 | 1 | 00:59:26 | 00:59:30 | +00:01:35 (2.7%) | 7:25 | 8.1 (97.6%) |
| 4 | STAWNIAK Karol | 411 | UTW ŻNIN | M6 | 1 | 00:59:58 | 01:00:01 | +00:02:06 (3.5%) | 7:29 | 8 (96.4%) |
| 4 | ZUPA Wojciech | 428 | BRZOZA BIEGA | M5 | 2 | 00:59:57 | 01:00:01 | +00:02:06 (3.5%) | 7:29 | 8 (96.4%) |
| 6 | KOMAJDA Jarosław | 377 | GOSIR OSIELSKO | M5 | 3 | 01:00:03 | 01:00:06 | +00:02:11 (3.6%) | 7:30 | 8 (96.4%) |
| 7 | SZYMAŃSKI Zbigniew | 415 | | M5 | 4 | 01:00:02 | 01:00:07 | +00:02:12 (3.7%) | 7:30 | 8 (96.4%) |
| 8 | KRZYŻANOWSKI Robert | 384 | GOSIR OSIELSKO | M4 | 2 | 01:01:09 | 01:01:14 | +00:03:19 (5.4%) | 7:38 | 7.8 (94.0%) |
| 9 | MOTOCZYŃSKI Krzysztof | 396 | | M6 | 2 | 01:01:49 | 01:01:53 | +00:03:58 (6.4%) | 7:43 | 7.8 (94.0%) |
| 10 | WIĘCEK Kamil | 433 | KLUB ZDROWEGO STYLU ŻYCIA | M2 | 1 | 01:02:26 | 01:02:29 | +00:04:34 (7.3%) | 7:48 | 7.7 (92.8%) |
| 11 | KRZYŻANOWSKI Wojciech | 385 | AZS UMK COLLEGIUM MEDICUM W BYDGOSZCZY | M4 | 3 | 01:03:02 | 01:03:06 | +00:05:11 (8.2%) | 7:52 | 7.6 (91.6%) |
| 12 | KOPEĆ Dorota | 378 | | K2 | 1 | 01:03:48 | 01:03:50 | +00:05:55 (9.3%) | 7:58 | 7.5 (90.4%) |
| 13 | KUTRZUBA Joanna | 390 | | K2 | 2 | 01:03:49 | 01:03:51 | +00:05:56 (9.3%) | 7:58 | 7.5 (90.4%) |
| 14 | SUCHOMSKI Arkadiusz | 436 | KLUB ZDROWEGO STYLU ŻYCIA | M2 | 2 | 01:03:59 | 01:04:02 | +00:06:07 (9.6%) | 7:59 | 7.5 (90.4%) |
| 15 | BŁĘDOWSKA Agata | 354 | KCZR | K4 | 1 | 01:04:34 | 01:04:40 | +00:06:45 (10.4%) | 8:04 | 7.4 (89.2%) |
| 16 | MILACHOWSKI Sebastian | 394 | | M3 | 2 | 01:04:44 | 01:04:47 | +00:06:52 (10.6%) | 8:05 | 7.4 (89.2%) |
| 17 | WIERZCHOSŁAWSKI Mateusz | 423 | | M2 | 3 | 01:04:58 | 01:05:00 | +00:07:05 (10.9%) | 8:07 | 7.4 (89.2%) |
| 18 | APPEL Jerzy | 353 | BRZOZA BIEGA | M6 | 3 | 01:04:57 | 01:05:04 | +00:07:09 (11.0%) | 8:07 | 7.4 (89.2%) |
| 19 | POLAŃSKI Jan | 402 | CIEPŁOBUD | M7+ | 1 | 01:05:50 | 01:06:07 | +00:08:12 (12.4%) | 8:13 | 7.3 (88.0%) |
| 20 | JEZIORSKA Iwona | 372 | | K5+ | 1 | 01:06:16 | 01:06:22 | +00:08:27 (12.7%) | 8:17 | 7.2 (86.7%) |
| 21 | RESZKOWSKI Marek | 406 | | M5 | 5 | 01:06:53 | 01:06:59 | +00:09:04 (13.5%) | 8:21 | 7.2 (86.7%) |
| 22 | CHOROSZYŃSKA Agnieszka | 358 | | K2 | 3 | 01:07:11 | 01:07:13 | +00:09:18 (13.8%) | 8:23 | 7.1 (85.5%) |
| 23 | OLSZEWSKA Bożena | 434 | | K3 | 1 | 01:07:15 | 01:07:15 | +00:09:20 (13.9%) | 8:24 | 7.1 (85.5%) |
| 24 | WALCZAK Maria | 418 | | K3 | 2 | 01:07:11 | 01:07:16 | +00:09:21 (13.9%) | 8:23 | 7.1 (85.5%) |
| 25 | BUCZKOWSKI Jerzy | 430 | | M6 | 4 | 01:08:00 | 01:08:00 | +00:10:05 (14.8%) | 8:30 | 7.1 (85.5%) |
| 26 | WEŁNICKA Lidia | 420 | GOSIR OSIELSKO | K4 | 2 | 01:08:49 | 01:08:54 | +00:10:59 (15.9%) | 8:36 | 7 (84.3%) |
| 27 | SADURSKI Stanisław | 408 | | M5 | 6 | 01:09:23 | 01:09:27 | +00:11:32 (16.6%) | 8:40 | 6.9 (83.1%) |
| 28 | WARDĘCKA-HOŁTYN Justyna | 419 | | K2 | 4 | 01:09:51 | 01:09:56 | +00:12:01 (17.2%) | 8:43 | 6.9 (83.1%) |
| 28 | KWIATKOWSKA Elżbieta | 438 | | K4 | 3 | 01:09:47 | 01:09:56 | +00:12:01 (17.2%) | 8:43 | 6.9 (83.1%) |
| 30 | SIEKIERKA Monika | 409 | | K3 | 3 | 01:10:08 | 01:10:13 | +00:12:18 (17.5%) | 8:46 | 6.8 (81.9%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 8km | Czas brutto 8km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------------|------------|--|-----------|------|-----------------|-----------------|-------------------|--------------|-------------|
| 31 | NOWIŃSKA Jolanta | 398 | | K3 | 4 | 01:10:18 | 01:10:26 | +00:12:31 (17.8%) | 8:47 | 6.8 (81.9%) |
| 32 | WESOŁOWSKA Ewa | 422 | | K4 | 4 | 01:10:30 | 01:10:38 | +00:12:43 (18.0%) | 8:48 | 6.8 (81.9%) |
| 33 | NOWIŃSKI Jarosław | 399 | | M3 | 3 | 01:10:33 | 01:10:40 | +00:12:45 (18.0%) | 8:49 | 6.8 (81.9%) |
| 34 | DUCHIŃSKA Małgorzata | 362 | BRZOZA BIEGA | K4 | 5 | 01:10:54 | 01:10:59 | +00:13:04 (18.4%) | 8:51 | 6.8 (81.9%) |
| 35 | JURKOWSKA Ewa | 374 | KLUB SENIORA BRZOZA | K5+ | 2 | 01:10:59 | 01:11:02 | +00:13:07 (18.5%) | 8:52 | 6.8 (81.9%) |
| 36 | NOWACKI Krzysztof | 477 | | M5 | 7 | 01:12:38 | 01:12:41 | +00:14:46 (20.3%) | 9:04 | 6.6 (79.5%) |
| 37 | SIEKIERKA Sylwia | 443 | | K3 | 5 | 01:12:43 | 01:12:47 | +00:14:52 (20.4%) | 9:05 | 6.6 (79.5%) |
| 38 | SZOT Krystyna | 414 | | K5+ | 3 | 01:12:48 | 01:12:53 | +00:14:58 (20.5%) | 9:06 | 6.6 (79.5%) |
| 39 | WIERZBOWSKI Jerzy | 435 | NIEZRZESZONY | M6 | 5 | 01:12:51 | 01:13:01 | +00:15:06 (20.7%) | 9:06 | 6.6 (79.5%) |
| 40 | STAWNIAK Wanda | 412 | UTW ŻNIN | K5+ | 4 | 01:13:18 | 01:13:24 | +00:15:29 (21.1%) | 9:09 | 6.5 (78.3%) |
| 41 | FLORCZAK Monika | 364 | | K3 | 6 | 01:13:20 | 01:13:29 | +00:15:34 (21.2%) | 9:10 | 6.5 (78.3%) |
| 42 | MIGAJ Brygida | 416 | | K4 | 6 | 01:13:21 | 01:13:31 | +00:15:36 (21.2%) | 9:10 | 6.5 (78.3%) |
| 42 | PIWKOWSKA Karolina | 468 | ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY | K Open | 1 | 01:13:16 | 01:13:31 | +00:15:36 (21.2%) | 9:09 | 6.6 (79.5%) |
| 42 | JACKOWSKA Weronika | 473 | ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY | K Open | 2 | 01:13:16 | 01:13:31 | +00:15:36 (21.2%) | 9:09 | 6.6 (79.5%) |
| 45 | WOLENTARSKA Alicja | 460 | ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY | K4 | 7 | 01:13:21 | 01:13:35 | +00:15:40 (21.3%) | 9:10 | 6.5 (78.3%) |
| 46 | PULKOWSKA Natalia | 404 | | K3 | 7 | 01:13:28 | 01:13:38 | +00:15:43 (21.3%) | 9:11 | 6.5 (78.3%) |
| 47 | SMARUJ - SADOWSKA Janina | 410 | | K5+ | 5 | 01:13:26 | 01:13:40 | +00:15:45 (21.4%) | 9:10 | 6.5 (78.3%) |
| 48 | KUBICKA Renata | 386 | | K4 | 8 | 01:13:37 | 01:13:44 | +00:15:49 (21.5%) | 9:12 | 6.5 (78.3%) |
| 49 | KOWALSKA-BARTNIK Agnieszka | 380 | | K3 | 8 | 01:14:02 | 01:14:09 | +00:16:14 (21.9%) | 9:15 | 6.5 (78.3%) |
| 50 | BOROWIAK Justyna | 465 | | K3 | 9 | 01:14:20 | 01:14:28 | +00:16:33 (22.2%) | 9:17 | 6.5 (78.3%) |
| 50 | WIŚNIEWSKA Ewa | 424 | | K4 | 9 | 01:14:20 | 01:14:28 | +00:16:33 (22.2%) | 9:17 | 6.5 (78.3%) |
| 50 | ROŹNIAKOWSKA Marlena | 442 | | K3 | 10 | 01:14:19 | 01:14:28 | +00:16:33 (22.2%) | 9:17 | 6.5 (78.3%) |
| 53 | BONIECKA Ewa | 355 | | K5+ | 6 | 01:14:21 | 01:14:29 | +00:16:34 (22.2%) | 9:17 | 6.5 (78.3%) |
| 54 | SOBOLEWSKA Karolina | 441 | | K2 | 5 | 01:14:33 | 01:14:48 | +00:16:53 (22.6%) | 9:19 | 6.4 (77.1%) |
| 55 | JURKOWSKI Józef | 431 | KLUB SENIORA BRZOZA | M6 | 6 | 01:14:57 | 01:14:59 | +00:17:04 (22.8%) | 9:22 | 6.4 (77.1%) |
| 56 | WOLNA Monika | 440 | BRZOZA BIEGA | K5+ | 7 | 01:15:08 | 01:15:14 | +00:17:19 (23.0%) | 9:23 | 6.4 (77.1%) |
| 57 | LEWICKA Agnieszka | 392 | ZĄŁOGA L. | K4 | 10 | 01:15:26 | 01:15:31 | +00:17:36 (23.3%) | 9:25 | 6.4 (77.1%) |
| 58 | KORCZAK Grażyna | 432 | KLUB SENIORA BRZOZA | K5+ | 8 | 01:15:37 | 01:15:41 | +00:17:46 (23.5%) | 9:27 | 6.3 (75.9%) |
| 59 | WRYCZKA Barbara | 476 | | K5+ | 9 | 01:16:22 | 01:16:25 | +00:18:30 (24.2%) | 9:32 | 6.3 (75.9%) |
| 60 | KUPER Mariusz | 389 | | M3 | 4 | 01:16:38 | 01:16:44 | +00:18:49 (24.5%) | 9:34 | 6.3 (75.9%) |
| 60 | KUPER Justyna | 388 | | K3 | 11 | 01:16:36 | 01:16:44 | +00:18:49 (24.5%) | 9:34 | 6.3 (75.9%) |
| 62 | RESZKOWSKA Grażyna | 405 | | K5+ | 10 | 01:16:37 | 01:16:45 | +00:18:50 (24.5%) | 9:34 | 6.3 (75.9%) |
| 63 | CZŁAPIŃSKI Mariusz | 359 | | M3 | 5 | 01:16:52 | 01:17:02 | +00:19:07 (24.8%) | 9:36 | 6.2 (74.7%) |
| 64 | ADAMCZAK Damian | 351 | | M3 | 6 | 01:17:12 | 01:17:24 | +00:19:29 (25.2%) | 9:39 | 6.2 (74.7%) |
| 65 | ŁUDZIŃSKA Małgorzata | 429 | NIEZRZESZONA | K5+ | 11 | 01:19:08 | 01:19:12 | +00:21:17 (26.9%) | 9:53 | 6.1 (73.5%) |
| 66 | MOTOCZYŃSKA Aleksandra | 395 | | K5+ | 12 | 01:19:24 | 01:19:27 | +00:21:32 (27.1%) | 9:55 | 6 (72.3%) |
| 67 | CHMARZYŃSKA Danuta | 357 | | K5+ | 13 | 01:19:24 | 01:19:28 | +00:21:33 (27.1%) | 9:55 | 6 (72.3%) |
| 68 | GRYGIEL Oliwia | 469 | ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY | K Open | 3 | 01:19:27 | 01:19:39 | +00:21:44 (27.3%) | 9:55 | 6 (72.3%) |
| 69 | DOPIERAŁA Ewa | 361 | | K4 | 11 | 01:20:12 | 01:20:16 | +00:22:21 (27.8%) | 10:01 | 6 (72.3%) |
| 70 | KALISZEWSKA Małgorzata | 375 | | K3 | 12 | 01:20:09 | 01:20:17 | +00:22:22 (27.9%) | 10:01 | 6 (72.3%) |
| 71 | WIŚNIEWSKA Halina | 425 | KLUB SENIORA BRZOZA | K5+ | 14 | 01:20:44 | 01:20:51 | +00:22:56 (28.4%) | 10:05 | 5.9 (71.1%) |
| 72 | JAŃCZAK Angelika | 467 | ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY | K Open | 4 | 01:21:02 | 01:21:19 | +00:23:24 (28.8%) | 10:07 | 5.9 (71.1%) |
| 73 | JOPPEK Katarzyna | 470 | ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY | K Open | 5 | 01:21:08 | 01:21:20 | +00:23:25 (28.8%) | 10:08 | 5.9 (71.1%) |
| 74 | KOWALSKA Aleksandra | 381 | | K3 | 13 | 01:21:41 | 01:21:50 | +00:23:55 (29.2%) | 10:12 | 5.9 (71.1%) |

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|-----|-----------------------------------|------------|--|-----------|------|-----------------|-----------------|-------------------|--------------|-------------|
| 75 | JAROSZEWSKI Jan | 371 | | M Open | 1 | 01:21:41 | 01:21:52 | +00:23:57 (29.3%) | 10:12 | 5.9 (71.1%) |
| 76 | JAROSZEWSKA Anna | 370 | | K3 | 14 | 01:21:46 | 01:21:56 | +00:24:01 (29.3%) | 10:13 | 5.9 (71.1%) |
| 77 | STREL CZUK Katarzyna | 413 | | K5+ | 15 | 01:22:16 | 01:22:26 | +00:24:31 (29.7%) | 10:17 | 5.8 (69.9%) |
| 77 | DOMAN Aniela | 360 | UKS SZABLA BRZOZA | K5+ | 16 | 01:22:16 | 01:22:26 | +00:24:31 (29.7%) | 10:17 | 5.8 (69.9%) |
| 79 | ROSIŃSKA Anna | 437 | | K4 | 12 | 01:22:27 | 01:22:38 | +00:24:43 (29.9%) | 10:18 | 5.8 (69.9%) |
| 80 | HEBENSTREIT-KOWALCZYK Anna | 368 | | K4 | 13 | 01:22:37 | 01:22:49 | +00:24:54 (30.1%) | 10:19 | 5.8 (69.9%) |
| 81 | BUDZIAK Agata | 471 | ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY | K Open | 6 | 01:22:37 | 01:22:50 | +00:24:55 (30.1%) | 10:19 | 5.8 (69.9%) |
| 82 | KOWALCZYK Agnieszka | 379 | | K Open | 7 | 01:23:25 | 01:23:38 | +00:25:43 (30.7%) | 10:25 | 5.8 (69.9%) |
| 83 | PAKULSKA Dorota | 400 | | K4 | 14 | 01:25:29 | 01:25:42 | +00:27:47 (32.4%) | 10:41 | 5.6 (67.5%) |
| 83 | URBANEK Agnieszka | 466 | ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY | K Open | 8 | 01:25:26 | 01:25:42 | +00:27:47 (32.4%) | 10:40 | 5.6 (67.5%) |
| 85 | GREND A-JASTRZEMBSKA Anna | 366 | | K3 | 15 | 01:25:50 | 01:26:03 | +00:28:08 (32.7%) | 10:43 | 5.6 (67.5%) |
| 86 | SZRAMSKA Violetta | 461 | ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY | K4 | 15 | 01:26:14 | 01:26:30 | +00:28:35 (33.0%) | 10:46 | 5.6 (67.5%) |
| 87 | LASOTA Paulina | 474 | ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY | K Open | 9 | 01:26:14 | 01:26:32 | +00:28:37 (33.1%) | 10:46 | 5.6 (67.5%) |
| 88 | WOJCIECHOWICZ Martyna | 472 | ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY | K Open | 10 | 01:26:24 | 01:26:37 | +00:28:42 (33.1%) | 10:48 | 5.6 (67.5%) |
| 89 | PRUS Sabina | 403 | | K5+ | 17 | 01:34:42 | 01:34:45 | +00:36:50 (38.9%) | 11:50 | 5.1 (61.4%) |
| 90 | MILACHOWSKA Agnieszka | 393 | | K3 | 16 | 01:36:46 | 01:36:50 | +00:38:55 (40.2%) | 12:05 | 5 (60.2%) |
| 91 | FLAK Józef | 363 | | M7+ | 2 | 01:39:30 | 01:39:39 | +00:41:44 (41.9%) | 12:26 | 4.8 (57.8%) |

Znaleziono 91 wynik(ów)