

III BIEG PAPIESKI - NORDIC WALKING 8KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Organizator: Rowerowa Brzoza
Data: 2015-05-01
Miejsce: Brzoza
Dystans: 8 km

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Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
1	WEŁNICKI Waldemar	421	GOSIR OSIELSKO	M4	1	00:57:52	00:57:55		7:14	8.3 (100%)
2	KRYCH Włodzimierz	382	GOSIR OSIELSKO	M5	1	00:57:54	00:57:56	+00:00:01 (0.0%)	7:14	8.3 (100%)
3	NIEWOLSKI Marcin	475		M3	1	00:59:26	00:59:30	+00:01:35 (2.7%)	7:25	8.1 (97.6%)
4	STAWNIAK Karol	411	UTW ŻNIN	M6	1	00:59:58	01:00:01	+00:02:06 (3.5%)	7:29	8 (96.4%)
4	ZUPA Wojciech	428	BRZOZA BIEGA	M5	2	00:59:57	01:00:01	+00:02:06 (3.5%)	7:29	8 (96.4%)
6	KOMAJDA Jarosław	377	GOSIR OSIELSKO	M5	3	01:00:03	01:00:06	+00:02:11 (3.6%)	7:30	8 (96.4%)
7	SZYMAŃSKI Zbigniew	415		M5	4	01:00:02	01:00:07	+00:02:12 (3.7%)	7:30	8 (96.4%)
8	KRZYŻANOWSKI Robert	384	GOSIR OSIELSKO	M4	2	01:01:09	01:01:14	+00:03:19 (5.4%)	7:38	7.8 (94.0%)
9	MOTOCZYŃSKI Krzysztof	396		M6	2	01:01:49	01:01:53	+00:03:58 (6.4%)	7:43	7.8 (94.0%)
10	WIĘCEK Kamil	433	KLUB ZDROWEGO STYLU ŻYCIA	M2	1	01:02:26	01:02:29	+00:04:34 (7.3%)	7:48	7.7 (92.8%)
11	KRZYŻANOWSKI Wojciech	385	AZS UMK COLLEGIUM MEDICUM W BYDGOSZCZY	M4	3	01:03:02	01:03:06	+00:05:11 (8.2%)	7:52	7.6 (91.6%)
12	KOPEĆ Dorota	378		K2	1	01:03:48	01:03:50	+00:05:55 (9.3%)	7:58	7.5 (90.4%)
13	KUTRZUBA Joanna	390		K2	2	01:03:49	01:03:51	+00:05:56 (9.3%)	7:58	7.5 (90.4%)
14	SUCHOMSKI Arkadiusz	436	KLUB ZDROWEGO STYLU ŻYCIA	M2	2	01:03:59	01:04:02	+00:06:07 (9.6%)	7:59	7.5 (90.4%)
15	BŁĘDOWSKA Agata	354	KCZR	K4	1	01:04:34	01:04:40	+00:06:45 (10.4%)	8:04	7.4 (89.2%)
16	MILACHOWSKI Sebastian	394		M3	2	01:04:44	01:04:47	+00:06:52 (10.6%)	8:05	7.4 (89.2%)
17	WIERZCHOSŁAWSKI Mateusz	423		M2	3	01:04:58	01:05:00	+00:07:05 (10.9%)	8:07	7.4 (89.2%)
18	APPEL Jerzy	353	BRZOZA BIEGA	M6	3	01:04:57	01:05:04	+00:07:09 (11.0%)	8:07	7.4 (89.2%)
19	POLAŃSKI Jan	402	CIEPŁOBUD	M7+	1	01:05:50	01:06:07	+00:08:12 (12.4%)	8:13	7.3 (88.0%)
20	JEZIORSKA Iwona	372		K5+	1	01:06:16	01:06:22	+00:08:27 (12.7%)	8:17	7.2 (86.7%)
21	RESZKOWSKI Marek	406		M5	5	01:06:53	01:06:59	+00:09:04 (13.5%)	8:21	7.2 (86.7%)
22	CHOROSZYŃSKA Agnieszka	358		K2	3	01:07:11	01:07:13	+00:09:18 (13.8%)	8:23	7.1 (85.5%)
23	OLSZEWSKA Bożena	434		K3	1	01:07:15	01:07:15	+00:09:20 (13.9%)	8:24	7.1 (85.5%)
24	WALCZAK Maria	418		K3	2	01:07:11	01:07:16	+00:09:21 (13.9%)	8:23	7.1 (85.5%)
25	BUCZKOWSKI Jerzy	430		M6	4	01:08:00	01:08:00	+00:10:05 (14.8%)	8:30	7.1 (85.5%)
26	WEŁNICKA Lidia	420	GOSIR OSIELSKO	K4	2	01:08:49	01:08:54	+00:10:59 (15.9%)	8:36	7 (84.3%)
27	SADURSKI Stanisław	408		M5	6	01:09:23	01:09:27	+00:11:32 (16.6%)	8:40	6.9 (83.1%)
28	WARDĘCKA-HOŁTYN Justyna	419		K2	4	01:09:51	01:09:56	+00:12:01 (17.2%)	8:43	6.9 (83.1%)
28	KWIATKOWSKA Elżbieta	438		K4	3	01:09:47	01:09:56	+00:12:01 (17.2%)	8:43	6.9 (83.1%)
30	SIEKIERKA Monika	409		K3	3	01:10:08	01:10:13	+00:12:18 (17.5%)	8:46	6.8 (81.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
31	NOWIŃSKA Jolanta	398		K3	4	01:10:18	01:10:26	+00:12:31 (17.8%)	8:47	6.8 (81.9%)
32	WESOŁOWSKA Ewa	422		K4	4	01:10:30	01:10:38	+00:12:43 (18.0%)	8:48	6.8 (81.9%)
33	NOWIŃSKI Jarosław	399		M3	3	01:10:33	01:10:40	+00:12:45 (18.0%)	8:49	6.8 (81.9%)
34	DUCHIŃSKA Małgorzata	362	BRZOZA BIEGA	K4	5	01:10:54	01:10:59	+00:13:04 (18.4%)	8:51	6.8 (81.9%)
35	JURKOWSKA Ewa	374	KLUB SENIORA BRZOZA	K5+	2	01:10:59	01:11:02	+00:13:07 (18.5%)	8:52	6.8 (81.9%)
36	NOWACKI Krzysztof	477		M5	7	01:12:38	01:12:41	+00:14:46 (20.3%)	9:04	6.6 (79.5%)
37	SIEKIERKA Sylwia	443		K3	5	01:12:43	01:12:47	+00:14:52 (20.4%)	9:05	6.6 (79.5%)
38	SZOT Krystyna	414		K5+	3	01:12:48	01:12:53	+00:14:58 (20.5%)	9:06	6.6 (79.5%)
39	WIERZBOWSKI Jerzy	435	NIEZRZESZONY	M6	5	01:12:51	01:13:01	+00:15:06 (20.7%)	9:06	6.6 (79.5%)
40	STAWNIAK Wanda	412	UTW ŻNIN	K5+	4	01:13:18	01:13:24	+00:15:29 (21.1%)	9:09	6.5 (78.3%)
41	FLORCZAK Monika	364		K3	6	01:13:20	01:13:29	+00:15:34 (21.2%)	9:10	6.5 (78.3%)
42	MIGAJ Brygida	416		K4	6	01:13:21	01:13:31	+00:15:36 (21.2%)	9:10	6.5 (78.3%)
42	PIWKOWSKA Karolina	468	ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY	K Open	1	01:13:16	01:13:31	+00:15:36 (21.2%)	9:09	6.6 (79.5%)
42	JACKOWSKA Weronika	473	ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY	K Open	2	01:13:16	01:13:31	+00:15:36 (21.2%)	9:09	6.6 (79.5%)
45	WOLENTARSKA Alicja	460	ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY	K4	7	01:13:21	01:13:35	+00:15:40 (21.3%)	9:10	6.5 (78.3%)
46	PULKOWSKA Natalia	404		K3	7	01:13:28	01:13:38	+00:15:43 (21.3%)	9:11	6.5 (78.3%)
47	SMARUJ - SADOWSKA Janina	410		K5+	5	01:13:26	01:13:40	+00:15:45 (21.4%)	9:10	6.5 (78.3%)
48	KUBICKA Renata	386		K4	8	01:13:37	01:13:44	+00:15:49 (21.5%)	9:12	6.5 (78.3%)
49	KOWALSKA-BARTNIK Agnieszka	380		K3	8	01:14:02	01:14:09	+00:16:14 (21.9%)	9:15	6.5 (78.3%)
50	BOROWIAK Justyna	465		K3	9	01:14:20	01:14:28	+00:16:33 (22.2%)	9:17	6.5 (78.3%)
50	WIŚNIEWSKA Ewa	424		K4	9	01:14:20	01:14:28	+00:16:33 (22.2%)	9:17	6.5 (78.3%)
50	ROŹNIAKOWSKA Marlena	442		K3	10	01:14:19	01:14:28	+00:16:33 (22.2%)	9:17	6.5 (78.3%)
53	BONIECKA Ewa	355		K5+	6	01:14:21	01:14:29	+00:16:34 (22.2%)	9:17	6.5 (78.3%)
54	SOBOLEWSKA Karolina	441		K2	5	01:14:33	01:14:48	+00:16:53 (22.6%)	9:19	6.4 (77.1%)
55	JURKOWSKI Józef	431	KLUB SENIORA BRZOZA	M6	6	01:14:57	01:14:59	+00:17:04 (22.8%)	9:22	6.4 (77.1%)
56	WOLNA Monika	440	BRZOZA BIEGA	K5+	7	01:15:08	01:15:14	+00:17:19 (23.0%)	9:23	6.4 (77.1%)
57	LEWICKA Agnieszka	392	ZĄŁOGA L.	K4	10	01:15:26	01:15:31	+00:17:36 (23.3%)	9:25	6.4 (77.1%)
58	KORCZAK Grażyna	432	KLUB SENIORA BRZOZA	K5+	8	01:15:37	01:15:41	+00:17:46 (23.5%)	9:27	6.3 (75.9%)
59	WRYCZKA Barbara	476		K5+	9	01:16:22	01:16:25	+00:18:30 (24.2%)	9:32	6.3 (75.9%)
60	KUPER Mariusz	389		M3	4	01:16:38	01:16:44	+00:18:49 (24.5%)	9:34	6.3 (75.9%)
60	KUPER Justyna	388		K3	11	01:16:36	01:16:44	+00:18:49 (24.5%)	9:34	6.3 (75.9%)
62	RESZKOWSKA Grażyna	405		K5+	10	01:16:37	01:16:45	+00:18:50 (24.5%)	9:34	6.3 (75.9%)
63	CZŁAPIŃSKI Mariusz	359		M3	5	01:16:52	01:17:02	+00:19:07 (24.8%)	9:36	6.2 (74.7%)
64	ADAMCZAK Damian	351		M3	6	01:17:12	01:17:24	+00:19:29 (25.2%)	9:39	6.2 (74.7%)
65	ŁUDZIŃSKA Małgorzata	429	NIEZRZESZONA	K5+	11	01:19:08	01:19:12	+00:21:17 (26.9%)	9:53	6.1 (73.5%)
66	MOTOCZYŃSKA Aleksandra	395		K5+	12	01:19:24	01:19:27	+00:21:32 (27.1%)	9:55	6 (72.3%)
67	CHMARZYŃSKA Danuta	357		K5+	13	01:19:24	01:19:28	+00:21:33 (27.1%)	9:55	6 (72.3%)
68	GRYGIEL Oliwia	469	ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY	K Open	3	01:19:27	01:19:39	+00:21:44 (27.3%)	9:55	6 (72.3%)
69	DOPIERAŁA Ewa	361		K4	11	01:20:12	01:20:16	+00:22:21 (27.8%)	10:01	6 (72.3%)
70	KALISZEWSKA Małgorzata	375		K3	12	01:20:09	01:20:17	+00:22:22 (27.9%)	10:01	6 (72.3%)
71	WIŚNIEWSKA Halina	425	KLUB SENIORA BRZOZA	K5+	14	01:20:44	01:20:51	+00:22:56 (28.4%)	10:05	5.9 (71.1%)
72	JAŃCZAK Angelika	467	ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY	K Open	4	01:21:02	01:21:19	+00:23:24 (28.8%)	10:07	5.9 (71.1%)
73	JOPPEK Katarzyna	470	ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY	K Open	5	01:21:08	01:21:20	+00:23:25 (28.8%)	10:08	5.9 (71.1%)
74	KOWALSKA Aleksandra	381		K3	13	01:21:41	01:21:50	+00:23:55 (29.2%)	10:12	5.9 (71.1%)

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75	JAROSZEWSKI Jan	371		M Open	1	01:21:41	01:21:52	+00:23:57 (29.3%)	10:12	5.9 (71.1%)
76	JAROSZEWSKA Anna	370		K3	14	01:21:46	01:21:56	+00:24:01 (29.3%)	10:13	5.9 (71.1%)
77	STREL CZUK Katarzyna	413		K5+	15	01:22:16	01:22:26	+00:24:31 (29.7%)	10:17	5.8 (69.9%)
77	DOMAN Aniela	360	UKS SZABLA BRZOZA	K5+	16	01:22:16	01:22:26	+00:24:31 (29.7%)	10:17	5.8 (69.9%)
79	ROSIŃSKA Anna	437		K4	12	01:22:27	01:22:38	+00:24:43 (29.9%)	10:18	5.8 (69.9%)
80	HEBENSTREIT-KOWALCZYK Anna	368		K4	13	01:22:37	01:22:49	+00:24:54 (30.1%)	10:19	5.8 (69.9%)
81	BUDZIAK Agata	471	ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY	K Open	6	01:22:37	01:22:50	+00:24:55 (30.1%)	10:19	5.8 (69.9%)
82	KOWALCZYK Agnieszka	379		K Open	7	01:23:25	01:23:38	+00:25:43 (30.7%)	10:25	5.8 (69.9%)
83	PAKULSKA Dorota	400		K4	14	01:25:29	01:25:42	+00:27:47 (32.4%)	10:41	5.6 (67.5%)
83	URBANEK Agnieszka	466	ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY	K Open	8	01:25:26	01:25:42	+00:27:47 (32.4%)	10:40	5.6 (67.5%)
85	GREND A-JASTRZEMBSKA Anna	366		K3	15	01:25:50	01:26:03	+00:28:08 (32.7%)	10:43	5.6 (67.5%)
86	SZRAMSKA Violetta	461	ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY	K4	15	01:26:14	01:26:30	+00:28:35 (33.0%)	10:46	5.6 (67.5%)
87	LASOTA Paulina	474	ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY	K Open	9	01:26:14	01:26:32	+00:28:37 (33.1%)	10:46	5.6 (67.5%)
88	WOJCIECHOWICZ Martyna	472	ZESPÓŁ SZKÓŁ INTEGRACYJNYCH NR 19 W BYDGOSZCZY	K Open	10	01:26:24	01:26:37	+00:28:42 (33.1%)	10:48	5.6 (67.5%)
89	PRUS Sabina	403		K5+	17	01:34:42	01:34:45	+00:36:50 (38.9%)	11:50	5.1 (61.4%)
90	MILACHOWSKA Agnieszka	393		K3	16	01:36:46	01:36:50	+00:38:55 (40.2%)	12:05	5 (60.2%)
91	FLAK Józef	363		M7+	2	01:39:30	01:39:39	+00:41:44 (41.9%)	12:26	4.8 (57.8%)

Znaleziono 91 wynik(ów)