

III BIEG PAPIESKI - NORDIC WALKING 8KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Rowerowa Brzoza
Data: 2015-05-01
Miejsce: Brzoza
Dystans: 8 km

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Klasyfikacja: M Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
1	WEŁNICKI Waldemar	421	GOSIR OSIELSKO	M4	1	00:57:52	00:57:55		7:14	8.3 (100%)
2	KRYCH Włodzimierz	382	GOSIR OSIELSKO	M5	1	00:57:54	00:57:56	+00:00:01 (0.0%)	7:14	8.3 (100%)
3	NIWOLSKI Marcin	475		M3	1	00:59:26	00:59:30	+00:01:35 (2.7%)	7:25	8.1 (97.6%)
4	STAWNIAK Karol	411	UTW ŻNIN	M6	1	00:59:58	01:00:01	+00:02:06 (3.5%)	7:29	8 (96.4%)
4	ZUPA Wojciech	428	BRZOZA BIEGA	M5	2	00:59:57	01:00:01	+00:02:06 (3.5%)	7:29	8 (96.4%)
6	KOMAJDA Jarosław	377	GOSIR OSIELSKO	M5	3	01:00:03	01:00:06	+00:02:11 (3.6%)	7:30	8 (96.4%)
7	SZYMAŃSKI Zbigniew	415		M5	4	01:00:02	01:00:07	+00:02:12 (3.7%)	7:30	8 (96.4%)
8	KRZYŻANOWSKI Robert	384	GOSIR OSIELSKO	M4	2	01:01:09	01:01:14	+00:03:19 (5.4%)	7:38	7.8 (94.0%)
9	MOTOCZYŃSKI Krzysztof	396		M6	2	01:01:49	01:01:53	+00:03:58 (6.4%)	7:43	7.8 (94.0%)
10	WIĘCEK Kamil	433	KLUB ZDROWEGO STYLU ŻYCIA	M2	1	01:02:26	01:02:29	+00:04:34 (7.3%)	7:48	7.7 (92.8%)
11	KRZYŻANOWSKI Wojciech	385	AZS UMK COLLEGIUM MEDICUM W BYDGOSZCZY	M4	3	01:03:02	01:03:06	+00:05:11 (8.2%)	7:52	7.6 (91.6%)
12	SUCHOMSKI Arkadiusz	436	KLUB ZDROWEGO STYLU ŻYCIA	M2	2	01:03:59	01:04:02	+00:06:07 (9.6%)	7:59	7.5 (90.4%)
13	MILACHOWSKI Sebastian	394		M3	2	01:04:44	01:04:47	+00:06:52 (10.6%)	8:05	7.4 (89.2%)
14	WIERZCHOSŁAWSKI Mateusz	423		M2	3	01:04:58	01:05:00	+00:07:05 (10.9%)	8:07	7.4 (89.2%)
15	APPEL Jerzy	353	BRZOZA BIEGA	M6	3	01:04:57	01:05:04	+00:07:09 (11.0%)	8:07	7.4 (89.2%)
16	POLAŃSKI Jan	402	CIEPŁOBUD	M7+	1	01:05:50	01:06:07	+00:08:12 (12.4%)	8:13	7.3 (88.0%)
17	RESZKOWSKI Marek	406		M5	5	01:06:53	01:06:59	+00:09:04 (13.5%)	8:21	7.2 (86.7%)
18	BUCZKOWSKI Jerzy	430		M6	4	01:08:00	01:08:00	+00:10:05 (14.8%)	8:30	7.1 (85.5%)
19	SADURSKI Stanisław	408		M5	6	01:09:23	01:09:27	+00:11:32 (16.6%)	8:40	6.9 (83.1%)
20	NOWIŃSKI Jarosław	399		M3	3	01:10:33	01:10:40	+00:12:45 (18.0%)	8:49	6.8 (81.9%)
21	NOWACKI Krzysztof	477		M5	7	01:12:38	01:12:41	+00:14:46 (20.3%)	9:04	6.6 (79.5%)
22	WIERZBOWSKI Jerzy	435	NIEZRZESZONY	M6	5	01:12:51	01:13:01	+00:15:06 (20.7%)	9:06	6.6 (79.5%)
23	JURKOWSKI Józef	431	KLUB SENIORA BRZOZA	M6	6	01:14:57	01:14:59	+00:17:04 (22.8%)	9:22	6.4 (77.1%)
24	KUPER Mariusz	389		M3	4	01:16:38	01:16:44	+00:18:49 (24.5%)	9:34	6.3 (75.9%)
25	CZŁAPIŃSKI Mariusz	359		M3	5	01:16:52	01:17:02	+00:19:07 (24.8%)	9:36	6.2 (74.7%)
26	ADAMCZAK Damian	351		M3	6	01:17:12	01:17:24	+00:19:29 (25.2%)	9:39	6.2 (74.7%)
27	JAROSZEWSKI Jan	371		M Open	1	01:21:41	01:21:52	+00:23:57 (29.3%)	10:12	5.9 (71.1%)
28	FLAK Józef	363		M7+	2	01:39:30	01:39:39	+00:41:44 (41.9%)	12:26	4.8 (57.8%)

Znaleziono 28 wynik(ów)