



III BIEG RYBAKA - 5,5 KM

B4SPORT

Wydarzenie:
Organizator:

III Bieg Rybaka
Stowarzyszenie Sportowe Grupa Biegowa
Rundorfina, Gmina Czaplinek
2020-09-26
Czaplinek
5.5 km

Data:
Miejsce:
Dystans:



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.5km	Różn	Tempo min/km	Tempo km/h
1	BALIŃSKI Karol	119	DRAWSKI BIEGACZ	M30-39	1	00:20:17.50		3:41	16.3 (100%)
2	WITKIEWICZ Eryk	248	KB 10 BIALOGRD	M40-49	1	00:20:29.02	+00:00:11 (0.9%)	3:43	16.1 (98.8%)
3	SZACHO-GŁUCHOWICZ Ryszard	231		M30-39	2	00:20:44.22	+00:00:26 (2.1%)	3:46	15.9 (97.5%)
4	KACZOR Agnieszka	156	UKS WIKING RYCHNOWY	K30-39	1	00:21:04.53	+00:00:47 (3.7%)	3:49	15.7 (96.3%)
5	CHWIAŁKOWSKI Cyprian	133		M18-29	1	00:21:34.53	+00:01:17 (6.0%)	3:55	15.3 (93.9%)
6	BOREK Krzysztof	127	UKS TRAPER / 2 BRYGADA ZMECHANIZOWANA	M40-49	2	00:21:48.41	+00:01:30 (6.9%)	3:57	15.1 (92.6%)
7	SOBCZAK Adrian	224	ORSKOV FOODS TEAM	M18-29	2	00:21:59.78	+00:01:42 (7.7%)	3:59	15 (92.0%)
8	SZŁAPAK Krzysztof	236	DRAWSKI BIEGACZ	M50-59	1	00:22:11.55	+00:01:54 (8.6%)	4:02	14.9 (91.4%)
9	MROTEK Anna	195	ANGOAL	K18-29	1	00:22:27.82	+00:02:10 (9.7%)	4:04	14.7 (90.2%)
10	MARET Robert	184	LOKATOR NIERUCHOMOŚCI PIŁA	M40-49	3	00:22:32.36	+00:02:14 (10.0%)	4:05	14.6 (89.6%)
11	CHUPTYŚ Adrian	132	RUNDORFINA	M30-39	3	00:22:36.70	+00:02:19 (10.3%)	4:06	14.6 (89.6%)
12	KUŹNIACKI Jacek	176	LOKATOR NIERUCHOMOŚCI PIŁA	M40-49	4	00:22:43.41	+00:02:25 (10.7%)	4:07	14.5 (89.0%)
13	CHMIELEWSKI Tomasz	130		M30-39	4	00:22:48.48	+00:02:30 (11.0%)	4:08	14.5 (89.0%)
14	SCHMIDT Dariusz	221		M30-39	5	00:22:49.04	+00:02:31 (11.1%)	4:08	14.5 (89.0%)
15	BŁASZCZYK Piotr	123		M40-49	5	00:22:51.26	+00:02:33 (11.2%)	4:09	14.4 (88.3%)
16	SZABAŁOWSKA Małgorzata	230		K18-29	2	00:22:53.56	+00:02:36 (11.4%)	4:09	14.4 (88.3%)
17	CIASTOŃ Tomasz	134	ORSKOV FOODS TEAM	M40-49	6	00:23:16.26	+00:02:58 (12.8%)	4:13	14.2 (87.1%)
18	PATRYCJA Angel	257		M18-29	3	00:23:17.28	+00:02:59 (12.9%)	4:14	14.2 (87.1%)
19	KUJDA Arkadiusz	174	1 BRYGADA LOGISTYCZNA	M40-49	7	00:23:19.40	+00:03:01 (13.0%)	4:14	14.2 (87.1%)
20	ZIELIŃSKA Anna	256	TRUCHT ŁOBEZ	K40-49	1	00:23:45.25	+00:03:27 (14.6%)	4:19	13.9 (85.3%)
21	MINCEWICZ Piotr	194	TEAM TERMINATORUN	M30-39	6	00:24:02.49	+00:03:44 (15.6%)	4:22	13.7 (84.0%)
22	SITARCZYK Damian	223	FUNDACJA ZASTOPIJ	M30-39	7	00:24:11.00	+00:03:53 (16.1%)	4:23	13.6 (83.4%)
23	TERESZCZUK Karol	241	LOKATOR NIERUCHOMOŚCI PIŁA	M40-49	8	00:24:22.79	+00:04:05 (16.8%)	4:25	13.5 (82.8%)
24	KUJAWIAK Piotr	172		M30-39	8	00:24:47.35	+00:04:29 (18.1%)	4:30	13.3 (81.6%)
25	NERĆ Patrycja	196	MKP SZCZECINEK	K15-17	1	00:24:50.73	+00:04:33 (18.3%)	4:30	13.3 (81.6%)
26	MICHALAK Jacek	191		M50-59	2	00:25:10.55	+00:04:53 (19.4%)	4:34	13.1 (80.4%)
27	KUICH Piotr	171	LILL-SPORT	M50-59	3	00:25:22.57	+00:05:05 (20.0%)	4:36	13 (79.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto 5.5km	Różn		
28	MAŁEK Piotr	183		M40-49	9	00:25:23.47	+00:05:05 (20.1%)	4:36	13 (79.8%)
29	SZCZYPEK Arkadiusz	232	FUNDACJA ZASTOPUJ	M30-39	9	00:25:32.45	+00:05:14 (20.6%)	4:38	12.9 (79.1%)
30	SZCZEPANIK Wojciech	92	BRAK	M40-49	10	00:25:35.70	+00:05:18 (20.7%)	4:39	12.9 (79.1%)
31	WIŚNIEWSKA Magdalena	246		K30-39	2	00:25:37.43	+00:05:19 (20.8%)	4:39	12.9 (79.1%)
32	ZAKIELARZ Jan	253		M60-69	1	00:25:37.74	+00:05:20 (20.8%)	4:39	12.9 (79.1%)
33	RUŻANOWSKA-ROSIŃSKA Adriana	219		K30-39	3	00:25:46.77	+00:05:29 (21.3%)	4:41	12.8 (78.5%)
34	POKORSKI Daniel	208		M15-17	1	00:26:21.34	+00:06:03 (23.0%)	4:47	12.5 (76.7%)
35	SIELATYCKA Olga	222		K30-39	4	00:26:41.32	+00:06:23 (24.0%)	4:51	12.4 (76.1%)
36	KONIECZNY Krzysztof	164		M40-49	11	00:26:51.38	+00:06:33 (24.4%)	4:52	12.3 (75.5%)
37	HAŁKA Arkadiusz	147	TRUCHT ŁOBEZ	M40-49	12	00:26:52.51	+00:06:35 (24.5%)	4:53	12.3 (75.5%)
38	ZAKIELARZ Piotr	255	PRECON POLSKA	M30-39	10	00:27:18.45	+00:07:00 (25.7%)	4:57	12.1 (74.2%)
39	MELON Jacek	190		M40-49	13	00:27:19.37	+00:07:01 (25.7%)	4:58	12.1 (74.2%)
40	MARET Wacław	185	LOKATOR NIERUCHOMOŚCI PIŁA	M70+	1	00:27:29.29	+00:07:11 (26.2%)	4:59	12 (73.6%)
41	MIKOŁAJCZAK Małgorzata	192		K30-39	5	00:27:44.73	+00:07:27 (26.9%)	5:02	11.9 (73.0%)
42	MIKUSZEWSKI Arkadiusz	193		M40-49	14	00:27:47.91	+00:07:30 (27.0%)	5:03	11.9 (73.0%)
43	KRUKOWSKA Magdalena	167	SZWLA	K30-39	6	00:27:47.98	+00:07:30 (27.0%)	5:03	11.9 (73.0%)
44	BARTON Krystyna	122	PRZECHELEWO	K60-69	1	00:27:49.53	+00:07:32 (27.1%)	5:03	11.9 (73.0%)
45	ANGRYS Maciej	115	FUNDACJA ZASTOPUJ	M18-29	4	00:27:50.81	+00:07:33 (27.1%)	5:03	11.9 (73.0%)
46	RYBA Grzegorz	220		M18-29	5	00:28:06.47	+00:07:48 (27.8%)	5:06	11.7 (71.8%)
47	BOBOWSKI Michał	124		M30-39	11	00:28:28.31	+00:08:10 (28.7%)	5:10	11.6 (71.2%)
48	ARKUSZYŃSKI Dariusz	117		M50-59	4	00:28:28.72	+00:08:11 (28.7%)	5:10	11.6 (71.2%)
49	CZESZEK Ireneusz	138	FUNDACJA ZASTOPUJ	M30-39	12	00:28:43.53	+00:08:26 (29.4%)	5:13	11.5 (70.6%)
50	ROBAK Krzysztof	214	FUNDACJA ZASTOPUJ	M30-39	13	00:28:43.71	+00:08:26 (29.4%)	5:13	11.5 (70.6%)
51	ARKUSZYŃSKA Katarzyna	116		K18-29	3	00:28:49.38	+00:08:31 (29.6%)	5:14	11.5 (70.6%)
52	GZUBICKI Piotr	146	GLADIATORS BY RMF4RT	M30-39	14	00:29:02.61	+00:08:45 (30.1%)	5:16	11.4 (69.9%)
53	RADTKE Magdalena	213		K40-49	2	00:29:35.46	+00:09:17 (31.4%)	5:22	11.2 (68.7%)
54	KISIEL Olga	162	KLUB SPORTOWY HUSARIA SZCZECINEK	K30-39	7	00:29:38.14	+00:09:20 (31.5%)	5:23	11.1 (68.1%)
55	BANACZYK Wioletta	121	LILL SPORT	K50-59	1	00:29:39.54	+00:09:22 (31.6%)	5:23	11.1 (68.1%)
56	KĘSIK Michał	160	ZDARTE PODESZWY	M40-49	15	00:29:42.25	+00:09:24 (31.7%)	5:24	11.1 (68.1%)
57	KUŻAJ Sławomir	177	PIŁA	M50-59	5	00:29:42.33	+00:09:24 (31.7%)	5:24	11.1 (68.1%)
58	WIŚNIEWSKA Marta	247	WIECZORNE BIEGANIE W SZCZECINIE	K40-49	3	00:29:48.26	+00:09:30 (31.9%)	5:25	11.1 (68.1%)
59	CIEPLIŃSKI Jakub	271		M18-29	6	00:29:49.00	+00:09:31 (31.9%)	5:25	11.1 (68.1%)
60	KOZŁOWSKI Piotr	165	KLUB SPORTOWY HUSARIA SZCZECINEK	M40-49	16	00:29:54.49	+00:09:36 (32.2%)	5:26	11 (67.5%)
61	SZABALOWSKI Marek	91		M50-59	6	00:29:55.60	+00:09:38 (32.2%)	5:26	11 (67.5%)
62	RUŻANOWSKI Wiesław	218		M60-69	2	00:29:58.04	+00:09:40 (32.3%)	5:26	11 (67.5%)
63	KRUPIŃSKI Adam	169	FUNDACJA ZASTOPUJ	M30-39	15	00:30:00.23	+00:09:42 (32.4%)	5:27	11 (67.5%)
64	MATUSZAK Justyna	187	RUNDORFINA	K30-39	8	00:30:06.93	+00:09:49 (32.6%)	5:28	11 (67.5%)
65	KACZOR Sławomir	157		M40-49	17	00:30:10.33	+00:09:52 (32.7%)	5:29	10.9 (66.9%)
66	KUJDA Dorota	173		K40-49	4	00:30:17.75	+00:10:00 (33.0%)	5:30	10.9 (66.9%)
67	JAKIMIEC Tadeusz	280	HUSARIA SZCZECINEK	M50-59	7	00:30:41.66	+00:10:24 (33.9%)	5:34	10.8 (66.3%)
68	KAŹMIERCZAK Tomasz	159	POŁCZYN BIEGA	M40-49	18	00:30:45.55	+00:10:28 (34.0%)	5:35	10.7 (65.6%)
69	RUTKOWSKA Anna	217	WATAHA WAŁCZ	K50-59	2	00:30:46.30	+00:10:28 (34.1%)	5:35	10.7 (65.6%)
70	SUPROŃ Izabela	229		K30-39	9	00:30:48.18	+00:10:30 (34.1%)	5:36	10.7 (65.6%)
71	KOCLEJDA Maria	163		K40-49	5	00:30:49.78	+00:10:32 (34.2%)	5:36	10.7 (65.6%)

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72	STAŚ Adrianna	225		K18-29	4	00:30:51.56	+00:10:34 (34.2%)	5:36	10.7 (65.6%)
73	WAŚNIEWSKI Arek	243	RUNDORFINA	M50-59	8	00:31:08.43	+00:10:50 (34.8%)	5:39	10.6 (65.0%)
74	SZERSZEŃ Rafał	233	KLUB SPORTOWY HUSARIA SZCZECINEK	M40-49	19	00:31:46.14	+00:11:28 (36.1%)	5:46	10.4 (63.8%)
75	SZTECHMILER Katarzyna	238	KLUB SPORTOWY HUSARIA SZCZECINEK	K30-39	10	00:31:46.29	+00:11:28 (36.1%)	5:46	10.4 (63.8%)
76	JAROSZEWICZ Andrzej	151		M40-49	20	00:32:08.97	+00:11:51 (36.9%)	5:50	10.3 (63.2%)
77	HRYBOWICZ Joanna	149		K40-49	6	00:32:09.86	+00:11:52 (36.9%)	5:50	10.3 (63.2%)
78	ZAKIELARZ Adriana	254		K30-39	11	00:32:10.62	+00:11:53 (36.9%)	5:50	10.3 (63.2%)
79	CHRZANOWSKI Piotr	131	TEAM BIEGOWY SZCZECINEK	M30-39	16	00:32:20.50	+00:12:03 (37.3%)	5:52	10.2 (62.6%)
80	SZYMAŃSKI Marcin	239	TEAM BIEGOWY SZCZECINEK	M30-39	17	00:32:32.08	+00:12:14 (37.6%)	5:54	10.1 (62.0%)
81	OLKOWSKI Tomasz	201		M30-39	18	00:32:50.60	+00:12:33 (38.2%)	5:58	10.1 (62.0%)
82	RUDNICKA Mariola	216	TEAM BIEGOWY SZCZECINEK	K40-49	7	00:32:56.02	+00:12:38 (38.4%)	5:59	10 (61.3%)
83	PAWŁOWICZ Izabela	205	KLUB SPORTOWY HUSARIA SZCZECINEK	K40-49	8	00:32:57.08	+00:12:39 (38.4%)	5:59	10 (61.3%)
84	ROGAŁA Jacek	215	FUNDACJA ZASTOPUJ	M40-49	21	00:33:03.05	+00:12:45 (38.6%)	6:00	10 (61.3%)
85	OGONOWSKI Marek	200	OGON TEAM	M40-49	22	00:33:06.95	+00:12:49 (38.7%)	6:01	10 (61.3%)
86	FIJAŁKOWSKA Małgorzata	139	TEAM BIEGOWY SZCZECINEK	K30-39	12	00:33:14.65	+00:12:57 (39.0%)	6:02	9.9 (60.7%)
87	SZERSZEŃ Anna	234	KLUB SPORTOWY HUSARIA SZCZECINEK	K30-39	13	00:33:15.63	+00:12:58 (39.0%)	6:02	9.9 (60.7%)
88	NIEDZIELA Dorota	197	LILL SPORT	K50-59	3	00:33:21.84	+00:13:04 (39.2%)	6:03	9.9 (60.7%)
89	KACZMAREK Agata	154		K40-49	9	00:33:23.11	+00:13:05 (39.2%)	6:04	9.9 (60.7%)
90	JAROSZEWICZ Joanna	152		K40-49	10	00:33:30.47	+00:13:12 (39.4%)	6:05	9.9 (60.7%)
91	SUBERLAK Damian	227	GRUBA BIEGOWA RUNDORFINA	M30-39	19	00:33:33.79	+00:13:16 (39.5%)	6:06	9.8 (60.1%)
92	KUŚMIDER Katarzyna	175	RUNDORFINA	K30-39	14	00:33:34.77	+00:13:17 (39.6%)	6:06	9.8 (60.1%)
93	ŚWIGOŃ Izabela	240	SZWLASTARGARD	K50-59	4	00:33:38.92	+00:13:21 (39.7%)	6:06	9.8 (60.1%)
94	MAZUR Tomasz	189		M40-49	23	00:33:39.18	+00:13:21 (39.7%)	6:07	9.8 (60.1%)
95	OGONOWSKA Marta	198	OGON TEAM	K18-29	5	00:33:39.53	+00:13:22 (39.7%)	6:07	9.8 (60.1%)
96	MACIEJEWSKA Lucyna	181		K50-59	5	00:33:43.96	+00:13:26 (39.8%)	6:07	9.8 (60.1%)
97	MACIEJEWSKI Andrzej	182		M50-59	9	00:33:44.98	+00:13:27 (39.9%)	6:08	9.8 (60.1%)
98	BRZEZIŃSKA Beata	128	TEAM PIOTRUŚ	K50-59	6	00:33:52.59	+00:13:35 (40.1%)	6:09	9.7 (59.5%)
99	MACIEJCZAK Karolina	180	PIŁA	K40-49	11	00:34:04.40	+00:13:46 (40.4%)	6:11	9.7 (59.5%)
100	PODGÓRSKA Agata	207	KLUB SPORTOWY HUSARIA SZCZECINEK	K40-49	12	00:34:05.57	+00:13:48 (40.5%)	6:11	9.7 (59.5%)
101	WOJTECZKO Magdalena	249		K40-49	13	00:34:06.32	+00:13:48 (40.5%)	6:12	9.7 (59.5%)
102	FIRLEJ Agnieszka	142		K40-49	14	00:34:06.53	+00:13:49 (40.5%)	6:12	9.7 (59.5%)
103	OGONOWSKA Karolina	199	OGON TEAM	K15-17	2	00:34:22.45	+00:14:04 (41.0%)	6:14	9.6 (58.9%)
104	STRUZIK Aleksandra	226	FUNDACJA ZASTOPUJ	K15-17	3	00:34:40.80	+00:14:23 (41.5%)	6:18	9.5 (58.3%)
105	ŁOPIŃSKI Aleksy	295	DAJ RADOŚĆ NIEPEŁNOSPRAWNYM	M70+	2	00:34:41.61	+00:14:24 (41.5%)	6:18	9.5 (58.3%)
106	WAŚNIEWSKA Ewa	242	RUNDORFINA	K40-49	15	00:34:47.78	+00:14:30 (41.7%)	6:19	9.5 (58.3%)
107	CZAPLIŃSKI Piotr	135	FUNDACJA ZASTOPUJ	M18-29	7	00:34:53.63	+00:14:36 (41.8%)	6:20	9.5 (58.3%)
108	HARASYM Daniel	148	FUNDACJA ZASTOPUJ	M40-49	24	00:34:56.98	+00:14:39 (41.9%)	6:21	9.4 (57.7%)
109	ZAKIELARZ Anna	252	TEAM TERMINATORUN	K30-39	15	00:35:02.41	+00:14:44 (42.1%)	6:22	9.4 (57.7%)
110	OSIEWICZ Sławomir	202	KLUB SPORTOWY RUNGRYF GRYFICE	M40-49	25	00:35:08.30	+00:14:50 (42.3%)	6:23	9.4 (57.7%)
111	WROBLEWSKI Jerzy	250	PARKRUN SZCZECINEK	M60-69	3	00:35:16.53	+00:14:59 (42.5%)	6:24	9.4 (57.7%)
112	BOŃKOWSKI Jakub	125		M30-39	20	00:35:26.11	+00:15:08 (42.7%)	6:26	9.3 (57.1%)
113	YYYY Xxx	212				00:35:33.12	+00:15:15 (42.9%)	6:27	9.3 (57.1%)
114	BANACH Andrzej	120		M50-59	10	00:35:43.19	+00:15:25 (43.2%)	6:29	9.2 (56.4%)
115	BOŃKOWSKI Cezar	126	RUNDORFINA	M30-39	21	00:35:43.45	+00:15:25 (43.2%)	6:29	9.2 (56.4%)

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116	ZADROŻNY Szymon	251	WATAHA WAŁCZ	M40-49	26	00:35:44.40	+00:15:26 (43.2%)	6:29	9.2 (56.4%)
117	WDOWIAK Kasia	244	TEAM BIEGOWY SZCZECINEK	K30-39	16	00:35:48.84	+00:15:31 (43.3%)	6:30	9.2 (56.4%)
118	MAZUR Anna	188		K40-49	16	00:35:51.88	+00:15:34 (43.4%)	6:31	9.2 (56.4%)
119	KACZMAREK Michał	155	ONIONRUNNERS	M30-39	22	00:36:16.63	+00:15:59 (44.1%)	6:35	9.1 (55.8%)
120	PYTLARZ-KACZMAREK Kamila	259		K30-39	17	00:36:16.97	+00:15:59 (44.1%)	6:35	9.1 (55.8%)
121	FRĄTCZAK Marzena	143		K40-49	17	00:36:27.24	+00:16:09 (44.3%)	6:37	9.1 (55.8%)
122	KRASOWSKI Tomasz	166		M40-49	27	00:36:27.48	+00:16:09 (44.3%)	6:37	9.1 (55.8%)
123	CZEREŚNIAK Iwona	137	ŻÓŁWIKERSI	K50-59	7	00:36:52.03	+00:16:34 (45.0%)	6:42	9 (55.2%)
124	PAWŁOWICZ Karolina	206		K18-29	6	00:37:02.75	+00:16:45 (45.2%)	6:44	8.9 (54.6%)
125	MASTALISZ Marcelina	186		K30-39	18	00:37:19.32	+00:17:01 (45.6%)	6:47	8.8 (54.0%)
126	JASTRZĘBSKA Anna	153	KLUB SPORTOWY HUSARIA SZCZECINEK	K30-39	19	00:37:28.39	+00:17:10 (45.8%)	6:48	8.8 (54.0%)
127	BUCHOWSKI Marek	129	PARKRUN	M60-69	4	00:37:54.80	+00:17:37 (46.5%)	6:53	8.7 (53.4%)
128	PAŁASZ Karolina	203	FUNDACJA ZASTOPIJ	K30-39	20	00:38:14.28	+00:17:56 (46.9%)	6:57	8.6 (52.8%)
129	LEMAŃCZYK Anna	178	FUNDACJA ZASTOPIJ	K18-29	7	00:38:56.58	+00:18:39 (47.9%)	7:04	8.5 (52.1%)
130	SUCHANOWSKA Anna	228	RESPECT LOTYŃ	K40-49	18	00:40:23.24	+00:20:05 (49.8%)	7:20	8.2 (50.3%)
131	WALCZYK-GAWOREK Maria	258		K40-49	19	00:40:35.01	+00:20:17 (50.0%)	7:22	8.1 (49.7%)
132	KALECIŃSKA Alina	158	POŁCZYN BIEGA	K50-59	8	00:42:54.92	+00:22:37 (52.7%)	7:48	7.7 (47.2%)
133	LEŚNIEWSKI Krzysztof	179		M40-49	28	00:47:35.53	+00:27:18 (57.4%)	8:39	6.9 (42.3%)
134	KRYSTOSIK Paulina	170	BIEGAM BO LUBIĘ, BIEGAM DLA SIEBIE	K18-29	8	00:50:54.04	+00:30:36 (60.1%)	9:15	6.5 (39.9%)
135	POWIERSKA Elżbieta	209		K40-49	20	00:51:12.72	+00:30:55 (60.4%)	9:18	6.4 (39.3%)
136	POWIERSKI Robert	210		M40-49	29	00:51:24.14	+00:31:06 (60.5%)	9:20	6.4 (39.3%)

Znaleziono 136 wynik(ów)