

# III BIEG SZLAKIEM LEŚNYCH

B4SPORT

**Organizator:** Stowarzyszenie Przyjaciół Lipinek  
**Data:** 2017-06-03  
**Miejsce:** Lipinki  
**Dystans:** 12 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	<b>KŁOPOTEK Damian</b>	<b>156</b>	PACKMAN TEAM	M30	1	00:00:01	<b>00:43:16.85</b>	<b>00:43:18.70</b>		3:36	16.6 (100%)
2	<b>GUZMANN Mateusz</b>	<b>99</b>		M20	1	00:00:01	<b>00:45:13.80</b>	<b>00:45:15.40</b>	+00:01:56 (4.3%)	3:46	15.9 (95.8%)
3	<b>KLEMAŃSKI Marcin</b>	<b>26</b>	THE RUNNERS ŚWIECIE	M30	2	00:00:02	<b>00:46:32.30</b>	<b>00:46:34.30</b>	+00:03:15 (7.0%)	3:52	15.5 (93.4%)
4	<b>WALENDZIAK Klaudiusz</b>	<b>35</b>	PACKMAN TEAM	M40	1	00:00:01	<b>00:47:01.20</b>	<b>00:47:03.05</b>	+00:03:44 (8.0%)	3:55	15.3 (92.2%)
5	<b>SPRENGER Mirosław</b>	<b>91</b>	NAKIELSKI KLUB BIEGACZA/IPN	M30	3	00:00:03	<b>00:47:29.90</b>	<b>00:47:33.00</b>	+00:04:13 (8.9%)	3:57	15.2 (91.6%)
6	<b>JANUS Dawid</b>	<b>45</b>		M30	4	00:00:02	<b>00:47:46.35</b>	<b>00:47:48.80</b>	+00:04:29 (9.4%)	3:58	15.1 (91.0%)
7	<b>BRONISŁAWSKI Bruno</b>	<b>158</b>	PACKMAN TEAM	M20	2	00:00:02	<b>00:50:15.30</b>	<b>00:50:17.80</b>	+00:06:58 (13.9%)	4:11	14.3 (86.1%)
8	<b>DEJNOWSKI Tomasz</b>	<b>66</b>	SĘKI OSIE	M30	5	00:00:03	<b>00:50:37.25</b>	<b>00:50:40.50</b>	+00:07:20 (14.5%)	4:13	14.2 (85.5%)
9	<b>NOGA Michał</b>	<b>112</b>		M20	3	00:00:01	<b>00:50:45.25</b>	<b>00:50:46.75</b>	+00:07:28 (14.7%)	4:13	14.2 (85.5%)
10	<b>DYJACH Robert</b>	<b>8</b>	SOLIDARNOŚĆ POLEDNO	M20	4	00:00:03	<b>00:50:51.60</b>	<b>00:50:55.55</b>	+00:07:34 (14.9%)	4:14	14.2 (85.5%)
11	<b>WĘSIORA Mariusz</b>	<b>39</b>		M40	2	00:00:04	<b>00:51:09.35</b>	<b>00:51:13.35</b>	+00:07:52 (15.4%)	4:15	14.1 (84.9%)
12	<b>HOŁTYN Patryk</b>	<b>90</b>	TKKF KOLEJARZ BYDGOSZCZ	M20	5	00:00:03	<b>00:51:24.90</b>	<b>00:51:28.65</b>	+00:08:08 (15.8%)	4:17	14 (84.3%)
13	<b>GACH Maciej</b>	<b>67</b>	POMORZE BIEGA I POMAGA	M30	6	00:00:02	<b>00:51:35.50</b>	<b>00:51:37.95</b>	+00:08:18 (16.1%)	4:17	14 (84.3%)
14	<b>RANISZEWSKA Marzena</b>	<b>157</b>	PACKMAN TEAM	K30	1	00:00:01	<b>00:51:37.15</b>	<b>00:51:38.75</b>	+00:08:20 (16.2%)	4:18	13.9 (83.7%)
15	<b>KULPA Marcin</b>	<b>28</b>	CSLOG GRUPA	M30	7	00:00:02	<b>00:52:00.00</b>	<b>00:52:02.75</b>	+00:08:43 (16.8%)	4:20	13.8 (83.1%)
16	<b>TELEJKO Łukasz</b>	<b>118</b>	ROLL&RUN TEAM	M20	6	00:00:04	<b>00:52:06.05</b>	<b>00:52:10.10</b>	+00:08:49 (16.9%)	4:20	13.8 (83.1%)
17	<b>BANACH Tomasz</b>	<b>10</b>	TOMEK BIEGA GRUDZIĄDZ	M30	8	00:00:03	<b>00:52:24.30</b>	<b>00:52:27.95</b>	+00:09:07 (17.4%)	4:22	13.7 (82.5%)
18	<b>SPRADA Waldemar</b>	<b>145</b>		M40	3	00:00:02	<b>00:52:25.00</b>	<b>00:52:27.75</b>	+00:09:08 (17.4%)	4:22	13.7 (82.5%)
19	<b>SKWIERCZ Andrzej</b>	<b>131</b>		M30	9	00:00:02	<b>00:52:25.25</b>	<b>00:52:28.00</b>	+00:09:08 (17.4%)	4:22	13.7 (82.5%)
20	<b>GOLIŃSKI Michał</b>	<b>32</b>	THE RUNNERS ŚWIECIE	M30	10	00:00:02	<b>00:53:03.80</b>	<b>00:53:05.95</b>	+00:09:46 (18.4%)	4:25	13.6 (81.9%)
21	<b>PILARSKI Maksymilian</b>	<b>116</b>		M16	1	00:00:02	<b>00:53:23.30</b>	<b>00:53:26.05</b>	+00:10:06 (18.9%)	4:27	13.5 (81.3%)
22	<b>WODEJKO Artur</b>	<b>139</b>	TBKM WILK SOLEC KUJAWSKI	M40	4	00:00:02	<b>00:54:00.65</b>	<b>00:54:02.80</b>	+00:10:43 (19.9%)	4:30	13.3 (80.1%)
23	<b>BOREK Robert</b>	<b>37</b>	THE RUNNERS ŚWIECIE	M40	5	00:00:02	<b>00:54:08.60</b>	<b>00:54:11.35</b>	+00:10:51 (20.1%)	4:30	13.3 (80.1%)
24	<b>KARNECKI Rafał</b>	<b>23</b>	THE RUNNERS ŚWIECIE	M30	11	00:00:03	<b>00:54:12.35</b>	<b>00:54:15.75</b>	+00:10:55 (20.2%)	4:31	13.3 (80.1%)
25	<b>GORCZYCA Grzegorz</b>	<b>21</b>		M40	6	00:00:03	<b>00:54:30.10</b>	<b>00:54:33.90</b>	+00:11:13 (20.6%)	4:32	13.2 (79.5%)
26	<b>RUBAJ Piotr</b>	<b>89</b>		M30	12	00:00:05	<b>00:54:44.90</b>	<b>00:54:50.40</b>	+00:11:28 (20.9%)	4:33	13.2 (79.5%)
27	<b>SZARMACH Stanisław</b>	<b>150</b>		M60	1	00:00:04	<b>00:54:56.95</b>	<b>00:55:01.25</b>	+00:11:40 (21.2%)	4:34	13.1 (78.9%)
28	<b>TOBOLSKI Marek</b>	<b>70</b>	FLORIAN OCHRONA PRZECIWPOŻAROWA	M40	7	00:00:07	<b>00:55:12.40</b>	<b>00:55:20.20</b>	+00:11:55 (21.6%)	4:36	13 (78.3%)
29	<b>CIMACHOWSKI Jakub</b>	<b>98</b>	CIMATECH	M30	13	00:00:04	<b>00:55:15.45</b>	<b>00:55:20.25</b>	+00:11:58 (21.7%)	4:36	13 (78.3%)
30	<b>REDLARSKI Maciej</b>	<b>110</b>	WYŻSZA SZKOŁA OFICERSKA WOJSK LĄDOWYCH	M20	7	00:00:04	<b>00:56:04.20</b>	<b>00:56:08.25</b>	+00:12:47 (22.8%)	4:40	12.8 (77.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 12km	brutto 12km			
31	<b>GAWLIK Wojciech</b>	<b>121</b>	IWSP SZ	M30	14	00:00:03	<b>00:56:14.75</b>	<b>00:56:18.15</b>	+00:12:57 (23.1%)	4:41	12.8 (77.1%)
32	<b>MURAWIEC Izabela</b>	<b>33</b>		K30	2	00:00:02	<b>00:56:53.95</b>	<b>00:56:56.25</b>	+00:13:37 (23.9%)	4:44	12.7 (76.5%)
33	<b>TARCZYKOWSKI Jarosław</b>	<b>97</b>		M40	8	00:00:04	<b>00:56:58.80</b>	<b>00:57:03.25</b>	+00:13:41 (24.0%)	4:44	12.6 (75.9%)
34	<b>KĘSKA Rafał</b>	<b>85</b>	NADLEŚNICTWO DĄBROWA	M20	8	00:00:05	<b>00:57:10.20</b>	<b>00:57:15.40</b>	+00:13:53 (24.3%)	4:45	12.6 (75.9%)
35	<b>WITEK Karol</b>	<b>60</b>		M30	15	00:00:03	<b>00:57:11.05</b>	<b>00:57:14.40</b>	+00:13:54 (24.3%)	4:45	12.6 (75.9%)
36	<b>DRZYMALSKI Damian</b>	<b>4</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	M20	9	00:00:05	<b>00:57:14.00</b>	<b>00:57:19.60</b>	+00:13:57 (24.4%)	4:46	12.6 (75.9%)
37	<b>DEINOWSKI Mariusz</b>	<b>65</b>	SĘKI OSIE	M40	9	00:00:04	<b>00:57:42.95</b>	<b>00:57:47.85</b>	+00:14:26 (25.0%)	4:48	12.5 (75.3%)
38	<b>DEINOWSKI Mateusz</b>	<b>64</b>	SĘKI OSIE	M16	2	00:00:00	<b>00:57:47.90</b>	<b>00:57:47.90</b>	+00:14:31 (25.1%)	4:48	12.5 (75.3%)
39	<b>SUCHOMSKA Beata</b>	<b>50</b>		K40	1	00:00:05	<b>00:57:55.65</b>	<b>00:58:00.65</b>	+00:14:38 (25.3%)	4:49	12.4 (74.7%)
40	<b>ZARZYCKI Marek</b>	<b>127</b>		M40	10	00:00:19	<b>00:58:31.90</b>	<b>00:58:51.85</b>	+00:15:15 (26.1%)	4:52	12.3 (74.1%)
41	<b>SZYCHUŁDA Adam</b>	<b>81</b>		M60	2	00:00:02	<b>00:58:42.15</b>	<b>00:58:44.95</b>	+00:15:25 (26.3%)	4:53	12.3 (74.1%)
42	<b>WILMA Wiesław</b>	<b>83</b>		M50	1	00:00:04	<b>00:58:56.00</b>	<b>00:59:00.05</b>	+00:15:39 (26.6%)	4:54	12.2 (73.5%)
43	<b>KARCZEWSKA Olga</b>	<b>151</b>	YOUCO	K20	1	00:00:03	<b>00:59:13.05</b>	<b>00:59:16.40</b>	+00:15:56 (26.9%)	4:56	12.2 (73.5%)
44	<b>CERAN Tomasz</b>	<b>78</b>		M30	16	00:00:12	<b>00:59:25.10</b>	<b>00:59:37.95</b>	+00:16:08 (27.2%)	4:57	12.1 (72.9%)
45	<b>LEŚNIAK Michał</b>	<b>31</b>		M20	10	00:00:07	<b>00:59:34.00</b>	<b>00:59:41.05</b>	+00:16:17 (27.3%)	4:57	12.1 (72.9%)
46	<b>PILARSKI Rafał</b>	<b>133</b>	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M30	17	00:00:06	<b>00:59:45.45</b>	<b>00:59:52.15</b>	+00:16:28 (27.6%)	4:58	12 (72.3%)
47	<b>CHĘCIŃSKI Leszek</b>	<b>100</b>		M40	11	00:00:03	<b>01:00:01.50</b>	<b>01:00:04.85</b>	+00:16:44 (27.9%)	5:00	12 (72.3%)
48	<b>KOSEDA Robert</b>	<b>15</b>		M40	12	00:00:06	<b>01:00:09.70</b>	<b>01:00:16.45</b>	+00:16:52 (28.1%)	5:00	12 (72.3%)
49	<b>CHOJNACKI Krzysztof</b>	<b>11</b>		M40	13	00:00:06	<b>01:00:33.35</b>	<b>01:00:39.60</b>	+00:17:16 (28.5%)	5:02	11.9 (71.7%)
50	<b>JAKÓBCZYK Krzysztof</b>	<b>88</b>	PGB SPORTOWA PACZKA	M50	2	00:00:04	<b>01:01:30.10</b>	<b>01:01:35.05</b>	+00:18:13 (29.6%)	5:07	11.7 (70.5%)
51	<b>ŁUSIAK Marek</b>	<b>24</b>		M50	3	00:00:03	<b>01:01:36.05</b>	<b>01:01:39.90</b>	+00:18:19 (29.7%)	5:08	11.7 (70.5%)
52	<b>LEWANDOWSKI Tomasz</b>	<b>74</b>	CSLOG GRUPA	M40	14	00:00:08	<b>01:01:36.35</b>	<b>01:01:44.65</b>	+00:18:19 (29.7%)	5:08	11.7 (70.5%)
53	<b>OREMUS Zuzanna</b>	<b>86</b>		K16	1	00:00:04	<b>01:01:41.20</b>	<b>01:01:46.10</b>	+00:18:24 (29.8%)	5:08	11.7 (70.5%)
54	<b>LIBECKI Marcin</b>	<b>94</b>	PALIMY PODESZWY	M40	15	00:00:06	<b>01:01:50.15</b>	<b>01:01:56.65</b>	+00:18:33 (30.0%)	5:09	11.6 (69.9%)
55	<b>JANISZEWSKI Przemysław</b>	<b>5</b>	THE RUNNERS ŚWIECIE	M30	18	00:00:10	<b>01:01:57.90</b>	<b>01:02:08.60</b>	+00:18:41 (30.2%)	5:09	11.6 (69.9%)
56	<b>POŁAJDOWICZ Tomek</b>	<b>138</b>		M30	19	00:00:08	<b>01:01:59.05</b>	<b>01:02:07.90</b>	+00:18:42 (30.2%)	5:09	11.6 (69.9%)
57	<b>MAŁECKI Janusz</b>	<b>123</b>	NZS UMK	M50	4	00:00:05	<b>01:02:01.75</b>	<b>01:02:07.05</b>	+00:18:44 (30.2%)	5:10	11.6 (69.9%)
58	<b>KOSTRO Kasia</b>	<b>128</b>		K40	2	00:00:13	<b>01:02:04.05</b>	<b>01:02:17.50</b>	+00:18:47 (30.3%)	5:10	11.6 (69.9%)
59	<b>OSYKA Sebastian</b>	<b>95</b>		M30	20	00:00:04	<b>01:02:16.00</b>	<b>01:02:20.35</b>	+00:18:59 (30.5%)	5:11	11.6 (69.9%)
60	<b>ZABOROWSKA Beata</b>	<b>38</b>		K40	3	00:00:03	<b>01:02:20.25</b>	<b>01:02:23.95</b>	+00:19:03 (30.6%)	5:11	11.6 (69.9%)
61	<b>STUCKI Marek</b>	<b>141</b>	OSP SULNÓWKO	M20	11	00:00:09	<b>01:02:24.45</b>	<b>01:02:34.05</b>	+00:19:07 (30.6%)	5:12	11.5 (69.3%)
62	<b>CHYREK Wojciech</b>	<b>130</b>	LAWA TEAM	M30	21	00:00:19	<b>01:02:27.00</b>	<b>01:02:46.45</b>	+00:19:10 (30.7%)	5:12	11.5 (69.3%)
63	<b>JEZIORSKI Winicjusz</b>	<b>87</b>		M30	22	00:00:05	<b>01:02:30.95</b>	<b>01:02:36.85</b>	+00:19:14 (30.8%)	5:12	11.5 (69.3%)
64	<b>KARWASZ Marek</b>	<b>43</b>		M40	16	00:00:02	<b>01:02:31.95</b>	<b>01:02:34.10</b>	+00:19:15 (30.8%)	5:12	11.5 (69.3%)
65	<b>STYKAŁA Magdalena</b>	<b>2</b>		K40	4	00:00:11	<b>01:02:40.55</b>	<b>01:02:52.05</b>	+00:19:23 (30.9%)	5:13	11.5 (69.3%)
66	<b>MITZ Miłosz</b>	<b>104</b>		M20	12	00:00:06	<b>01:02:57.70</b>	<b>01:03:03.70</b>	+00:19:40 (31.3%)	5:14	11.4 (68.7%)
67	<b>MURAWIEC Krzysztof</b>	<b>34</b>		M40	17	00:00:02	<b>01:03:07.40</b>	<b>01:03:10.15</b>	+00:19:50 (31.4%)	5:15	11.4 (68.7%)
68	<b>KUCHCZYŃSKI Marcin</b>	<b>17</b>	OSP LIPINKI	M20	13	00:00:05	<b>01:03:47.90</b>	<b>01:03:53.50</b>	+00:20:31 (32.2%)	5:19	11.3 (68.1%)
69	<b>KŁÓTKA Bartosz</b>	<b>30</b>	WILCZE ECHO	M20	14	00:00:07	<b>01:03:53.90</b>	<b>01:04:01.70</b>	+00:20:37 (32.3%)	5:19	11.3 (68.1%)
70	<b>WOJCIECHOWSKI Kacper</b>	<b>13</b>		M20	15	00:00:07	<b>01:03:53.95</b>	<b>01:04:01.35</b>	+00:20:37 (32.3%)	5:19	11.3 (68.1%)
71	<b>CHABROS Małgorzata</b>	<b>46</b>	THE RUNNERS ŚWIECIE	K20	2	00:00:10	<b>01:04:09.85</b>	<b>01:04:20.45</b>	+00:20:53 (32.5%)	5:20	11.2 (67.5%)
72	<b>KUZIEMSKI Adam</b>	<b>68</b>	PUE WERGON	M20	16	00:00:07	<b>01:04:13.30</b>	<b>01:04:20.35</b>	+00:20:56 (32.6%)	5:21	11.2 (67.5%)
73	<b>DANIELEWSKI Grzegorz</b>	<b>40</b>	LOK 'LEŚNI ' ŚWIECIE	M40	18	00:00:06	<b>01:04:36.85</b>	<b>01:04:43.05</b>	+00:21:20 (33.0%)	5:23	11.1 (66.9%)
74	<b>NOWICKI Krystian</b>	<b>154</b>		M30	23	00:00:11	<b>01:05:03.30</b>	<b>01:05:14.40</b>	+00:21:46 (33.5%)	5:25	11.1 (66.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 12km	brutto 12km			
75	<b>GRABOWSKI Marcin</b>	<b>53</b>	VS	M30	24	00:00:05	<b>01:05:31.25</b>	<b>01:05:36.75</b>	+00:22:14 (33.9%)	5:27	11 (66.3%)
76	<b>BUSSE Dariusz</b>	<b>41</b>		M40	19	00:00:10	<b>01:05:33.35</b>	<b>01:05:43.45</b>	+00:22:16 (34.0%)	5:27	11 (66.3%)
77	<b>NOWACKA Gabriela</b>	<b>153</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	K50	1	00:00:04	<b>01:05:41.75</b>	<b>01:05:46.20</b>	+00:22:24 (34.1%)	5:28	11 (66.3%)
78	<b>PYRKA Radosław</b>	<b>19</b>	OSP SULNÓWKO	M30	25	00:00:08	<b>01:06:13.50</b>	<b>01:06:21.80</b>	+00:22:56 (34.6%)	5:31	10.9 (65.7%)
79	<b>STOKFISZEWSKI Sebastian</b>	<b>101</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	M40	20	00:00:13	<b>01:06:17.55</b>	<b>01:06:31.15</b>	+00:23:00 (34.7%)	5:31	10.9 (65.7%)
80	<b>TELEJKO Zbigniew</b>	<b>152</b>		M40	21	00:00:09	<b>01:06:30.05</b>	<b>01:06:39.90</b>	+00:23:13 (34.9%)	5:32	10.8 (65.1%)
81	<b>KIMBAR Robert</b>	<b>136</b>	SĘKI OSIE	M40	22	00:00:03	<b>01:07:14.00</b>	<b>01:07:17.35</b>	+00:23:57 (35.6%)	5:36	10.7 (64.5%)
82	<b>MAŁECKI Tomasz</b>	<b>124</b>	GOSIA&TOMEK	M20	17	00:00:08	<b>01:07:49.40</b>	<b>01:07:57.55</b>	+00:24:32 (36.2%)	5:39	10.6 (63.9%)
83	<b>DULĘBA Mikołaj</b>	<b>146</b>		M20	18	00:00:09	<b>01:08:03.95</b>	<b>01:08:13.85</b>	+00:24:47 (36.4%)	5:40	10.6 (63.9%)
84	<b>PYRKA Marta</b>	<b>20</b>	2 LO ŚWIECIE	K30	3	00:00:12	<b>01:08:06.80</b>	<b>01:08:18.85</b>	+00:24:49 (36.5%)	5:40	10.6 (63.9%)
85	<b>ZDROJKOWSKA Joanna</b>	<b>119</b>	ROLL&RUN TEAM	K50	2	00:00:11	<b>01:08:27.40</b>	<b>01:08:38.60</b>	+00:25:10 (36.8%)	5:42	10.5 (63.3%)
86	<b>KLAJBOR Mariusz</b>	<b>144</b>	LESZCZE BIEGANIA	M30	26	00:00:09	<b>01:08:40.80</b>	<b>01:08:50.25</b>	+00:25:23 (37.0%)	5:43	10.5 (63.3%)
87	<b>GNIOT Bożena</b>	<b>160</b>		K30	4	00:00:12	<b>01:08:51.90</b>	<b>01:09:04.00</b>	+00:25:35 (37.2%)	5:44	10.5 (63.3%)
88	<b>RADOWSKI Lech</b>	<b>75</b>		M50	5	00:00:05	<b>01:08:55.00</b>	<b>01:09:00.90</b>	+00:25:38 (37.2%)	5:44	10.4 (62.7%)
89	<b>BRANDENBURGER Piotr</b>	<b>140</b>	SOLIDARNOŚĆ POLEDNO	M30	27	00:00:08	<b>01:09:20.70</b>	<b>01:09:29.25</b>	+00:26:03 (37.6%)	5:46	10.4 (62.7%)
90	<b>MICHNA Justyna</b>	<b>49</b>		K40	5	00:00:11	<b>01:09:28.55</b>	<b>01:09:40.25</b>	+00:26:11 (37.7%)	5:47	10.4 (62.7%)
91	<b>GORBASZEWICZ Lukasz</b>	<b>103</b>		M30	28	00:00:14	<b>01:10:00.75</b>	<b>01:10:15.25</b>	+00:26:43 (38.2%)	5:50	10.3 (62.0%)
92	<b>KARWASZ Agata</b>	<b>44</b>		K16	2	00:00:02	<b>01:10:35.20</b>	<b>01:10:37.50</b>	+00:27:18 (38.7%)	5:52	10.2 (61.4%)
93	<b>HAWRO-CHYREK Anna</b>	<b>129</b>	LAWA TEAM	K30	5	00:00:13	<b>01:10:58.15</b>	<b>01:11:11.60</b>	+00:27:41 (39.0%)	5:54	10.1 (60.8%)
93	<b>ZEMFLER Magdalena</b>	<b>137</b>	TSUNAMI TRI	K30	6	00:00:13	<b>01:10:58.15</b>	<b>01:11:11.90</b>	+00:27:41 (39.0%)	5:54	10.1 (60.8%)
95	<b>BRAC Grażyna</b>	<b>18</b>		K60	1	00:00:09	<b>01:11:02.00</b>	<b>01:11:11.30</b>	+00:27:45 (39.1%)	5:55	10.1 (60.8%)
96	<b>FRUKACZ Emilia</b>	<b>6</b>		K20	3	00:00:10	<b>01:11:10.05</b>	<b>01:11:20.75</b>	+00:27:53 (39.2%)	5:55	10.1 (60.8%)
97	<b>RICHERT Edmund</b>	<b>62</b>		M60	3	00:00:07	<b>01:11:15.10</b>	<b>01:11:23.05</b>	+00:27:58 (39.3%)	5:56	10.1 (60.8%)
98	<b>RUMOCKI Jozek</b>	<b>102</b>	ASPIRATION	M50	6	00:00:05	<b>01:11:25.55</b>	<b>01:11:31.05</b>	+00:28:08 (39.4%)	5:57	10.1 (60.8%)
99	<b>JAWORSKA Anna</b>	<b>82</b>		K30	7	00:00:04	<b>01:12:12.40</b>	<b>01:12:17.05</b>	+00:28:55 (40.1%)	6:01	10 (60.2%)
100	<b>BRYCZKOWSKI Piotr</b>	<b>162</b>		M40	23	00:00:07	<b>01:12:23.30</b>	<b>01:12:30.95</b>	+00:29:06 (40.2%)	6:01	9.9 (59.6%)
101	<b>WOJTOWICZ Agnieszka</b>	<b>161</b>		K30	8	00:00:07	<b>01:12:23.80</b>	<b>01:12:30.95</b>	+00:29:06 (40.2%)	6:01	9.9 (59.6%)
102	<b>BRAC Marian</b>	<b>42</b>		M60	4	00:00:08	<b>01:12:24.55</b>	<b>01:12:32.80</b>	+00:29:07 (40.2%)	6:02	9.9 (59.6%)
103	<b>WOJCIECHOWSKI Wojciech</b>	<b>142</b>				00:00:24	<b>01:12:35.50</b>	<b>01:13:00.35</b>	+00:29:18 (40.4%)	6:03	9.9 (59.6%)
104	<b>STYKAŁA Adrianna</b>	<b>3</b>		K16	3	00:00:11	<b>01:13:02.25</b>	<b>01:13:13.75</b>	+00:29:45 (40.7%)	6:05	9.9 (59.6%)
105	<b>NOWAK Wojciech</b>	<b>122</b>	KLUB BIEGACZA PRZYP K AGDYNIA	M60	5	00:00:07	<b>01:13:03.55</b>	<b>01:13:11.00</b>	+00:29:46 (40.8%)	6:05	9.9 (59.6%)
106	<b>KARCZEWSKI Dariusz</b>	<b>159</b>	YOUCO	M50	7	00:00:13	<b>01:13:11.45</b>	<b>01:13:24.75</b>	+00:29:54 (40.9%)	6:05	9.8 (59.0%)
107	<b>MANIKOWSKI Marek</b>	<b>105</b>	SĘKI OSIE	M40	24	00:00:14	<b>01:13:56.35</b>	<b>01:14:11.10</b>	+00:30:39 (41.5%)	6:09	9.7 (58.4%)
108	<b>KALINOWSKA Patrycja</b>	<b>16</b>	SOLECCY BIEGACZE	K20	4	00:00:13	<b>01:14:03.95</b>	<b>01:14:16.95</b>	+00:30:47 (41.6%)	6:10	9.7 (58.4%)
109	<b>KALINOWSKI Dariusz</b>	<b>12</b>		M30	29	00:00:12	<b>01:14:04.20</b>	<b>01:14:17.05</b>	+00:30:47 (41.6%)	6:10	9.7 (58.4%)
110	<b>KONECZNIAK Artur</b>	<b>27</b>		M30	30	00:00:17	<b>01:14:08.50</b>	<b>01:14:25.95</b>	+00:30:51 (41.6%)	6:10	9.7 (58.4%)
111	<b>BRANDENBURGER Krzysztof</b>	<b>9</b>	SOLIDARNOŚĆ POLEDNO	M30	31	00:00:11	<b>01:14:20.50</b>	<b>01:14:31.70</b>	+00:31:03 (41.8%)	6:11	9.7 (58.4%)
112	<b>CHABOWSKI Łukasz</b>	<b>143</b>		M20	19	00:00:09	<b>01:14:45.70</b>	<b>01:14:54.70</b>	+00:31:28 (42.1%)	6:13	9.6 (57.8%)
113	<b>OLCZAK Ewa</b>	<b>58</b>	2LO ŚWIECIE	K40	6	00:00:15	<b>01:14:46.25</b>	<b>01:15:01.65</b>	+00:31:29 (42.1%)	6:13	9.6 (57.8%)
114	<b>GRUŻLEWSKI Maciej</b>	<b>135</b>		M30	32	00:00:07	<b>01:15:57.90</b>	<b>01:16:05.55</b>	+00:32:41 (43.0%)	6:19	9.5 (57.2%)
115	<b>GRUŻLEWSKI Przemysław</b>	<b>1</b>		M30	33	00:00:06	<b>01:15:59.05</b>	<b>01:16:05.35</b>	+00:32:42 (43.0%)	6:19	9.5 (57.2%)
116	<b>KAWSKA Ewa</b>	<b>52</b>		K40	7	00:00:13	<b>01:16:10.15</b>	<b>01:16:23.95</b>	+00:32:53 (43.2%)	6:20	9.5 (57.2%)
117	<b>FILARSKA Marzena</b>	<b>51</b>		K40	8	00:00:13	<b>01:16:10.75</b>	<b>01:16:23.90</b>	+00:32:53 (43.2%)	6:20	9.5 (57.2%)
118	<b>FĄLKOWSKI Zbigniew</b>	<b>61</b>	SĘKI OSIE	M60	6	00:00:05	<b>01:17:06.40</b>	<b>01:17:12.10</b>	+00:33:49 (43.9%)	6:25	9.3 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
119	<b>CHABROS Teresa</b>	<b>47</b>		K50	3	00:00:11	<b>01:17:45.15</b>	<b>01:17:56.35</b>	+00:34:28 (44.3%)	6:28	9.3 (56.0%)
120	<b>PALUSZKIEWICZ Michał</b>	<b>117</b>		M40	25	00:00:07	<b>01:17:49.05</b>	<b>01:17:56.45</b>	+00:34:32 (44.4%)	6:29	9.3 (56.0%)
121	<b>MAZANOWSKA Izabela</b>	<b>69</b>		K30	9	00:00:13	<b>01:19:07.85</b>	<b>01:19:21.20</b>	+00:35:51 (45.3%)	6:35	9.1 (54.8%)
122	<b>WICZANOWSKA Natalia</b>	<b>73</b>		K20	5	00:00:09	<b>01:20:16.25</b>	<b>01:20:25.25</b>	+00:36:59 (46.1%)	6:41	9 (54.2%)
123	<b>KOSECKA Katarzyna</b>	<b>72</b>		K20	6	00:00:09	<b>01:20:16.55</b>	<b>01:20:25.70</b>	+00:36:59 (46.1%)	6:41	9 (54.2%)
124	<b>NITSCHKE Maciej</b>	<b>107</b>		M20	20	00:00:14	<b>01:21:19.20</b>	<b>01:21:33.60</b>	+00:38:02 (46.8%)	6:46	8.9 (53.6%)
125	<b>GRZMIL Izabela</b>	<b>92</b>		K40	9	00:00:13	<b>01:22:25.25</b>	<b>01:22:39.05</b>	+00:39:08 (47.5%)	6:52	8.7 (52.4%)
126	<b>ZYGMUNT Magdalena</b>	<b>147</b>		K40	10	00:00:10	<b>01:23:22.90</b>	<b>01:23:33.40</b>	+00:40:06 (48.1%)	6:56	8.6 (51.8%)
127	<b>ZYGMUNT Marcin</b>	<b>148</b>		M40	26	00:00:10	<b>01:23:23.45</b>	<b>01:23:33.75</b>	+00:40:06 (48.1%)	6:56	8.6 (51.8%)
128	<b>MRUK Patrycja</b>	<b>155</b>		K30	10	00:00:12	<b>01:26:16.40</b>	<b>01:26:29.00</b>	+00:42:59 (49.8%)	7:11	8.3 (50.0%)
129	<b>JAWORSKA Żaneta</b>	<b>115</b>		K30	11	00:00:12	<b>01:26:17.45</b>	<b>01:26:29.55</b>	+00:43:00 (49.8%)	7:11	8.3 (50.0%)
130	<b>BRZEZINSKA-HAFFKE Sylwia</b>	<b>25</b>		K40	11	00:00:12	<b>01:26:33.10</b>	<b>01:26:45.45</b>	+00:43:16 (50.0%)	7:12	8.3 (50.0%)
131	<b>DANIŁOWSKA Małgorzata</b>	<b>22</b>		K30	12	00:00:15	<b>01:26:57.55</b>	<b>01:27:12.85</b>	+00:43:40 (50.2%)	7:14	8.3 (50.0%)
132	<b>SZCZEPAŃSKA Katarzyna</b>	<b>59</b>		K30	13	00:00:12	<b>01:27:16.65</b>	<b>01:27:28.95</b>	+00:43:59 (50.4%)	7:16	8.3 (50.0%)
133	<b>BRAC-WALCZYK Małgorzata</b>	<b>114</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	K50	4	00:00:04	<b>01:28:50.70</b>	<b>01:28:54.95</b>	+00:45:33 (51.3%)	7:24	8.1 (48.8%)
134	<b>PIANOWSKA Ewa</b>	<b>54</b>		K50	5	00:00:14	<b>01:29:19.65</b>	<b>01:29:33.90</b>	+00:46:02 (51.5%)	7:26	8.1 (48.8%)
135	<b>RADOWSKA Anna</b>	<b>76</b>	SĘKI OSIE	K50	6	00:00:06	<b>01:29:28.30</b>	<b>01:29:34.30</b>	+00:46:11 (51.6%)	7:27	8 (48.2%)
136	<b>RYDZKOWSKI Krzysztof</b>	<b>109</b>	SIP	M20	21	00:00:14	<b>01:36:08.05</b>	<b>01:36:22.75</b>	+00:52:51 (55.0%)	8:00	7.5 (45.2%)
137	<b>WOLSKI Robert</b>	<b>108</b>		M30	34	00:00:14	<b>01:36:09.40</b>	<b>01:36:23.75</b>	+00:52:52 (55.0%)	8:00	7.5 (45.2%)
138	<b>STACHOWSKA Aleksandra</b>	<b>48</b>		K30	14	00:00:10	<b>01:38:15.25</b>	<b>01:38:25.45</b>	+00:54:58 (56.0%)	8:11	7.3 (44.0%)
139	<b>MASTEJ Małgorzata</b>	<b>125</b>	GOSIA&TOMEK	K20	7	00:00:08	<b>01:38:55.70</b>	<b>01:39:04.00</b>	+00:55:38 (56.3%)	8:14	7.3 (44.0%)
140	<b>KŁOTKA Maciej</b>	<b>29</b>	WILCZE ECHO	M50	8	00:00:08	<b>01:38:56.90</b>	<b>01:39:05.50</b>	+00:55:40 (56.3%)	8:14	7.3 (44.0%)
	<b>OSYKA Emilia</b>	<b>96</b>		K30		DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>LIGMANOWSKI Mateusz</b>	<b>7</b>	OSP' RATOWNIK' ŚWIECIE	M20		DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Znaleziono 142 wynik(ów)