



III CROSS PRECON POLSKA JASTROWIE - 10,6KM

B4SPORT

Event: III CROSS PRECON POLSKA JASTROWIE
Organiser: Urząd Gminy i Miasta w Jastrowiu
Date: 2018-04-07
Place: Jastrowie
Distance: 10.6 km



Classification: M-40

Place	Participant	Number	Club	Category	MCat	Start_All 5.3km	Net time 10.6km	Gap	Pace min/km	Pace km/h
1	HOFFMAN Aleksander	21	PRECON POLSKA	M-40	1	00:19:07	00:38:58.20		3:40	16.3 (100%)
2	ŚLĘZAK Robert	76	OLIMPIJCZYK SZCZOKOCINY	M-40	2	00:21:43	00:43:30.75	+00:04:32 (10.4%)	4:06	14.6 (89.6%)
3	GÓRA Sylwek	89	#ZABIEGANI NOCĄ	M-40	3	00:22:31	00:45:24.95	+00:06:26 (14.2%)	4:17	14 (85.9%)
3	TRĘBSKI Krzysztof	93	#ZABIEGANI NOCĄ	M-40	4	00:22:32	00:45:24.95	+00:06:26 (14.2%)	4:17	14 (85.9%)
5	RAK Adam	64		M-40	5	00:22:18	00:46:34.40	+00:07:36 (16.3%)	4:23	13.7 (84.0%)
6	ŚWITAŁ Leszek	96	PCH_RUN	M-40	6	00:23:37	00:47:36.45	+00:08:38 (18.1%)	4:29	13.4 (82.2%)
7	SULIK Krzysztof	69		M-40	7	00:24:06	00:48:31.20	+00:09:33 (19.7%)	4:34	13.1 (80.4%)
8	JAROSZ Dariusz	100	TKKF KOSZALIN	M-40	8	00:25:21	00:49:34.05	+00:10:35 (21.4%)	4:40	12.8 (78.5%)
9	OCHNIO Ryszard	53	POLONIA JASTROWIE	M-40	9	00:24:20	00:50:52.15	+00:11:53 (23.4%)	4:47	12.5 (76.7%)
10	KASPERSKI Dariusz	28		M-40	10	00:24:54	00:51:12.45	+00:12:14 (23.9%)	4:49	12.4 (76.1%)
11	JUSZKIEWICZ Wojciech	26		M-40	11	00:26:03	00:53:30.70	+00:14:32 (27.2%)	5:02	11.9 (73.0%)
12	GAWIN Rafał	13		M-40	12	00:26:40	00:53:50.45	+00:14:52 (27.6%)	5:04	11.8 (72.4%)
13	DYCKOWSKI Andrzej	7	HUSARIA RACE TEAM	M-40	13	00:26:37	00:54:36.05	+00:15:37 (28.6%)	5:09	11.6 (71.2%)
14	PIECHOTA Robert	58	ROZBIEGANI KOSZALIN	M-40	14	00:27:44	00:56:52.65	+00:17:54 (31.5%)	5:21	11.2 (68.7%)
15	BUDZIŃSKI Dariusz	99		M-40	15	00:28:51	00:57:14.55	+00:18:16 (31.9%)	5:24	11.1 (68.1%)
16	GALICKI Robert	112		M-40	16	00:28:46	00:57:26.40	+00:18:28 (32.2%)	5:25	11.1 (68.1%)
17	KLUPŚ Janusz	32		M-40	17	00:28:47	00:57:45.90	+00:18:47 (32.5%)	5:26	11 (67.5%)
18	HAŁKA Arkadiusz	20	TRUCHT ŁOBEZ	M-40	18	00:28:54	00:59:29.40	+00:20:31 (34.5%)	5:36	10.7 (65.6%)
19	WAJDA Waldemar	80	BORNE BIEGA	M-40	19	00:29:40	00:59:32.85	+00:20:34 (34.6%)	5:37	10.7 (65.6%)
20	KOŁODZIEJCZAK Grzegorz	34	PARKRUN SZCZECINEK	M-40	20	00:30:53	00:59:51.75	+00:20:53 (34.9%)	5:38	10.6 (65.0%)
21	WIELGUS Jacek	84		M-40	21	00:32:43	01:07:27.85	+00:28:29 (42.2%)	6:21	9.4 (57.7%)
22	WALCZAK Grzegorz	81	OCTOPUS SUCHY LAS	M-40	22	00:46:53	01:36:13.75	+00:57:15 (59.5%)	9:04	6.6 (40.5%)

Total 22 results.