



III CROSS PRECON POLSKA JASTROWIE - 10,6KM

B4SPORT

Wydarzenie: III CROSS PRECON POLSKA JASTROWIE
Organizator: Urząd Gminy i Miasta w Jastrowiu
Data: 2018-04-07
Miejsce: Jastrowie
Dystans: 10.6 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All 5.3km	Czas netto 10.6km	Różn	Tempo min/km	Tempo km/h
1	WIRKUS Łukasz	104	MKS TALEX	M-30	1	00:18:19	00:37:45.30		3:33	16.8 (100%)
2	HOFFMAN Aleksander	21	PRECON POLSKA	M-40	1	00:19:07	00:38:58.20	+00:01:12 (3.1%)	3:40	16.3 (97.0%)
3	ŁAWECKI Darek	42	WWW.LAWECCY.PL	M-30	2	00:20:01	00:40:39.90	+00:02:54 (7.2%)	3:50	15.6 (92.9%)
4	KUBIAK Piotr	37	PRECON POLSKA	M-30	3	00:20:15	00:41:50.50	+00:04:05 (9.8%)	3:56	15.2 (90.5%)
5	ŚLĘZAK Robert	76	OLIMPIJCZYK SZCZĘKOCINY	M-40	2	00:21:43	00:43:30.75	+00:05:45 (13.2%)	4:06	14.6 (86.9%)
6	KĘDZIERSKI Andrzej	29		M-30	4	00:21:35	00:43:54.35	+00:06:09 (14.0%)	4:08	14.5 (86.3%)
7	GÓRA Sylwek	89	#ZABIEGANI NOCĄ	M-40	3	00:22:31	00:45:24.95	+00:07:39 (16.9%)	4:17	14 (83.3%)
7	TRĘBSKI Krzysztof	93	#ZABIEGANI NOCĄ	M-40	4	00:22:32	00:45:24.95	+00:07:39 (16.9%)	4:17	14 (83.3%)
9	CUBER Wojciech	92	#ZABIEGANI NOCĄ	M-30	5	00:22:33	00:46:12.00	+00:08:26 (18.3%)	4:21	13.8 (82.1%)
10	RAMS Tadeusz	30	OLIMPIJCZYK SZCZĘKOCINY	M-50	1	00:23:18	00:46:32.15	+00:08:46 (18.9%)	4:23	13.7 (81.5%)
11	RAK Adam	64		M-40	5	00:22:18	00:46:34.40	+00:08:49 (18.9%)	4:23	13.7 (81.5%)
12	PIECHOTA Mariusz	57	WATAHA WAŁCZ	M-50	2	00:22:39	00:47:03.50	+00:09:18 (19.8%)	4:26	13.5 (80.4%)
13	DZIADCZYK Krzysztof	8	FLORIAN CHOJNICE	M-50	3	00:23:06	00:47:05.45	+00:09:20 (19.8%)	4:26	13.5 (80.4%)
14	ŚWITAŁ Leszek	96	PCH_RUN	M-40	6	00:23:37	00:47:36.45	+00:09:51 (20.7%)	4:29	13.4 (79.8%)
15	JANIAK Sebastian	24	TEAM BIEGOWY SZCZĘCINEK	M-30	6	00:23:46	00:48:06.45	+00:10:21 (21.5%)	4:32	13.2 (78.6%)
16	SYDORENKO Oleksandr	70		M-18	1	00:24:06	00:48:08.90	+00:10:23 (21.6%)	4:32	13.2 (78.6%)
17	SAWICKI Eligiusz	66		M-50	4	00:23:46	00:48:11.35	+00:10:26 (21.7%)	4:32	13.2 (78.6%)
18	SULIK Krzysztof	69		M-40	7	00:24:06	00:48:31.20	+00:10:45 (22.2%)	4:34	13.1 (78.0%)
19	SZWEDA Tomasz	71	STOWARZYSZENIE LUDZI W BIEGU	M-30	7	00:23:55	00:48:46.65	+00:11:01 (22.6%)	4:36	13 (77.4%)
20	WIELGUS Grzegorz	85		M-30	8	00:24:42	00:48:47.40	+00:11:02 (22.6%)	4:36	13 (77.4%)
21	ZDZENKA Kamil	91		M-30	9	00:23:50	00:48:53.00	+00:11:07 (22.8%)	4:36	13 (77.4%)
22	SZYMCZAK Krzysztof	101	SYSTEM 11	M-50	5	00:24:15	00:49:18.45	+00:11:33 (23.4%)	4:39	12.9 (76.8%)
23	JAROSZ Dariusz	100	TKKF KOSZALIN	M-40	8	00:25:21	00:49:34.05	+00:11:48 (23.8%)	4:40	12.8 (76.2%)
24	KUBIAK Daniel	113		M-30	10	00:24:56	00:49:38.95	+00:11:53 (24.0%)	4:41	12.8 (76.2%)
25	OSTROWSKI Marian	106	SENIOR 54	M-60	1	00:24:51	00:49:51.95	+00:12:06 (24.3%)	4:42	12.8 (76.2%)
26	KWASIGROCH Marcin	40	FIRE RESCU TEAM	M-18	2	00:25:26	00:50:35.45	+00:12:50 (25.4%)	4:46	12.6 (75.0%)
27	OCHNIO Ryszard	53	POLONIA JASTROWIE	M-40	9	00:24:20	00:50:52.15	+00:13:06 (25.8%)	4:47	12.5 (74.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All	Czas netto	Różn	Tempo min/km	Tempo km/h
						5.3km	10.6km			
28	NAPIÓRKOWSKI Sławomir	97	TRIPAKA PRZECHLEWO	M-30	11	00:25:20	00:50:56.25	+00:13:10 (25.9%)	4:48	12.5 (74.4%)
29	KASPERSKI Dariusz	28		M-40	10	00:24:54	00:51:12.45	+00:13:27 (26.3%)	4:49	12.4 (73.8%)
30	KUBIŚ Paweł	38	APTEKARZE	M-30	12	00:25:56	00:51:21.20	+00:13:35 (26.5%)	4:50	12.4 (73.8%)
31	JUSZKIEWICZ Wojciech	26		M-40	11	00:26:03	00:53:30.70	+00:15:45 (29.4%)	5:02	11.9 (70.8%)
32	PAWŁOWSKI Michał	56	PRECON-POLSKA	M-30	13	00:25:57	00:53:32.45	+00:15:47 (29.5%)	5:03	11.9 (70.8%)
33	KOWALCZYK Seweryn	35	TEAM BIEGOWY SZCZECINEK	M-18	3	00:25:51	00:53:35.95	+00:15:50 (29.6%)	5:03	11.9 (70.8%)
34	GAWIN Rafał	13		M-40	12	00:26:40	00:53:50.45	+00:16:05 (29.9%)	5:04	11.8 (70.2%)
35	WNUK Miłosz	86		M-30	14	00:26:04	00:53:50.50	+00:16:05 (29.9%)	5:04	11.8 (70.2%)
36	MAŃKOWSKI Dariusz	47	JASTROWIE	M-50	6	00:26:08	00:53:55.00	+00:16:09 (30.0%)	5:05	11.8 (70.2%)
37	SEYDAK Maciej	68	BOSCO TEAM DEBRZNO	M-18	4	00:27:04	00:54:21.85	+00:16:36 (30.6%)	5:07	11.7 (69.6%)
38	DYCKOWSKI Andrzej	7	HUSARIA RACE TEAM	M-40	13	00:26:37	00:54:36.05	+00:16:50 (30.9%)	5:09	11.6 (69.0%)
39	KUICH Piotr	39	LILL-SPORT	M-50	7	00:26:24	00:54:42.50	+00:16:57 (31.0%)	5:09	11.6 (69.0%)
40	GEMZA Marcin	14	RAGE RUN	M-30	15	00:25:07	00:54:59.50	+00:17:14 (31.3%)	5:11	11.6 (69.0%)
41	MRÓZ Przemysław	50	RAGE RUN	M-30	16	00:27:08	00:55:07.15	+00:17:21 (31.5%)	5:11	11.5 (68.5%)
42	GRACZKOWSKI Damian	15	BWM	M-18	5	00:26:54	00:55:26.95	+00:17:41 (31.9%)	5:13	11.5 (68.5%)
43	TWARDOWSKI Jacek	78		M-60	2	00:28:05	00:55:47.25	+00:18:01 (32.3%)	5:15	11.4 (67.9%)
44	SZWEDA Marek	72		M-60	3	00:27:27	00:56:43.65	+00:18:58 (33.4%)	5:21	11.2 (66.7%)
45	PIECHOTA Robert	58	ROZBIEGANY KOSZALIN	M-40	14	00:27:44	00:56:52.65	+00:19:07 (33.6%)	5:21	11.2 (66.7%)
46	BUDZIŃSKI Dariusz	99		M-40	15	00:28:51	00:57:14.55	+00:19:29 (34.0%)	5:24	11.1 (66.1%)
47	GALICKI Robert	112		M-40	16	00:28:46	00:57:26.40	+00:19:41 (34.3%)	5:25	11.1 (66.1%)
48	KLUPŚ Janusz	32		M-40	17	00:28:47	00:57:45.90	+00:20:00 (34.6%)	5:26	11 (65.5%)
49	ŁUŃSKI Maciej	44		M-30	17	00:28:40	00:58:04.75	+00:20:19 (35.0%)	5:28	10.9 (64.9%)
50	TYLMAN Piotr	79		M-30	18	00:27:44	00:58:29.80	+00:20:44 (35.5%)	5:31	10.9 (64.9%)
51	OSOBNIAK Ryszard	54	NIEZRZESZONY	M-60	4	00:29:05	00:58:52.40	+00:21:07 (35.9%)	5:33	10.8 (64.3%)
52	SZYŃKARUK Marek	75	TEAM BIEGOWY SZCZECINEK	M-30	19	00:29:39	00:58:59.95	+00:21:14 (36.0%)	5:33	10.8 (64.3%)
53	SZYMAŃSKI Tomasz	73	TEAM BIEGOWY SZCZECINEK	M-50	8	00:28:58	00:59:07.05	+00:21:21 (36.1%)	5:34	10.8 (64.3%)
54	JASKÓŁKA-STANISZ Paweł	25		M-18	6	00:29:34	00:59:22.20	+00:21:36 (36.4%)	5:36	10.7 (63.7%)
55	HAŁKA Arkadiusz	20	TRUCHT ŁOBEZ	M-40	18	00:28:54	00:59:29.40	+00:21:44 (36.5%)	5:36	10.7 (63.7%)
56	WAJDA Waldemar	80	BORNE BIEGA	M-40	19	00:29:40	00:59:32.85	+00:21:47 (36.6%)	5:37	10.7 (63.7%)
57	KOŁODZIEJCZAK Grzegorz	34	PARKRUN SZCZECINEK	M-40	20	00:30:53	00:59:51.75	+00:22:06 (36.9%)	5:38	10.6 (63.1%)
58	GRZYSTEK Marcin	18		M-30	20	00:30:52	00:59:52.95	+00:22:07 (37.0%)	5:38	10.6 (63.1%)
59	KOPKIEWICZ Konrad	105		M-30	21	00:30:55	01:03:40.55	+00:25:55 (40.7%)	6:00	10 (59.5%)
60	PLECETY Andrzej	87	PRECON POLSKA	M-50	9	00:30:42	01:03:50.15	+00:26:04 (40.9%)	6:01	10 (59.5%)
61	WIELGUS Jacek	84		M-40	21	00:32:43	01:07:27.85	+00:29:42 (44.0%)	6:21	9.4 (56.0%)
62	WALCZAK Henryk	82	OCTOPUS SUCHY LAS	M-70+	1	00:46:54	01:36:13.00	+00:58:27 (60.8%)	9:04	6.6 (39.3%)
63	WALCZAK Grzegorz	81	OCTOPUS SUCHY LAS	M-40	22	00:46:53	01:36:13.75	+00:58:28 (60.8%)	9:04	6.6 (39.3%)
64	BRONOWICKI Karol	5		M-30	22	00:42:26		+00:24:08	8:00	7.5 (44.6%)

Znaleziono 64 wynik(ów)