



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

III DecaRun Koszalin
Spółka Decathlon sp. z o.o. z siedzibą w Warszawie
2019-08-15
Koszalin
10 km

III DECARUN KOSZALIN 10 KM

B4SPORT



Klasyfikacja: M-20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Laps 2.5km	Laps 5km	Laps 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	GAWRON Piotr	66	ULKS TALEX BORZYTUCHOM	M-20	1	00:08:28	00:17:27	00:26:33	00:35:37.20		3:33	16.8 (100%)
2	IGNACZAK Piotr	92	KB.10.BIAŁOGARD	M-20	2	00:09:17	00:19:07	00:28:59	00:38:46.20	+00:03:09 (8.1%)	3:52	15.5 (92.3%)
3	ZIENOWICZ Michał	322		M-20	3	00:09:30	00:19:21	00:29:08	00:38:53.65	+00:03:16 (8.4%)	3:53	15.4 (91.7%)
4	SITOWSKI Marcin	253	FC RYSIEK	M-20	4	00:09:42	00:19:40	00:29:55	00:40:01.65	+00:04:24 (11.0%)	4:00	15 (89.3%)
5	OLECH Adam	199	KAMIEŃ RYMAŃSKI	M-20	5	00:08:53	00:19:24	00:31:29	00:41:34.60	+00:05:57 (14.3%)	4:09	14.4 (85.7%)
6	BURDZIK Michał	31		M-20	6	00:09:45	00:20:57	00:33:05	00:44:42.60	+00:09:05 (20.3%)	4:28	13.4 (79.8%)
7	MOKSA Dariusz	185		M-20	7	00:10:15	00:21:43	00:33:11	00:44:49.00	+00:09:11 (20.5%)	4:28	13.4 (79.8%)
8	KORMAN Kamil	134		M-20	8	00:10:13	00:21:26	00:33:13	00:44:55.80	+00:09:18 (20.7%)	4:29	13.4 (79.8%)
9	LITWIEJKO Przemysław	337		M-20	9	00:11:03	00:22:22	00:33:56	00:45:05.20	+00:09:28 (21.0%)	4:30	13.3 (79.2%)
10	KASZUBSKI Bartłomiej	112		M-20	10	00:10:58	00:22:28	00:34:12	00:45:41.25	+00:10:04 (22.0%)	4:34	13.1 (78.0%)
11	WĘSEK Maciej	296		M-20	11	00:11:31	00:22:56	00:34:36	00:45:51.45	+00:10:14 (22.3%)	4:35	13.1 (78.0%)
12	NOGA Sebastian	197	TKKF KOSZALIN	M-20	12	00:10:44	00:21:58	00:34:11	00:46:12.20	+00:10:35 (22.9%)	4:37	13 (77.4%)
13	WĄSOWSKI Robert	291	BIURO PODRÓŻY PARADISE TOUR	M-20	13	00:11:09	00:22:51	00:34:44	00:46:28.50	+00:10:51 (23.4%)	4:38	12.9 (76.8%)
14	RACISZ Mateusz	72	KAMIEŃ RYMAŃSKI	M-20	14	00:11:05	00:22:33	00:34:29	00:46:51.05	+00:11:13 (24.0%)	4:41	12.8 (76.2%)
15	KOZIEŁ Adam	139		M-20	15	00:10:39	00:22:39	00:35:09	00:47:43.55	+00:12:06 (25.4%)	4:46	12.6 (75.0%)
16	RUSINEK Dawid	338		M-20	16	00:11:23	00:23:35	00:36:15	00:48:13.15	+00:12:35 (26.1%)	4:49	12.4 (73.8%)
17	ZIELIŃSKI Maciej	321	KAMIEŃ RYMAŃSKI	M-20	17	00:11:29	00:23:58	00:36:51	00:48:23.00	+00:12:45 (26.4%)	4:50	12.4 (73.8%)
18	RUTKOWSKI Artur	239	RUNKING	M-20	18	00:11:15	00:23:35	00:36:22	00:49:02.30	+00:13:25 (27.4%)	4:54	12.2 (72.6%)
19	SZCZUBLEWSKI Martin	272	KAMIEŃ RYMAŃSKI	M-20	19	00:11:04	00:23:26	00:36:13	00:49:38.35	+00:14:01 (28.2%)	4:57	12.1 (72.0%)
20	CHABOWSKI Wojciech	33		M-20	20	00:11:17	00:23:32	00:36:45	00:50:06.45	+00:14:29 (28.9%)	5:00	12 (71.4%)
21	SPECJAŁ Dominik	261	DECATHLON PRZYMORZE TEAM	M-20	21	00:11:19	00:24:27	00:37:40	00:50:15.15	+00:14:37 (29.1%)	5:01	11.9 (70.8%)
22	FORST Filip	58	KAMIEŃ RYMAŃSKI	M-20	22	00:11:04	00:24:16	00:37:56	00:52:06.85	+00:16:29 (31.7%)	5:12	11.5 (68.5%)
23	SUDOŁ Mateusz	332	WYPISZ WYMAŁUJ	M-20	23	00:12:12	00:25:30	00:39:08	00:53:04.30	+00:17:27 (32.9%)	5:18	11.3 (67.3%)
24	ŁANGOWSKI Paweł	158		M-20	24	00:13:07	00:26:25	00:40:21	00:55:34.40	+00:19:57 (35.9%)	5:33	10.8 (64.3%)
25	SZABŁOWIŃSKI Maciej	331		M-20	25	00:11:38	00:26:13	00:41:42	00:55:50.70	+00:20:13 (36.2%)	5:35	10.7 (63.7%)
26	MICHALAK Michał	176	KAMIEŃ RYMAŃSKI	M-20	26	00:12:56	00:27:45	00:42:24	00:56:32.40	+00:20:55 (37.0%)	5:39	10.6 (63.1%)
27	ZANDER Jakub	150	KAMIEŃ RYMAŃSKI	M-20	27	00:13:20	00:27:44	00:42:24	00:56:36.40	+00:20:59 (37.1%)	5:39	10.6 (63.1%)

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28	TUROWSKI Michał	286	DECATHLON SŁUPSK	M-20	28	00:13:16	00:27:31	00:42:21	00:57:29.75	+00:21:52 (38.0%)	5:44	10.4 (61.9%)
29	POLAK Mateusz	333		M-20	29	00:13:36	00:28:50	00:44:59	01:02:15.40	+00:26:38 (42.8%)	6:13	9.6 (57.1%)
30	KRAUZE Dawid	156		M-20	30	00:14:07	00:30:17	00:47:36	01:05:58.35	+00:30:21 (46.0%)	6:35	9.1 (54.2%)

Znaleziono 30 wynik(ów)