



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

III DecaRun Koszalin
Spółka Decathlon sp. z o.o. z siedzibą w Warszawie
2019-08-15
Koszalin
5 km

III DECARUN KOSZALIN 5 KM

B4SPORT



Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Laps 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	GOŹDZIK-ZARĘBA Aneta	75	ŁÓDŹ KOCHA SPORT	K-30	1	00:10:39	00:21:52.75		4:22	13.7 (100%)
2	PASIEKA Agnieszka	209	UKL FENIKS ŚWIDWIN/ 21 BLT	K-30	2	00:10:55	00:22:22.65	+00:00:29 (2.2%)	4:28	13.4 (97.8%)
3	MINKO Mariola	182		K-30	3	00:10:51	00:22:38.05	+00:00:45 (3.3%)	4:31	13.3 (97.1%)
4	BLICHARZ Monika	13	TAGER KOSZALIN	K-30	4	00:11:39	00:23:16.15	+00:01:23 (6.0%)	4:39	12.9 (94.2%)
5	KRUKOWSKA Magdalena	229	UKS DOJLIDY	K-30	5	00:12:02	00:23:19.90	+00:01:27 (6.2%)	4:40	12.9 (94.2%)
6	KULCZYK Katarzyna	334	BRYZA POSTOMINO	K-30	6	00:11:41	00:23:21.65	+00:01:28 (6.3%)	4:40	12.8 (93.4%)
7	BORYS Justyna	23		K-30	7	00:11:35	00:23:30.70	+00:01:37 (6.9%)	4:42	12.8 (93.4%)
8	GLEWICZ Sylwia	67		K-30	8	00:12:42	00:24:59.35	+00:03:06 (12.4%)	4:59	12 (87.6%)
9	RADZIUSZ Ilona	87		K-30	9	00:12:25	00:25:34.45	+00:03:41 (14.4%)	5:07	11.7 (85.4%)
10	BASŁYK Agnieszka	7	LUMBERJACKS CROSS GARAGE KOSZALIN	K-30	10	00:12:52	00:26:26.75	+00:04:34 (17.3%)	5:17	11.3 (82.5%)
11	BIERNAT Marta	12		K-30	11	00:13:12	00:27:17.30	+00:05:24 (19.8%)	5:27	11 (80.3%)
12	ZAKIELARZ Adriana	314		K-30	12	00:13:18	00:27:38.55	+00:05:45 (20.8%)	5:31	10.9 (79.6%)
13	WIOREK Katarzyna	86		K-30	13	00:13:39	00:28:05.40	+00:06:12 (22.1%)	5:37	10.7 (78.1%)
13	SUDER-MAKSYMOWICZ Monika	269		K-30	14	00:13:58	00:28:05.40	+00:06:12 (22.1%)	5:37	10.7 (78.1%)
15	MALINOWSKA-BURDA Aleksandra	167		K-30	15	00:13:57	00:28:32.05	+00:06:39 (23.3%)	5:42	10.5 (76.6%)
16	SŁUPECKA Aneta	255		K-30	16	00:13:53	00:29:07.30	+00:07:14 (24.9%)	5:49	10.3 (75.2%)
17	JUSZCZYK Agnieszka	103	ANOX TEAM	K-30	17	00:14:05	00:29:29.00	+00:07:36 (25.8%)	5:53	10.2 (74.5%)
18	KAŹMIERCZAK Monika	115		K-30	18	00:14:43	00:29:35.90	+00:07:43 (26.1%)	5:55	10.1 (73.7%)
19	ZDYB Barbara	319		K-30	19	00:14:52	00:29:35.95	+00:07:43 (26.1%)	5:55	10.1 (73.7%)
20	KILJAN Sylwia	118		K-30	20	00:14:35	00:30:15.20	+00:08:22 (27.7%)	6:03	9.9 (72.3%)
21	SEEWALD Agnieszka	247	ZAKWAS	K-30	21	00:15:25	00:30:44.95	+00:08:52 (28.8%)	6:09	9.8 (71.5%)
22	WĘCŁAW Joanna	294		K-30	22	00:15:03	00:30:59.80	+00:09:07 (29.4%)	6:11	9.7 (70.8%)
23	RYBAKOWSKA Urszula	241		K-30	23	00:15:00	00:31:42.40	+00:09:49 (31.0%)	6:20	9.5 (69.3%)
24	BODNAR Joanna	16	POŁCZYN BIEGA :-)	K-30	24	00:15:32	00:31:49.70	+00:09:56 (31.3%)	6:22	9.4 (68.6%)
25	WENTA Malwina	293		K-30	25	00:15:38	00:32:00.20	+00:10:07 (31.6%)	6:24	9.4 (68.6%)
26	JEWUŁA Agata	100	DRUŻYNA SZPIKU	K-30	26	00:15:39	00:32:01.55	+00:10:08 (31.7%)	6:24	9.4 (68.6%)
27	WOJTKOWIAK Wioleta	308		K-30	27	00:14:28	00:32:07.35	+00:10:14 (31.9%)	6:25	9.3 (67.9%)

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28	SIENICKA Helena	251	POŁCZYN BIEGA	K-30	28	00:15:55	00:33:48.35	+00:11:55 (35.3%)	6:45	8.9 (65.0%)
29	MARTKO Agnieszka	172		K-30	29	00:16:49	00:36:08.25	+00:14:15 (39.5%)	7:13	8.3 (60.6%)
30	BOŚ Daria	25		K-30	30	00:17:32	00:36:37.00	+00:14:44 (40.2%)	7:19	8.2 (59.9%)
31	ŚNIEŻKO Beata	278		K-30	31	00:17:25	00:37:28.40	+00:15:35 (41.6%)	7:29	8 (58.4%)

Znaleziono 31 wynik(ów)