



Wydarzenie: III DecaRun Koszalin
Organizator: Spółka Decathlon sp. z o.o. z siedzibą w Warszawie
Data: 2019-08-15
Miejsce: Koszalin
Dystans: 5 km

III DECARUN KOSZALIN 5 KM

B4SPORT



Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Laps 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	WITKIEWICZ Magdalena	304	KB 10 BIAŁOGARD	K-40	1	00:09:55	00:20:05.90		4:01	14.9 (100%)
2	KOWALIK Natalia	138	MKL SZCZECINEK	K-20	1	00:09:53	00:21:22.30	+00:01:16 (6.0%)	4:16	14 (94.0%)
3	GOŹDZIK-ZARĘBA Aneta	75	ŁÓDŹ KOCHA SPORT	K-30	1	00:10:39	00:21:52.75	+00:01:46 (8.1%)	4:22	13.7 (91.9%)
4	PASIEKA Agnieszka	209	UKL FENIKS ŚWIDWIN/ 21 BLT	K-30	2	00:10:55	00:22:22.65	+00:02:16 (10.2%)	4:28	13.4 (89.9%)
5	PERLIK Katarzyna	213	MTS HAMER MIASTKO	K-20	2	00:11:19	00:22:27.30	+00:02:21 (10.5%)	4:29	13.4 (89.9%)
6	MINKO Mariola	182		K-30	3	00:10:51	00:22:38.05	+00:02:32 (11.2%)	4:31	13.3 (89.3%)
7	BLICHARZ Monika	13	TAGER KOSZALIN	K-30	4	00:11:39	00:23:16.15	+00:03:10 (13.6%)	4:39	12.9 (86.6%)
8	KRUKOWSKA Magdalena	229	UKS DOJLIDY	K-30	5	00:12:02	00:23:19.90	+00:03:14 (13.9%)	4:40	12.9 (86.6%)
9	KULCZYK Katarzyna	334	BRYZA POSTOMINO	K-30	6	00:11:41	00:23:21.65	+00:03:15 (14.0%)	4:40	12.8 (85.9%)
10	BORYS Justyna	23		K-30	7	00:11:35	00:23:30.70	+00:03:24 (14.5%)	4:42	12.8 (85.9%)
11	NERC Patrycja	195	7PRO SIÓDMIAK TEAM / MKP	K-20	3	00:12:07	00:23:59.70	+00:03:53 (16.2%)	4:47	12.5 (83.9%)
12	ROMBALSKA Julia	234	DECATHLON PRZYMORZE TEAM	K-20	4	00:12:11	00:24:01.25	+00:03:55 (16.3%)	4:48	12.5 (83.9%)
13	DĄBROWSKA Alicja	49	TKKF KOSZALIN	K-50	1	00:12:09	00:24:02.40	+00:03:56 (16.4%)	4:48	12.5 (83.9%)
14	KRUPIŃSKA Beata	145	E-UROLOG.EU	K-40	2	00:11:48	00:24:14.20	+00:04:08 (17.1%)	4:50	12.4 (83.2%)
15	SERKOWSKA Magdalena	248	JEDWABIŚCI	K-20	5	00:11:40	00:24:18.05	+00:04:12 (17.3%)	4:51	12.3 (82.6%)
16	MEJER Aleksandra	175		K-20	6	00:12:02	00:24:39.60	+00:04:33 (18.5%)	4:56	12.2 (81.9%)
17	GROT Paulina	79		K-20	7	00:11:21	00:24:42.05	+00:04:36 (18.6%)	4:56	12.1 (81.2%)
18	PŁATOSZ Magda	223		K-20	8	00:11:57	00:24:54.05	+00:04:48 (19.3%)	4:58	12 (80.5%)
19	GLEWICZ Sylwia	67		K-30	8	00:12:42	00:24:59.35	+00:04:53 (19.6%)	4:59	12 (80.5%)
20	RADZIUSZ Ilona	87		K-30	9	00:12:25	00:25:34.45	+00:05:28 (21.4%)	5:07	11.7 (78.5%)
21	HESTKOWSKA Katarzyna	89		K-20	9	00:12:40	00:26:17.35	+00:06:11 (23.5%)	5:15	11.4 (76.5%)
22	BOGACKA Lucyna	18	TKKF KOSZALIN	K-60+	1	00:12:56	00:26:20.50	+00:06:14 (23.7%)	5:16	11.4 (76.5%)
23	BASŁYK Agnieszka	7	LUMBERJACKS CROSS GARAGE KOSZALIN	K-30	10	00:12:52	00:26:26.75	+00:06:20 (24.0%)	5:17	11.3 (75.8%)
24	PIETRZAK Mariola	218	ROZBIEGANY KOSZALIN BABECZKI KOSZALIN	K-50	2	00:12:53	00:26:43.95	+00:06:38 (24.8%)	5:20	11.2 (75.2%)
25	GRZESIUK Alicja	81		K-20	10	00:12:25	00:26:46.55	+00:06:40 (24.9%)	5:21	11.2 (75.2%)
26	GOLEC Anna	70		K-40	3	00:13:17	00:27:14.60	+00:07:08 (26.2%)	5:26	11 (73.8%)
27	BIERNAT Marta	12		K-30	11	00:13:12	00:27:17.30	+00:07:11 (26.3%)	5:27	11 (73.8%)

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							netto 5km	Różn		
28	MARCZAK Małgorzata	171		K-50	3	00:13:18	00:27:23.95	+00:07:18 (26.6%)	5:28	10.9 (73.2%)
29	MITUNIEWICZ Renata	184		K-50	4	00:13:41	00:27:33.30	+00:07:27 (27.1%)	5:30	10.9 (73.2%)
30	ZAKIELARZ Adriana	314		K-30	12	00:13:18	00:27:38.55	+00:07:32 (27.3%)	5:31	10.9 (73.2%)
31	WIOREK Katarzyna	86		K-30	13	00:13:39	00:28:05.40	+00:07:59 (28.5%)	5:37	10.7 (71.8%)
31	SUDER-MAKSYMOWICZ Monika	269		K-30	14	00:13:58	00:28:05.40	+00:07:59 (28.5%)	5:37	10.7 (71.8%)
33	ŁUBKOWSKA Magdalena	350		K-40	4	00:13:41	00:28:08.20	+00:08:02 (28.6%)	5:37	10.7 (71.8%)
34	KAŻMIERCZAK Aleksandra	114		K-20	11	00:13:28	00:28:16.20	+00:08:10 (28.9%)	5:39	10.6 (71.1%)
35	SZABAT Daria	270	DECATHLON SŁUPSK	K-20	12	00:14:51	00:28:17.55	+00:08:11 (29.0%)	5:39	10.6 (71.1%)
36	NIEGMAŃSKA Paulina	196		K-20	13	00:13:51	00:28:26.35	+00:08:20 (29.3%)	5:41	10.6 (71.1%)
37	MALINOWSKA-BURDA Aleksandra	167		K-30	15	00:13:57	00:28:32.05	+00:08:26 (29.6%)	5:42	10.5 (70.5%)
38	GAWIECKA Mariola	64	ROZBIEGANY KOSZALIN	K-40	5	00:14:11	00:28:43.10	+00:08:37 (30.0%)	5:44	10.4 (69.8%)
39	PACUCHA Paulina	205		K-20	14	00:13:33	00:28:54.50	+00:08:48 (30.5%)	5:46	10.4 (69.8%)
40	SŁUPECKA Aneta	255		K-30	16	00:13:53	00:29:07.30	+00:09:01 (31.0%)	5:49	10.3 (69.1%)
41	JASIENIECKA Beata	98	KP ZEFIR WYSZEWO	K-50	5	00:14:27	00:29:18.30	+00:09:12 (31.4%)	5:51	10.2 (68.5%)
42	BIAZIK Marta	10		K-20	15	00:14:13	00:29:20.10	+00:09:14 (31.5%)	5:52	10.2 (68.5%)
43	JUSZCZYK Agnieszka	103	ANOX TEAM	K-30	17	00:14:05	00:29:29.00	+00:09:23 (31.8%)	5:53	10.2 (68.5%)
44	KLIMKOWSKA Maria	122		K-40	6	00:14:23	00:29:34.00	+00:09:28 (32.0%)	5:54	10.1 (67.8%)
45	KAŻMIERCZAK Monika	115		K-30	18	00:14:43	00:29:35.90	+00:09:30 (32.1%)	5:55	10.1 (67.8%)
46	ZDYB Barbara	319		K-30	19	00:14:52	00:29:35.95	+00:09:30 (32.1%)	5:55	10.1 (67.8%)
47	PODRAZA - OLECH Dagmara	224		K-40	7	00:14:58	00:30:02.20	+00:09:56 (33.1%)	6:00	10 (67.1%)
48	SADOSKA Mirka	245		K-20	16	00:14:46	00:30:04.50	+00:09:58 (33.2%)	6:01	10 (67.1%)
49	KILJAN Sylwia	118		K-30	20	00:14:35	00:30:15.20	+00:10:09 (33.6%)	6:03	9.9 (66.4%)
50	KOPEĆ Klaudia	133	DECATHLON PRZYMORZE TEAM	K-20	17	00:14:11	00:30:19.10	+00:10:13 (33.7%)	6:03	9.9 (66.4%)
51	WACHHOLZ Beata	50	KB BRYZA POSTOMINO	K-40	8	00:14:41	00:30:20.75	+00:10:14 (33.8%)	6:04	9.9 (66.4%)
52	PAŃCZYK Justyna	208		K-40	9	00:15:26	00:30:44.55	+00:10:38 (34.6%)	6:08	9.8 (65.8%)
53	SEEWALD Agnieszka	247	ZAKWAS	K-30	21	00:15:25	00:30:44.95	+00:10:39 (34.6%)	6:09	9.8 (65.8%)
54	WĘCŁAW Joanna	294		K-30	22	00:15:03	00:30:59.80	+00:10:53 (35.2%)	6:11	9.7 (65.1%)
55	ZUKAL Aleksandra	325		K-40	10	00:14:54	00:31:17.00	+00:11:11 (35.8%)	6:15	9.6 (64.4%)
56	KAMIŃSKA Monika	105	POŁCZYN BIEGA	K-40	11	00:15:22	00:31:21.25	+00:11:15 (35.9%)	6:16	9.6 (64.4%)
57	RYBAKOWSKA Urszula	241		K-30	23	00:15:00	00:31:42.40	+00:11:36 (36.6%)	6:20	9.5 (63.8%)
58	BODNAR Joanna	16	POŁCZYN BIEGA :-)	K-30	24	00:15:32	00:31:49.70	+00:11:43 (36.9%)	6:22	9.4 (63.1%)
59	WENTA Malwina	293		K-30	25	00:15:38	00:32:00.20	+00:11:54 (37.2%)	6:24	9.4 (63.1%)
60	JEWUŁA Agata	100	DRUŻYNA SZPIKU	K-30	26	00:15:39	00:32:01.55	+00:11:55 (37.2%)	6:24	9.4 (63.1%)
61	WOJTKOWIAK Wioleta	308		K-30	27	00:14:28	00:32:07.35	+00:12:01 (37.4%)	6:25	9.3 (62.4%)
62	TUROWSKA Agata	348	DECATHLON SŁUPSK	K-20	18	00:15:24	00:32:37.85	+00:12:31 (38.4%)	6:31	9.2 (61.7%)
63	SZWAJKOWSKA Klaudia	347	DECATHLON SŁUPSK	K-20	19	00:15:25	00:32:37.90	+00:12:32 (38.4%)	6:31	9.2 (61.7%)
64	BAWOŁ Wioleta	8	:-)	K-40	12	00:16:18	00:33:40.15	+00:13:34 (40.3%)	6:44	8.9 (59.7%)
65	TRACZ Jadwiga	283		K-40	13	00:16:08	00:33:43.30	+00:13:37 (40.4%)	6:44	8.9 (59.7%)
66	TUROWSKA Agnieszka	285		K-40	14	00:16:20	00:33:47.10	+00:13:41 (40.5%)	6:45	8.9 (59.7%)
67	SIENICKA Helena	251	POŁCZYN BIEGA	K-30	28	00:15:55	00:33:48.35	+00:13:42 (40.5%)	6:45	8.9 (59.7%)
68	WOJTKOWIAK Paulina	307		K-20	20	00:17:08	00:35:11.20	+00:15:05 (42.9%)	7:02	8.5 (57.0%)
69	STASYŃSKA Marianna	265	BTC,,ORZEŁ"	K-60+	2	00:17:11	00:35:36.35	+00:15:30 (43.6%)	7:07	8.4 (56.4%)
70	MARTKO Agnieszka	172		K-30	29	00:16:49	00:36:08.25	+00:16:02 (44.4%)	7:13	8.3 (55.7%)
71	BOŚ Daria	25		K-30	30	00:17:32	00:36:37.00	+00:16:31 (45.1%)	7:19	8.2 (55.0%)

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72	ŚNIEŻKO Beata	278		K-30	31	00:17:25	00:37:28.40	+00:17:22 (46.4%)	7:29	8 (53.7%)
73	MONDRON Katarzyna	186		K-40	15	00:20:54	00:41:45.20	+00:21:39 (51.9%)	8:21	7.2 (48.3%)

Znaleziono 73 wynik(ów)