



III DECARUN KOSZALIN 5 KM

B4SPORT

Event: III DecaRun Koszalin
Organiser: Spółka Decathlon sp. z o.o. z siedzibą w Warszawie
Date: 2019-08-15
Place: Koszalin
Distance: 5 km



Classification: M-20

Place	Participant	Number	Club	Category	MCat	Laps 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	PYSHNIAK Kostiantyn	282	TKKF KOSZALIN	M-20	1	00:08:02	00:16:14.85		3:15	18.5 (100%)
2	SIÓDMIAK Igor	252	7PRO SIÓDMIAK TEAM, MBC ,MKP	M-20	2	00:08:09	00:16:35.30	+00:00:20 (2.1%)	3:19	18.1 (97.8%)
3	GOS Mateusz	73	START PUŁAWSKI WARKA	M-20	3	00:08:49	00:18:06.60	+00:01:51 (10.3%)	3:37	16.6 (89.7%)
4	DĄBKOWSKI Maciej	48	7PRO SIÓDMIAK TEAM / MKP	M-20	4	00:09:40	00:19:21.70	+00:03:06 (16.1%)	3:52	15.5 (83.8%)
5	OPIELA Paweł	202	7PRO SIÓDMIAK TEAM	M-20	5	00:09:41	00:19:28.40	+00:03:13 (16.6%)	3:53	15.4 (83.2%)
6	SOSNOWSKI Tomasz	260	FPP FUNKCJONALNOŚĆ PONAD POMPE	M-20	6	00:10:47	00:21:34.15	+00:05:19 (24.7%)	4:18	13.9 (75.1%)
7	PAWŁOWICZ Roland	210	7PRO SIÓDMIAK TEAM	M-20	7	00:10:46	00:21:45.60	+00:05:30 (25.3%)	4:21	13.8 (74.6%)
8	MARCINIAK Michał	168		M-20	8	00:10:40	00:21:45.90	+00:05:31 (25.4%)	4:21	13.8 (74.6%)
9	HOREGLAD Paweł	91	SPEEDY GONZALES	M-20	9	00:10:24	00:22:23.10	+00:06:08 (27.4%)	4:28	13.4 (72.4%)
10	OLEARCZYK Patryk	159	BOBOLICKIE BRACTWO BIEGOWE	M-20	10	00:12:58	00:24:12.45	+00:07:57 (32.9%)	4:50	12.4 (67.0%)
11	BIEŃKOWSKI Jarosław	11	DECATHLON PRZYMORZE TEAM	M-20	11	00:11:57	00:24:24.00	+00:08:09 (33.4%)	4:52	12.3 (66.5%)
12	WRÓBLEWSKI Mateusz	311		M-20	12	00:12:49	00:24:44.90	+00:08:30 (34.3%)	4:57	12.1 (65.4%)
13	CZUB Maciek	45		M-20	13	00:12:05	00:25:46.75	+00:09:31 (37.0%)	5:09	11.6 (62.7%)
14	WITEK Adrian	302		M-20	14	00:14:00	00:28:32.80	+00:12:17 (43.1%)	5:42	10.5 (56.8%)
15	WYSOCKI Krystian	312		M-20	15	00:14:45	00:29:40.15	+00:13:25 (45.2%)	5:56	10.1 (54.6%)
16	JANISZEWSKI Kacper	95	AUTOSTORE	M-20	16	00:15:49	00:34:34.45	+00:18:19 (53.0%)	6:54	8.7 (47.0%)

Total 16 results.