



III MARATON PUSZCZY BYDGOSKIEJ

B4SPORT

Wydarzenie:
Organizator:

Biegi Puszczy Bydgoskiej
Life+ Joanna Maciejewska-Błachewicz; Łukasz
Telejko bydgoscybiegacze.plbydgoscybiegacze.pl i
Life+

Data:
Miejsce:
Dystans:

2018-10-06
BYDGOSZCZ
42 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spike_All 9km	Start_All 23km	Czas netto 44km	Różn	Tempo min/km	Tempo km/h
1	KOŚMIEJA Marcin	114	TKKF KOLEJARZ BYDGOSZCZ	M30	1	00:38:06	01:39:16	03:19:51.60		4:32	13.2 (100%)
2	BOROWSKI Adam	133		M40	1	00:39:32	01:42:19	03:37:40.50	+00:17:48 (8.2%)	4:56	12.1 (91.7%)
3	TESSA Karol	211	BYDGOSZCZ FAN MARATON	M30	2		01:54:11	03:49:31.95	+00:29:40 (12.9%)	5:12	11.5 (87.1%)
4	KOSIARKIEWICZ Krzysztof	299		M40	2	00:43:23	01:54:11	03:49:43.45	+00:29:51 (13.0%)	5:13	11.5 (87.1%)
5	SZYCHOWSKI Jarosław	207	TKKF KOLEJARZ BYDGOSZCZ	M30	3	00:46:59	02:01:47	03:56:01.60	+00:36:10 (15.3%)	5:21	11.2 (84.8%)
6	NIC Jakub	68		M40	3	00:48:12	02:01:54	04:06:49.00	+00:46:57 (19.0%)	5:36	10.7 (81.1%)
7	RESZKA Jarosław	197	JRULEZZ	M30	4	00:43:48	01:54:36	04:07:28.60	+00:47:37 (19.2%)	5:37	10.7 (81.1%)
8	KOZIŃSKI Marek	164	RUN BYDGOSZCZ	M40	4	00:49:05	02:05:08	04:13:09.95	+00:53:18 (21.1%)	5:45	10.4 (78.8%)
9	SMYKOWSKI Marcin	203		M40	5	00:49:19	02:09:16	04:18:10.70	+00:58:19 (22.6%)	5:52	10.2 (77.3%)
10	GRABIAS Aleksandra	153		K30	1	00:48:24	02:08:20	04:18:33.90	+00:58:42 (22.7%)	5:52	10.2 (77.3%)
11	STEFANIAK Maciej	94	GRUNWALD TEAM POZNAŃ	M30	5	00:43:22	01:55:36	04:20:26.40	+01:00:34 (23.3%)	5:55	10.1 (76.5%)
12	BŁĘDOWSKI Mariusz	132		M40	6	00:44:48	01:59:07	04:21:14.15	+01:01:22 (23.5%)	5:56	10.1 (76.5%)
13	KRZEMIŃSKI Maciej	165	MSU S.A.	M30	6	00:52:16	02:12:08	04:27:31.25	+01:07:39 (25.3%)	6:04	9.9 (75.0%)
14	GÓRSKI Krzysztof	152	OSOWATEAM	M40	7	00:41:41	01:52:44	04:28:46.80	+01:08:55 (25.6%)	6:06	9.8 (74.2%)
15	BRYMORA Andrzej	134		M40	8	00:48:20	02:05:10	04:29:04.90	+01:09:13 (25.7%)	6:06	9.8 (74.2%)
16	TOMCZAK Agnieszka	214		K40	1	00:48:25	02:08:21	04:31:26.95	+01:11:35 (26.4%)	6:10	9.7 (73.5%)
17	CHMARA Sylwia	138		K30	2	00:48:50	02:06:41	04:33:31.45	+01:13:39 (26.9%)	6:12	9.7 (73.5%)
18	PUSZCZ Sławek	194	VEGE RUNNERS	M30	7	00:47:26	02:03:45	04:34:31.15	+01:14:39 (27.2%)	6:14	9.6 (72.7%)
19	NOWAK Jarosław	189	SPC	M50	1	00:46:30	02:02:52	04:35:49.05	+01:15:57 (27.5%)	6:16	9.6 (72.7%)
20	KOŚLACZ Seweryn	161		M20	1	00:45:36	02:00:45	04:36:11.10	+01:16:19 (27.6%)	6:16	9.6 (72.7%)
21	ROSZCZYN Dawid	198	CB163	M30	8	00:54:51	02:19:22	04:42:40.35	+01:22:48 (29.3%)	6:25	9.3 (70.5%)
22	MROTEK Katarzyna	182		K30	3	00:51:14	02:14:00	04:42:58.05	+01:23:06 (29.4%)	6:25	9.3 (70.5%)
23	JANKOWSKA Barbara	32		K40	2	00:51:30	02:16:57	04:44:23.85	+01:24:32 (29.7%)	6:27	9.3 (70.5%)
24	ŁOŚ Piotr	59		M40	9	00:47:31	02:04:07	04:45:54.00	+01:26:02 (30.1%)	6:29	9.2 (69.7%)
25	KACZOROWSKI Rafał	157	DĄBROWSKI TEAM	M20	2	00:52:29	02:20:17	04:46:25.65	+01:26:34 (30.2%)	6:30	9.2 (69.7%)
26	MARĆ Robert	222		M40	10	00:49:26	02:06:58	04:47:46.75	+01:27:55 (30.6%)	6:32	9.2 (69.7%)
27	ZACHWIEJA Piotr	218		M30	9		02:12:36	04:49:52.85	+01:30:01 (31.1%)	6:35	9.1 (68.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spike_All 9km	Start_All 23km	Czas		Tempo min/km	Tempo km/h
								netto 44km	Różn		
28	MROTEK Michał	183	QUAPRO TEAM	M30	10	00:51:03	02:14:00	04:51:09.10	+01:31:17 (31.4%)	6:37	9.1 (68.9%)
29	SOBAŃSKI Michał	204	CNN	M30	11	00:55:26	02:23:10	04:56:29.10	+01:36:37 (32.6%)	6:44	8.9 (67.4%)
30	DRWĘCKI Daniel	147	BIEGNIJ Z PROSERVICE	M30	12	00:56:07	02:22:10	04:56:33.90	+01:36:42 (32.6%)	6:44	8.9 (67.4%)
31	KOSZEWSKI Michał	160		M30	13	00:48:04	02:05:04	04:57:22.85	+01:37:31 (32.8%)	6:45	8.9 (67.4%)
32	CHMARA Rafał	137	AMBAR	M40	11	00:51:25	02:13:25	04:57:46.40	+01:37:54 (32.9%)	6:46	8.9 (67.4%)
33	MIGDALCZYK Maciej	180	PCH_RUN / LODOŻERCY CHODZIEŻ	M30	14	00:52:57	02:18:27	04:58:13.65	+01:38:22 (33.0%)	6:46	8.9 (67.4%)
34	FRANKOWSKI Michał	148	LODOŻERCY CHODZIEŻ	M30	15	00:52:57	02:18:27	04:58:14.20	+01:38:22 (33.0%)	6:46	8.9 (67.4%)
35	CZELIŃSKI Leszek	139		M50	2	00:47:29	02:06:09	04:59:20.55	+01:39:28 (33.2%)	6:48	8.8 (66.7%)
36	DACH Łukasz	140	PASACO	M30	16	00:49:18	02:14:12	05:01:04.90	+01:41:13 (33.6%)	6:50	8.8 (66.7%)
37	RUDOL Sebastian	84	RUN PASJA	M40	12	00:52:10	02:18:35	05:04:27.75	+01:44:36 (34.4%)	6:55	8.7 (65.9%)
38	RUDOL Magdalena	85	RUN PASJA	K40	3	00:52:10	02:18:35	05:04:28.10	+01:44:36 (34.4%)	6:55	8.7 (65.9%)
39	ZIMON Marcin	221		M30	17	00:50:37	02:08:27	05:05:10.25	+01:45:18 (34.5%)	6:56	8.7 (65.9%)
40	RADKOWSKI Dariusz	195	ZMUSILI MNIE TO BIEGAM	M40	13	00:52:17	02:14:27	05:06:27.70	+01:46:36 (34.8%)	6:57	8.6 (65.2%)
41	FRĄCKOWIAK Ewelina	149	AMAT*ORKA	K40	4	00:53:47	02:18:27	05:06:28.20	+01:46:36 (34.8%)	6:57	8.6 (65.2%)
42	NOWAK Agnieszka	188		K30	4	00:55:49	02:28:14	05:06:29.10	+01:46:37 (34.8%)	6:57	8.6 (65.2%)
43	MALINA Grzegorz	177		M30	18	00:55:36	02:23:19	05:06:29.80	+01:46:38 (34.8%)	6:57	8.6 (65.2%)
44	DRANICKI Łukasz	146		M30	19	00:50:45	02:13:25	05:06:39.05	+01:46:47 (34.8%)	6:58	8.6 (65.2%)
45	DĄBROWSKI Artur	141		M30	20	00:57:03	02:31:09	05:07:57.90	+01:48:06 (35.1%)	6:59	8.6 (65.2%)
46	KRZYKANOWSKI Marcin	166		M30	21	00:51:19	02:12:13	05:09:06.60	+01:49:15 (35.3%)	7:01	8.5 (64.4%)
47	ŚPIEWAK Radek	209	BOHAR PALETY RUNNERS	M30	22	00:53:42	02:22:11	05:10:19.85	+01:50:28 (35.6%)	7:03	8.5 (64.4%)
48	OLEJNICZAK Alina	190		K30	5	01:00:12	02:31:53	05:12:24.00	+01:52:32 (36.0%)	7:06	8.5 (64.4%)
49	KWAPISZEWSKI Marcin	172	CZESŁAW GNIEZNO	M30	23	00:58:25	02:24:28	05:14:39.30	+01:54:47 (36.5%)	7:09	8.4 (63.6%)
50	TOMASZEWSKI Krzysztof	213	HUSARIA RACE TEAM	M30	24	00:50:05	02:13:49	05:15:15.05	+01:55:23 (36.6%)	7:09	8.4 (63.6%)
51	DĄBROWSKI Jarosław	142	CB163	M20	3	00:54:51	02:19:22	05:15:48.40	+01:55:56 (36.7%)	7:10	8.4 (63.6%)
52	KOŁOCH Krzysztof	158	NIGHT RUNNERS	M20	4	00:59:21	02:32:50	05:19:29.00	+01:59:37 (37.4%)	7:15	8.3 (62.9%)
53	SIEWERT Hanna	199		K30	6	00:58:21	02:31:35	05:19:40.80	+01:59:49 (37.5%)	7:15	8.3 (62.9%)
54	TOCZKIEWICZ Piotr	212		M40	14	00:51:29	02:22:47	05:21:37.25	+02:01:45 (37.9%)	7:18	8.2 (62.1%)
55	BIELIŃSKI Tomasz	131		M30	25	00:54:38	02:21:50	05:21:53.20	+02:02:01 (37.9%)	7:18	8.2 (62.1%)
56	MRÓWCZYŃSKI Tomasz	184	KS SOKÓL GAŚAWA	M30	26	00:56:06	02:17:59	05:23:49.50	+02:03:57 (38.3%)	7:21	8.2 (62.1%)
57	ZAGALSKI Jakub	219		M30	27	00:55:10	02:24:52	05:27:55.80	+02:08:04 (39.1%)	7:27	8.1 (61.4%)
58	KURDELSKI Michał	170	JUST 5	M20	5	00:52:05	02:16:57	05:28:55.30	+02:09:03 (39.2%)	7:28	8 (60.6%)
59	ZBYTEK Przemysław	220	PUSZCZALSCY	M40	15	00:55:26	02:30:17	05:33:38.00	+02:13:46 (40.1%)	7:34	7.9 (59.8%)
60	MANTAJ Agnieszka	178	DĄBROWSKI TEAM	K30	7	00:56:19	02:30:50	05:33:44.45	+02:13:52 (40.1%)	7:35	7.9 (59.8%)
61	KOPACZ Hanka	159	BIEGAM BRUM BRUM	K30	8	00:56:18	02:30:50	05:33:44.50	+02:13:52 (40.1%)	7:35	7.9 (59.8%)
62	SPRYSZYŃSKI Michał	205	TRIRODZINKA.PL	M30	28	00:56:08	02:24:59	05:35:17.15	+02:15:25 (40.4%)	7:37	7.9 (59.8%)
63	NAPIERAŁA Karolina	186		K30	9	00:55:55	02:28:51	05:36:45.70	+02:16:54 (40.7%)	7:39	7.8 (59.1%)
64	MAJEWSKI Marcin	176	CB163	M20	6	00:55:56	02:28:52	05:36:46.40	+02:16:54 (40.7%)	7:39	7.8 (59.1%)
65	WODEJKO Artur	215	TBKM WILK SOLEC KUJAWSKI	M40	16	00:52:56	02:22:36	05:37:10.45	+02:17:18 (40.7%)	7:39	7.8 (59.1%)
66	SIKORA Artur	200		M40	17		02:33:56	05:38:48.30	+02:18:56 (41.0%)	7:42	7.8 (59.1%)
67	WORZAŁA Wojciech	216		M40	18	00:53:39	02:21:54	05:39:26.55	+02:19:34 (41.1%)	7:42	7.8 (59.1%)
68	NAPIÓRSKI Maciej	187		M30	29	00:55:21	02:26:04	05:39:39.95	+02:19:48 (41.2%)	7:43	7.8 (59.1%)
69	LACH Paweł	173		M30	30	00:57:23	02:34:10	05:40:13.25	+02:20:21 (41.3%)	7:43	7.8 (59.1%)
70	LACH Bogumiła	174		K30	10	00:57:23	02:34:09	05:40:13.40	+02:20:21 (41.3%)	7:43	7.8 (59.1%)
71	GRZYWACZ Rafał	155	NIGHT RUNNERS	M30	31	00:59:20	02:32:50	05:40:42.50	+02:20:50 (41.3%)	7:44	7.7 (58.3%)

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72	WÓJCIK Łukasz	217	OLEJ RUNNING TEAM	M30	32	00:58:36	02:36:35	05:57:22.45	+02:37:30 (44.1%)	8:07	7.4 (56.1%)
73	MOŹDŻYŃSKA Lidia	181	WIECZORNE BIEGANIE W SZCZECINIE	K20	1	00:57:41	02:39:12	06:10:08.60	+02:50:17 (46.0%)	8:24	7.1 (53.8%)
74	KUCIŃSKA Magdalena	168		K30	11		02:42:16	06:10:53.10	+02:51:01 (46.1%)	8:25	7.1 (53.8%)
75	PODEMSKA Patrycja	193	WATAHA BYDGOSZCZ	K30	12	01:00:11	02:42:33	06:14:11.20	+02:54:19 (46.6%)	8:30	7.1 (53.8%)
76	DOBRZYŃSKA Małgorzata	143	SPC	K50	1	01:02:08	02:44:39	06:16:37.60	+02:56:46 (46.9%)	8:33	7 (53.0%)
77	JANISZEWSKI Jakub	156		M40	19	01:02:09	02:42:01	06:16:50.75	+02:56:59 (47.0%)	8:33	7 (53.0%)
78	RADZIŃSKA-KAMYSZEK Ewa	196	SPC	K50	2	01:02:09	02:45:41	06:19:33.55	+02:59:41 (47.3%)	8:37	7 (53.0%)
79	GAUDEN Piotr	151	SPC / KM UMK TORUŃ	M40	20	01:02:09	02:40:22	06:19:34.30	+02:59:42 (47.3%)	8:37	7 (53.0%)
80	GAJEWSKI Jacek	150	4TH SECTION	M50	3	01:02:43	02:52:50	06:22:26.45	+03:02:34 (47.7%)	8:41	6.9 (52.3%)
81	KUJAWA Katarzyna	169	KURCZAK CROW TEAM	K40	5	01:02:44	02:52:51	06:22:26.70	+03:02:35 (47.7%)	8:41	6.9 (52.3%)
82	KUBALSKI Paweł	167	KOWALE TEAM	M30	33	01:00:45	02:50:21	06:45:56.25	+03:26:04 (50.8%)	9:13	6.5 (49.2%)
83	KOWALSKA Agnieszka	162	KOWALE TEAM	K30	13	01:00:50	02:53:00	06:45:57.50	+03:26:05 (50.8%)	9:13	6.5 (49.2%)
84	MAŁKIŃSKI Józef	223		M60+	1	00:54:54	02:26:04	06:57:46.90	+03:37:55 (52.2%)	9:29	6.3 (47.7%)
	PACUSZKA Krzysztof	191	ŁUBUDUBU	M40		00:44:23 DNF	01:58:44 DNF	DNF		-	- (0.0%)
	DORDZIK Katarzyna	144		K30		DNF	02:03:30 DNF	DNF		-	- (0.0%)
	MAĆKOWIAK Tomasz	175	CB163	M40		00:55:49 DNF	02:28:14 DNF	DNF		-	- (0.0%)

Znaleziono 87 wynik(ów)