



III MARATON RZEŹNIKA

B4SPORT

Wydarzenie: X FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2024-05-30
Miejsce: Cisna
Dystans: 52 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	ZBOZIEN Jarosław	1440	ALPIN SPORT TEAM	M30	1	01:21:50	02:29:28	03:46:37	04:58:38.85	04:58:42.05		5:44	10.4 (100%)
2	WRÓBLEWSKI Robert	1277		M30	2	01:21:52	02:29:39	03:54:42	05:14:27.10	05:14:30.30	+00:15:48 (5.0%)	6:02	9.9 (95.2%)
3	KOPEĆ Igor	1178		M20	1	01:33:44	02:53:42	04:28:05	05:52:51.30	05:52:58.55	+00:54:16 (15.4%)	6:47	8.8 (84.6%)
4	GAJ Grzegorz	7020		M40	1	01:35:19	02:53:12	04:27:58	05:53:38.55	05:53:45.90	+00:55:03 (15.6%)	6:48	8.8 (84.6%)
5	DYDEK Kamil	7001	ZDANOWSKITEAM	M30	3	01:34:58	02:50:40	04:30:09	05:57:26.00	05:57:28.35	+00:58:46 (16.4%)	6:52	8.7 (83.7%)
6	SOKOŁOWSKI Marek	1140	ALPIN SPORT TEAM	M50	1	01:34:51	02:54:26	04:35:37	06:01:49.55	06:01:53.45	+01:03:11 (17.5%)	6:57	8.6 (82.7%)
7	KOZŁOWSKI Michał	1242		M30	4	01:37:36	02:59:20	04:39:35	06:04:41.30	06:04:47.80	+01:06:05 (18.1%)	7:00	8.6 (82.7%)
8	PASIECZNY Robert	1409	FARTLEK GO	M40	2	01:38:25	02:59:14	04:39:29	06:07:52.00	06:08:00.10	+01:09:18 (18.8%)	7:04	8.5 (81.7%)
9	DAURIA Umberto	1251		M30	5	01:37:43	03:01:02	04:41:31	06:08:04.20	06:08:33.60	+01:09:51 (19.0%)	7:04	8.5 (81.7%)
10	ŚWIĘTOŃ Grzegorz	1442		M40	3	01:34:23	02:53:44	04:41:29	06:11:11.55	06:11:14.10	+01:12:32 (19.5%)	7:08	8.4 (80.8%)
11	WIEJAK Marlena	1159		K30	1	01:38:57	03:01:12	04:42:59	06:16:35.10	06:17:02.10	+01:18:20 (20.8%)	7:14	8.3 (79.8%)
12	ŻOGAŁA Jan	1173	HURAGAN LIGOTA	M40	4	01:36:10	02:59:17	04:44:07	06:20:33.00	06:20:44.90	+01:22:02 (21.5%)	7:19	8.2 (78.8%)
13	CZAJKA Tomasz	7015		M50	2	01:40:35	03:04:58	04:52:33	06:20:40.70	06:20:56.25	+01:22:14 (21.6%)	7:19	8.2 (78.8%)
14	RAK Zbigniew	1112		M40	5	01:42:49	03:09:56	04:55:52	06:25:18.65	06:25:27.15	+01:26:45 (22.5%)	7:24	8.1 (77.9%)
15	KRAJEWSKA Klaudia	1468		K30	2	01:42:54	03:11:54	04:53:17	06:26:33.30	06:26:37.20	+01:27:55 (22.7%)	7:26	8.1 (77.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
16	KOZDROWICZ Karol	1419	JAROSŁAWSKI BIEGACZ	M50	3	01:40:27	03:04:51	04:56:28	06:26:39.65	06:26:49.80	+01:28:07 (22.8%)	7:26	8.1 (77.9%)
17	PELA Dariusz	1472		M40	6	01:45:43	03:13:38	04:58:16	06:26:29.20	06:26:58.00	+01:28:15 (22.8%)	7:25	8.1 (77.9%)
18	KOWALIK Ewelina	1397	FIZJOBIEGACZE SZCZECIN	K30	3	01:44:09	03:13:01	04:58:15	06:27:24.20	06:27:34.10	+01:28:52 (22.9%)	7:27	8.1 (77.9%)
19	RÓG Krzysiek	1354	ZBŁAZ TEAM	M30	6	01:38:13	03:01:22	04:57:12	06:28:43.60	06:28:58.90	+01:30:16 (23.2%)	7:28	8 (76.9%)
20	OSADNIK Patryk	1123		M20	2	01:38:10	03:00:18	04:54:11	06:28:43.05	06:29:11.50	+01:30:29 (23.3%)	7:28	8 (76.9%)
21	CIMAŁA Adrian	1161		M30	7	01:35:28	02:59:11	04:53:11	06:29:43.50	06:30:01.45	+01:31:19 (23.4%)	7:29	8 (76.9%)
22	JAWORSKI Konrad	1012	FF TEAM	M40	7	01:34:13	02:59:17	04:53:20	06:30:51.50	06:31:00.30	+01:32:18 (23.6%)	7:30	8 (76.9%)
23	KOŚCIELNY Aleksander	1283	RZESZOWSKIE GAZELE I GEPARDY	M40	8	01:42:33	03:08:50	05:03:17	06:37:37.15	06:37:46.75	+01:39:04 (24.9%)	7:38	7.8 (75.0%)
24	MŁYNARSKI Norbert	1433		M30	8	01:43:20	03:16:32	05:10:49	06:38:22.30	06:38:36.70	+01:39:54 (25.1%)	7:39	7.8 (75.0%)
25	STACHURSKI Paweł	1437		M40	9	01:35:37	03:01:35	05:06:40	06:40:13.65	06:40:20.00	+01:41:37 (25.4%)	7:41	7.8 (75.0%)
26	KOWALCZYK Rafał	7013		M40	10	01:38:29	03:01:32	04:57:55	06:40:26.00	06:40:34.30	+01:41:52 (25.4%)	7:42	7.8 (75.0%)
27	DYBOWSKI Piotr	7009	1ON1 TEAM	M40	11	01:49:19	03:22:29	05:08:49	06:39:41.20	06:40:46.85	+01:42:04 (25.5%)	7:41	7.8 (75.0%)
28	SNIEGOWSKI Marcin	1357		M40	12	01:48:12	03:21:10	05:13:11	06:40:51.20	06:41:05.50	+01:42:23 (25.5%)	7:42	7.8 (75.0%)
29	OKUPNIAK Martyna	1160		K20	1	01:42:51	03:08:53	05:06:18	06:41:07.15	06:41:34.00	+01:42:51 (25.6%)	7:42	7.8 (75.0%)
30	DZIÓŁKO Bartosz	1260	BORSUK TEAM	M30	9	01:41:26	03:08:55	05:05:16	06:42:21.45	06:42:54.90	+01:44:12 (25.9%)	7:44	7.8 (75.0%)
31	SZCZOTKA Paweł	1284		M50	4	01:47:37	03:15:51	05:05:30	06:43:37.35	06:43:45.55	+01:45:03 (26.0%)	7:45	7.7 (74.0%)
32	MICHALSKI Mikołaj	1048	NARAMOWICE BIEGAJĄ	M40	13	01:38:21	03:05:57	05:02:52	06:46:21.25	06:46:29.75	+01:47:47 (26.5%)	7:48	7.7 (74.0%)
33	GĘBALA Dariusz	7035	BESKID GODZISZKA	M30	10	01:47:53	03:16:46	05:09:34	06:47:47.65	06:47:51.30	+01:49:09 (26.8%)	7:50	7.7 (74.0%)
34	ŻUŁAWSKI Dariusz	7034		M40	14	01:47:54	03:16:46	05:09:25	06:47:49.40	06:47:52.80	+01:49:10 (26.8%)	7:50	7.7 (74.0%)
35	SUDACKI Sebastian	1351		M20	3	01:33:15	02:56:27	05:04:40	06:48:33.20	06:48:39.30	+01:49:57 (26.9%)	7:51	7.6 (73.1%)
36	SIĘBIDA Mieczysław	1423	FARTLEK GO	M40	15	01:39:11	03:06:28	05:07:59	06:50:45.50	06:50:54.70	+01:52:12 (27.3%)	7:53	7.6 (73.1%)
37	SIKORA Łukasz	1342	GRUPA NOMAX	M30	11	01:46:25	03:15:25	05:11:10	06:51:13.15	06:51:22.45	+01:52:40 (27.4%)	7:54	7.6 (73.1%)
38	WIECZOREK Agata	1402	BIEGOWE CZWARTKI	K40	1	01:46:38	03:17:11	05:10:14	06:51:56.60	06:52:02.65	+01:53:20 (27.5%)	7:55	7.6 (73.1%)

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						I 15km	Solinka 28km	II 41km					
39	KOCIUMBAS Bartosz	1452	KB SOBÓTKA	M50	5	01:47:57	03:21:10	05:18:07	06:54:59.30	06:55:04.50	+01:56:22 (28.0%)	7:58	7.5 (72.1%)
40	MIELNICZUK Mirosław	1045	ADIDAS RUNNERS	M40	16	01:45:57	03:17:07	05:19:04	06:56:13.85	06:56:24.00	+01:57:41 (28.3%)	8:00	7.5 (72.1%)
41	TUSZEWSKI Jan	1322	DHAMMARUN	M40	17	01:45:44	03:11:18	05:06:11	06:55:50.10	06:56:26.10	+01:57:44 (28.3%)	7:59	7.5 (72.1%)
42	WRÓBEL Sebastian	7005		M20	4	01:44:51	03:15:14	05:18:03	06:59:16.85	06:59:23.35	+02:00:41 (28.8%)	8:03	7.4 (71.2%)
43	WÓJTOWICZ Piotr	1449	PODIUM	M40	18	01:49:56	03:21:06	05:22:07	06:59:08.25	06:59:32.05	+02:00:50 (28.8%)	8:03	7.4 (71.2%)
44	MAKOWSKI Jerzy	1319	MKS WŁODAWA	M50	6	01:51:49	03:25:44	05:24:00	07:00:34.00	07:00:51.40	+02:02:09 (29.0%)	8:05	7.4 (71.2%)
45	JACHIRA Patryk	1274	STAJNIAK TEAM	M30	12	01:38:41	03:06:10	05:05:03	07:01:05.00	07:01:05.00	+02:02:22 (29.1%)	8:05	7.4 (71.2%)
46	SEMENIUK Piotr	1171		M50	7	01:46:11	03:16:33	05:16:30	07:01:19.70	07:01:34.60	+02:02:52 (29.1%)	8:06	7.4 (71.2%)
47	CHMURA Krzysztof	1227		M40	19	01:44:29	03:14:35	05:10:12	07:01:09.70	07:01:54.80	+02:03:12 (29.2%)	8:05	7.4 (71.2%)
48	MATERA Marcin	1066	LOST 66	M40	20	01:45:22	03:13:56	05:16:43	07:02:12.25	07:02:25.30	+02:03:43 (29.3%)	8:07	7.4 (71.2%)
49	SADKOWSKI Paweł	1262	MAŁY RUNNERS TEAM	M40	21	01:50:10	03:26:38	05:23:00	07:02:33.55	07:02:40.40	+02:03:58 (29.3%)	8:07	7.4 (71.2%)
50	DWORAK Bartłomiej	1156	PODIUM	M40	22	01:47:56	03:19:22	05:22:22	07:02:44.50	07:02:53.20	+02:04:11 (29.4%)	8:07	7.4 (71.2%)
51	OLEKSY Marcin	1471	PĘKNIĘTE PŁUCO	M30	13	01:43:14	03:36:29	05:21:10	07:02:48.20	07:03:15.05	+02:04:33 (29.4%)	8:07	7.4 (71.2%)
52	ZAPIÓR Maciej	1137	ZET	M30	14	01:53:33	03:29:27	05:26:18	07:04:34.60	07:04:59.90	+02:06:17 (29.7%)	8:09	7.3 (70.2%)
53	GRZONKA Tomasz	1400		M40	23	01:42:26	03:08:54	05:08:56	07:05:49.20	07:05:55.25	+02:07:13 (29.9%)	8:11	7.3 (70.2%)
54	LIPKA Sebastian	1058		M40	24	01:45:23	03:15:11	05:23:47	07:08:56.65	07:09:27.90	+02:10:45 (30.4%)	8:14	7.3 (70.2%)
55	PIEŃKOSZ Wojciech	1408	PGE ENERGETIC RUNNING	M40	25	01:50:09	03:28:36	05:30:37	07:09:23.05	07:09:32.95	+02:10:50 (30.5%)	8:15	7.3 (70.2%)
56	BUŁANOW Leszek	1285		M50	8	01:46:55	03:19:22	05:21:41	07:09:28.55	07:09:36.50	+02:10:54 (30.5%)	8:15	7.3 (70.2%)
57	ROST Michał	1183		M20	5	01:48:06	03:19:16	05:19:43	07:09:26.30	07:09:37.90	+02:10:55 (30.5%)	8:15	7.3 (70.2%)
58	KOSIERADZKI Tomasz	1349	KS STASZEWSKY	M30	15	01:45:46	03:16:27	05:22:48	07:11:15.75	07:11:38.35	+02:12:56 (30.8%)	8:17	7.2 (69.2%)
59	ŁUBISZ Mariusz	7007		M40	26	01:48:24	03:20:02	05:25:53	07:11:47.70	07:11:58.20	+02:13:16 (30.9%)	8:18	7.2 (69.2%)
60	LORENZ Marcin	1473	GB GALOPUJĄCE ŚLIMAKI	M50	9	01:50:38	03:26:49	05:32:25	07:13:01.15	07:13:08.30	+02:14:26 (31.0%)	8:19	7.2 (69.2%)
61	KRUSZEWSKI Filip	7024	NOWAK.RUN	M30	16	01:55:37	03:27:29	05:27:10	07:13:13.50	07:13:44.45	+02:15:02 (31.1%)	8:19	7.2 (69.2%)

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						I 15km	Solinka 28km	II 41km					
62	BRUDEREK Tomasz	1428	PRIMUM CURRERE	M40	27	01:51:35	03:28:46	05:27:38	07:13:45.85	07:14:08.40	+02:15:26 (31.2%)	8:20	7.2 (69.2%)
63	STANIO Arkadiusz	7026	ASSECO ACTIVE TEAM / BIEGAM W RZESZOWIE	M40	28	01:51:45	03:29:45	05:31:19	07:14:39.95	07:15:01.90	+02:16:19 (31.3%)	8:21	7.2 (69.2%)
64	ŻURAWSKI Sławomir	1353	PGBSPORTOWAPACZKA/BARUNOWCE	M40	29	01:45:35	03:33:17	05:37:15	07:15:05.60	07:15:08.40	+02:16:26 (31.4%)	8:22	7.2 (69.2%)
65	KOLUCH Bartłomiej	1329		M30	17	01:46:02	03:15:57	05:24:03	07:15:16.55	07:15:39.55	+02:16:57 (31.4%)	8:22	7.2 (69.2%)
66	SZUBA-ŁATA Klaudia	1146	ENJOY BY SPORT	K20	2	01:51:40	03:28:32	05:34:03	07:15:41.95	07:15:52.95	+02:17:10 (31.5%)	8:22	7.2 (69.2%)
67	PIWOWARSKI Kacper	1461	CEDRUS TEAM	M20	6	01:49:09	03:23:38	05:26:35	07:15:59.15	07:16:35.15	+02:17:53 (31.6%)	8:23	7.2 (69.2%)
68	KMIEĆ Andrzej	7030	TURBO PRUSZKÓW	M40	30	01:46:05	03:23:20	05:29:40	07:17:03.00	07:17:07.40	+02:18:25 (31.7%)	8:24	7.1 (68.3%)
69	NIEDŹWIEDZKA Anna	7025	NA SZAGĘ	K40	2	01:53:28	03:28:46	05:34:32	07:19:39.60	07:19:43.90	+02:21:01 (32.1%)	8:27	7.1 (68.3%)
69	PAWLAK Bartosz	7006	RUN AND FLY	M40	31	01:55:56	03:32:27	05:32:14	07:18:47.95	07:19:43.90	+02:21:01 (32.1%)	8:26	7.1 (68.3%)
71	MAZURKIEWICZ Kacper	1355		M20	7	01:42:50	03:16:14	05:23:27	07:19:45.05	07:19:48.35	+02:21:06 (32.1%)	8:27	7.1 (68.3%)
72	WOJNAROWSKA Weronika	1253		K30	4	01:56:22	03:34:13	05:32:37	07:19:24.30	07:19:48.80	+02:21:06 (32.1%)	8:27	7.1 (68.3%)
73	MUCHA Monika	1430	NA PRZYPALE, ALBO WCALE !	K40	3	01:52:13	03:43:05	05:36:49	07:20:47.65	07:21:12.50	+02:22:30 (32.3%)	8:28	7.1 (68.3%)
74	STASIAK Jakub	1126		M40	32	01:47:49	03:21:38	05:34:03	07:22:48.50	07:23:34.50	+02:24:52 (32.7%)	8:30	7 (67.3%)
75	CHODAK Mateusz	1414	OBIERACZ DO MACIOR	M20	8	01:42:38	03:15:58	05:23:52	07:24:00.55	07:24:33.55	+02:25:51 (32.8%)	8:32	7 (67.3%)
76	WÓJCIK Jacek	1121		M50	10	01:45:59	03:19:13	05:25:11	07:25:44.55	07:26:01.60	+02:27:19 (33.0%)	8:34	7 (67.3%)
77	RUSIN Konrad	1064		M30	18	01:52:01	03:28:01	05:33:45	07:26:02.65	07:26:09.95	+02:27:27 (33.1%)	8:34	7 (67.3%)
78	PELA Olga	1454		K30	5	01:58:23	03:40:01	05:41:33	07:25:31.80	07:26:17.90	+02:27:35 (33.1%)	8:34	7 (67.3%)
79	MADEJ Kacper	1052	DELTA FORCE	M20	9	01:53:25	03:26:27	05:30:27	07:25:58.10	07:26:47.10	+02:28:05 (33.1%)	8:34	7 (67.3%)
80	MARCINOWSKI Krzysztof	1034	RUN4FUN-PLEWISKA	M40	33	01:51:34	03:26:57	05:33:54	07:26:27.15	07:26:47.15	+02:28:05 (33.1%)	8:35	7 (67.3%)
81	KOWALCZYK Robert	7018	CEDRUS TEAM / ŁĘCZNA BIEGA	M40	34	01:50:23	03:25:27	05:33:06	07:26:25.35	07:26:56.35	+02:28:14 (33.2%)	8:35	7 (67.3%)
82	POLOCZEK Jarosław	1138		M30	19	01:47:33	03:28:08	05:38:24	07:26:49.50	07:27:10.55	+02:28:28 (33.2%)	8:35	7 (67.3%)
83	STELMACH Dariusz	1203		M40	35	01:53:00	03:29:06	05:38:08	07:27:14.45	07:27:14.45	+02:28:32 (33.2%)	8:36	7 (67.3%)
84	SZCZYGIEŁ Ola	1176		K30	6	01:54:58	03:39:34	05:40:48	07:27:29.95	07:27:57.70	+02:29:15 (33.3%)	8:36	7 (67.3%)

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85	ASŁANOWICZ Marcin	1261	ŻÓRAWSKI TEAM	M40	36	01:51:05	03:28:55	05:35:21	07:28:15.60	07:28:23.80	+02:29:41 (33.4%)	8:37	7 (67.3%)
86	LUSIAK Malgorzata	1133		K30	7	01:55:57	03:40:27	05:46:50	07:28:32.85	07:28:35.50	+02:29:53 (33.4%)	8:37	7 (67.3%)
87	NALEPA Szymon	1330	RUNNINGPERFORMANCE.PL	M40	37	01:58:57	03:35:01	05:34:47	07:28:26.60	07:28:39.70	+02:29:57 (33.4%)	8:37	7 (67.3%)
88	BIAŁECKI Piotr	1426	ORANGE	M40	38	01:42:38	03:15:39	05:37:33	07:28:52.50	07:28:59.65	+02:30:17 (33.5%)	8:37	7 (67.3%)
89	PARZNIIEWSKI Maciej	1241	TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA	M40	39	01:46:12	03:24:29	05:33:13	07:29:25.05	07:29:36.95	+02:30:54 (33.6%)	8:38	6.9 (66.3%)
90	ŚWIĄTEK Karol	1337		M30	20	01:51:14	03:26:46	05:37:22	07:30:07.10	07:30:47.30	+02:32:05 (33.7%)	8:39	6.9 (66.3%)
91	MARCINIAK Tomasz	1275	RADOMNO BIEGA	M40	40	01:48:43	03:42:46	05:48:21	07:30:46.15	07:31:30.55	+02:32:48 (33.8%)	8:40	6.9 (66.3%)
92	KRÓLAK Radosław	1177		M40	41	01:52:12	03:31:50	05:46:45	07:31:22.60	07:31:36.00	+02:32:53 (33.9%)	8:40	6.9 (66.3%)
93	RYCHLICKI Waldemar	1180	MAŁY RUNNERS TEAM	M50	11	01:52:26	03:28:56	05:32:34	07:31:43.30	07:31:51.20	+02:33:09 (33.9%)	8:41	6.9 (66.3%)
94	TARNAWSKI Sławomir	1315		M40	42	01:52:52	03:29:58	05:38:57	07:34:02.95	07:34:15.55	+02:35:33 (34.2%)	8:43	6.9 (66.3%)
95	WIRKIJOWSKA Aneta	1191	TRENUJ Z NAMI	K40	4	02:00:10	03:41:35	05:50:02	07:34:50.85	07:35:20.15	+02:36:38 (34.4%)	8:44	6.9 (66.3%)
96	KOLAWA Piotr	1192	TRENUJ Z NAMI	M40	43	02:00:26	03:41:36	05:50:03	07:34:50.85	07:35:20.20	+02:36:38 (34.4%)	8:44	6.9 (66.3%)
97	KUBIK Mateusz	1091	FIZJOBIEGACZE SZCZECIN	M30	21	01:53:30	03:32:17	05:44:37	07:35:57.20	07:36:08.75	+02:37:26 (34.5%)	8:46	6.8 (65.4%)
98	DUDZIK Tomek	1393	FIZJOBIEGACZE SZCZECIN	M30	22	01:53:02	03:32:17	05:44:36	07:35:57.55	07:36:08.80	+02:37:26 (34.5%)	8:46	6.8 (65.4%)
99	JADZIEWICZ Jakub	1381	PRORUNNING	M40	44	01:53:11	03:29:12	05:42:00	07:36:41.40	07:36:58.60	+02:38:16 (34.6%)	8:46	6.8 (65.4%)
100	URBAŃCZYK Michał	1453		M40	45	01:52:47	03:33:20	05:42:19	07:37:45.60	07:37:49.40	+02:39:07 (34.8%)	8:48	6.8 (65.4%)
101	GORYNIA Hubert	7017		M30	23	01:56:56	03:38:25	05:46:39	07:39:37.75	07:39:53.75	+02:41:11 (35.1%)	8:50	6.8 (65.4%)
102	SZYMANEK-PASTERNAK Anna	1236		K40	5	01:52:23	03:31:12	05:45:31	07:39:40.40	07:40:12.45	+02:41:30 (35.1%)	8:50	6.8 (65.4%)
103	ROSTKOWSKA-BIAŁAS Karolina	1235		K30	8	01:51:40	03:30:36	05:45:32	07:39:40.50	07:40:12.55	+02:41:30 (35.1%)	8:50	6.8 (65.4%)
104	KLIMKOWSKI Tomasz	1420		M50	12	01:53:06	03:38:58	05:55:00	07:41:14.45	07:41:19.60	+02:42:37 (35.3%)	8:52	6.8 (65.4%)
105	ADAMCZEWSKI Szymon	7021	SFORA BMK	M20	10	01:54:51	03:36:41	05:49:05	07:40:42.50	07:41:20.50	+02:42:38 (35.3%)	8:51	6.8 (65.4%)
106	MICHNIAK Łukasz	1458		M30	24	01:53:30	03:34:01	05:46:43	07:40:55.05	07:41:29.05	+02:42:47 (35.3%)	8:51	6.8 (65.4%)
107	KŁODA Dariusz	1083	SPORT GENERATION	M40	46	01:56:11	03:37:23	05:48:07	07:41:05.65	07:41:30.35	+02:42:48 (35.3%)	8:52	6.8 (65.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki		Roztoki	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						I 15km	Solinka 28km	II 41km	netto 52km	brutto 52km			
108	MACIĄŻEK Dawid	1086		M30	25	01:49:45	03:43:40	05:49:15	07:42:10.10	07:42:24.70	+02:43:42 (35.4%)	8:53	6.8 (65.4%)
109	KOWALSKA Iwona	1254	KUNDY PORTOWE	K40	6	01:56:46	03:41:39	05:54:46	07:41:51.80	07:42:31.15	+02:43:49 (35.4%)	8:52	6.8 (65.4%)
110	BIĘCZAK Zuzanna	1360	ASICS FRONTRUNNER POLAND	K30	9	01:55:39	03:39:11	05:46:57	07:41:53.10	07:42:48.70	+02:44:06 (35.5%)	8:52	6.8 (65.4%)
111	OBIDOWSKI Łukasz	7040	ODYNIEC TEAM	M40	47	02:03:18	03:47:35	05:52:31	07:42:30.45	07:42:55.90	+02:44:13 (35.5%)	8:53	6.7 (64.4%)
112	BUKOWSKI Damian	1465		M30	26	01:54:55	03:39:41	05:52:08	07:42:31.95	07:43:05.40	+02:44:23 (35.5%)	8:53	6.7 (64.4%)
113	KUTRZYK Przemysław	7012	STREFA BIEGACZA NATALIA SADOWSKA	M40	48	02:03:08	03:46:51	05:53:54	07:43:04.80	07:43:21.85	+02:44:39 (35.5%)	8:54	6.7 (64.4%)
114	LASKOWSKI Piotr	1002		M50	13	02:02:52	03:54:49	06:03:42	07:43:55.45	07:44:11.70	+02:45:29 (35.7%)	8:55	6.7 (64.4%)
115	WÓJCIK Anna	1063	6 BATALION LOGISTYCZNY KRAKÓW	K20	3	01:51:16	03:30:07	05:46:58	07:44:30.55	07:44:33.10	+02:45:51 (35.7%)	8:55	6.7 (64.4%)
116	KĘSIK Michał	1050	RKS HUWDU	M30	27	01:56:35	03:42:02	05:53:27	07:45:03.80	07:45:19.65	+02:46:37 (35.8%)	8:56	6.7 (64.4%)
117	WOŁOZYN Czesław	1305	PIZUNY ROZTOCZE WSCHODNIE	M60	1	01:58:26	03:42:17	05:47:41	07:45:26.60	07:45:39.15	+02:46:57 (35.9%)	8:57	6.7 (64.4%)
118	MISKOWICZ Janusz	1070		M40	49	01:47:39	03:43:41	05:56:39	07:45:39.20	07:45:55.50	+02:47:13 (35.9%)	8:57	6.7 (64.4%)
119	DOŁOZYCKI Grzegorz	1240		M40	50	02:03:14	03:46:54	05:54:28	07:46:36.15	07:47:02.40	+02:48:20 (36.0%)	8:58	6.7 (64.4%)
120	WIĘSEK Natalka	1331	ULTRA WAY TEAM	K30	10	02:01:42	03:50:37	06:00:10	07:47:11.05	07:47:17.10	+02:48:35 (36.1%)	8:59	6.7 (64.4%)
121	JANKOWIAK Przemysław	7029		M50	14	01:55:51	03:34:44	05:48:51	07:48:17.20	07:48:49.60	+02:50:07 (36.3%)	9:00	6.7 (64.4%)
122	GALUSKIN Alexey	1345		M40	51	01:58:15	03:43:32	05:54:29	07:48:32.35	07:49:05.30	+02:50:23 (36.3%)	9:00	6.7 (64.4%)
123	CZECH Aldona	1398	BIEGOWE CZWARTKI	K40	7	02:00:16	03:42:00	05:50:08	07:49:10.80	07:49:16.35	+02:50:34 (36.3%)	9:01	6.7 (64.4%)
124	ILNICKA Monika	1109	WIECZORNE BIEGANIE W OPOLU	K30	11	01:52:28	03:31:36	05:50:08	07:48:54.65	07:49:25.30	+02:50:43 (36.4%)	9:01	6.7 (64.4%)
125	ZIELIŃSKI Dariusz	7031	FIZJO-SPORT ŁĘCZNA/CEDRUS TEAM	M40	52	01:48:11	03:24:01	05:55:58	07:50:01.10	07:50:30.40	+02:51:48 (36.5%)	9:02	6.6 (63.5%)
126	MAJEWSKI Radosław	7008	NIGHT RUNNERS / PRO366	M40	53	02:00:43	03:46:57	05:59:36	07:50:56.65	07:50:59.45	+02:52:17 (36.6%)	9:03	6.6 (63.5%)
127	STAŚKOWIAK Rafał	1223	BRACTWO BIEGOWE BGK	M30	28	01:53:16	03:34:54	05:52:24	07:51:47.30	07:52:10.60	+02:53:28 (36.7%)	9:04	6.6 (63.5%)
128	KARCZMARCZYK Tomasz	1134		M40	54	01:54:13	03:36:38	05:50:32	07:52:08.00	07:53:09.70	+02:54:27 (36.9%)	9:04	6.6 (63.5%)
129	BARTOSZEK Tomasz	1259	SAINT-GOBAIN SQUAD	M30	29	01:55:07	03:34:29	05:56:48	07:53:13.10	07:53:47.40	+02:55:05 (37.0%)	9:06	6.6 (63.5%)
130	RECZEK Sebastian	7004	ULTRA SEBA	M40	55	01:48:02	03:41:09	06:04:09	07:54:42.20	07:54:48.75	+02:56:06 (37.1%)	9:07	6.6 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki		Roztoki		Czas	Czas	Różn	Tempo min/km	Tempo km/h
						I 15km	Solinka 28km	II 41km	netto 52km	brutto 52km				
131	ZABOROWSKA Renata	1170		K40	8	02:01:33	03:46:42	06:00:50	07:55:09.10	07:55:33.50	+02:56:51 (37.2%)	9:08	6.6 (63.5%)	
132	PLEWA Tomasz	1120		M40	56	01:51:26	03:28:40	05:50:05	07:55:51.10	07:55:54.60	+02:57:12 (37.2%)	9:09	6.6 (63.5%)	
133	BOROWSKI Tomasz	1446		M60	2	02:03:50	03:51:37	06:03:39	07:55:09.75	07:55:56.45	+02:57:14 (37.2%)	9:08	6.6 (63.5%)	
134	KAPUSTA Dawid	1009		M20	11	02:03:53	03:45:54	05:59:39	07:54:53.80	07:56:06.95	+02:57:24 (37.3%)	9:07	6.6 (63.5%)	
135	SROKA Marcin	1101	WLKP MOUNTAINS ULTRA	M40	57	01:53:36	03:38:29	06:00:40	07:56:51.05	07:57:10.55	+02:58:28 (37.4%)	9:10	6.5 (62.5%)	
136	JUDA Tomasz	1377		M40	58	02:00:32	03:46:13	06:06:45	07:56:18.25	07:57:10.60	+02:58:28 (37.4%)	9:09	6.6 (63.5%)	
137	FRAK Edyta	1248	PARKRUN TORUŃ	K30	12	01:55:21	03:37:30	06:00:39	07:56:49.30	07:57:10.70	+02:58:28 (37.4%)	9:10	6.5 (62.5%)	
138	PIASKOWSKI Łukasz	1141	SANTANDER RUNNERS TEAM	M50	15	01:52:55	03:34:14	05:57:41	07:57:26.90	07:57:47.10	+02:59:05 (37.5%)	9:10	6.5 (62.5%)	
139	GŁUCHOWSKI Przemek	7023	MZUMA	M40	59	02:05:52	03:51:28	06:06:59	07:58:14.50	07:58:42.90	+03:00:00 (37.6%)	9:11	6.5 (62.5%)	
140	OBREBSKI Marcin	1004	MATNER RUNNING TEAM	M40	60	01:56:10	03:45:08	06:03:25	07:58:20.25	07:58:52.60	+03:00:10 (37.6%)	9:11	6.5 (62.5%)	
141	ZYCH Szymon	1085	RUNONLINE.PL TEAM	M30	30	01:56:35	03:38:32	05:57:34	07:58:51.25	07:59:01.10	+03:00:19 (37.6%)	9:12	6.5 (62.5%)	
142	MAJCHRZAK Oskar	1289		M30	31	02:01:46	03:50:06	06:02:39	07:59:08.95	07:59:36.60	+03:00:54 (37.7%)	9:12	6.5 (62.5%)	
143	GIDZIŃSKA Larysa	1288	BENEFIT SYSTEMS OFF-ROAD RUNNERS	K30	13	02:02:19	03:50:14	06:02:21	07:59:09.70	07:59:36.70	+03:00:54 (37.7%)	9:12	6.5 (62.5%)	
144	KABUT Tomasz	1297		M20	12	01:49:27	03:26:39	05:32:10	07:59:49.15	08:00:05.40	+03:01:23 (37.8%)	9:13	6.5 (62.5%)	
145	WOLIŃSKI Ryszard	1264	NOWY STYL RUNNING TEAM	M30	32	01:55:32	03:37:53	06:02:59	08:00:15.45	08:00:31.60	+03:01:49 (37.8%)	9:14	6.5 (62.5%)	
146	KUSY Rafał	1096	PORANNYBESKIDRUN	M40	61	01:55:52	03:42:58	06:07:38	08:00:38.80	08:00:43.60	+03:02:01 (37.9%)	9:14	6.5 (62.5%)	
147	ŻYŁA Bartłomiej	1135		M30	33	01:44:59	03:43:28	06:03:39	08:01:13.70	08:01:45.25	+03:03:03 (38.0%)	9:15	6.5 (62.5%)	
148	ROSOLSKI Piotr	1399		M40	62	01:47:15	03:40:38	06:10:40	08:02:18.80	08:02:27.90	+03:03:45 (38.1%)	9:16	6.5 (62.5%)	
149	ORYSZCZAK Bartłomiej	1025	MTB ROZTOCZE	M40	63	01:54:28	03:41:44	06:10:38	08:02:23.00	08:02:29.65	+03:03:47 (38.1%)	9:16	6.5 (62.5%)	
150	MILEWSKI Mateusz	7027	ASSECO ACTIVE TEAM	M30	34	01:57:00	03:40:13	06:04:57	08:03:02.90	08:03:13.60	+03:04:31 (38.2%)	9:17	6.5 (62.5%)	
151	ADAMSKI Aleksander	1350		M30	35	02:02:53	03:48:19	05:57:00	08:02:38.25	08:03:22.20	+03:04:40 (38.2%)	9:16	6.5 (62.5%)	
152	SZCZABEL Krystian	1247		M30	36	01:53:46	03:37:10	06:02:56	08:03:56.10	08:04:01.10	+03:05:19 (38.3%)	9:18	6.4 (61.5%)	
153	MAKOWSKA Anna	1100		K40	9	02:04:49	03:51:43	06:12:39	08:03:50.20	08:04:02.10	+03:05:20 (38.3%)	9:18	6.4 (61.5%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
154	ŁOZA Elwira	1361	MKB DREPTAK	K30	14	02:06:00	03:50:46	06:10:21	08:03:46.25	08:04:45.80	+03:06:03 (38.4%)	9:18	6.4 (61.5%)
155	CIUK Piotr	7002	YULO RUN TEAM SIEDLCE/ FUJITSU POLAND	M50	16	02:06:01	03:50:46	06:10:22	08:03:46.30	08:04:46.00	+03:06:03 (38.4%)	9:18	6.4 (61.5%)
156	WALKOWIAK Rafał	1451	KONIN RUN	M50	17	01:47:56	03:40:43	06:04:40	08:05:06.75	08:05:33.40	+03:06:51 (38.5%)	9:19	6.4 (61.5%)
157	WÓJCIK Dawid	1438	SKL SUCHA BESKIDZKA	M40	64	01:58:01	03:42:46	06:00:33	08:05:44.65	08:05:44.65	+03:07:02 (38.5%)	9:20	6.4 (61.5%)
158	CHOINA Kamil	1003	ENDORŚWINKI	M30	37	01:46:26	03:26:37	06:07:19	08:05:52.65	08:06:03.05	+03:07:21 (38.5%)	9:20	6.4 (61.5%)
159	MICHALSKA-TRZASKA Joanna	1215	BIUROWE.COM.PL	K40	10	02:02:49	03:49:10	06:08:34	08:07:32.60	08:07:53.10	+03:09:11 (38.8%)	9:22	6.4 (61.5%)
160	MADEJ Anna	1383	VEGE RUNNERS	K40	11	02:02:30	03:50:33	06:05:51	08:06:55.50	08:07:53.55	+03:09:11 (38.8%)	9:21	6.4 (61.5%)
161	DOMINIK Marcin	1325		M30	38	02:01:08	03:45:29	06:14:13	08:07:33.85	08:08:10.30	+03:09:28 (38.8%)	9:22	6.4 (61.5%)
162	SZCZUREK Paweł	1166	--	M50	18	01:49:36	03:29:08	05:53:34	08:08:21.55	08:08:27.30	+03:09:45 (38.8%)	9:23	6.4 (61.5%)
163	KOŁODZIEJCZYK Maciej	7036	FIZJO-SPORT	M40	65	01:55:48	03:44:22	06:09:15	08:09:22.70	08:09:52.40	+03:11:10 (39.0%)	9:24	6.4 (61.5%)
164	MAZUR Grzegorz	1310		M40	66	02:01:06	03:50:53	06:14:37	08:11:02.10	08:11:08.15	+03:12:26 (39.2%)	9:26	6.4 (61.5%)
165	MAŚLAK Paweł	1055	DELTA FORCE	M40	67	01:56:08	03:39:30	06:10:36	08:10:43.40	08:11:32.85	+03:12:50 (39.2%)	9:26	6.4 (61.5%)
166	KRAWIECKI Tomasz	1130		M40	68	01:56:59	03:43:55	06:06:42	08:11:40.45	08:12:32.35	+03:13:50 (39.4%)	9:27	6.3 (60.6%)
167	WINKEL Daniel	1185		M30	39	02:06:10	03:47:04	06:13:20	08:12:39.35	08:13:03.95	+03:14:21 (39.4%)	9:28	6.3 (60.6%)
168	KAWIAK Marek	1024		M40	69	01:52:00	03:43:52	06:11:36	08:13:31.75	08:13:36.35	+03:14:54 (39.5%)	9:29	6.3 (60.6%)
169	ĆWIAKAŁA Wojciech	1110		M60	3	02:12:42	04:01:38	06:18:18	08:14:28.30	08:15:35.00	+03:16:52 (39.7%)	9:30	6.3 (60.6%)
170	NAZIEMKOWSKI Bogusław	1401	JAROSŁAWSKI BIEGACZ	M40	70	02:01:14	03:51:13	06:20:56	08:15:27.10	08:15:36.80	+03:16:54 (39.7%)	9:31	6.3 (60.6%)
171	MUZAJ Grzegorz	1167		M30	40	02:03:49	03:51:02	06:17:41	08:14:57.10	08:15:48.15	+03:17:06 (39.8%)	9:31	6.3 (60.6%)
172	CHARCHUT Roman	1168		M30	41	02:04:11	03:51:02	06:17:38	08:14:57.40	08:15:48.55	+03:17:06 (39.8%)	9:31	6.3 (60.6%)
173	ZIELIŃSKA Agata	1301		K40	12	01:55:37	03:38:16	05:56:59	08:17:07.25	08:17:13.80	+03:18:31 (39.9%)	9:33	6.3 (60.6%)
174	WŁODAWIEC Joanna	1017	ACCENTURE	K20	4	02:02:14	03:46:15	06:03:34	08:16:39.25	08:17:32.20	+03:18:50 (40.0%)	9:33	6.3 (60.6%)
175	SZCZERBINSKI Adrian	1051		M20	13	02:11:18	03:58:48	06:26:31	08:17:35.10	08:17:45.90	+03:19:03 (40.0%)	9:34	6.3 (60.6%)
176	BALCERZAK Mariusz	7028	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	M40	71	02:03:21	03:50:40	06:07:05	08:17:39.55	08:18:14.70	+03:19:32 (40.0%)	9:34	6.3 (60.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
177	SIEMIENIUK Tomasz	1246	PRAŻANIN	M40	72	01:50:00	03:30:01	06:12:11	08:17:57.35	08:18:18.50	+03:19:36 (40.1%)	9:34	6.3 (60.6%)
178	KOŃCZYK Kamil	1193		M30	42	02:04:41	03:51:23	06:10:53	08:17:52.00	08:18:39.75	+03:19:57 (40.1%)	9:34	6.3 (60.6%)
179	ADAMCZYK Mariusz	1418		M50	19	01:56:49	03:45:25	06:10:34	08:18:20.45	08:18:40.95	+03:19:58 (40.1%)	9:35	6.3 (60.6%)
180	KIEŁPIŃSKI Piotr	1056		M40	73	01:58:24	03:43:13	06:07:26	08:18:30.30	08:18:41.00	+03:19:58 (40.1%)	9:35	6.3 (60.6%)
181	BAKIERA Kamil	1015		M30	43	02:02:50	03:51:12	06:16:02	08:22:13.25	08:22:44.20	+03:24:02 (40.6%)	9:39	6.2 (59.6%)
182	HAŁASA Piotr	1335		M40	74	01:57:00	03:50:51	06:20:21	08:23:27.95	08:23:47.60	+03:25:05 (40.7%)	9:40	6.2 (59.6%)
183	WOJTCZAK Mateusz	1435		M30	44	02:02:31	03:53:30	06:23:21	08:24:01.45	08:24:37.05	+03:25:55 (40.8%)	9:41	6.2 (59.6%)
184	HABA Konrad	1448		M30	45	01:55:47	03:44:33	06:16:39	08:25:06.95	08:25:14.25	+03:26:32 (40.9%)	9:42	6.2 (59.6%)
185	KOIS Ewa	1374		K20	5	02:08:12	03:56:55	06:28:45	08:24:39.70	08:25:19.75	+03:26:37 (40.9%)	9:42	6.2 (59.6%)
186	NOWAK Paweł	1020		M30	46	02:13:34	04:08:18	06:28:54	08:24:26.10	08:25:28.40	+03:26:46 (40.9%)	9:42	6.2 (59.6%)
187	WIŚNIEWSKA Agnieszka	7041		K40	13	02:08:17	04:02:44	06:26:08	08:25:42.70	08:25:51.40	+03:27:09 (41.0%)	9:43	6.2 (59.6%)
188	ŁUCZAK Justyna	1200	BIEGAJĄCY TCZEW	K40	14	02:17:54	04:08:00	06:32:00	08:26:06.35	08:26:25.95	+03:27:43 (41.0%)	9:43	6.2 (59.6%)
189	KOLCZYŃSKI Michał	1323	TRUCHTACZ	M60	4	02:01:02	03:51:13	06:19:37	08:26:14.15	08:26:30.90	+03:27:48 (41.0%)	9:44	6.2 (59.6%)
190	SKARŻYŃSKI Michał	1256		M40	75	01:57:37	03:43:38	06:09:31	08:26:28.00	08:26:54.10	+03:28:12 (41.1%)	9:44	6.2 (59.6%)
191	KORDOWSKI Łukasz	1245		M30	47	01:57:04	03:45:11	06:17:07	08:26:59.55	08:27:38.70	+03:28:56 (41.2%)	9:44	6.2 (59.6%)
192	SMIT Maciej	1092		M50	20	02:03:44	03:49:25	06:16:30	08:27:20.55	08:28:29.40	+03:29:47 (41.3%)	9:45	6.1 (58.7%)
193	LATUS Łukasz	1210		M30	48	01:51:21	03:39:24	06:22:56	08:28:55.70	08:29:09.40	+03:30:27 (41.3%)	9:47	6.1 (58.7%)
194	KURYŁOWICZ Mariusz	1033	KKROZTOCZE	M40	76	01:54:25	03:41:47	06:10:41	08:30:08.90	08:30:15.60	+03:31:33 (41.5%)	9:48	6.1 (58.7%)
195	KONECKI Damian	1079	YOU'LL NEVER WALK ALONE	M30	49	02:02:43	03:54:06	06:28:04	08:31:00.40	08:31:04.20	+03:32:22 (41.6%)	9:49	6.1 (58.7%)
196	ZAJĄC Paweł	1447	ULTRAKICAK	M30	50	02:08:42	04:00:10	06:22:45	08:30:50.05	08:31:12.00	+03:32:29 (41.6%)	9:49	6.1 (58.7%)
197	BAKALARZ Ariel	1001		M30	51	01:57:09	03:45:46	06:17:07	08:30:50.70	08:31:29.80	+03:32:47 (41.6%)	9:49	6.1 (58.7%)
198	LULLA Michał	1348		M40	77	01:59:51	03:48:58	06:25:13	08:31:08.80	08:32:09.80	+03:33:27 (41.7%)	9:49	6.1 (58.7%)
199	BOROWCZYK Marcin	1444	ULTRASI	M40	78	02:02:45	03:51:26	06:25:28	08:32:03.65	08:32:29.40	+03:33:47 (41.7%)	9:50	6.1 (58.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						I 15km	Solinka 28km	II 41km					
200	KRET Marek	1077		M40	79	02:24:09	04:18:46	06:36:09	08:32:32.85	08:33:07.40	+03:34:25 (41.8%)	9:51	6.1 (58.7%)
201	ŻÓŁKIEWICZ Marcin	1131		M40	80	02:04:53	03:56:53	06:28:24	08:33:21.40	08:34:04.65	+03:35:22 (41.9%)	9:52	6.1 (58.7%)
202	OSICA Łukasz	1410		M40	81	02:07:37	03:56:11	06:30:38	08:34:16.75	08:35:16.00	+03:36:33 (42.0%)	9:53	6.1 (58.7%)
203	BIAŁOUS Kamil	1095	BIAŁYSTOK BIEGA TEAM	M30	52	02:05:56	03:55:26	06:31:57	08:35:15.90	08:35:42.90	+03:37:00 (42.1%)	9:54	6.1 (58.7%)
204	ULENBERG Roman	1293	KKM KWIDZYN	M30	53	02:01:56	03:53:35	06:31:27	08:34:46.90	08:35:43.80	+03:37:01 (42.1%)	9:53	6.1 (58.7%)
205	PAWLYTA Jerzy	1291		M30	54	02:01:38	03:52:08	06:31:24	08:34:46.20	08:35:44.55	+03:37:02 (42.1%)	9:53	6.1 (58.7%)
206	TROCHIMOWICZ Hubert T	7014	ENDORPHINERS	M40	82	02:03:48	04:00:08	06:28:00	08:36:46.05	08:37:11.25	+03:38:29 (42.2%)	9:56	6 (57.7%)
207	SZURA Anetta	1202		K50	1	02:16:38	04:07:35	06:25:20	08:36:57.45	08:37:49.45	+03:39:07 (42.3%)	9:56	6 (57.7%)
208	KUDRYCKI Jakub	1105		M50	21	01:59:46	03:45:21	06:24:05	08:37:54.40	08:38:13.50	+03:39:31 (42.4%)	9:57	6 (57.7%)
209	ŁĘDZION Rafał	1243	DZIK TEAM SEKCJA WARSZAWA	M30	55	02:02:48	03:51:42	06:25:34	08:37:54.95	08:38:36.00	+03:39:53 (42.4%)	9:57	6 (57.7%)
210	PAWLICKI Marcin	1366		M30	56	02:00:38	03:50:36	06:22:30	08:38:09.75	08:38:53.70	+03:40:11 (42.4%)	9:57	6 (57.7%)
211	MORUSIEWICZ Weronika	1294		K20	6	02:01:52	03:53:09	06:31:51	08:39:12.60	08:39:50.50	+03:41:08 (42.5%)	9:59	6 (57.7%)
212	ADAMCZYK Artur	7022		M30	57	02:00:27	03:45:59	06:19:40	08:39:45.95	08:39:51.40	+03:41:09 (42.5%)	9:59	6 (57.7%)
213	RYDLEWSKI Robert	1038	AZS TORUŃ	M40	83	01:58:00	03:46:15	06:27:07	08:39:04.15	08:39:56.70	+03:41:14 (42.6%)	9:58	6 (57.7%)
214	KRZYMOWSKI Adrian	1076	BULDOŻER I KOPARA	M20	14	02:03:30	03:58:40	06:35:42	08:39:31.15	08:40:02.30	+03:41:20 (42.6%)	9:59	6 (57.7%)
215	DOLATA Andrzej	1225	KTB KUNY	M40	84	01:55:12	03:41:49	06:37:18	08:40:35.80	08:40:54.40	+03:42:12 (42.7%)	10:00	6 (57.7%)
216	BUHL Paulina	1281	VIALTO PARTNERS	K30	15	02:16:22	04:14:39	06:42:06	08:40:55.10	08:41:49.90	+03:43:07 (42.8%)	10:01	6 (57.7%)
217	FAFARA Agnieszka	1022	PIETRZYK RUNNING TEAM	K40	15	02:21:30	04:16:29	06:36:55	08:42:03.95	08:42:38.35	+03:43:56 (42.8%)	10:02	6 (57.7%)
218	SANECKI Patryk	1292	SPARTANIE DZIECIOM	M30	58	02:02:54	03:54:25	06:31:27	08:41:54.20	08:42:53.20	+03:44:11 (42.9%)	10:02	6 (57.7%)
219	ORONOWICZ Marta	1368	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	K50	2	02:11:51	04:11:44	06:38:44	08:43:12.50	08:43:53.85	+03:45:11 (43.0%)	10:03	6 (57.7%)
220	LALEWICZ Weronika	1113		K20	7	02:07:01	04:00:57	06:36:35	08:43:56.25	08:44:32.95	+03:45:50 (43.1%)	10:04	6 (57.7%)
221	JARZYŃSKI Janusz	1153	KONIN RUN	M50	22	02:06:02	03:59:51	06:32:30	08:44:31.80	08:44:59.55	+03:46:17 (43.1%)	10:05	5.9 (56.7%)
222	PIASECKI Rafał	7019	ULTRAFI	M40	85	02:14:08	04:04:50	06:33:58	08:44:59.60	08:45:17.35	+03:46:35 (43.1%)	10:05	5.9 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
223	JAKOWIECKA Aleksandra	1280		K20	8	02:05:30	04:02:20	06:29:35	08:44:48.00	08:45:23.00	+03:46:40 (43.1%)	10:05	5.9 (56.7%)
224	MASŁOWSKI Artur	1205	STOWARZYSZENIE NOWA NADZIEJA	M50	23	02:01:52	04:01:46	06:36:40	08:44:20.85	08:45:26.35	+03:46:44 (43.2%)	10:05	6 (57.7%)
225	WIĘCKOWSKA Beata	1232	HEŃTEAM	K50	3	02:02:25	03:53:28	06:37:25	08:45:26.20	08:45:35.50	+03:46:53 (43.2%)	10:06	5.9 (56.7%)
226	ŚWIERŻEWSKA Sylwia	1102	HEŃTEAM	K40	16	02:02:23	03:53:27	06:37:25	08:45:26.45	08:45:35.65	+03:46:53 (43.2%)	10:06	5.9 (56.7%)
227	PAWELEC Piotr	1459		M50	24	02:00:59	03:52:13	06:30:27	08:45:58.25	08:46:09.55	+03:47:27 (43.2%)	10:06	5.9 (56.7%)
228	ZARĘBA Bartłomiej	1026		M30	59	02:02:40	03:51:24	06:31:02	08:46:12.50	08:46:19.80	+03:47:37 (43.2%)	10:07	5.9 (56.7%)
229	CYRAN Przemysław	1175		M40	86	01:59:46	03:52:09	06:28:37	08:47:35.05	08:48:09.90	+03:49:27 (43.4%)	10:08	5.9 (56.7%)
230	VELICU Iulia	1290		K30	16	02:00:29	03:45:48	06:19:22	08:49:37.35	08:50:01.80	+03:51:19 (43.6%)	10:11	5.9 (56.7%)
231	ETMAŃSKI Piotr	1228	BUNGA BUNGATEAM	M50	25	02:09:19	04:01:42	06:28:39	08:49:36.00	08:50:09.10	+03:51:27 (43.7%)	10:11	5.9 (56.7%)
232	KRUZEL Rafał	7039		M50	26	02:16:25	04:17:36	06:39:08	08:50:44.95	08:50:53.05	+03:52:11 (43.7%)	10:12	5.9 (56.7%)
233	GROSS Radosław	1027	VEGE RUNNERS	M40	87	01:57:14	03:46:41	06:28:45	08:51:50.05	08:52:15.85	+03:53:33 (43.9%)	10:13	5.9 (56.7%)
234	RZEMIŃSKI Robert	1364		M50	27	02:12:36	04:01:45	06:33:44	08:51:34.95	08:52:45.35	+03:54:03 (43.9%)	10:13	5.9 (56.7%)
235	IWAN Bartłomiej	1117		M40	88	02:08:40	04:03:29	06:34:22	08:52:13.75	08:53:01.20	+03:54:19 (44.0%)	10:14	5.9 (56.7%)
236	CHOŁODY Patryk	1059	LOST 66	M40	89	02:01:28	03:56:32	06:30:11	08:53:48.90	08:54:02.40	+03:55:20 (44.1%)	10:15	5.8 (55.8%)
237	GAŁGAŃSKI Paweł	1106	PSP INOWROCŁAW	M30	60	02:02:01	03:48:00	06:27:53	08:53:41.40	08:54:16.50	+03:55:34 (44.1%)	10:15	5.8 (55.8%)
238	JUREK Mariusz	1115		M40	90	01:40:27	03:05:54	05:03:43	08:54:01.75	08:54:20.35	+03:55:38 (44.1%)	10:16	5.8 (55.8%)
239	NOWAKOWSKI Marcin	1184	BIEGAJĄCY TCZEW - PRZYJACIELE	M40	91	02:17:55	04:08:02	06:41:48	08:54:52.10	08:55:11.80	+03:56:29 (44.2%)	10:17	5.8 (55.8%)
240	GARNCARZ Anna	1196		K50	4	02:18:02	04:15:28	06:39:19	08:54:22.05	08:55:16.30	+03:56:34 (44.2%)	10:16	5.8 (55.8%)
241	TOMASIEWICZ Michał	1250	ELECTRO-DZIK TEAM	M20	15	02:02:48	03:56:04	06:36:29	08:54:32.70	08:55:16.55	+03:56:34 (44.2%)	10:16	5.8 (55.8%)
242	PAWEŁKÓW Michał	1306		M30	61	02:16:23	04:15:05	06:45:50	08:54:36.40	08:55:31.40	+03:56:49 (44.2%)	10:16	5.8 (55.8%)
243	GAWRON Paweł	1062	KONIN RUN	M60	5	02:05:55	04:01:10	06:41:01	08:55:15.50	08:55:35.00	+03:56:52 (44.2%)	10:17	5.8 (55.8%)
244	CERBA Jarosław	1057		M50	28	02:02:06	03:59:17	06:41:08	08:57:22.20	08:57:39.45	+03:58:57 (44.4%)	10:20	5.8 (55.8%)
245	CELEK Katarzyna	1367		K30	17	02:12:01	04:11:48	06:38:45	08:57:13.75	08:57:55.35	+03:59:13 (44.5%)	10:19	5.8 (55.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki		Roztoki	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						I 15km	Solinka 28km	II 41km	netto 52km	brutto 52km			
246	ŁYCZBA Bogusław	1252		M60	6	02:11:55	04:10:16	06:57:42	08:57:07.35	08:58:03.65	+03:59:21 (44.5%)	10:19	5.8 (55.8%)
247	MURAS Agnieszka	1415	NIGHT RUNNERS	K40	17	02:11:06	04:06:54	06:43:14	08:58:39.00	08:59:42.25	+04:01:00 (44.7%)	10:21	5.8 (55.8%)
248	ŻABKO Aleksandra	1298		K30	18	02:11:26	04:06:56	06:43:14	08:59:04.55	09:00:08.25	+04:01:26 (44.7%)	10:22	5.8 (55.8%)
249	SIEDLECKI Stanisław	1375	CEDRUS TEAM	M50	29	02:13:58	04:09:54	06:44:41	09:00:05.20	09:00:35.55	+04:01:53 (44.7%)	10:23	5.8 (55.8%)
250	KIDOŃ Katarzyna	1190		K30	19	02:03:53	04:08:52	06:45:32	09:01:36.35	09:01:38.40	+04:02:56 (44.9%)	10:24	5.8 (55.8%)
251	JUSZCZAK Zbigniew	7016	PKB KMP KALISZ	M50	30	02:19:30	04:14:33	06:44:03	09:03:16.60	09:03:50.45	+04:05:08 (45.1%)	10:26	5.7 (54.8%)
252	KOTRAS Jakub	1341		M20	16	02:00:13	03:51:47	06:39:25	09:03:45.30	09:03:50.80	+04:05:08 (45.1%)	10:27	5.7 (54.8%)
253	SŁUPEK Daniel	1362		M20	17	02:00:19	04:36:13	06:51:44	09:03:48.40	09:03:53.35	+04:05:11 (45.1%)	10:27	5.7 (54.8%)
254	BASIŃSKI Waldemar	1162	BRACIA_B	M40	92	02:02:51	04:04:17	07:02:32	09:04:27.25	09:04:42.95	+04:06:00 (45.2%)	10:28	5.7 (54.8%)
255	BASIŃSKI Łukasz	1158	BRACIA_B	M40	93	02:02:36	04:04:19	07:02:08	09:04:28.70	09:04:43.70	+04:06:01 (45.2%)	10:28	5.7 (54.8%)
256	MADEJ Grzegorz	1014		M40	94	02:13:11	04:09:52	06:47:04	09:04:45.95	09:05:09.95	+04:06:27 (45.2%)	10:28	5.7 (54.8%)
257	KORYCIŃSKI Andrzej	1233		M30	62	02:00:25	03:51:51	06:35:54	09:04:50.00	09:05:13.35	+04:06:31 (45.2%)	10:28	5.7 (54.8%)
258	KOŁOTUSZA Małgorzata	1220	ALBATROSTEAM	K40	18	02:02:07	04:08:05	06:51:57	09:05:23.85	09:05:44.90	+04:07:02 (45.3%)	10:29	5.7 (54.8%)
259	KOŁOTUSZA Andrzej	1219	ZASAPANI HYDRO	M50	31	02:02:05	04:08:07	06:51:51	09:05:23.85	09:05:45.25	+04:07:03 (45.3%)	10:29	5.7 (54.8%)
260	ŻBIKOWSKI Przemysław	1213		M30	63	02:15:47	04:13:50	06:59:51	09:04:44.20	09:05:53.55	+04:07:11 (45.3%)	10:28	5.7 (54.8%)
261	MŁOTKOWSKI Michał	1143	SII RUNNING TEAM	M30	64	02:13:56	04:09:03	06:56:30	09:04:45.80	09:05:56.50	+04:07:14 (45.3%)	10:28	5.7 (54.8%)
262	RUCIŃSKI Adam	1224		M50	32	02:15:56	04:14:33	06:48:44	09:05:56.50	09:06:54.85	+04:08:12 (45.4%)	10:29	5.7 (54.8%)
263	DANOWSKI Jakub	1304		M30	65	02:09:47	04:04:56	06:40:45	09:06:39.60	09:07:16.25	+04:08:34 (45.4%)	10:30	5.7 (54.8%)
264	ROSZAK Karolina	1108	KAKU 2024	K30	20	02:12:12	04:16:12	07:01:04	09:06:43.00	09:07:29.80	+04:08:47 (45.4%)	10:30	5.7 (54.8%)
265	BUKOWSKI Andrzej	1054	DELTA FORCE	M40	95	02:05:30	03:59:36	06:36:32	09:08:45.80	09:09:36.10	+04:10:54 (45.7%)	10:33	5.7 (54.8%)
266	MADEJ Grzegorz	1053	DELTA FORCE	M50	33	02:05:30	03:59:36	06:36:22	09:08:47.70	09:09:36.55	+04:10:54 (45.7%)	10:33	5.7 (54.8%)
267	TRYCH Dorota	1417		K30	21	02:13:31	04:27:33	06:56:42	09:10:15.50	09:11:18.75	+04:12:36 (45.8%)	10:34	5.7 (54.8%)
268	MARUSZEWSKI Rafał	1338		M30	66	02:01:44	04:01:54	06:54:41	09:11:06.20	09:11:19.00	+04:12:36 (45.8%)	10:35	5.7 (54.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki		Roztoki	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						I 15km	Solinka 28km	II 41km	netto 52km	brutto 52km			
269	KRYSZTOFIAK Dawid	1249		M20	18	02:13:59	04:14:57	07:00:11	09:11:33.80	09:11:56.40	+04:13:14 (45.9%)	10:36	5.7 (54.8%)
270	KRUK Sławomir	7037	RZESZOWSKIE GAZELE I GEPARDY	M60	7	02:24:02	04:22:46	06:54:35	09:12:04.10	09:12:27.80	+04:13:45 (45.9%)	10:37	5.7 (54.8%)
271	JUREK Andrzej	1321		M30	67	02:05:52	04:02:42	06:59:42	09:11:57.30	09:12:41.60	+04:13:59 (46.0%)	10:36	5.7 (54.8%)
272	DRABIK Paweł	1445		M40	96	02:13:29	04:35:13	07:03:47	09:12:29.25	09:13:34.50	+04:14:52 (46.0%)	10:37	5.6 (53.8%)
273	BUGAJ Krzysztof	1443	NIENAŻARTE MISIE	M30	68	02:25:54	04:37:53	07:13:01	09:13:43.65	09:14:14.80	+04:15:32 (46.1%)	10:38	5.6 (53.8%)
274	KOSIOROWSKI Leszek	1111	TEAM BIEG PIASTÓW	M50	34	02:17:56	04:13:53	06:56:27	09:13:12.70	09:14:19.10	+04:15:37 (46.1%)	10:38	5.6 (53.8%)
275	MYSZKA Hubert	1326		M20	19	02:03:26	03:52:33	06:35:41	09:13:57.80	09:14:31.65	+04:15:49 (46.1%)	10:39	5.6 (53.8%)
276	NOWAK Jarosław	1067	SPC	M50	35	02:06:18	04:02:45	06:52:26	09:13:42.35	09:14:37.95	+04:15:55 (46.1%)	10:38	5.6 (53.8%)
277	KRZYŻAK Tomasz	1347		M40	97	02:00:01	03:48:43	07:10:24	09:19:50.95	09:19:56.15	+04:21:14 (46.7%)	10:45	5.6 (53.8%)
278	ZAPIÓR Marek	1080	ZET	M60	8	02:23:37	04:29:34	07:11:54	09:23:11.60	09:23:38.15	+04:24:56 (47.0%)	10:49	5.5 (52.9%)
279	WIŚNIEWSKA Paulina	1098	ANATOMIABIEGANIA.PL	K30	22	02:15:28	04:14:09	07:01:13	09:24:15.95	09:24:30.55	+04:25:48 (47.1%)	10:51	5.5 (52.9%)
280	BARAŃSKA Justyna	1197	MOCNA GRUPA CEZARA	K40	19	02:22:42	04:27:09	07:10:52	09:24:06.25	09:25:00.70	+04:26:18 (47.1%)	10:50	5.5 (52.9%)
281	BARAŃSKI Andrzej	1313	MOCNA GRUPA CEZARA	M40	98	02:22:57	04:27:16	07:10:54	09:24:10.20	09:25:04.00	+04:26:21 (47.1%)	10:50	5.5 (52.9%)
282	MIELCAREK Damian	1216	NO EXCUSES TEAM	M40	99	02:17:46	04:20:47	07:10:56	09:24:56.65	09:25:15.30	+04:26:33 (47.2%)	10:51	5.5 (52.9%)
283	SUŁKOWSKA-WIROWSKA Gabriela	1046		K40	20	02:15:07	04:18:02	06:58:23	09:25:31.30	09:26:01.70	+04:27:19 (47.2%)	10:52	5.5 (52.9%)
284	ŚLUSAREK Grzegorz	1155		M40	100	02:16:11	04:18:47	06:58:23	09:25:41.25	09:26:14.05	+04:27:32 (47.2%)	10:52	5.5 (52.9%)
285	JANKOWSKI Adam	1150	ULTRAWAY.PL RUNNING TEAM	M30	69	02:16:10	04:18:47	06:58:24	09:25:41.95	09:26:14.30	+04:27:32 (47.2%)	10:52	5.5 (52.9%)
286	MALEC Marcin	1273		M30	70	02:14:57	04:13:38	06:45:48	09:27:43.70	09:28:42.50	+04:30:00 (47.5%)	10:55	5.5 (52.9%)
287	PASTWA Janusz	1129		M50	36	02:18:08	04:18:49	07:06:48	09:30:07.75	09:30:42.00	+04:31:59 (47.7%)	10:57	5.5 (52.9%)
288	BARCZAK Anna	1389		K40	21	02:16:59	04:14:01	07:00:05	09:29:49.65	09:30:46.75	+04:32:04 (47.7%)	10:57	5.5 (52.9%)
289	LEPIARZ Grzegorz	7038	ULTRAWAY.PL RUNNING TEAM	M40	101	02:17:01	04:14:04	07:00:00	09:29:54.40	09:30:51.50	+04:32:09 (47.7%)	10:57	5.5 (52.9%)
290	KOWALSKA Agnieszka	1474	WKB META LUBLINIEC	K20	9	02:13:32	04:24:13	07:05:28	09:33:17.95	09:33:27.80	+04:34:45 (47.9%)	11:01	5.4 (51.9%)
291	PIĄTKOWSKI Piotrek	1460		M40	102	02:13:33	04:24:14	07:05:29	09:33:17.90	09:33:28.40	+04:34:46 (47.9%)	11:01	5.4 (51.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
						I 15km	Solinka 28km	II 41km					
292	LATOS Joanna	1386		K50	5	02:18:03	04:19:51	07:05:43	09:33:04.50	09:33:43.15	+04:35:01 (47.9%)	11:01	5.4 (51.9%)
293	GWIAZDZIŃSKI Michał	1217		M40	103	02:07:03	04:04:16	07:10:21	09:32:56.55	09:33:50.35	+04:35:08 (47.9%)	11:01	5.4 (51.9%)
294	KONIK Paulina	1333		K20	10	02:02:17	03:52:03	07:01:49	09:35:05.10	09:35:09.90	+04:36:27 (48.1%)	11:03	5.4 (51.9%)
295	KUSZTYKIEWICZ Krzysztof	1434	TEREBIŃ PANY	M20	20	02:09:52	04:17:00	07:08:08	09:34:47.65	09:35:24.30	+04:36:42 (48.1%)	11:03	5.4 (51.9%)
296	GAWLIKOWSKA Agnieszka	1147		K30	23	02:12:52	04:13:08	06:58:26	09:35:22.95	09:35:35.40	+04:36:53 (48.1%)	11:03	5.4 (51.9%)
297	ULANICKI Łukasz	1266		M30	71	02:25:39	04:36:14	07:17:57	09:35:50.80	09:36:34.00	+04:37:51 (48.2%)	11:04	5.4 (51.9%)
298	MARCIN Łukasz	1136	FABRYKA DZIKA	M30	72	02:13:44	04:08:22	07:19:11	09:35:41.70	09:36:44.75	+04:38:02 (48.2%)	11:04	5.4 (51.9%)
299	GOŁĘBIOWSKI Arkadiusz	1189	EXC TEAM	M40	104	02:12:03	04:20:00	07:11:18	09:36:30.95	09:36:51.50	+04:38:09 (48.2%)	11:05	5.4 (51.9%)
300	BIELAK Paweł	1188	EXC TEAM	M30	73	02:11:23	04:20:02	07:11:17	09:36:32.20	09:36:52.00	+04:38:09 (48.2%)	11:05	5.4 (51.9%)
301	KWIATKOWSKI Arkadiusz	1032	FABRYKA DZIKA	M50	37	02:24:13	04:32:11	07:10:03	09:38:06.20	09:38:31.80	+04:39:49 (48.4%)	11:07	5.4 (51.9%)
302	MASZEWSKA-WACH Mariola	1424	ULTRA PIOTRKÓW	K40	22	02:28:58	04:31:55	07:06:59	09:37:55.70	09:38:33.45	+04:39:51 (48.4%)	11:06	5.4 (51.9%)
303	PŁOTEK Tomasz	1392		M40	105	02:19:02	04:30:26	07:22:23	09:40:32.60	09:41:05.60	+04:42:23 (48.6%)	11:09	5.4 (51.9%)
304	JARMUSZEWICZ Patryk	1221		M30	74	02:13:24	04:20:08	07:06:26	09:42:30.30	09:43:30.30	+04:44:48 (48.8%)	11:12	5.4 (51.9%)
305	KRAUZE Tomasz	1318	STOWARZYSZENIE WROCŁAWSKIE MORSY	M50	38	02:27:02	04:42:03	07:19:54	09:44:03.15	09:44:56.75	+04:46:14 (48.9%)	11:13	5.3 (51.0%)
306	BOROŃSKA Kasia	1404		K30	24	02:15:38	04:21:57	07:21:13	09:46:22.20	09:47:19.80	+04:48:37 (49.1%)	11:16	5.3 (51.0%)
307	CHOMA Julia	1031		K20	11	02:21:08	04:31:16	07:19:52	09:47:13.60	09:48:13.80	+04:49:31 (49.2%)	11:17	5.3 (51.0%)
308	ZACHARA Arkadiusz	1174		M30	75	02:22:34	04:32:30	07:24:12	09:48:09.15	09:48:27.00	+04:49:44 (49.2%)	11:18	5.3 (51.0%)
308	SZYDŁOWSKI Dawid	1154		M30	75	02:22:30	04:34:10	07:24:13	09:48:09.30	09:48:27.00	+04:49:44 (49.2%)	11:18	5.3 (51.0%)
310	CHRÓŚCIAK Paweł	1462		M40	106	02:20:10	04:26:22	07:10:25	09:47:52.70	09:48:56.55	+04:50:14 (49.3%)	11:18	5.3 (51.0%)
311	KAPUSTA Amelia	1455		K20	12	02:30:54	04:33:03	07:18:43	09:49:58.50	09:50:43.70	+04:52:01 (49.4%)	11:20	5.3 (51.0%)
312	KAPUSTA Paweł	1456		M40	107	02:30:40	04:33:05	07:18:45	09:49:59.75	09:50:44.65	+04:52:02 (49.4%)	11:20	5.3 (51.0%)
313	LALEWICZ Wojciech	1237	ASSECO ACTIVE TEAM	M50	39	02:05:55	04:32:26	07:22:17	09:50:38.90	09:51:16.00	+04:52:33 (49.5%)	11:21	5.3 (51.0%)
314	PIASECZYŃSKA-JAMBOR Agata	1013	PKO BP / ŻÓRAWSKI TEAM	K40	23	02:20:05	04:18:40	07:17:54	09:50:34.30	09:51:34.60	+04:52:52 (49.5%)	11:21	5.3 (51.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
315	JAMBOR Michał	7003		M40	108	02:20:07	04:18:56	07:17:59	09:50:33.50	09:51:34.90	+04:52:52 (49.5%)	11:21	5.3 (51.0%)
316	WOJDYŁO Katarzyna	1195		K30	25	02:28:11	04:39:50	07:43:13	09:50:33.50	09:51:37.80	+04:52:55 (49.5%)	11:21	5.3 (51.0%)
317	DYTKIEWICZ Michał	1385		M20	21	02:18:13	04:27:14	07:11:59	09:51:37.85	09:52:40.95	+04:53:58 (49.6%)	11:22	5.3 (51.0%)
317	KRZESZOWIAK Katarzyna	1340	POBRYCANI	K30	26	02:08:28	04:02:03	07:11:59	09:51:37.70	09:52:40.95	+04:53:58 (49.6%)	11:22	5.3 (51.0%)
319	KOZIEŁ Tadeusz	1411	ŁEMKO VIP	M30	77	02:27:48	04:30:37	07:15:02	09:52:45.30	09:53:42.70	+04:55:00 (49.7%)	11:23	5.3 (51.0%)
320	ZASŁONKA Paweł	1412		M30	78	02:27:46	04:30:39	07:15:02	09:52:45.65	09:53:43.40	+04:55:01 (49.7%)	11:23	5.3 (51.0%)
321	PASTERNAK Robert	1432		M50	40	02:25:24	04:34:47	07:24:31	09:53:31.20	09:54:40.05	+04:55:58 (49.8%)	11:24	5.3 (51.0%)
322	KRAWCZUK Agnieszka	1207	ADIDAS RUNNERS TRICITY	K20	13	02:11:37	04:20:18	07:02:12	09:55:02.75	09:55:54.45	+04:57:12 (49.9%)	11:26	5.2 (50.0%)
323	CHADUŁA Adrian	1152	NIENAŻERTE MISIE	M30	79	02:27:03	04:37:55	07:31:58	09:55:44.60	09:56:16.35	+04:57:34 (49.9%)	11:27	5.2 (50.0%)
324	TYMA Mateusz	1407		M30	80	02:08:09	04:02:03	06:44:38	09:55:52.75	09:56:32.75	+04:57:50 (49.9%)	11:27	5.2 (50.0%)
325	BOSEK Paweł	1201	BOSKI TEAM	M50	41	02:25:22	04:31:49	07:13:41	09:57:36.10	09:58:18.25	+04:59:36 (50.1%)	11:29	5.2 (50.0%)
326	HELIOSZ Joanna	1021	SILESIA MARATHON CLUB	K40	24	02:22:29	04:31:34	07:13:40	09:57:37.35	09:58:18.75	+04:59:36 (50.1%)	11:29	5.2 (50.0%)
327	MACIĄG Monika	1336		K40	25	02:23:38	04:43:55	07:40:25	09:58:04.60	09:58:19.20	+04:59:37 (50.1%)	11:30	5.2 (50.0%)
328	ŁUŻNY Agnieszka	1127	TEAM PAPRY	K30	27	02:22:25	04:29:28	07:31:18	09:58:33.90	09:59:43.85	+05:01:01 (50.2%)	11:30	5.2 (50.0%)
329	LUDWICZAK Mariusz	1149	#WKURW-TEAM	M50	42	02:22:03	04:35:03	07:28:44	09:58:45.70	09:59:51.80	+05:01:09 (50.2%)	11:30	5.2 (50.0%)
330	TERESZCZUK Jakub	1181		M30	81	02:10:42	04:19:26	07:30:57	09:59:48.90	10:00:32.45	+05:01:50 (50.3%)	11:32	5.2 (50.0%)
331	ŻEBROWSKA Anna	1182		K30	28	02:10:42	04:19:27	07:30:57	09:59:49.40	10:00:32.80	+05:01:50 (50.3%)	11:32	5.2 (50.0%)
332	GONDZIA Robert	1104		M30	82	02:13:23	04:38:02	07:48:43	10:00:23.50	10:00:49.45	+05:02:07 (50.3%)	11:32	5.2 (50.0%)
333	OLSZEWSKI Błażej	1065		M40	109	02:31:51	04:45:53	07:39:43	10:03:41.95	10:04:18.90	+05:05:36 (50.6%)	11:36	5.2 (50.0%)
334	BAKOWSKA Agnieszka	1124		K30	29	02:14:39	04:18:45	07:19:58	10:04:02.85	10:04:43.05	+05:06:01 (50.6%)	11:36	5.2 (50.0%)
335	BAKOWSKI Jakub	1125		M30	83	02:14:16	04:18:22	07:19:54	10:04:02.60	10:04:43.20	+05:06:01 (50.6%)	11:36	5.2 (50.0%)
336	KĘPSKI Rafał	1470	AMBITNI AMATORZY	M40	110	02:21:26	04:26:25	07:33:46	10:06:10.60	10:07:07.25	+05:08:25 (50.8%)	11:39	5.1 (49.0%)
337	JANOCHA Piotr	1469		M40	111	02:21:04	04:26:25	07:34:20	10:06:11.55	10:07:07.50	+05:08:25 (50.8%)	11:39	5.1 (49.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
338	KONIECPOLSKI Krzysztof	1103		M50	43	02:39:14	04:50:46	07:37:38	10:07:21.65	10:08:15.25	+05:09:33 (50.9%)	11:40	5.1 (49.0%)
339	OLESIŃSKI Piotr	7011	DRUŻYNA ORZECHA ŻYRARDÓW	M40	112	02:30:14	04:35:26	07:35:32	10:07:59.75	10:08:28.75	+05:09:46 (50.9%)	11:41	5.1 (49.0%)
339	WALAC Jacek	7010	100 MARATHON CLUB POLSKA	M40	112	02:30:48	04:39:53	07:35:34	10:07:59.05	10:08:28.75	+05:09:46 (50.9%)	11:41	5.1 (49.0%)
341	K-AK Dotka	1270	OSZOŁOMKI TEAM	K40	26	02:14:55	04:31:30	07:52:29	10:08:16.70	10:08:32.85	+05:09:50 (50.9%)	11:41	5.1 (49.0%)
342	ZAKRZEWSKI Marek	1271	OSZOŁOMKI TEAM	M50	44	02:18:23	04:31:56	07:52:33	10:08:16.50	10:08:33.30	+05:09:51 (50.9%)	11:41	5.1 (49.0%)
343	PASTWA Monika	1128		K40	27	02:28:29	04:39:51	07:29:10	10:08:25.95	10:09:00.20	+05:10:18 (51.0%)	11:42	5.1 (49.0%)
344	BOKSZA Piotr	1299	TIME4RUNNING	M40	114	02:32:26	04:50:18	07:54:05	10:11:02.20	10:12:10.65	+05:13:28 (51.2%)	11:45	5.1 (49.0%)
345	BOKSZA Robert	1300	TIME4RUNNING	M40	115	02:32:52	04:50:19	07:54:16	10:11:01.60	10:12:10.70	+05:13:28 (51.2%)	11:45	5.1 (49.0%)
346	GMAJ Daniel	1186		M40	116	02:30:28	04:37:37	07:38:31	10:12:06.60	10:13:14.10	+05:14:32 (51.3%)	11:46	5.1 (49.0%)
347	GMAJ Karolina	1187		K40	28	02:30:28	04:37:23	07:38:31	10:12:07.25	10:13:14.45	+05:14:32 (51.3%)	11:46	5.1 (49.0%)
348	BOROWIEC Marta	1090		K50	6	02:29:58	04:39:50	07:30:54	10:13:54.40	10:14:45.70	+05:16:03 (51.4%)	11:48	5.1 (49.0%)
349	ZBARACKA Ewelina	1344		K30	30	02:25:54	04:39:08	07:30:43	10:15:07.35	10:15:47.95	+05:17:05 (51.5%)	11:49	5.1 (49.0%)
350	WOJTYŁA Paweł	1343	AKS POLONIA WARSZAWA	M40	117	02:26:20	04:39:11	07:30:45	10:15:07.45	10:15:48.25	+05:17:06 (51.5%)	11:49	5.1 (49.0%)
351	DOBROWOLSKI Bartosz	1208	LA BOMBA LA FIESTA	M30	84	02:16:11	04:23:44	07:39:33	10:15:12.30	10:16:24.15	+05:17:42 (51.5%)	11:49	5.1 (49.0%)
352	GARBACZ Jan	1218		M40	118	02:16:22	04:23:33	07:39:33	10:15:12.45	10:16:24.25	+05:17:42 (51.5%)	11:49	5.1 (49.0%)
353	SKRABA Grzegorz	1179	LA BOMBA LA FIESTA	M30	85	02:16:16	04:23:46	07:39:34	10:15:13.80	10:16:24.45	+05:17:42 (51.5%)	11:49	5.1 (49.0%)
354	SOWA Bogusław	1378		M40	119	02:15:21	04:20:57	07:23:34	10:16:22.10	10:16:36.10	+05:17:54 (51.6%)	11:51	5.1 (49.0%)
355	KAPTUR Jarosław	1122	ŻÓRAWSKI TEAM	M30	86	02:15:39	04:22:01	07:22:28	10:16:10.15	10:17:11.65	+05:18:29 (51.6%)	11:50	5.1 (49.0%)
356	GORĄCZKO Przemysław	1222	SOCIOS WISŁA	M30	87	02:14:04	04:25:20	07:40:18	10:17:09.10	10:17:20.10	+05:18:38 (51.6%)	11:52	5.1 (49.0%)
357	MILEWSKI Łukasz	1041	BUSINESS MEETING FORUM	M30	88	02:10:07	04:27:37	07:40:08	10:18:24.75	10:18:40.35	+05:19:58 (51.7%)	11:53	5 (48.1%)
358	MILEWSKI Konrad	1040	BUSINESS MEETING FORUM	M30	89	02:09:49	04:20:08	07:40:07	10:18:25.10	10:18:40.40	+05:19:58 (51.7%)	11:53	5 (48.1%)
359	CHAJĘCKI Mateusz	1324	OLSZEWCY TEAM	M30	90	02:19:56	04:20:51	09:01:38	10:19:11.00	10:19:11.00	+05:20:28 (51.8%)	11:54	5 (48.1%)
360	BILSKI Grzegorz	1346		M40	120	02:25:27	04:38:43	07:47:37	10:21:11.40	10:21:22.80	+05:22:40 (51.9%)	11:56	5 (48.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
361	SIUDEM Elżbieta	1388		K50	7	02:30:48	04:50:47	07:35:17	10:24:48.95	10:25:12.10	+05:26:30 (52.2%)	12:00	5 (48.1%)
362	MICHALCZYK Iwona	1302		K50	8	02:27:59	04:42:23	07:41:45	10:24:16.95	10:25:19.10	+05:26:37 (52.2%)	12:00	5 (48.1%)
363	BUKAŁA Jacek	1211		M50	45	02:27:46	04:38:08	07:46:00	10:26:11.35	10:26:39.40	+05:27:57 (52.3%)	12:02	5 (48.1%)
364	ŁASKI Krzysztof	7042	BIEGIEM PO PIWO	M60	9	02:26:08	04:37:51	07:49:25	10:26:16.15	10:27:23.05	+05:28:41 (52.4%)	12:02	5 (48.1%)
365	SUZANOWICZ Krzysztof	1234		M50	46	02:23:25	04:41:12	07:47:38	10:27:00.90	10:27:29.05	+05:28:47 (52.4%)	12:03	5 (48.1%)
366	PRYSZCZ Mirosław	1139		M40	121	02:26:32	04:39:33	07:45:35	10:27:45.40	10:28:16.85	+05:29:34 (52.5%)	12:04	5 (48.1%)
367	BIENIARZ Ilona	1406	PEPPA RUNNING TEAM	K30	31	02:27:39	04:41:23	07:38:21	10:28:37.25	10:29:14.50	+05:30:32 (52.5%)	12:05	5 (48.1%)
368	PACEK Magdalena	1231	JUNKERSY	K30	32	02:28:17	04:39:50	07:43:10	10:28:10.35	10:29:14.95	+05:30:32 (52.5%)	12:04	5 (48.1%)
369	KADZIDŁOWSKA Aleksandra	1279		K40	29	02:28:27	04:43:14	07:37:50	10:29:45.75	10:30:21.55	+05:31:39 (52.6%)	12:06	5 (48.1%)
370	BALCERZAK Krysia	1278	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	K40	30	02:28:13	04:43:15	07:37:50	10:29:46.90	10:30:21.75	+05:31:39 (52.6%)	12:06	5 (48.1%)
371	ZYCHALAK Grzegorz	1157		M40	122	02:20:56	04:33:24	07:37:22	10:29:44.15	10:30:26.35	+05:31:44 (52.6%)	12:06	5 (48.1%)
372	CIECHANOWICZ Joanna	1303		K40	31	02:21:17	04:33:41	07:37:28	10:29:57.45	10:30:39.90	+05:31:57 (52.6%)	12:06	5 (48.1%)
373	STEBEL Bartosz	1204		M40	123	02:06:19	04:12:07	07:20:48	10:33:54.90	10:34:04.10	+05:35:22 (52.9%)	12:11	4.9 (47.1%)
374	KOZIOŁ Darek	1296		M40	124	02:37:07	05:00:19	08:24:36	10:38:38.60	10:38:56.95	+05:40:14 (53.3%)	12:16	4.9 (47.1%)
375	PŁONKA Bartosz	1457		M30	91	02:12:49	04:17:44	07:40:33	10:38:35.30	10:40:11.25	+05:41:29 (53.3%)	12:16	4.9 (47.1%)
376	KWIATEK Monika	1380		K40	32	02:26:07	04:36:11	07:44:04	10:41:25.90	10:41:55.20	+05:43:13 (53.5%)	12:20	4.9 (47.1%)
377	RYSIAWA Marek	1376	ESK	M40	125	02:25:54	04:36:09	07:44:11	10:41:25.70	10:41:55.30	+05:43:13 (53.5%)	12:20	4.9 (47.1%)
378	NAĆ Marzanna	1394	ROZBIEGANE DZIAŁDOWO	K40	33	02:26:57	04:40:10	07:45:37	10:42:28.70	10:42:53.20	+05:44:11 (53.5%)	12:21	4.9 (47.1%)
379	JANKOWSKI Jakub	1363		M20	22	02:30:35	04:45:49	07:49:16	10:42:30.15	10:43:41.85	+05:44:59 (53.6%)	12:21	4.9 (47.1%)
380	DANIELAK Krzysztof	1308		M30	92	02:26:07	04:39:58	07:53:22	10:43:07.35	10:44:06.90	+05:45:24 (53.6%)	12:22	4.9 (47.1%)
381	PASTWA Grzegorz	1391		M30	93	02:36:02	04:55:28	08:24:58	10:48:37.50	10:48:41.90	+05:49:59 (54.0%)	12:28	4.8 (46.2%)
382	BURY Marek	1387		M50	47	02:20:52	04:31:53	07:41:11	10:48:38.05	10:48:56.30	+05:50:14 (54.0%)	12:28	4.8 (46.2%)
383	BOHN Mariusz	1390		M50	48	02:21:31	04:49:37	08:12:58	10:48:39.15	10:48:59.90	+05:50:17 (54.0%)	12:28	4.8 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
384	RYSIŃSKA Magda	1132		K40	34	02:30:36	04:43:43	07:52:59	10:49:19.25	10:50:10.75	+05:51:28 (54.1%)	12:29	4.8 (46.2%)
384	KRAWIECKI Piotr	1144		M30	94	02:30:45	04:43:43	07:53:00	10:49:18.35	10:50:10.75	+05:51:28 (54.1%)	12:29	4.8 (46.2%)
386	KOWALSKI Adam	1036	THE SMITHS	M40	126	02:33:35	04:46:14	07:59:47	10:49:17.30	10:50:18.40	+05:51:36 (54.1%)	12:29	4.8 (46.2%)
387	GÓRECKI Łukasz	1373		M40	127	02:31:14	04:53:54	08:07:31	10:52:10.60	10:53:08.80	+05:54:26 (54.3%)	12:32	4.8 (46.2%)
388	ULIŃSKI Adam	1169	KONIN RUN	M40	128	02:24:09	04:39:24	07:52:37	10:57:04.15	10:57:52.25	+05:59:10 (54.6%)	12:38	4.7 (45.2%)
389	ANTCZAK Aleksander	1172	KONIN RUN	M40	129	02:24:40	04:39:23	07:52:40	10:57:04.05	10:57:52.50	+05:59:10 (54.6%)	12:38	4.7 (45.2%)
390	SKLEPOWICZ Jacek	1365		M50	49	02:29:02	04:53:31	07:57:46	10:58:47.80	10:58:59.95	+06:00:17 (54.7%)	12:40	4.7 (45.2%)
391	NOWAK Maciej	1019		M40	130	02:35:02	04:58:55	08:19:20	10:59:06.15	10:59:18.40	+06:00:36 (54.7%)	12:40	4.7 (45.2%)
392	PAWEŁCZUK Katarzyna	1429	RUNNINGPERFORMANCE.PL	K40	35	02:32:16	04:56:49	08:06:23	10:59:55.25	11:00:59.90	+06:02:17 (54.8%)	12:41	4.7 (45.2%)
393	BOCHNIEWICZ Cezary	1379	KSZ FAFAK & SKOREK POTWOREK	M40	131	02:05:14	04:23:54	07:41:37	11:03:05.90	11:04:19.25	+06:05:37 (55.0%)	12:45	4.7 (45.2%)
394	SUŁEK Aldona	1395	ZOELLER TECH	K40	36	02:39:09	05:01:22	07:57:49	11:05:02.20	11:05:07.80	+06:06:25 (55.1%)	12:47	4.7 (45.2%)
395	KOZAK Agnieszka	1258		K30	33	02:22:28	04:36:24	07:44:58	11:05:05.20	11:05:42.00	+06:06:59 (55.1%)	12:47	4.7 (45.2%)
396	OGAREK-REIMANN Anna	1359		K30	34	02:36:13	04:48:51	08:01:05	11:09:44.70	11:10:49.85	+06:12:07 (55.5%)	12:52	4.7 (45.2%)
397	SPRINGER Elżbieta	1314		K30	35	02:36:07	04:48:59	08:00:59	11:09:42.80	11:10:50.45	+06:12:08 (55.5%)	12:52	4.7 (45.2%)
398	TOCHOWICZ Jacek	1316		M30	95	02:36:08	04:48:59	08:01:02	11:09:42.95	11:10:51.40	+06:12:09 (55.5%)	12:52	4.7 (45.2%)
399	ZAJCHOWSKA Ewelina	1466		K40	37	02:35:26	04:55:01	08:12:44	11:11:53.85	11:13:01.05	+06:14:19 (55.6%)	12:55	4.6 (44.2%)
400	ZAJCHOWSKI Łukasz	1467		M40	132	02:35:27	04:55:01	08:12:44	11:11:56.40	11:13:03.75	+06:14:21 (55.6%)	12:55	4.6 (44.2%)
401	JANOWICZ Maria	1244		K50	9	02:37:17	04:59:29	08:07:07	11:13:01.25	11:13:40.50	+06:14:58 (55.7%)	12:56	4.6 (44.2%)
402	DAROWSKI Daniel	1312		M30	96	02:16:11	04:38:24	08:24:33	11:14:59.80	11:15:24.90	+06:16:42 (55.8%)	12:58	4.6 (44.2%)
403	BECHTA Damian	1093		M30	97	02:24:30	04:48:53	08:06:28	11:21:41.45	11:22:41.30	+06:23:59 (56.2%)	13:06	4.6 (44.2%)
404	HARAF Aleksander	1272	DELTA FORCE	M40	133	02:35:45	04:57:51	08:05:36	11:22:48.60	11:23:43.60	+06:25:01 (56.3%)	13:07	4.6 (44.2%)
405	FACON Sławomir	1074	PĘDZĄCE WIEWIÓRY	M40	134	02:34:53	05:01:11	08:16:48	11:23:34.70	11:24:39.15	+06:25:57 (56.4%)	13:08	4.6 (44.2%)
406	ŚWIĘTEK Michał	1450		M20	23	02:20:44	04:34:05	08:14:55	11:25:55.90	11:26:34.05	+06:27:52 (56.5%)	13:11	4.5 (43.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						I 15km	Solinka 28km	II 41km					
407	BOROWSKA Joanna	1352	SKOREK POTWOREK & FAFAK KSZ	K30	36	02:30:46	04:53:59	08:09:00	11:26:30.85	11:27:45.45	+06:29:03 (56.6%)	13:12	4.5 (43.3%)
408	KADECKI Marek	1334	AZS PANS CIECHANÓW	M50	50	02:42:32	05:13:42	08:25:38	11:27:52.80	11:28:31.95	+06:29:49 (56.6%)	13:13	4.5 (43.3%)
409	NOWAK - KASPRZAK Anna	1369		K30	37	02:40:52	05:01:56	08:24:12	11:33:36.50	11:34:45.05	+06:36:03 (57.0%)	13:20	4.5 (43.3%)
410	KASPRZAK Łukasz	1370		M30	98	02:40:49	05:01:57	08:24:14	11:33:36.00	11:34:45.20	+06:36:03 (57.0%)	13:20	4.5 (43.3%)
411	KOSSIŃSKA Aleksandra	1307		K40	38	02:33:29	05:02:06	08:35:56	11:34:48.85	11:35:03.15	+06:36:21 (57.0%)	13:21	4.5 (43.3%)
412	MACHALICA Adriana	1328		K40	39	02:25:45	04:37:55	07:47:38	11:37:23.10	11:37:50.95	+06:39:08 (57.2%)	13:24	4.5 (43.3%)
413	KOCHAN Rafał	1327		M50	51	02:25:43	04:37:56	07:47:36	11:37:23.10	11:37:51.00	+06:39:08 (57.2%)	13:24	4.5 (43.3%)
414	JANKOWSKI Tomasz	1382		M40	135	02:33:46	05:15:59	08:40:50	11:37:40.20	11:38:54.15	+06:40:12 (57.3%)	13:25	4.5 (43.3%)
415	JUSZCZYK Małgorzata	1464	NIEPOŁOMICE BIEGAJĄ	K40	40	02:48:05	05:29:11	08:50:01	11:40:37.95	11:41:28.35	+06:42:46 (57.4%)	13:28	4.5 (43.3%)
416	SZCZEPOCKI Andrzej	1463	NIEPOŁOMICE BIEGAJĄ	M50	52	02:49:00	05:30:04	08:51:00	11:41:33.15	11:41:33.15	+06:42:51 (57.4%)	13:29	4.4 (42.3%)
417	CHODZIAK Marcin	1023		M40	136	02:37:18	05:02:40	08:24:37	11:44:09.35	11:44:28.25	+06:45:46 (57.6%)	13:32	4.4 (42.3%)
418	KUCZMARSKA Marta	1071	TKKF PŁOCK	K30	38	02:37:49	05:01:10	08:45:34	11:44:00.65	11:44:34.85	+06:45:52 (57.6%)	13:32	4.4 (42.3%)
419	CZECHOWSKI Konrad	1118		M30	99	02:43:43	05:19:15	08:39:35	11:44:18.40	11:44:48.90	+06:46:06 (57.6%)	13:32	4.4 (42.3%)
420	SZPERNAL Beata	1030		K60	1	02:39:04	05:11:13	08:45:37	11:44:21.90	11:44:55.45	+06:46:13 (57.6%)	13:32	4.4 (42.3%)
421	PEKSA Krzysztof	1269		M40	137	02:19:51	04:46:43	08:20:02	11:43:52.95	11:44:58.20	+06:46:16 (57.6%)	13:32	4.4 (42.3%)
422	WENCLAW Adam	1268		M40	138	02:19:51	04:46:41	08:20:06	11:43:53.65	11:44:58.30	+06:46:16 (57.6%)	13:32	4.4 (42.3%)
423	ZWIERZCHOWSKA Katarzyna	1081		K40	41	02:34:15	05:01:57	08:24:42	11:44:42.50	11:45:00.65	+06:46:18 (57.6%)	13:33	4.4 (42.3%)
424	PIETRUS Piotr	1016	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M50	53	02:15:14	04:32:06	07:50:27	11:45:06.20	11:45:43.45	+06:47:01 (57.7%)	13:33	4.4 (42.3%)
425	WEILAND Emila	1475		K40	42	02:33:59	05:06:22	08:34:13	11:47:26.00	11:48:28.00	+06:49:45 (57.8%)	13:36	4.4 (42.3%)
426	NOWAK Katarzyna	1148	KB WARTKO	K40	43	02:36:36	05:09:51	08:35:19	11:53:42.90	11:54:29.95	+06:55:47 (58.2%)	13:43	4.4 (42.3%)
426	LUPA-MARCINOWSKA Aneta	1035	RUN4FUN-PLEWISKA	K40	43	02:36:35	05:09:50	08:34:38	11:53:42.30	11:54:29.95	+06:55:47 (58.2%)	13:43	4.4 (42.3%)
428	MARKOWSKA Aleksandra	1164	BIEGAJĄCY TCZEW	K40	45	02:48:39	05:22:25	08:35:01	11:58:40.55	11:59:01.90	+07:00:19 (58.5%)	13:49	4.3 (41.3%)
429	MARKOWSKI Szymon	1163	BIEGAJĄCY TCZEW	M40	139	02:48:59	05:22:29	08:35:02	11:58:41.25	11:59:03.70	+07:00:21 (58.5%)	13:49	4.3 (41.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
430	FERENC Anna	1198		K30	39	02:49:55	05:19:56	08:41:31	12:03:22.65	12:04:32.60	+07:05:50 (58.8%)	13:54	4.3 (41.3%)
431	FERENC Bartosz	1199		M30	100	02:51:02	05:21:08	08:42:44	12:04:33.00	12:04:33.00	+07:05:50 (58.8%)	13:56	4.3 (41.3%)
432	MARCZYŃSKI Adam	1431	POLIPACK TEAM GWE	M40	140	02:57:12	05:36:41	09:06:15	12:03:28.45	12:04:46.05	+07:06:04 (58.8%)	13:54	4.3 (41.3%)
433	MARCZYŃSKA Marta	1416	POLIPACK TEAM GWE	K40	46	02:57:24	05:37:15	09:06:25	12:03:31.50	12:04:46.70	+07:06:04 (58.8%)	13:54	4.3 (41.3%)
434	KOSTKA Filip	1209		M30	101	02:55:30	05:34:49	09:10:09	12:03:38.20	12:04:50.20	+07:06:08 (58.8%)	13:54	4.3 (41.3%)
435	WIECZOREK Magdalena	1007	WIECZORKI3	K40	47	02:55:24	05:35:47	09:14:36	12:05:58.90	12:06:46.00	+07:08:03 (58.9%)	13:57	4.3 (41.3%)
436	WIECZOREK Wojciech	1006	WIECZORKI3	M50	54	02:55:35	05:35:47	09:14:41	12:05:58.45	12:06:46.25	+07:08:04 (58.9%)	13:57	4.3 (41.3%)
437	KĘSKA-WŁODAWIEC Edyta	1018	ACCENTURE	K50	10	02:35:44	05:12:11	08:41:29	12:06:04.30	12:06:57.50	+07:08:15 (58.9%)	13:57	4.3 (41.3%)
438	TYDA Rafał	1263		M60	10	02:52:11	05:36:53	09:10:50	12:12:28.65	12:12:41.85	+07:13:59 (59.2%)	14:05	4.3 (41.3%)
439	MIELCAREK Anna	1214	NO EXCUSES TEAM	K40	48	02:50:53	05:22:24	09:10:33	12:21:14.80	12:21:43.70	+07:23:01 (59.7%)	14:15	4.2 (40.4%)
440	BROMBOSZCZ Karol	1257	TRUCHTACZ MYSŁOWICE	M60	11	02:58:14	05:43:06	09:24:12	12:37:39.35	12:38:06.50	+07:39:24 (60.6%)	14:34	4.1 (39.4%)
441	WIŚNIEWSKI Grzegorz	1044	XTREME FINTESS GYMS SZCZYTNO	M50	55	02:38:43	05:20:59	09:07:35	12:44:08.65	12:44:50.80	+07:46:08 (60.9%)	14:41	4.1 (39.4%)
442	OBARSKI Norbert	1061		M60	12	02:48:03	05:28:45	09:16:35	12:43:44.30	12:44:59.65	+07:46:17 (61.0%)	14:41	4.1 (39.4%)
Przekroczony limit czasu: 13:00:00													
443	SŁUPIŃSKI Krzysztof	7033		M30	102	06:24:09	08:17:38	10:13:57	13:05:03.75	13:06:01.85	+08:07:19 (62.0%)	15:05	4 (38.5%)
444	BORKOWSKA Ewa	1339		K60	2	03:24:35	06:19:46	09:55:58	13:06:07.65	13:06:29.45	+08:07:47 (62.0%)	15:07	4 (38.5%)
445	ŁABĘDZKA-BUGAJ Alicja	1276	KB DĘBIEC	K50	11	03:11:10	06:11:34	09:56:59	13:06:34.95	13:07:21.20	+08:08:39 (62.1%)	15:07	4 (38.5%)
446	LESZCZYŃSKA Małgorzata	1295		K50	12	03:11:03	06:11:41	09:57:01	13:06:38.20	13:07:24.20	+08:08:42 (62.1%)	15:07	4 (38.5%)
447	FABJANCZYK Agnieszka	1439		K40	49	03:13:52	06:17:58	10:03:17	13:10:33.45	13:10:47.45	+08:12:05 (62.2%)	15:12	3.9 (37.5%)
448	MATERA Kinga	1396		K40	50	03:13:50	06:17:58	10:05:20	13:10:34.10	13:10:48.15	+08:12:06 (62.2%)	15:12	3.9 (37.5%)
449	POŹDZIECH Mariusz	1309		M50	56	02:54:57	05:59:36	10:09:08	13:26:39.10	13:27:33.80	+08:28:51 (63.0%)	15:30	3.9 (37.5%)
450	SPADŁO Damian	1425		M30	103	06:05:08			13:50:36.45	13:51:00.00	+08:52:17 (64.1%)	15:58	3.8 (36.5%)
	KULESZA Agnieszka	1413		K30		02:14:05 DNF	04:16:58 DNF	07:05:47 DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
	PYTKO Elżbieta	1114	1ON1 TEAM	K50		02:20:33 DNF	04:29:17 DNF	07:15:35 DNF	DNF	DNF		-	- (0.0%)
	MODZELEWSKA Karolina	1005	SPC	K40		06:20:44 DNF	DNF	07:42:41 DNF	DNF	DNF		-	- (0.0%)
	MISKA Daniel	1145	ENJOY BY SPORT	M20		01:42:45 DNF	03:28:59 DNF	DNF	DNF	DNF		-	- (0.0%)
	BULLERT Jakub	1107	KAKU 2024	M30		02:12:05 DNF	04:16:19 DNF	DNF	DNF	DNF		-	- (0.0%)
	KOSSIŃSKI Przemysław	1384		M50		02:34:18 DNF	05:21:57 DNF	DNF	DNF	DNF		-	- (0.0%)
	WIŚNIEWSKI Paweł	1043		M30		03:40:10 DNF	06:57:30 DNF	DNF	DNF	DNF		-	- (0.0%)
	DOBRZYŃSKA Małgorzata	1011	SPC	K60		03:31:10 DNF	07:01:15 DNF	DNF	DNF	DNF		-	- (0.0%)
	WILKOS Mateusz	1332	NIEMCE TEAM	M30		01:21:51 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KRAJEWSKA-KŁODA Katarzyna	1082	SPORT GENERATION	K50		05:59:59 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BARANIAK Beata	1088	DRUŻYNA SZPIKU	K50		06:01:32 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	OBARSKA Małgorzata	1060		K60		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BACHÓRZ Agnieszka	1427	EVOLUTION TRIATHLON NIEPOŁOMICE	K40		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	NIEMIRSKI Piotr	1119		M30		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KOMÓR Wiesław	1320	WROCŁAWSKIE MORSY	M60		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SZAL Łukasz	1356	KAŃCZUCKA GRUPA BIEGOWA	M20		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	FIRLEJ Marek	1194	POWOLI DO CELU	M30		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BORUTA-KOŁODZIEJ Emilia	1230		K40		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 468 wynik(ów)