



III MARATON RZEŹNIKA

B4SPORT

Wydarzenie: X FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2024-05-30
Miejsce: Cisna
Dystans: 52 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki I 15km	Solinka 28km	Roztoki II 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	WIECZOREK Agata	1402	BIEGOWE CZWARTKI	K40	1	01:46:38	03:17:11	05:10:14	06:51:56.60	06:52:02.65		7:55	7.6 (100%)
2	NIEDŹWIEDZKA Anna	7025	NA SZAGĘ	K40	2	01:53:28	03:28:46	05:34:32	07:19:39.60	07:19:43.90	+00:27:41 (6.3%)	8:27	7.1 (93.4%)
3	MUCHA Monika	1430	NA PRZYPALE, ALBO WCALE !	K40	3	01:52:13	03:43:05	05:36:49	07:20:47.65	07:21:12.50	+00:29:09 (6.6%)	8:28	7.1 (93.4%)
4	WIRKIJOWSKA Aneta	1191	TRENUJ Z NAMI	K40	4	02:00:10	03:41:35	05:50:02	07:34:50.85	07:35:20.15	+00:43:17 (9.5%)	8:44	6.9 (90.8%)
5	SZYMANEK-PASTERNAK Anna	1236		K40	5	01:52:23	03:31:12	05:45:31	07:39:40.40	07:40:12.45	+00:48:09 (10.5%)	8:50	6.8 (89.5%)
6	KOWALSKA Iwona	1254	KUNDY PORTOWE	K40	6	01:56:46	03:41:39	05:54:46	07:41:51.80	07:42:31.15	+00:50:28 (10.9%)	8:52	6.8 (89.5%)
7	CZECH Aldona	1398	BIEGOWE CZWARTKI	K40	7	02:00:16	03:42:00	05:50:08	07:49:10.80	07:49:16.35	+00:57:13 (12.2%)	9:01	6.7 (88.2%)
8	ZABOROWSKA Renata	1170		K40	8	02:01:33	03:46:42	06:00:50	07:55:09.10	07:55:33.50	+01:03:30 (13.4%)	9:08	6.6 (86.8%)
9	MAKOWSKA Anna	1100		K40	9	02:04:49	03:51:43	06:12:39	08:03:50.20	08:04:02.10	+01:11:59 (14.9%)	9:18	6.4 (84.2%)
10	MICHALSKA-TRZASKA Joanna	1215	BIUROWE.COM.PL	K40	10	02:02:49	03:49:10	06:08:34	08:07:32.60	08:07:53.10	+01:15:50 (15.5%)	9:22	6.4 (84.2%)
11	MADEJ Anna	1383	VEGE RUNNERS	K40	11	02:02:30	03:50:33	06:05:51	08:06:55.50	08:07:53.55	+01:15:50 (15.5%)	9:21	6.4 (84.2%)
12	ZIELIŃSKA Agata	1301		K40	12	01:55:37	03:38:16	05:56:59	08:17:07.25	08:17:13.80	+01:25:11 (17.1%)	9:33	6.3 (82.9%)
13	WIŚNIEWSKA Agnieszka	7041		K40	13	02:08:17	04:02:44	06:26:08	08:25:42.70	08:25:51.40	+01:33:48 (18.5%)	9:43	6.2 (81.6%)
14	ŁUCZAK Justyna	1200	BIEGAJĄCY TCZEW	K40	14	02:17:54	04:08:00	06:32:00	08:26:06.35	08:26:25.95	+01:34:23 (18.6%)	9:43	6.2 (81.6%)
15	FĄFARA Agnieszka	1022	PIETRZYK RUNNING TEAM	K40	15	02:21:30	04:16:29	06:36:55	08:42:03.95	08:42:38.35	+01:50:35 (21.2%)	10:02	6 (78.9%)

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						Roztoki I 15km	Solinka 28km	Roztoki II 41km					
16	ŚWIERŻEWSKA Sylwia	1102	HEŃTEAM	K40	16	02:02:23	03:53:27	06:37:25	08:45:26.45	08:45:35.65	+01:53:33 (21.6%)	10:06	5.9 (77.6%)
17	MURAS Agnieszka	1415	NIGHT RUNNERS	K40	17	02:11:06	04:06:54	06:43:14	08:58:39.00	08:59:42.25	+02:07:39 (23.7%)	10:21	5.8 (76.3%)
18	KOŁOTUSZA Małgorzata	1220	ALBATROSTEAM	K40	18	02:02:07	04:08:05	06:51:57	09:05:23.85	09:05:44.90	+02:13:42 (24.5%)	10:29	5.7 (75.0%)
19	BARAŃSKA Justyna	1197	MOCNA GRUPA CEZARA	K40	19	02:22:42	04:27:09	07:10:52	09:24:06.25	09:25:00.70	+02:32:58 (27.1%)	10:50	5.5 (72.4%)
20	SUŁKOWSKA-WIROWSKA Gabriela	1046		K40	20	02:15:07	04:18:02	06:58:23	09:25:31.30	09:26:01.70	+02:33:59 (27.2%)	10:52	5.5 (72.4%)
21	BARCZAK Anna	1389		K40	21	02:16:59	04:14:01	07:00:05	09:29:49.65	09:30:46.75	+02:38:44 (27.8%)	10:57	5.5 (72.4%)
22	MASZEWSKA-WACH Mariola	1424	ULTRA PIOTRKÓW	K40	22	02:28:58	04:31:55	07:06:59	09:37:55.70	09:38:33.45	+02:46:30 (28.8%)	11:06	5.4 (71.1%)
23	PIASECZYŃSKA-JAMBOR Agata	1013	PKO BP / ŻÓRAWSKI TEAM	K40	23	02:20:05	04:18:40	07:17:54	09:50:34.30	09:51:34.60	+02:59:31 (30.3%)	11:21	5.3 (69.7%)
24	HELIOSZ Joanna	1021	SILESIA MARATHON CLUB	K40	24	02:22:29	04:31:34	07:13:40	09:57:37.35	09:58:18.75	+03:06:16 (31.1%)	11:29	5.2 (68.4%)
25	MACIĄG Monika	1336		K40	25	02:23:38	04:43:55	07:40:25	09:58:04.60	09:58:19.20	+03:06:16 (31.1%)	11:30	5.2 (68.4%)
26	K-AK Dotka	1270	OSZOŁOMKI TEAM	K40	26	02:14:55	04:31:30	07:52:29	10:08:16.70	10:08:32.85	+03:16:30 (32.3%)	11:41	5.1 (67.1%)
27	PASTWA Monika	1128		K40	27	02:28:29	04:39:51	07:29:10	10:08:25.95	10:09:00.20	+03:16:57 (32.3%)	11:42	5.1 (67.1%)
28	GMAJ Karolina	1187		K40	28	02:30:28	04:37:23	07:38:31	10:12:07.25	10:13:14.45	+03:21:11 (32.8%)	11:46	5.1 (67.1%)
29	KADZIDŁOWSKA Aleksandra	1279		K40	29	02:28:27	04:43:14	07:37:50	10:29:45.75	10:30:21.55	+03:38:18 (34.6%)	12:06	5 (65.8%)
30	BALCERZAK Krysia	1278	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	K40	30	02:28:13	04:43:15	07:37:50	10:29:46.90	10:30:21.75	+03:38:19 (34.6%)	12:06	5 (65.8%)
31	CIECHANOWICZ Joanna	1303		K40	31	02:21:17	04:33:41	07:37:28	10:29:57.45	10:30:39.90	+03:38:37 (34.7%)	12:06	5 (65.8%)
32	KWIATEK Monika	1380		K40	32	02:26:07	04:36:11	07:44:04	10:41:25.90	10:41:55.20	+03:49:52 (35.8%)	12:20	4.9 (64.5%)
33	NAĆ Marzanna	1394	ROZBIEGANE DZIAŁDOWO	K40	33	02:26:57	04:40:10	07:45:37	10:42:28.70	10:42:53.20	+03:50:50 (35.9%)	12:21	4.9 (64.5%)
34	RYSIŃSKA Magda	1132		K40	34	02:30:36	04:43:43	07:52:59	10:49:19.25	10:50:10.75	+03:58:08 (36.6%)	12:29	4.8 (63.2%)
35	PAWEŁCZUK Katarzyna	1429	RUNNINGPERFORMANCE.PL	K40	35	02:32:16	04:56:49	08:06:23	10:59:55.25	11:00:59.90	+04:08:57 (37.7%)	12:41	4.7 (61.8%)
36	SUŁEK Aldona	1395	ZOELLER TECH	K40	36	02:39:09	05:01:22	07:57:49	11:05:02.20	11:05:07.80	+04:13:05 (38.1%)	12:47	4.7 (61.8%)
37	ZAJCHOWSKA Ewelina	1466		K40	37	02:35:26	04:55:01	08:12:44	11:11:53.85	11:13:01.05	+04:20:58 (38.8%)	12:55	4.6 (60.5%)
38	KOSSIŃSKA Aleksandra	1307		K40	38	02:33:29	05:02:06	08:35:56	11:34:48.85	11:35:03.15	+04:43:00 (40.7%)	13:21	4.5 (59.2%)

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39	MACHALICA Adriana	1328		K40	39	02:25:45	04:37:55	07:47:38	11:37:23.10	11:37:50.95	+04:45:48 (41.0%)	13:24	4.5 (59.2%)
40	JUSZCZYK Małgorzata	1464	NIEPOŁOMICE BIEGAJĄ	K40	40	02:48:05	05:29:11	08:50:01	11:40:37.95	11:41:28.35	+04:49:25 (41.3%)	13:28	4.5 (59.2%)
41	ZWIERZCHOWSKA Katarzyna	1081		K40	41	02:34:15	05:01:57	08:24:42	11:44:42.50	11:45:00.65	+04:52:58 (41.6%)	13:33	4.4 (57.9%)
42	WEILAND Emila	1475		K40	42	02:33:59	05:06:22	08:34:13	11:47:26.00	11:48:28.00	+04:56:25 (41.8%)	13:36	4.4 (57.9%)
43	NOWAK Katarzyna	1148	KB WARTKO	K40	43	02:36:36	05:09:51	08:35:19	11:53:42.90	11:54:29.95	+05:02:27 (42.3%)	13:43	4.4 (57.9%)
43	LUPA-MARCINOWSKA Aneta	1035	RUN4FUN-PLEWISKA	K40	43	02:36:35	05:09:50	08:34:38	11:53:42.30	11:54:29.95	+05:02:27 (42.3%)	13:43	4.4 (57.9%)
45	MARKOWSKA Aleksandra	1164	BIEGAJĄCY TCZEW	K40	45	02:48:39	05:22:25	08:35:01	11:58:40.55	11:59:01.90	+05:06:59 (42.7%)	13:49	4.3 (56.6%)
46	MARCZYŃSKA Marta	1416	POLIPACK TEAM GWE	K40	46	02:57:24	05:37:15	09:06:25	12:03:31.50	12:04:46.70	+05:12:44 (43.1%)	13:54	4.3 (56.6%)
47	WIECZOREK Magdalena	1007	WIECZORKI3	K40	47	02:55:24	05:35:47	09:14:36	12:05:58.90	12:06:46.00	+05:14:43 (43.3%)	13:57	4.3 (56.6%)
48	MIELCAREK Anna	1214	NO EXCUSES TEAM	K40	48	02:50:53	05:22:24	09:10:33	12:21:14.80	12:21:43.70	+05:29:41 (44.4%)	14:15	4.2 (55.3%)
Przekroczony limit czasu: 13:00:00													
49	FABJANCZYK Agnieszka	1439		K40	49	03:13:52	06:17:58	10:03:17	13:10:33.45	13:10:47.45	+06:18:44 (47.9%)	15:12	3.9 (51.3%)
50	MATERA Kinga	1396		K40	50	03:13:50	06:17:58	10:05:20	13:10:34.10	13:10:48.15	+06:18:45 (47.9%)	15:12	3.9 (51.3%)
	MODZELEWSKA Karolina	1005	SPC	K40		06:20:44 DNF	DNF	07:42:41 DNF	DNF	DNF		-	- (0.0%)
	BACHÓRZ Agnieszka	1427	EVOLUTION TRIATHLON NIEPOŁOMICE	K40		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BORUTA-KOŁODZIEJ Emilia	1230		K40		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 53 wynik(ów)