



# III MARATON RZEŹNIKA

B4SPORT

**Event:** X FESTIWAL BIEGU RZEŹNIKA  
**Organiser:** Fundacja Bieg Rzeźnika  
**Date:** 2024-05-30  
**Place:** Cisna  
**Distance:** 52 km

**B4SPORT**  
INTELLIGENTNE ZAWODY SPORTOWE

Classification: M40

Split point: 41,0 km

Place	Participant	Number	Club	Category	Roztoki I 15km	Solinka 28km	Roztoki II 41km
1	GAJ Grzegorz	7020		M40	01:35:19	02:53:12	04:27:58
2	PASIECZNY Robert	1409	FARTLEK GO	M40	01:38:25	02:59:14	04:39:29
3	ŚWIĘTOŃ Grzegorz	1442		M40	01:34:23	02:53:44	04:41:29
4	ŻOGAŁA Jan	1173	HURAGAN LIGOTA	M40	01:36:10	02:59:17	04:44:07
5	JAWORSKI Konrad	1012	FF TEAM	M40	01:34:13	02:59:17	04:53:20
6	RAK Zbigniew	1112		M40	01:42:49	03:09:56	04:55:52
7	KOWALCZYK Rafał	7013		M40	01:38:29	03:01:32	04:57:55
8	PELA Dariusz	1472		M40	01:45:43	03:13:38	04:58:16
9	MICHALSKI Mikołaj	1048	NARAMOWICE BIEGAJĄ	M40	01:38:21	03:05:57	05:02:52
10	KOŚCIELNY Aleksander	1283	RZESZOWSKIE GAZELE I GEPARDY	M40	01:42:33	03:08:50	05:03:17
11	JUREK Mariusz	1115		M40	01:40:27	03:05:54	05:03:43
12	TUSZEWSKI Jan	1322	DHAMMARUN	M40	01:45:44	03:11:18	05:06:11
13	STACHURSKI Paweł	1437		M40	01:35:37	03:01:35	05:06:40
14	SIĘBIDA Mieczysław	1423	FARTLEK GO	M40	01:39:11	03:06:28	05:07:59
15	DYBOWSKI Piotr	7009	ION1 TEAM	M40	01:49:19	03:22:29	05:08:49
16	GRZONKA Tomasz	1400		M40	01:42:26	03:08:54	05:08:56
17	ŻUŁAWSKI Dariusz	7034		M40	01:47:54	03:16:46	05:09:25
18	CHMURA Krzysztof	1227		M40	01:44:29	03:14:35	05:10:12
19	SNIEGOWSKI Marcin	1357		M40	01:48:12	03:21:10	05:13:11
20	MATERA Marcin	1066	LOST 66	M40	01:45:22	03:13:56	05:16:43
21	MIELNICZUK Mirosław	1045	ADIDAS RUNNERS	M40	01:45:57	03:17:07	05:19:04
22	WÓJTOWICZ Piotr	1449	PODIUM	M40	01:49:56	03:21:06	05:22:07
23	DWORAK Bartłomiej	1156	PODIUM	M40	01:47:56	03:19:22	05:22:22
24	SADKOWSKI Paweł	1262	MAŁY RUNNERS TEAM	M40	01:50:10	03:26:38	05:23:00
25	LIPKA Sebastian	1058		M40	01:45:23	03:15:11	05:23:47
26	ŁUBISZ Mariusz	7007		M40	01:48:24	03:20:02	05:25:53
27	BRUDEREK Tomasz	1428	PRIMUM CURRERE	M40	01:51:35	03:28:46	05:27:38
28	KMIEĆ Andrzej	7030	TURBO PRUSZKÓW	M40	01:46:05	03:23:20	05:29:40
29	PIEŃKOSZ Wojciech	1408	PGE ENERGETIC RUNNING	M40	01:50:09	03:28:36	05:30:37
30	STANIO Arkadiusz	7026	ASSECO ACTIVE TEAM / BIEGAM W RZESZOWIE	M40	01:51:45	03:29:45	05:31:19

Place	Participant	Number	Club	Category	Roztoki I 15km	Solinka 28km	Roztoki II 41km
31	<b>PAWLAK Bartosz</b>	<b>7006</b>	RUN AND FLY	M40	01:55:56	03:32:27	05:32:14
32	<b>KOWALCZYK Robert</b>	<b>7018</b>	CEDRUS TEAM / ŁĘCZNA BIEGA	M40	01:50:23	03:25:27	05:33:06
33	<b>PARZNIIEWSKI Maciej</b>	<b>1241</b>	TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA	M40	01:46:12	03:24:29	05:33:13
34	<b>MARCINOWSKI Krzysztof</b>	<b>1034</b>	RUN4FUN-PLEWISKA	M40	01:51:34	03:26:57	05:33:54
35	<b>STASIAK Jakub</b>	<b>1126</b>		M40	01:47:49	03:21:38	05:34:03
36	<b>NALEPA Szymon</b>	<b>1330</b>	RUNNINGPERFORMANCE.PL	M40	01:58:57	03:35:01	05:34:47
37	<b>ASŁANOWICZ Marcin</b>	<b>1261</b>	ŻÓRAWSKI TEAM	M40	01:51:05	03:28:55	05:35:21
38	<b>ŻURAWSKI Sławomir</b>	<b>1353</b>	PGBSPORTOWAPACZKA/BARUNOWCE	M40	01:45:35	03:33:17	05:37:15
39	<b>BIAŁECKI Piotr</b>	<b>1426</b>	ORANGE	M40	01:42:38	03:15:39	05:37:33
40	<b>STELMACH Dariusz</b>	<b>1203</b>		M40	01:53:00	03:29:06	05:38:08
41	<b>TARNAWSKI Sławomir</b>	<b>1315</b>		M40	01:52:52	03:29:58	05:38:57
42	<b>JADZIEWICZ Jakub</b>	<b>1381</b>	PRORUNNING	M40	01:53:11	03:29:12	05:42:00
43	<b>URBAŃCZYK Michał</b>	<b>1453</b>		M40	01:52:47	03:33:20	05:42:19
44	<b>KRÓLAK Radosław</b>	<b>1177</b>		M40	01:52:12	03:31:50	05:46:45
45	<b>KŁODA Dariusz</b>	<b>1083</b>	SPORT GENERATION	M40	01:56:11	03:37:23	05:48:07
46	<b>MARCINIAK Tomasz</b>	<b>1275</b>	RADOMNO BIEGA	M40	01:48:43	03:42:46	05:48:21
47	<b>KOLAWA Piotr</b>	<b>1192</b>	TRENUJ Z NAMI	M40	02:00:26	03:41:36	05:50:03
48	<b>PLEWA Tomasz</b>	<b>1120</b>		M40	01:51:26	03:28:40	05:50:05
49	<b>KARCZMARCZYK Tomasz</b>	<b>1134</b>		M40	01:54:13	03:36:38	05:50:32
50	<b>OBIDOWSKI Łukasz</b>	<b>7040</b>	ODYNIEC TEAM	M40	02:03:18	03:47:35	05:52:31
51	<b>KUTRZYK Przemysław</b>	<b>7012</b>	STREFA BIEGACZA NATALIA SADOWSKA	M40	02:03:08	03:46:51	05:53:54
52	<b>DOŁOSZYCKI Grzegorz</b>	<b>1240</b>		M40	02:03:14	03:46:54	05:54:28
53	<b>GALUSKIN Alexey</b>	<b>1345</b>		M40	01:58:15	03:43:32	05:54:29
54	<b>ZIELIŃSKI Dariusz</b>	<b>7031</b>	FIZJO-SPORT ŁĘCZNA/CEDRUS TEAM	M40	01:48:11	03:24:01	05:55:58
55	<b>MISKOWICZ Janusz</b>	<b>1070</b>		M40	01:47:39	03:43:41	05:56:39
56	<b>MAJEWSKI Radosław</b>	<b>7008</b>	NIGHT RUNNERS / PRO366	M40	02:00:43	03:46:57	05:59:36
57	<b>WÓJCIK Dawid</b>	<b>1438</b>	SKL SUCHA BESKIDZKA	M40	01:58:01	03:42:46	06:00:33
58	<b>SROKA Marcin</b>	<b>1101</b>	WLKP MOUNTAINS ULTRA	M40	01:53:36	03:38:29	06:00:40
59	<b>OBREŃSKI Marcin</b>	<b>1004</b>	MATNER RUNNING TEAM	M40	01:56:10	03:45:08	06:03:25
60	<b>RECZEK Sebastian</b>	<b>7004</b>	ULTRA SEBA	M40	01:48:02	03:41:09	06:04:09
61	<b>KRAWIECKI Tomasz</b>	<b>1130</b>		M40	01:56:59	03:43:55	06:06:42
62	<b>JUDA Tomasz</b>	<b>1377</b>		M40	02:00:32	03:46:13	06:06:45
63	<b>GŁUCHOWSKI Przemek</b>	<b>7023</b>	MZUMA	M40	02:05:52	03:51:28	06:06:59
64	<b>BALCERZAK Mariusz</b>	<b>7028</b>	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	M40	02:03:21	03:50:40	06:07:05
65	<b>KIEŁPIŃSKI Piotr</b>	<b>1056</b>		M40	01:58:24	03:43:13	06:07:26
66	<b>KUSY Rafał</b>	<b>1096</b>	PORANNYBESKIDRUN	M40	01:55:52	03:42:58	06:07:38
67	<b>KOŁODZIEJCZYK Maciej</b>	<b>7036</b>	FIZJO-SPORT	M40	01:55:48	03:44:22	06:09:15
68	<b>SKARŻYŃSKI Michał</b>	<b>1256</b>		M40	01:57:37	03:43:38	06:09:31
69	<b>MAŚLAK Paweł</b>	<b>1055</b>	DELTA FORCE	M40	01:56:08	03:39:30	06:10:36
70	<b>ORYSZCZAK Bartłomiej</b>	<b>1025</b>	MTB ROZTOCZE	M40	01:54:28	03:41:44	06:10:38
71	<b>ROSOLSKI Piotr</b>	<b>1399</b>		M40	01:47:15	03:40:38	06:10:40
72	<b>KURYŁOWICZ Mariusz</b>	<b>1033</b>	KKROZTOCZE	M40	01:54:25	03:41:47	06:10:41
73	<b>KAWIAK Marek</b>	<b>1024</b>		M40	01:52:00	03:43:52	06:11:36
74	<b>SIEMIENIUK Tomasz</b>	<b>1246</b>	PRAŻANIN	M40	01:50:00	03:30:01	06:12:11
75	<b>MAZUR Grzegorz</b>	<b>1310</b>		M40	02:01:06	03:50:53	06:14:37

Place	Participant	Number	Club	Category	Roztoki I 15km	Solinka 28km	Roztoki II 41km
76	<b>HAŁASA Piotr</b>	<b>1335</b>		M40	01:57:00	03:50:51	06:20:21
77	<b>NAZIEMKOWSKI Bogusław</b>	<b>1401</b>	JAROSŁAWSKI BIEGACZ	M40	02:01:14	03:51:13	06:20:56
78	<b>LULLA Michał</b>	<b>1348</b>		M40	01:59:51	03:48:58	06:25:13
79	<b>BOROWCZYK Marcin</b>	<b>1444</b>	ULTRASİ	M40	02:02:45	03:51:26	06:25:28
80	<b>RYDLEWSKI Robert</b>	<b>1038</b>	AZS TORUŃ	M40	01:58:00	03:46:15	06:27:07
81	<b>TROCHIMOWICZ Hubert T</b>	<b>7014</b>	ENDORPHINERS	M40	02:03:48	04:00:08	06:28:00
82	<b>ŻÓŁKIEWICZ Marcin</b>	<b>1131</b>		M40	02:04:53	03:56:53	06:28:24
83	<b>CYRAN Przemysław</b>	<b>1175</b>		M40	01:59:46	03:52:09	06:28:37
84	<b>GROSS Radosław</b>	<b>1027</b>	VEGE RUNNERS	M40	01:57:14	03:46:41	06:28:45
85	<b>CHOŁODY Patryk</b>	<b>1059</b>	LOST 66	M40	02:01:28	03:56:32	06:30:11
86	<b>OSICA Łukasz</b>	<b>1410</b>		M40	02:07:37	03:56:11	06:30:38
87	<b>PIASECKI Rafał</b>	<b>7019</b>	ULTRAFI	M40	02:14:08	04:04:50	06:33:58
88	<b>IWAN Bartłomiej</b>	<b>1117</b>		M40	02:08:40	04:03:29	06:34:22
89	<b>KRET Marek</b>	<b>1077</b>		M40	02:24:09	04:18:46	06:36:09
90	<b>BUKOWSKI Andrzej</b>	<b>1054</b>	DELTA FORCE	M40	02:05:30	03:59:36	06:36:32
91	<b>DOLATA Andrzej</b>	<b>1225</b>	KTB KUNY	M40	01:55:12	03:41:49	06:37:18
92	<b>NOWAKOWSKI Marcin</b>	<b>1184</b>	BIEGAJĄCY TCZEW - PRZYJACIELE	M40	02:17:55	04:08:02	06:41:48
93	<b>MADEJ Grzegorz</b>	<b>1014</b>		M40	02:13:11	04:09:52	06:47:04
94	<b>ŚLUSAREK Grzegorz</b>	<b>1155</b>		M40	02:16:11	04:18:47	06:58:23
95	<b>LEPIARZ Grzegorz</b>	<b>7038</b>	ULTRAWAY.PL RUNNING TEAM	M40	02:17:01	04:14:04	07:00:00
96	<b>BASIŃSKI Łukasz</b>	<b>1158</b>	BRACIA_B	M40	02:02:36	04:04:19	07:02:08
97	<b>BASIŃSKI Waldemar</b>	<b>1162</b>	BRACIA_B	M40	02:02:51	04:04:17	07:02:32
98	<b>DRABIK Paweł</b>	<b>1445</b>		M40	02:13:29	04:35:13	07:03:47
99	<b>PIĄTKOWSKI Piotrek</b>	<b>1460</b>		M40	02:13:33	04:24:14	07:05:29
100	<b>GWIAZDZIŃSKI Michał</b>	<b>1217</b>		M40	02:07:03	04:04:16	07:10:21
101	<b>KRZYŻAK Tomasz</b>	<b>1347</b>		M40	02:00:01	03:48:43	07:10:24
102	<b>CHRÓŚCIAK Paweł</b>	<b>1462</b>		M40	02:20:10	04:26:22	07:10:25
103	<b>BARAŃSKI Andrzej</b>	<b>1313</b>	MOCNA GRUPA CEZARA	M40	02:22:57	04:27:16	07:10:54
104	<b>MIELCAREK Damian</b>	<b>1216</b>	NO EXCUSES TEAM	M40	02:17:46	04:20:47	07:10:56
105	<b>GOŁĘBIEWSKI Arkadiusz</b>	<b>1189</b>	EXC TEAM	M40	02:12:03	04:20:00	07:11:18
106	<b>JAMBOR Michał</b>	<b>7003</b>		M40	02:20:07	04:18:56	07:17:59
107	<b>KAPUSTA Paweł</b>	<b>1456</b>		M40	02:30:40	04:33:05	07:18:45
108	<b>STEBEL Bartosz</b>	<b>1204</b>		M40	02:06:19	04:12:07	07:20:48
109	<b>PŁOTEK Tomasz</b>	<b>1392</b>		M40	02:19:02	04:30:26	07:22:23
110	<b>SOWA Bogusław</b>	<b>1378</b>		M40	02:15:21	04:20:57	07:23:34
111	<b>WOJTYŁA Paweł</b>	<b>1343</b>	AKS POLONIA WARSZAWA	M40	02:26:20	04:39:11	07:30:45
112	<b>KĘPSKI Rafał</b>	<b>1470</b>	AMBITNI AMATORZY	M40	02:21:26	04:26:25	07:33:46
113	<b>JANOCHA Piotr</b>	<b>1469</b>		M40	02:21:04	04:26:25	07:34:20
114	<b>OLESIŃSKI Piotr</b>	<b>7011</b>	DRUŻYNA ORZECHA ŻYRARDÓW	M40	02:30:14	04:35:26	07:35:32
114	<b>WALAC Jacek</b>	<b>7010</b>	100 MARATHON CLUB POLSKA	M40	02:30:48	04:39:53	07:35:34
116	<b>ZYCHALAK Grzegorz</b>	<b>1157</b>		M40	02:20:56	04:33:24	07:37:22
117	<b>GMAJ Daniel</b>	<b>1186</b>		M40	02:30:28	04:37:37	07:38:31
118	<b>GARBACZ Jan</b>	<b>1218</b>		M40	02:16:22	04:23:33	07:39:33
119	<b>OLSZEWSKI Błażej</b>	<b>1065</b>		M40	02:31:51	04:45:53	07:39:43
120	<b>BOCHNIEWICZ Cezary</b>	<b>1379</b>	KSZ FAFAK & SKOREK POTWOREK	M40	02:05:14	04:23:54	07:41:37

Place	Participant	Number	Club	Category	Roztoki I 15km	Solinka 28km	Roztoki II 41km
121	<b>RYSIAWA Marek</b>	<b>1376</b>	ESK	M40	02:25:54	04:36:09	07:44:11
122	<b>PRYSZCZ Mirosław</b>	<b>1139</b>		M40	02:26:32	04:39:33	07:45:35
123	<b>BILSKI Grzegorz</b>	<b>1346</b>		M40	02:25:27	04:38:43	07:47:37
124	<b>ULIŃSKI Adam</b>	<b>1169</b>	KONIN RUN	M40	02:24:09	04:39:24	07:52:37
125	<b>ANTCZAK Aleksander</b>	<b>1172</b>	KONIN RUN	M40	02:24:40	04:39:23	07:52:40
126	<b>BOKSZA Piotr</b>	<b>1299</b>	TIME4RUNNING	M40	02:32:26	04:50:18	07:54:05
127	<b>BOKSZA Robert</b>	<b>1300</b>	TIME4RUNNING	M40	02:32:52	04:50:19	07:54:16
128	<b>KOWALSKI Adam</b>	<b>1036</b>	THE SMITHS	M40	02:33:35	04:46:14	07:59:47
129	<b>HARAF Aleksander</b>	<b>1272</b>	DELTA FORCE	M40	02:35:45	04:57:51	08:05:36
130	<b>GÓRECKI Łukasz</b>	<b>1373</b>		M40	02:31:14	04:53:54	08:07:31
131	<b>ZAJCHOWSKI Łukasz</b>	<b>1467</b>		M40	02:35:27	04:55:01	08:12:44
132	<b>FACON Sławomir</b>	<b>1074</b>	PĘDZĄCE WIEWIÓRY	M40	02:34:53	05:01:11	08:16:48
133	<b>NOWAK Maciej</b>	<b>1019</b>		M40	02:35:02	04:58:55	08:19:20
134	<b>PEKSA Krzysztof</b>	<b>1269</b>		M40	02:19:51	04:46:43	08:20:02
135	<b>WENCŁAW Adam</b>	<b>1268</b>		M40	02:19:51	04:46:41	08:20:06
136	<b>KOZIOŁ Darek</b>	<b>1296</b>		M40	02:37:07	05:00:19	08:24:36
137	<b>CHODZIAK Marcin</b>	<b>1023</b>		M40	02:37:18	05:02:40	08:24:37
138	<b>MARKOWSKI Szymon</b>	<b>1163</b>	BIEGAJĄCY TCZEW	M40	02:48:59	05:22:29	08:35:02
139	<b>JANKOWSKI Tomasz</b>	<b>1382</b>		M40	02:33:46	05:15:59	08:40:50
140	<b>MARCZYŃSKI Adam</b>	<b>1431</b>	POLIPACK TEAM GWE	M40	02:57:12	05:36:41	09:06:15

Total 140 results.