



## III MIKOŁAJKOWY BIEG CHARYTATYWNY - BIEG DLA IGNASIA

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

**Organizator:** Zespół Szkół Ogólnokształcących nr 3 w Bydgoszczy  
**Data:** 2018-12-02  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PALACZ Wioletta	192		K-40	1	00:00:04	00:21:21.50	00:21:25.50		4:16	14.1 (100%)
2	GROBELNA Angelika	71	BYDGOSZCZ NA START	K-40	2	00:00:21	00:24:10.00	00:24:31.70	+00:02:48 (11.6%)	4:50	12.4 (87.9%)
3	SOBOL Magdalena	37		K-40	3	00:00:09	00:25:01.55	00:25:10.90	+00:03:40 (14.7%)	5:00	12 (85.1%)
4	GABRICH Żanetta	137		K-40	4	00:00:22	00:25:07.95	00:25:30.15	+00:03:46 (15.0%)	5:01	11.9 (84.4%)
5	PAWLEWSKA Joanna	48	SPORTWAY	K-40	5	00:00:20	00:25:40.50	00:26:00.95	+00:04:19 (16.8%)	5:08	11.7 (83.0%)
6	WOJCIECHOWSKA Emilia	47		K-40	6	00:00:31	00:25:45.90	00:26:17.40	+00:04:24 (17.1%)	5:09	11.6 (82.3%)
7	JANOWSKA Renata	275		K-40	7	00:00:14	00:26:11.20	00:26:25.55	+00:04:49 (18.4%)	5:14	11.5 (81.6%)
8	KAMPER Małgorzata	481	VEG MEG	K-40	8	00:00:42	00:26:12.00	00:26:54.60	+00:04:50 (18.5%)	5:14	11.5 (81.6%)
9	STĘPIEŃ Monika	73	CZARNE STOPY	K-40	9	00:00:22	00:26:20.15	00:26:43.05	+00:04:58 (18.9%)	5:16	11.4 (80.9%)
10	WESOŁOWSKA Daniela	326	SZURUSIE TEAM	K-40	10	00:00:27	00:26:35.25	00:27:02.85	+00:05:13 (19.7%)	5:19	11.3 (80.1%)
11	FUZ Gabriela	70	KABEL TEAM BYDGOSZCZ	K-40	11	00:00:37	00:26:47.40	00:27:25.30	+00:05:25 (20.3%)	5:21	11.2 (79.4%)
12	SZULC Joanna	641		K-40	12	00:00:31	00:26:58.85	00:27:30.25	+00:05:37 (20.8%)	5:23	11.1 (78.7%)
13	ANASZEWICZ Marzena	281		K-40	13	00:00:24	00:27:20.20	00:27:44.55	+00:05:58 (21.9%)	5:28	11 (78.0%)
14	ROMANOWSKA Agnieszka	665		K-40	14	00:00:26	00:27:30.60	00:27:56.95	+00:06:09 (22.4%)	5:30	10.9 (77.3%)
15	BOROWICZ Małgorzata	339		K-40	15	00:00:30	00:27:32.75	00:28:03.50	+00:06:11 (22.5%)	5:30	10.9 (77.3%)
16	TYSZKIEWK Aldona	610		K-40	16	00:00:14	00:27:37.10	00:27:51.90	+00:06:15 (22.7%)	5:31	10.9 (77.3%)
17	MALATYŃSKA Barbara	269		K-40	17	00:00:24	00:27:40.30	00:28:04.45	+00:06:18 (22.8%)	5:32	10.8 (76.6%)
18	KOŁODZIEJSKA Bożena	531		K-40	18	00:00:45	00:28:03.00	00:28:48.00	+00:06:41 (23.9%)	5:36	10.7 (75.9%)
19	KRÓL Katarzyna	83		K-40	19	00:00:24	00:28:05.85	00:28:30.65	+00:06:44 (24.0%)	5:37	10.7 (75.9%)
20	WEBER Hanna	450	DRUŻYNA SZPIKU	K-40	20	00:00:45	00:28:21.05	00:29:06.50	+00:06:59 (24.7%)	5:40	10.6 (75.2%)
21	KALINOWSKA Kamila	659		K-40	21	00:00:44	00:28:22.05	00:29:06.25	+00:07:00 (24.7%)	5:40	10.6 (75.2%)
22	BEDNAREK Grażyna	260	RUN PASJA	K-40	22	00:00:23	00:28:26.90	00:28:50.85	+00:07:05 (24.9%)	5:41	10.5 (74.5%)
23	RYDELSKA Kinga	89		K-40	23	00:00:29	00:28:28.45	00:28:58.10	+00:07:06 (25.0%)	5:41	10.5 (74.5%)
24	KRYMER Agnieszka	122		K-40	24	00:00:30	00:28:39.80	00:29:09.90	+00:07:18 (25.5%)	5:43	10.5 (74.5%)
25	KUBIS Sylwia	524		K-40	25	00:00:25	00:29:00.90	00:29:26.25	+00:07:39 (26.4%)	5:48	10.3 (73.0%)
26	STAFIEJ Barbara	435	BMS	K-40	26	00:00:35	00:29:23.80	00:29:58.95	+00:08:02 (27.3%)	5:52	10.2 (72.3%)
27	CYBUL Anna	240		K-40	27	00:00:30	00:29:40.00	00:30:10.30	+00:08:18 (28.0%)	5:56	10.1 (71.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
28	<b>MICHALAK Anita</b>	<b>205</b>		K-40	28	00:00:46	<b>00:29:52.35</b>	<b>00:30:39.05</b>	+00:08:30 (28.5%)	5:58	10 (70.9%)
29	<b>NOWAK Mariola</b>	<b>298</b>		K-40	29	00:00:13	<b>00:30:01.65</b>	<b>00:30:15.45</b>	+00:08:40 (28.9%)	6:00	10 (70.9%)
30	<b>JAROSZEWSKA Anna</b>	<b>84</b>	DEEP FOREST	K-40	30	00:00:20	<b>00:30:02.35</b>	<b>00:30:22.50</b>	+00:08:40 (28.9%)	6:00	10 (70.9%)
31	<b>RATAJCZAK Arleta</b>	<b>327</b>	SP 63	K-40	31	00:00:17	<b>00:30:03.20</b>	<b>00:30:21.00</b>	+00:08:41 (28.9%)	6:00	10 (70.9%)
32	<b>SAS Kasia</b>	<b>44</b>	AMATOR	K-40	32	00:00:00	<b>00:30:03.55</b>	<b>00:30:03.55</b>	+00:08:42 (28.9%)	6:00	10 (70.9%)
33	<b>ZIENKIEWICZ Anna</b>	<b>384</b>		K-40	33	00:00:18	<b>00:30:26.40</b>	<b>00:30:45.10</b>	+00:09:04 (29.8%)	6:05	9.9 (70.2%)
34	<b>ŻYŁA Marta</b>	<b>504</b>		K-40	34	00:00:06	<b>00:30:48.65</b>	<b>00:30:55.25</b>	+00:09:27 (30.7%)	6:09	9.7 (68.8%)
35	<b>BŁASZKIEWICZ Marzena</b>	<b>265</b>		K-40	35	00:00:18	<b>00:30:49.20</b>	<b>00:31:07.40</b>	+00:09:27 (30.7%)	6:09	9.7 (68.8%)
36	<b>POGORZELSKA Bogusia</b>	<b>34</b>		K-40	36	00:00:19	<b>00:31:00.40</b>	<b>00:31:19.65</b>	+00:09:38 (31.1%)	6:12	9.7 (68.8%)
37	<b>MARCHLEWSKA Dorota</b>	<b>142</b>		K-40	37	00:00:36	<b>00:31:24.05</b>	<b>00:32:00.30</b>	+00:10:02 (32.0%)	6:16	9.6 (68.1%)
38	<b>ORŁOWSKA Katarzyna</b>	<b>141</b>		K-40	38	00:00:36	<b>00:31:24.45</b>	<b>00:32:00.60</b>	+00:10:02 (32.0%)	6:16	9.6 (68.1%)
39	<b>MEGER Agnieszka</b>	<b>289</b>		K-40	39	00:00:33	<b>00:31:25.40</b>	<b>00:31:59.35</b>	+00:10:03 (32.0%)	6:17	9.5 (67.4%)
40	<b>PIÓRKOWSKA Aga</b>	<b>29</b>	BRB BYDGOSZCZ	K-40	40	00:00:50	<b>00:31:25.50</b>	<b>00:32:15.85</b>	+00:10:04 (32.0%)	6:17	9.5 (67.4%)
41	<b>LEWANDOWSKA Beata</b>	<b>177</b>		K-40	41	00:00:36	<b>00:31:26.40</b>	<b>00:32:03.10</b>	+00:10:04 (32.1%)	6:17	9.5 (67.4%)
42	<b>ZAMIATOWSKA Kinga</b>	<b>42</b>	BELLA LINE BDG	K-40	42	00:00:34	<b>00:31:27.95</b>	<b>00:32:02.20</b>	+00:10:06 (32.1%)	6:17	9.5 (67.4%)
43	<b>NOWACKA Kinga</b>	<b>554</b>		K-40	43	00:00:22	<b>00:31:37.65</b>	<b>00:31:59.85</b>	+00:10:16 (32.5%)	6:19	9.5 (67.4%)
44	<b>CHWIEDUK Magdalena</b>	<b>78</b>	MTB GARDENFLORA TEAM	K-40	44	00:00:51	<b>00:32:11.65</b>	<b>00:33:02.80</b>	+00:10:50 (33.7%)	6:26	9.3 (66.0%)
45	<b>TERTYKOWSKA Magdalena</b>	<b>662</b>		K-40	45	00:00:00	<b>00:32:27.10</b>	<b>00:32:27.10</b>	+00:11:05 (34.2%)	6:29	9.2 (65.2%)
46	<b>GWIZDAŁA Katarzyna</b>	<b>230</b>		K-40	46	00:00:07	<b>00:32:41.60</b>	<b>00:32:49.50</b>	+00:11:20 (34.7%)	6:32	9.2 (65.2%)
47	<b>IDCZAK-BOREK Hanna</b>	<b>252</b>		K-40	47	00:00:49	<b>00:32:43.75</b>	<b>00:33:33.65</b>	+00:11:22 (34.7%)	6:32	9.2 (65.2%)
48	<b>ZUZA-WITKOWSKA Anna</b>	<b>307</b>		K-40	48	00:00:49	<b>00:32:44.30</b>	<b>00:33:33.85</b>	+00:11:22 (34.8%)	6:32	9.2 (65.2%)
49	<b>BUZALSKA Agnieszka</b>	<b>383</b>	OGRODY	K-40	49	00:00:40	<b>00:32:46.15</b>	<b>00:33:26.55</b>	+00:11:24 (34.8%)	6:33	9.2 (65.2%)
50	<b>WORONIECKA Anna</b>	<b>293</b>		K-40	50	00:00:36	<b>00:32:53.40</b>	<b>00:33:29.45</b>	+00:11:31 (35.1%)	6:34	9.1 (64.5%)
51	<b>KALINOWSKA Kamila</b>	<b>264</b>	RUN BYDGOSZCZ	K-40	51	00:00:40	<b>00:33:52.60</b>	<b>00:34:33.15</b>	+00:12:31 (37.0%)	6:46	8.9 (63.1%)
52	<b>JĘDRZEJCZYK Iwona</b>	<b>408</b>		K-40	52	00:00:45	<b>00:33:54.20</b>	<b>00:34:39.85</b>	+00:12:32 (37.0%)	6:46	8.8 (62.4%)
53	<b>SKONIECKA Agnieszka</b>	<b>447</b>		K-40	53	00:00:13	<b>00:34:11.35</b>	<b>00:34:24.60</b>	+00:12:49 (37.5%)	6:50	8.8 (62.4%)
54	<b>MALINOWSKA Paulina</b>	<b>505</b>	NIEZRZESZONA	K-40	54	00:00:35	<b>00:35:08.85</b>	<b>00:35:44.35</b>	+00:13:47 (39.2%)	7:01	8.5 (60.3%)
55	<b>ZELEK Aleksandra</b>	<b>174</b>		K-40	55	00:00:46	<b>00:36:13.35</b>	<b>00:37:00.05</b>	+00:14:51 (41.0%)	7:14	8.3 (58.9%)
56	<b>GIERSZEWSKA-MUŁOWSKA Marta</b>	<b>623</b>		K-40	56	00:00:21	<b>00:36:39.95</b>	<b>00:37:01.10</b>	+00:15:18 (41.7%)	7:20	8.2 (58.2%)
57	<b>BOŃDOS Katarzyna</b>	<b>119</b>		K-40	57	00:00:52	<b>00:46:01.45</b>	<b>00:46:54.10</b>	+00:24:39 (53.6%)	9:12	6.5 (46.1%)
58	<b>ZIELIŃSKA Dorota</b>	<b>10</b>		K-40	58	00:00:52	<b>00:46:06.25</b>	<b>00:46:58.65</b>	+00:24:44 (53.7%)	9:13	6.5 (46.1%)
59	<b>LULIŃSKA Magda</b>	<b>509</b>		K-40	59	00:01:01					(0.0%)

Znaleziono 59 wynik(ów)