



III MIKOŁAJKOWY BIEG CHARYTATYWNY - BIEG DLA IGNASIA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Zespół Szkół Ogólnokształcących nr 3 w Bydgoszczy
Data: 2018-12-02
Miejsce: Bydgoszcz
Dystans: 5 km

Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	FUZ Marek	68	KABEL TEAM BYDGOSZCZ	M-40	1	00:00:03	00:18:49.20	00:18:52.40		3:45	15.9 (100%)
2	PIEKARSKI Marek	366	VIII LO BYDGOSZCZ	M-40	2	00:00:02	00:19:30.35	00:19:33.25	+00:00:41 (3.5%)	3:54	15.4 (96.9%)
3	KOWALSKI Jacek	33		M-40	3	00:00:05	00:20:22.45	00:20:27.95	+00:01:33 (7.6%)	4:04	14.7 (92.5%)
4	NAGOW Michał	209		M-40	4	00:00:04	00:20:34.15	00:20:39.00	+00:01:44 (8.5%)	4:07	14.6 (91.8%)
5	KLISZEWSKI Damian	359		M-40	5	00:00:11	00:21:00.40	00:21:12.30	+00:02:11 (10.4%)	4:12	14.3 (89.9%)
6	MULARCZYK Jacek	140	ROWING RUNNING CLUB	M-40	6	00:00:05	00:21:10.25	00:21:15.80	+00:02:21 (11.1%)	4:14	14.2 (89.3%)
7	RYBAK Remigiusz	306		M-40	7	00:00:07	00:21:12.20	00:21:19.80	+00:02:23 (11.2%)	4:14	14.2 (89.3%)
8	KADOW Ryszard	645		M-40	8	00:00:05	00:21:15.35	00:21:20.35	+00:02:26 (11.5%)	4:15	14.1 (88.7%)
9	STAFIEJ Wojciech	197		M-40	9	00:00:08	00:21:41.65	00:21:50.20	+00:02:52 (13.2%)	4:20	13.8 (86.8%)
10	BARCZAK Tomasz	401		M-40	10	00:00:04	00:21:48.25	00:21:52.80	+00:02:59 (13.7%)	4:21	13.8 (86.8%)
11	NADRATOWSKI Maciej	461	KABEL TEAM BYDGOSZCZ	M-40	11	00:00:05	00:21:50.50	00:21:55.80	+00:03:01 (13.8%)	4:22	13.7 (86.2%)
12	KOTŁOWSKI Przemysław	496	MKSSP63 BYDGOSZCZ	M-40	12	00:00:03	00:21:50.55	00:21:54.30	+00:03:01 (13.8%)	4:22	13.7 (86.2%)
13	FRANKOWSKI Paweł	199		M-40	13	00:00:09	00:21:50.80	00:22:00.10	+00:03:01 (13.9%)	4:22	13.7 (86.2%)
14	KALINOWSKI Zbigniew	221		M-40	14	00:00:08	00:21:56.60	00:22:05.15	+00:03:07 (14.2%)	4:23	13.7 (86.2%)
15	WNUCZYŃSKI Andrzej	412	ORANGE POLSKA	M-40	15	00:00:12	00:21:56.80	00:22:09.50	+00:03:07 (14.2%)	4:23	13.7 (86.2%)
16	GWIAZDOWSKI Krzysztof	194		M-40	16	00:00:04	00:22:12.65	00:22:17.20	+00:03:23 (15.3%)	4:26	13.5 (84.9%)
17	GROTA Artur	317	-----	M-40	17	00:00:13	00:22:26.55	00:22:40.05	+00:03:37 (16.1%)	4:29	13.4 (84.3%)
18	ZYGLER Zbigniew	254	22 ODN	M-40	18	00:00:08	00:22:32.20	00:22:40.75	+00:03:43 (16.5%)	4:30	13.3 (83.6%)
19	KĘDZIERSKI Rafał	282		M-40	19	00:00:10	00:22:34.90	00:22:45.85	+00:03:45 (16.7%)	4:31	13.3 (83.6%)
20	KOSZOWSKI Rafał	188	TRITRYSZCZYNTTEAM	M-40	20	00:00:15	00:22:35.05	00:22:50.40	+00:03:45 (16.7%)	4:31	13.3 (83.6%)
21	GONDEK Krzysztof	38		M-40	21	00:00:00	00:22:38.00	00:22:38.00	+00:03:48 (16.8%)	4:31	13.3 (83.6%)
22	BRUNKE Tomasz	263	RUN BYDGOSZCZ	M-40	22	00:00:49	00:22:41.20	00:23:30.30	+00:03:52 (17.0%)	4:32	13.2 (83.0%)
23	STEFAŃSKI Marcin	232		M-40	23	00:00:11	00:22:42.85	00:22:54.05	+00:03:53 (17.1%)	4:32	13.2 (83.0%)
24	GACKOWSKI Krzysztof	24	IRON&ONE TEAM	M-40	24	00:00:00	00:22:43.05	00:22:43.05	+00:03:53 (17.2%)	4:32	13.2 (83.0%)
25	MUSIELSKI Dariusz	75	NIEZRZESZONY	M-40	25	00:00:05	00:22:43.95	00:22:49.85	+00:03:54 (17.2%)	4:32	13.2 (83.0%)
26	SIUDA Sebastian	11		M-40	26	00:00:14	00:22:49.00	00:23:03.10	+00:03:59 (17.5%)	4:33	13.1 (82.4%)
27	SZMELTER Michał	515		M-40	27	00:00:13	00:22:57.90	00:23:11.45	+00:04:08 (18.0%)	4:35	13.1 (82.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
28	MAZURKIEWICZ Piotr	101		M-40	28	00:00:28	00:23:12.50	00:23:40.80	+00:04:23 (18.9%)	4:38	12.9 (81.1%)
29	KLAJBOR Mariusz	373	TERENOWY ZAWRÓT GŁOWY	M-40	29	00:00:19	00:23:56.65	00:24:16.40	+00:05:07 (21.4%)	4:47	12.5 (78.6%)
30	LEWANDOWSKI Adam	159	COOKIEFRIENDSRUN	M-40	30	00:00:22	00:24:27.30	00:24:49.30	+00:05:38 (23.0%)	4:53	12.3 (77.4%)
31	ZIELIŃSKI Krzysztof	378		M-40	31	00:00:05	00:24:51.20	00:24:57.10	+00:06:02 (24.3%)	4:58	12.1 (76.1%)
32	JAWORSKI Krzysztof	464		M-40	32	00:00:30	00:25:11.10	00:25:41.40	+00:06:21 (25.3%)	5:02	11.9 (74.8%)
33	KLIMCZYK Marcin	241		M-40	33	00:00:44	00:25:17.35	00:26:02.20	+00:06:28 (25.6%)	5:03	11.9 (74.8%)
34	ZGÓRSKI Maciej	237	WKURW_TAEM	M-40	34	00:00:37	00:25:21.60	00:25:59.40	+00:06:32 (25.8%)	5:04	11.8 (74.2%)
35	JENERALSKI Maciej	517		M-40	35	00:00:32	00:25:29.80	00:26:02.35	+00:06:40 (26.2%)	5:06	11.8 (74.2%)
36	MANOWSKI Jarosław	419		M-40	36	00:00:08	00:25:43.95	00:25:52.60	+00:06:54 (26.9%)	5:08	11.7 (73.6%)
37	WOJCIECHOWSKI Jarosław	46		M-40	37	00:00:31	00:25:45.90	00:26:17.10	+00:06:56 (27.0%)	5:09	11.6 (73.0%)
38	KUBIAK Mirosław	97		M-40	38	00:01:01	00:25:56.05	00:26:57.20	+00:07:06 (27.4%)	5:11	11.6 (73.0%)
39	GUŹDZIÓŁ Jarek	467	WKURW_TEAM	M-40	39	00:00:17	00:25:57.30	00:26:15.15	+00:07:08 (27.5%)	5:11	11.6 (73.0%)
40	CHILLA Wiktor	77	-	M-40	40	00:01:01	00:26:13.90	00:27:15.10	+00:07:24 (28.3%)	5:14	11.4 (71.7%)
41	PALIGA Arkadiusz	370		M-40	41	00:00:41	00:26:16.80	00:26:58.15	+00:07:27 (28.4%)	5:15	11.4 (71.7%)
42	GULSKI Piotr	555		M-40	42	00:00:19	00:26:25.85	00:26:45.45	+00:07:36 (28.8%)	5:17	11.3 (71.1%)
43	DOLATA Rafał	93		M-40	43	00:00:00	00:26:39.75	00:26:39.75	+00:07:50 (29.4%)	5:19	11.3 (71.1%)
44	SKUBISZAK Jacek	422		M-40	44	00:00:19	00:26:49.60	00:27:08.85	+00:08:00 (29.8%)	5:21	11.2 (70.4%)
45	GIERSZ Krzysztof	430		M-40	45	00:00:50	00:26:53.65	00:27:43.95	+00:08:04 (30.0%)	5:22	11.2 (70.4%)
46	AUGUSTYNIAK Piotr	229		M-40	46	00:00:31	00:26:58.80	00:27:30.05	+00:08:09 (30.2%)	5:23	11.1 (69.8%)
47	ORZECHOWSKI Zbigniew	98		M-40	47	00:00:38	00:27:08.95	00:27:47.90	+00:08:19 (30.7%)	5:25	11 (69.2%)
48	ROGUSZCZAK Maciej	112		M-40	48	00:00:11	00:27:20.45	00:27:31.80	+00:08:31 (31.2%)	5:28	11 (69.2%)
49	BOROWICZ Jacek	631		M-40	49	00:00:31	00:27:32.20	00:28:03.75	+00:08:43 (31.7%)	5:30	10.9 (68.6%)
50	LIDKE Jacek	321		M-40	50	00:00:34	00:27:42.30	00:28:17.00	+00:08:53 (32.1%)	5:32	10.8 (67.9%)
51	MODRZEJEWSKI Wojciech	440	JW 3775 CHOJNICE	M-40	51	00:00:10	00:27:54.05	00:28:04.45	+00:09:04 (32.5%)	5:34	10.8 (67.9%)
52	WESOŁOWSKI Rafał	387	SZURUSIE TEAM	M-40	52	00:00:29	00:28:20.35	00:28:50.30	+00:09:31 (33.6%)	5:40	10.6 (66.7%)
53	CHROBAK Przemysław	157	ILO	M-40	53	00:00:27	00:28:21.75	00:28:49.55	+00:09:32 (33.6%)	5:40	10.6 (66.7%)
54	WITT Jacek	109		M-40	54	00:00:36	00:28:31.80	00:29:08.50	+00:09:42 (34.0%)	5:42	10.5 (66.0%)
55	PIETRASZAK Tomasz	543	RUN BYDGOSZCZ	M-40	55	00:00:49	00:29:00.30	00:29:49.85	+00:10:11 (35.1%)	5:48	10.3 (64.8%)
56	ASTUKIEWICZ Tomasz	17		M-40	56	00:00:11	00:29:47.90	00:29:59.55	+00:10:58 (36.8%)	5:57	10.1 (63.5%)
57	GUMIENNY Maciej	256		M-40	57	00:00:13	00:29:48.70	00:30:02.30	+00:10:59 (36.9%)	5:57	10.1 (63.5%)
58	DUSZYŃSKI Filip	43	AMATOR	M-40	58	00:00:10	00:29:52.65	00:30:03.35	+00:11:03 (37.0%)	5:58	10 (62.9%)
59	MICHALAK Piotr	204		M-40	59	00:00:46	00:29:52.90	00:30:39.80	+00:11:03 (37.0%)	5:58	10 (62.9%)
60	JAROSZEWSKI Wojciech	86	DEEP FOREST	M-40	60	00:00:20	00:30:02.40	00:30:22.45	+00:11:13 (37.4%)	6:00	10 (62.9%)
61	KNOP Krzysztof	495	STRONNO	M-40	61	00:00:37	00:30:06.60	00:30:43.90	+00:11:17 (37.5%)	6:01	10 (62.9%)
62	ŚLEDŹ Krzysztof	508		M-40	62	00:00:00	00:30:52.00	00:30:52.00	+00:12:02 (39.0%)	6:10	9.7 (61.0%)
63	JANKOWSKI Rafał	311		M-40	63	00:00:44	00:30:55.80	00:31:40.75	+00:12:06 (39.2%)	6:11	9.7 (61.0%)
64	KLINIKOWSKI Jacek	20	KOCHAM ŻYCIE I...	M-40	64	00:00:19	00:31:00.40	00:31:19.65	+00:12:11 (39.3%)	6:12	9.7 (61.0%)
65	SAWIEŁAJC Michał	145	MIKI72	M-40	65	00:00:38	00:31:18.40	00:31:56.45	+00:12:29 (39.9%)	6:15	9.6 (60.4%)
66	LEWANDOWSKI Piotr	178		M-40	66	00:00:40	00:31:23.45	00:32:03.80	+00:12:34 (40.0%)	6:16	9.6 (60.4%)
67	RACZYCKI Tomasz	138		M-40	67	00:00:47	00:32:04.05	00:32:51.65	+00:13:14 (41.3%)	6:24	9.4 (59.1%)
68	CHWIEDUK Jakub	259	GARDENFLORA MTB TEAM	M-40	68	00:00:51	00:32:11.00	00:33:02.80	+00:13:21 (41.5%)	6:26	9.3 (58.5%)
69	BŁASZCZYK Artur	403		M-40	69	00:00:11	00:32:23.85	00:32:35.25	+00:13:34 (41.9%)	6:28	9.3 (58.5%)
70	BOREK Marcin	251		M-40	70	00:00:50	00:32:44.25	00:33:34.60	+00:13:55 (42.5%)	6:32	9.2 (57.9%)
71	BUZALSKI Robert	382	ORANGE POLSKA	M-40	71	00:00:39	00:32:47.45	00:33:27.10	+00:13:58 (42.6%)	6:33	9.1 (57.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
72	BIAŁOWAŚ Grzegorz	342	L'ÉQUIPE DE CITROEN	M-40	72	00:00:31	00:32:56.80	00:33:28.00	+00:14:07 (42.9%)	6:35	9.1 (57.2%)
73	LEWANDOWSKI Robert	175	POMAGALSCY	M-40	73	00:00:08	00:33:01.25	00:33:09.50	+00:14:12 (43.0%)	6:36	9.1 (57.2%)
74	GABRIELSKI Dariusz	302	KLUB ZDROWIA	M-40	74	00:00:29	00:33:16.15	00:33:45.50	+00:14:26 (43.4%)	6:39	9 (56.6%)
75	STEFAŃSKI Dariusz	105	#WIĘCEJSPRZĘTUNIŻTALENTU	M-40	75	00:00:46	00:33:39.75	00:34:26.60	+00:14:50 (44.1%)	6:44	8.9 (56.0%)
76	JĘDRZEJCZYK Jacek	409		M-40	76	00:00:47	00:33:52.65	00:34:39.85	+00:15:03 (44.4%)	6:46	8.9 (56.0%)
77	TUROWSKI Grzegorz	615		M-40	77	00:00:02	00:34:22.20	00:34:25.00	+00:15:33 (45.2%)	6:52	8.7 (54.7%)
78	JANIK Mariusz	172	PROJECT SOCIETY	M-40	78	00:00:27	00:34:46.35	00:35:14.15	+00:15:57 (45.9%)	6:57	8.6 (54.1%)
79	BINIENDA Mateusz	453	BIMAT	M-40	79	00:00:41	00:36:02.70	00:36:44.30	+00:17:13 (47.8%)	7:12	8.3 (52.2%)
80	GIERSZEWSKI Przemysław	622		M-40	80	00:00:21	00:38:11.50	00:38:32.65	+00:19:22 (50.7%)	7:38	7.9 (49.7%)
81	MISZEWSKI Waldemar	498		M-40	81	00:00:35	00:39:09.15	00:39:44.75	+00:20:19 (51.9%)	7:49	7.7 (48.4%)
82	ŁUKASZEWSKI Jacek	429		M-40	82	00:00:49	00:42:23.20	00:43:12.60	+00:23:34 (55.6%)	8:28	7.1 (44.7%)
83	WRZESIŃSKI Tomasz	657		M-40	83	00:00:56	00:47:45.35	00:48:41.35	+00:28:56 (60.6%)	9:33	6.3 (39.6%)
84	KULASZEWSKI Radek	441	POWSINOZI	M-40	84	00:00:00	00:49:29.95	00:49:29.95	+00:30:40 (62.0%)	9:53	6.1 (38.4%)

Znaleziono 84 wynik(ów)