



III MIKOŁAJKOWY KROSS GÓRSKI Z KOMANDORKIEM U KANTEGO

B4SPORT

Wydarzenie: III MIKOŁAJKOWY KROSS GÓRSKI Z KOMANDORKIEM U KANTEGO
Organizator: Parafia pw. Św. Jana Kantego w Słupsku
Data: 2018-12-08
Miejsce: Słupsk
Dystans: 6 km

 **HERKULES**
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Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
1	TRZEBIATOWSKA Kinga	196		K-OPEN	1	00:31:18.85		5:13	11.5 (100%)
2	ADAMCZYK Małgorzata	1	ULKS 'TALEX' BORYSŁAW BORZYTUCHOM	K-OPEN	2	00:31:48.00	+00:00:29 (1.5%)	5:18	11.3 (98.3%)
3	ZAWIEROWSKA Ewelina	215	W.P.K SŁOŃ TEAM USTKA	K-OPEN	3	00:32:23.95	+00:01:05 (3.3%)	5:24	11.1 (96.5%)
4	RACZYŃSKA Anna	143	BALTIC SEALS	K-OPEN	4	00:33:12.15	+00:01:53 (5.7%)	5:32	10.8 (93.9%)
5	KĘSIK Agnieszka	43		K-OPEN	5	00:33:52.35	+00:02:33 (7.6%)	5:38	10.6 (92.2%)
6	CAŁKA Magdalena	21	NIGHT RUNNERS SŁUPSK	K-OPEN	6	00:33:54.10	+00:02:35 (7.6%)	5:39	10.6 (92.2%)
7	HERMAN Karina	57		K-OPEN	7	00:34:15.80	+00:02:56 (8.6%)	5:42	10.5 (91.3%)
8	DADACZ Malwina	28		K-OPEN	8	00:34:40.05	+00:03:21 (9.7%)	5:46	10.4 (90.4%)
9	LITWIN Barbara	114	STOPA SŁUPSK	K-OPEN	9	00:35:31.95	+00:04:13 (11.9%)	5:55	10.1 (87.8%)
10	ŻYCKA Ewelina	220		K-OPEN	10	00:36:39.50	+00:05:20 (14.6%)	6:06	9.8 (85.2%)
11	TRUSIAK Agnieszka	194	NIGHT RUNNERS SŁUPSK MUAY	K-OPEN	11	00:36:57.35	+00:05:38 (15.3%)	6:09	9.7 (84.3%)
12	NYK Marcin	77		K-OPEN	12	00:38:15.90	+00:06:57 (18.2%)	6:22	9.4 (81.7%)
13	KUL- MAŚLANKA Kinga	249		K-OPEN	13	00:38:22.35	+00:07:03 (18.4%)	6:23	9.4 (81.7%)
14	KOŚLA Justyna	88	NIGHT RUNNERS SŁUPSK	K-OPEN	14	00:38:54.95	+00:07:36 (19.5%)	6:29	9.3 (80.9%)
15	KRZYŻANEK Marta	103	MOCZYMORDY TEAM	K-OPEN	15	00:39:10.60	+00:07:51 (20.1%)	6:31	9.2 (80.0%)
16	ŁUBKOWSKA Magdalena	115		K-OPEN	16	00:39:14.75	+00:07:55 (20.2%)	6:32	9.2 (80.0%)
17	JAŹDŻEWSKA Elżbieta	62	BEST BEASTS	K-OPEN	17	00:39:26.95	+00:08:08 (20.6%)	6:34	9.1 (79.1%)
18	KANIA Aleksandra	71		K-OPEN	18	00:39:36.30	+00:08:17 (20.9%)	6:36	9.1 (79.1%)
19	KANIUK Maja	73		K-OPEN	19	00:40:07.60	+00:08:48 (22.0%)	6:41	9 (78.3%)
20	RUSZCZYŃSKA-PLUTA Kinga	153	VACU ACTIV GYM	K-OPEN	20	00:40:33.35	+00:09:14 (22.8%)	6:45	8.9 (77.4%)
21	WITKOWSKA Justyna	206		K-OPEN	21	00:40:54.50	+00:09:35 (23.5%)	6:49	8.8 (76.5%)
22	MROZIK Joanna	124		K-OPEN	22	00:41:00.90	+00:09:42 (23.7%)	6:50	8.8 (76.5%)
23	SZUMSKA Monika	187	NIGHT RUNNERS SŁUPSK	K-OPEN	23	00:41:06.00	+00:09:47 (23.8%)	6:51	8.8 (76.5%)
24	SAŁAJ Angelika	160	STAROSTWO POWIATOWE SŁUPSK	K-OPEN	24	00:41:25.35	+00:10:06 (24.4%)	6:54	8.7 (75.7%)
25	KONKOL Katarzyna	83		K-OPEN	25	00:41:30.00	+00:10:11 (24.5%)	6:55	8.7 (75.7%)
26	WIWSIOŁEK Urszula	35		K-OPEN	26	00:41:32.65	+00:10:13 (24.6%)	6:55	8.7 (75.7%)
27	PRZYCHOCKA Anna	232		K-OPEN	27	00:41:45.75	+00:10:26 (25.0%)	6:57	8.6 (74.8%)

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28	GRABOWSKA Kinga	46		K-OPEN	28	00:42:00.30	+00:10:41 (25.5%)	7:00	8.6 (74.8%)
29	BRODACKA Katarzyna	16		K-OPEN	29	00:42:01.50	+00:10:42 (25.5%)	7:00	8.6 (74.8%)
30	FRUBA Karina	39	STOPA SŁUPSK	K-OPEN	30	00:42:06.40	+00:10:47 (25.6%)	7:01	8.5 (73.9%)
31	URBAN Ewelina	197		K-OPEN	31	00:42:10.65	+00:10:51 (25.8%)	7:01	8.5 (73.9%)
32	WOŹNIAK Aleksandra	211		K-OPEN	32	00:42:22.30	+00:11:03 (26.1%)	7:03	8.5 (73.9%)
33	KONKEL Joanna	82	MKS 'ŚWIĘC' SŁAWNO	K-OPEN	33	00:43:12.40	+00:11:53 (27.5%)	7:12	8.3 (72.2%)
34	HARASIM Emila	55		K-OPEN	34	00:43:16.55	+00:11:57 (27.6%)	7:12	8.3 (72.2%)
35	GUTOWSKA-SZAPIEL Małgorzata	53		K-OPEN	35	00:43:20.35	+00:12:01 (27.7%)	7:13	8.3 (72.2%)
36	BORODZIUK Aneta	13	FIT MAMA	K-OPEN	36	00:43:20.80	+00:12:01 (27.8%)	7:13	8.3 (72.2%)
37	KIDO Aleksandra	80		K-OPEN	37	00:43:42.00	+00:12:23 (28.3%)	7:17	8.2 (71.3%)
38	BOGDANOWICZ Beata	11	BBL SŁUPSK	K-OPEN	38	00:43:53.75	+00:12:34 (28.7%)	7:19	8.2 (71.3%)
39	KRZACZKOWSKA Izabela	100		K-OPEN	39	00:44:59.20	+00:13:40 (30.4%)	7:29	8 (69.6%)
40	GRZEJSZCZYK Ewelina	51		K-OPEN	40	00:45:22.30	+00:14:03 (31.0%)	7:33	7.9 (68.7%)
41	DYMEK Mirella	33		K-OPEN	41	00:45:23.65	+00:14:04 (31.0%)	7:34	7.9 (68.7%)
42	BLUMCZYŃSKA Anna	10		K-OPEN	42	00:45:24.60	+00:14:05 (31.0%)	7:34	7.9 (68.7%)
43	GRAF Milena	247		K-OPEN	43	00:45:26.40	+00:14:07 (31.1%)	7:34	7.9 (68.7%)
44	GRAJCZAK Dagmara	47	PARAFIA EWANGELICKO-AUGSBURSKA W SŁUPSKU	K-OPEN	44	00:45:33.40	+00:14:14 (31.3%)	7:35	7.9 (68.7%)
45	GOŁGOWSKA Tamara	44		K-OPEN	45	00:45:33.90	+00:14:15 (31.3%)	7:35	7.9 (68.7%)
46	MARCZAK Małgorzata	5		K-OPEN	46	00:46:13.90	+00:14:55 (32.3%)	7:42	7.8 (67.8%)
47	SYCHLA Monika	171	VACU ACTIV GYM	K-OPEN	47	00:46:41.15	+00:15:22 (32.9%)	7:46	7.7 (67.0%)
48	KAJA Justyna	68	BEST BEASTS	K-OPEN	48	00:46:50.65	+00:15:31 (33.2%)	7:48	7.7 (67.0%)
49	ADAMCZYK Ewa	2	BEST BEASTS	K-OPEN	49	00:46:51.25	+00:15:32 (33.2%)	7:48	7.7 (67.0%)
50	LEWANDOWSKA Renata	110		K-OPEN	50	00:47:17.65	+00:15:58 (33.8%)	7:52	7.6 (66.1%)
51	MIRON Katarzyna	123		K-OPEN	51	00:47:18.55	+00:15:59 (33.8%)	7:53	7.6 (66.1%)
52	BUDZYŃSKA Elżbieta	19		K-OPEN	52	00:47:34.15	+00:16:15 (34.2%)	7:55	7.6 (66.1%)
53	CAŁKA Aneta	22		K-OPEN	53	00:47:40.85	+00:16:22 (34.3%)	7:56	7.5 (65.2%)
54	WOŹNIAK Dorota	210	GRZESŁAW IGMAR WPK SŁOŃ TEAM	K-OPEN	54	00:48:40.25	+00:17:21 (35.7%)	8:06	7.4 (64.3%)
55	SZLACHETKA Małgorzata	229		K-OPEN	55	00:49:26.20	+00:18:07 (36.7%)	8:14	7.3 (63.5%)
56	RAKOWSKA Katarzyna	144	W.P.K SŁOŃ TEAM USTKA	K-OPEN	56	00:50:37.10	+00:19:18 (38.1%)	8:26	7.1 (61.7%)
57	RYNG Kamila	157		K-OPEN	57	00:52:47.45	+00:21:28 (40.7%)	8:48	6.8 (59.1%)
58	ZIOBRO Joanna	218		K-OPEN	58	00:53:46.25	+00:22:27 (41.8%)	8:57	6.7 (58.3%)
59	KOWALCZYK Justyna	91	W.P.K SŁOŃ TEAM USTKA	K-OPEN	59	00:54:08.00	+00:22:49 (42.2%)	9:01	6.7 (58.3%)
60	KRYGIER Małgorzata	98	W.P.K SŁOŃ TEAM USTKA	K-OPEN	60	00:54:08.50	+00:22:49 (42.2%)	9:01	6.7 (58.3%)
61	SZMIGIERO Agnieszka	182	W.P.K SŁOŃ TEAM USTKA	K-OPEN	61	00:54:24.30	+00:23:05 (42.4%)	9:04	6.6 (57.4%)
62	SZCZYGIELSKA Izabela	175		K-OPEN	62	00:55:18.15	+00:23:59 (43.4%)	9:13	6.5 (56.5%)
63	SZCZYGIELSKA Monika	176		K-OPEN	63	00:55:23.15	+00:24:04 (43.5%)	9:13	6.5 (56.5%)

Znaleziono 63 wynik(ów)