



III MIKOŁAJKOWY KROSS NORDIC WALKING Z KOMANDORKIEM U KANTEGO

B4SPORT

Wydarzenie: III MIKOŁAJKOWY KROSS GÓRSKI Z KOMANDORKIEM U KANTEGO
Organizator: Parafia pw. Św. Jana Kantego w Słupsku
Data: 2018-12-08
Miejsce: Słupsk
Dystans: 5 km

 **HERKULES**
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Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	NACZK Wiktoria	127	DYNAMIC	K-OPEN	1	00:43:21.80		8:40	6.9 (100%)
2	WILKOŁEK-SZUDARSKA Saturnina	203	DWA KIJE SŁUPSK	K-OPEN	2	00:44:37.50	+00:01:15 (2.8%)	8:55	6.7 (97.1%)
3	SZAFRANIEC-JĘCEK Iwona	173		K-OPEN	3	00:47:42.60	+00:04:20 (9.1%)	9:32	6.3 (91.3%)
4	ZIĘBA Joanna	217		K-OPEN	4	00:48:56.25	+00:05:34 (11.4%)	9:47	6.1 (88.4%)
5	KUBIŃSKA Beata	104	NIGHT RUNNERS SŁUPSK	K-OPEN	5	00:49:53.40	+00:06:31 (13.1%)	9:58	6 (87.0%)
6	KOZŁOWIECKA Małgorzata	95		K-OPEN	6	00:49:56.55	+00:06:34 (13.2%)	9:59	6 (87.0%)
7	LEMAN Joanna	109		K-OPEN	7	00:50:10.80	+00:06:49 (13.6%)	10:02	6 (87.0%)
8	LEMAN Marta	108		K-OPEN	8	00:50:10.90	+00:06:49 (13.6%)	10:02	6 (87.0%)
9	KOCH Katarzyna	81		K-OPEN	9	00:54:28.65	+00:11:06 (20.4%)	10:53	5.5 (79.7%)
10	SZNIGIREWICZ Beata	183		K-OPEN	10	00:54:29.15	+00:11:07 (20.4%)	10:53	5.5 (79.7%)
11	PIEKARSKA Aneta	136		K-OPEN	11	00:54:30.30	+00:11:08 (20.4%)	10:54	5.5 (79.7%)
12	PRZYPOLSKA Dorota	223		K-OPEN	12	00:54:46.00	+00:11:24 (20.8%)	10:57	5.5 (79.7%)
13	SZMIGIERO Adrianna	181	W.P.K.SŁOŃ TEAM	K-OPEN	13	00:54:56.55	+00:11:34 (21.1%)	10:59	5.5 (79.7%)
14	STĘPNIEWSKA Agnieszka	166		K-OPEN	14	00:55:01.75	+00:11:39 (21.2%)	11:00	5.5 (79.7%)
15	KOWALSKA Longina	92	DWA KIJE SŁUPSK	K-OPEN	15	00:55:17.55	+00:11:55 (21.6%)	11:03	5.4 (78.3%)
16	JAWORSKA Ewa	61		K-OPEN	16	00:55:22.20	+00:12:00 (21.7%)	11:04	5.4 (78.3%)
17	PŁATWA Joanna	140		K-OPEN	17	00:57:04.70	+00:13:42 (24.0%)	11:25	5.3 (76.8%)
18	JAREMCZAK Renata	59		K-OPEN	18	00:58:27.30	+00:15:05 (25.8%)	11:41	5.1 (73.9%)
19	GAŁAN Martyna	135		K-OPEN	19	00:58:28.00	+00:15:06 (25.8%)	11:41	5.1 (73.9%)
20	ZIĘBA Alicja	239		K-OPEN	20	00:58:29.80	+00:15:08 (25.9%)	9:45	6.2 (89.9%)
21	DEUS- KOPKA Anna	235		K-OPEN	21	00:58:55.15	+00:15:33 (26.4%)	9:49	6.1 (88.4%)
22	BIAŁEK Zuzia	9		K-OPEN	22	00:59:36.85	+00:16:15 (27.3%)	11:55	5 (72.5%)
23	SALWOWSKA Anna	159		K-OPEN	23	00:59:38.70	+00:16:16 (27.3%)	11:55	5 (72.5%)
24	WYKA Monika	212		K-OPEN	24	01:04:35.55	+00:21:13 (32.9%)	12:55	4.6 (66.7%)
25	ROBAK Iwona	146		K-OPEN	25	01:04:37.60	+00:21:15 (32.9%)	12:55	4.6 (66.7%)
26	ROZPIERSKA Klaudia	149		K-OPEN	26	01:06:08.20	+00:22:46 (34.4%)	13:13	4.5 (65.2%)

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27	KOT Iwona	90	KOT TEAM	K-OPEN	27	01:07:26.25	+00:24:04 (35.7%)	13:29	4.4 (63.8%)
28	ROZWADOWSKA Marta	150	NIGHT RUNNERS SŁUPSK	K-OPEN	28	01:09:26.10	+00:26:04 (37.5%)	13:53	4.3 (62.3%)
29	MOCZULEWSKA Agnieszka	244		K-OPEN	29	01:13:51.60	+00:30:29 (41.3%)	14:46	4.1 (59.4%)
30	SULL Agnieszka	170	NIGHT RUNNERS SŁUPSK	K-OPEN	30	01:14:37.60	+00:31:15 (41.9%)	14:55	4 (58.0%)
31	SULL Joanna	169	NIGHT RUNNERS SŁUPSK	K-OPEN	31	01:14:37.95	+00:31:16 (41.9%)	14:55	4 (58.0%)
32	MAJKOWSKA Magdalena	118		K-OPEN	32	01:14:39.15	+00:31:17 (41.9%)	14:55	4 (58.0%)
33	DAMPS Julita	29	NIGHT RUNNERS SŁUPSK	K-OPEN	33	01:14:45.80	+00:31:24 (42.0%)	14:57	4 (58.0%)

Znaleziono 33 wynik(ów)