



**Wydarzenie:** Weekend sportowy - Ostromecko, Dąbrowa  
Chełmińska  
**Organizator:** Ludowy Klub Sportowy Ostromecko  
**Data:** 2023-09-30  
**Miejsce:** Ostromecko  
**Dystans:** 27.5 km

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec		Bieg 5		Rower		Czas		Różn	Tempo min/km	Tempo km/h	
						Gminy Dąbrowa	Gravel	5km	5.05km	20 25km	25.05km	netto 27.5km	brutto 27.5km				
1	<b>KOTŁOWSKI Bartosz</b>	<b>539</b>	LKS OSTROMECKO	M30	1	Tak			00:16:45	00:17:38	01:05:20	01:06:08	<b>01:15:06.30</b>	<b>01:15:06.30</b>		2:43	22 (100%)
2	<b>GÓRNIAK Michał</b>	<b>35</b>	RYBCZYŃSKI KLUB POZNAŃ	M30	2				00:19:15	00:20:10	01:07:25	01:07:59	<b>01:19:03.25</b>	<b>01:19:03.25</b>	+00:03:56 (5.0%)	2:52	20.9 (95.0%)
3	<b>BASIŃSKI Łukasz</b>	<b>560</b>		M30	3				00:19:34	00:20:08	01:16:22	01:17:07	<b>01:27:46.55</b>	<b>01:27:46.55</b>	+00:12:40 (14.4%)	3:11	18.8 (85.5%)
4	<b>SOBIECHOWSKI Andrzej</b>	<b>64</b>	MTB FORDON	M30	4				00:22:32	00:24:34	01:16:25	01:17:38	<b>01:29:48.65</b>	<b>01:29:48.65</b>	+00:14:42 (16.4%)	3:15	18.4 (83.6%)
5	<b>OZIMKIEWICZ Robert</b>	<b>515</b>		M30	5	Tak			00:20:25	00:21:26	01:20:11	01:20:41	<b>01:32:19.55</b>	<b>01:32:19.55</b>	+00:17:13 (18.7%)	3:21	17.9 (81.4%)
6	<b>DULAT Roland</b>	<b>56</b>	LKS OSTROMECKO	M30	6				00:21:48	00:22:28	01:21:57	01:22:38	<b>01:33:57.90</b>	<b>01:33:57.90</b>	+00:18:51 (20.1%)	3:24	17.6 (80.0%)
7	<b>KUCZMA Bartek</b>	<b>63</b>	MTB FORDON	M30	7				00:23:53	00:25:29	01:20:26	01:21:28	<b>01:34:25.80</b>	<b>01:34:25.80</b>	+00:19:19 (20.5%)	3:26	17.5 (79.5%)
8	<b>LASKOWSKI Bartosz</b>	<b>548</b>		M30	8				00:22:36	00:23:38	01:23:07	01:24:00	<b>01:36:03.80</b>	<b>01:36:03.80</b>	+00:20:57 (21.8%)	3:29	17.2 (78.2%)
9	<b>SZCZEŚNIAK Szymon</b>	<b>59</b>	SUCHOLESKIE NIEDŹWIEDZIE	M30	9				00:20:23	00:21:15	01:25:59	01:26:42	<b>01:37:30.35</b>	<b>01:37:30.35</b>	+00:22:24 (23.0%)	3:32	16.9 (76.8%)
10	<b>ŚLEFARSKI Jacek</b>	<b>552</b>		M30	10				00:20:08	00:21:12	01:25:35	01:26:34	<b>01:37:57.50</b>	<b>01:37:57.50</b>	+00:22:51 (23.3%)	3:33	16.8 (76.4%)
11	<b>ŚLIWIŃSKI Mariusz</b>	<b>555</b>	BMJ EQUIP MARIUSZ ŚLIWIŃSKI	M30	11	Tak			00:23:17	00:24:00	01:25:03	01:25:41	<b>01:38:26.10</b>	<b>01:38:26.10</b>	+00:23:19 (23.7%)	3:34	16.8 (76.4%)
12	<b>GOŹDZIK Tomasz</b>	<b>547</b>	UKS KOPERNIK BYDGOSZCZ	M30	12				00:22:37	00:23:22	01:25:02	01:25:42	<b>01:38:37.95</b>	<b>01:38:37.95</b>	+00:23:31 (23.9%)	3:35	16.7 (75.9%)
13	<b>ZIÓŁKOWSKI Włodek</b>	<b>11</b>		M30	13				00:20:04	00:21:23	01:27:29	01:28:27	<b>01:39:44.65</b>	<b>01:39:44.65</b>	+00:24:38 (24.7%)	3:37	16.5 (75.0%)
14	<b>KOZAK Krzysztof</b>	<b>42</b>	BB ACTIVE TEAM	M30	14				00:24:16	00:25:37	01:25:50	01:27:25	<b>01:40:19.00</b>	<b>01:40:19.00</b>	+00:25:12 (25.1%)	3:38	16.4 (74.5%)
15	<b>WESTFALEWSKI Tomek</b>	<b>52</b>	LKS BOGMAR OSTROMECKO	M30	15	Tak			00:23:07	00:24:21	01:27:45	01:28:27	<b>01:40:45.35</b>	<b>01:40:45.35</b>	+00:25:39 (25.5%)	3:39	16.4 (74.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec		Bieg 5		Rower		Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa	Gravel	5km	5.05km	20	25km	25.05km	27.5km			
16	<b>PIĘTA Bartosz</b>	<b>38</b>		M30	16			00:26:06	00:27:02	01:27:54	01:28:48	<b>01:43:35.65</b>	<b>01:43:35.65</b>	+00:28:29 (27.5%)	3:46	15.9 (72.3%)
17	<b>RUCIŃSKI Tymon</b>	<b>537</b>	TEAM OCHAL	M30	17			00:20:38	00:21:32	01:32:16	01:33:38	<b>01:43:49.10</b>	<b>01:43:49.10</b>	+00:28:42 (27.7%)	3:46	15.9 (72.3%)
18	<b>STĘPNIOWSKI Michał</b>	<b>68</b>		M30	18			00:24:46	00:26:10	01:32:33	01:33:29	<b>01:49:00.75</b>	<b>01:49:00.75</b>	+00:33:54 (31.1%)	3:57	15.1 (68.6%)
19	<b>POCWIARDOWSKI Marcin</b>	<b>70</b>		M30	19			00:23:14	00:24:07	01:35:48	01:36:31	<b>01:51:20.10</b>	<b>01:51:20.10</b>	+00:36:13 (32.5%)	4:02	14.8 (67.3%)
20	<b>OLĘDZKI Stanisław</b>	<b>55</b>	MTB FORDON	M30	20			00:26:04	00:28:33	01:35:04	01:36:30	<b>01:52:24.45</b>	<b>01:52:24.45</b>	+00:37:18 (33.2%)	4:05	14.7 (66.8%)
21	<b>TOMASZEWSKI Tomasz</b>	<b>76</b>	BOGMAR OSTROMECKO	M30	21			00:25:31	00:26:58	01:38:50	01:40:03	<b>01:57:16.10</b>	<b>01:57:16.10</b>	+00:42:09 (36.0%)	4:15	14.1 (64.1%)
22	<b>KOZIOŁ Łukasz</b>	<b>19</b>		M30	22			00:25:11	00:26:02	01:47:49	01:48:31	<b>02:01:11.75</b>	<b>02:01:11.75</b>	+00:46:05 (38.0%)	4:24	13.6 (61.8%)
23	<b>GRUSZCZYŃSKI Paweł</b>	<b>89</b>		M30	23			00:27:07	00:28:43	01:43:13	01:44:36	<b>02:01:39.15</b>	<b>02:01:39.15</b>	+00:46:32 (38.3%)	4:25	13.6 (61.8%)
24	<b>KNAPIAK Andrzej</b>	<b>57</b>		M30	24			00:27:14	00:29:31	01:44:47	01:46:03	<b>02:02:11.75</b>	<b>02:02:11.75</b>	+00:47:05 (38.5%)	4:26	13.5 (61.4%)
25	<b>OSTROWSKI Szymon</b>	<b>22</b>	TEAMZABIEGANEDNI	M30	25			00:28:03	00:28:53	01:47:45	01:48:36	<b>02:04:13.35</b>	<b>02:04:13.35</b>	+00:49:07 (39.5%)	4:31	13.3 (60.5%)
26	<b>PERLIŃSKI Damian</b>	<b>536</b>	AVIAF TEAM	M30	26	Tak		00:30:14	00:31:58	01:51:48	01:53:10	<b>02:09:46.55</b>	<b>02:09:46.55</b>	+00:54:40 (42.1%)	4:43	12.7 (57.7%)
27	<b>NOWAKOWSKI Łukasz</b>	<b>53</b>	STRAŻ MIEJSKA BYDGOSZCZ	M30	27			00:28:34	00:30:11	01:55:47	01:56:39	<b>02:13:52.55</b>	<b>02:13:52.55</b>	+00:58:46 (43.9%)	4:52	12.3 (55.9%)
28	<b>MALICKI Łukasz</b>	<b>87</b>		M30	28			00:32:41	00:34:20	02:17:22	02:18:41	<b>02:39:53.10</b>	<b>02:39:53.10</b>	+01:24:46 (53.0%)	5:48	10.3 (46.8%)

Znaleziono 28 wynik(ów)