



III PÓŁMARATON GLIWICKI

B4SPORT

Organizator: Fundacja Bieg Rzeźnika
Data: 2016-10-23
Miejsce: Gliwice
Dystans: 21.1 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 19,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
DQ	LEGIEŻYŃSKI Krzysztof	45	KATAGURUME	M-30	DQ	DQ	00:24:04	DQ	00:48:09
2	STARŻYŃSKI Andrii	487	KLEMENTYNKA	M-20	00:00:01	00:16:03	00:32:28	00:49:00	01:03:29
3	CIEPLAK Marcin	11	TL ROW RYBNIK	M-20	00:00:01	00:16:58	00:33:46	00:50:31	01:05:13
4	NAGIZNJAK Wiktor	56	IKB RUDNIK	M-20	00:00:00	00:16:23	00:33:25	00:50:32	01:05:14
5	KAWIK Tomasz	1049	INŻYNIERIA BIEGANIA / NIEWYMIĘKACZE	M-20	00:00:01	00:17:04	00:34:16	00:51:25	01:06:45
6	GRAJCAR Łukasz	1181	CKS BUDOWLANI CZĘSTOCHOWA	M-20	00:00:01	00:16:42	00:34:02	00:52:01	01:07:40
7	FORMICKI Rafał	450		M-20	00:00:01	00:17:04	00:34:31	00:52:24	01:08:12
8	GORTEL-MACIUK Agnieszka	1506	NIEWYMIĘKACZE	K-30	00:00:02	00:17:54	00:35:54	00:54:05	01:10:05
9	RZEPKA Bernard	805	#SOBASTEAM	M-40	00:00:02	00:18:05	00:36:41	00:55:31	01:11:57
10	ŻABA Marek	1019	TRIATHLON X-TEAM	M-30	00:00:03	00:18:09	00:36:57	00:55:52	01:12:18
11	PAWEŁCZAK Mateusz	434	KB FLORIAN ZAJĄCZKI DRUGIE	M-20	00:00:01	00:17:39	00:35:58	00:55:33	01:12:51
12	KUCHARSKA Ewa	1310		K-30	00:00:01	00:18:54	00:38:01	00:56:43	01:12:55
13	MUSKIETORZ Piotr	517		M-20	00:00:02	00:18:11	00:37:44	00:56:45	01:13:30
14	SZCZECIŃSKI Maciej	1024		M-30	00:00:03	00:19:24	00:38:38	00:57:37	01:13:42
15	BOCHEŃSKI Grzegorz	90	SBRT GLIWICE	M-40	00:00:03	00:18:49	00:37:47	00:56:56	01:13:58
16	NOWICKI Michał	669	KW GLIWICE	M-16	00:00:03	00:19:19	00:38:37	00:57:45	01:14:11
17	ŚLIWIŃSKI Piotr	252	OPEL ACTIVE TEAM GLIWICE	M-30	00:00:01	00:18:16	00:37:26	00:57:05	01:14:26
18	NAGIRNIAK Natalia	496	LKB RUDNIK	K-20	00:00:02	00:18:44	00:37:48	00:56:53	01:14:37
19	FLIEGERT Mateusz	1222	SBRT GLIWICE	M-20	00:00:04	00:20:10	00:39:52	00:58:29	01:14:56
20	KULIG Rafał	28	6BPD	M-30	00:00:06	00:19:21	00:38:42	00:58:14	01:15:07
21	KŁĘBEK Kamil	1182	AWF KATOWICE	M-20	00:00:03	00:18:44	00:38:11	00:58:00	01:15:21
22	MATLOK Marek	859	BIEGAJ Z PILECKIM	M-40	00:00:03	00:19:19	00:39:00	00:58:28	01:15:27
23	RAJEK Sebastian	1145		M-40	00:00:02	00:18:40	00:38:21	00:58:18	01:15:37
24	LUBNAU Marek	1203	HARPAGAN SOSNOWIEC	M-50	00:00:02	00:19:36	00:39:10	00:58:49	01:15:43
25	KRZAK Robert	1312	AUTHOR BICYCLES	M-50	00:00:01	00:19:36	00:39:16	00:58:51	01:15:51
26	BUDKA Borys	4	SEJM RP	M-30	00:00:01	00:19:36	00:39:16	00:58:52	01:15:52
27	ROGACZ Piotr	583	SZAKALE	M-30	00:00:05	00:19:23	00:39:09	00:58:50	01:16:25
28	POŚNIAK Tomasz	600	ISTA BIEGAMY	M-20	00:00:02	00:19:40	00:39:30	00:59:18	01:16:43

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
29	HETMAN Radosław	662	GRUPA NOMAX	M-30	00:00:05	00:20:09	00:39:52	00:59:30	01:16:48
30	PLOCH Jakub	229	NIGHT RUNNERS ZABRZE	M-20	00:00:02	00:19:21	00:39:47	01:00:08	01:17:40
31	NIESLON Marek	603		M-30	00:00:36	00:20:42	00:40:46	01:00:32	01:17:48
32	GICZEWSKI Grzegorz	839	MIECHOWICKA GRUPA BIEGOWA	M-50	00:00:09	00:20:33	00:40:55	01:00:55	01:17:52
33	SZECÓWKA Aneta	687		K-30	00:00:06	00:19:38	00:39:56	01:00:11	01:17:55
34	SPYCHALSKI Adam	1204		M-40	00:00:03	00:19:46	00:40:03	01:00:18	01:17:57
35	HOZAKOWSKI Marcin	860		M-20	00:00:04	00:20:38	00:40:55	01:00:59	01:17:58
36	SZWEDA Piotr	778	MIECHOWICKA GRUPA BIEGOWA	M-40	00:00:09	00:20:32	00:40:36	01:00:46	01:18:18
37	STACHURA Mateusz	1213	SBRT GLIWICE	M-20	00:00:03	00:18:11	00:39:19	01:00:13	01:18:23
38	KRZESIAK Marcin	852		M-30	00:00:05	00:20:05	00:40:47	01:01:01	01:18:27
39	WOLNY Krzysztof	358		M-30	00:00:03	00:20:24	00:40:51	01:01:03	01:18:31
40	DUŻNIAK Dominik	166	STEP-DANCE RUN	M-30	00:00:02	00:19:41	00:40:01	01:00:25	01:18:33
41	PIEKARCZYK Sławomir	650	UNIwersytet Śląski	M-20	00:00:05	00:19:44	00:40:04	01:00:31	01:18:35
42	GROŃ Krystian	1043		M-20	00:00:06	00:20:08	00:40:16	01:00:40	01:18:38
43	SLADEK Dawid	210		M-20	00:00:05	00:19:52	00:40:24	01:00:56	01:18:55
44	SZCZESNY Damian	1142	WIELUŃ BIEGA	M-30	00:00:07	00:20:10	00:40:38	01:00:59	01:19:14
45	BIALIK Marcin	971		M-20	00:00:03	00:19:33	00:40:02	01:01:06	01:19:28
46	PETRUS Łukasz	1117		M-30	00:06:20	00:20:13	00:40:45	01:01:18	01:19:31
47	ORZECHOWSKI Arkadiusz	794	MIECHOWICKA GRUPA BIEGOWA	M-40	00:00:08	00:20:33	00:41:09	01:01:39	01:19:42
48	WYLEŻAŁEK Alina	438	NIGHT RUNNERS GLIWICE	K-30	00:00:06	00:20:36	00:41:26	01:02:09	01:20:09
49	WALKOWIAK Artur	634	UCIEKAM PRZED DOBRĄ ZMIANĄ	M-40	00:00:05	00:20:07	00:40:48	01:01:22	01:20:13
50	LIGOCKI Michał	959	CHOP ZE ŻELAZA TRI TEAM	M-30	00:00:03	00:20:34	00:41:21	01:02:08	01:20:22
51	OŚLIZŁO Tomasz	1132		M-20	00:00:04	00:21:21	00:42:32	01:02:52	01:20:22
52	BIŃCZYK Dariusz	821	ZABIEGANI CZĘSTOCHOWA	M-30	00:00:04	00:20:41	00:41:30	01:02:13	01:20:22
53	BAGAN Grzegorz	12	GOGGLE PAE TEAM	M-40	00:00:03	00:19:53	00:40:26	01:01:54	01:20:26
54	MAŁKA Bartosz	152		M-30	00:00:04	00:20:27	00:41:21	01:02:11	01:20:27
55	JACHYMEK Bartłomiej	1076	JACEKBIEGA RUNNING TEAM	M-40	00:00:05	00:20:56	00:41:45	01:02:41	01:20:36
56	MATERLA Marek	196	ZRYW SŁUPSKO	M-30	00:00:06	00:20:36	00:41:29	01:02:23	01:20:38
57	BĄBSKI Szymon	872	KS HALNY WĘGIERSKA GÓRKA	M-30	00:00:12	00:20:54	00:41:51	01:02:43	01:20:40
58	PACZKA Michał	1299		M-40	00:00:10	00:20:35	00:41:49	01:02:53	01:20:46
59	MAŚCIBRZUCH Marcin	273		M-20	00:00:07	00:21:06	00:42:07	01:02:58	01:20:48
60	SKRZYDELSKI Tomasz	1023		M-20	00:00:33	00:20:40	00:41:14	01:02:02	01:20:48
61	HOŁDA Marek	1510		M-20	00:00:05	00:21:09	00:42:07	01:02:59	01:20:51
62	SKORUPKA Adam	575	III LO IM. WINCENTEGO STYCZYŃSKIEGO	M-16	00:00:08	00:20:53	00:42:07	01:02:59	01:20:53
63	BOGUS Bartosz	228		M-20	00:00:06	00:21:07	00:42:08	01:02:59	01:21:00
64	WYŁUPEK Tomasz	812	SZAKALE	M-40	00:00:09	00:21:14	00:42:21	01:03:06	01:21:06
65	KOCZUR Tamara	1085		K-30	00:00:06	00:20:25	00:41:29	01:02:39	01:21:07
66	KUPIJAJ Marcin	410	SOCIOS GÓRNIK	M-20	00:00:30	00:20:44	00:41:43	01:02:36	01:21:09
67	WIECHUŁA Marcin	169		M-30	00:00:06	00:20:02	00:40:56	01:02:20	01:21:12
68	ŚWIDA Adam	1514	TRIDEA TEAM	M-30	00:00:07	00:21:15	00:42:19	01:03:01	01:21:17
69	CYROŃ Adrian	1122		M-30	00:00:07	00:21:15	00:42:18	01:03:11	01:21:18
70	DWORNICZAK Łukasz	716		M-30	00:00:07	00:20:52	00:42:06	01:02:59	01:21:37
71	POLACZEK Alexander	405		M-40	00:00:04	00:20:11	00:40:55	01:02:18	01:21:39
72	GRZYB Dariusz	894	BRAK	M-40	00:00:08	00:20:35	00:42:06	01:03:00	01:21:56
73	SARNECKI Adam	801		M-30	00:00:12	00:21:03	00:42:03	01:03:11	01:22:11

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
74	RUDKO Michał	544	KLUCZBORSKA GRUPA BIEGOWA	M-20	00:00:05	00:19:33	00:40:06	01:01:43	01:22:20
75	WOLNY Dariusz	336	LIDEON	M-30	00:00:06	00:20:55	00:42:08	01:03:13	01:22:25
76	KILIŃSKI Jacek	1238		M-40	00:00:02	00:19:31	00:40:46	01:02:47	01:22:31
77	LASKOWSKI Tomasz	118	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:07	00:20:54	00:42:03	01:03:21	01:22:35
78	NOGAJ Janusz	1037	OCHAJORUN & FRIENDS	M-30	00:00:08	00:21:09	00:42:11	01:03:31	01:22:35
79	PYSZ Grzegorz	396	HR MAX ŻORY	M-40	00:00:10	00:20:32	00:41:24	01:02:42	01:22:36
80	PAWLIK Marek	192	ATHLETICS NYSA	M-40	00:00:06	00:21:22	00:42:43	01:04:09	01:22:41
81	LEWICKI Tomasz	15	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:07	00:20:45	00:42:03	01:03:30	01:22:44
82	CHOMIK Rafał	869	T2 TRIATHLON TEAM	M-30	00:00:03	00:19:42	00:40:57	01:02:55	01:22:53
83	OKOŃ Łukasz	226		M-30	00:00:08	00:20:37	00:42:15	01:03:58	01:23:04
84	SAP Karolina	355	NR GLIWICE	K-20	00:00:07	00:20:54	00:42:15	01:04:05	01:23:09
85	GŁUSZAK Adam	721		M-30	00:00:59	00:21:21	00:42:40	01:04:10	01:23:14
86	JAWOROWSKI Witold	774	AMATOR	M-50	00:00:13	00:21:38	00:43:25	01:04:56	01:23:16
87	OŚLIZŁO Marcin	1157	31 URODZINY:)	M-30	00:00:04	00:21:21	00:42:32	01:04:00	01:23:17
88	BOSAK Sławomir	760	BIŁGORAJ BIEGA	M-40	00:00:21	00:21:07	00:42:49	01:04:17	01:23:23
89	BIELECKI Krzysztof	939		M-30	00:00:10	00:21:22	00:42:53	01:04:17	01:23:25
90	RODAK Piotr	298	MZT	M-50	00:00:10	00:21:54	00:43:49	01:05:05	01:23:29
91	HOŁA Paweł	1183	BTM RUNNERS	M-30	00:00:09	00:21:16	00:42:31	01:04:04	01:23:31
92	SURMA Jakub	1263		M-20	00:00:58	00:20:54	00:42:40	01:04:15	01:23:32
93	BAK Henryk	960		M-40	00:01:24	00:21:21	00:43:12	01:04:48	01:23:46
94	CISZEWSKI Wojciech	957		M-40	00:00:04	00:20:11	00:41:43	01:04:41	01:23:50
95	CZABAŃSKI Rafał	259	RUNHOGS TYCHY	M-30	00:00:09	00:21:41	00:43:33	01:05:08	01:23:57
96	WÓJCIK Dariusz	1156		M-40	00:00:10	00:21:07	00:42:52	01:04:23	01:24:11
97	STASIAK Mirosław	588	NIGHT RUNNERS GLIWICE	M-30	00:00:30	00:21:11	00:42:26	01:05:06	01:24:19
98	KRÓL Dariusz	449	SPELEOKLUB DĄBROWA GÓRNICZA	M-30	00:00:40	00:22:00	00:44:16	01:05:46	01:24:27
99	SKWORC Grzegorz	1013	NIGHT RUNNERS GLIWICE	M-20	00:00:03	00:20:22	00:42:35	01:05:12	01:24:30
100	OLESIŃSKI Tomasz	374		M-40	00:00:10	00:21:22	00:42:52	01:04:45	01:24:32
101	KROCZEK Andrzej	1061		M-40	00:00:53	00:22:34	00:44:16	01:05:40	01:24:35
102	FALKENBERG Ludwik	41	RUN-LOG.COM	M-40	00:00:21	00:21:14	00:42:59	01:04:58	01:24:36
103	LATOŃ Adam	748		M-30	00:00:08	00:21:35	00:43:46	01:05:43	01:24:37
104	IMAŃSKI Grzegorz	1136		M-40	00:00:08	00:21:20	00:42:59	01:05:00	01:24:44
105	KRĘŻOŁEK Daniel	741		M-30	00:00:25	00:22:11	00:44:02	01:05:51	01:24:52
106	CHROBOK Łukasz	165	NIGHT RUNNERS ZABRZE	M-30	00:00:12	00:21:35	00:43:41	01:05:45	01:24:59
107	WALIGÓRSKI Robert	633	PARKRUN KĘDZIERZYN-KOŻŁE	M-40	00:00:07	00:21:18	00:42:58	01:04:58	01:25:08
108	SŁOMCZYŃSKI Bartosz	694	10 BLOG	M-30	00:00:09	00:21:54	00:43:52	01:05:47	01:25:16
109	KOWALCZYK Adam	1025	STS BIEGATON	M-40	00:00:08	00:21:32	00:43:40	01:05:50	01:25:21
110	ZWOLAK Tomasz	190	NIGHT RUNNERS ZABRZE	M-30	00:00:12	00:21:34	00:43:42	01:05:45	01:25:22
111	WIECZOREK Andrzej	768	HASIOK	M-30	00:00:10	00:21:57	00:44:15	01:06:07	01:25:23
112	FIJAŁKOWSKI Paweł	936	KALINOWSKI TEAM	M-30	00:00:19	00:22:15	00:44:30	01:06:16	01:25:23
113	ŁUSZCZ Remigiusz	589	NASNIEDOGONIAT	M-16	00:00:47	00:20:12	00:41:02	01:03:33	01:25:29
114	BEŚKA Sławomir	183	OCHAJORUN & FRIENDS	M-40	00:00:08	00:21:10	00:43:14	01:05:28	01:25:33
115	RACZEK Sławomir	46	KELLER TEAM	M-30	00:00:06	00:21:09	00:43:03	01:05:31	01:25:38
116	GRAMATYKA Jan	729		M-30	00:00:16	00:22:05	00:44:17	01:06:16	01:25:38
117	HRYSZKO Kazimierz	1170	40-LATEK TYCHY	M-50	00:00:22	00:23:00	00:44:59	01:06:41	01:25:38
118	RZEPKA Piotr	564	PARKRUN KATOWICE	M-20	00:00:29	00:22:20	00:44:27	01:06:28	01:25:39

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119	FIELHAUER Mateusz	673	KP PSP RACIBÓRZ / EASY RUN	M-20	00:00:11	00:21:59	00:44:12	01:06:07	01:25:44
120	STAROSTKA Jacek	1089	PKO BANK POLSKI BIEGAJMY RAZEM	M-40	00:00:07	00:21:41	00:43:33	01:05:26	01:25:46
121	KANIA Michał	325		M-40	00:00:04	00:21:39	00:44:00	01:06:13	01:25:48
122	PTAK Krzysztof	777	HR MAX ŻORY	M-30	00:00:12	00:22:09	00:44:22	01:06:16	01:25:57
123	OZYP Mariusz	1288	MOMO RESTAURANT & COCKTAIL BAR	M-20	00:00:03	00:21:54	00:44:13	01:06:18	01:25:58
124	BEHRENDT Jakub	931	KB LECE BO CHCE	M-40	00:00:08	00:21:10	00:43:38	01:06:15	01:25:59
125	STAWARCZYK Krystian	840	OPEL ACTIVE TEAM	M-30	00:00:08	00:21:55	00:44:13	01:06:26	01:26:00
126	DĄBROWSKI Piotr	1131	BIEGOWA ŚWIDNICA	M-30	00:00:38	00:21:56	00:44:11	01:06:30	01:26:04
127	MICHALSKI Jarosław	832	HETMAN TARNOWSKIE GÓRY	M-30	00:00:05	00:21:12	00:43:07	01:05:47	01:26:07
128	FOJCIK Rafał	411	OPEL ACTIV TEAM	M-30	00:00:19	00:21:29	00:43:35	01:06:03	01:26:09
129	DOMAŃSKI Marcin	83	BFRT & LAUF TEAM THIESEN	M-40	00:00:14	00:21:43	00:43:49	01:06:28	01:26:11
130	WANIEWSKI Michał	250		M-30	00:00:18	00:22:47	00:45:14	01:06:59	01:26:13
131	ŁUKASZEK Grzegorz	1230		M Open	00:00:10	00:21:57	00:44:42	01:07:01	01:26:16
132	SOSNA Adrian	1000		M-30	00:00:10	00:21:57	00:44:42	01:07:01	01:26:17
133	KACZOR Sebastian	845	MIĘDZYGALAKTYCZNY KLUB ROZBIEGANYCH KACZEK	M-40	00:00:14	00:22:39	00:45:16	01:07:17	01:26:17
134	ŚLIWA Paweł	908		M-20	00:00:14	00:23:02	00:45:15	01:07:16	01:26:17
135	KUCHNIA Krzysztof	909	TS REGLE SZKLARSKA PORĘBA	M-50	00:00:09	00:22:04	00:44:50	01:07:03	01:26:19
136	CHRAPKOWICZ Damian	365	304	M-20	00:00:37	00:22:11	00:44:18	01:06:29	01:26:19
137	KARGÓL Rafał	658	LOGTECH TEAM RADZIONKÓW	M-30	00:00:17	00:23:26	00:45:56	01:07:36	01:26:26
138	WAWRZAK Ryszard	1515	SBRT	M-40	00:00:16	00:21:27	00:43:42	01:06:24	01:26:36
139	KOWOLIK Łukasz	994	AMATOR	M-20	00:00:20	00:22:11	00:44:55	01:07:15	01:26:37
140	BŁACH Piotr	1221	SBRT GLIWICE	M-40	00:00:08	00:21:18	00:43:03	01:06:32	01:26:43
141	SZKÓŁKA Marcin	896	WARY PANY	M-30	00:00:43	00:22:45	00:45:21	01:07:39	01:26:54
142	KĘSICKI Robert	1004	NIGHT RUNNERS GLIWICE	M-30	00:00:06	00:21:59	00:44:19	01:06:28	01:26:59
143	OLSZESKI Zbigniew	1303	ROZTOCZE KRASNOBRÓD	M-40	00:00:10		00:44:42	01:07:01	01:27:05
144	BARAN Łukasz	1108		M-30	00:00:21	00:22:50	00:45:25	01:07:56	01:27:08
145	MULARCZYK Marek	320		M-20	00:00:29	00:21:21	00:43:41	01:06:36	01:27:11
146	ZOK Karol	221		M-30	00:00:27	00:22:33	00:44:47	01:07:13	01:27:15
147	DRAGA Marek	773		M-40	00:00:07	00:21:08	00:43:33	01:06:38	01:27:24
148	PUŚCIZNA Paweł	775	SAINT-GOBAIN SQUAD	M-40	00:00:08	00:22:28	00:45:09	01:07:43	01:27:26
149	NOWAKOWSKI Zenon	841	-	M-50	00:00:14	00:23:11	00:45:32	01:07:51	01:27:26
150	ROSKOSZ Rafał	1178	OBERSCHLESIEIEN TEAM ROHOL TARNOWSKIE GÓRY	M-30	00:00:41	00:22:40	00:45:46	01:08:25	01:27:26
151	GOLDA Piotr	827		M-40	00:00:26	00:24:12	00:46:36	01:08:27	01:27:29
152	ZASADA Adrian	756	BETANIA TEAM	M-20	00:00:07	00:21:42	00:43:48	01:06:07	01:27:32
153	FRĄC Dariusz	1296	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:14	00:22:16	00:44:46	01:07:24	01:27:33
154	WIECZOREK Dawid	638	PSYCHONAUCI	M-30	00:00:54	00:22:40	00:45:03	01:07:37	01:27:34
155	SLUPINA Maciej	270		M-30	00:00:05	00:21:54	00:44:42	01:07:28	01:27:40
156	KOCHUIEVSKYI Oleksandr	904		M-20	00:01:35	00:22:39	00:45:22	01:07:54	01:27:41
157	BERNACKI Eugeniusz	1006	GPRS HYDROKOP	M-50	00:00:50	00:21:59	00:44:45	01:07:45	01:27:46
158	WAWRZYNIAK Mariusz	780	DIKOM	M-30	00:00:37	00:22:37	00:45:05	01:07:46	01:27:51
159	FYSZ Karolina	1215	SBRT GLIWICE	K-20	00:00:11	00:22:25	00:45:05	01:07:41	01:27:55
160	KSIĄŻKIEWICZ Bartłomiej	732	ROCKY BALBOA RUNNING CLUB	M-30	00:00:03	00:21:20	00:43:54	01:07:14	01:28:02
161	HILASZEK Agata	124	NIGHT RUNNERS GLIWICE	K-20	00:00:16	00:22:19	00:45:06	01:08:07	01:28:04
162	DIDYK Grzegorz	826	MIASTO NIERUCHOMOŚCI BYTOM	M-30	00:00:18	00:22:44	00:45:27	01:08:04	01:28:07
163	GRAETSCH Sebastian	1266		M-30	00:00:07	00:21:06	00:43:01	01:06:03	01:28:11

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
164	BRYKOWSKI Przemysław	500	RUN AND FUN TEAM	M-30	00:00:15	00:23:10	00:46:13	01:08:35	01:28:12
165	BEZUSZKO Tomasz	206		M-40	00:01:08	00:23:26	00:46:17	01:08:32	01:28:13
166	SADŁO Tomasz	278	KOLEGIUM SĘDZIÓW ZABRZE	M-30	00:00:27	00:22:51	00:45:55	01:08:41	01:28:14
167	PUC Paweł	1104		M-30	00:00:16	00:21:03	00:43:12	01:06:42	01:28:16
168	SIKORA Rafał	849	NIGHT RUNNERS ZABRZE	M-30	00:00:15	00:21:52	00:45:03	01:07:58	01:28:22
169	PIENIAŻEK Krzysztof	318		M-40	00:00:24	00:22:34	00:45:25	01:08:18	01:28:28
170	MYKAŁA Rafał	393	NBK	M-40	00:00:19	00:23:23	00:46:39	01:09:58	01:28:29
171	JANIK Johan	1177	NIGHT RUNNERS GLIWICE	M-30	00:00:15	00:22:49	00:45:48	01:08:40	01:28:31
172	ĆWIKLIŃSKI Piotr	932	KLUB ŻEGLARSKI ZAGŁĘBIE	M-30	00:00:13	00:23:15	00:46:08	01:08:49	01:28:32
173	ROSIKOŃ Tomasz	934		M-30	00:00:20	00:22:33	00:45:16	01:08:09	01:28:36
174	BYLINOWSKI Oleg	1307	GTT	M-40	00:00:14	00:23:12	00:46:18	01:08:56	01:28:37
175	LESZCZYŃSKI Mariusz	843		M-40	00:00:13	00:22:33	00:45:12	01:08:16	01:28:38
176	NIŻNIKIEWICZ Grzegorz	577		M-40	00:00:09	00:22:35	00:45:46	01:08:47	01:28:41
177	DZIEDZIC Andrzej	582	BHP	M-40	00:00:11	00:21:54	00:44:53	01:08:16	01:28:41
178	CHOJNA Zygmunt	933	SOCIOS GÓRNIK	M-50	00:00:04	00:21:43	00:44:55	01:08:12	01:28:45
179	KLYSZCZ Michał	382		M-20	00:01:37	00:24:19	00:46:57	01:09:26	01:28:47
180	SMUDA Grzegorz	1138		M-30	00:00:00	00:22:57	00:45:54	01:08:47	01:28:49
181	DZIUBAŃSKI Grzegorz	1110	OPEL ACTIVE TEAM	M-30	00:00:07	00:21:06	00:42:57	01:06:37	01:28:56
182	WILK Andrzej	605		M-30	00:01:12	00:22:16	00:45:13	01:08:21	01:29:01
183	MADEJCZYK Tomasz	381	MTM	M-30	00:01:39	00:22:53	00:45:47	01:08:44	01:29:02
184	ŁYCZAK Artur	653	VIBOVIT KNURÓW	M-40	00:00:21	00:22:35	00:45:40	01:08:53	01:29:05
185	KAŁAMARZ Mariusz	1099	RUN KAZIK RUN	M-40	00:00:09	00:22:02	00:45:08	01:08:23	01:29:07
186	SKOWROŃSKI Michał	993		M-20	00:00:45	00:23:13	00:46:26	01:09:23	01:29:08
187	BULIŃSKI Przemysław			M-20	00:00:33	00:22:26	00:45:22	01:08:32	01:29:09
188	CHRZANOWSKA Barbara	1285	ZDZIERAJ KAPCIE WWW.AGATSU.PL	K-30	00:00:07	00:22:37	00:45:36	01:08:48	01:29:11
189	BUJOK Mariusz	787		M-30	00:00:30	00:22:37	00:45:16	01:08:08	01:29:16
190	BOROWSKI Piotr	177	OPEL ACTIVE TEAM	M-50	00:00:31	00:22:51	00:45:36	01:08:40	01:29:20
191	KĘDZIOR Łukasz	536	HOLBOX RUNNERS	M-30	00:00:33	00:22:47	00:46:03	01:09:14	01:29:20
192	ZDEBEL Dariusz	401		M-40	00:00:06	00:22:33	00:45:27	01:08:58	01:29:38
193	MAJEREK Marek	199		M-40	00:00:10	00:22:38	00:45:44	01:08:57	01:29:40
194	PODRYGAŁA Tomasz	1223	RYBNICKA GRUPA BIEGOWA	M-40	00:00:24	00:22:33	00:45:40	01:09:02	01:29:46
195	BRONOWSKI Dariusz	276	SZOMBIERKI RUNNERS / BIEGAM PO ŚLĄSKU	M-30	00:00:40	00:23:29	00:46:44	01:09:38	01:29:50
196	MARCINIAK Damian	750		M-20	00:00:11	00:22:29	00:46:04	01:09:27	01:29:54
197	SZCZEPAŃSKI Tomasz	964		M-30	00:00:13	00:23:03	00:46:26	01:09:37	01:29:54
198	KOCZAR Paulina	368		K-16	00:00:42	00:23:02	00:46:18	01:09:36	01:29:55
199	GŁOWACKI Jordan	727	JW 4115	M-30	00:02:10	00:23:52	00:46:20	01:09:51	01:29:56
200	GOCYK Leszek	572		M-30	00:00:31	00:23:03	00:46:18	01:09:39	01:29:57
201	ŚWIDEREK Andrzej	460	MIECHOWICKA GRUPA BIEGOWA	M-50	00:00:38	00:23:31	00:46:46	01:09:40	01:29:58
202	MARKOWSKI Przemysław	700	MIECHOWICKA GRUPA BIEGOWA	M-20	00:00:10	00:25:09	00:47:14	01:09:56	01:30:02
203	LOSKA Tomasz	644	TOMASZ LOSKA	M-20	00:00:22	00:24:10	00:47:47	01:10:39	01:30:03
204	OZIĘBAŁA Ignacy	284	WKB META LUBLINIEC	M-60	00:01:29	00:23:31	00:46:32	01:09:50	01:30:03
205	JACHIMOWSKI Waldemar	383	VIBOVIT KNURÓW	M-40	00:00:21	00:22:36	00:45:40	01:08:54	01:30:04
206	KUKUCZKA Mateusz	846		M-30	00:00:29	00:23:22	00:46:55	01:09:50	01:30:07
207	GAŁKIEWICZ Marcin	1046	WOJEWÓDZKIE POGOTOWIE RATUNKOWE W KATOWICACH	M-30	00:00:20	00:23:34	00:46:41	01:09:58	01:30:08
208	MILLER Ryszard	639	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-50	00:00:30	00:23:13	00:46:29	01:09:49	01:30:12

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
209	MISZTAL Kamil	1012		M-30	00:00:22	00:23:20	00:46:36	01:09:56	01:30:14
210	MEKIER Bartek	262		M-30	00:00:22	00:23:21	00:46:37	01:09:56	01:30:16
211	PIETREK Daniel	1034		M-40	00:00:14	00:23:28	00:46:44	01:10:03	01:30:17
212	HULIN Sebastian	885	UKS JUDO MYSŁOWICE	M-40	00:01:24	00:23:54	00:47:03	01:10:03	01:30:18
213	ZAWADA Sebastian	350	BIEGAMY DLA LAURY	M-30	00:00:20	00:22:31	00:46:05	01:09:51	01:30:19
214	POPIEL- KRUK Aleksandra	1209	SBRT GLIWICE	K-30	00:00:15	00:23:28	00:46:44	01:10:03	01:30:20
215	PODOLAK Alfred	1501	PIAST GLIWICE	M-50	00:00:15	00:23:26	00:46:43	01:10:02	01:30:20
216	ANDRACZEK Bartosz	1265		M-40	00:00:17	00:23:11	00:46:34	01:09:36	01:30:20
217	PODGÓRSKI Tomasz	541		M-30	00:00:39	00:24:03	00:47:26	01:10:27	01:30:21
218	BŁASZCZYK Dominik	170	NIGHT RUNNER GLIWICE	M-20	00:00:13	00:23:28	00:46:45	01:10:04	01:30:22
219	CZAJA Jarosław	502	FUTURE PROCESSING RUNNING TEAM	M-30	00:00:15	00:23:29	00:46:45	01:10:04	01:30:22
220	URBAŃCZYK Karol	160	NIGHT RUNNERS GLIWICE	M-20	00:00:13	00:23:28	00:46:45	01:10:05	01:30:23
221	BELUCH Witold	322		M-40	00:00:17	00:23:26	00:46:32	01:09:56	01:30:27
222	SZPILOWSKA Paulina	146	KS OLKUSZ	K-20	00:00:00	00:23:42	00:46:59	01:10:17	01:30:30
223	PACAN Tomasz	448		M-30	00:00:14	00:23:29	00:46:46	01:10:05	01:30:32
224	BORSIAK Sebastian	151		M-30	00:01:01	00:23:23	00:46:36	01:10:05	01:30:37
225	KADZIELA Jan	795		M-30	00:00:19	00:23:25	00:46:41	01:10:03	01:30:39
226	PRACKI Dariusz	473		M-30	00:01:33	00:23:22	00:46:52	01:10:14	01:30:44
227	CZAUDERNA Adrian	179	OCHAJORUN&FRIENDS	M-40	00:00:20	00:23:25	00:46:39	01:10:02	01:30:48
228	TYCZYŃSKI Ryszard	1075	FC KNURÓW/COMBAT 56	M-30	00:00:53	00:23:04	00:46:34	01:09:57	01:30:48
229	SUTKOWSKI Jan	614		M-30	00:00:51	00:23:56	00:47:36	01:10:53	01:30:50
230	TRZASKALIK Piotr	1137		M-40	00:00:08	00:23:36	00:46:53	01:10:23	01:30:59
231	NOCOŃ Sławek	831	GNAJ FRETKA, GNAJ... SZYBCIEJ, SZYBCIEJ !!!	M-40	00:00:09	00:22:55	00:46:07	01:09:53	01:31:00
232	SZPONARSKI Paweł	1020	MASAKRA RZECZYCE	M-40	00:00:31	00:22:51	00:45:59	01:09:23	01:31:04
233	ŻEBROWSKI Adrian	404		M-20	00:00:38	00:22:26	00:46:09	01:09:59	01:31:11
234	SYDA Andrzej	1225	GORKI TEAM	M-40	00:00:05	00:22:24	00:45:45	01:09:44	01:31:12
235	JEZUSEK Piotr	432	SBRT	M-30	00:00:17	00:22:51	00:45:49	01:09:10	01:31:13
236	SKRZYPCZYK Paweł	948		M-40	00:00:22	00:22:52	00:46:35	01:10:11	01:31:17
237	SIEKIERKA Janusz	76		M-30	00:00:07	00:23:11	00:46:54	01:10:19	01:31:21
238	TYRTANIA Tomasz	925	BOR TEAM BORUSZOWICE	M-40	00:00:11	00:24:23	00:48:31	01:11:31	01:31:22
239	RIMPLER Łukasz	1050	BIEGNĘ DLA ZUZI	M-30	00:00:16	00:23:36	00:47:09	01:10:44	01:31:23
240	SZOŁTYSEK Wojciech	1128	OCHAJORUN&FRIENDS	M-40	00:00:22	00:23:47	00:47:25	01:10:57	01:31:25
241	PACUŁA Piotr	194	OPEL ACTIVE TEAM GLIWICE	M-50	00:00:03	00:23:18	00:46:49	01:10:17	01:31:30
242	GAWĘŁKO Janusz	953		M-50	00:00:11	00:23:13	00:46:49	01:10:24	01:31:31
243	SZCZYRA Jan	592	ISTA BIEGAMY	M-30	00:01:11	00:23:25	00:47:19	01:10:49	01:31:32
244	ŻEBROWSKI Cezary	1115		M-50	00:00:07	00:21:46	00:45:27	01:09:53	01:31:34
245	NAWRAT Piotr	132		M-30	00:00:05	00:21:47	00:45:14	01:09:26	01:31:35
246	KURCZEK Tomasz	484		M-40	00:00:11	00:23:23	00:47:07	01:10:56	01:31:42
247	TRZASKA Wojciech	935	FUCHS OIL TEAM	M-20	00:01:08	00:24:56	00:49:26	01:12:42	01:31:52
248	MAZUR Krzysztof	1007	NOWA GLIWICE	M-40	00:00:25	00:24:04	00:47:43	01:11:01	01:31:53
249	GRAJNY Piotr	1153	AMATORSKIE BIEGANIE/ULKS LACHOWICE	M-40	00:00:39	00:23:46	00:46:56	01:11:01	01:31:53
250	SZNYDER Wojciech	439	SPORTSTYLE GLIWICE	M-40	00:00:15	00:24:01	00:48:01	01:11:33	01:31:58
251	KUSEK Andrzej	1226		M-40	00:00:25	00:25:32	00:49:52	01:13:05	01:32:01
252	SŁODKOWSKI Marek	392	MALA PANA ZAWADZKIE	M-30	00:00:39	00:22:46	00:45:59	01:09:44	01:32:12
253	GĄSZCZYK Grzegorz	1152	NOWA HUTA TEAM	M-40	00:00:31	00:24:03	00:48:11	01:11:20	01:32:17

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
254	BONK Sebastian	82	BMS	M-40	00:00:50	00:23:41	00:47:18	01:11:09	01:32:21
255	KUBIS Adrian	954		M-40	00:00:21	00:23:47	00:47:22	01:11:01	01:32:23
256	PLUSZKE Paweł	880	BIEGACZE CSR	M-20	00:01:36	00:25:49	00:50:31	01:13:43	01:32:23
257	SUDNIK Krzysztof	1015		M-30	00:00:15	00:23:29	00:46:47	01:10:15	01:32:26
258	BUCHAŁA Bartek	479		M-30	00:01:30	00:24:09	00:48:09	01:11:37	01:32:26
259	WALKOWSKI Kamil	943	TEAM PAPRY 20	M-20	00:01:18	00:24:27	00:48:32	01:11:44	01:32:30
260	ZASUŃ Marcin	1315		M-30	00:00:17	00:23:30	00:46:50	01:10:52	01:32:31
261	WALICKI Bogdan	1047	OPEL ACTIVE TEAM	M-40	00:00:41	00:23:44	00:47:47	01:11:38	01:32:33
262	JASIŃSKI Dawid	802		M-16	00:00:52	00:23:50	00:47:15	01:11:28	01:32:33
263	GORCZYCA Jakub	808		M-40	00:00:07	00:23:26	00:47:26	01:11:31	01:32:36
264	SOSINOWSKI-MRÓZ Tomasz	1123	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:17	00:23:34	00:48:05	01:12:02	01:32:37
265	ZIAJA Stefan	453		M-40	00:00:12	00:23:23	00:46:24	01:10:47	01:32:38
266	RUTKOWSKI Michał	224		M-20	00:01:16	00:24:51	00:48:58	01:12:29	01:32:41
267	GIESE Michał	609		M-30	00:01:43	00:23:52	00:47:54	01:11:50	01:32:47
268	FILIPCZYK Przemysław	995		M-30	00:01:22	00:24:41	00:48:44	01:12:13	01:32:48
269	SZCZEPAŃSKI Rafał	864	OPEL ACTIVE TEAM	M-40	00:00:41	00:23:27	00:46:57	01:11:07	01:32:49
270	KUBACZ Piotr	227		M-40	00:00:28	00:23:58	00:48:01	01:12:00	01:32:51
271	HANKE Dominika	367		K-40	00:00:42	00:23:05	00:46:54	01:11:22	01:32:55
272	FLORIAN Krzysztof	459		M-30	00:00:23	00:23:44	00:47:24	01:11:42	01:32:58
273	MIELCZAREK Aleksandra	928	STS BIEGATON MIKOŁÓW	K-40	00:00:12	00:23:55	00:47:45	01:12:03	01:33:00
274	STANISŁAWCZUK Sebastian	689		M-30	00:00:13	00:23:20	00:46:43	01:10:43	01:33:00
275	GIEROŃ Bartosz	920		M-20	00:00:15	00:22:06	00:45:37	01:10:21	01:33:01
276	GARUS Tomasz	611	304	M-20	00:00:52	00:23:56	00:47:41	01:11:39	01:33:04
277	SZOT Wojciech	11		M-30	00:01:13	00:24:51	00:48:38	01:12:15	01:33:04
278	GRONDYS Michał	17	SBRT	M-30	00:00:21	00:23:23	00:46:41	01:11:00	01:33:10
279	KIEŁBASA Artur	779	DIKOM	M-30	00:00:37	00:25:28	00:49:35	01:13:00	01:33:10
280	KUSZ Janusz	706		M-30	00:00:24	00:23:29	00:47:30	01:12:03	01:33:12
281	MARCOL Tomasz	941		M-20	00:01:14	00:23:46	00:48:12	01:12:21	01:33:17
282	MULEWSKI Bogdan	454	NIGHT RUNNERS ZABRZE	M-40	00:01:27	00:25:11	00:49:17	01:13:04	01:33:21
283	KRAJEWSKI Michał	818		M-30	00:00:28	00:25:29	00:50:02	01:13:34	01:33:22
284	ZAWADZKI Karol	533	RADLIN	M-20	00:01:05	00:25:18	00:49:42	01:13:01	01:33:23
285	SZULC Sebastian	114	EXLABS	M-20	00:00:13	00:24:14	00:47:58	01:11:34	01:33:29
286	ADAMSKI Kamil	655	LEGION WILCZE GARDŁO	M-20	00:00:53	00:23:51	00:47:50	01:12:06	01:33:32
287	STACHOWICZ Michał	407	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-30	00:01:12	00:25:26	00:49:21	01:12:58	01:33:33
288	KŁOSOWSKI Karol	237	LOS TREPOS COMPANIEROS	M-30	00:00:38	00:22:25	00:46:08	01:11:02	01:33:39
289	DESZYŃSKI Damian	590	ISTA BIEGAMY	M-30	00:00:09	00:23:45	00:47:50	01:11:56	01:33:41
290	PIŁAT Jarosław	65	KRS TKKF 'JASTRZĄB' RUDA ŚLĄSKA	M-30	00:00:11	00:22:27	00:46:01	01:11:17	01:33:42
291	LUBICKI Wojciech	14	TRIUMF	M-50	00:00:13	00:24:02	00:48:11	01:12:24	01:33:42
292	CHMURKO Michał	1278		M-30	00:00:26	00:24:00	00:48:39	01:13:03	01:33:49
293	MIECZNIKOWSKI Jacek	1173		M-40	00:00:25	00:24:50	00:49:13	01:13:17	01:33:56
294	TOMAL Marek	1314		M-50	00:00:15	00:23:44	00:48:06	01:12:25	01:34:01
295	BIAŁOŃCZYK Joanna	876		K-20	00:00:30	00:24:06	00:48:37	01:13:04	01:34:05
296	HADZIK Rafał	602		M-30	00:00:37	00:24:32	00:49:06	01:13:37	01:34:06
297	LEBEK Adam	503	VEGE RUNNERS	M-20	00:00:30	00:23:56	00:48:30	01:12:59	01:34:08
298	MAĆZKA Bronisław	987		M-60	00:00:32	00:23:58	00:47:55	01:12:21	01:34:10

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
299	PLOCH Adam	886		M-30	00:01:09	00:24:24	00:48:56	01:12:28	01:34:10
300	ORLIK Jerzy	340	PLASTIC OMNIUM	M-50	00:01:24	00:24:27	00:48:32	01:12:52	01:34:15
301	KILIJANEK Adrian	1163		M-30	00:01:09	00:24:11	00:48:20	01:13:05	01:34:21
302	ŁAKOMSKI Marcin	203		M-40	00:00:32	00:24:50	00:49:36	01:13:44	01:34:22
303	ULIASZ Krzysztof	979		M-30	00:00:59	00:24:13	00:48:52	01:13:19	01:34:24
304	BEHRENDT Bartek	695	NIGHT RUNNERS GLIWICE	M-40	00:00:50	00:24:04	00:48:11	01:12:32	01:34:26
305	FUGOWSKI Roman	380		M-50	00:00:13	00:23:53	00:47:45	01:12:02	01:34:33
306	WANDOCH Tyberiusz	333	CARRY ON W CZORAJSI	M-30	00:00:38	00:24:01	00:48:25	01:12:46	01:34:34
307	FAŁEK Krzysztof	475		M-40	00:01:08	00:25:20	00:49:13	01:13:11	01:34:34
308	BOCHEŃSKA Agnieszka	91	SBRT GLIWICE	K-30	00:00:15	00:23:41	00:47:37	01:12:59	01:34:37
309	NOWAK Mariusz	813	HIRSCHVOGEL COMPONENTS POLAND	M-30	00:00:35	00:25:04	00:49:29	01:13:36	01:34:38
310	KRUK Tomasz	861	NYSA BIEGA	M-40	00:01:23	00:24:23	00:48:15	01:12:38	01:34:38
311	ŻUKOWSKA Anna	862	ATHLETICS NYSA	K-40	00:01:22	00:24:24	00:48:16	01:12:40	01:34:40
312	WALSKI Łukasz	680	RANGER SURVIVAL CLUB	M-30	00:01:42	00:26:20	00:50:46	01:14:13	01:34:42
313	PTASZYŃSKI Tomasz	157	STARY HANGAR	M-30	00:00:16	00:23:11	00:46:50	01:12:39	01:34:44
314	CICHY Andrzej	651	OPEL ACTIVE TEAM	M-20	00:00:06	00:21:16	00:45:07	01:11:35	01:34:45
315	BIERNAT Wojtek	93	OPEL ACTIVE TEAM	M-40	00:00:21	00:24:14	00:48:21	01:12:46	01:34:48
316	SZEWCZYK Michał	911		M-20	00:01:05	00:23:22	00:47:42	01:12:13	01:34:50
317	HAŁADUS Dominik	1026	ŻYCIE CZĘSTOCHOWY TEAM	M-30	00:00:19	00:24:11	00:48:36	01:13:06	01:34:55
318	SOLICH Patryk	1208	SBRT GLIWICE	M-30	00:00:20	00:23:55	00:48:29	01:13:02	01:34:57
319	DYMNICKI Andrzej	120	OCHAJORUN & FRIENDS	M-40	00:00:20	00:23:29	00:47:32	01:12:17	01:34:59
320	PĘDOWSKI Wojciech	1056		M-50	00:00:54	00:25:15	00:50:39	01:14:31	01:34:59
321	CHWALISZEWSKI Jarosław	585	NIGHT RUNNERS GLIWICE	M-40	00:00:33	00:23:57	00:49:10	01:13:54	01:35:04
322	HOŁYŃSKI Tomasz	477		M-40	00:00:28	00:24:06	00:48:40	01:13:16	01:35:07
323	MIROWSKI Zbigniew	1098	48605681921	M-50	00:00:20	00:24:45	00:49:14	01:13:45	01:35:09
324	WALASZEK Sławomir	507		M-30	00:00:27	00:24:08	00:48:43	01:13:20	01:35:10
325	PIKTAS Paweł	811		M-40	00:00:10	00:23:23	00:46:50	01:11:51	01:35:13
326	NIEDZIELA Janusz	850		M-30	00:00:34	00:23:08	00:46:45	01:11:49	01:35:14
327	NOGA Łukasz	879	ZDZIERAJ KAPCIE	M-30	00:00:07	00:23:13	00:47:35	01:12:57	01:35:15
328	STASIK Krzysztof	666	LOGTECH TEAM RADZIONKÓW	M-30	00:00:17	00:23:48	00:48:22	01:13:17	01:35:15
329	KUCZMA Jarosław	161		M-40	00:00:30	00:25:10	00:49:56	01:14:27	01:35:15
330	NASIENIAK-CZECH Anna	766		K-30	00:00:27	00:25:34	00:50:30	01:14:30	01:35:18
331	ŻÓRAW Tomek	754	BETANIA TEAM	M-20	00:00:10	00:21:42	00:46:24	01:11:40	01:35:24
332	SZEREMETA Andrzej	759	PZU SPORT TEAM	M-40	00:00:13	00:23:40	00:48:13	01:13:08	01:35:27
333	PIELKA Erwin	197		M-50	00:00:24	00:22:41	00:45:55	01:11:10	01:35:34
334	FILIPIAK Hieronim	1171	KADRA BOBREK-CENTRUM	M-40	00:00:16	00:25:35	00:50:12	01:14:34	01:35:36
335	PANZ Krzysztof	838		M-30	00:00:36	00:25:12	00:49:53	01:14:25	01:35:38
336	NOWAKOWSKI Jarosław	555	FORGOSIA	M-40	00:00:15	00:25:14	00:50:11	01:14:39	01:35:39
337	KOWAL Bartosz	95		M-30	00:01:06	00:24:07	00:48:21	01:13:23	01:35:40
338	RAJTOR Paweł	558		M-30	00:00:16	00:25:47	00:50:39	01:15:09	01:35:43
339	JAMRÓZ Wojciech	625		M-40	00:00:09	00:21:24	00:45:56	01:11:50	01:35:46
340	MALEC Arkadiusz	875		M-30	00:01:21	00:24:15	00:49:33	01:14:30	01:35:47
341	NAWARA Arkadiusz	720		M-20	00:01:10	00:25:03	00:49:26	01:13:58	01:35:51
342	STRUG Mariusz	800		M-40	00:01:14	00:25:01	00:49:29	01:14:05	01:35:51
343	FRANKIEWICZ Artur	915		M-30	00:00:36	00:25:12	00:49:53	01:14:25	01:35:52

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
344	ZIELONKA Jacek	457		M-30	00:00:45	00:25:07	00:49:47	01:14:22	01:35:55
345	BŁĄŻYTKO Monika	31	BIEGAJ Z TRENERAMI GLIWICE	K-20	00:00:12	00:23:33	00:47:25	01:12:41	01:36:01
346	KOTAJNY Piotr	704		M-40	00:00:34	00:24:59	00:49:31	01:14:00	01:36:02
347	OCHMAN Ireneusz	234	OPEL ACTIVE TEAM	M-40	00:00:40	00:23:44	00:48:39	01:13:39	01:36:02
348	ŁOBKO Adam	1052		M-40	00:01:10	00:25:18	00:49:32	01:14:30	01:36:03
349	RYBIŃSKI Łukasz	854	EŁKA TEAM	M-30	00:00:47	00:23:24	00:47:37	01:12:24	01:36:04
350	PRENZENA Paweł	64		M-20	00:00:19	00:22:46	00:47:32	01:13:09	01:36:06
351	KOSMACZEWSKI Michał	684		M-20	00:00:20	00:23:49	00:48:03	01:13:03	01:36:06
352	BLASZKE Beata	158	NIGHT RUNNERS GLIWICE	K-40	00:00:15	00:24:05	00:48:47	01:14:03	01:36:09
353	BIAŁAS Krzysztof	47	ZESPÓŁ SZKÓŁ NR 2 W RUDZIE ŚLĄSKIEJ	M-40	00:01:07	00:26:10	00:51:29	01:15:57	01:36:10
354	STANIK Bogdan	763	6 BPD	M-30	00:00:59	00:24:24	00:49:03	01:14:16	01:36:11
355	KONIK Tomasz	370	KONIK TEAM	M-40	00:00:37	00:24:19	00:49:14	01:14:09	01:36:23
356	WÓJCIK Rafał	807		M-30	00:00:19	00:24:49	00:49:48	01:14:47	01:36:28
357	MODZELEWSKI Michał	1074		M-30	00:01:01	00:25:04	00:50:22	01:14:45	01:36:28
358	CHWAŁ Magdalena	573		K-30	00:00:25	00:25:24	00:50:35	01:15:24	01:36:29
359	ZAMOJSKI Bartek	796	MIECHOWICKA GRUPA BIEGOWA	M-40	00:00:41	00:24:51	00:49:36	01:14:15	01:36:33
360	BARTECKA Sabina	853	HRMAX ŻORY	K-30	00:00:24	00:24:35	00:49:48	01:15:02	01:36:35
361	KARŁOWSKA Katarzyna	528		K-30	00:00:36	00:24:45	00:49:51	01:14:50	01:36:35
362	KLAMECKI Marek	789		M-30	00:01:03	00:23:48	00:48:25	01:13:11	01:36:37
363	PIETRAS Sylwia	463	MIECHOWICKA GRUPA BIEGOWA	K-20	00:00:23	00:25:47	00:50:10	01:15:05	01:36:41
364	CZYŻYKOWSKI Marcin	898		M-40	00:01:33	00:25:03	00:49:44	01:14:47	01:36:41
365	DACZYŃSKI Michał	431	GRUPA CMYKI	M-30	00:00:22	00:25:39	00:50:25	01:15:13	01:36:43
366	KRZYWICKI Jan	923		M-60	00:00:40	00:24:35	00:49:23	01:14:23	01:36:44
367	KABAŁA Sebastian	1241		M-40	00:00:16	00:25:26	00:50:52	01:15:38	01:36:45
368	STAŃCZAK Grzegorz	173		M-20	00:00:09	00:23:12	00:47:56	01:13:27	01:36:50
369	KOZIELEC Tomasz	240	PĘDZĄCE MISIE	M-40	00:00:22	00:25:05	00:50:07	01:15:05	01:36:50
370	GAWROŃSKI Paweł	967		M-40	00:00:35	00:24:47	00:49:17	01:15:04	01:36:51
371	LIGOCKI Szymon	1255	CHOP ZE ŻELAZA TRI TEAM	M-20	00:00:19	00:23:50	00:48:45	01:14:11	01:36:52
372	DAWIEC Michał	418	FAT ZABRZE	M-30	00:01:09	00:25:45	00:50:45	01:15:16	01:36:53
373	JAZOWY Tomasz	1261		M-30	00:00:08	00:24:11	00:49:19	01:14:34	01:36:55
374	MACIASZEK Maciek	202		M-30	00:00:09	00:24:25	00:49:36	01:14:33	01:36:55
375	BOJANEK Tomasz	1031		M-20	00:00:20	00:24:12	00:48:29	01:13:12	01:36:55
376	KONOPACKA-BESSA Magdalena	1267		K-30	00:00:13	00:23:30	00:47:48	01:13:43	01:36:57
377	URBANEK Darek	635	PRZED LIMITEM	M-40	00:00:14	00:24:09	00:49:39	01:15:03	01:37:01
378	STOLARCZYK Marcin	1291	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:32	00:25:19	00:50:08	01:15:02	01:37:03
379	LIC Janusz	693		M-40	00:00:23	00:24:07	00:48:05	01:12:44	01:37:04
380	MAŁEK Andrzej	970	ABAKON	M-20	00:00:33	00:23:40	00:48:33	01:14:00	01:37:05
381	BORSUK Mirosław	682	NIGHT RUNNERS GLIWICE	M-40	00:01:01	00:25:49	00:50:50	01:15:32	01:37:06
382	SWOBODA Jarosław	1158	NIGHT RUNNERS GLIWICE	M-30	00:00:59	00:25:51	00:50:51	01:15:34	01:37:07
383	SPINCZYK Andrzej	1009		M-40	00:00:59	00:24:19	00:49:16	01:14:49	01:37:09
384	MANDRYSZ Jacek	1055		M-30	00:00:50	00:25:06	00:50:27	01:15:32	01:37:10
385	GÓRKA Szymon	833		M-30	00:01:19	00:24:43	00:49:05	01:14:26	01:37:12
386	DYLONG Piotr	265		M-50	00:01:13	00:24:48	00:49:19	01:14:44	01:37:13
387	KUŹNICKI Tomasz	686		M-30	00:00:31	00:24:02	00:49:06	01:14:33	01:37:16
388	JASIK Grzegorz	1293	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:19	00:23:56	00:48:31	01:13:34	01:37:18

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
389	PRZYBYLSKI Mariusz	330		M-40	00:00:26	00:25:39	00:50:59	01:15:43	01:37:20
390	JAWOREK Jacek	837	OPEL ACTIVE TEAM	M-30	00:01:02	00:25:03	00:50:48	01:16:16	01:37:20
391	MUCHA Krzysztof	938	TEAM PAPRY 20	M-20	00:01:18	00:24:27	00:48:32	01:14:09	01:37:20
392	PIETRZAK Marcin	244	STRAŻAK JRG GLIWICE	M-40	00:00:19	00:23:51	00:48:45	01:14:12	01:37:22
393	KULASEK Michał	917		M-20	00:00:08	00:22:13	00:46:48	01:12:43	01:37:28
394	KUCH Paweł	630		M-50	00:00:38	00:24:21	00:49:03	01:14:00	01:37:28
395	DUDEK Jan	828	HONOROWI DAWCY KRWI	M-40	00:00:25	00:23:17	00:47:57	01:13:35	01:37:29
396	SCHAB Bartłomiej	642		M-20	00:00:38	00:23:41	00:48:29	01:14:15	01:37:30
397	ŻARSKI Sławomir	867		M-50	00:00:39	00:25:05	00:50:22	01:15:24	01:37:31
398	CHODAWSKA Dorota	790	OPEL ACTIVE TEAM	K-30	00:00:42	00:25:28	00:50:30	01:15:35	01:37:34
399	JAGŁA Aleksandra	798		K-30	00:00:53	00:24:37	00:49:32	01:15:04	01:37:35
400	SOBEL Łukasz	419	OPEL ACTIVE TEAM	M-30	00:00:41	00:25:29	00:50:31	01:15:36	01:37:36
401	KOTNIS Bogusław	620	RFC ACTIVE TEAM	M-40	00:01:31	00:25:24	00:50:59	01:16:10	01:37:36
402	MAJEWSKA Gizela	24	BIEGAJ Z TRENERAMI FC24	K-40	00:00:44	00:25:13	00:50:22	01:15:28	01:37:37
403	GRUSZKA Sławomir	740		M-30	00:01:13	00:25:57	00:51:38	01:16:33	01:37:37
404	SELIGA Paweł	60	BIEGAJ Z TRENERAMI GLIWICE	M-30	00:00:13	00:24:16	00:49:12	01:14:26	01:37:41
405	KOŁAK Szymon	335	PIAST GLIWICE	M-20	00:00:24	00:23:20	00:47:52	01:13:24	01:37:41
406	SŁOWIKOWSKI Damian	707		M-20	00:01:27	00:24:44	00:49:35	01:14:52	01:37:41
407	SADOWSKI Tomasz	1072		M-30	00:00:36	00:24:40	00:49:30	01:14:38	01:37:42
408	CIEŚLIK Paweł	421	CHATEAU CHALIN	M-40	00:00:26		00:51:23	01:16:25	01:37:43
409	STULIK Paweł	661		M-30	00:00:22	00:23:55	00:48:40	01:14:19	01:37:45
410	GRABOWSKA Joanna	1164		K-40	00:00:39	00:23:55	00:49:06	01:14:47	01:37:45
411	BAK-CESARZ Damian	552		M-40	00:01:38	00:26:39	00:52:55	01:17:40	01:37:47
412	JANTAS Dominika	300		K-16	00:00:17	00:24:50	00:49:46	01:14:59	01:37:48
413	ZIĘBIK Grzegorz	891		M-30	00:00:46	00:25:18	00:50:48	01:16:11	01:37:48
414	WIEKIERA Adam	385		M-30	00:00:11	00:23:41	00:48:09	01:13:53	01:37:52
415	ZAWADZKI Robert	937		M-30	00:00:16	00:25:47	00:50:55	01:16:03	01:37:53
416	CZAUDERNA Klaudia	178	OCHAJORUN&FRIENDS	K-40	00:00:57	00:25:10	00:49:59	01:15:20	01:37:53
417	LEWICKA Justyna	235	AKMB PĘDZIWIATR GLIWICE	K-30	00:00:12	00:23:43	00:48:20	01:14:23	01:37:55
418	KOZIEŁ Kamil	893		M-30	00:00:30	00:25:33	00:50:52	01:16:01	01:37:55
419	JARUGA Damian Izabela	944	DIKOM.PL	M-30	00:00:36	00:25:39	00:50:54	01:15:54	01:37:55
420	KIDOŃ Krzysztof	877	BYTOM	M-30	00:00:30	00:23:51	00:48:43	01:14:32	01:37:57
421	GRUSZCZYŃSKI Bogusław	902		M-60	00:00:32	00:24:57	00:50:16	01:15:28	01:38:03
422	KOŁODZIEJ Jacek	70	NIGHT RUNNERS GLIWICE	M-40	00:00:20	00:25:46	00:50:56	01:16:10	01:38:04
423	MIERZWA Adam	569		M-40	00:00:22	00:23:21	00:47:43	01:14:26	01:38:04
424	DRYNDĄ Andrzej	18		M-40	00:00:40	00:25:36	00:51:08	01:16:37	01:38:04
425	BOCZAROWSKI Michał	1014	EXPERT TRAVEL	M-40	00:00:45	00:24:57	00:50:02	01:15:15	01:38:07
426	RENKE Piotr	565	BAUREN TEAM	M-40	00:00:33	00:24:44	00:49:48	01:15:18	01:38:09
427	DROZD Grzegorz	274		M-20	00:00:43	00:26:13	00:51:14	01:16:01	01:38:13
428	BAJ Tomasz	236		M-20	00:00:19	00:23:37	00:48:27	01:14:35	01:38:14
429	TURNIAK Miłosz	373		M-20	00:00:34	00:24:31	00:49:36	01:15:01	01:38:17
430	BRZEZINA Arkadiusz	54	TARNOGÓRSKA GRUPA BIEGOWA	M-30	00:00:29	00:25:38	00:51:20	01:16:38	01:38:18
431	SKOTNICKI Paweł	34		M-20	00:00:20	00:24:13	00:49:15	01:15:06	01:38:19
432	KRAKOWCZYK Adam	496	SBRT GLIWICE	M-30	00:00:19	00:25:45	00:51:27	01:16:58	01:38:20
433	KOŁODZIEJ Kamil	1276	PB TEAM PYSKOWICE	M-30	00:00:27	00:25:39	00:51:03	01:16:24	01:38:20

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
434	SOŚNIAK Tomasz	25	KUDŁATY ART ACTIVE TEAM	M-30	00:00:21	00:25:35	00:51:03	01:16:10	01:38:22
435	KASZUBSKI Andrzej	1212	SBRT GLIWICE	M-30	00:00:40	00:23:02	00:47:13	01:14:00	01:38:22
436	KORPETTA Andrzej	568		M-40	00:01:13	00:25:56	00:51:38	01:16:41	01:38:23
437	MACEŁAJTIS Elżbieta	105		K-20	00:01:12	00:25:56	00:50:55	01:16:18	01:38:25
438	ORZECH Michał	857	AMATOR	M-30	00:00:27	00:25:19	00:50:08	01:15:04	01:38:26
439	MRÓZ Dawid	746		M-30	00:01:50	00:25:40	00:51:33	01:16:15	01:38:27
440	PIECUCH Agnieszka	1217	SBRT GLIWICE	K-20	00:00:20	00:25:54	00:51:23	01:16:47	01:38:28
441	IZBICKI Zbigniew	1113		M-40	00:00:28	00:25:25	00:50:33	01:15:52	01:38:30
442	WALCZAK Mateusz	734		M-30	00:00:30	00:25:30	00:50:56	01:16:18	01:38:30
443	HAJDA Marek	749		M-40	00:00:41	00:24:48	00:50:26	01:15:42	01:38:33
444	SMOLARCZYK Agnieszka	314		K-30	00:00:53	00:24:49	00:50:01	01:15:39	01:38:33
445	CHROBOK Mateusz	164	NIGHT RUNNERS ZABRZE	M-20	00:00:16	00:23:48	00:48:22	01:13:53	01:38:34
446	MASARCZYK Wojciech	269	NIEZRZESZONY	M-20	00:00:17	00:23:55	00:48:45	01:17:00	01:38:34
447	GOMOLA Zbigniew	461		M-40	00:01:07	00:26:10	00:51:29	01:16:13	01:38:34
448	PUDLO Hanna	945		K-30	00:00:49	00:25:14	00:50:22	01:15:32	01:38:35
449	SPIECHOWICZ Andrzej	703	POLICJA	M-30	00:01:42	00:24:33	00:49:27	01:15:12	01:38:36
450	PYTŁASIŃSKI Adam	672	AKTYWNE ZABRZE	M-40	00:00:14	00:24:28	00:49:23	01:14:38	01:38:37
451	MILER Ireneusz	182		M-30	00:01:23	00:25:54	00:51:29	01:16:31	01:38:37
452	LASICZ Aleksandra	702	ALEKSANDRA K. LASICZ	K-30	00:00:54	00:26:14	00:51:52	01:16:59	01:38:38
453	RYZIŃSKA Aneta	150	AMATOR	K-40	00:01:40	00:25:58	00:51:10	01:16:37	01:38:39
454	RAWŁUSZEWICZ Maksymilian	956		M-20	00:00:13	00:25:16	00:51:02	01:16:39	01:38:42
455	GOLIASZ Bartłomiej	1100		M-30	00:00:23	00:25:42	00:51:26	01:16:55	01:38:42
456	ROŻEK Jacek	53	PSYCHONAUCI	M-30	00:00:28	00:23:59	00:50:11	01:16:21	01:38:42
457	RAWŁUSZEWICZ Waldemar	674		M-50	00:00:12	00:25:17	00:51:03	01:16:40	01:38:43
458	WAŚ Szymon	1292	MOMO RESTAURANT & COCKTAIL BAR	M-20	00:00:20	00:25:43	00:51:02	01:16:21	01:38:43
459	NIŻNIKIEWICZ Elżbieta	578		K-30	00:00:10	00:24:53	00:50:04	01:15:49	01:38:44
460	ADAMOWSKI Jacek	1005	NIGHT RUNNERS GLIWICE	M-30	00:00:54	00:23:37	00:48:49	01:14:31	01:38:44
461	FIDOR Damian	924	RUNHOGS TYCHY	M-30	00:00:24	00:25:40	00:51:21	01:16:53	01:38:50
462	POKRYSZKA Bartosz	156	KOMBO KURCZAKI	M-30	00:00:25	00:25:42	00:51:21	01:16:54	01:38:50
463	MAJDA Kamil	786	PSYCHONAUCI	M-30	00:00:53	00:25:37	00:50:29	01:15:02	01:38:50
464	KNUTELSKI Mariusz	1155		M-30	00:00:18	00:23:36	00:48:41	01:14:49	01:38:51
465	BOGACZ Paweł	481	JAGODA TEAM	M-30	00:00:22	00:25:40	00:51:25	01:16:54	01:38:51
466	PATYNEK Sebastian	516	BRAK	M-30	00:00:18	00:25:22	00:51:05	01:16:29	01:38:52
467	SZADKOWSKI Paweł	1313	NIGHT RUNNERS GLIWICE	M-30	00:00:18	00:25:43	00:51:27	01:16:58	01:38:53
468	KONIK Sylwia	369	KONIKI TEAM	K-40	00:00:36	00:24:23	00:49:55	01:16:12	01:38:53
469	POGORZAŁEK Mateusz	1231		M-20	00:00:45	00:25:57	00:51:33	01:16:37	01:38:53
470	GORECKI Janusz	361		M-50	00:00:18	00:25:22	00:51:05	01:16:29	01:38:54
471	STĘPIEŃ Wojciech	217	NIGHT RUNNERS GLIWICE	M-40	00:00:18	00:25:44	00:51:27	01:16:58	01:38:54
472	SKÓRA Aneta	1268	NIGHT RUNNERS GLIWICE	K-30	00:00:18	00:25:40	00:51:13	01:16:51	01:38:54
473	WIKIERSKI Michał	36		M-30	00:00:24	00:25:40	00:51:23	01:16:53	01:38:55
474	SMUDA Andrzej	512	AKMB PĘDZIWIATR GLIWICE	M-40	00:01:26	00:26:13	00:51:46	01:17:12	01:38:59
475	KARSKI Oskar	745		M-20	00:01:02	00:25:19	00:50:52	01:16:23	01:39:03
476	ZDZIEBKO Artur	176		M-40	00:00:24	00:26:01	00:51:47	01:17:11	01:39:12
477	CZARNIK-PECIAK Aleksandra	198	BRAK	K-40	00:00:04	00:24:59	00:50:42	01:16:19	01:39:14
478	DYDO Arkadiusz	865		M-40	00:00:22	00:25:39	00:51:08	01:16:52	01:39:18

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
479	ĆWIKŁA Kamil	315	HARPAGANY	M-30	00:00:36	00:25:15	00:50:47	01:16:10	01:39:20
480	NIESZPOREK Adam	344	RUN-3	M-40	00:00:56	00:25:34	00:50:57	01:16:20	01:39:24
481	KAFARSKI Robert	829	MALA PANA ZAWADZKIE	M-40	00:00:42	00:25:26	00:50:43	01:16:31	01:39:29
482	KONDRUSIEWICZ Michał	1064	BIEGACZE CSR	M-20	00:01:36	00:26:43	00:52:16	01:17:40	01:39:36
483	ORZECH Michał	820		M-30	00:00:44	00:24:07	00:49:20	01:15:35	01:39:37
484	KĄDZIOŁKA Jan	868	NIGHT RUNNERS GLIWICE	M-40	00:00:35	00:25:39	00:51:24	01:17:06	01:39:39
485	KREMPA Sławomir	1030		M-30	00:00:25	00:25:39	00:51:16	01:16:43	01:39:40
486	IMIOŁEK Arkadiusz	121	ED-CERT	M-40	00:00:15	00:25:24	00:51:11	01:17:01	01:39:42
487	DZIURA Arkadiusz	50		M-40	00:00:48	00:26:05	00:51:28	01:17:04	01:39:42
488	BOCHEŃSKA Wiktoria	1210	SBRT GLIWICE	K-16	00:00:20	00:25:54	00:51:23	01:16:56	01:39:44
489	PIECHOWICZ-KUROWSKA Agata	1218	SBRT GLIWICE	K-30	00:00:28	00:25:33	00:51:17	01:16:48	01:39:45
490	KACZKIEWICZ Damian	683	NIGHT RUNNERS GLIWICE	M-40	00:00:28	00:25:35	00:51:17	01:16:49	01:39:46
491	ĆWIK Paweł	1003		M-40	00:00:39	00:25:37	00:51:13	01:17:21	01:39:46
492	CIEŚLIK Bartłomiej	531	CHATEAU CHALIN	M-30	00:00:26	00:25:39	00:51:23	01:16:58	01:39:47
493	SŁOMIAN Marcelina	1011		K-20	00:00:26	00:25:32	00:51:24	01:17:18	01:39:49
494	GRACH Aleksandra	185	RUN AND FUN TEAM	K-40	00:00:17	00:24:39	00:50:41	01:16:23	01:39:50
495	KRUK Krzysztof	842	CROSSFIT ZABRZE	M-30	00:00:26	00:25:32	00:51:25	01:17:18	01:39:50
496	CIEŚLAK Paweł	725		M-30	00:00:44	00:25:08	00:50:41	01:16:33	01:39:50
497	BUDKA Henryk	632		M-50	00:01:25	00:26:43	00:52:02	01:17:21	01:39:50
498	RÓG Marcin	1054		M-20	00:00:19	00:25:54	00:51:02	01:15:59	01:39:51
499	FATYGA Arkadiusz	1302		M-30	00:00:56	00:25:10	00:50:28	01:16:00	01:39:52
500	PAWLIK Wojtek	736		M-30	00:00:25	00:25:46	00:51:53	01:17:54	01:39:54
501	STEFAŃCZYK Krzysztof	752		M-30	00:01:28	00:24:49	00:50:06	01:15:59	01:39:54
502	PISINGAS Mariusz	1150		M-30	00:01:13	00:25:38	00:51:41	01:17:25	01:39:55
503	SKACZKOWSKA Barbara	863	POLSKI KLUB MTB	K-30	00:00:32	00:25:11	00:50:57	01:16:45	01:39:57
504	OLSZEWSKI Tomasz	440		M-20	00:01:16	00:25:41	00:51:54	01:17:35	01:39:57
505	PIETRYSIAK Stefan	772		M-50	00:00:32	00:25:31	00:50:38	01:16:11	01:40:00
506	PARUZEL Ireneusz	681		M-40	00:00:38	00:24:22	00:49:34	01:15:21	01:40:06
507	BŁOŃSKA Monika	692		K-30	00:01:36	00:28:24	00:53:56	01:18:36	01:40:06
508	DZIDA Janusz	999	EXME BERGER GROUP ZOK SPÓŁKA Z O.O.	M-30	00:00:18	00:24:22	00:50:02	01:16:17	01:40:09
509	NAWROCKI Paweł	1118		M-40	00:01:34	00:25:30	00:50:47	01:16:37	01:40:11
510	MOCEK Roman	751		M-50	00:01:54	00:26:19	00:52:14	01:17:55	01:40:11
511	MACYSZYN Waldemar	730		M-50	00:01:34	00:25:30	00:50:47	01:16:37	01:40:12
512	CANIBOŁ Anna	444		K-20	00:00:42	00:25:45	00:51:46	01:17:25	01:40:17
513	WALCZAK Bartłomiej	1287		M-30	00:00:11	00:25:29	00:51:13	01:16:59	01:40:20
514	MALINOWSKI Mihał	952		M-30	00:00:38	00:25:26	00:51:06	01:16:51	01:40:20
515	MICHALAK Grzegorz	659	TOTALNY AMATOR	M-40	00:00:20	00:24:48	00:50:33	01:17:01	01:40:23
516	STEC Marcin	657	KW GLIWICE	M-30	00:00:35	00:25:28	00:51:11	01:16:45	01:40:24
517	TALKOWSKI Gabriel	1513	EXLABS	M-20	00:00:47	00:26:19	00:52:07	01:18:15	01:40:24
518	BALWIERZ Kamil	907		M-20	00:01:10	00:24:28	00:48:55	01:14:23	01:40:24
519	SITEK Grzegorz	892	TARNOGORSKIE TOWARZYSTWO TRIATHLONOWE	M-40	00:00:38	00:25:34	00:51:22	01:17:17	01:40:27
520	TROJAK Grzegorz	1116		M-16	00:01:13	00:26:32	00:52:04	01:17:48	01:40:30
521	SIWCZYK Robert	538		M-20	00:01:20	00:24:55	00:50:01	01:15:51	01:40:31
522	GANSZCZYK Rafał	823	OPEL ACTIVE TEAM	M-30	00:00:43	00:26:11	00:52:50	01:19:00	01:40:33
523	IZDEBSKI Adrian	527		M-30	00:00:55	00:26:23	00:53:43	01:18:41	01:40:36

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
524	DYCHA Eliza	33		K-30	00:00:49	00:25:50	00:51:51	01:18:25	01:40:37
525	DADAŚ Janusz	13		M-40	00:00:37	00:25:37	00:51:15	01:17:02	01:40:40
526	PANOCHA Daniel	452		M-30	00:01:06	00:25:03	00:50:41	01:16:24	01:40:42
527	KOSMAL Marek	1159		M-50	00:01:52	00:27:00	00:53:03	01:18:48	01:40:43
528	KOWALCZYK Grzegorz	247		M-40	00:00:27	00:23:28	00:47:51	01:14:54	01:40:44
529	JAGODA Mateusz	972	FUCHS OIL TEAM	M-20	00:01:10	00:26:28	00:52:52	01:17:54	01:40:44
530	MADEJSKI Kamil	1502		M-20	00:00:56	00:25:18	00:51:24	01:17:23	01:40:49
531	ZIOBER Grzegorz	1092	SPARTA PLATFUS	M-30	00:00:33	00:27:21	00:54:12	01:19:33	01:40:51
532	DELEWSKA Dorota	735	NIGHT RUNNERS ZABRZE	K-40	00:00:47	00:25:51	00:51:24	01:17:27	01:40:51
533	WIECHOWSKI Artur	209	SPARTA PLATFUS	M-30	00:00:33	00:27:22	00:54:12	01:19:32	01:40:52
534	GOLEC Aleksandra	212	PTTK ŻYWIEC	K-40	00:00:37	00:26:12	00:52:07	01:17:56	01:40:52
535	KUROWSKI Michał	540	NIGHT RUNNERS GLIWICE	M-20	00:01:00	00:25:30	00:51:22	01:17:42	01:40:52
536	ZDANIEWICZ Radosław	1065	PSYCHONAUCI	M-30	00:00:56	00:26:39	00:52:54	01:18:43	01:40:54
537	ZWALIŃSKI Przemysław	671		M-20	00:00:37	00:22:41	00:47:49	01:14:34	01:41:00
538	SOSZYŃSKI Wojtek	291	PZU SPORT TEAM	M-40	00:00:26	00:25:55	00:51:46	01:17:31	01:41:02
539	SOREMSKI Dominik	480	BZUT	M-20	00:00:39	00:26:43	00:53:11	01:18:37	01:41:03
540	JADCZYK Jarosław	753	JCOMMERCE	M-20	00:01:14	00:26:16	00:52:42	01:18:17	01:41:08
541	GRĄBCZEWSKI Marcin	171		M-30	00:00:21	00:25:43	00:51:31	01:17:21	01:41:11
542	MACIOSZEK Mariusz	712		M-20	00:00:22	00:25:50	00:51:39	01:17:32	01:41:13
543	BAUMERT Rafał	597	ISTA BIEGAMY	M-30	00:00:47	00:26:09	00:52:23	01:18:45	01:41:14
544	MARCINKIEWICZ Paweł	1036	UNIwersytet OPOLSKI	M-40	00:00:37	00:25:32	00:51:11	01:17:50	01:41:16
545	POPŁAWSKA-WAL Agata	1120	OPEL ACTIVE TEAM	K-30	00:00:35	00:25:45	00:52:01	01:18:22	01:41:19
546	CZERNIK Andrzej	337		M-60	00:02:18	00:25:39	00:51:15	01:17:19	01:41:19
547	JANKOWSKA Justyna	1059		K-30	00:00:18	00:25:44	00:51:33	01:17:57	01:41:20
548	SOJKA Łukasz	1301		M-30	00:01:29	00:25:26	00:51:12	01:17:11	01:41:25
549	LUKOSZEK Marek	349	RUN3	M-40	00:00:56	00:26:06	00:52:18	01:18:08	01:41:26
550	CZEMPIEL Łukasz	441		M-30	00:01:53	00:26:45	00:52:52	01:18:11	01:41:28
551	MACIEJCZYK Marcin	429	AKS DRAGON	M-30	00:01:32	00:27:08	00:53:00	01:18:41	01:41:29
552	BUJALSKI Michał	571	AKS DRAGON	M-30	00:01:32	00:27:08	00:53:00	01:18:42	01:41:30
553	KWAPIEŃ Paweł	1133		M-30	00:00:09	00:25:38	00:51:37	01:17:45	01:41:32
554	MIKA Szymon	628		M-20	00:00:14	00:26:20	00:52:46	01:18:37	01:41:32
555	CIMAŁA Rafał	598	ISTA BIEGAMY	M-40	00:00:55	00:27:39	00:54:19	01:20:08	01:41:32
556	KALUS Marta	1060		K-20	00:01:17	00:27:00	00:53:09	01:18:33	01:41:33
557	DUDA Piotr	1162		M-30	00:00:36	00:24:42	00:49:26	01:15:02	01:41:35
558	WICHARY Marcin	594	ISTA BIEGAMY	M-30	00:00:40	00:25:51	00:52:30	01:18:52	01:41:37
559	WIORA Łukasz	297		M-30	00:00:23	00:25:47	00:51:36	01:17:44	01:41:49
560	RABIEJ Rafał	906		M-40	00:00:35	00:25:39	00:51:24	01:17:50	01:41:51
561	WILSZ Adam	27	UNISONO	M-40	00:01:10	00:28:19	00:55:12	01:20:16	01:41:54
562	WRÓBEL Maciej	1289	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:00:34	00:26:26	00:52:19	01:18:46	01:41:55
563	KLEWANIEC Jakub	299		M-30	00:00:37	00:25:45	00:51:52	01:18:23	01:42:02
564	JANUSZKA Mariusz	822		M-40	00:00:50	00:26:51	00:53:26	01:19:26	01:42:02
565	SZOLC Grzegorz	1078		M-40	00:01:05	00:26:17	00:52:40	01:18:48	01:42:04
566	RUPNIK Asia	188		K-30	00:00:22	00:25:43	00:51:32	01:17:33	01:42:05
567	WOJTAS Marcin	593	ISTA BIEGAMY	M-30	00:01:38	00:27:53	00:54:46	01:20:32	01:42:06
568	GRYSZYN Michał	1035		M-20	00:00:35	00:23:48	00:48:10	01:15:15	01:42:11

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
569	SIKORA Grzegorz	882		M-40	00:01:51	00:26:35	00:52:38	01:18:56	01:42:13
570	KWAPIEŃ Aleksander	1111		M-30	00:00:09	00:25:38	00:51:38	01:17:45	01:42:15
571	KOWALCZYK Robert	599	BIEGAMY	M-40	00:00:46	00:26:12	00:52:50	01:19:16	01:42:16
572	DROZD Kajetan	677	STREFAGITARY.PL	M-30	00:00:28	00:26:04	00:51:57	01:18:39	01:42:18
573	GAWEŁ Krzysztof	1029	NIEZRZESZONY	M-50	00:00:34	00:25:07	00:51:24	01:17:53	01:42:20
574	SIKORA Mariusz	758		M-40	00:00:29	00:25:44	00:51:29	01:17:43	01:42:24
575	WILCZEK Małgorzata	596	ISTA BIEGAMY	K-30	00:00:28	00:25:54	00:52:42	01:19:04	01:42:30
576	SIEJA Szymon	1103	JW AGAT	M-20	00:00:10	00:24:04	00:49:46	01:16:48	01:42:31
577	SAMUL Bartłomiej	1121	WKS DESANT BOKS	M-20	00:00:11	00:24:04	00:49:45	01:16:48	01:42:33
578	MUSIALIK Jan	991	CARPE DIEM	M-40	00:00:44	00:26:11	00:52:53	01:19:11	01:42:34
579	HNATIUK Mateusz	679		M-20	00:01:06	00:27:58	00:54:50	01:20:36	01:42:36
580	WOLAŃCZYK Kamila	1149		K-30	00:00:48	00:25:20	00:52:07	01:19:20	01:42:37
581	WALASZCZYK Anna	451	RUN & FUN	K-30	00:00:17	00:24:39	00:50:41	01:17:33	01:42:38
582	NANCKA Brygida	406		K-40	00:00:23	00:26:05	00:52:53	01:19:19	01:42:43
583	DOBOSZ Mariusz	130	GO-LEASING	M-30	00:00:23	00:26:22	00:52:49	01:19:30	01:42:45
584	DYMAREK Łukasz	57	KM PSP GLIWICE	M-30	00:00:18	00:25:56	00:52:11	01:19:02	01:42:47
585	OSIŃSKI Paweł	187	NIGHT RUNNERS GLIWICE	M-30	00:00:24	00:25:35	00:52:00	01:18:52	01:42:48
586	GRODZKA-SZKÓŁKA Ewa	895		K-30	00:00:44	00:25:20	00:51:29	01:18:25	01:42:51
587	KONOPKA Agnieszka	68		K-30	00:01:24	00:26:20	00:52:38	01:19:03	01:42:53
588	GÓRNIAK Adam	884	HARPAGAN SOSNOWIEC	M-40	00:00:34	00:26:39	00:53:17	01:19:37	01:42:56
589	SZOTA Magdalena	1091		K-30	00:00:24	00:26:30	00:53:15	01:19:42	01:42:58
590	ŻOŁNOWSKA Anna	427		K-30	00:01:23	00:25:00	00:51:01	01:17:53	01:42:58
591	TUREK Maciej	375		M-40	00:01:06	00:26:20	00:53:30	01:20:17	01:43:03
592	SPODZIEJA Aleksandra	137		K-20	00:01:03	00:28:12	00:55:09	01:20:46	01:43:04
593	BEDNORZ Adam	1243		M-30	00:00:09	00:25:11	00:52:41	01:19:21	01:43:05
594	KOŁAKOWSKI Bartosz	817		M-20	00:00:50	00:26:08	00:52:40	01:19:27	01:43:05
595	CZARNIK Stanisław	848	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:09	00:26:37	00:53:06	01:19:31	01:43:06
596	LEWANDOWSKI Henryk	733		M-40	00:01:03	00:25:23	00:51:03	01:17:34	01:43:07
597	SOSNOWSKI Maciej	581		M-30	00:01:24	00:26:59	00:52:29	01:18:48	01:43:07
598	GRAMATYKA Paweł	631		M-40	00:00:31	00:25:32	00:51:20	01:17:24	01:43:08
599	GOGOLIN Anna	1107		K-30	00:01:19	00:26:59	00:53:38	01:20:17	01:43:11
600	SZWAJKOSZ Szczepan	275	NIGHT RUNNERS GLIWICE	M-20	00:00:26	00:25:36	00:51:19	01:16:52	01:43:12
601	ZYMELA Dawid	524		M-30	00:00:54	00:25:32	00:51:50	01:18:31	01:43:12
602	KOWALSKI Rafał	494		M-20	00:00:47	00:27:21	00:54:20	01:20:47	01:43:16
603	RACZEK Magdalena	649		K-30	00:00:29	00:26:54	00:53:27	01:20:00	01:43:17
604	WITEK Jacek	1086	OPEL ACTIVE TEAM	M-30	00:00:42	00:25:35	00:51:23	01:18:16	01:43:18
605	SŁUSZNIAK Sławomir	799		M-40	00:01:21	00:25:35	00:51:28	01:18:46	01:43:18
606	NOWAKOWSKI Dominik	1294	MOMO RESTAURANT & COCKTAIL BAR	Mieszkańcy Gliwic	00:01:05	00:24:18	00:50:17	01:17:13	01:43:19
607	PENKALA Artur	131	GO-LEASING	M-30	00:00:23	00:26:22	00:52:50	01:19:30	01:43:22
608	PODSIADŁY Tomasz	616		M-30	00:00:39	00:27:09	00:53:39	01:19:58	01:43:22
609	KARNIA Agnieszka	617	SBRT	K-30	00:00:39	00:27:09	00:53:38	01:19:58	01:43:22
610	GŁOWACKA Małgorzata	728	NOWOSOLSKA GRUPA BIEGOWA	K-30	00:00:48	00:26:30	00:52:45	01:19:22	01:43:25
611	KONIECKO Łukasz	545		M-30	00:00:49	00:27:09	00:53:54	01:20:30	01:43:25
612	RYMASZEWSKI Wojciech	20		M-30	00:00:55	00:26:04	00:51:48	01:17:35	01:43:26
613	PAWLINA Piotr	103		M-40	00:01:27	00:27:06	00:54:03	01:20:50	01:43:26

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
614	GERLE Anna	287		K-30	00:00:35	00:25:35	00:51:50	01:18:46	01:43:27
615	GRABOWSKI Maciej	61		M-30	00:00:49	00:26:18	00:52:45	01:19:18	01:43:28
616	PAWIŃSKI Wojciech	285		M-40	00:00:50	00:27:46	00:55:32	01:21:33	01:43:29
617	BALCAREK Grzegorz	1073		M-30	00:01:30	00:27:22	00:54:49	01:20:56	01:43:31
618	WOŹNIAK Marek	608		M-40	00:00:45	00:26:26	00:53:18	01:19:43	01:43:32
619	SZESZKO Sławomir	612		M-50	00:01:34	00:27:26	00:54:33	01:20:57	01:43:32
620	ROŻEK Michał	550		M-40	00:01:03	00:26:43	00:53:24	01:20:17	01:43:33
621	KACZOR Rafał	1027	PKO BANK POLSKI	M-40	00:01:27	00:26:32	00:53:08	01:19:45	01:43:33
622	MAJ-DZIUBAŃSKA Izabela	1239	PYSKOWICE	K-30	00:00:42	00:24:34	00:49:28	01:16:09	01:43:36
623	BUK Marcin	286		M-20	00:01:53	00:27:19	00:54:11	01:20:49	01:43:37
624	SZUMSKI Tomasz	321		M-40	00:00:27	00:25:52	00:51:47	01:18:47	01:43:38
625	POKRYSZKA Wojciech	360		M-20	00:00:29	00:25:39	00:51:49	01:18:56	01:43:39
626	ZIMOCH Grzegorz	215		M-30	00:00:12	00:26:19	00:54:41	01:22:40	01:43:44
627	HOMA Dorota	551		K-20	00:01:36	00:26:25	00:53:13	01:20:03	01:43:50
628	KAMPKA Aleksander	149		M-40	00:00:34	00:26:34	00:53:29	01:20:21	01:43:51
629	SMOTER Wojciech	35		M-30	00:01:27	00:25:00	00:50:23	01:16:45	01:43:59
630	CHOJCAN Beata	1228	RYBNICKA GRUPA BIEGOWA PEDZIMY RAZEM	K-30	00:00:24	00:26:49	00:53:38	01:20:32	01:44:00
631	WÓJCIK Tomasz	22		M-30	00:01:16	00:26:37	00:53:17	01:19:47	01:44:05
632	WARECKA Agata	697		K-20	00:01:23	00:27:20	00:55:10	01:21:15	01:44:05
633	GABOR Katarzyna	1235		K-20	00:01:20	00:27:37	00:55:00	01:21:30	01:44:11
634	BABIŃSKI Szymon	263		M-30	00:00:44	00:26:08	00:52:47	01:20:01	01:44:20
635	BZOWSKA Aleksandra	86	NIGHT RUNNERS GLIWICE	K-30	00:00:44	00:26:08	00:52:47	01:20:02	01:44:23
636	KOZMINCZUK-MARKULAK Agnieszka	1101		K-30	00:00:32	00:25:06	00:50:57	01:18:52	01:44:26
637	MILIK Dagmara	986		K-20	00:00:50	00:26:20	00:52:59	01:20:06	01:44:26
638	MATUSIK-SKALSKA Renata	966		K-40	00:01:00	00:27:01	00:53:39	01:20:50	01:44:27
639	WÓJCIK Bartłomiej	670		M-20	00:01:08	00:27:08	00:53:50	01:21:06	01:44:27
640	ŁĄTKOWSKI Marcin	1205	SBRT GLIWICE	M-20	00:01:26	00:26:53	00:53:36	01:20:19	01:44:27
641	KOWALCZYK Józef	1045		M-40	00:01:43	00:27:19	00:54:20	01:21:46	01:44:27
642	SZMIDT Marcin	1216	SBRT GLIWICE	M-20	00:02:19	00:26:08	00:51:34	01:17:56	01:44:27
643	ZEMŁA Piotr	195		M-40	00:00:42	00:26:25	00:53:40	01:20:46	01:44:33
644	WIETRZYCKI Mariusz	353	BIEGAJ Z TRENERAMI	M-30	00:00:20	00:25:43	00:51:02	01:17:10	01:44:36
645	WIETRZYCKI Zenon	354	POLSKA	M-50	00:00:19	00:25:46	00:51:04	01:17:11	01:44:40
646	GIERAS Mirosław	469		M-40	00:00:33	00:25:29	00:51:22	01:19:30	01:44:43
647	SZCZĘŚNIAK Krzysztof	1264		M-20	00:01:08	00:26:35	00:53:19	01:20:22	01:44:44
648	KWIATKOWSKI Krzysztof	1087		M-30	00:00:35	00:24:57	00:51:26	01:19:11	01:44:45
649	KĘPSKI Albert	784		M-20	00:01:21	00:28:04	00:56:07	01:21:54	01:44:45
650	GADAWSKI Bartłomiej	242	SBRT GLIWICE	M-16	00:00:45	00:26:09	00:53:12	01:20:38	01:44:46
651	HAHN Piotr	532	NORRUN TEAM	M-30	00:00:34	00:27:19	00:54:20	01:21:08	01:44:50
652	KUŚKA Paweł	346		M-30	00:00:45	00:26:03	00:52:55	01:20:12	01:44:54
653	OLESIŃSKA Joanna	372		K-40	00:00:28	00:26:41	00:54:06	01:21:28	01:44:56
654	ZACHARA Michał	1051		M-20	00:01:31	00:26:15	00:54:03	01:21:05	01:44:58
655	GRONDECKI Grzegorz	302	BIEGAMY Z SERCEM.PL	M-40	00:00:18	00:25:06	00:50:55	01:17:28	01:45:01
656	WIERZBICA Adrian	403		M-30	00:00:33	00:27:34	00:54:56	01:21:56	01:45:08
657	JAGOSZ Patryk	519	PATRYK JAGOSZ	M-30	00:00:54	00:26:24	00:53:44	01:20:28	01:45:09
658	CHROBAK Ania	767	OPEL ACTIVE TEAM	K-30	00:01:30	00:26:47	00:53:23	01:20:23	01:45:09

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
659	URBANEK Marcin	595	ISTA BIEGAMY	M-30	00:00:46	00:26:21	00:53:29	01:20:23	01:45:12
660	KRUSZYŃSKI Marcin	301	STADO PĘDZĄCYCH IMADEŁ	M-40	00:00:46	00:26:07	00:51:58	01:18:59	01:45:13
661	ZELMANOWICZ Jacek	1272		M-40	00:00:24	00:25:24	00:51:51	01:19:29	01:45:15
662	BŁASZCZYSZYN Łukasz	135	HEAVY METAL ALL-STAR TEAM	M-30	00:00:58	00:26:58	00:54:08	01:21:04	01:45:17
663	FUGOWSKI Grzegorz	283		M-30	00:01:33	00:25:47	00:53:00	01:20:45	01:45:18
664	MICHALSKI Bartosz	85		M-40	00:01:14	00:27:21	00:54:28	01:21:31	01:45:20
665	BDZIONEK Jolanta	958		K-30	00:01:36	00:27:29	00:54:37	01:21:47	01:45:22
666	BIOLIK Piotr	413	--	M-40	00:00:21	00:24:21	00:50:29	01:18:58	01:45:24
667	KUZIOR Karol	1256		M-20	00:01:33	00:24:29	00:53:11	01:20:56	01:45:31
668	KOZDRA Krzysztof	579	NIEZRZESZONY	M-50	00:01:38	00:27:25	00:54:39	01:21:28	01:45:31
669	KOCIELSKA Anna	810	AKMB PĘDZIWIATR GLIWICE	K-20	00:00:28	00:26:12	00:53:24	01:20:56	01:45:36
670	KOPCIK Tomasz	982	COMBAT56	M-30	00:00:34	00:25:47	00:52:01	01:20:17	01:45:36
671	KROPKA Szymon	140	NIGHT RUNNERS GLIWICE	M-30	00:00:28	00:26:40	00:54:08	01:21:18	01:45:37
672	PŁOTEK Tomasz	561		M-30	00:00:32	00:25:44	00:52:11	01:19:44	01:45:37
673	HORDZIEJEWICZ-KARASIŃSKA Ewa	816	PURE FIRE BYTOM	K-40	00:00:57	00:27:37	00:54:45	01:21:48	01:45:37
674	MALSKA - WYROZUMSKA Małgorzata	984	NIGHT RUNNERS GLIWICE	K-30	00:00:19	00:25:51	00:52:29	01:20:54	01:45:40
675	TATERKA Michał	764		M-20	00:01:37	00:28:14	00:54:10	01:20:48	01:45:42
676	SKRABA Krzysztof	1077	AMATOR SZCZYGLOWICE	M-30	00:00:59	00:28:49	00:56:28	01:22:39	01:45:48
677	KUCZMA Joanna	162		K-40	00:00:42	00:27:38	00:55:23	01:22:16	01:45:49
678	ŁUKASZKIEWICZ Michał	530		M-30	00:00:35	00:25:37	00:51:25	01:18:28	01:45:53
679	MRÓZEK Przemysław	379	KB ŚPIOCHY OPATÓW	M-30	00:00:27	00:26:46	00:54:04	01:21:49	01:45:54
680	IGNASIAK Rafał	378	XXX	M-30	00:00:27	00:26:46	00:54:04	01:21:49	01:45:54
681	SKRZYPCZAK Tomasz	288	KFPR	M-30	00:01:19	00:27:42	00:55:04	01:22:16	01:45:54
682	BIĄŁY Dagmara	996		K-40	00:01:46	00:27:25	00:54:39	01:22:12	01:45:56
683	LAMPA Alicja	84	NIGHT RUNNERS GLIWICE	K-20	00:00:26	00:26:20	00:53:56	01:21:46	01:45:58
684	CHUDZIŃSKI Tomasz	835		M-40	00:00:15	00:23:54	00:49:27	01:16:50	01:46:03
685	TKOCZ Rafał	323		M-30	00:01:09	00:27:22	00:54:37	01:21:58	01:46:03
686	BARAŃSKI Grzegorz	111		M-30	00:01:12	00:27:29	00:54:53	01:22:11	01:46:04
687	GAŁECZKA Michał	548		M-20	00:01:06	00:28:43	00:56:30	01:23:06	01:46:12
688	PACAN Krzysztof	713		M-30	00:00:15	00:25:01	00:51:39	01:19:48	01:46:15
689	WOLANIN Maciej	645		M-20	00:00:38	00:27:37	00:55:12	01:22:05	01:46:16
690	MIŚKÓW Marcin	629	ZARAZIĆ PASJĄ	M-30	00:01:20	00:25:05	00:50:15	01:18:24	01:46:16
691	STANISZEWSKI Krzysiek	637	BIEGAMY Z SERCEM.PL	M-20	00:01:20	00:25:06	00:50:15	01:18:24	01:46:16
692	SZOŁTYSEK - GRZESIKIEWICZ Anna	425	TORCIDA GLIWICE	K-30	00:00:30	00:27:46	00:55:33	01:23:06	01:46:17
693	LUDWIG Marcin	518		M-30	00:00:49	00:27:33	00:54:51	01:22:10	01:46:17
694	SZULC Michał	1021	4M	M-40	00:00:49	00:27:33	00:54:51	01:22:10	01:46:17
695	LIPKA Katarzyna	1017	NIGHT RUNNERS GLIWICE	K-20	00:00:37	00:27:38	00:55:14	01:22:07	01:46:19
696	JARECKI Ryszard	1180		M-50	00:00:46	00:27:29	00:55:15	01:22:49	01:46:23
697	BIAŁECKI Jan	916	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M-60	00:01:09	00:26:35	00:53:16	01:21:15	01:46:23
698	TARTANUS-ORYSZCZAK Marta	239		K-30	00:01:21	00:27:12	00:54:25	01:21:42	01:46:23
699	KULIK Katarzyna	462	NIGHT RUNNERS GLIWICE	K-30	00:00:19	00:26:47	00:54:18	01:21:32	01:46:24
700	GONERA Paweł	676		M-40	00:00:47	00:25:59	00:53:27	01:21:34	01:46:28
701	KOWALSKI Zbyszek	913	MARYSIA & SZYMEK TEAM	M-30	00:00:56	00:27:21	00:55:05	01:22:39	01:46:30
702	KAMECKI Maciej	870	GOOD TIME - SPORT	M-30	00:00:42	00:25:44	00:52:00	01:20:12	01:46:32
703	PAWLIK Agnieszka	193	ATHLETICS NYSA	K-40	00:01:23	00:26:49	00:54:09	01:21:51	01:46:32

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
704	WYPCHOŁ Piotr	254		M-50	00:01:11	00:27:58	00:54:55	01:22:28	01:46:39
705	HRYSKIEWICZ Janusz	467	UNISONO/AKMB PĘDZIWIATR GLIWICE	M-40	00:01:10	00:28:19	00:55:14	01:22:27	01:46:40
706	PILCH-NANOWSKA Agnieszka	587		K-30	00:01:17	00:27:48	00:55:06	01:23:05	01:46:41
707	URBANKE Bartosz	1305		M-20	00:01:07	00:28:29	00:54:52	01:22:35	01:46:43
708	TYLMAN-MADEJCZYK Marta	1	MTM	K-30	00:01:40	00:27:44	00:54:54	01:22:08	01:46:44
709	BOROWIEC Wojciech	946		M-20	00:01:31	00:26:23	00:54:06	01:21:44	01:46:45
710	KOLASIŃSKA Monika	292		K-20	00:00:11	00:26:55	00:55:06	01:22:09	01:46:47
711	ŻUCHOWSKA Aneta	834		K-40	00:01:34	00:29:02	00:57:28	01:24:22	01:46:47
712	UJMA Michał	962		M-30	00:00:51	00:28:44	00:55:06	01:22:51	01:46:48
713	ADAMCZYK Marcin	364		M-20	00:00:32	00:24:04	00:50:45	01:19:18	01:46:49
714	ŚNIEGOWSKA Julia	1102		K-20	00:00:26	00:26:49	00:54:17	01:22:07	01:46:50
715	RADECKA Paulina	167		K-20	00:00:43	00:27:54	00:55:21	01:22:44	01:46:51
716	PAWEŁKÓW Alicja	168		K-20	00:00:43	00:27:54	00:55:21	01:22:45	01:46:52
717	PYZIK Marek	96	OPEL ACTIVE TEAM	M-50	00:00:28	00:26:25	00:53:30	01:21:52	01:46:54
718	KUBIT Bartłomiej	1304		M-30	00:00:55	00:28:41	00:55:02		01:46:54
719	JĘDRYCHA Artur	708		M-40	00:00:38	00:27:39	00:55:24	01:22:59	01:46:55
720	KOSTRZAK Czesław	489	KB ENDURANCE SOLIDARNI KNURÓW	M-50	00:01:02	00:26:45	00:55:00	01:23:15	01:46:55
721	JĘDRYCHA Zbigniew	709		M-60	00:00:38	00:27:39	00:55:24	01:22:59	01:46:56
722	HONISZ Andrzej	1179		M-30	00:00:52	00:27:24	00:55:10	01:22:44	01:46:56
723	MACIASZEK Grzegorz	414		M-20	00:00:17	00:27:58	00:55:52	01:22:53	01:46:58
724	KOWALCZYK Anna	814	HIRSCHVOGEL COMPONENTS POLAND	K-40	00:00:53	00:27:44	00:55:34	01:22:50	01:46:59
725	SZYLER Kamil	660		M-20	00:00:45	00:27:30	00:55:16	01:22:53	01:47:04
726	ŁUSIAK Mariusz	1135		M-30	00:00:45	00:27:33	00:55:21	01:22:55	01:47:10
727	KANIGOWSKA Kaja	1058		K-20	00:01:18	00:27:02	00:54:41	01:22:18	01:47:10
728	KRZYSZKOWSKA Agnieszka	1211	SBRT GLIWICE	K-30	00:00:31	00:26:21	00:53:52	01:21:47	01:47:11
729	PŁOMIN Marcin	1206	SBRT GLIWICE	M-30	00:00:39	00:27:41	00:55:26	01:23:00	01:47:12
730	KRAJEWSKI Radosław	486		M-30	00:00:41	00:26:05	00:53:18	01:20:38	01:47:12
731	WILIMSKI Tomasz	101	SBRT GLIWICE	M-40	00:00:34	00:27:41	00:55:28	01:23:01	01:47:14
732	GRUSZKA Michał	371		M-40	00:01:26	00:27:37	00:55:44	01:23:44	01:47:14
733	UCHNAST Sebastian	990		M-40	00:01:26	00:27:37	00:55:43	01:23:44	01:47:15
734	ROLEK Marcin	73		M-30	00:01:39	00:27:27	00:55:06	01:22:17	01:47:15
735	KOPLIN Kasia	281		K-30	00:00:17	00:25:05	00:52:45	01:21:02	01:47:16
736	GÓRNY Magdalena	1511	CA AKTYWNI	K-30	00:00:30	00:27:44	00:55:31	01:23:05	01:47:17
737	ŁAGOSZ Kasia	1509	CA AKTYWNI / BROKER	K-30	00:00:30	00:27:44	00:55:31	01:23:05	01:47:17
738	PRUSKO Adrian	627		M-40	00:00:11	00:25:07	00:52:29	01:20:42	01:47:20
739	SZPALA Ireneusz	897	WKU GLIWICE	M-50	00:01:09	00:27:14	00:55:16	01:23:31	01:47:24
740	RENKIEL Tomasz	55	NIGHT RUNNERS GLIWICE	M-40	00:01:00	00:28:03	00:55:53	01:23:50	01:47:25
741	MAJEWSKI Grzegorz	108		M-30	00:01:19	00:25:19	00:52:53	01:21:02	01:47:26
742	KOWALCZYK Bożena	1044		K-40	00:01:43	00:27:21	00:54:49	01:22:13	01:47:26
743	POPIEL Artur	21		M-40	00:01:08	00:27:56	00:55:15	01:23:09	01:47:38
744	TISZBIEREK Henryk	180	SBRT GLIWICE	M-40	00:01:12	00:27:58	00:55:43	01:23:35	01:47:38
745	BIERNAT Adam	268		M-40	00:01:38	00:28:06	00:55:49	01:23:20	01:47:40
746	POPIEL Adriana	23		K-30	00:01:05	00:27:59	00:55:18	01:23:12	01:47:42
747	FEREFCKI Pawel	604		M-30	00:01:15	00:25:40	00:53:16	01:21:55	01:47:47
748	DĄBROWSKI Marcin	257		M-30	00:01:10	00:26:33	00:54:30	01:22:35	01:47:48

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
749	NIEGOWSKA Anna	94	ZSO10 GLIWICE	K-50	00:01:27	00:27:45	00:55:20	01:23:08	01:47:48
750	GRYGIEREK Marcin	420		M-20	00:00:34	00:26:14	00:53:38	01:21:57	01:47:49
751	KOŁODZIEJ Paweł	505		M-30	00:00:39	00:27:49	00:55:27	01:23:12	01:47:49
752	WIŚNIEWSKI Paweł	1169	JW AGAT	M-30	00:00:39	00:26:52	00:54:18	01:22:19	01:47:53
753	KOŚNIEWSKI Paweł	245		M-30	00:00:48	00:27:36	00:55:16	01:22:52	01:47:57
754	MELCHER Ewa	950		K-40	00:01:34	00:29:02	00:57:28	01:24:44	01:48:02
755	KLEKOWSKI Włodzimierz	1028	NIGHT RUNNERS ZABRZE	M-50	00:00:49	00:27:16	00:54:52	01:22:47	01:48:08
756	PECIAK Kamila	606		K-30	00:00:31	00:26:04	00:54:04	01:22:34	01:48:13
757	STYPA Jerzy	415	STONOGI MILANÓWEK	M-50	00:00:55	00:28:39	00:56:54	01:24:33	01:48:15
758	OSIŃSKI Robert	399	NIGHT RUNNERS GLIWICE	M-30	00:00:55	00:28:39	00:56:54	01:24:33	01:48:16
759	BAK Magdalena	1048		K-20	00:01:14	00:28:20	00:56:25	01:24:23	01:48:24
760	PADOŁ Zbigniew	141	NIEZRZESZONY	M-50	00:00:17	00:27:56	00:56:03	01:23:34	01:48:31
761	KATA Damian	1207	SBRT GLIWICE	M-20	00:00:22	00:26:07	00:53:51	01:21:57	01:48:31
762	CICHOWSKI Marcin	722		M-30	00:00:22	00:26:07	00:53:51	01:21:57	01:48:31
763	NAGEL Jan	1227		M-30	00:01:16	00:27:03	00:54:36	01:22:33	01:48:31
764	MELLER Tadeusz	312		M-20	00:01:21	00:26:58	00:53:24	01:21:09	01:48:32
765	ROZCIECHA Radosław	1069		M-20	00:01:15	00:27:00	00:54:41	01:22:21	01:48:34
766	KRZOS Piotr	74		M-30	00:01:57	00:29:08	00:57:45	01:25:17	01:48:34
767	LERCH Dagmara	1126		K-40	00:00:40	00:27:36	00:55:26	01:23:24	01:48:36
768	CZAJKA Aleksander	1124		M-40	00:00:40	00:27:36	00:55:26	01:23:24	01:48:37
769	STUDNICKA Katarzyna	1038		K-30	00:01:41	00:27:22	00:54:51	01:23:16	01:48:41
770	NIESLER Magdalena	338	NIGHT RUNNERS GLIWICE	K-30	00:00:37	00:26:32	00:54:14	01:22:20	01:48:42
771	KAISER-CHROMIK Beata	258		K-40	00:00:32	00:28:09	00:56:43	01:24:39	01:48:43
772	STAROŃ Sylwester	470		M-40	00:01:04	00:27:31	00:55:35	01:24:01	01:48:52
773	MAĆZKO Jan	914		M-50	00:01:04	00:27:57	00:56:22	01:24:32	01:48:53
774	DREWUSZEWSKI Maciej	515	4M	M-30	00:00:49	00:25:34	00:54:04	01:22:24	01:49:01
775	PTAK Leszek	824		M-40	00:00:21	00:26:04	00:53:28	01:22:13	01:49:02
776	ERDMANN Robert	280		M-30	00:00:59	00:26:26	00:53:11	01:20:54	01:49:04
777	JANOSZEK Piotr	293		M-30	00:00:59	00:26:26	00:53:11	01:20:54	01:49:04
778	KOZŁOWSKI Przemysław	549		M-30	00:00:43	00:27:49	00:55:38	01:23:32	01:49:05
779	RYGIEL Sebastian	143		M-30	00:01:54	00:29:04	00:57:51	01:25:35	01:49:13
780	WIECZOREK Jarosław	2		M-30	00:00:54	00:29:07	00:57:05	01:25:09	01:49:16
781	JANIK Basia	615		K-30	00:01:41	00:26:57	00:54:44	01:23:12	01:49:17
782	BUFNAL Krzysztof	574		M-40	00:01:53	00:29:00	00:56:08	01:24:11	01:49:21
783	BUGAJSKI Mariusz	844		M-40	00:00:02	00:24:36	00:52:11	01:21:05	01:49:22
784	CZERNIAK Żaneta	249		K-40	00:01:33	00:28:00	00:56:13	01:24:15	01:49:23
785	WÓJCIAK Katarzyna	1229		K-30	00:01:33	00:28:00	00:56:13	01:24:14	01:49:24
786	WRÓBEL Jarosław	1233		M-30	00:01:25	00:27:34	00:55:15	01:23:32	01:49:27
787	HANZEL Anna	110	AKMB PĘDZIWIATR GLIWICE	K-50	00:00:41	00:27:38	00:55:43	01:23:56	01:49:30
788	KLYTA Wojciech	1284		M-40	00:01:41	00:27:13	00:54:21	01:22:05	01:49:30
789	BUCZYŃSKI Radosław	307	NIGHT RUNNERS GLIWICE	M-30	00:00:18	00:25:21	00:51:24	01:21:11	01:49:36
790	WOJTASIŃSKI Robert	819	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:16	00:27:03	00:54:34	01:22:32	01:49:37
791	CEGIELSKA Dorota	977		K-30	00:00:42	00:27:44	00:55:54	01:24:14	01:49:39
792	CZAJKA Edward	1234	BRAK	M-40	00:00:47	00:26:27	00:54:12	01:22:45	01:49:44
793	NIKODON Paweł	343	PLASTIC OMNIUM	M-30	00:01:25	00:26:14	00:51:49	01:21:17	01:49:45

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
794	SZOŁTYSIK Paweł	213	SPARTA PLATFUS	M-30	00:00:33	00:27:22	00:55:22	01:23:36	01:49:46
795	SIUDEK Kazimierz	1088		M-50	00:00:26	00:25:48	00:53:46	01:22:46	01:49:47
796	SALA Nela	621	AKTYWNE ATOMOOFKI	K-30	00:01:36	00:27:46	00:56:15	01:24:25	01:49:48
797	GUJA Bogusław	858		M-60	00:00:27	00:25:51	00:53:07	01:22:25	01:49:53
798	NOWAKOWSKI Marek	386	AMEC FOSTER WHEELER RUNNING TEAM	M-40	00:01:44	00:27:01	00:54:24	01:22:48	01:49:58
799	MULARCZYK Agnieszka	888		K-30	00:00:51	00:27:27	00:55:30	01:24:45	01:50:00
800	BALIŃSKA-SANOCKA Aneta	334		K-30	00:01:01	00:28:03	00:55:56	01:25:21	01:50:00
801	ŁĘCZGAR Ewelina	998		K-30	00:01:15	00:28:03	00:56:09	01:24:47	01:50:07
802	HEFFNER Remigiusz	762	OPEL ACTIVE TEAM	M-30	00:01:15	00:28:02	00:56:08	01:24:47	01:50:08
803	BATKO Dawid	711		M-30	00:00:47	00:27:43	00:54:48	01:22:49	01:50:12
804	KANIOWSKI Andrzej	205		M-30	00:00:23	00:25:51	00:52:17	01:21:32	01:50:14
805	KAROLCZAK Joanna	791		K-40	00:00:28	00:26:00	00:53:58	01:23:43	01:50:14
806	WIECZORKE Marcin	488		M-40	00:01:05	00:25:26	00:52:56	01:22:23	01:50:14
807	ZALEWSKI Krzysztof	900		M-40	00:00:47	00:26:46	00:54:47	01:22:31	01:50:17
808	MUZA Karolina	126		K-30	00:00:52	00:29:25	00:57:46	01:25:31	01:50:17
809	BULENDA Patrycja	351		K-30	00:00:15	00:28:23	00:56:18	01:24:58	01:50:18
810	BOROWICZ Roksana	776	NIGHT RUNNERS GLIWICE	K-20	00:00:30	00:27:59	00:56:30	01:25:10	01:50:18
811	BLASZKE Waldemar	159	NIGHT RUNNERS GLIWICE	M-50	00:00:51	00:27:46	00:55:31	01:24:26	01:50:22
812	KRZESIAK Michał	1041	3SOFT S.A.	M-30	00:00:51	00:26:28	00:54:03	01:22:34	01:50:22
813	SZKUDLAREK Michał	761		M-30	00:00:42	00:26:34	00:54:17	01:22:56	01:50:25
814	SZAMPERA Agnieszka	771	RUN AND FUN TEAM	K-30	00:00:43	00:27:06	00:55:10	01:23:33	01:50:26
815	SOŁTYSIAK Robert	1258	HALEMBA	M-30	00:01:08	00:28:34	00:56:32	01:24:19	01:50:28
816	CIASTO Sebastian	1039		M-30	00:00:39	00:26:51	00:54:50	01:23:05	01:50:31
817	GUZDEK Sławomir	940		M-30	00:01:32	00:29:22	00:58:03	01:26:32	01:50:33
818	LESZCZYŃSKA Małgorzata	189	STEP-DANCE RUN	K-40	00:00:51	00:27:28	00:55:30	01:24:45	01:50:40
819	BŁASZCZYSZYN Michał	138		M-20	00:00:58	00:28:33	00:57:24	01:25:27	01:50:44
820	SANOCKA Dorota	331		K-40	00:01:03	00:28:01	00:55:54	01:25:19	01:50:44
821	BRZEZIŃSKA Teresa	251	NIGHT RUNNERS GLIWICE	K-40	00:00:29	00:28:00	00:56:32	01:25:11	01:50:46
822	MICEK Marek	929		M-30	00:01:13	00:27:57	00:57:13	01:26:37	01:50:46
823	DĘBSKI Mariusz	1270	NIGHT RUNNER'S GLIWICE	M-40	00:00:29	00:27:59	00:55:54	01:24:48	01:50:52
824	PROKOP Elżbieta	546		K-50	00:00:56	00:27:47	00:56:02	01:24:55	01:50:55
825	KLAWENDER Ryszard	1090	BIEGAMY Z SERCEM.PL	M-50	00:00:43	00:27:44	00:56:12	01:24:55	01:50:56
826	ZWOLIŃSKI Gabriel	1273		M-30	00:00:44	00:26:49	00:54:55	01:24:15	01:51:00
827	GLINIANY Adam	1082	ZABIEGANA RODZINKA	M-40	00:01:28	00:29:04	00:57:58	01:26:14	01:51:02
828	DOMARADZKA Ewa	306		K-40	00:00:25	00:26:35	00:53:56	01:22:48	01:51:08
829	RYCHLEWSKA Kasia	279	KATE & KATE	K-40	00:01:07	00:28:28	00:56:51	01:25:42	01:51:08
830	BURLIGA Mariusz	492	KB ENDURANCE SOLIDARNI KNURÓW	M-40	00:01:23	00:29:10	00:58:02	01:26:20	01:51:10
831	ZDRZAŁEK Jan	624		M-20	00:01:58	00:29:04	00:58:21	01:26:46	01:51:12
832	ZIELIŃSKI Marek	317		M-30	00:01:47	00:27:52	00:55:55	01:24:37	01:51:15
833	JACHYMSKA Katarzyna	1290	MOMO RESTAURANT & COCKTAIL BAR	K-40	00:00:33	00:27:03	00:56:13	01:25:18	01:51:18
834	KRÓL Krystyna	478	RAJSPOORT ACTIVE	K-40	00:01:12	00:29:04	00:57:25	01:25:36	01:51:18
835	MAŁKOWSKI Tomasz	207	NIGHT RUNNERS ZABRZE	M-30	00:00:00	00:26:30	00:51:49	01:17:16	01:51:27
836	WÓJCIK Rafał	327		M-40	00:00:35	00:27:40	00:55:24	01:23:39	01:51:29
837	HANKE Klaudia	815		K-40	00:00:08	00:26:45	00:55:20	01:25:08	01:51:36
838	KRAKOWSKI Jacek	1505		M-40	00:01:18	00:29:36	00:59:00	01:27:31	01:51:36

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
839	ZGÓRSKI Grzegorz	116		M-30	00:00:42	00:25:47	00:52:30	01:22:42	01:51:39
840	WITCZAK Dagmara	1144		K-30	00:01:23	00:28:24	00:57:29	01:27:01	01:51:50
841	SIEDLECKA Anna	400	NIGHT RUNNERS GLIWICE	K-30	00:00:34	00:28:23	00:57:11	01:26:17	01:51:55
842	WYLEŻAŁEK Irek	985	NIGHT RUNNER GLIWICE	M-40	00:01:47	00:28:19	00:57:12	01:26:17	01:51:56
843	KOCÓJ Dominika	534	NIGHT RUNNER'S GLIWICE	K-20	00:00:29	00:28:00	00:56:56	01:26:15	01:51:58
844	JABŁOŃSKI Łukasz	889	UNISONO	M-20	00:01:07	00:30:06	00:59:29	01:27:56	01:51:58
845	KOTWICKI Marek	332		M-30	00:01:46	00:28:03	00:56:34	01:25:32	01:51:59
846	GLINIANY Małgorzata	1083	ZABIEGANA RODZINKA	K-40	00:01:28	00:29:03	00:57:53	01:26:15	01:52:03
847	BOGULAK Grzegorz	184	RUN GB! RUN	M-30	00:00:29	00:27:06	00:54:37	01:23:13	01:52:04
848	ZIMOCH Beata	214		K-30	00:00:12	00:26:19	00:54:41	01:23:37	01:52:16
849	BUCHAL Grzegorz	782		M-40	00:01:00	00:28:32	00:57:34	01:26:25	01:52:22
850	WIEDERMANN Anita	1308		K-30	00:00:44	00:27:46	00:56:49	01:26:13	01:52:28
851	HARAZIN Anna	142		K-20	00:00:57	00:28:30	00:57:41	01:26:25	01:52:28
852	BUCHAL Katarzyna	783		K-40	00:01:00	00:28:33	00:57:34	01:26:26	01:52:28
853	WILCZOK Krzysztof	129		M-20	00:01:36	00:30:39	00:59:47	01:28:03	01:52:34
854	ROKOSZ Łukasz	128		M-20	00:01:36	00:30:39	00:59:47	01:28:02	01:52:35
855	KRZAK Wioleta	675		K-20	00:00:55	00:26:29	00:54:31	01:25:02	01:52:36
856	ŻBEL Anna	1129		K-30	00:00:28	00:28:02	00:56:29	01:25:54	01:52:37
857	MACHNOWSKI Wojciech	19	NIGHT RUNNERS GLIWICE	M-30	00:01:02	00:28:02	00:55:51	01:24:09	01:52:42
858	WANAT Waław	1008	SKY TOWER RUNNERS WROCŁAW	M-70	00:01:05	00:29:28	00:58:29	01:27:39	01:52:43
859	BILON Bogdan	1146	ZBROJOWNIA SULECHÓW	M-60	00:00:53	00:28:46	00:57:55	01:26:53	01:52:50
860	WOJTAS Magdalena	498		K-30	00:01:36	00:27:56	00:55:56	01:25:17	01:52:55
861	SYGUŁA Katarzyna	647	KB MCKIS JAWORZNO	K-40	00:01:15	00:28:39	00:57:36	01:26:57	01:52:57
862	ORYSZCZAK Łukasz	313		M-30	00:01:21	00:27:13	00:56:17	01:26:03	01:53:08
863	WOJTAS Paweł	510		M-20	00:00:43	00:27:48	00:56:30	01:26:04	01:53:10
864	SMAGOROWICZ Artur	1079	W POGONI ZA DUCHEM	M-40	00:00:58	00:28:21	00:59:08	01:28:22	01:53:10
865	GOŁOFIT Aneta	570		K-30	00:00:45	00:28:44	00:58:10	01:27:43	01:53:13
866	WINICKA Daria	710	AMATOR	K-30	00:00:50	00:27:49	00:56:45	01:26:19	01:53:15
867	STOKŁOSA Magdalena	223		K-40	00:01:11	00:30:22	00:59:24	01:27:50	01:53:16
868	UCIŃSKA Anna	1080		K-30	00:00:58	00:28:21	00:59:09	01:28:22	01:53:17
869	GABRYŚ Jola	1300	NIGHT RUNNERS GLIWICE	K-40	00:00:29	00:29:01	00:58:32	01:27:52	01:53:21
870	PUŁTORAK Roksana	1504		K-30	00:01:48	00:28:55	00:57:53	01:26:52	01:53:27
871	KNAPIK Karolina	1174		K-30	00:01:46	00:28:55	00:57:42	01:26:47	01:53:30
872	GĄSZCZAK Tadeusz	1279		M-70	00:00:32	00:29:15	00:58:24	01:28:08	01:53:35
873	KOWALCZYK Wojciech	738	RUN AND FUN	M-30	00:00:44	00:27:28	00:55:16	01:25:14	01:53:40
874	KOWALCZYK Katarzyna	739	RUN AND FUN	K-30	00:00:44	00:27:28	00:55:16	01:25:14	01:53:41
875	STOKŁOSA Marcin	222		M-40	00:01:11	00:30:23	00:59:25	01:27:51	01:53:42
876	SATKO Jacek	238		M-50	00:00:51	00:30:04	00:59:38	01:28:53	01:53:52
877	SZUBERT Grzegorz	6		M-40	00:00:46	00:26:29	00:55:26	01:25:20	01:53:53
878	OGIŃSKI Daniel	1106	1992	M-20	00:00:47	00:27:52	00:57:12	01:25:56	01:53:54
879	MAKSYMIOUK- KONOPKA Ewa	557		K-40	00:01:26	00:29:25	00:59:15	01:28:08	01:53:58
880	BURY Mirosław	271		M-20	00:01:17	00:27:16	00:54:13	01:21:55	01:54:00
881	POSTÓŁ Karolina	983	NIGHT RUNNERS GLIWICE	K-30	00:00:29	00:29:01	00:58:31	01:27:52	01:54:02
882	BARAN Michalina	1139		K-30	00:00:21	00:28:13	00:57:03	01:26:48	01:54:06
883	MUSIOŁ Janusz	830	UNISONO	M-30	00:01:05	00:30:06	00:59:15	01:28:00	01:54:12

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
884	MULLER Rafał	890		M-20	00:00:41	00:27:57	00:57:10	01:26:21	01:54:19
885	DZIERŻANOWSKA Blanka	654	NIGHT RUNNERS ZABRZE	K-20	00:00:46	00:27:21	00:56:39	01:26:21	01:54:22
886	SITKO Filip	387		M-20	00:00:14	00:24:50	00:52:19	01:23:21	01:54:23
887	SEWERYNIAK Adam	1260		M-50	00:00:56	00:29:14	00:58:41	01:28:06	01:54:23
888	GRACH Tomasz	311	RUN AND FUN TEAM	M-40	00:00:59	00:29:53	01:00:06	01:28:31	01:54:28
889	KORDECKI Bartosz	1071		M-30	00:01:35	00:30:33	01:01:02	01:29:57	01:54:39
890	ŚLĘZAK Jakub	963	BANDA PE	M-20	00:01:32	00:29:55	01:00:23	01:30:24	01:54:45
891	CYWIŃSKI Robert	1176		M-40	00:00:58	00:29:58	00:59:41	01:29:24	01:54:55
892	DYLONG Natalia	947		K-16	00:00:44	00:30:31	01:00:38	01:29:51	01:54:57
893	CYWIŃSKA Elżbieta	1010		K-40	00:00:58	00:29:58	00:59:41	01:29:24	01:54:57
894	SOSIN Sylwia	201	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	K-40	00:01:20	00:30:12	00:59:43	01:29:07	01:55:10
895	SOSIN Adam	200	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-30	00:01:20	00:30:12	00:59:43	01:29:06	01:55:10
896	SAP Alina	362	NR GLIWICE	K-40	00:00:50	00:29:11	00:58:36	01:28:54	01:55:13
897	KURIANOWICZ Wiesław	436	BIEGAM BO LUBIĘ	M-50	00:01:32	00:28:45	00:57:19	01:27:09	01:55:15
898	MAŚLANKA Ireneusz	1093	NIGHT RUNNERS GLIWICE	M-50	00:00:58	00:29:18	00:59:04	01:29:19	01:55:16
899	DACZYŃSKI Kajetan	458	GRUPA CMYKI	M-16	00:00:53	00:29:57	01:00:19	01:30:18	01:55:26
900	CIESIELSKI Radosław	757	BETANIA TEAM	M-30	00:00:22	00:28:16	00:56:05	01:30:35	01:55:44
901	CHOJOWSKA Edyta	153		K-40	00:01:01	00:29:54	00:59:53	01:29:35	01:55:47
902	BIAŁOŻYT Agata	873		K-20	00:01:32	00:29:56	01:00:23	01:30:24	01:55:48
903	FIEDOR Anna	107		K-30	00:01:26	00:31:00	01:01:53	01:30:46	01:55:49
904	PLEWIK Michał	667	GRAMMI	M-40	00:00:41	00:28:17	00:57:32	01:27:41	01:56:00
905	MIRSKI Rafał	663	IMPULS DO DZIAŁANIA	M-40	00:00:40	00:28:18	00:57:34	01:27:43	01:56:02
906	ORLEF Jarosław	566		M-40	00:00:39	00:28:19	00:57:34	01:27:43	01:56:03
907	GOŁĘBIEWSKA Aleksandra	42	BIEGAJ S TRENERAMI	K-40	00:00:40	00:28:06	00:57:47	01:28:13	01:56:06
908	CHMIELEWSKA Anna	144		K-30	00:01:01	00:29:21	00:59:32	01:29:22	01:56:06
909	WOŁCZYK Aldona	881		K-20	00:00:54	00:28:29	00:57:42	01:28:19	01:56:07
910	KOŻUCH Agnieszka	139	1975	K-40	00:01:01	00:29:21	00:59:32	01:29:22	01:56:07
911	STERNAL Marta	951		K-20	00:01:31	00:28:07	00:58:13	01:28:09	01:56:10
912	WOŁOWSKI Michał	1160	SLAM DRINKERS BIŁGORAJ	M-20	00:00:10	00:28:08	00:55:53	01:25:02	01:56:12
913	KĘDZIOR Wiesława	961	NAS NIE DOGONIAT	K-50	00:00:48	00:30:01	01:00:10	01:30:21	01:56:17
914	MANDOK Bogdan	742		M-30	00:00:07	00:28:10	00:59:23	01:30:02	01:56:19
915	SYNÓWKA Maciej	981		M-30	00:00:34	00:28:23	00:58:13	01:28:40	01:56:23
916	ULIASZ Natalia	980		K-20	00:00:34	00:28:23	00:58:13	01:28:40	01:56:24
917	STOLARCZYK Robert	115	NIGHT RUNNERS	M-30	00:00:49	00:30:01	01:00:23	01:30:22	01:56:24
918	PREJS Beata	1224	NIGHT RUNNER'S	K-30	00:00:49	00:30:02	01:00:23	01:30:22	01:56:25
919	GÓRECKA Anna	474		K-30	00:00:31	00:27:45	00:57:59	01:28:18	01:56:26
920	JUSZCZAK Kalina	181		K-20	00:00:47	00:28:47	00:59:04	01:29:38	01:56:27
921	BOH Mariusz	1306		M-60	00:00:52	00:30:00	01:00:20	01:30:20	01:56:27
922	WIŚNIEWSKI Paweł	5	NIGHT RUNNERS GLIWICE	M-20	00:00:47	00:28:47	00:59:04	01:29:38	01:56:28
923	CHOJOWSKI Oskar	154		M-40	00:01:02	00:29:53	00:59:52	01:29:38	01:56:31
924	CICHY Agnieszka	408		K-30	00:01:20	00:29:14	00:59:41	01:29:38	01:56:32
925	MURDZEK Aleksandra	997	PURE FIRE BYTOM	K-20	00:00:57	00:28:55	00:58:53	01:29:20	01:56:33
926	CZAPEK Anna	310	NIGHT RUNNERS GLIWICE	K-40	00:00:33	00:29:59	01:00:26	01:30:24	01:56:36
926	CZAPEK Marek	309	NIGHT RUNNERS GLIWICE	M-40	00:00:34	00:29:58	01:00:25	01:30:20	01:56:36
928	RATAJ Adrianna	825	1992	K-20	00:00:18	00:28:22	00:57:34	01:27:49	01:56:37

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
928	SALICKA Izabela	1143	PURE FIRE TEAM	K-20	00:00:17	00:28:23	00:57:35	01:27:50	01:56:38
930	GABRYŚ Seba	1277	NIGHT RUNNERS GLIWICE	M-40	00:00:30	00:30:02	01:00:31	01:30:24	01:56:40
931	MUSIOŁ Grzegorz	394	OPEL ACTIVE TEAM	M-40	00:00:46	00:28:37	00:57:49	01:28:25	01:56:42
932	FURMAN Agnieszka	1140	OCHAJO RUN&FRIENDS	K-30	00:01:15	00:30:20	01:00:21	01:30:06	01:56:42
933	MUSIOŁ Małgorzata	395		K-30	00:00:46	00:28:37	00:57:49	01:28:26	01:56:43
934	TKACZUK Marcin	1016	NIGHT RUNNERS GLIWICE	M-30	00:00:50	00:29:42	01:00:10	01:30:26	01:56:44
935	LEWICKI Krzysztof	43	NIGHT RUNNERS GLIWICE	M-30	00:00:51	00:29:41	01:00:09	01:30:25	01:56:44
936	ONAK Izabela	1134	OCHAJORUN & FRIENDS	K-40	00:01:13	00:30:22	01:00:22	01:30:08	01:56:44
937	DEBOIBE Loic	341	PLASTIC OMNIUM	M-20	00:00:28	00:26:47	00:54:15	01:24:52	01:56:45
938	BŁASZCZYK Paulina	37		K-30	00:00:58	00:28:03	00:57:52	01:28:20	01:56:48
939	SZCZEŚNIAK Barbara	580		K-30	00:00:50	00:29:44	01:00:10	01:30:06	01:56:52
940	DĘBSKA Joanna		NIGHT RUNNERS GLIWICE	K-40	00:00:50	00:29:44	01:00:09	01:30:06	01:56:52
941	KRASZKIEWICZ Aleksander	968	NASNIEDOGONIAT	M-30	00:00:50	00:29:59	01:00:08	01:30:19	01:56:57
942	KRASZKIEWICZ Marta	969	NASNIEDOGONIAT	K-30	00:00:51	00:29:59	01:00:08	01:30:19	01:56:57
943	KROCZEK Liliana	1269	NIGHT RUNNER'S GLIWICE	K-40	00:00:51	00:29:43	01:00:05	01:30:05	01:56:58
944	PAUL Violetta	119	NIGHT RUNNERS GLIWICE	K-40	00:00:51	00:29:43	01:00:05	01:30:04	01:56:59
945	HRISTOVA-KOSOBUDZKA Daria	1097	SPOT PSZCZYNA	K-20	00:01:21	00:29:34	00:59:52	01:29:52	01:57:02
946	DWORNICZAK Paweł	887		M-20	00:01:34	00:29:32	01:00:38	01:31:21	01:57:03
946	HRYSZKO Jagoda	1172		K-20	00:01:34	00:29:32	01:00:39	01:31:21	01:57:03
948	WESTER Halina	1274	NIGHT RUNNERS	K-40	00:00:34	00:29:21	00:59:40	01:30:23	01:57:07
949	SZOŁTYSEK Beata	1282	OCHAJORUN & FRIENDS	K-40	00:00:29	00:28:23	00:58:21	01:29:10	01:57:09
950	KWAŚNIOK Rafał	348	NIGHT RUNNERS GLIWICE	M-20	00:01:04	00:29:54	01:00:42	01:30:51	01:57:13
951	GORELL Bogumiła	446		K-30	00:00:53	00:30:11	01:00:47	01:30:55	01:57:14
952	GRZESIKIEWICZ Mariusz	426		M-30	00:00:53	00:30:11	01:00:47	01:30:55	01:57:15
953	WILSZ Ewa	26	UNISONO	K-40	00:01:06	00:30:05	01:00:13	01:30:24	01:57:15
954	KAPIAS Krystian	521		M-40	00:01:07	00:30:05	01:00:12	01:30:21	01:57:15
955	LIPSKI Dariusz	71		M-30	00:01:52	00:29:39	01:00:59	01:30:22	01:57:15
956	ĆWIOK Barbara	806	UNISONO	K-40	00:01:06	00:30:06	01:00:14	01:30:22	01:57:16
957	JANGROT Dominika	1081	NIGHT RUNNERS GLIWICE	K-30	00:00:50	00:29:11	00:58:36	01:28:55	01:57:22
958	STANIK Sonia	765		K-20	00:00:59	00:27:20	00:57:34	01:28:36	01:57:22
959	PRYMAS Krystian	32		M-30	00:00:48	00:26:24	00:55:23	01:29:02	01:57:25
960	MAZUR Ewelina	102		K-40	00:00:57	00:29:55	01:00:16	01:30:14	01:57:28
961	KLEJNOWSKI Mateusz	878		M-20	00:01:19	00:30:23	01:01:55	01:33:25	01:57:34
962	KOŁODZIEJCZYK Zbigniew	491	KB ENDURANCE SOLIDARNI KNURÓW	M-60	00:01:42	00:28:01	00:56:08	01:26:32	01:57:35
963	GRABOWSKI Lech	1165		M-50	00:00:06	00:26:55	00:56:12	01:28:19	01:57:40
964	STANGEL Dorota	1262		K-30	00:01:16	00:29:54	01:00:23	01:31:24	01:57:54
965	SKORUPA Agnieszka	391	RUN AND FUN	K-40	00:00:59	00:29:50	01:00:39	01:31:15	01:57:56
966	NAWROT Bożena	804		K-40	00:00:59	00:29:50	01:00:39	01:31:15	01:57:56
967	DROZDOWSKI Wojciech	1125	BIEGAJ Z TRENERAMI	M-30	00:00:37	00:28:06	00:58:11	01:29:39	01:58:05
968	WIEDERMANN Krzysztof	1309	PEDRA FORCH	M-30	00:00:44	00:28:21	00:58:19	01:29:28	01:58:20
969	CABAŁA Adam	918		M-20	00:01:02	00:29:49	00:59:30	01:30:09	01:58:23
970	GORUS Anna	113	NIGHT RUNNERS ZABRZE	K-30	00:01:52	00:31:35	01:01:55	01:31:26	01:58:28
971	DYNEK Sebastian		PĘDZIWIATR	M-30	00:00:00	00:31:32	01:02:59	01:32:14	01:58:33
972	DĄBROWSKA Halina	1130	BIEGOWA ŚWIDNICA	K-30	00:00:45	00:29:01	00:59:37	01:31:06	01:58:42
973	SMIESZKOŁ-BRYKOWSKA Sonia	501	RUN AND FUN TEAM	K-30	00:00:57	00:29:55	01:00:15	01:30:15	01:58:42

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
974	SAWIONEK Robert	1516		M-40	00:00:23	00:25:25	00:53:57	01:27:01	01:58:45
975	HAŃCZUR Józef	792	B T M RUNNERS	M-50	00:01:14	00:30:53	01:02:01	01:31:02	01:58:49
976	KUPCZAK Rafał	1084		M-40	00:01:05	00:30:32	01:00:55	01:31:52	01:58:50
977	MIGDAŁ Grzegorz	29	SBRT GLIWICE	M-40	00:01:12	00:29:31	00:59:49	01:30:07	01:58:57
978	SOKÓŁ-OLEŚ Ewelina	656	RUNTEAM PAWŁOWICE	K-40	00:01:52	00:31:35	01:01:56	01:31:26	01:59:01
979	MATECKI Maciej	520	2XM	M-30	00:00:56	00:30:04	01:00:25	01:30:36	01:59:11
980	KOWALIK Tomasz	1066	KALINOWSKI TEAM	M-30	00:00:53	00:28:51	00:59:27	01:31:09	01:59:14
981	FURMANIK Jacek	648	AKMB PĘDZIWIATR GLIWICE	M-50	00:01:53	00:30:56	01:00:54	01:31:40	01:59:24
982	MARKOWICZ Piotr	1298	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:01:15	00:30:51	01:02:25	01:32:54	01:59:28
983	WESTER Mieczysław	1219	SBRT GLIWICE	M-40	00:02:18	00:26:09	00:53:01	01:25:13	01:59:31
984	MACKIEWICZ Katarzyna	308		K-50	00:00:40	00:30:14	01:00:44	01:31:51	01:59:35
985	WRÓBLEWSKI Robert	456	MIECHOWICKA GRUPA BIEGOWA	M-40	00:00:54	00:27:48	00:56:43	01:28:04	02:00:20
985	KONIECZKA Katarzyna	455	MIECHOWICKA GRUPA BIEGOWA	K-40	00:00:54	00:27:48	00:56:43	01:28:05	02:00:20
987	ZAMOJSKA Iwona	797	MIECHOWICKA GRUPA BIEGOWA	K-30	00:00:41	00:28:01	00:57:04	01:29:31	02:00:33
988	ĆWIKŁA Andrzej	1067	TENT GRUPA	M-60	00:01:00	00:30:16	01:00:59	01:31:54	02:00:33
989	SKĄPSKA Joanna	688		K-20	00:00:57	00:32:37	01:04:01	01:34:46	02:00:55
990	KOSTORZ Paweł	613	PAWEŁ KOSTORZ	M-20	00:01:21	00:29:15	00:59:52	01:30:34	02:00:59
991	STEINHOFF Adam	1033	WIKTOR TEAM	M-40	00:01:15	00:30:19	01:01:06	01:32:11	02:01:21
992	STOLARZ Agnieszka	976	NIGHT RUNNERS GLIWICE	K-40	00:00:51	00:30:34	01:02:09	01:33:39	02:01:27
993	PIKULSKA Beata	104	NIGHT RUNNERS	K-30	00:01:37	00:30:46	01:02:15	01:33:43	02:01:29
994	RECHMAN-NOWAKOWSKA Dorota	122	NIGHT RUNNERS	K-40	00:01:38	00:30:45	01:02:14	01:33:42	02:01:33
995	STALICA Marzena	468		K-40	00:01:24	00:30:50	01:02:34	01:34:17	02:01:34
996	MULARCZYK Teresa	409	BIEGAM,	K-50	00:00:57	00:29:33	01:00:01	01:32:05	02:01:40
997	PASSIA Robert	1141		M-30	00:01:19	00:30:59	01:03:32	01:35:37	02:01:40
998	DYLONG Mariola	266		K-16	00:00:26	00:27:23	00:58:06	01:30:17	02:01:45
999	WÓJTOWICZ Liza	514		K-20	00:01:51	00:30:56	01:03:22	01:35:38	02:01:45
1000	KUŚ Michał	1236	1982	M-30	00:01:16	00:30:09	01:01:21	01:32:52	02:01:49
1001	BUKSINSKA Iwona	272		K-40	00:00:48	00:29:45	01:00:19	01:32:42	02:01:50
1002	ESTKO Anna	788		K-30	00:01:27	00:30:56	01:02:23	01:34:01	02:01:56
1003	BIERNACKI Tomasz	626		M-40	00:01:19	00:30:59	01:02:44	01:34:51	02:02:00
1004	BIERNACKA Agnieszka	623		K-30	00:01:19	00:30:58	01:02:45	01:34:54	02:02:00
1005	WOJTAS - WÓJCIK Justyna	511		K-20	00:00:59	00:29:15	01:00:20	01:31:43	02:02:13
1006	KOWALSKA Natalia	219	NIGHT RUNNERS GLIWICE	K-20	00:01:39	00:30:56	01:02:21	01:34:34	02:02:14
1007	KLEJNOWSKA Katarzyna	903		K-20	00:01:18	00:30:24	01:01:56	01:33:26	02:02:19
1008	BOŚ Iwona	690	WIŚLAŃSKA AKADEMIA BIEGOWA	K-40	00:01:25	00:31:16	01:02:44	01:34:03	02:02:19
1009	POŁOK Adrian	1022	OPEL ACTIVE TEAM	M-30	00:00:52	00:29:58	01:00:19	01:32:12	02:02:30
1010	RÓŻYC Barbara	366	NIGHT RUNNERS ZABRZE	K-40	00:01:12	00:30:08	01:01:43	01:33:50	02:02:31
1011	BALICZ Agnieszka	148		K-20	00:00:55	00:30:16	01:01:06	01:33:38	02:02:36
1012	ŻOCHOWSKI Leszek	225		M-40	00:00:52	00:29:58	01:00:21	01:31:40	02:02:54
1013	WIRA Agnieszka	1161	NIGHT RUNNERS GLIWICE	K-20	00:01:50	00:29:09	00:59:55	01:32:12	02:03:01
1014	BRODIUK Norbert	622	SBRT GLIWICE	M-40	00:00:37	00:28:02	00:59:02	01:32:26	02:03:02
1015	TUMIDAJEWICZ Beata	1151		K-30	00:01:49	00:29:10	00:59:56	01:32:13	02:03:03
1016	MAĆZKA Krystyna	988		K-60	00:00:54	00:29:38	01:00:19	01:33:04	02:03:05
1017	SZYMAŃSKI Jacek	472	TELESKOPY.PL	M-40	00:01:41	00:32:57	01:04:35	01:36:13	02:03:08
1018	KOPYŚC Jarosław	1112	PSZCZÓŁKOWSKI TEAM	M-40	00:01:43	00:32:01	01:04:02	01:35:53	02:03:30

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
1019	GRUCHALSKI Jakub	591	ISTA BIEGAMY	M-30	00:01:23	00:30:10	01:02:32	01:34:27	02:03:34
1020	STACHOWSKI Wojciech	930		M-30	00:01:30	00:30:12	01:01:48	01:34:18	02:03:35
1021	CIOMEK Marta	99	SBRT	K-20	00:00:43	00:28:19	00:59:29	01:32:12	02:03:43
1022	MISKIEWICZ Andrzej	1147		M-50	00:01:22	00:31:41	01:03:50	01:36:06	02:03:59
1023	SZAŁAJKO Jerzy	665	DUCH GÓR	M-50	00:01:28	00:28:44	00:59:03	01:32:19	02:04:15
1024	CIEŚLAK Michał	376		M-30	00:01:37	00:30:22	01:01:59	01:35:16	02:04:23
1025	KUSZ Gosia	705		K-30	00:00:51	00:28:56	01:00:00	01:33:28	02:04:32
1026	CESARZ Alicja	553		K-30	00:01:38	00:30:57	01:02:16	01:34:08	02:04:32
1027	MALCHERCZYK Anna	866		K-20	00:01:45	00:30:42	01:02:13	01:34:07	02:04:42
1028	WALIGÓRA Aleksander	769	BBL KĘDZIERZYN-KOŹLE	M-40	00:01:17	00:30:50	01:02:31	01:34:45	02:04:44
1029	WALIGÓRA Aleksandra	770	BBL KĘDZIERZYN-KOŹLE	K-40	00:01:17	00:30:50	01:02:31	01:34:45	02:04:45
1030	ŁYSIUK Grzegorz	506		M-30	00:01:30	00:30:59	01:03:13	01:35:58	02:04:51
1031	WOJTASZEK Grzegorz	324	MOSIR PIEKARY ŚLĄSKIE	M-40	00:01:43	00:28:50	01:00:13	01:34:33	02:04:52
1032	BOBKOWSKI Maciej	58	PĘDZACE ŻÓŁWIE	M-40	00:00:48	00:28:52	00:59:47	01:34:01	02:04:58
1033	STĘPIEŃ-KUCHNIA Anna	910	TS REGLE SZKLARSKA PORĘBA	K-40	00:01:10	00:30:59	01:02:33	01:35:19	02:05:00
1034	DUDZIAK Piotr	978	OPEL ACTIVE TEAM	M-40	00:01:17	00:30:55	01:03:09	01:36:04	02:05:09
1035	BOGACZ Jadwiga	482	JAGODA TEAM	K-30	00:01:47	00:30:51	01:03:03	01:35:50	02:05:26
1036	LEDWOŃ Aneta	88	NIGHT RUNNERS GLIWICE	K-40	00:01:18	00:30:59	01:03:38	01:36:27	02:05:28
1037	DOGIEL Agnieszka	1109		K-30	00:00:53	00:30:08	01:02:46	01:36:47	02:05:30
1038	LEDWOŃ Jakub	87	NIGHT RUNNERS GLIWICE	M-30	00:01:17	00:31:01	01:03:41	01:36:37	02:05:30
1039	BATEJKO Beata	417		K-40	00:00:56	00:28:31	00:59:48	01:33:54	02:05:33
1040	MIŚKIEWICZ Lucyna	1148		K-50	00:01:22	00:31:41	01:03:50	01:36:04	02:05:41
1041	KURPIOS Piotr	542		M-30	00:01:35	00:34:02	01:06:49	01:37:57	02:05:43
1042	KONTNY Paweł	1032		M-70	00:01:55	00:31:00	01:02:50	01:35:38	02:05:53
1043	BANASIK Wiesław	1062		M-50	00:00:49	00:30:04	01:02:16	01:35:56	02:05:54
1044	GORZAWSKI Andrzej	1200	SPARTANIE DZIECIOM	M-20	00:01:38	00:30:20	01:03:18	01:37:22	02:06:11
1045	ZUWAŁA Robert	1168	RAGNAR TEAM	M-40	00:01:29	00:30:36	01:02:27	01:35:29	02:06:12
1046	ZUWAŁA Anna	1167	RAGNAR TEAM	K-40	00:01:28	00:30:37	01:02:28	01:35:30	02:06:14
1047	MISZTAL Andrzej	975		M-40	00:01:52	00:30:56	01:02:52	01:36:06	02:06:19
1048	DOROTA Zbigniew	1247	SPARTANIE DZIECIOM	M-40	00:01:09	00:30:55	01:03:52	01:37:44	02:06:27
1048	GRONOWSKI Waldemar	1198	SPARTANIE DZIECIOM	M-50	00:01:09	00:30:54	01:03:51	01:37:48	02:06:31
1050	LEŚNIEWSKI Michał	1252	SPARTANIE DZIECIOM	M-40	00:01:01	00:30:59	01:03:57	01:37:52	02:06:32
1051	SERWACZYŃSKI Mirosław	1191	SPARTANIE DZIECIOM	M-50	00:01:04	00:30:57	01:03:51	01:37:47	02:06:32
1052	MAŁKOWSKI Bogdan	1202	SPARTANIE DZIECIOM	M-40	00:01:08	00:30:55	01:03:53	01:37:49	02:06:32
1053	KOŁKOWSKI Andrzej	1189	SPARTANIE DZIECIOM	M-40	00:01:13	00:30:53	01:03:50	01:37:46	02:06:32
1054	SOLBIATI Davide	1199	SPARTANIE DZIECIOM	M-40	00:01:06	00:30:56	01:03:52	01:37:47	02:06:33
1055	KOWALCZYK Mariusz	1185	SPARTANIE DZIECIOM	M-40	00:01:11	00:30:54	01:03:50	01:37:47	02:06:33
1056	SZAŁAŚNY Piotr	601	TESTYOUTDOOROWE.PL	M-20	00:01:11	00:30:54	01:03:51	01:37:47	02:06:33
1057	SULIN Marek	949	SPARTANIE DZIECIOM	M-40	00:01:06	00:30:56	01:03:52	01:37:48	02:06:34
1058	PTAK Arkadiusz	1197	SPARTANIE DZIECIOM	M-30	00:01:09	00:30:55	01:03:53	01:37:46	02:06:34
1059	KRÓL Adam	1250	SPARTANIE DZIECIOM	M-50	00:01:10	00:30:54	01:03:45	01:37:40	02:06:34
1060	CHRYCIUK Wojciech	1245	SPARTANIE DZIECIOM	M-50	00:01:10	00:30:54	01:03:49	01:37:45	02:06:34
1061	KANIEWSKI Paweł	1248		M-30	00:01:12	00:30:53	01:03:50	01:37:47	02:06:34
1062	ZYCH Dawid	1190	SPARTANIE DZIECIOM	M-40	00:01:13	00:30:53	01:03:50	01:37:46	02:06:34
1063	RÓŻOWICZ Eliza	1188	SPARTANIE DZIECIOM	K-30	00:01:01	00:30:57	01:03:54	01:37:50	02:06:35

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
1064	BAK Katarzyna	1249	SPARTANIE DZIECIOM	K-30	00:01:02	00:30:56	01:03:54	01:37:49	02:06:35
1065	STĘPKA Daria	1253	SPARTANIE DZIECIOM	K-40	00:01:02	00:30:56	01:03:54	01:37:49	02:06:35
1066	DOBAJ Katarzyna	1246	SPARTANIE DZIECIOM	K-40	00:01:02	00:30:56	01:03:54	01:37:49	02:06:35
1067	RAJCHERT Joanna	1254	SPARTANIE DZIECIOM	K-30	00:01:03	00:30:56	01:03:54	01:37:49	02:06:35
1067	DOROTA Jola	1503	RUN RUN OLESZYCE	K-40	00:01:03	00:30:56	01:03:54	01:37:49	02:06:35
1069	NOWAK Wiktor	1186	SPARTANIE DZIECIOM	M-50	00:01:04	00:30:57	01:03:54	01:37:48	02:06:35
1070	SZAFRAŃSKI Krzysztof	295	SPARTANIE DZIECIOM	M-40	00:01:07	00:30:56	01:03:53	01:37:50	02:06:35
1071	LASKOWSKI Piotr	1251	SPARTANIE DZIECIOM	M-40	00:01:06	00:30:54	01:03:53	01:37:49	02:06:36
1072	SANECKI Patryk	1194	SPARTANIE DZIECIOM	M-20	00:01:11	00:30:54	01:03:52	01:37:48	02:06:36
1073	CZAPKIEWICZ Gosia	1201	SPARTANIE DZIECIOM	K-40	00:01:02	00:30:58	01:03:55	01:37:50	02:06:37
1074	KĘCIK Janusz	1184	SPARTANIE DZIECIOM	M-60	00:01:14	00:30:53	01:03:50	01:37:46	02:06:38
1075	BEJNAROWICZ Damian	1196	SPARTANIE DZIECIOM	M-20	00:01:04	00:30:58	01:03:56	01:37:52	02:06:39
1076	PIORKOWSKI Karol	1193	SPARTANIE DZIECIOM	M-40	00:01:05	00:30:52	01:03:55	01:37:51	02:06:39
1077	RESZKE Michał	1195	SPARTANIE DZIECIOM	M-30	00:01:08	00:30:55	01:03:52	01:37:49	02:06:39
1078	KREMPA Michał	1192	SPARTANIE DZIECIOM	M-40	00:01:05	00:30:56	01:03:53	01:37:49	02:06:40
1079	NOWAK-BODUCH Joanna	1259	NIGHT RUNNERS	K-50	00:00:53	00:30:00	01:00:41	01:34:00	02:06:42
1080	DYRAGA Barbara	204	NIEZRZESZONA	K-30	00:01:37	00:33:04	01:05:54	01:38:24	02:06:44
1081	DYRAGA Marcin	559	SAINT-GOBAIN SQUAD	M-40	00:01:37	00:33:04	01:05:54	01:38:24	02:06:45
1082	GILEWSKI Franciszek	543	BIEGAMY Z SERCEM	M-70	00:00:43	00:31:25	01:04:02	01:36:50	02:07:06
1083	BRZÓZKA Sebastian	233	SBD ENERGETYK RYBNIK	M-30	00:01:26	00:29:07	01:00:46	01:35:59	02:08:01
1084	ŚCISŁOWICZ Natalia	989		K-30	00:01:30	00:30:36	01:03:19	01:36:57	02:08:01
1085	SZALA Beata	191	SBD ENERGETYK RYBNIK	K-30	00:01:25	00:29:08	01:00:46	01:35:59	02:08:02
1086	MOKRZYCKA Justyna	493	BIEGAMY Z SERCEM	K-30	00:01:52	00:31:37	01:03:11	01:36:55	02:08:36
1087	KOŁODZIEJCZAK Kinga	63	ACCENTURE	K-30	00:01:01	00:29:28	01:01:25	01:36:04	02:08:39
1088	KONOPKA Marek	556	ŚAF-OBRO	M-40	00:01:25	00:30:38	01:02:32	01:36:10	02:08:45
1089	MAŁYSA Łukasz	509		M-30	00:01:28	00:30:18	01:03:22	01:37:20	02:08:45
1090	FLORECKI Andrzej	112	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:44	00:30:51	01:03:30	01:37:30	02:09:25
1091	GAWLIK - RYBIŃSKA Kasia	855	EŁKA TEAM	K-30	00:00:48	00:30:50	01:03:16	01:37:30	02:09:26
1092	STAŃCZYK Paulina	1275		K-20	00:01:46	00:30:33	01:03:18	01:38:10	02:09:49
1093	SOJKA Anna	685		K-30	00:01:22	00:29:50	01:02:33	01:37:56	02:10:43
1094	JEŻEWSKI Adam	328	VRC	M-30	00:01:28	00:31:15	01:04:09	01:38:42	02:11:09
1095	GRUBICH Irena	526		K-60	00:00:02	00:29:46	01:01:35	01:37:15	02:11:10
1096	ROJEK Michał	856		M-30	00:00:58	00:29:20	01:02:08	01:36:14	02:11:15
1097	BOBA Ryszard	485		M-60	00:01:31	00:30:25	01:04:21	01:38:56	02:11:51
1098	WŁOSZCZYŃSKA Ewa	329		K-30	00:01:30	00:35:10	01:10:07	01:44:21	02:12:25
1099	BUCHALIK Katarzyna	513		K-20	00:01:22	00:32:21	01:06:03	01:39:53	02:12:34
1100	KOCH Marta	942		K-30	00:01:19	00:32:21	01:06:26	01:41:27	02:12:50
1101	PLESZCZYŃSKA Iwona	743		K-30	00:01:04	00:31:36	01:04:58	01:40:23	02:13:25
1102	DRABIK Krzysztof	1257	FUNDACJA DZIECIOM TWÓJ REKORD POMAGA	M-30	00:01:56	00:30:41	01:02:13	01:35:35	02:13:36
1103	FORYST Wojciech	560		M-60	00:01:22	00:31:01	01:03:26	01:38:35	02:13:56
1104	REITER Hanna	363	BIEGAMY Z SERCEM	K-40	00:01:41	00:33:11	01:07:21	01:41:58	02:14:35
1104	BOGDANOWICZ Maja	304		K-30	00:01:40	00:33:11	01:07:21	01:41:59	02:14:36
1106	DZIEDZIC Dominik	39	PIŃCET PLUS	M-30	00:01:52	00:32:10	01:05:23	01:41:01	02:15:22
1107	RAKINT Bogdan	44	PIŃCET PLUS	M-30	00:01:53	00:31:56	01:05:30	01:42:23	02:15:23
1108	WALCZYŃSKA Karolina	747	NIGHT RUNNERS GLIWICE	K-30	00:01:30	00:35:11	01:10:04	01:45:00	02:15:28

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
1109	ZAWISZA Joanna	106		K-20	00:01:21	00:35:20	01:10:15	01:45:09	02:15:37
1110	JURETKO Adam	97		M-40	00:00:56	00:32:56	01:07:59	01:43:05	02:15:41
1111	GROSS Teresa	231	UNISONO	K-40	00:01:06	00:31:43	01:08:40	01:46:16	02:19:14
1112	SUSEŁ Aleksander	16		M-20	00:00:00	00:31:26	01:04:00	01:42:57	02:20:05
1113	BIJAK Adriana	1508	NIGHT RUNNER'S	K-30	00:01:30	00:35:11	01:10:03	01:46:38	02:20:50
1114	NOWAK-KASPRZAK Anna	127		K-30	00:01:18	00:32:35	01:08:08	01:45:55	02:21:12
1115	ŻELEZNY Tomasz	69	NIGHT RUNNERS GLIWICE	M-30	00:01:33	00:35:07	01:10:02	01:46:36	02:21:19
1116	RUDNICKA Maria	803	BBL KĘDZIERZYN-KOŹLE	K-50	00:01:18	00:34:03	01:10:29	01:46:51	02:21:20
1117	ZAWADA Ewa	77	NIGHT RUNNERS	K-20	00:01:51	00:36:29	01:13:27	01:47:45	02:21:56
1117	ZAWADA Piotr	78	NIGHT RUNNERS	M-30	00:01:51	00:36:29	01:13:28	01:47:45	02:21:57
1119	RECZKO Mariusz	476		M-40	00:01:27	00:32:11	01:09:31	01:47:32	02:23:51
1120	PASIEKA Anna	402		K-30	00:01:02	00:33:15	01:10:05	01:48:35	02:25:03
1121	DYDYCZ Marta	652	AKMB PĘDZIWIATR GLIWICE	K-20	00:00:19	00:30:11	01:04:45	01:47:04	02:25:22
1122	LATOS Barbara	874	ZABRZAŃSKIE TOWARZYSTWO TRIATHLONOWE	K-60	00:01:26	00:36:25	01:15:04	01:55:17	02:31:35
1123	BROSZ Michał	1175		M-40	00:00:00				
1124	KAPICA Wojciech	883	BANDA PE	M-20	00:00:00				
1125	SMOŁA Mieczysław	1240	PĘDZIWIATR GLIWICE	M-60	00:00:02	00:27:57	00:56:01		
1126	OZYP Mariusz	303	607376112	M-20	00:00:03	00:21:54	00:44:12	01:06:18	
1127	KAWELCZYK Robert	973		M-40	00:00:04	00:21:07	00:42:45	01:05:25	
1128	MUSZKIET Piotr	836	MAXIMUS ZAWADZKIE	M-40	00:00:05	00:21:09	00:42:09	01:04:06	
1129	MAJCHRZAK Marcin	261	HOLBOX RUNNERS	M-40	00:00:05	00:20:21	00:41:01	01:01:54	
1130	ZAWIŚLAK Patryk	1119	RUNNERS WOJKOWICE TEAM	M-20	00:00:06	00:20:24	00:42:07	01:03:57	
1131	JACKOWSKI Piotr	646		M-40	00:00:06	00:22:15	00:44:49	01:07:30	
1132	DAMEC Olek	718		M-40	00:00:07	00:21:11	00:42:13	01:03:35	
1133	FURMANEK Łukasz	175	KLUB BIEGACZA SANTANDERA	M-30	00:00:08	00:21:42	00:43:25	01:05:30	
1134	KORKUŚ Jarosław	871	WOSIEK TEAM	M-30	00:00:08	00:21:58	00:43:47	01:05:17	
1135	SIEJA Sebastian	7	JW 4415	M-20	00:00:11	00:22:19	00:44:23	01:06:58	
1136	BURZAWA Grzegorz	1518		M-30	00:00:12	00:23:30	00:46:45	01:09:42	
1137	STALICA Wojciech	723	IZOERG	M-40	00:00:13	00:24:16	00:49:40	01:15:04	
1138	GOLEC Ryszard	145	KT ŻYWIEC	M-40	00:00:13	00:23:23	00:46:40	01:10:06	
1139	MATERZOK Aleksandra	388	FUTURE PROCESSING RUNNING TEAM	K-20	00:00:13	00:23:21	00:47:58	01:13:09	
1140	SKOWRON Marcin	714		M-30	00:00:14	00:23:30	00:46:46	01:10:05	
1141	IMIOŁEK Krzysztof	717		M-30	00:00:14	00:23:29	00:46:46	01:10:07	
1142	BŁASZCZYK Marek	495	OPEL ACTIVE TEAM GLIWICE	M-40	00:00:16	00:24:04	00:48:19	01:12:21	
1143	FLASIŃSKI Michał	912		M-30	00:00:17	00:23:03	00:46:20	01:09:54	
1144	MAJERANOWSKI Marek	1063	SMOLEŃ BYTOM	M-30	00:00:17	00:21:13	00:43:43	01:06:13	
1145	GOŁĘBIEWSKI Bartek	696		M-40	00:00:18	00:22:44	00:45:37	01:08:07	
1146	BIEŃKOWSKI Piotr	922		M-20	00:00:21	00:24:01	00:49:12	01:15:49	
1147	SZWAJNOCH Piotr	584	IMPERIAL PIOTR SZWAJNOCH	M-30	00:00:23	00:22:51	00:46:23	01:09:51	
1148	KŁYK Dominik	1127	RUN FOREST! RUN!!!	M-30	00:00:29	00:26:11	00:51:24	01:16:51	
1149	ZAJDEL Dariusz	390		M-50	00:00:30	00:25:42	00:51:20	01:16:48	
1150	NITKA Sebastian	52		M-40	00:00:30	00:23:40	00:47:49	01:11:54	
1151	RESZKE Marek	1154	OPOLEBIEGA.PL	M-20	00:00:34	00:21:53	00:43:34		
1152	KUPKA Bartosz	1232	OPEL ACTIV TEAM	M-30	00:00:36	00:25:44	00:52:00	01:18:21	
1153	SKOLUDEK Robert	98		M-20	00:00:36	00:24:54	00:49:29	01:13:20	

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
1154	STRUK Maciej	974	DREAM RUN	M-30	00:00:36	00:22:03	00:44:22	01:06:23	
1155	BOROWIAK Piotr	465		M-40	00:00:39	00:23:03	00:46:19	01:09:23	
1156	DZIECIAŃKOWSKI Jarosław	1237	OPEL ACTIVE TEAM	M-30	00:00:42	00:24:48	00:51:42	01:19:01	
1157	MAY-MAJEWSKI Michał	793		M-30	00:00:48	00:25:35	00:51:01	01:16:19	
1158	KACZMARCZYK Grzegorz	186		M-30	00:00:56				
1159	RAKOWSKA Katarzyna	1187	SPARTANIE DZIECIOM	K-30	00:01:03	00:30:56	01:03:54	01:38:34	
1160	BIGAJ Agnieszka	347		K-20	00:01:04	00:29:54	01:00:42	01:30:51	
1161	TOCZYDŁOWSKI Łukasz	1095	HALEMBA	M-30	00:01:07	00:28:35	00:56:32	01:24:20	
1162	CZERNY Michał	464		M-30	00:01:08	00:25:51	00:51:35	01:17:07	
1163	RATAJCZAK Krystian	1042		M-20	00:01:08	00:27:08	00:53:51	01:21:05	
1164	KLIKS Andrzej	125	UNISONO	M-40	00:01:09	00:25:21	00:51:14	01:17:28	
1165	BUDZIŃSKA Ania	567		K-30	00:01:12	00:27:29	00:56:45	01:27:17	
1166	ZAWADA Marcin	79	NIGHT RUNNERS	M-20	00:01:12	00:25:57	00:50:54	01:16:18	
1167	KUROWICZ Marcin	539	NIEZRZESZONY	M-40	00:01:18	00:28:43	00:57:40	01:25:26	
1168	FAMUŁA Tomasz	389	FUTURE PROCESSING RUNNING TEAM	M-30	00:01:19	00:25:49	00:51:29	01:17:18	
1169	TEICHMANN Norbert	1002		M-50	00:01:21	00:25:43	00:50:56	01:14:47	
1170	JASIKOWSKI Łukasz	89		M-20	00:01:23	00:27:20			
1171	PRACKA Danuta	377		K-30	00:01:33	00:27:02	00:54:27	01:22:04	
1172	WOJTUKIEWICZ Artur	691		M-30	00:01:35	00:28:58	01:02:18		
1173	RYZIŃSKI Dariusz	255		M-40	00:01:40	00:25:20	00:51:01	01:17:03	
1174	PORĘBA Gabriela	554		K-40	00:01:41	00:28:48	00:57:20	01:25:11	
1175	NITARSKI Patryk	899		M-30	00:01:44	00:23:51	00:47:53	01:11:49	
1176	WRÓBEL Adam	59		M-30	00:01:54	00:22:30	00:45:40	01:09:29	

Znaleziono 1176 wynik(ów)