



III PÓŁMARATON GLIWICKI

B4SPORT

Organizator:
Data:
Miejsce:
Dystans:

Fundacja Bieg Rzeźnika
2016-10-23
Gliwice
21.1 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-30

Punkt pomiarowy: 19,9 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
1	GORTEL-MACIUK Agnieszka	1506	NIEWYMIĘKACZE	K-30	00:00:02	00:17:54	00:35:54	00:54:05	01:10:05	01:12:57
2	KUCHARSKA Ewa	1310		K-30	00:00:01	00:18:54	00:38:01	00:56:43	01:12:55	01:15:49
3	SZECÓWKA Aneta	687		K-30	00:00:06	00:19:38	00:39:56	01:00:11	01:17:55	01:21:04
4	WYLEŻAŁEK Alina	438	NIGHT RUNNERS GLIWICE	K-30	00:00:06	00:20:36	00:41:26	01:02:09	01:20:09	01:23:18
5	KOCZUR Tamara	1085		K-30	00:00:06	00:20:25	00:41:29	01:02:39	01:21:07	01:24:26
6	CHRZANOWSKA Barbara	1285	ZDZIERAJ KAPCIE WWW.AGATSU.PL	K-30	00:00:07	00:22:37	00:45:36	01:08:48	01:29:11	01:32:51
7	POPIEL- KRUK Aleksandra	1209	SBRT GLIWICE	K-30	00:00:15	00:23:28	00:46:44	01:10:03	01:30:20	01:33:56
8	BOCHEŃSKA Agnieszka	91	SBRT GLIWICE	K-30	00:00:15	00:23:41	00:47:37	01:12:59	01:34:37	01:38:27
9	NASIENIAK-CZECH Anna	766		K-30	00:00:27	00:25:34	00:50:30	01:14:30	01:35:18	01:39:04
10	CHWAŁ Magdalena	573		K-30	00:00:25	00:25:24	00:50:35	01:15:24	01:36:29	01:40:13
11	BARTECKA Sabina	853	HRMAX ŻORY	K-30	00:00:24	00:24:35	00:49:48	01:15:02	01:36:35	01:40:20
12	KARŁOWSKA Katarzyna	528		K-30	00:00:36	00:24:45	00:49:51	01:14:50	01:36:35	01:40:27
13	KONOPACKA-BESSA Magdalena	1267		K-30	00:00:13	00:23:30	00:47:48	01:13:43	01:36:57	01:41:07
14	CHODAWSKA Dorota	790	OPEL ACTIVE TEAM	K-30	00:00:42	00:25:28	00:50:30	01:15:35	01:37:34	01:41:22
15	JAGŁA Aleksandra	798		K-30	00:00:53	00:24:37	00:49:32	01:15:04	01:37:35	01:41:39
16	LEWICKA Justyna	235	AKMB PĘDZIWIATR GLIWICE	K-30	00:00:12	00:23:43	00:48:20	01:14:23	01:37:55	01:42:00
17	LASICZ Aleksandra	702	ALEKSANDRA K. LASICZ	K-30	00:00:54	00:26:14	00:51:52	01:16:59	01:38:38	01:42:32
18	SMOLARCZYK Agnieszka	314		K-30	00:00:53	00:24:49	00:50:01	01:15:39	01:38:33	01:42:43
19	SKÓRA Aneta	1268	NIGHT RUNNERS GLIWICE	K-30	00:00:18	00:25:40	00:51:13	01:16:51	01:38:54	01:42:44
20	NIŻNIKIEWICZ Elżbieta	578		K-30	00:00:10	00:24:53	00:50:04	01:15:49	01:38:44	01:42:45
21	PUDŁO Hanna	945		K-30	00:00:49	00:25:14	00:50:22	01:15:32	01:38:35	01:42:49
22	PIECHOWICZ-KUROWSKA Agata	1218	SBRT GLIWICE	K-30	00:00:28	00:25:33	00:51:17	01:16:48	01:39:45	01:43:52
23	BŁOŃSKA Monika	692		K-30	00:01:36	00:28:24	00:53:56	01:18:36	01:40:06	01:43:58
24	SKACZKOWSKA Barbara	863	POLSKI KLUB MTB	K-30	00:00:32	00:25:11	00:50:57	01:16:45	01:39:57	01:44:15
25	DYCHA Eliza	33		K-30	00:00:49	00:25:50	00:51:51	01:18:25	01:40:37	01:44:37
26	JANKOWSKA Justyna	1059		K-30	00:00:18	00:25:44	00:51:33	01:17:57	01:41:20	01:45:27
27	POPŁAWSKA-WAL Agata	1120	OPEL ACTIVE TEAM	K-30	00:00:35	00:25:45	00:52:01	01:18:22	01:41:19	01:45:33
28	RUPNIK Asia	188		K-30	00:00:22	00:25:43	00:51:32	01:17:33	01:42:05	01:46:32

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
29	WOLAŃCZYK Kamila	1149		K-30	00:00:48	00:25:20	00:52:07	01:19:20	01:42:37	01:46:40
30	WILCZEK Małgorzata	596	ISTA BIEGAMY	K-30	00:00:28	00:25:54	00:52:42	01:19:04	01:42:30	01:46:42
31	SZOTA Magdalena	1091		K-30	00:00:24	00:26:30	00:53:15	01:19:42	01:42:58	01:47:05
32	WALASZCZYK Anna	451	RUN & FUN	K-30	00:00:17	00:24:39	00:50:41	01:17:33	01:42:38	01:47:10
33	GOGOLIN Anna	1107		K-30	00:01:19	00:26:59	00:53:38	01:20:17	01:43:11	01:47:10
34	KONOPKA Agnieszka	68		K-30	00:01:24	00:26:20	00:52:38	01:19:03	01:42:53	01:47:13
35	GRODZKA-SZKÓŁKA Ewa	895		K-30	00:00:44	00:25:20	00:51:29	01:18:25	01:42:51	01:47:15
36	RACZEK Magdalena	649		K-30	00:00:29	00:26:54	00:53:27	01:20:00	01:43:17	01:47:30
37	ŻOŁNOWSKA Anna	427		K-30	00:01:23	00:25:00	00:51:01	01:17:53	01:42:58	01:47:36
38	KARNIA Agnieszka	617	SBRT	K-30	00:00:39	00:27:09	00:53:38	01:19:58	01:43:22	01:47:39
39	GŁOWACKA Małgorzata	728	NOWOSOLSKA GRUPA BIEGOWA	K-30	00:00:48	00:26:30	00:52:45	01:19:22	01:43:25	01:47:47
40	CHOJCAN Beata	1228	RYBNICKA GRUPA BIEGOWA PEDZIMY RAZEM	K-30	00:00:24	00:26:49	00:53:38	01:20:32	01:44:00	01:47:59
41	GERLE Anna	287		K-30	00:00:35	00:25:35	00:51:50	01:18:46	01:43:27	01:48:01
42	MAJ-DZIUBAŃSKA Izabela	1239	PYSKOWICE	K-30	00:00:42	00:24:34	00:49:28	01:16:09	01:43:36	01:48:16
43	BZOWSKA Aleksandra	86	NIGHT RUNNERS GLIWICE	K-30	00:00:44	00:26:08	00:52:47	01:20:02	01:44:23	01:48:51
44	KOZMINCZUK-MARKULAK Agnieszka	1101		K-30	00:00:32	00:25:06	00:50:57	01:18:52	01:44:26	01:49:15
45	BDZIONEK Jolanta	958		K-30	00:01:36	00:27:29	00:54:37	01:21:47	01:45:22	01:49:36
46	CHROBAK Ania	767	OPEL ACTIVE TEAM	K-30	00:01:30	00:26:47	00:53:23	01:20:23	01:45:09	01:49:42
47	MALSKA - WYROZUMSKA Małgorzata	984	NIGHT RUNNERS GLIWICE	K-30	00:00:19	00:25:51	00:52:29	01:20:54	01:45:40	01:49:59
48	SZOŁTYSEK - GRZESIKIEWICZ Anna	425	TORCIDA GLIWICE	K-30	00:00:30	00:27:46	00:55:33	01:23:06	01:46:17	01:50:25
49	PRACKA Danuta	377		K-30	00:01:33	00:27:02	00:54:27	01:22:04		01:50:25
50	KULIK Katarzyna	462	NIGHT RUNNERS GLIWICE	K-30	00:00:19	00:26:47	00:54:18	01:21:32	01:46:24	01:50:48
51	TARTANUS-ORYSZCZAK Marta	239		K-30	00:01:21	00:27:12	00:54:25	01:21:42	01:46:23	01:50:50
52	PILCH-NANOWSKA Agnieszka	587		K-30	00:01:17	00:27:48	00:55:06	01:23:05	01:46:41	01:51:01
53	TYLMAN-MADEJCZYK Marta	1	MTM	K-30	00:01:40	00:27:44	00:54:54	01:22:08	01:46:44	01:51:04
54	KRZYSZKOWSKA Agnieszka	1211	SBRT GLIWICE	K-30	00:00:31	00:26:21	00:53:52	01:21:47	01:47:11	01:51:40
55	GÓRNY Magdalena	1511	CA AKTYWNI	K-30	00:00:30	00:27:44	00:55:31	01:23:05	01:47:17	01:51:55
56	ŁAGOSZ Kasia	1509	CA AKTYWNI / BROKER	K-30	00:00:30	00:27:44	00:55:31	01:23:05	01:47:17	01:51:55
57	KOPLIN Kasia	281		K-30	00:00:17	00:25:05	00:52:45	01:21:02	01:47:16	01:52:01
58	POPIEL Adriana	23		K-30	00:01:05	00:27:59	00:55:18	01:23:12	01:47:42	01:52:02
59	PECIAK Kamila	606		K-30	00:00:31	00:26:04	00:54:04	01:22:34	01:48:13	01:52:37
60	STUDNICKA Katarzyna	1038		K-30	00:01:41	00:27:22	00:54:51	01:23:16	01:48:41	01:53:12
61	CEGIELSKA Dorota	977		K-30	00:00:42	00:27:44	00:55:54	01:24:14	01:49:39	01:53:54
62	WÓJCIAK Katarzyna	1229		K-30	00:01:33	00:28:00	00:56:13	01:24:14	01:49:24	01:53:59
63	JANIK Basia	615		K-30	00:01:41	00:26:57	00:54:44	01:23:12	01:49:17	01:54:08
64	BALIŃSKA-SANOCKA Aneta	334		K-30	00:01:01	00:28:03	00:55:56	01:25:21	01:50:00	01:54:15
65	MULARCZYK Agnieszka	888		K-30	00:00:51	00:27:27	00:55:30	01:24:45	01:50:00	01:54:18
66	SALA Nela	621	AKTYWNE ATOMOOFKI	K-30	00:01:36	00:27:46	00:56:15	01:24:25	01:49:48	01:54:31
67	ŁĘCZGAR Ewelina	998		K-30	00:01:15	00:28:03	00:56:09	01:24:47	01:50:07	01:54:44
68	MUZA Karolina	126		K-30	00:00:52	00:29:25	00:57:46	01:25:31	01:50:17	01:54:50
69	BULENDA Patrycja	351		K-30	00:00:15	00:28:23	00:56:18	01:24:58	01:50:18	01:54:54
70	SZAMPERA Agnieszka	771	RUN AND FUN TEAM	K-30	00:00:43	00:27:06	00:55:10	01:23:33	01:50:26	01:55:02
71	WITCZAK Dagmara	1144		K-30	00:01:23	00:28:24	00:57:29	01:27:01	01:51:50	01:56:23
72	SIEDLECKA Anna	400	NIGHT RUNNERS GLIWICE	K-30	00:00:34	00:28:23	00:57:11	01:26:17	01:51:55	01:56:34
73	WIEDERMANN Anita	1308		K-30	00:00:44	00:27:46	00:56:49	01:26:13	01:52:28	01:56:57

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
74	ŻBEL Anna	1129		K-30	00:00:28	00:28:02	00:56:29	01:25:54	01:52:37	01:57:26
75	GOŁOFIT Aneta	570		K-30	00:00:45	00:28:44	00:58:10	01:27:43	01:53:13	01:57:38
76	ZIMOCH Beata	214		K-30	00:00:12	00:26:19	00:54:41	01:23:37	01:52:16	01:57:41
77	WINICKA Daria	710	AMATOR	K-30	00:00:50	00:27:49	00:56:45	01:26:19	01:53:15	01:58:06
78	KNAPIK Karolina	1174		K-30	00:01:46	00:28:55	00:57:42	01:26:47	01:53:30	01:58:14
79	UCIŃSKA Anna	1080		K-30	00:00:58	00:28:21	00:59:09	01:28:22	01:53:17	01:58:15
80	WOJTAS Magdalena	498		K-30	00:01:36	00:27:56	00:55:56	01:25:17	01:52:55	01:58:18
81	PUŁTORAK Roksana	1504		K-30	00:01:48	00:28:55	00:57:53	01:26:52	01:53:27	01:58:25
82	KOWALCZYK Katarzyna	739	RUN AND FUN	K-30	00:00:44	00:27:28	00:55:16	01:25:14	01:53:41	01:58:30
83	BARAN Michalina	1139		K-30	00:00:21	00:28:13	00:57:03	01:26:48	01:54:06	01:58:57
84	POSTÓŁ Karolina	983	NIGHT RUNNERS GLIWICE	K-30	00:00:29	00:29:01	00:58:31	01:27:52	01:54:02	01:59:13
85	FIEDOR Anna	107		K-30	00:01:26	00:31:00	01:01:53	01:30:46	01:55:49	02:00:11
86	BUDZIŃSKA Ania	567		K-30	00:01:12	00:27:29	00:56:45	01:27:17		02:00:19
87	CHMIELEWSKA Anna	144		K-30	00:01:01	00:29:21	00:59:32	01:29:22	01:56:06	02:00:37
88	PREJS Beata	1224	NIGHT RUNNER'S	K-30	00:00:49	00:30:02	01:00:23	01:30:22	01:56:25	02:01:12
89	GÓRECKA Anna	474		K-30	00:00:31	00:27:45	00:57:59	01:28:18	01:56:26	02:01:19
90	CICHY Agnieszka	408		K-30	00:01:20	00:29:14	00:59:41	01:29:38	01:56:32	02:01:20
91	FURMAN Agnieszka	1140	OCHAJO RUN&FRIENDS	K-30	00:01:15	00:30:20	01:00:21	01:30:06	01:56:42	02:01:23
92	KRASZKIEWICZ Marta	969	NASNIEDOGONIAT	K-30	00:00:51	00:29:59	01:00:08	01:30:19	01:56:57	02:01:35
93	MUSIOŁ Małgorzata	395		K-30	00:00:46	00:28:37	00:57:49	01:28:26	01:56:43	02:01:37
94	SZCZEŚNIAK Barbara	580		K-30	00:00:50	00:29:44	01:00:10	01:30:06	01:56:52	02:01:50
95	BŁASZCZYK Paulina	37		K-30	00:00:58	00:28:03	00:57:52	01:28:20	01:56:48	02:01:54
96	GORELL Bogumiła	446		K-30	00:00:53	00:30:11	01:00:47	01:30:55	01:57:14	02:02:04
97	JANGROT Dominika	1081	NIGHT RUNNERS GLIWICE	K-30	00:00:50	00:29:11	00:58:36	01:28:55	01:57:22	02:02:25
98	STANGEL Dorota	1262		K-30	00:01:16	00:29:54	01:00:23	01:31:24	01:57:54	02:02:33
99	GORUS Anna	113	NIGHT RUNNERS ZABRZE	K-30	00:01:52	00:31:35	01:01:55	01:31:26	01:58:28	02:03:00
100	DĄBROWSKA Halina	1130	BIEGOWA ŚWIDNICA	K-30	00:00:45	00:29:01	00:59:37	01:31:06	01:58:42	02:03:35
101	SMIESZKOŁ-BRYKOWSKA Sonia	501	RUN AND FUN TEAM	K-30	00:00:57	00:29:55	01:00:15	01:30:15	01:58:42	02:04:34
102	ZAMOJSKA Iwona	797	MIECHOWICKA GRUPA BIEGOWA	K-30	00:00:41	00:28:01	00:57:04	01:29:31	02:00:33	02:05:26
103	PIKULSKA Beata	104	NIGHT RUNNERS	K-30	00:01:37	00:30:46	01:02:15	01:33:43	02:01:29	02:06:38
104	BIERNACKA Agnieszka	623		K-30	00:01:19	00:30:58	01:02:45	01:34:54	02:02:00	02:06:44
105	ESTKO Anna	788		K-30	00:01:27	00:30:56	01:02:23	01:34:01	02:01:56	02:06:57
106	TUMIDAJEWICZ Beata	1151		K-30	00:01:49	00:29:10	00:59:56	01:32:13	02:03:03	02:08:03
107	KUSZ Gosia	705		K-30	00:00:51	00:28:56	01:00:00	01:33:28	02:04:32	02:09:41
108	CESARZ Alicja	553		K-30	00:01:38	00:30:57	01:02:16	01:34:08	02:04:32	02:09:50
109	DOGIEL Agnieszka	1109		K-30	00:00:53	00:30:08	01:02:46	01:36:47	02:05:30	02:10:31
110	BOGACZ Jadwiga	482	JAGODA TEAM	K-30	00:01:47	00:30:51	01:03:03	01:35:50	02:05:26	02:10:38
111	BAK Katarzyna	1249	SPARTANIE DZIECIOM	K-30	00:01:02	00:30:56	01:03:54	01:37:49	02:06:35	02:11:31
112	RAJCHERT Joanna	1254	SPARTANIE DZIECIOM	K-30	00:01:03	00:30:56	01:03:54	01:37:49	02:06:35	02:11:31
113	RÓŻOWICZ Eliza	1188	SPARTANIE DZIECIOM	K-30	00:01:01	00:30:57	01:03:54	01:37:50	02:06:35	02:11:32
114	RAKOWSKA Katarzyna	1187	SPARTANIE DZIECIOM	K-30	00:01:03	00:30:56	01:03:54	01:38:34		02:11:32
115	DYRAGA Barbara	204	NIEZRZESZONA	K-30	00:01:37	00:33:04	01:05:54	01:38:24	02:06:44	02:11:56
116	ŚCISŁOWICZ Natalia	989		K-30	00:01:30	00:30:36	01:03:19	01:36:57	02:08:01	02:13:45
117	MOKRZYCKA Justyna	493	BIEGAMY Z SERCEM	K-30	00:01:52	00:31:37	01:03:11	01:36:55	02:08:36	02:13:52
118	SZALA Beata	191	SBD ENERGETYK RYBNIK	K-30	00:01:25	00:29:08	01:00:46	01:35:59	02:08:02	02:13:55

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
119	KOŁODZIEJCZAK Kinga	63	ACCENTURE	K-30	00:01:01	00:29:28	01:01:25	01:36:04	02:08:39	02:14:41
120	GAWLIK - RYBIŃSKA Kasia	855	EŁKA TEAM	K-30	00:00:48	00:30:50	01:03:16	01:37:30	02:09:26	02:15:15
121	SOJKA Anna	685		K-30	00:01:22	00:29:50	01:02:33	01:37:56	02:10:43	02:17:15
122	WŁOSZCZYŃSKA Ewa	329		K-30	00:01:30	00:35:10	01:10:07	01:44:21	02:12:25	02:17:30
123	KOCH Marta	942		K-30	00:01:19	00:32:21	01:06:26	01:41:27	02:12:50	02:18:21
124	PLESZCZYŃSKA Iwona	743		K-30	00:01:04	00:31:36	01:04:58	01:40:23	02:13:25	02:19:03
125	BOGDANOWICZ Maja	304		K-30	00:01:40	00:33:11	01:07:21	01:41:59	02:14:36	02:20:26
126	WALCZYŃSKA Karolina	747	NIGHT RUNNERS GLIWICE	K-30	00:01:30	00:35:11	01:10:04	01:45:00	02:15:28	02:20:52
127	BIJAK Adriana	1508	NIGHT RUNNER'S	K-30	00:01:30	00:35:11	01:10:03	01:46:38	02:20:50	02:26:42
128	NOWAK-KASPRZAK Anna	127		K-30	00:01:18	00:32:35	01:08:08	01:45:55	02:21:12	02:27:05
129	PASIEKA Anna	402		K-30	00:01:02	00:33:15	01:10:05	01:48:35	02:25:03	02:31:21
130	NIESLER Magdalena	338	NIGHT RUNNERS GLIWICE	K-30	00:00:37	00:26:32	00:54:14	01:22:20	01:48:42	

Znaleziono 130 wynik(ów)